



Dueling Dragons of Orlando Handbook



Walls crumbled. Perceptions changed. Lives are transformed.

Dueling Dragons of Orlando

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Who We Are

Our organization collaborates with first responders/police officers and youth. Dueling Dragons is a team of paddlers competing in a dragon boat. Our volunteer-based, donor-funded initiative relies on the generosity of businesses, organizations, trusts, and individuals throughout the community. This allows us to operate at an annual expense of about \$70,000 with mostly volunteer administration and staffing. Dueling Dragons is the only known program of its type in the country.

In addition to the unique use of dragon boating as a platform upon which to scaffold a youth development program, Dueling Dragons is the only program in Orlando that aims to build relationships of trust between police officers and youth in communities where those bonds were historically broken. This innovative approach is making waves in the community and across the continent. Success in dragon boating completely depends on teamwork. When a group of 20 rowers, a steersman, and a drummer work together in complete harmony, each person contributes to the team's success.

We were founded in 2011 by Andrea Eliscu, better known as the “Dragon Boat Queen,” based on a vision of breaking down barriers between cops and inner-city teens. Andrea presented her idea of cops being mentors to the Orlando Chief of Police. The Chief thought it was a creative idea and provided her with the “SWAT” cops and Operation Positive Direction teens that first year. That idea was a great success, and out of it came the first “Cops and Kids” dragon boat team in the world! Together, the teens in our program grow, persevere, and overcome. Over time, relationships form that transcend the dragon boating experience and filter into daily life. Through this experience, the youth develop stronger self-esteem, positive behaviors, and aspirations for success in school and life.

The Dueling Dragons program has forged trust that improves the lives of low-income youth and law enforcement officers alike. That trust spreads back to families, friends, neighborhoods, and communities. We call it “the power of the dragon.”

Here are some of the members describing Dueling Dragons: [Dueling Dragons in their own words](#)

Our Purpose

Our purpose is to form long-term mentoring relationships between local law enforcement and inner-city youth by building trust and breaking the cycle of poverty and crime.

Our Goals

- Change perceptions of law enforcement and inner-city youths, especially youth of color
- Foster self-esteem
- Promote positive behaviors
- Create and succeed in individual personal and educational goals
- Give youth opportunities to have trusted adults in their lives

How this Team Benefits the Community

- Improves decision-making skills in youth
- Promotes teamwork and trust
- Encourages teens to stay in their educational platform
- Brings a sense of individual accomplishment
- Decreases juvenile arrests
- Develops lasting relationships between youth and law enforcement

Our Partnership with the Orlando Dragon Boat Club

From our inception, we have operated as a team within the Orlando Dragon Boat Club, a program of the Orlando Rowing Club. Dueling Dragons needed a place to dock its boats and to store paddling vests, paddles, tail, drum, and the dragon head with security. Although Dueling Dragons is within the Orlando Dragon Boat Club, it still has a separate project budget, banking, and administration through the Orlando Community and Youth Trust (OCYT).

Equipment and Preparation

The dragon boats for the Orlando Dueling Dragons team were donated by local philanthropist Harriet Lake via the Orlando Health Foundation.

Equipment

- 10 or 20-person dragon boat
 - After the end of each practice, boats are bailed and tied to an outside dock. Life jackets, paddles, dragon heads, tails, drums, and general cleaning tools are stored in a locked shed.
- Carbon fiber paddles
 - Sizes range from 48 to 51 inches long. Paddles are sized accordingly per paddler. All paddles should reach the “bottom of a sports bra”.
- Life jackets for each paddler
- Waivers

Necessary Members

- Coaches
- One steersperson per boat
- Mentors

Dragon Boat Clinics offer experiential training to coaches and steerpersons.

Preparation

We are fortunate to have the support of our mayor, chief of police, sheriff, and director of parks and rec. In November, December, and January we update all paperwork for each child including but not limited to:

- Code of Conduct
- Waivers
- Swim test form
- Hold Harmless waiver
- Boathouse waiver
- Media release
- Pre-season survey

- Post-season surveys
- Teen bios

Our Rec Center mentors meet with the parents of their teens in the program and are responsible for getting all paperwork signed and getting all teens swim tested annually.

