



# LUNG LEFTOVERS

AMY RAMSAY, MD, FACEP  
OCTOBER 18, 2022

# PERTUSSIS

## THOROUGH COUGH



**BORDETELLA  
PERTUSSIS**



**HIGHLY  
CONTAGIOUS**

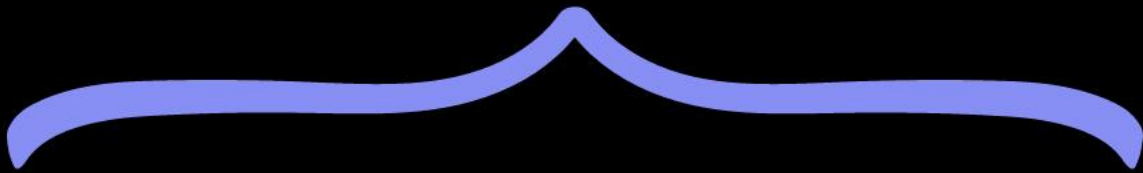
**80-100%  
ATTACK RATE**

**FOR WEEKS**

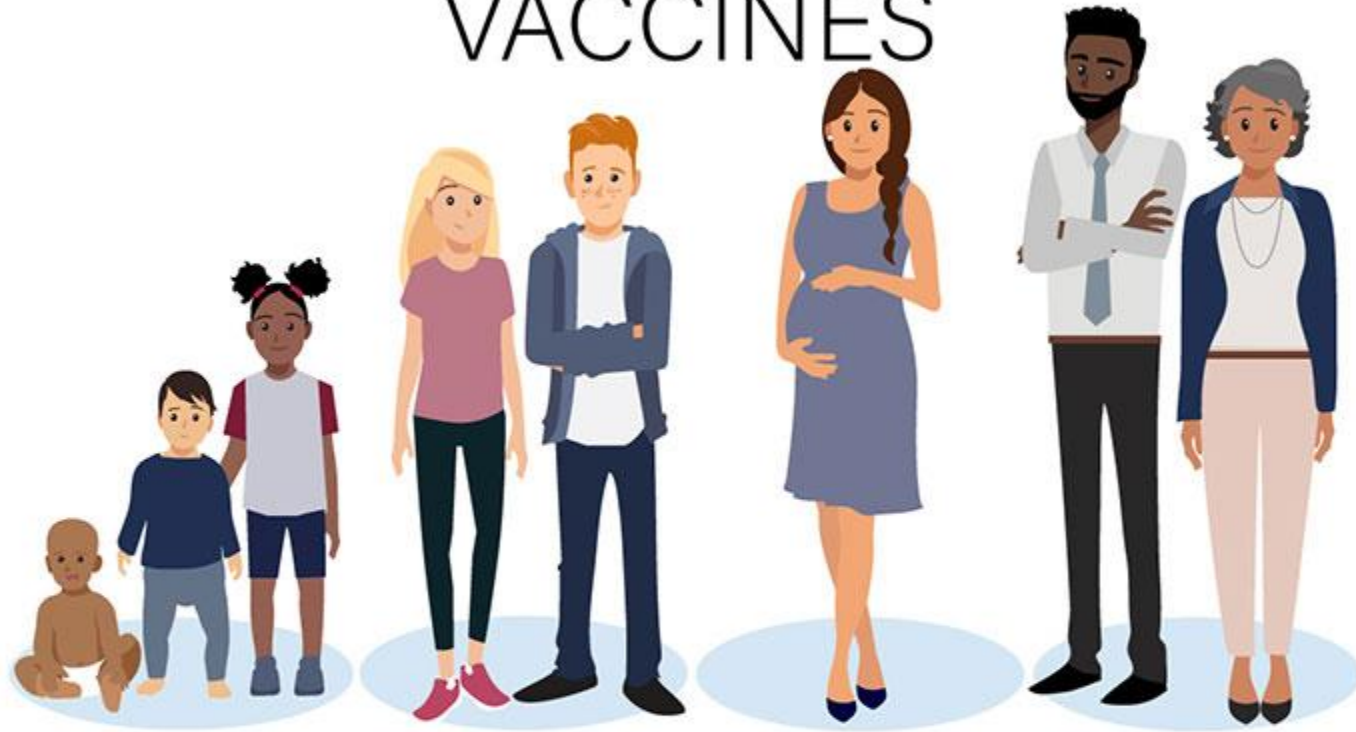
**KIDS AND  
ADOLESCENTS**



**NO LIFELONG  
IMMUNITY**



# People of all ages need WHOOPING COUGH VACCINES



## **DTaP** for young children

- ✓ 2, 4, and 6 months
