

Patti Ayala-Martin – Ph.D.

Aka Bria Bliss

11836 Holston Avenue, La Mirada, CA 90638 | 714.88.90290

www.BreakingFreeofBullying.com | <https://drblissful.journoportfolio.com/>

“Change is the end result of all true learning.” - Dr. Leo Buscaglia

Education:

- Doctorate of Philosophy Education: Curriculum & Teaching, Northcentral University, 2016.
Dissertation: *Incorporating Mindfulness Education in Classroom Learning to Reduce Anxiety of Reading for Primary-Aged School Children: A Quasi-experimental Study*
- Writing Certificate, UCLA, 2008
- Emergent Literacy Certificate, UCLA, 2005
- Cross-cultural Language & Academic Certificate / Reading Certificate, CSULA, 2006
- Master’s in Education, option: Reading, California State University, L.A. 1997
- Reading Specialist Credential, CSULA, 1997
- Bachelors of Arts: Child Development, CSULA, 1992

Grants, Honors and Awards:

- Summa Cum Laude, Northcentral University, 2016
- Golden Key National Honor Society, Northcentral University and CSULA, 2016, 1997
- Summa Cum Laude, CSULA, 1997
- Honors Convocation, CSULA, 1997
- Honors for Teaching, CSULA, Professorship, 1999
- Mentor Teaching Award, South Whittier School District, 1997
- Supporting Teacher Award, South Whittier School District, 1998

Publications and Presentations:

- Book Proposal: *Outwitting the Bullying*, Paul Levine – Literary Agent, 2018
- Presenter Greg Bell’s Athletes for Life 13th Annual Athletes for Life Summer Life Skills Camp, June 2018
- Business Proposal: *Breaking Free of Bullying: Mindful Schools*, La Mirada, 2018
- *Breaking Free of Bullying (A Mindfulness Approach)* Balboa Press Publishing, June 2017
- Oral Defense: *Incorporating Mindfulness Education in Classroom Learning to Reduce Anxiety of Reading for Primary-Aged School Children: A Quasi-experimental Study*
- *Balancing Literacy* Presentation, South Whittier School District
- *Emergent Literacy: Promoting Language Learning*, South Whittier School District
- *Communication Learning Styles: How to Integrate in Your Classrooms*, SWSD

- Research-based evidence articles: *Breaking Free of Bullying, Nonprofit Organization* – Current
- Research: *Mindfulness in Decreasing Anxiety and Increasing Reading Fluency*, 2016

Employment and Experience:

- PRO Unlimited, Consultant: June 2018 - Present
- Balboa Publishing Company, Book Author: February - Present
- Splash Magazine World Wide, Feature Writer: 2005 - Present
- *South Whittier School District, Elementary Teacher: 1996 - 2017*
- *National Evaluation Systems, Scorer RICA & CSET: 1998-2005*
- *California State University, Los Angeles, Professor: 1997 - 2000*
- New Horizon Muslim School, Kindergarten Teacher: 1994-1996
- Oakwood Academy, Kindergarten & Dance Teacher: 1992-1994
- Los Padrinos Juvenile Detention, Spiritual Leader: 1996-2000 VOLUNTEER
- Beatitudes Catholic Church, Bible Teacher: 1995-2000 VOLUNTEER
- Nativity Catholic School, Cheerleading Coach: 1984-1989 VOLUNTEER

Scholarly & Professional Memberships:

- Member, John Wooden Athletic Fund
- Member, KCET Broadcasting Fund
- Member/Donor, Phantom Projects Theatre Group
- Member, Mindfulness Magazine

References:

<p>Barbara Keer Editor-in- Chief/Publisher Splash Magazine L.A. Splash, Splash Magazines Worldwide</p> <p>barbarakeer@splashmags.com Phone: 323.362.6282 Local Phone: 847.256.3734</p>	<p>Lucille Hase SWSD - Elementary Teacher lucyteach@rr.com 714.267.1868</p>
<p>Donna Linn La Habra City, Officer of Funding Realtor 562.972.9115 Knows under aka.Bria Bliss</p>	<p>Dr. Steve Watts Oracle Research Group allstarts@hotmail.com 314.749.6368</p>