

# **Why the Drinking Age Should Be 18:**

## **A Rational Argument**

Eighteen is the legal drinking age in several countries of the world. However, in certain countries, like as the United States, the age is 21. This contrast raises concerns about the reasoning for such rules. In this blog post, we'll look at why the drinking age should be 18, using logic, societal standards, and individual rights to back up our claims.

### **Consistency in Legal Age Thresholds:**

The legal milestones of the age of majority and voting rights are in line with the setting of the drinking age at eighteen. When it comes to signing contracts, enlisting in the military, and being held legally responsible for their actions, most situations consider people to be adults at the age of 18. It follows that it is reasonable for them to be accountable for their own responsible alcohol consumption.

### **Fostering Responsible Drinking Habits:**

Limiting the legal drinking age for young adults to 21 years old may unintentionally promote harmful behavior, like binge drinking in uncontrolled settings. We can encourage a responsible alcohol usage culture by reducing the drinking age to 18. In regulated settings, like authorized establishments, where they can be watched over and informed about the consequences of alcohol, young adults can learn how to drink in moderation.

### **Addressing Underage Drinking Issues:**

Underage drinking has not been successfully reduced despite the present legal drinking age of 21. In reality, it could have drove it underground, making it more difficult to regulate and teach young adults about healthy drinking habits. Lowering the drinking age to 18 may foster open discourse about safe alcohol usage in families and communities.

### **Individual Liberty and Personal Responsibility:**

People are considered mature enough to make important decisions in life, like getting married, having kids, and choosing a career, around the age of 18. It is against the principles of individual liberty and personal responsibility to deny them the right to consume alcohol. Adults should be able to make informed decisions about their own bodies and behaviors, including whether or not to consume alcohol.

### **Economic and Social Benefits:**

Lowering the drinking age may have a positive economic impact, especially in the hospitality business. Legalizing alcohol consumption for 18-year-olds would increase the client base for bars, restaurants, and other businesses, thereby promoting economic growth. Furthermore, it

would promote a more inclusive social climate in which young adults can interact with peers of legal drinking age without fear of legal consequences.

In conclusion, there are compelling arguments to reduce the drinking age to 18. This would ensure consistency in legal age thresholds, foster good drinking practices, treat underage drinking issues more efficiently, protect individual rights, and may result in economic and social advantages. It is time to reassess our approach to alcohol control in light of adulthood and individual freedom.