

## Gianna Pronesti

Master of Science in Occupational Therapy, First Year Graduate Student, Sacred Heart University

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<b>OBJECTIVE</b>	Motivated occupational therapy graduate student eager to develop and implement adaptive therapeutic activities that promote independence and enhance quality of life.
<b>EDUCATION</b>	<b>Sacred Heart University, College of Health Professions</b> , Fairfield, Connecticut – <i>Bachelor of Science, Health Science</i> August 2021-May 2024, <i>Summa Cum Laude</i> , <b>Cumulative GPA: 3.81</b>
<b>CERTIFICATIONS</b>	<b>Adult Mental Health First Aid USA</b> — <i>National Council for Mental Wellbeing</i> (April 2023) <b>Basic Life Support</b> — <i>American Heart Association</i> (July 2024) <b>Social and Behavioral Research Basic/Refresher</b> — <i>Collaborative Institutional Training Initiative</i> (November 2023) <b>Students conducting no more than minimal risk research</b> — <i>Collaborative Institutional Training Initiative</i> (January 2024) <b>Good Clinical Practice Training for Social and Behavioral Research</b> — <i>Society of Behavioral Medicine</i> (September 2024) <b>Good Clinical Practice</b> — <i>Collaborative Institutional Training Initiative</i> (September 2024) <b>Biophysical Agent Essentials</b> — <i>ACP Outcomes Accelerated</i> (July 2025) <b>Montreal Cognitive Assessment (MoCA)</b> — <i>MoCA Cognition, Certified Rater</i> (July 2025)
<b>CLINICAL EXPERIENCE</b>	<b>Mozaic Senior Life</b> , Bridgeport, CT <i>Level I Fieldwork Student-Mental Health: January 2025-April 2025</i> <ul style="list-style-type: none"><li>Facilitated cognitive and social engagement through interactive games like <i>Whiteboard Wordle</i> and “<i>What Am I?</i>” Riddles.</li><li>Designed and led a <i>Memory Collage</i> activity to encourage reminiscence, self-expression, and fine motor use through visual media.</li><li>Implemented a <i>Categories Sorting Game</i> to support cognitive categorization, teamwork, and visual-perceptual processing.</li><li>Adapted all activities using grading strategies to meet varying cognitive and physical abilities.</li><li>Promoted group cohesion and communication by fostering a supportive and inclusive environment.</li><li>Demonstrated professional communication, ethical awareness, and client-centered care in a geriatric group setting.</li><li>Administered Checklist of Leisure, Interest, and Participation (CLIP) assessment to identify meaningful leisure interests; adapted administration to accommodate client’s physical limitations, leading to valuable insights for future intervention planning.</li></ul> <b>Monday Night Social (Sacred Heart University)</b> , Bridgeport, CT <i>Level I Fieldwork Student-Geriatrics/Physical Disability: May 2025-August 2025</i> <ul style="list-style-type: none"><li>Developed 5-week group sessions for young adults with a range of neurodevelopmental abilities.</li><li>Designed and implemented multi-component sessions integrating warm-ups, movement-based play, fine/gross motor activities, nutrition games, and obstacle courses.</li><li>Adapted group stations using visual supports and sensory-friendly tools to support participation and engagement.</li><li>Incorporated MyPlate nutrition education into physical games to reinforce health literacy and body awareness in a fun, interactive way.</li><li>Led yoga-based cool-downs emphasizing motor planning, posture, breathing, and mindfulness to promote regulation and transition.</li><li>Demonstrated flexibility and creativity in grading activities based on participant needs and varying physical or cognitive abilities.</li><li>Facilitated peer socialization, team building, and communication skills in an inclusive group environment.</li></ul>

- Collaborate with peers and supervision to evaluate and refine treatment sessions based on client response and therapeutic goals.
- Performed upper extremity screening using goniometry and pinch strength testing; identified range of motion (ROM) and fine motor deficits and developed goals to support independence in daily tasks.

## ADDITIONAL EXPERIENCE

### **Reach for the Stars Learning Center, Brooklyn, NY**

*Assisted Applied Behavior Analysis Therapist and Occupational Therapist, June 2024-August 2024*

- Provided one-on-one support during therapy sessions and classroom activities to promote engagement, communication, and task completion.
- Facilitated structured play, fine motor, and sensory activities to support developmental and behavioral goals.
- Reinforced therapy goals through consistent prompting, redirection, and positive reinforcement.
- Collaborated with therapists and educators to adapt activities and monitor student progress.

## ACTIVITIES

Student Occupational Therapy Association, Sacred Heart University (SOTA), 2024-Present

## SKILLS

- Time management between education and outside commitments
- Leadership
- Hard-working and dedicated
- Strong communication
- Highly motivated