

Food as Relief

C H E L S E A S Z A B O

s4012546

Who knows the faces of those in their community living in poverty and unable to afford food? This story is about shining a light on those often unseen, seeing the faces and environments these people live in, seeing the wrinkles on their hands.

In this photo essay I follow around a food truck owned by a member of Millgrove Baptist Church as they deliver food parcels to those who are not only unable to purchase food for themselves, but are also unable to travel to food programs to access it.

My photo essay connects into the wider story of the current cost of living crisis, the worst on record according to the ABC. The average cost of fruit and vegetables is 8.5 per cent higher than it was at the end of 2021. It is estimated by a joint study between UNSW Sydney and the Australian Council of Social Service that 3.3 million Australians live on or below the poverty line, making risen prices the difference between having one meal a day, or none.

Google Drive link to original photos::

<https://drive.google.com/drive/folders/1047kqJWSSa8ovcQakO4xEKEbzHLbKBki?usp=sharing>



2023_04_28. Photo by Szabo_Chelsea. In photograph Joy Caldwell , age 64, at her home in Millgrove, Victoria, Australia. She has been accessing food from LinC for at least 6 months. The food helps feed 3 people in her household. Joy likes photography too.





2023_04_28. Photo by Szabo_Chelsea. In photograph Susan Tishler, age 61, at her home in Millgrove, Victoria, Australia. She has been accessing food from LinC for at least 8 years. She no longer has a car so LinC has been delivering food to her. The food helps feed her three children and her grandchildren. She said the kids love it when the food parcels arrive, "it's like Christmas", she said.





2023_05_21. Photo by Szabo_Chelsea. In photograph Denise Witherspoon, age 46, and her son Jack, age 22, at their home in Warburton, Victoria, Australia. They have been accessing food from LinC for the last 2 years. The food helps feed their family of 6. She says they wouldn't have got by without the help. They need to have the food delivered as they do not have a car to get to food programs.





2023_04_28. Photo by Szabo_Chelsea. In photograph Anna Windsor, age 73, at her home in Millgrove, Victoria, Australia. She has been accessing food from LinC for at least 10 years. She finds it very helpful to feed herself though the quality is sometimes lacking; it is often quite bruised.





2023_04_28. Photo by Szabo_Chelsea. In photograph Faye Ploughman, age 65, at her home in East Warburton, Victoria, Australia. She has been accessing food from LinC for at least 6 years. She does not have a car so LinC delivers food to her. The food helps feed herself. This week was what she calls her "bad pension week", the second week after she gets her pension. Getting food relief helps her pay for her risen electricity bills and rent.



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