

« NEW LAUNCHES:  
FIND OUT WHAT'S JUST OUT



**MAUI JIM'S GINGER COLLECTION**

Maui Jim has come out with a new collection of shades for women. Called the Ginger Collection, the range features mid-sized, round frames that come in colours such as charcoal, mauve, chocolate and matte sandstone. The attention to detail in the collection can be seen from the fact that the lenses are darker towards the top half to protect you from the sun's glare and are lighter towards the bottom, making sure you aren't blinded. The sunglasses use a technology that promises to block all UV rays.

**Where** Leading opticians in the city  
**Price** ₹12,920



**POLICE TO BE ILLUSIONIST**

Police has expanded its To Be range with the launch of a new scent – Illusionist. Featuring the now trademark Police To Be bottle design of a skull, the newest fragrance stands out from the rest. The bottle, unlike the previous solid versions, is semi-transparent, designed in a way to reflect light from one angle and not do so from another, resulting in an array of optical illusions. The fragrance meanwhile is a combination of aquatic and aromatic notes.

**Where** Leading lifestyle stores  
**Price** ₹1,339 onwards

« STORE REVIEWS: MARRY ME & SLIM SUTRA

Jaina Kumar | HRM



**WHERE** First Floor, Candies, Pali Hill, Near Learners Academy, Bandra (W)  
**CONTACT** 9769682323

>> The stationery at Marry Me includes thank you cards, envelopes and notes that are worth picking up



# I DO!

**Marry Me – The Store in Bandra is breathtakingly beautiful. Rhea Dhanbhoora tells you why she'll be going back for more**

There are very few stores that leave as long lasting an impression as Marry Me. Wedding planners Candice Pereira and Jarret D'Abreo seem to know exactly what girls want, including what sort of store they're most likely to pop in to. Located on the first level of Candies at Pali, the walk up to the store is like sauntering down a picturesque alley in Paris, with whitewashed walls, a white wrought iron bicycle, a table and wooden bench.

After you're done gawking outside, it's time to push open the door and walk into a Parisian paradise, with a touch of heady pastels thrown in. While the gorgeous chandelier adds a regal touch to the room decorated with white furniture and green

walls, you can't skip over how well the products are displayed. From vintage cabinets and uber feminine trunks to garden tables and découpage boxes, a lot of effort has gone into the layout of the store.

We loved the stationary desk setup; complete with a blue typewriter, letter heads and envelopes, thank you cards, little notes and interesting clothes pins with messages on them. Their stationary products (₹50 - ₹800) are worth picking up. You'll also find a wood and glass cabinet filled with scented candles (₹150 - 700) and suitcases filled with baubles placed on a garden table (₹50 - ₹1,000), including pretty floral clips (₹70).

If you're fond of boxes and love good packaging, you can pick up their unique

boxes (₹50 onwards). They customise everything for you, including wedding giveaways such as pouches, bags, trays and boxes. And for those shopping for themselves, we suggest you pick up their organic body products (₹80 - ₹1,200). They have testers at the store and all have giddy scents, just like the pot pourri (₹150 - ₹300) on offer. Home décor items don't fall far behind at the store. You can indulge in the Paris inspired travel honeymoon bags and jewellery boxes (₹300 - ₹1,500).

Men shouldn't be disappointed as they offer cufflinks and tie sets for men as well as a spattering of suspenders. But, they're not secretive about their target audience being mainly women. Do remember that it's in Candies, so it's shut on Mondays.



Jaina Kumar | HRM

# Simple & Slim

Looking to lose those inches but don't want to starve yourself? Gargi Bansod recommends you check out Slim Sutra in Malad

>> The treatment room at Slim Sutra

Flip through any newspaper and there are thousands of advertisements about slimming centres, weight loss programs and 'lose inches' options. Most seem like just another money making scheme. But after visiting Slim Sutra in Malad, my outlook has definitely changed. Yes, their focus is on helping you lose extra kilos and inches, but at Slim Sutra there are no rigorous diets or strenuous workout schedules to follow. They abide by a simple guideline of easy targets while focussing on the root cause of your weight gain.

Though it may seem a little small, it has been well divided into rooms for yoga, various treatment rooms, counseling desks and a therapy room. They offer weight loss programs, spot reduction therapies, pain reliever therapy, skin tightening and detox therapies. You can also pamper your skin here as they offer skin treatments such as detanning, facials, body polishing, under eye treatments and acne treatments.

Once you register for their program, they will do your complete Body Composition Analysis (BCA). By simply taking your age

and height, the machine determines your current weight, your ideal weight, fat content, how much fat you need to lose and your muscle mass requirements.

Based on this BCA, their trained counselors and dieticians will chalk out a program for you which will include cardio, a suitable diet, special massage treatments and yoga sessions. At Slim Sutra, yoga is given utmost importance. The owner, Shelly Khara, is a well known yogacharya, who has been teaching for 15 years and believes that you need to prepare your mind while making major changes in your body such as losing extra kilos.

They not only cater to people who want to lose weight but also to those who wants to put some on. Their process seems reasonable and worth giving a try and the no starving diet makes it quite tempting.

**WHERE** Shelly Khara Wellness Corporation, 1st Floor, Vaikunth Building, Above Bank Of Baroda, Link Road, Malad (W) **CONTACT** 8882227