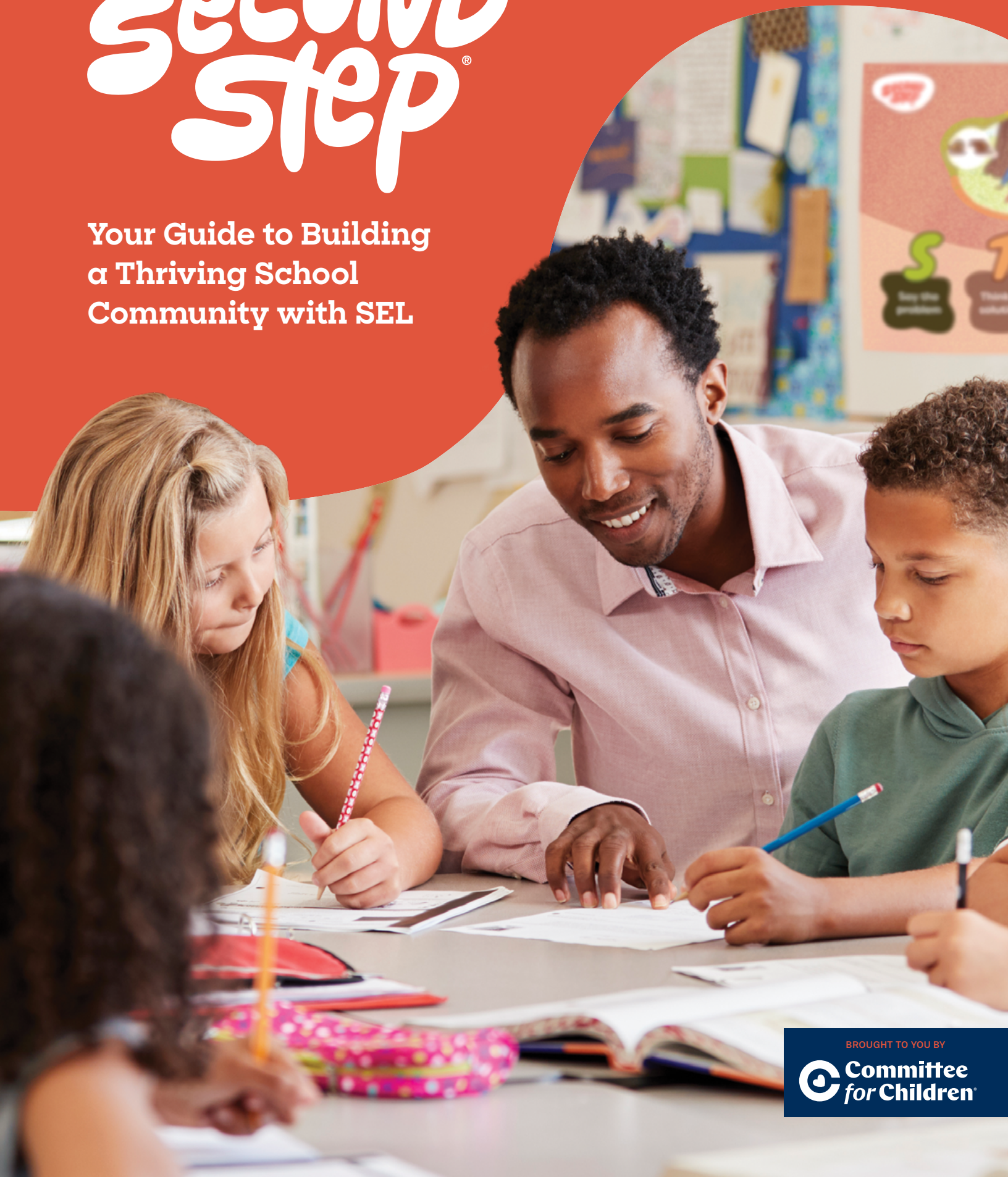


second step[®]

**Your Guide to Building
a Thriving School
Community with SEL**



BROUGHT TO YOU BY

 **Committee
for Children[®]**

What's Your Next Step with SEL?

Over the past few years, educators have shown incredible resilience, creativity, and adaptability.

As you and your staff continue to face today's challenges, social-emotional learning (SEL) remains foundational. Whether your school or district is expanding its SEL implementation or just getting started, our research-based Second Step® programs provide a variety of supports for your students and staff. The path to a brighter, thriving school community has multiple entryways, and we invite you to use this guide to find the next step you can take with SEL.

Is Educator Well-Being Your Priority?

Second Step® SEL for Adults

When educators thrive, students thrive. This professional learning program for K-12 educators is designed to build trust, help manage stress, explore equity and belonging, and cultivate resilience and efficacy. The program features:

- Highly focused mobile- and desktop-friendly modules
- All-staff access with individual and group learnings
- A robust Leader Track with additional supports for implementation

secondstep.org/sel-for-adults



Better Together

Get an additional **15% off** Second Step SEL for Adults when you purchase it along with the Second Step® Elementary and Second Step® Middle School digital programs (which are sold together as a single K-8 license).