- ✓ 15 through 18 months
- ✓ 4 through 6 years

## **Tdap** for preteens

- ✓ 11 through 12 years

## **Tdap** for pregnant women

- ✓ During the 27-36th week of each pregnancy

## **Tdap** for adults

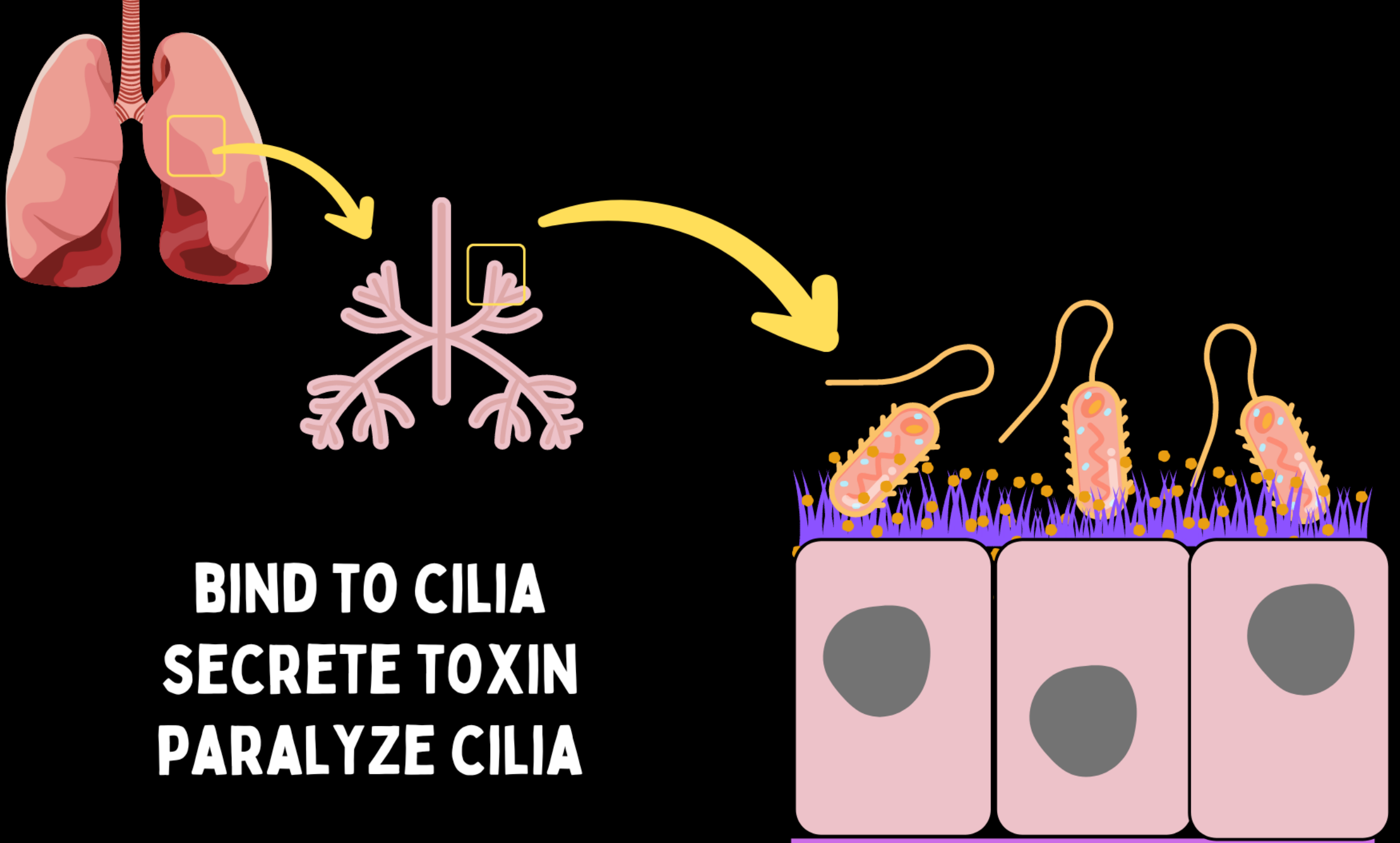
- ✓ Anytime for those who have never received it

[www.cdc.gov/whoopingcough](http://www.cdc.gov/whoopingcough)