Each teen group is responsible for their own transportation to and from practice.

Raising Funds for Your Project

We attend local festivals and a dragon boat festival every year. These events require fundraising to pay fees, team shirts, airfare, ground transportation, hotel, food, and incidentals.

Corporate / Individual Donor Support

Our founder, Andrea Eliscu, identifies potential corporate sponsors and individual donors and invites them to a briefing on the project. At the briefing, she shows a video and answers questions. After the presentation, the sponsors and donors are invited to support the Dueling Dragons Team. In your area, it would be worthwhile to look into possible support via Rowing or Dragon Boat clubs or to look for a private or corporate sponsor to purchase the necessary equipment for the team. Starting in 2019, both our Police Department and our Orange County Sheriff's Office have become major funders of the Dueling Dragons.

In our early days, we met every other week for four months and ended the season by attending a big Festival. Over time and with data showing how impactful this mentoring program was for both officers and kids, we expanded the program from February to October. That allows skill, team, and friendship building. Our teams travel to statewide festivals and one out-of-town festival each season. During the season, the team learns dragon boat skills, racing, and how to deal with winning and losing. They also learn respectful behavior in an airport, hotel, and when traveling to other cities.

Speaking With Potential Donors

When we speak with a group of potential donors, we have found it effective to bring a teen paddler in the team tee shirt and one of our officers in their police uniform. This offers the teen a chance to write a brief essay that he can share as a public speaking opportunity.

Estimated Expenses

General Expenses	
Shirts	\$3,500
Update Existing Shirts	\$300
Guest Speaker	\$2,500
End-of-Year Banquet Gratuities	\$500
Senior Gifts	\$800
After Practice Dinner 16 x 200	\$3,200
Cases of Water (100 cases per year)	\$500
Ice	\$250
Shade Tents (2)	\$600
Sandbags for Tents	\$40
Subtotal	\$12,190

Miami Trip	
Transportation	\$2,568
Entry Fee	\$1,600
Breakfast	\$200
Lunch	\$1,400
Drinks and Snacks	\$450
Subtotal	\$6,218

Sarasota Trip	
Transportation	\$2,268
Entry Fee	\$1,600
Breakfast	\$200
Lunch	\$1,400
Drinks and Snacks	\$450
Subtotal	\$5,918

Orlando Festival	
Entry Fee	\$1,600
Lunch	\$1,400
Drinks and Snacks	\$450
Subtotal	\$3,450

Miami Trip	
Total Cost of Trip	\$80,000
Subtotal	\$80,000

Estimated Total	\$105,276
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How to recruit a team

Recruiting people from our community to participate is one of the foundational parts of our program. We partner with the Orlando Police Department and the Orange County Sheriff's Department to recruit volunteer mentors and community organizations to recruit the youth to our program. Currently, through Orlando Rec Centers, we have teen paddlers from Rosemont, Englewood, Jackson, Mercy Drive, and Parramore Kidz Zone coming together to participate on our Dueling Dragons team.

As with many extracurricular activities, requirements have been put in place to ensure the success and safety of our student paddlers:

- All members must pass the City of Orlando's Recreation Department swim test
- Minimum 2.0 GPA
- No absenteeism from respective educational institutions
- Must be present at practices
- Signed all required waivers
- Have a legal guardian attend a mandatory parental meeting

Considerations

Important steps to consider when forming your team include:

1. Selecting a team name
2. Constructing a practice schedule that works with the school schedule of participants
3. Building into the schedule some paddling days for special team events, formal team building, or steer clinics
4. Creating a team shirt everyone will wear for practices and competitions
5. Organizing transportation to and from practice: with mentors, from participating in after-school programs, et cetera.
6. Remembering that the focus of building a team is on long-term relationships between cops and kids—to change attitudes and stereotypes that run both ways—NOT on winning races!

Additional Challenges

As you create a similar program to the Dueling Dragons, we want to be clear in communicating that we have had our challenges.

Not all of the kids or the cops that come out to participate end up staying with the program for the full season. We have had a few kids violate the Code of Conduct, and they were asked to leave. Not all of the cops commit and engage as needed, but we continue to work through these challenges. However, cops and kids who do commit to the team and complete a season are no doubt changed by the relationships they develop and the experiences they have.

