

10 Fun Things to Do with Kids: Family Bonding Ideas



Family time is always a time to bond with the little ones and create worthwhile memories. And knowing the best way to spend time together is what makes it all better.

As a child, I grew up looking forward to spending quality time with my parents, and I can say for one that this strengthened our relationship and improved communication between us.

Although it is pertinent you note that the concept of bonding cannot be interpreted objectively but it is subjective to whatever your kids love doing.

The best way to create that bond is by engaging in activities that your kid has interests in, it's not just about you here, so ensuring that your kids interests are prioritized, you can then select activities with mutual interests.

I can assure you that with this in mind, bonding will be a seamless and continuous process.

So if you're in search of the fun things to do with kids, whether they're yours or not, sit back and enjoy the ride.

I've curated a list of all the fun things you could be doing with your kids to build that trust and create lasting memories.

Note that these activities are suitable for families with kids of all ages.

10 Fun Things to Do with Kids

1. Outdoor Adventures



What better way to get the kids to loosen up and learn to be independent than taking them out on the field, and getting them acquainted with their environment.

a. Nature Walks and Hikes

Ever thought about going hiking with the whole family... No?

Then you have to add this to the list because what better way to tighten that bond and make your kids connect than a good old stroll and tenacity-building hikes.

Tips for making it fun:

- scavenger hunts
- identifying plants/animals
- storytelling along the way.
- Races

b. Picnic in the Park

Pack homemade snacks, smoothies, and all those fruits the kids love and enjoy a relaxing day in the park.

A day with no phones, tablets or laptops will allow everyone to focus on each other and rely on one another.

Add this to the list of things to do this summer and you'll be grateful you have this memory to keep.

Ideas for adding fun:

- kite flying
- frisbee
- family soccer match.
- Charades

c. Gardening Together

This is a highly underrated activity for families but if you have that kid who wouldn't stop yapping about the neighbors plants or a tree project he did in school then this activity might just be the key to building that special connection.

If you're a parent who loves gardening too, allowing the kids to see you in your element could be the perfect way to make them come around more.

Teach kids how to plant flowers, vegetables, or herbs. Tell them the importance and future impact of green life and you'll not only be bonding with them, you'll be teaching them responsibility and enjoying the fruits of your labor as a family.

Tips for making it fun:

- Tell them interesting facts about plants
- Seeds identification
- Tree shaping

2. Creative Arts and Crafts



This is for the art lovers and those who appreciate a good work of art.

a. DIY Art Projects

Kids are lovers of colors and creativity, they always want to indulge in one art scheme or another and of course this can be annoying as you end up with the mess they leave behind.

But this can also be a goldmine when it comes to building a closer relationship with them and encouraging self-expression and creativity, especially when it gets to the “Do It Yourself” part.

Tips for making it fun:

- finger painting
- making friendship bracelets
- creating family scrapbooks.

b. Family Collage or Vision Board

Collect photos, magazine cutouts, or drawings and design a shared collage. This is the best way to preserve memories whilst bonding with them.

Discuss family goals or dreams while creating the board.

c. Holiday or Seasonal Crafts

So the holidays are fast approaching and this is the chance for you to take advantage of the holiday spirits.

Tips for making it fun:

- Make decorations for holidays (e.g., DIY ornaments, Halloween costumes).
- Incorporate themes based on the time of year.

3. Cooking and Baking Together



Cooking is a skill that involves trust and support, and food is one major aspect of our lives that we cannot avoid. So think about adding this to the list of fun things to do before Christmas.

a. Make Your Own Pizza Night

- Let kids choose their favorite toppings and decorate their pizza.
- Discuss the importance of teamwork in the kitchen.

b. Baking Sweet Treats

- Ideas: cookies, cupcakes, or brownies.
- Fun decorating tips: icing, sprinkles, and edible shapes.

c. Family Recipe Challenge

- Choose an old family recipe or try something new together.
- Let the kids name the dish or present it creatively.

4. Game Nights



Games Night is a fantastic way to bring the family together for an evening of laughter and friendly competition. Not only does it foster teamwork and strategy, but it also strengthens family bonds as you create lasting memories over playful challenges.

a. Board Games

- Suggest family-friendly games like Monopoly, Scrabble, or Candy Land.
- Highlight the benefits: teamwork, strategy, and laughter.

b. Card Games

- Teach kids classic card games like Go Fish, Uno, or Crazy Eights.
- Customize the rules for younger children.

c. DIY Escape Room or Treasure Hunt

- Create puzzles, clues, and challenges for an at-home adventure.
- Encourage problem-solving and teamwork.