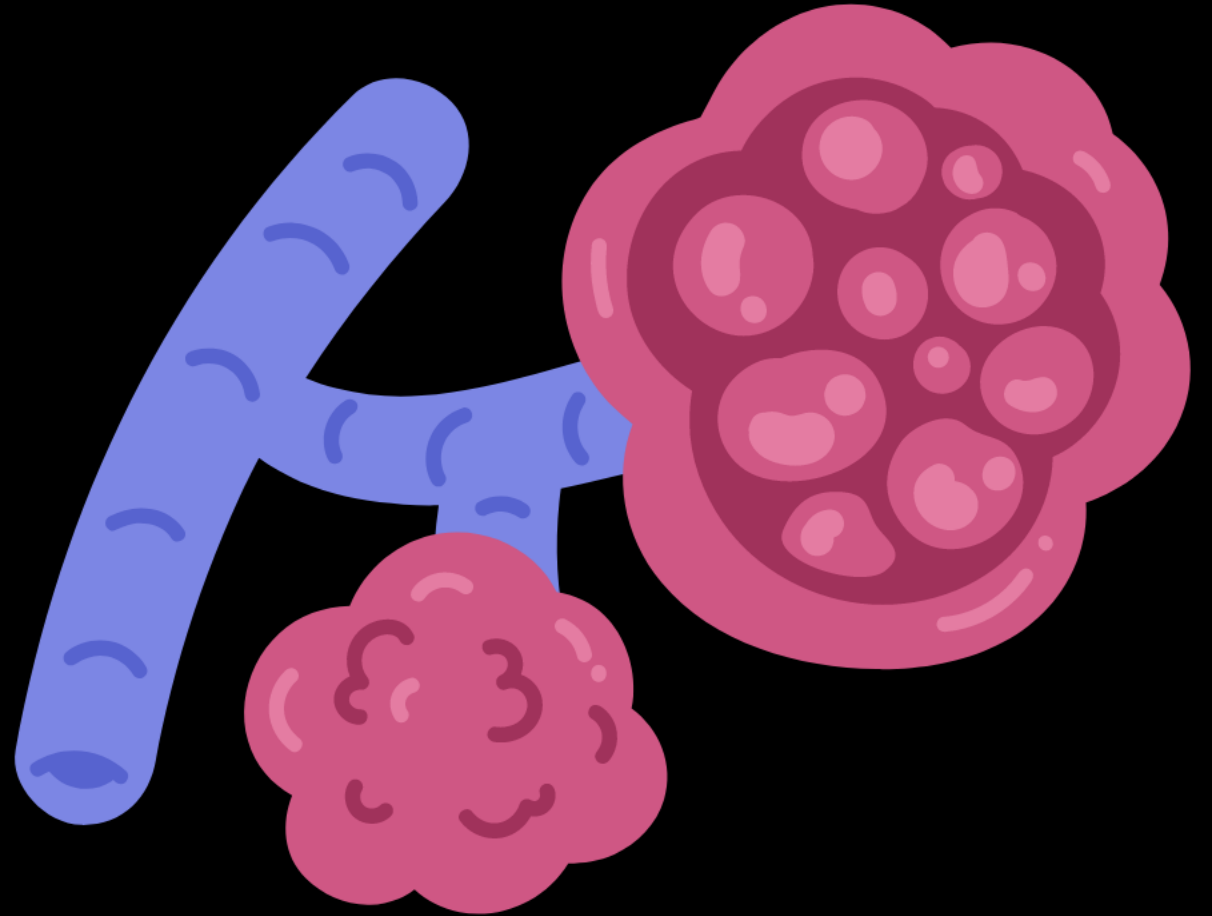
# PEAKS IN THE SUMMER MONTHS





**BIND TO CILIA**  
**SECRETE TOXIN**  
**PARALYZE CILIA**

**PRESENTS LIKE  
BRONCHIOLITIS**



# PAROXYSMAL

PAROXYSMS OF COUGING  
LONG INSPIRATORY WHOOP  
POSTTUSSIVE EMESIS  
CYANOSIS  
EXHAUSTION

CORYZA  
FEVER  
MILD COUGH  
APNEA

CATARRHAL

RECOVERY  
RESIDUAL COUGH

CONVALESCENT



# PERTUSSIS TIMELINE



INCUBATION

5-21 DAYS

CATARRHAL

1-2 WEEKS

PAROXYSMAL

1-6 WEEKS

CONVALESCENT

WEEKS TO MONTHS

COMMUNICABLE  
ONSET + 3 WEEKS



SYMPTOM  
ONSET

EXPOSURE

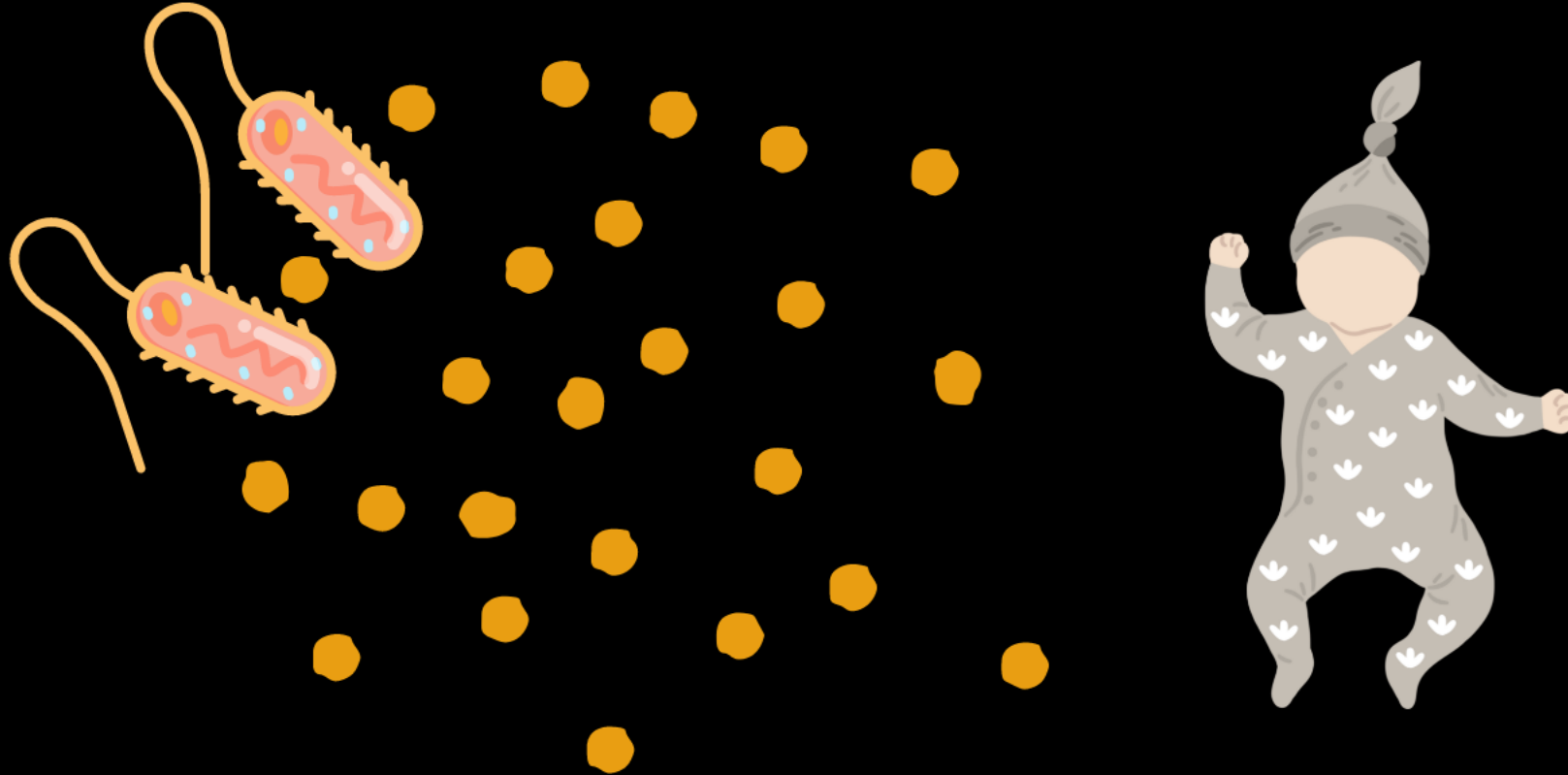
# NOT ALL PATIENTS HAVE THE CLASSIC COUGH

ONLY 1/3 OF  
ADULTS  
DEVELOP THE  
WHOOOP



INFANTS CAN  
PRESENT WITH  
APNEA AND  
NO OTHER  
SYMPTOMS

# PERTUSSIS TOXIN CAN INCREASE EXCRETION OF INSULIN



**HYPOGLYCEMIA**

**HYPOGLYCEMIA**  
**ABSENCE OF FEVER**  
**TACHYPNEA**  
**BRADYCARDIA**  
**CYANOSIS**  
**APNEA**



# PERTUSSIS COMPLICATIONS

SUBDURAL HEMATOMA  