How to hold practices

Practices are held **every Wednesday** (a designated short day in Orange County Schools) **between 4:30 pm and 6 pm**. Refer to the Dueling Dragons 2024 Calendar for specific dates.

We conduct all practices at Lake Fairview Park in Orlando, Florida. We have a dragon boat coach and steer person at all practices who instruct and assist practices.

General safety

- Everyone on the boat under 18 years of age must have a waiver signed by a parent or guardian.
- Everyone on the boat is required to wear a life jacket.
- All paddlers must sign The Mandatory Code of Conduct.
- Coaches determine seating positions in the boats as a safety precaution.

Weather safety¹

- When the weather is bad, coaches get the final say on if we get in the water.
- In the case of lightning and rain, a building or shelter is close by for use.
- Coaches either conduct drills or team-building techniques when we can't get in the water.

1. Weather safety is discussed further in the section "Safety Policies"

Other preparations

- All paddlers must arrive at least *15 minutes prior* to going on the boat to stretch, eat a snack, and get vests, paddles, and line up for boarding the boats.
- We provide snacks and water before and after each practice.
- We also provide dinner after practice through donations to Dueling Dragons.

How to measure goals and outcomes

Data helps us measure positive change we foster in our community. In some cases, we can use this data in grants to request formal funding for our team.

Refer to the table below for:

- Recommended types of data to collect,
- How to collect it, and
- Expected outcomes.

Type of data	How to collect	Expected outcome
Youth attitudes towards police	Administer the Sample Survey Questions for Adolescent at the start and end of the competition season.	Improved youth perception of police
Police attitudes towards youth	Administer the Sample Survey Questions for Police Officers at the start and end of the competition season.	Improved police perception of youth, including minorities
Youth public school data, including: <ul style="list-style-type: none"> • Attendance/truancy • College attendance • Disciplinary action • Employment • Grades • Graduation • Pregnancy 	Turn in the youth's preseason and postseason report cards to the Rec Center mentor	<ul style="list-style-type: none"> • Improved attendance • College or employment plans • Little to no disciplinary action • Improved grades and graduation rates • No unplanned pregnancies

Safety Policies

If your dragon boat team falls under the auspice of your local rowing team, you can petition to use their insurance policy and waivers. If that is not an option, the teen participants may be covered under the existing policies of their participating agencies and schools.

1. Emergency contact and permission form.
2. Code of Conduct form.
3. City of Orlando “Hold Harmless” agreement (for bodily injury).
4. Waiver
 - Dragon Boat Waiver (per festival)
5. Trips: Planning and Documentation (parental permission)
 - Permission form
 - Write-up on away trips
 - Itinerary

Crew/Paddler Responsibilities

- Paddlers will inform the coach of any medical problems or injuries.
- All steersperson have a whistle and phone on them when out on the water.
- Paddlers who have special medical needs (e.g., allergic reactions to insects, heart conditions, hypoglycemia, etc.) will inform the coach of any developing symptoms.
- Paddlers and steers persons will always wear Personal Flotation Devices while on the boat.
- Paddlers will sign the team sign in sheet and confirm an emergency contact phone number.
- Upon entering the boat, paddlers will recognize the paddler next to or nearest to them if the boat is not full. The paddler will stay with that person if the boat capsizes.
- Emergency Signal
 - 3 whistle blasts = distress call
 - If you hear this on shore, get more help and provide assistance if it is safe for you to do so. Boat crews that have an emergency on board or have capsized should signal distress using the whistle.
- Crew is expected to exercise responsible judgment when loading and unloading the boat.

- Crew will not have boat practice unless there are a minimum of 10 paddlers on the boat (not including the steersperson). If there are unexperienced paddlers, a minimum of 12 paddlers are required on the boat.
- Crews will not proceed with boat practice under the following conditions:
 - Lightning has been sighted or is present and/or thunder is heard within the previous 45 minutes.
 - Temperatures are below 40 degrees Fahrenheit.
 - Wind is stronger than 15 mph (including gusts).
 - Rain that makes navigation hazardous.
 - Any time the steersperson feels the conditions are potentially dangerous.

