

3 Healthy Mocktail Recipes to Amp Up Your Workout Routine

Written by Jenna Hafke // Published December 15th, 2024



With the New Year in close sight, we at Celsius have been reflecting on possible resolutions to make it the greatest year yet. We've been immensely inspired by our fans who want to tackle their fitness goals this upcoming year. This New Year, our goal is to transform you into your healthiest, fittest and most ambitious self. That's why we're anticipating the launch of a new collection of energy drinks. In just 2 fluid ounces, the Celsius Fit Boost Energy Shot packs the same punch as our full-size energy drinks. Ideal for a quick pick-me-up, our energy shots make getting the boost you crave simple.

How Celsius Brings a Boost

The Fit Boost Energy Shot contains the same energy-boosting ingredients that Celsius fans find essential for tackling their workout regimens. Our unique MetaPlus blend, formulated with Vitamin B, Vitamin C, Ginger Root, Guarana Seed Extract, Chromium and Green Tea Extract, kickstarts your metabolism and helps burn more calories. Our beverages are the perfect fuel for fitness enthusiasts. Also containing 200 milligrams of caffeine, you'll be ready to meet your goals with ease.

Fit Boost Mocktail Recipes

Feeling low on energy? Looking for a health-conscious way to enjoy a mixed drink? We've crafted a few mocktail recipes bound to get you amped up. These refreshing drinks contain all you need to prepare for a great workout. Or, consider starting your evening of New Year's celebrations with these. After all, you deserve it.

All loaded with Vitamin C, Vitamin B and electrolyte-packed coconut water, you'll feel motivated in no time. Whether you're prepping to crush your brand-new workout routine or preparing for a long New Year's evening, these mocktails inspired by our fan-favorite flavors will ensure you're energized for whatever lies ahead.

Here's some great recipe ideas to spice up how you choose to enjoy our Fit Boost Energy Shots:

Sparkling Orange Ginger

- 1 "shot" of Orange Celsius Fit Boost Energy
- ¼ cup of coconut water
- ½ cup of club soda

- Splash of ginger juice
- Orange slice for garnish
- 1 scoop of ice

Sparkling Strawberry Guava Mint

- 1 “shot” of Strawberry Guava Fit Boost Energy
- ¼ cup of coconut water
- ½ cup of sparkling water
- Fresh mint for garnish
- 1 scoop of ice

Wild Berry Rosemary

- 1 “shot” of Wild Berry Fit Boost Energy
- ¼ cup of coconut water
- ¼ cup of cranberry juice
- Fresh rosemary for garnish
- 1 scoop of ice

Assembling your Mocktail

Simply add all non-carbonated liquid ingredients and ice into a cocktail shaker (or even your protein shaker bottle) and give it a good shake. Strain into your glass of choice, add fresh ice, and top with club soda/sparkling water. Finish with the specified garnish and enjoy-- it's that easy.

Feel free to invent your own twist on these hand-crafted beverage and let us know what you've created in the comments. Also, tag us at @celsiusofficial across our socials to show us your creations. Cheers to a fantastic new year.

Learn more about our Fit Boost Energy Shots and what else Celsius has to offer at <https://www.celsius.com>.

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