ENCEPHALOPATHY  
SEIZURES

PERIORBITAL EDEMA  
SUBCONJUNCTIVAL  
HEMORRHAGE  
PETECHIAE  
EPISTAXIS



HEMOPTYSIS  
SUBCUTANEOUS  
EMPHYSEMA  
PNEUMOTHORAX  
PNEUMOMEDIASTINUM  
DIAPHRAGMATIC RUPTURE

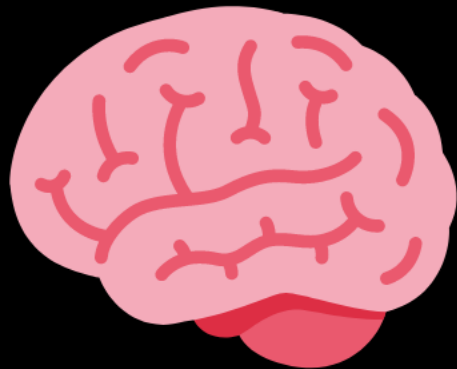
UMBILICAL HERNIA  
INGUINAL HERNIA  
RECTAL PROLAPSE

# HOSPITALIZED INFANTS



**68% APNEA**

**22% PNEUMONIA**



**2% SEIZURES**

**0.6% ENCEPHALOPATHY**

**1% WILL NOT  
SURVIVE TO  
DISCHARGE**



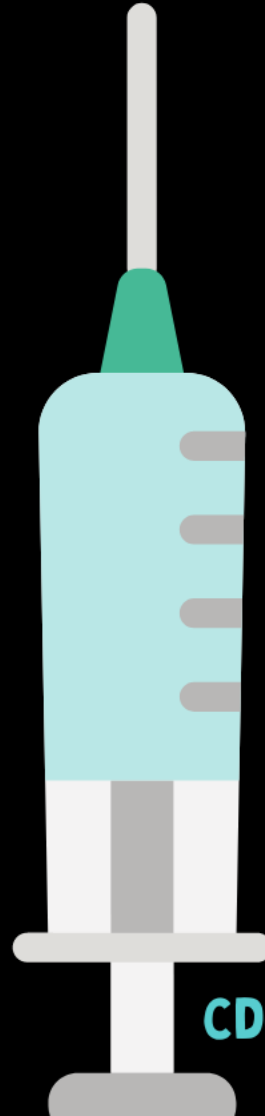


**MOST COMMON  
CAUSE OF  
DEATH:**

**SECONDARY  
BACTERIAL  
PNEUMONIA**

# TDAP VACCINE IN THIRD TRIMESTER

**PREVENTS 78% OF  
PERTUSSIS  
INFECTIONS IN  
INFANTS < 2 MONTHS  
OF AGE**



**90% EFFECTIVE IN  
PREVENTING  
INFANT  
HOSPITALIZATION  
FOR PERTUSSIS**

[CDC.GOV](https://www.cdc.gov)