Lightning Safety

- Download a lightning and severe weather tracking and alerting app.
- Before every practice, check the local weather forecast.
- Always monitor weather conditions during the practice.
- Designate a person to monitor the weather.
- Activities should be stopped when you see lightning, hear thunder, and/or the skies look threatening. Look out for the following:
 - A clear sky that suddenly becomes cloudy.
 - Flat clouds becoming thicker.
 - Tall clouds that are rising vertically.
 - Clouds becoming darker and heavier.
 - The wind is becoming stronger.
 - Sudden gusts of wind.
 - It starts to rain.
- When there is lightning, thunder, or a thunderstorm, stop the activity immediately. Find a safe place (e.g., building).
- Wait a minimum of 45 minutes after the last sound of thunder before resuming the activity.
- Call 911 if someone is struck by lightning.

Dock Activity

- Paddlers will keep the area to the dock open so that rowers and others may access the dock as needed.
- Paddlers will line up on the grass fully ready to board the dragon boat before stepping onto the dock.
- Paddlers will be aware that the far section of the dock is a floating dock that will submerge when too much weight is on it.
- Paddlers will enter and exit the dragon boats promptly to leave the dock area clear.

Equipment

Crews must have the following equipment onboard:

- Functioning whistle (worn by steersperson)
- Throw ropes/tow lines
- Bailing bucket(s)
- Safety lights will be used on the boat if out on the water at dusk or after dark.
- Cell phone on the boat (coach, steersperson or paddler)

On Water Traffic

- Follow Orlando Rowing Club's clockwise direction traffic on the lake
- Avoid high boat traffic areas
- Be aware that there is a marina nearby and that the motorized boats and water vessels share the lake

Emergency Procedures

- If the boat capsizes:
 - Use 3 whistle blasts to signal for assistance
 - Locate and stay with your buddy.
 - Stay near the boat; do not swim to shore.
 - Once everyone is accounted for, the crew will swim the boat to shore.

- If severe injuries occur, the steersperson or coach will call 911 for assistance.

In cases when the coach or steersperson deems an emergency, call 911. The boathouse address is **2210 Lee Road, Orlando 32810**.

Waivers



Andrea Eliscu
medicalmarketingincmiandrea@me.com
407-257-3764



Code of Conduct Dueling Dragons of Orlando 2024

I, _____, agree to conduct myself in accordance with this code whilst I am a member of the Dueling Dragons of Orlando.

I will:

1. Be fair, respectful & considerate of others.
2. Support my team by supporting my teammates.
3. Foster a safe & enjoyable environment by behaving in the spirit of the club.
4. Operate within the rules of dragon boating set forth by the USDBA & IDBF.
5. Adhere to the standards, policies, rules & regulations of Orlando Rowing Club, Dragon Boat Club, and Dueling Dragons teams.
6. Refrain from any behavior that brings or has the potential to bring the club or the sport into disrepute.
7. Not engage in the use of illicit drugs, alcohol, or tobacco before or during paddling.
8. Not behave in a reckless manner, take unnecessary risks, or act in a way which places anyone at risk of injury or property at risk of damage.
9. Not defame, harass, or injure persons and animals in such a way that would constitute an offense under state and federal legislation.
10. Have Fun!

Student Requirements:

- Must be between the ages of 13-18 years old
- Maintain a 2.0 GPA
- No excessive absences from school
- Can swim and pass the swim test
- Has to be committed from February to November 2024

- No High School Seniors

I understand that any breach of this agreement will result in disciplinary action up to and including dismissal from the Dueling Dragons Team.

