

Doing what you love and loving what you do!

Choosing a career path is one of the most critical decisions any young person or adult can make. It must be well thought out and done right because it is a lifelong decision, although it could be changed, there might not be a lot of available options after. Many individuals get stuck in the wrong careers because they don't make the right or sustainable career choices. Deciding on a career is not easy, but the first step is knowing what you want and your interests. Things that when you think about and talk about make you want to research and learn more. Your personality and its traits play a vital role in deciding what you become. For example, individuals who are shy and introverted often choose careers where they are not required to speak publicly, like being a software engineer. Psychological preferences also have an impact on the career paths you choose. Knowing your strengths and weaknesses is beneficial in making this type of decision because you are the one who knows your abilities.

Being in the right career or doing something you are passionate about, has an impact on the quality of work you produce. It has a positive impact your work environment and your all-round experience, being how you treat your work, colleagues, how you collaborate, and your overall contribution. Your love for your work is reflected on your results. Doing what you love has a positive impact on your mental health. You become highly productive while having fun doing your work and it is a great confidence and self-esteem boost. The Y4Y programme is instrumental in assisting young people in making wise career choices. The opportunities offered by the program expose young people to different working conditions and environments, equipping them with skills that help them make decisions about which careers to pursue. They get a chance to realize their strengths, weaknesses and how to navigate in the workspace. The program is instrumental in building confidence and elevating their self-esteem. At the end of the program, each young person leaves with a clear understanding of what they love to do and which direction they want to go in their careers.

"Your work is going to fill a large part of your life, and the only way to be truly satisfied is to do what you believe is great work. And the only way to do great work is to love what you do. If you haven't found it yet, keep looking. Don't settle. As with all matters of the heart, you'll know when you find it."- Steve Jobs.

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