Are You Focused on Supporting More Children with SEL?

Second Step® Elementary Digital Program

The Second Step Elementary digital program is web-based, allowing for scalability across schools and districts, consistency from classroom to classroom, and the flexibility to teach it remotely or in person. The program features:

- Easy to teach and track SEL curriculum with intuitively designed lessons
- Visibility into class progress
- Post-unit performance tasks that put learning into action
- Continuously improved, culturally relevant, and age-appropriate content

secondstep.org/elementary-digital-program

Your School, Your Choice

Second Step Elementary is offered as two different programs to fit your school's needs: a digital program and print-based classroom kits. Visit **secondstep.org/elementary** to learn more about which elementary program is right for you.



Second Step® Middle School

Backed by the latest research in adolescent brain development and social psychology, Second Step Middle School makes teaching social-emotional skills easy for educators and learning those skills relatable and engaging for students. Its web-based format gives it the same scalability and flexibility as our digital elementary program. Second Step Middle School features:

- Interactive lessons with nearly 200 supplemental advisory activities
- Visibility into class progress
- Post-unit performance tasks that put learning into action
- Continuously improved, culturally relevant, and age-appropriate content

secondstep.org/middle-school-program



Do You Want to Offer SEL Outside the Classroom?

Second Step® Out-of-School Time

A child's learning and development doesn't start and stop at the classroom door. Second Step Out-of-School Time helps children build social-emotional skills and foster positive relationships outside the classroom. The program features:

- Age-appropriate, culturally relevant activities for a variety of settings
- Online implementation and training resources, plus additional facilitator supports
- 147 activities in durable, spiral-bound notebooks
- English-language and Spanish-language versions

secondstep.org/out-of-school-time-program

Psst! Pass This On

Discount code **SELOST22** gives out-of-school time providers **10% off** their purchase of Second Step Out-of-School Time.

Family Resources

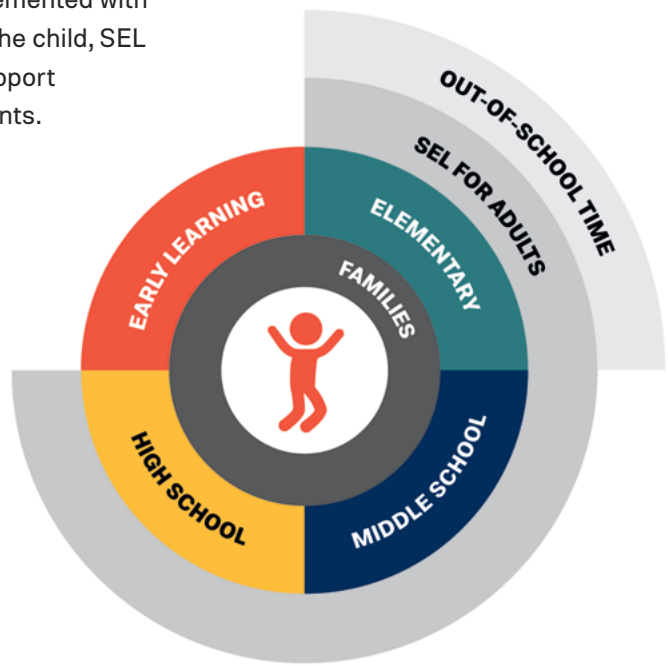
These free resources can be shared by educators to help parents and caregivers understand what their children are learning in Second Step® lessons and how families can reinforce social-emotional skills at home. Many of these materials are included in Second Step programs, and additional resources are available on our website. Materials include:

- Back-to-school and ongoing resources to share with families throughout the year
- Multilingual family resources
- Informational web pages for families



Let Us Help You Take a Holistic Approach to SEL

A holistic approach to SEL supports children's and educators' social-emotional well-being and provides opportunities for SEL in and outside of the classroom. When implemented with a coordinated approach that's centered around the child, SEL can help you build stronger communities and support inclusive, safe, and equitable learning environments. Whether you're focused on educator well-being, expanding your SEL programs to reach more students, or bringing the benefits of SEL beyond the classroom, we're here to provide the supports you need.



About Us

Committee for Children is a nonprofit on a mission to ensure children everywhere can thrive emotionally, socially, and academically. Best known for our innovative social-emotional learning programs that blend research and rigor with intuitive design, we empower children and adults with skills that help them realize their goals in the classroom and throughout their lives. Since 1979, we've been connecting experts in the field to share experiences and advance the cause of educating the whole child. By lifting up children today, we're helping them create a safe and positive society for the future.





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