

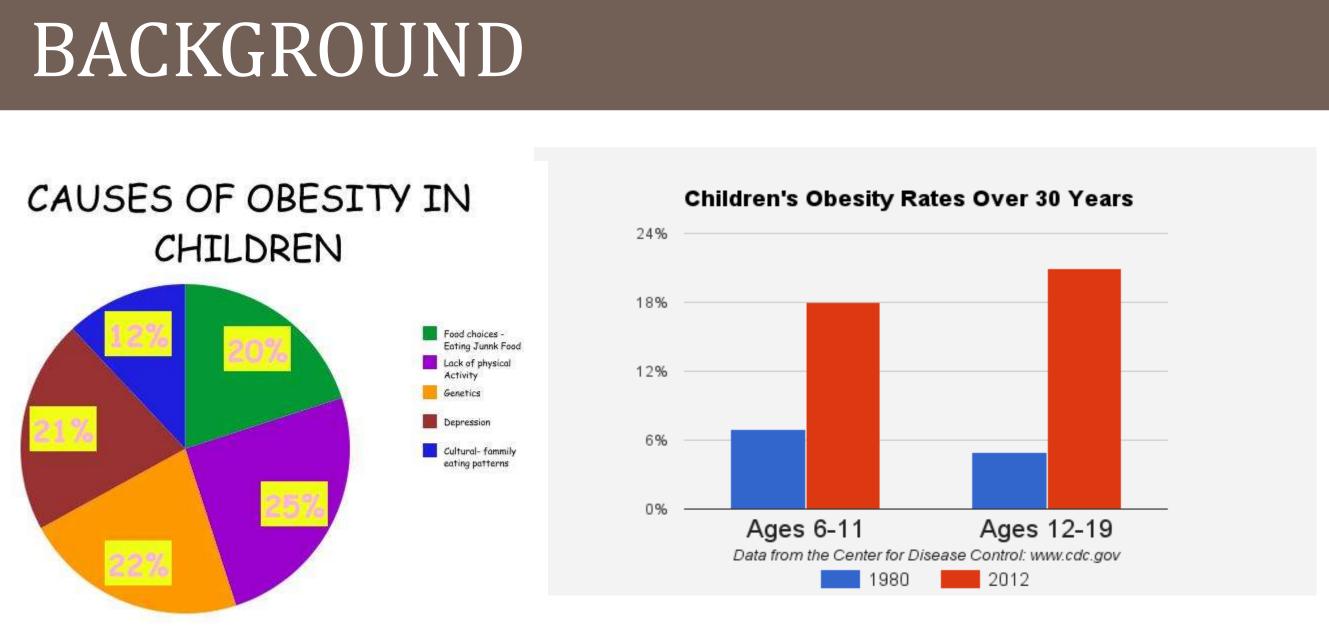
# **OBESITY AND MUSCULOSKELETAL DISORDERS IN CHILDHOOD** BY ONADIPE OLUWASOLABOMI ANUOLUWAPO AND LAWAL OMOTAYO MEDINAT

### INTRODUCTION

Childhood obesity is a pressing issue in today's society. **Obesity rates in the past three decades have tripled. Not only** does this cause health issues, it also causes children to live a life that could not be fulfilling.

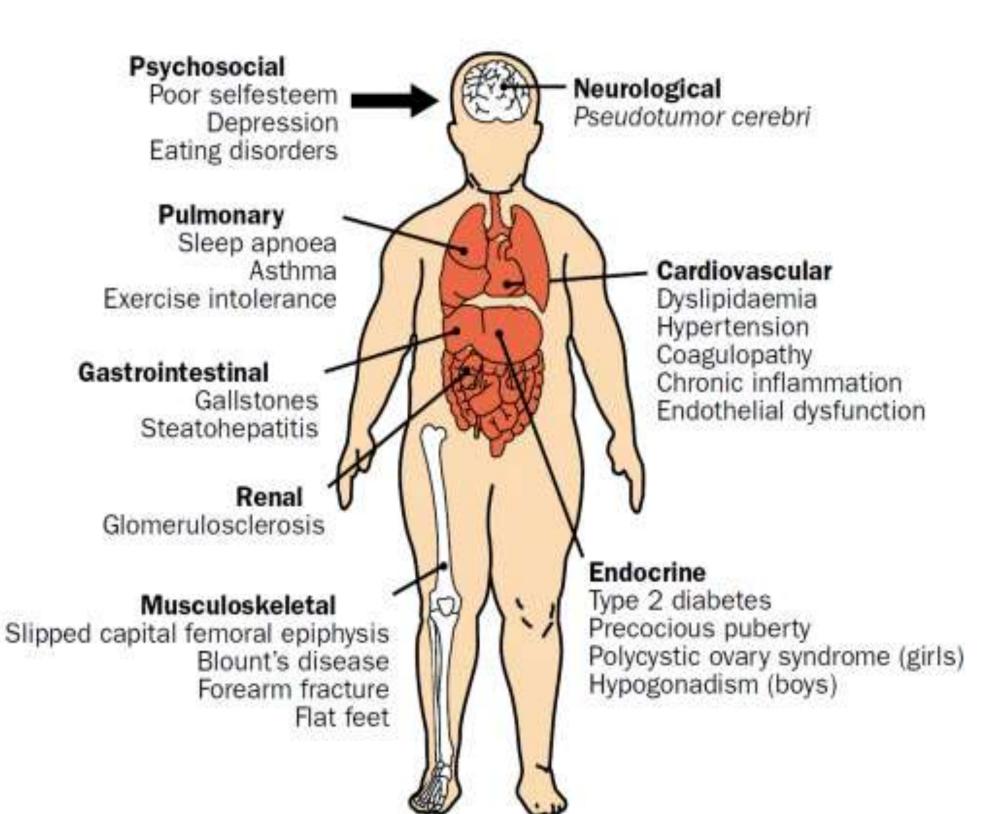
Family seem to have a better understanding that obesity in children can contribute to heart problems or diabetes, but they are overlooking the potential impact on their child's Childhood Obesity Snapshot joint, muscle and bones.





