

Emily Wightman

wightmane@mail.sacredheart.edu

(631)538-9298

Permanent Address:

40 Hillside Avenue
Saint James, NY, 11780

Present Address:

277 Indian Field Road
Bridgeport, CT, 06606

OBJECTIVE

To obtain a full-time position in the field of Occupational Therapy, that will allow me to use my knowledge and creativity to help others live a more occupationally balanced, independent lifestyle.

EDUCATION

Sacred Heart University, Fairfield, CT

Bachelor of Science, Health Science, May 2025

Public Health

Member of Chi Omega, Pre-OT Club

Sacred Heart University, Fairfield, CT

Master of Science, Occupational Therapy, May 2026

Secretary of COTAD

GPA: 3.730

CERTIFICATIONS American Heart Association BLS Provider, Issued June 2024

American Heart Association BLS Provider, Issued September 2025

CastleBranch Certificate of Completion: Bloodborne Pathogens and Your Healthcare Organization's Exposure Plan, Issued May 2024

CastleBranch Certificate of Completion: Why Emergency Action Plans Matter in Healthcare, Issued May 2024

CastleBranch Certificate of Completion: Patient and Workplace Safety Measures in Healthcare, Issued May 2024

CastleBranch Certificate of Completion: Steps to Minimize Workplace-Related Injuries in Healthcare, Issued May 2024

CastleBranch Certificate of Completion: HIPAA Hospital Nurses, Issued May 2024

CITI Program Certificate of Completion: Good Clinical Practice, Issued October 2024

CLINICAL EXPERIENCE

Monday Night Social, Sacred Heart University, Center for Healthcare Education, CT

Level I Fieldwork Student-Mental Health January 2025-April 2025

- Planned and participated in sensory motor warm-ups, social activities, and physical exercises for adults 18+ with neurodevelopmental disorders in a group setting.
- Collaborated with other OT students and SLP students to execute treatment plans.
- Completed the SIS on a client.

Stronger Than Stroke Clinic, Sacred Heart University, Center for Healthcare Education, CT

Level I Fieldwork Student-Geriatrics/Physical Disability May 2025-July 2025

- Planned treatment sessions around functional tasks for stroke patients in a 1-1 setting.

- Completed clear and concise weekly SOAP notes.

Driving Simulator, Sacred Heart University, Center for Healthcare Education, CT

Level I Fieldwork Student-Adolescent & Pediatrics September 2025-December 2025

- Facilitated treatment sessions in the driving simulator for adolescents in a quiet 3-1 setting of OT's - client.
- Completed clear and concise weekly SOAP notes.
- Completed the COSA with a client

SKILLS

Proficient in Microsoft Word, Outlook, and Powerpoint

Adaptability, problem-solving, creativity, patience, and critical thinking skills

Proficient in WebPT

ACTIVITIES

Student Occupational Therapy Association, Sacred Heart University Chapter, 2025-2026

Pre-Occupational Therapy Club, Sacred Heart University, 2021-2025

Coalition of Occupational Therapy Advocates for Diversity Secretary, 2025-2026