

VISION 2025 DEVELOPMENT PLAN ASSIGNMENT FORMAT AND GRADING RUBRIC

ACOTE Standard

B.7.2 Demonstrate knowledge of how the role of a professional is enhanced by participating and engaging in local, national, and international leadership positions in organizations or agencies.

B.7.4 Identify and develop strategies for ongoing professional development to ensure that practice is consistent with current and accepted standards.

Assignment Learning Outcomes

1. Create a development plan that aligns with AOTA's Vision 2025 objectives; identifying the specific skills to develop, measurable goals and benchmarks for achievement, strategies, and timelines to achieve goals.

Introduction, Purpose, and Relationship to Practice

The philosophy underpinning the Introduction to Occupational Therapy is Wilcock's *Being, Doing, and Becoming*; becoming the professional occupational therapist you want to be. The Vision 2025 Development Plan asks you to intentionally develop specific goals and strategies to achieve them, in each of AOTA's Vision 2025 objective areas. Becoming a professional involves the development of skills and knowledge, but also professional behaviors, leadership, values, and a vision that goes beyond any curriculum. Continued professional development after entering practice is a requirement for licensure. Learning how to focus your development planning along specifically identified lines of interest and inquiry will prepare you to engage in the scholarship and leadership of the profession. This development plan will be your first among, we hope, many future development plans.

Directions

This is an individual assignment. Use the template provided to create your AOTA Vision 2025 Development Plan you will implement in the next two years of the program. You will need to submit this plan with your Portfolio.

Include in your plan the following for what you will do over the next two years in this program to "become" the OT you want to be to embody AOTA's Vision 2025. Be specific about the skills you wish to develop, the strategies you will use to develop them, and how you will assess your own outcomes. The plan should include goals, strategies, timelines, and measurable outcomes for specific skills in each of the following areas.

- Become an evidence-based practitioner, who is client/family centered
- Support AOTA and your state association
- Participate in developing your leadership in OT
- Develop culturally responsive, relevant, and cost-effective interventions
- Develop collaborative teamwork skills with OTs, other professionals, clients, and

All goals should be accomplishable within the timeframe of the four academic semesters of the program. It is expected that you will implement this development plan as of now and continue through the remainder of the program.

AOTA VISION 2025 DEVELOPMENT PLAN TEMPATE

NAME Nicole De Leonardis

DATE DEVELOPED

Area (leave this column as is)	Measurable goal for the <u>Specific Skill</u> you will develop in each area	Benchmark measurement (minimal expectations and how will you know you achieved goal)	Strategies you will use to achieve goal (list up to 3 feasible strategies for each goal)	Timeline	Update (Complete this column when portfolio is due)
Evidence-based, client centered practice	Learn to critically appraise evidence-based studies	With the knowledge I have obtained in our evidence-based class, I am expected to utilize this skill efficiently and know that I achieved my goal through the results of my work in the class	Become familiar with Critical Appraisal Skills Programmed checklists - Evaluate studies researched in class using the levels of evidence hierarchies - Find examples of studies where I can identify the relevancy and quality of the research	From now till the end of the semester	Since the fall, I have had multiple opportunities to utilize evidence based studies to complete literature reviews, article summaries, and presentations.
Support state & national OT associations	Attend an OT convention	With the semester coming to a close, this will be difficult to achieve however, I want to make an effort to do research on local or online OT	Utilize AOTA website to find sources - Talk to professors/peers about upcoming events pertaining to AOTA - Speak to PY2's about	By the end of the spring semester	I have accomplished this goal by attending the AOTA 2025 convention in April and networking with professors,

		supported conventions/events that will teach me more about AOTA	opportunities to get involved in AOTA		companies, and OT professionals at the conference.
OT leadership	Lead a team presentation/assignment	After becoming more comfortable in the program, I believe I am very capable of leading my team in a group project which I will know I have achieved by engaging and having my peers listen to my thoughts and ideas in the project	<ul style="list-style-type: none"> - Come up with ideas that will open a group discussion - Create a template with team roles for each peer - Listen and work off peers opinions and ideas 	By the end of the semester	I have had multiple opportunities to collaborate on group assignments where I was able to lead with ideas and opinions relating to a case or any information required.
Develop culturally responsive, relevant, and cost-effective interventions	Feel confident providing feedback and input to fieldwork healthcare providers	With Level I fieldwork starting next semester, I think I am more than capable of learning how to build culturally responsive, relevant, and cost-effective interventions. By experiencing different scenarios involving interventions and being able to apply that to treatment plans I will be creating,	<ol style="list-style-type: none"> 1. Shadow a healthcare professional who provides interventions 2. Write down backup plans 3. Come up with every outcome and how I would treat it 	By the end of the spring semester	After completing two Level I FW and finishing up my last one in a school, I have felt confident enough to provide feedback on what was observed ask questions, and participate in treatment effectively.

		I will know I have achieved this skill.			
Collaborative teamwork skills with OTs, other professionals, clients, and families	Conduct team discussions	With group projects, playing a big role in our curriculum , conducting more team discussions will be achievable.	<ol style="list-style-type: none"> 1. Make a text groupchat with teammates to make a plan to meet 2. Come up with a time and place that meets the needs of all team members 3. Provide open communication for all involved whether it is in class or online 	By the end of the semester	On multiple occasions, I was able to communicate via messages, give my opinions in group discussions, and actively listen to others in teams in different classes, especially PBL.
Personal value, bias, or belief you will change/evolve	Practicing self-reflection	I spend a lot of time walking, meditating, and practicing affirmations so, building my personal values and the belief that I can change and evolve will be achievable and I will recognize this when my experience and	<ol style="list-style-type: none"> 1. Journal about my experiences 2. Allowing myself 10 minutes to sit with my thoughts in the morning or at night 3. Listen to podcasts about health and wellness and ways to self reflect 	By graduation	I continue to practice self-reflection in my day to day especially since I am settled and comfortable in the program and have implemented habits that allow me to go about my days with ease and mindfulness.

		views come together in unison			
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GRADING RUBRIC

This is a single-point rubric where criteria are given only for “Meets Standards / Competent” performance. Meeting ALL the “Competent” standards outlined earns a grade in the “B” range. Evidence of advanced performance must demonstrate above and beyond the “competent” criteria and will earn a grade in the “A” range. Writing that does not meet ALL the criteria in the “competent” range will earn a grade of \leq C and fall into the “Needs Improvement / Areas of Concern” column.

Criteria	Concerns/Needs Improvement 0 – 79 %	Meets Standards/Competent 80 – 89%	Evidence of Advanced Performance 9 – 100%
Potential to Become a Professional		Goals and strategies are accomplishable within the timeframe of the four semesters of the program and will clearly facilitate becoming the professional you want to be	
Measurable goals for skills to develop		Skills are specific, measurable, achievable, and relevant to your development as a professional OT	
Strategies to achieve goals		Articulates 1-3 realistic, feasible, and specific strategies for each goal – things one can DO to achieve goals	
Timelines		Establishes realistic timelines to initiate and complete each goal and strategy	