## **COMPLICATIONS OF OBESITY**

#### COMPLICATIONS OF CHILDHOOD OBESITY



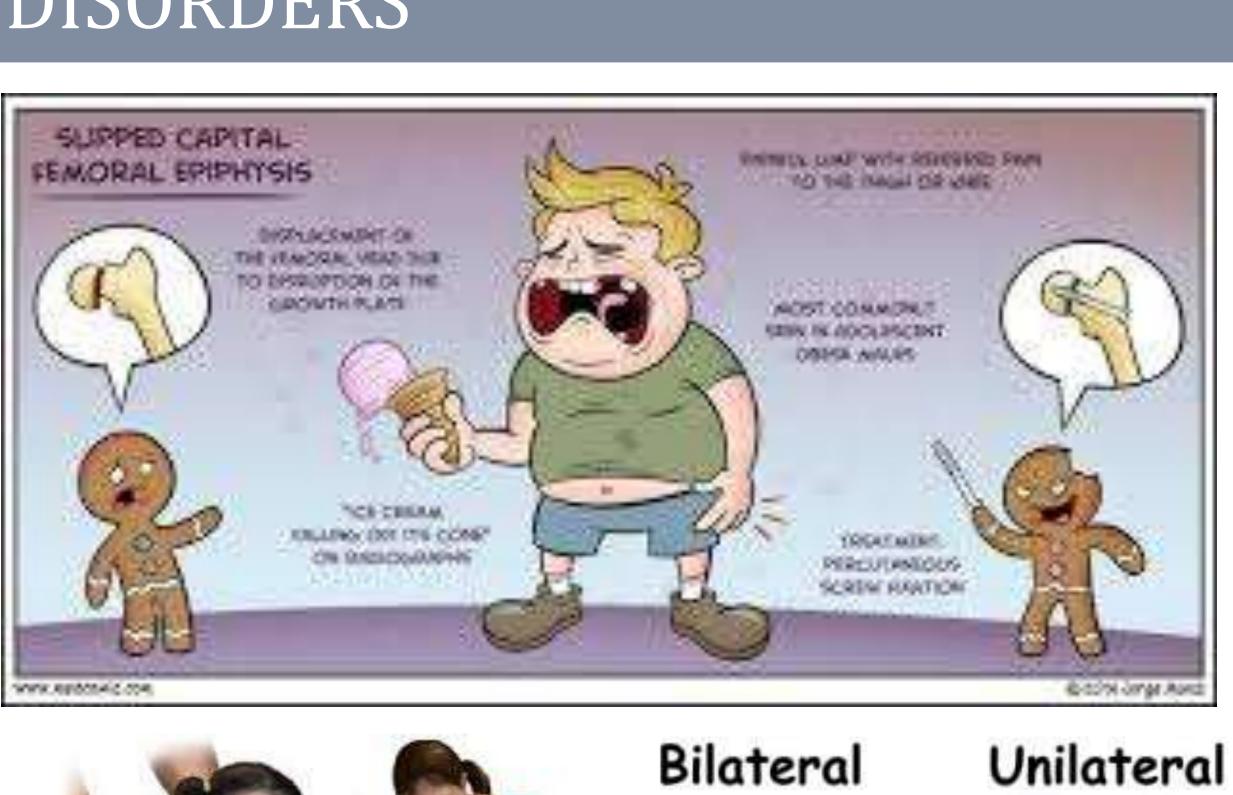




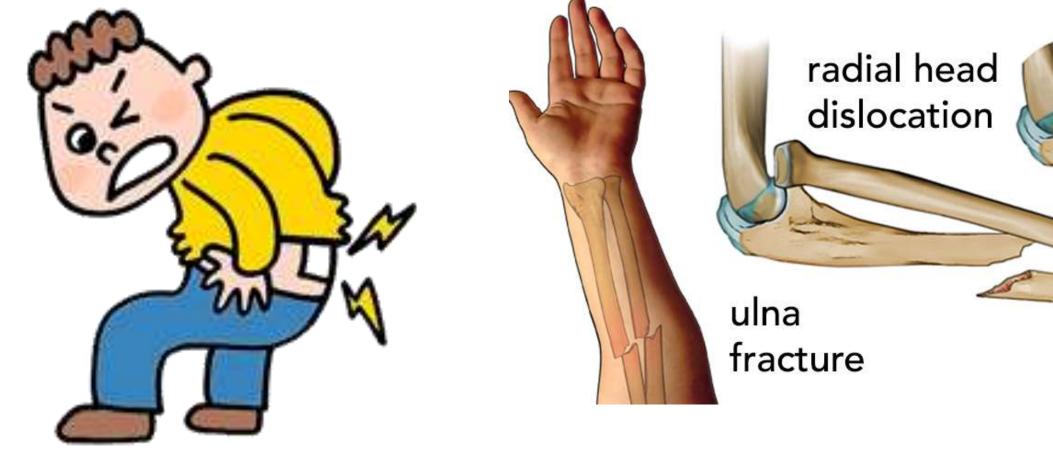




## DISORDERS





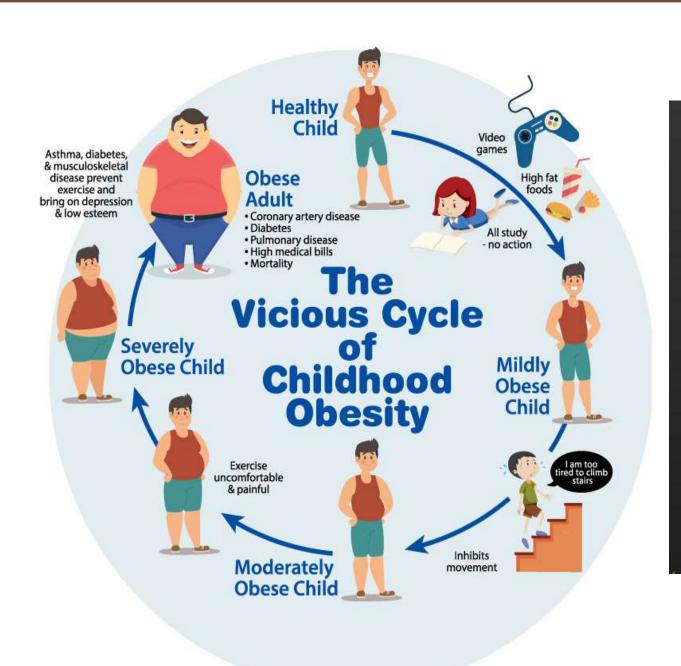


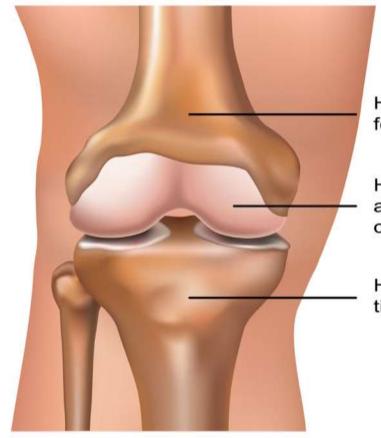
• Overweight children have a greater prevalence and risks of orthopedic disorders like slipped capital femoral epiphysis, Blount's disease, forearm fractures and lower back pain.

#### RESULTS

In the view of increasing prevalence of childhood obesity and the importance of understanding its repercussions, clinicians who work with infants and adolescents must understand the orthopedic consequences of obesity.

## **OBESITY IN ADULTS**





Healthy knee joint



REFERENCES SUPERVISOR—DR, GELA BAJELIDZE - VALORIE THOMAS APRN, BC CHILDREN'S MERCY HOSPITAL **DIVISION OF ORTHOPEDIC SURGERY** - BONE AND JOINT INITIATIVE USA - SCI MED CENTRAL- JOURNAL OF ENDOCRONOLOGY DIABETES AND OBESITY.



Back Pain is a Side-Effect of Obesity

CHILDHOOD

OBESITY

#### Osteoarthritis of the Knee

Healthy femur bone

Healthy articular cartilage

Healthy tibia bone



Osteoarthritis

Spurring femur bone

Degenerated articular cartilage

Spurring tibia bone

activity