

SWEET TREATS

From gummy bears to sticky toffee and flaky chocolate, there's nothing like a good dose of British sweets. Take a look at some you can't miss out on. If you're lucky, you could spend a pretty penny and indulge in some of them right here in the city.

Quality Street Toffees: They come in a variety of flavours and can be the best toffees you've ever had.

Maltesers: If you've never had a Malteser, you're really missing out. Chocolate coated, with a crunchy biscuit center; the sinful pellets are quite addictive.

Percy the Pig: These are little pig shaped gummy sweets that you get exclusively at Marks & Spencer's shops. They come in varieties of piglets and bigger pigs with jelly options too.

Rolo's: These sweets are like hard candy and are chocolate-y, with delicious toffee centers.

Flake: There's nothing like a Cadbury Flake in your cup of coffee. Cadbury may have been taken over by the Americans, but we're still swearing by the British version of the chocolate for that creamy, chocolate taste.

Tesco Jelly Babies: Covered in a little layer of powder, they're better than most jelly babies or gummy bears you'll ever have tasted and come in several shapes and flavours.

>> Mincemeat pies (right) are made with fruit and extremely popular around Christmas while Fish 'n' Chips (below) is a British favourite



When you're in a country like England, it's easy to get swept off your feet by the sights and sounds. But, don't forget that food is an essential way to sample the flavours of any new place. We've all heard that British food is too bland for the Indian palate and while this may be the case sometimes, there's more to English food than bangers and mash. Their junk food takes the cake and if you're in England, don't expect your pudding to be sweet. While we can't give you a full plate on a page, take a look at some things you must try out: **Mincemeat pie:** Vegetarians, don't worry about this one. The delectable little pies are filled with fruits and nuts, minced up and sold by the dozens. It's especially popular around this time of year. **Black pudding:** Like we mentioned before, beware of the puddings there. Especially if you're a vegetarian. The black pudding is made with sausages and is an English speciality. **Fish and chips:** We suggest walking over to a street curb to try it out for the traditionally greasy variety, wrapped in newspaper. They serve their chips sprinkled with vinegar and if fish isn't your thing, opt for the sausages and chips instead.



From Walkers crisps and Shepherds pie to steak and kidney pie and black pudding, there's nothing quite like a quintessential British meal. **Rhea Dhanbhoora** tells you what not to miss out on in **England**

EAT LIKE A QUEEN



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JUNK IT UP

So you've had your fill of pies, puddings and roasts and want to settle back and watch some British comedy on the telly. Here's what you will need for company:

Walkers crisps: With every flavour under the sun from Baked Beans and Marmite to Prawn Cocktail and the popular Salt & Vinegar — there's something for everyone. The paper thin crisps are quite addictive.

Twiglets: If you've ever watched an episode of *Mr. Bean*, you know what we're talking about. If not, these little snacks are shaped like twigs and coated with Marmite. You do get flavours such as curry if you're not very fond of the taste of Marmite.

Root beer: A little spice in your drink is a good thing, but be careful this doesn't hit you a little too hard.

Hand tossed crisps: Whether you opt for ones from Tesco's or find a little vendor who sells them on a street corner, don't skip out on some deliciously rough, hand tossed crisps.

Sticky toffee pudding: The steamed British dessert is made with sponge cake, prunes and covered in toffee sauce. It tastes exactly as the name suggests and is great for those who love an extra hit of sugar in their dessert and the sticky taste of toffee.

Shortbread: Melt-in-the-mouth and oh-so-buttery, these crumbling cookies are the ones that those on a diet will want to stay away from.

Marmite: Having Marmite with toast is not something that everyone is accustomed to. But if you do manage to acquire a taste for the salty, dark brown paste made of wheat extract, there's nothing quite like it.

Steak and kidney pie: This savoury pie is filled with beef, kidney, fried onions and brown gravy, cooked up in a pastry.

Shepherds pie: This pie is made with layers of minced mutton, mashed potato and grated cheese. It's delicious and can be your entire meal.