

Nicole De Leonardis

OT578: Personal Transformation III

Mission Statement

7/27/2025

Throughout my journey discovering who I am as a future occupational therapist, my mission has developed and shifted in positive ways. By learning about different settings, meeting new people, and engaging in practice and education that will aid in the way I choose to treat those whom I encounter, I can gain insight about the values and beliefs I want to bring into my future career. Specifically, in my Level I Fieldwork at St. Mary's Hospital this semester, I have gained new knowledge about what it means to care for someone in an acute care setting and how my values and beliefs can be shifted to meet the needs of those who are struggling with conditions that affect functional and cognitive abilities. Being able to be there, observe, comfort, and treat patients has always been a frame of my imagination. However, now that I have gained experience, my eyes have been opened a little wider. As I continue my journey of becoming an occupational therapist, my mission is to support and empower individuals by helping them recognize their strengths, navigate challenges, and reach their personal goals—ultimately facilitating meaningful change in their lives. I am guided by the core values of passion, determination, and kindness, and I view every experience, whether uplifting or difficult, as a chance to grow as an individual. I am committed to helping others, and I aim to deliver compassionate, client-centered care that promotes recovery, development, and overall well-being. In conclusion, I will continue to strive to make a lasting and positive impact on those I work with.