

# LYNSEY GROGAN

## SPORTS JOURNALIST

### PROFILE SUMMARY

Multi-platform Sports Journalist with a strong knowledge in media law, Ofcom and IPSO regulations with a BCTJ accreditation at the University of Lancashire. Skilled in presenting, producing, content creation, writing, radio, podcast and editing with Adobe.

## CAREER HISTORY

### Model

#### Sept 2025 - Tottenham Hotspur FC

- Modelled for Spurs, uploaded to all Meta platforms, the website and club shop.

### Shadowing

#### Jan - Feb 2026 BBC Radio Manchester/SkySports

- 1 day shadowing at Media City editing post-match interviews and creating graphics.
- 1 Day shadowing Dan Khan at a MUFC presser.

### Podcast Host and Writer

#### Dec 2023 - Dec 2024 - Coastal Radio DAB

- Recorded and presented the Fylde Football Podcast weekly, wrote articles for the website and appeared on the radio.

<https://www.coastalradiodab.co.uk/sports-podcast/fylde-football-podcast/>

### Graphics Operator

#### Oct 2024 - Dec 2024 - Adi.TV

- Graphics operating on the big LED screens for Aston Villa men's and women's home games at Villa Park, using LiveGFX.

### Premier League Writer

#### Nov 2023 - Aug 2024 - VAVEL

- Predominantly wrote for the Spurs section of the website, including pre-match analysis, match reports, interviews and player ratings.

<https://www.vavel.com/en/author/lynsgrogan>

### EDUCATION

- BA Hons Sports Journalism at the University of Lancashire Sept 2023 - July 2026.
- A-levels in Geography, English Literature and Government & Politics Aug 2021 - June 2023.



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### Freelancer

#### Mar 2026 - Present - BBC Radio Manchester

- Posting content to go out on social media platforms, encouraging engagement, using analytics as well as editing output for live radio.

### Content Creator

#### Jan 2024 - Present - TikTok

- Posting journalism and football-related TikTok's which have amassed ~170,000 likes, helping to build marketing skills.

### Student Fellow

#### Dec 2024 - Present - John Schofield Trust

- Mentored by Sky Sports News Senior Editor, Amar Mehta
- Attended online and in-person events at the John Schofield trust including at the BBC headquarters in Westminster.

### Content Creator

#### Jul 2024 - Dec 2024 - AFC Fylde

- Covered match day activity, including tweeting updates during the game, creating content for TikTok, filming highlights and writing match reports.

### Presenter

#### Mar 2025 - Apr 2025 - AFC Fylde Foundation

- Pitch side presenter for UCLan's live 2025 varsity event - covering pre, half-time and post-match interviews. Presenting in a TV studio for AFC Fylde Community Foundation and Fylde Borough Council.

### Presenter & Media Assistant

#### August 2025 - Present - Manchester Titans American Football Club

- Responsible for doing interviews with the players and coaches throughout the match and creating content on socials.
- Filmed coverage live on their YouTube.

### Commentator

#### June 2024 - Blackpool FC

- Covered the 2024 UEFA Associations Cup for The British Isles Under 14 Boys National Team. Personally, working with Ged Mills from TalkSport and Blackpool FC.