**CONSIDER PERTUSSIS**  
**IN PATIENTS WITH COUGH LASTING**  
**LONGER THAN 2 WEEKS**



**27%**



**OF ADULTS WITH PROLONGED COUGH HAVE**  
**SEROLOGIC EVIDENCE OF PERTUSSIS**

# DIAGNOSIS

## LABS



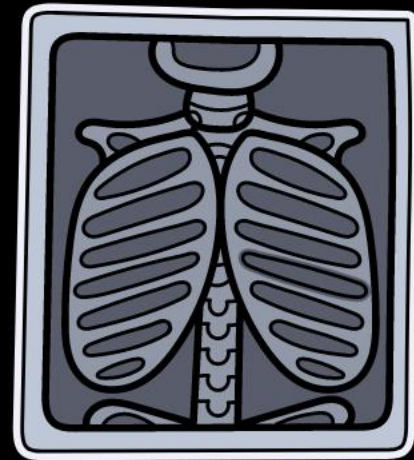
**MARKED  
LEUKOCYTOSIS**

**15-100 THOUSAND/MM<sup>3</sup>**

**LYMPHOCYTOSIS**



## CXR



**NONSPECIFIC**

**SEND NP SWAB FOR:**



**DIAGNOSIS**



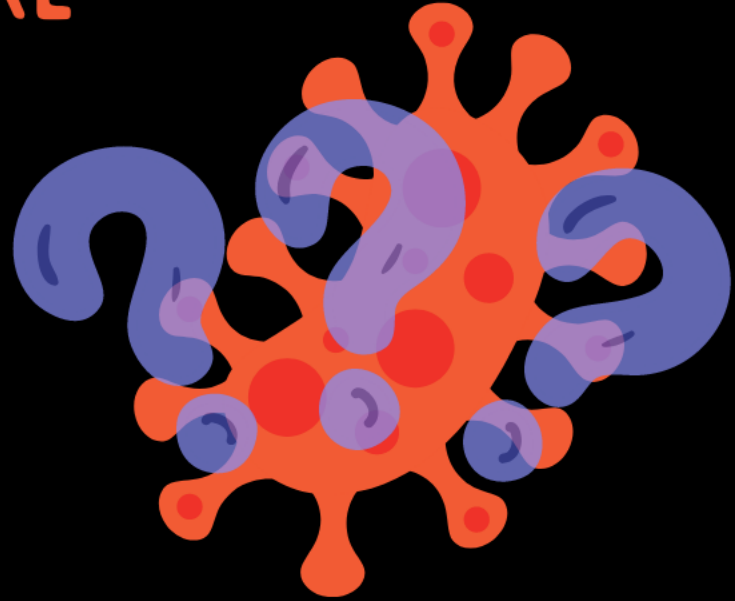
**PCR  
FASTER**

**AND**



**CULTURE  
100% SPECIFIC**

START ANTIBIOTICS HERE



COMMUNICABLE  
ONSET + 3 WEEKS

INCUBATION

5-21 DAYS

CATARRHAL

1-2 WEEKS

PAROXYSMAL

1-6 WEEKS

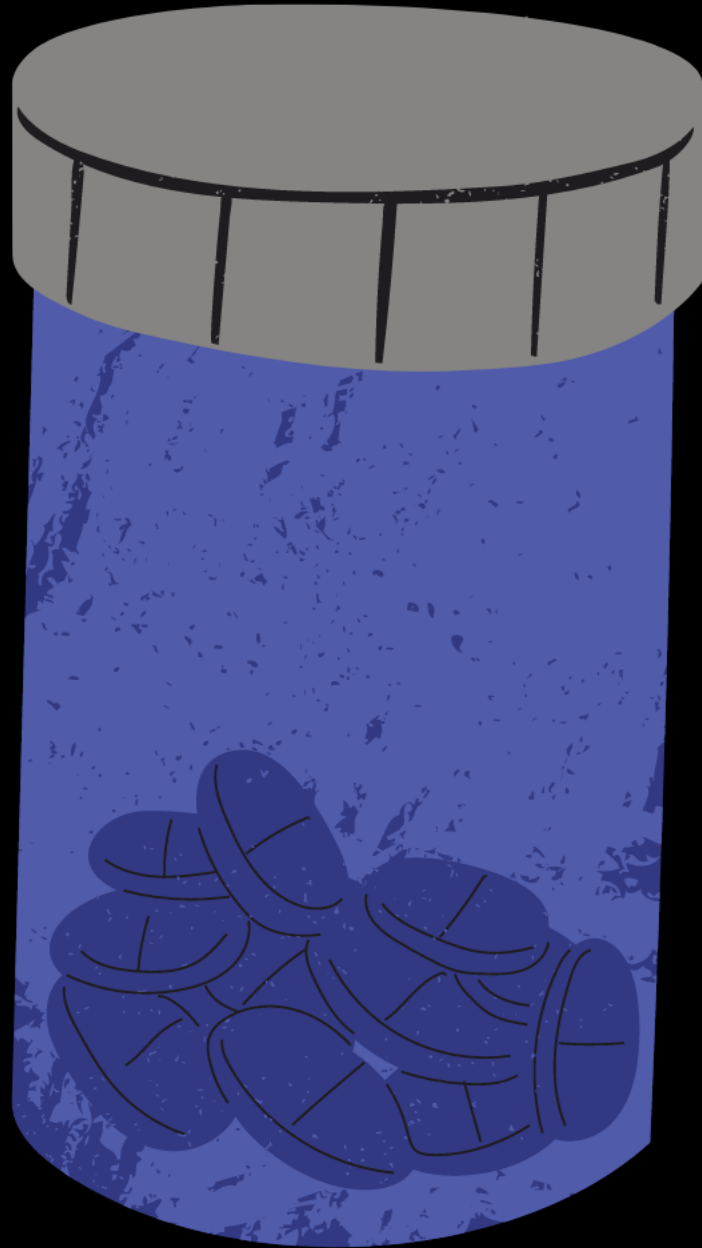
CONVALESCENT

WEEKS TO MONTHS

EXPOSURE

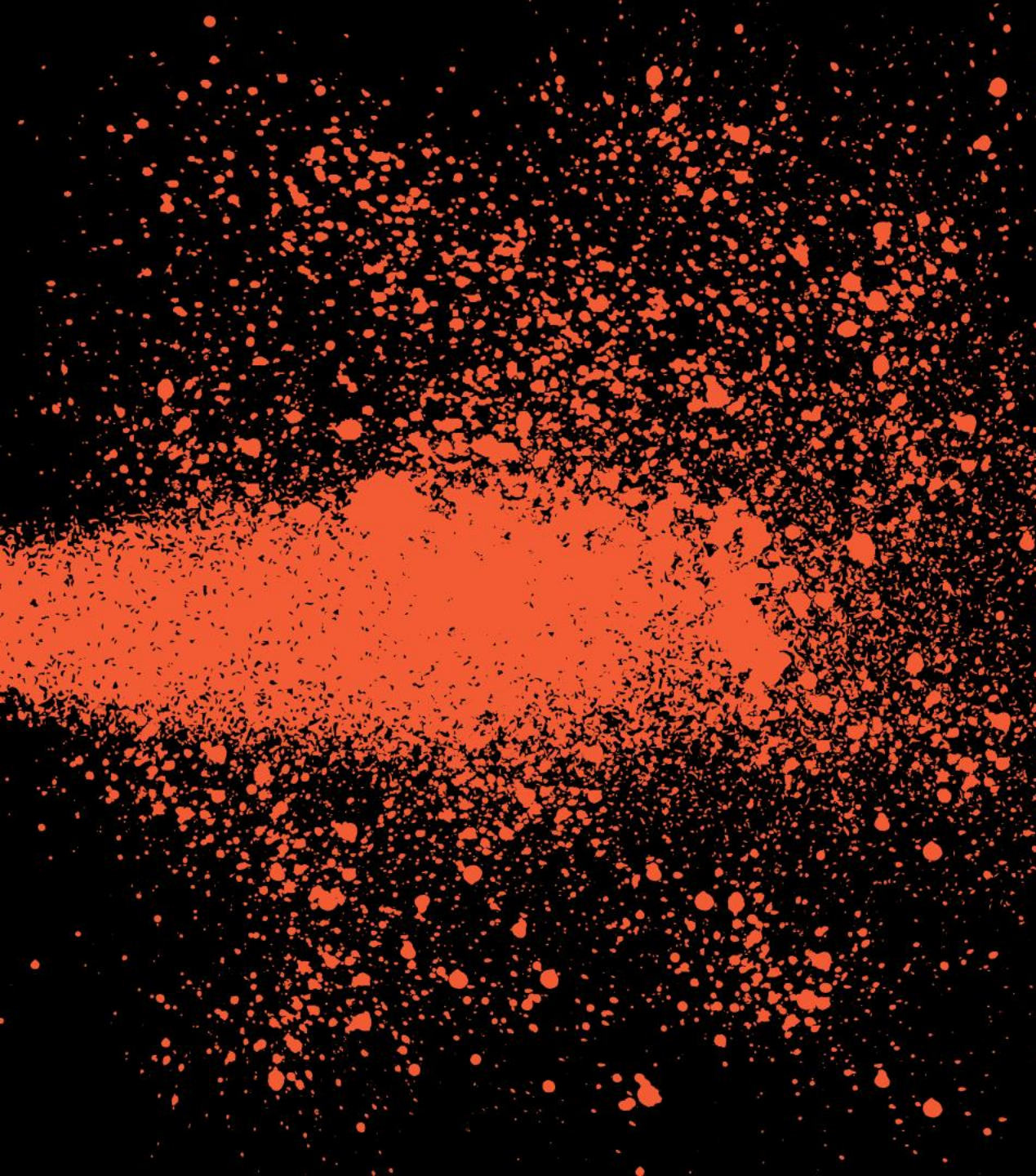
↑  
SYMPTOM  
ONSET

**ANTIBIOTIC  
TREATMENT  
DOES NOT  
SIGNIFICANTLY  
REDUCE THE  
SEVERITY OR  
DURATION OF  
ILLNESS**