Signed _____ Date _____



CITY OF ORLANDO

Emergency Contact

Child's NAME _____

Phone number _____

Last name _____ First name _____

Street address _____

City _____ State _____ ZipCode _____

Cell Phone _____ Home Phone _____

Business Phone _____

Relationship _____

Last name _____ First name _____

Street address _____

City _____ State _____ ZipCode _____

Cell Phone _____ Home Phone _____

Business Phone _____

Relationship _____

Parent/Legal Guardian Information

(Parents/Legal Guardians and emergency contacts are considered authorized Pick Up)

Child's name _____

Parents/Legal Guardian

Last name _____ First name _____

DOB _____ Relationship _____

Street address _____

City _____ State _____ Zip Code _____

Cell phone _____ Home phone _____

Business Phone _____

Email _____

Emergency Contacts

Last name _____ First name _____

DOB _____ Relationship _____

Street address _____

City _____ State _____ Zip code _____

Cell phone _____ Home phone _____

Business phone _____

Email _____

Last name _____ First name _____

DOB _____ Relationship _____

Street address _____

City _____ State _____ Zip code _____

Cell phone _____ Home phone _____

Business phone _____

Email _____

Last name _____ First name _____

DOB _____ Relationship _____

Street address _____

City _____ State _____ Zip code _____

Cell phone _____ Home phone _____

Business phone _____

Email _____

Safety Protocol Signature Page

By signing below, I am affirming that I have read and reviewed the safety protocol procedures and agree to abide by them.

Date _____

Name _____ Signature _____

Name _____ Signature _____

Name _____ Signature _____

Name _____ Signature _____

Name _____ Signature _____

Name _____ Signature _____

Name _____ Signature _____

Name _____ Signature _____

Name _____ Signature _____

Name _____ Signature _____

Name _____ Signature _____

Name _____ Signature _____

Name _____ Signature _____

Name _____ Signature _____

Name _____ Signature _____



2024 Dragon Boat Information Sheet

Name
(print) _____

Phone Number _____ Email _____

DOB _____ Age _____ Height _____ Weight _____
Grade _____

Any known allergies and/or illness:

Shirt size (please circle one): S M L XL XXL XXXL

Emergency adult contact

Name_____

Cellphone

Number_____Relationship_____



ORLANDO ROWING CLUB, INC. WAIVER OF LIABILITY FORM 2024

In consideration of being given the opportunity to participate in the programs and activities of the **Orlando Rowing Club, Inc.**, referred to as **ORC**, for myself, my personal representatives, assigns, heirs, and next of kin:

1. I **ACKNOWLEDGE**, agree, and represent that I understand the nature of rowing activities, both on the water and land-based, and that I am qualified, in good health, and in proper physical condition to participate.

2. I **FULLY UNDERSTAND** that:
 - **ROWING ACTIVITIES INVOLVE RISKS AND DANGERS** of serious bodily injury, including permanent disability, paralysis, and death ("risks");
 - these risks may be caused by my own actions, or inactions, the actions, or in actions, of others participating in the programs and activities of ORC, the conditions in which the programs and activities takes place, or the negligence of the "releasees" named below;
 - there may be other risks and social and economic losses either not known to me or not foreseeable at this time; and I **FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES** I incur as a result of my participation in ORC programs and activities.
 - ORC will not be held responsible or liable for any loss or damage to any equipment owned or leased by club members. It shall be the member's responsibility to provide adequate insurance to cover equipment in the event of loss or damage. Members storing and/or using privately owned or leased equipment shall be liable for any and all damages incurred as a result of moving equipment around, into and out of the boathouse, ORC's property, the Property of the City of Orlando and all related damage or accidents while in the act of rowing.

3. I AGREE AND WARRANT that I shall be cautious and make every effort to safely move equipment between the boathouse, city property and Lake Fairview and report to the ORC facilities director any damage created by myself to my equipment or to ORC's equipment or equipment owned by ORC members or Power 10 Rowing Association.

4. I HEREBY RELEASE, discharge, and covenant not to hold liable nor sue ORC, its administrators, directors, agents, officers, volunteers and employees, and other participants, club organizers, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which ORC activities and programs take place (each considered one of the releases herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise, including negligent rescue operations; and, I further agree that if, despite this release waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the releasees from any litigation expenses, attorney fees, loss liability, damages, or costs which they may incur as a the result of such a claim.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force.

If the applicant is under the age of 18, a parent or legal guardian must sign this form.