5. Movie or Book Nights



Movie or book nights provide a cozy setting for families to unwind and enjoy storytelling together. These nights encourage discussions, spark imaginations, and create cherished traditions. Don't forget the popcorn or snacks to enhance the experience and make it even more enjoyable!

a. Family Movie Marathon

- Choose a theme (e.g., Disney classics, superhero movies) and watch together.
- Add fun by setting up a "home theater" with popcorn and blankets.

b. Read-Aloud Sessions

- Read a family-friendly book together (e.g., Harry Potter, Roald Dahl stories).
- Take turns reading or act out scenes for added fun.

c. Story Writing Together

- Collaborate on a family story, with each person contributing a part.
- Turn it into an illustrated book or digital keepsake.

6. Outdoor Sports and Activities



Engaging in outdoor sports and activities is a fantastic way for families to stay active while enjoying nature together. Whether it's a friendly game of soccer in the park, a hike through scenic trails, or cycling in the neighborhood, these activities promote physical health and teamwork.

a. Backyard Sports Games

- Ideas: soccer, basketball, badminton, or tag.
- Encourage friendly competition and teamwork.

b. Bike Rides

- Explore the neighborhood or a nearby trail together.
- Safety tips and recommendations for family-friendly bike routes.

c. Water Play

- Ideas: sprinkler fun, water balloon fights, or visiting a local pool.
- Perfect for hot weather bonding.

7. Science Experiments at Home



Conducting science experiments at home is not only educational but also incredibly fun for kids and parents alike. These activities encourage critical thinking and creativity while allowing families to explore the wonders of science together in a playful and engaging environment.

a. DIY Science Projects

- Examples: volcano eruptions with baking soda and vinegar, slime making, or growing crystals.
- Inspire curiosity and learning.

b. Stargazing and Astronomy

- Use a telescope or just lie on a blanket to explore the night sky.
- Teach kids about constellations or planets.

c. Build a Rube Goldberg Machine

- Use household items to create a chain reaction machine.
- Encourage creativity and problem-solving.

8. Volunteering as a Family



Volunteering as a family is a rewarding way to teach kids the value of giving back to the community while strengthening family bonds. Engaging in activities like helping at a local shelter, organizing a neighborhood cleanup, or participating in charity events fosters compassion and empathy. This shared experience not only makes a positive impact in the community, but it also cultivates a sense of teamwork and purpose within the family.

a. Community Service Projects

- Ideas: cleaning a local park, helping at a food bank, or donating clothes.
- Teach kids empathy and the value of giving back.

b. Random Acts of Kindness

- Plan small activities like leaving notes of encouragement or baking cookies for neighbors.
- Discuss the importance of kindness.

c. Animal Shelter Visits

- Volunteer to walk dogs or play with animals at a shelter.
- Teach kids to care for other living beings.

9. Travel and Exploring



Traveling and exploring new places as a family opens up a world of adventure and learning opportunities.

Whether it's a road trip to a nearby town, a visit to a national park, or an international getaway.

These experiences create lasting memories and ignite a sense of curiosity about the world, enriching family bonds in the process.

a. Day Trips to Nearby Attractions

- Examples: zoos, aquariums, or museums.
- Tips for keeping kids engaged during the trip.

b. Camping Adventures

- Backyard camping or heading to a campsite.
- Fun ideas: storytelling by the fire, making s'mores, or stargazing.

c. Exploring Your Hometown

- Visit local landmarks, farmers' markets, or hidden gems.
- Act like tourists in your own city.

10. Quiet Time and Relaxation Activities



Incorporating quiet time and relaxation activities into family routines is essential for mental well-being and fostering deeper connections. These moments of tranquility allow families to recharge and strengthen their emotional bonds in a serene environment.

a. Yoga or Meditation for Families

- Practice simple poses and breathing exercises together.
- Benefits for relaxation and mindfulness.

b. Puzzle Time

- Work on jigsaw puzzles as a team.
- Celebrate the accomplishment of finishing together.

c. Build a Cozy Fort

- Use blankets, pillows, and furniture to create a family fort.
- Spend time inside reading, telling stories, or just relaxing.

Conclusion

Creating time for family is well if not the most solid investment one could ever make. Your kids should find solace in your presence and what better way than build that connection with these fun activities.

Do not just stop by reading this alone, start implementing these strategies and activities, you just need to decide on the best one for your family.

Try one of these this week and you'll be grateful you did.