**UNLESS  
STARTED  
DURING  
WEEKS 1-2**

**BEFORE THE  
PAROXYSMAL  
COUGH  
BEGINS**



**THE GOAL OF  
ANTIBIOTICS  
IS TO  
DECREASE  
TRANSMISSION**

# CDC TREATMENT GUIDELINES



**UP TO 3 WEEKS**  
**AFTER ONSET OF COUGH**



**UP TO 6 WEEKS**

# **MACROLIDES**

**ERYTHROMYCIN  
CLARITHROMYCIN  
AZITHROMYCIN**





# POSTEXPOSURE PROPHYLAXIS



**HOUSEHOLD  
CONTACTS**



**PEOPLE AT HIGH RISK  
FOR SEVERE DISEASE  
AND THEIR CONTACTS**

**[HTTPS://WWW.CDC.GOV/PERTUSSIS/PEP.HTML](https://www.cdc.gov/pertussis/pep.html)**

Pediatric Clinicians Play a Critical Role in  
**RECOGNIZING INFANT PERTUSSIS**

**apnea**

**coryza**

**exhaustion**

**low-grade fever**

**paroxysms**

**minimal coughing**

**no "whoop" posttussive vomiting**



Infants may not have classic symptoms.  
**Think about pertussis!**

[cdc.gov/pertussis/clinical](https://cdc.gov/pertussis/clinical)