Printed
name: _____

Street
Address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ Work Phone: _____

Email: _____

Signature: _____ Date Signed: _____

LOCAL EMERGENCY CONTACT NAME: _____

PHONE: _____

By my signature below, I hereby certify that I have sufficient ability to swim to shore in the event of an accident including (without limitation) the capsize of any boat and its ineffectiveness as a floatation device, whether in a lake, river or otherwise.

Signature: _____ Date: _____



Participant Release & Waiver of Liability and Indemnity Agreement

Warning: Read this document carefully and in its entirety. It is a legally binding agreement.

DUELING DRAGONS 2024

In consideration for the attendance of _____ ("the Minor") in any and all programs ("Programs") offered by the City of Orlando ("Orlando") using the City of Orlando facilities, services, equipment, and premises ("Facilities"), I/We, _____ natural guardian or legal guardian(s) of the Minor hereby agree as follows:

1. I understand the nature and extent of the risks inherent to such participation and agree to assume the risk, which risks include, but are not limited to: personal injury, property damage, permanent disability, emotional injury, sickness or disease, or death.
2. **Release, Waiver and Indemnity Agreement:** I agree to release and forever discharge the Released Parties defined below, of and from all liabilities, claims, actions, demands, judgments, costs, expenses, court costs, attorney's fees or other damages of any nature arising out of or in any way connected with the participation of my minor child in the City's abovementioned Programs, and further agree to indemnify and hold each of the Released Parties harmless against any and all such liabilities, claims, actions, damages, costs or expenses, including, but not limited to, attorneys' fees and disbursements. I understand that I will be solely responsible for any loss or damage, including personal injury, property damage, emotional injury,

disability, sickness or disease, death or accident of any kind sustained from the use of the Programs' facilities and participating in any of the Programs. The Released Parties are: (1) the City of Orlando its elected officials, employees, attorneys, volunteers, agents, representatives, successors, and assigns; (2) Orange County Public Schools and its elected officials, employees, attorneys, volunteers, agents, representatives, successors, and assigns. I understand that this Release and Waiver Agreement includes any claims based on negligence, action or inaction of any of the above-released parties and covers bodily injury (including death), emotional injury, property damage, disability, sickness or diseases or accident of any kind, whether that participation is supervised or unsupervised, however the injury occurs, whether suffered by me or my minor child before, during, or after such participation.

3. I agree, personally and on behalf of the Minor, that this Agreement is intended to be as broad and inclusive as is permitted by the laws of the State of Florida, and if any portion of this Agreement is held to be invalid or unenforceable for any reason, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

4. I declare that the Minor is in good health and has no conditions or impairments that would preclude safe participation and has the skill level required to participate in the Programs. I further authorize medical treatment for the Minor at my cost, if the need arises.

5. I hereby grant full permission to the City of Orlando to transport the Minor for requested field trips. NOTE: If there are questions regarding the Minor's ability to participate in the Programs, City of Orlando may require an individualized assessment to be completed by the Families, Parks and Recreation Department or its designee.

6. The City of Orlando may collect data regarding the Minor's school records through an agreement with Orange County Public School to evaluate whether participation helps students perform better in school as well as monitoring for process improvement. Any data collected regarding the Minor is kept confidential. I hereby agree to release and hold harmless the Released Parties in the event such information is inadvertently released.

7. The City of Orlando occasionally shows movies during Program hours. Those children not permitted to watch movies will participate in separate activities. All movies will be chosen with careful consideration.

I hereby give my permission for the Minor to watch PG or PG-13-rated movies.

I hereby do **NOT** give my permission for the Minor to watch PG or PG-13-rated movies.

8. I further irrevocably grant the Released Parties the right to photograph, and/or videotape, and stream the Minor and to use said name, face, likeness, voice, and appearance in connection with exhibitions, publicity, advertising and promotional materials by the City of Orlando without reservation or limitation to include streaming and social media platforms. I hereby release the City of Orlando and its elected officials, employees, attorneys, volunteers, agents, representatives, successors, and assigns for all claims and liability relating to said images, video, or other media. Furthermore, I grant permission to use the Minor's statements for the purpose of advertising and publicity without restriction. I waive my and the Minor's right to any compensation.

