AOTA VISION 2025 DEVELOPMENT PLAN TEMPLATE

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Area (leave this column as is)	Measurable goal for the Specific Skill you will develop in each area	Benchmark measurement (minimal expectations and how will you know you achieved goal)	Strategies you will use to achieve goal (list up to 3 feasible strategies for each goal)	Timeline	Update (Complete this column when portfolio is due)
Evidence- based, client centered practice	Learn to integrate research findings into case studies and projects.	Successfully incorporate at least one evidence-based intervention in each case study or assignment and receive positive feedback from instructors.	 Attend workshops on evidence-based practice. Review one research article weekly related to current coursework. Join study groups to discuss research. 	By the end of the second academic semester.	I have been consistently incorporating research into case studies and assignments. Professor's feedback showed me that my interventions were based on evidence, and I continue to review articles for some class assignments.
Support state & national OT associations	Actively participate in AOTA and	Document attendance at events and participate in one SIG	- Subscribe to AOTA/state	By the end of the third academic semester.	I attended the AOTA Annual Conference in Philadelphia and

	the state OT	meeting or discussion		association		participated in student-
	association	within the		newsletters.		focused sessions. I also
	by attending	organization.	-	Volunteer for a		keep up with AOTA
	at least two			task force or event		newsletters, but I haven't
	events and			planning.		yet joined a SIG. That's still
	joining one		-	Budget for		a future goal.
	special			membership and		
	interest			event fees.		
	group.					
OT leadership	Develop	Serve as an executive	-	Attend leadership	Complete within	I currently serve as
	leadership	board member,		development	the first two	the Secretary of SOTA. In
	skills by	receive feedback from		training.	academic	this role, I manage
	taking on a	peers/faculty on	-	Shadow faculty to	semesters.	meeting notes, support
	student	leadership		learn leadership		communication between
	leadership	performance, and		approaches.		members, and assist with
	role such as	document a	-	Volunteer to lead		planning events.
	the secretary	completed leadership		a team activity or		Professors and peers have
	of the SOTA	activity in the		initiative.		given positive feedback on
	club.	portfolio.				my leadership and
						organization.
Develop	Create and	Get positive feedback	-	Complete a	By the end of the	I completed several
culturally	share	from teachers and		cultural awareness	second academic	assignments with a
responsive,	culturally	peers during reviews		training.	semester.	cultural focus and was
relevant, and	appropriate	or discussions.	-	Read about		intentional about
cost-effective	plans for at			interventions for		integrating cultural
interventions	least three			specific groups.		responsiveness into

Collaborative teamwork skills with OTs, other professionals, clients, and families	class assignments, using feedback from peers and teachers to improve. Work well with others on at least three group projects or class discussions.	Get positive feedback from group members or teachers about your teamwork.	-	Use class case studies to plan ideas. Practice listening and resolving conflicts in group work. Ask teachers for tips on working in teams. Join group	Complete by the end of fourth academic semester.	interventions. Professors noticed my consideration of client values and context, and I continue to strengthen this skill. I have worked on multiple group presentations and role plays. My classmates provided positive feedback on communication and collaboration, and I've become more confident in
				activities or role- playing exercises in class.		team-based work.
Personal value, bias, or belief you will change/evolve	Reflect on and address implicit biases focusing on one identified bias through journaling	Demonstrate awareness and changes in perspective through reflective journal entries and positive feedback from faculty on cultural sensitivity and professional conduct.	-	Attend diversity, equity, and inclusion training. Seek feedback from diverse classmates. Maintain a weekly reflection journal.	Complete by the end of the fourth academic semester.	Through class discussions and reflection assignments, I became more aware of my own biases and how they may impact practice. I participated in DEI workshops online, journaled about biases, and received professor

and		feedback on my
feedback.		professional growth in
		cultural sensitivity.