# **PNEUMOCONIOSES**

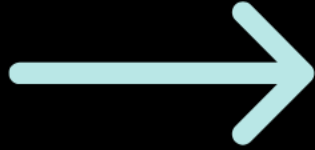
# COAL WORKERS PNEUMOCONIOSIS



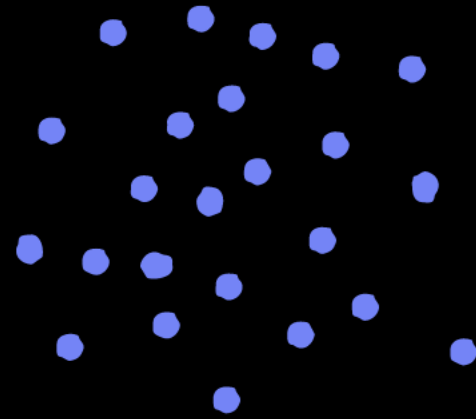
# ASBESTOSIS SILICOSIS



**DUST EXPOSURE**



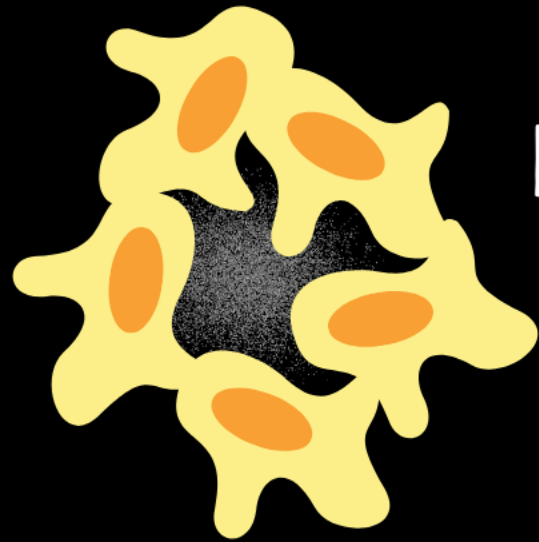
**INFLAMMATORY  
CYTOKINE RELEASE**



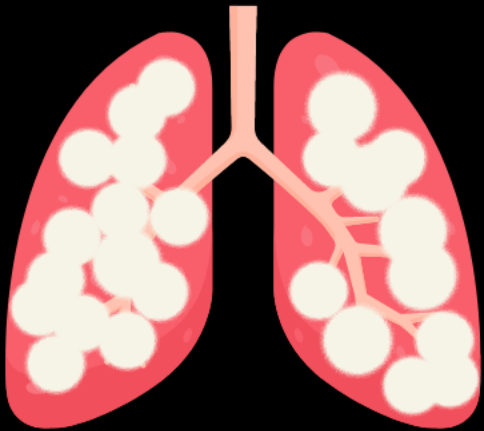