9. This Agreement shall be governed by the laws of the State of Florida, and any legal action relating to or arising out of this Agreement shall be commenced exclusively in the Circuit Court of the Ninth Judicial Circuit in and for Orange County, Florida (or if such Circuit Court shall not have jurisdiction over the subject matter thereof, then to such other court sitting in said county and having subject matter jurisdiction). I certify that I am 18 years of age or older and that I am entering into this agreement as the Parent or Legal Guardian for a minor that is under 18 years of age and that I also have the authority to do so on behalf of the Minor's other parent or legal guardians.

10. EACH OF THE PARTIES HERETO HEREBY IRREVOCABLY WAIVES ANY AND ALL RIGHT TO TRIAL BY JURY IN ANY LEGAL PROCEEDING ARISING OUT OF OR RELATED TO THIS AGREEMENT.

11. The undersigned understands and agrees that novel coronavirus infections ("COVID-19") have been confirmed in the State of Florida and that COVID-19 is an extremely contagious virus that spreads easily through person-to-person contact. The City of Orlando is following guidelines issued by the Florida Department of Health, the Centers for Disease Control and Prevention (CDC), and the Florida Department of Children and Families in developing protocols for preventing the transmission of COVID-19 at City facilities. Due to the nature of the Programs, I acknowledge that physical distancing of six (6) feet per person is not possible.

12. Despite the City's reasonable efforts to mitigate the risk of exposure to COVID-19, the undersigned acknowledges and understands that there are known and unknown risks in participating in the Programs or using the Programs' facilities, and by participating in the Programs or using the Programs' facilities the undersigned,

and/or participating Minor may be exposed to COVID-19, which could result in quarantine, serious illness, permanent disability, and/or death.

13. Further, by using the Programs' facilities, the undersigned warrants that he/she an/or participating Minor have not experienced symptoms of COVID-19 within the previous fourteen (14) days, including but not limited to, coughing, fever, and shortness of breath. I consent to having the Minor's temperature checked daily. The City in no way warrants that the COVID-19 infection will not occur through participation in our Programs or through using the Programs' facilities.

14. I agree to comply with the Florida Department of Health and the Center for Disease Control and Prevention (CDC) guidelines applicable to COVID-19 in use of the City of Orlando facilities, services, equipment and premises and participation in the City of Orlando programs and activities.

NOTICE TO THE MINOR CHILD'S NATURAL GUARDIAN

Read this form completely and carefully. You are agreeing to let your minor child engage in a potentially dangerous activity. You are agreeing that, even if the City of Orlando uses reasonable care in providing this activity, there is a chance your child may be seriously injured or killed by participating in this activity because there are certain dangers inherent in the activity which cannot be avoided or eliminated. By signing this form, you are giving up your child's right and your right to recover from the City of Orlando in a lawsuit for any personal injury, including death, to your child or any property damage that results from the risks that are a natural part of the activity. You have the right to refuse to sign this form, and the City of Orlando has the right to refuse to let the minor participate if you do not sign this form.

I have carefully read the foregoing release and waiver agreement and know and understand the contents thereof. I sign this release and waiver agreement voluntarily with full knowledge of its significance, intending to be legally bound thereby.

Student Name (Please print):

Parent/Guardian Name: _____

Signature: _____ Date: _____

Parent/Guardian Name: _____

Signature: _____ Date: _____



Dueling Dragons
City of Orlando
Families, Parks, and Recreation
407-246-4304



Attendance Acknowledgement Form Dueling Dragons of Orlando 2024

Maintaining attendance at Dueling Dragons practices is crucial for achieving the bond created through our program and building relationships between coaches and participants.

Coaches

All coaches must attend practices with their teams unless otherwise on duty to fulfill the terms of their commitment to Dueling Dragons. If these terms are not met on multiple occasions without excused absence from practice, removal from the team may be necessary.

Participants

Similarly, all participants may not miss 3 practices over the year to fulfill the requirements as chosen team members of the Dueling Dragons. If these terms are not met on multiple occasions without excused absence from practice, removal from the Dueling Dragons may be necessary.

I understand that any breach of this agreement will result in disciplinary action up to and including dismissal from the Dueling Dragons Team.

Signature of Coach/Participant: _____ Date: _____

Signature of Legal Guardian: _____ Date: _____