

# FPA Expands Advance Care Planning Program

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More than 14,000 patients of Fairview and independent member clinics of [Fairview Physician Associates Network](#) (FPA) now have access to a new program aimed at helping them make end-of-life care decisions.

The comprehensive case management program, funded by a \$125,000 grant from [UCare](#), provides enhanced assistance to UCare for Seniors members at greater risk of reaching the end of their lives without having discussed care options.

## Starting a conversation

FPA Network case managers, all certified in [Honoring Choices](#) advance care planning facilitation, work collaboratively to provide more in-depth support to individuals by phone or in person.

These conversations help patients and their families better understand their medical conditions, potential complications and options for future care.

"We hope to promote patient and family peace of mind because they made, communicated and documented their wishes," says [Karen Mulder](#), FPA Network director of network clinical systems.

Though Fairview and FPA Network host general advance care planning education sessions, this expanded program takes a more proactive approach by identifying at-risk patients earlier and reaching out to them to discuss end-of-life care, says Karen.

[Adine Stokes](#), an FPA Network licensed social worker hired for the program, says the goal is to increase awareness about the importance of making your wishes known to your health care team.

"We're starting the conversation about advance care planning and helping our patients determine what can be done to ensure the highest quality of life," Adine says.

## A strategic priority

Across Fairview, we have been [engaged in education and conversation](#) with employees, providers and patients about issues related to end-of-life care.

Additionally, our strategic priority of [care continuum integration](#) includes a focus on developing and implementing resources and tools to help individuals in shared decision-making with providers regarding end-of-life care.

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