**ACTIVATION OF  
FIBROBLASTS**

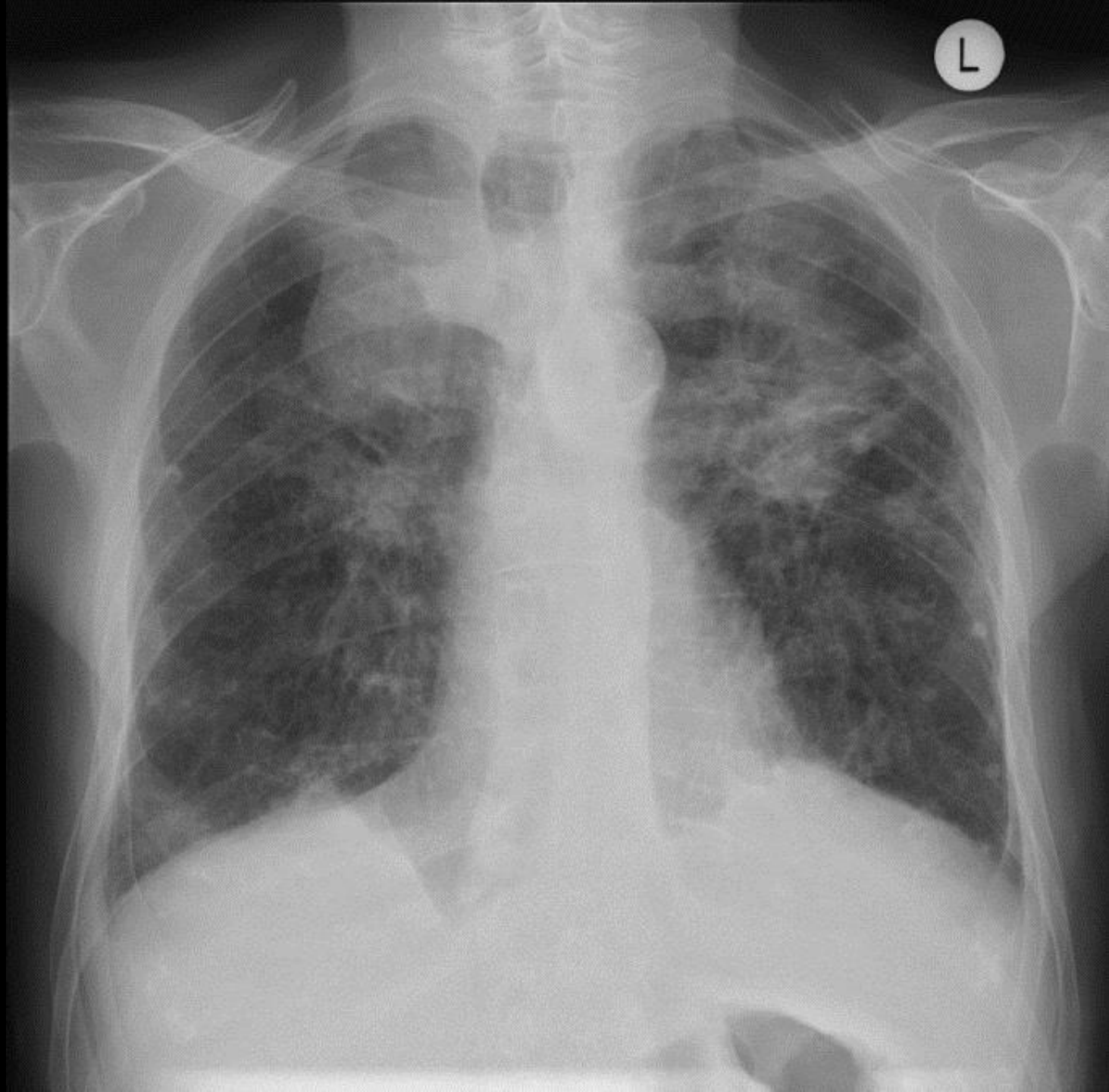


**FIBROBLASTS  
SURROUND  
DUST**

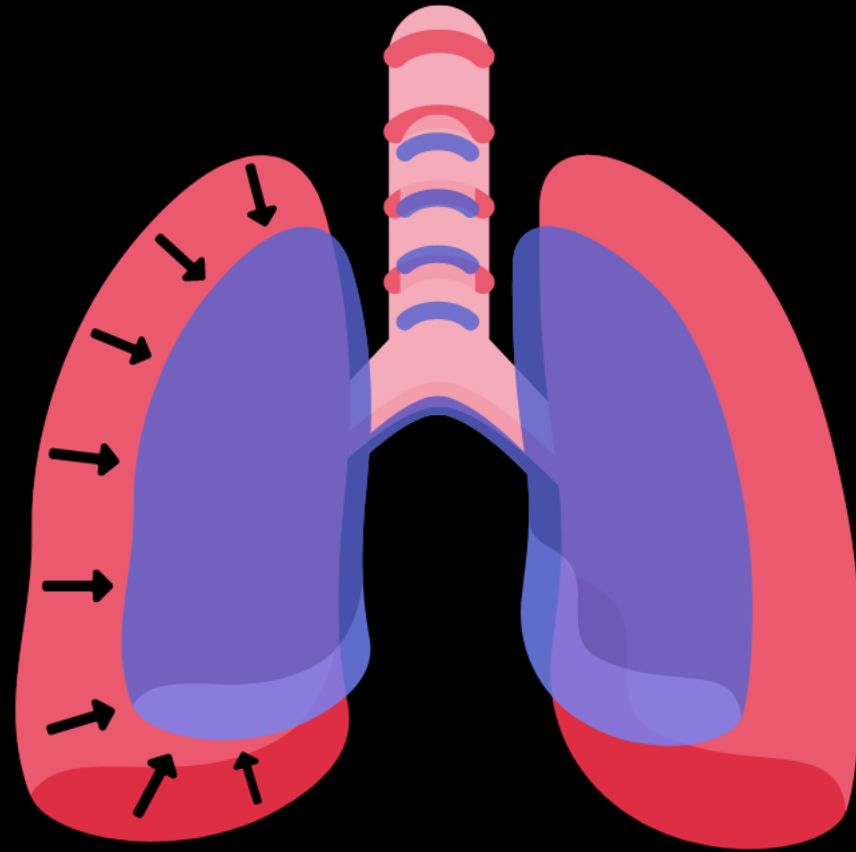


**NODULES  
LEAD TO  
FIBROSIS**

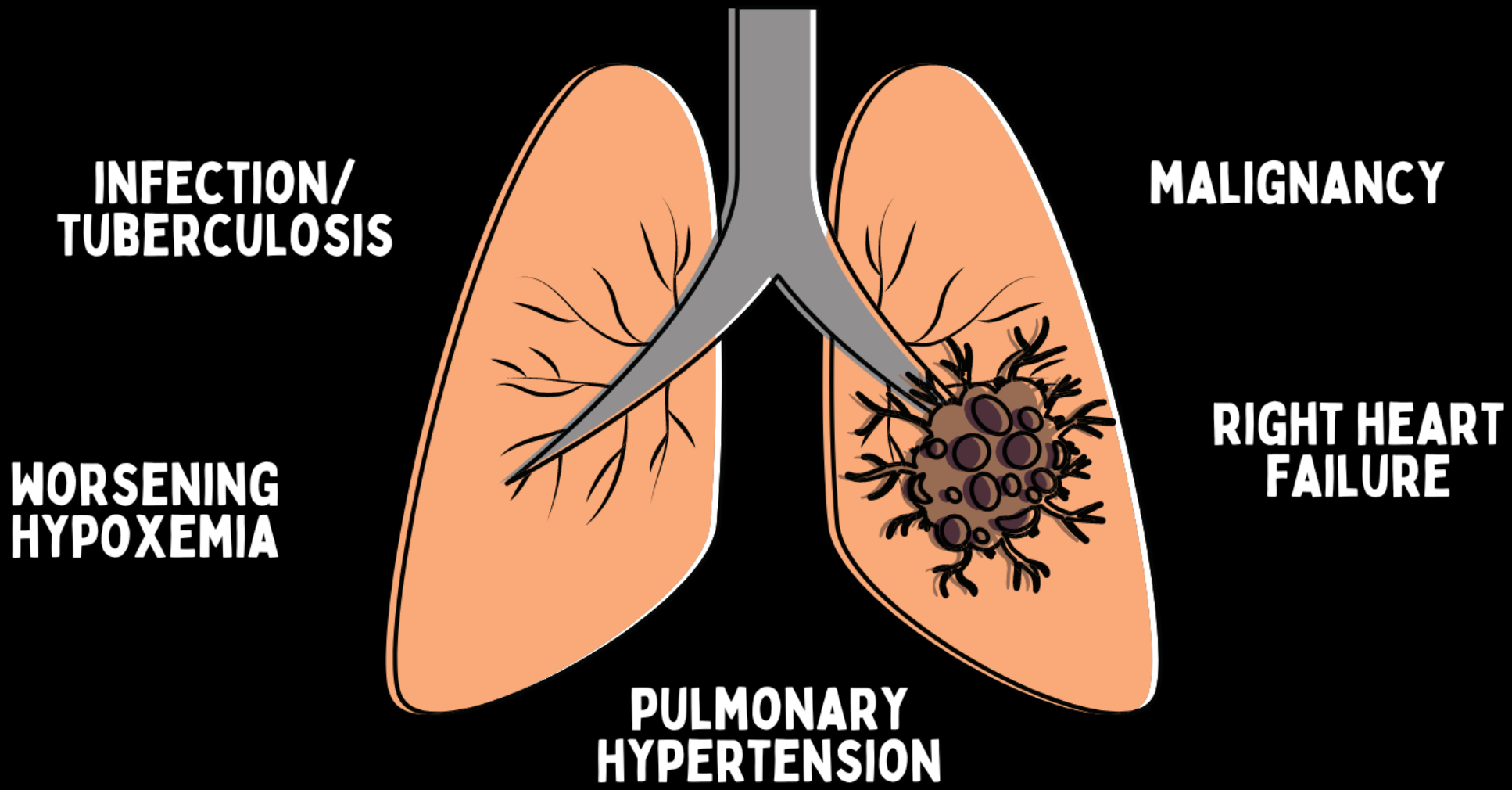




# FIBROSIS LEADS TO RESTRICTIVE LUNG DISEASE



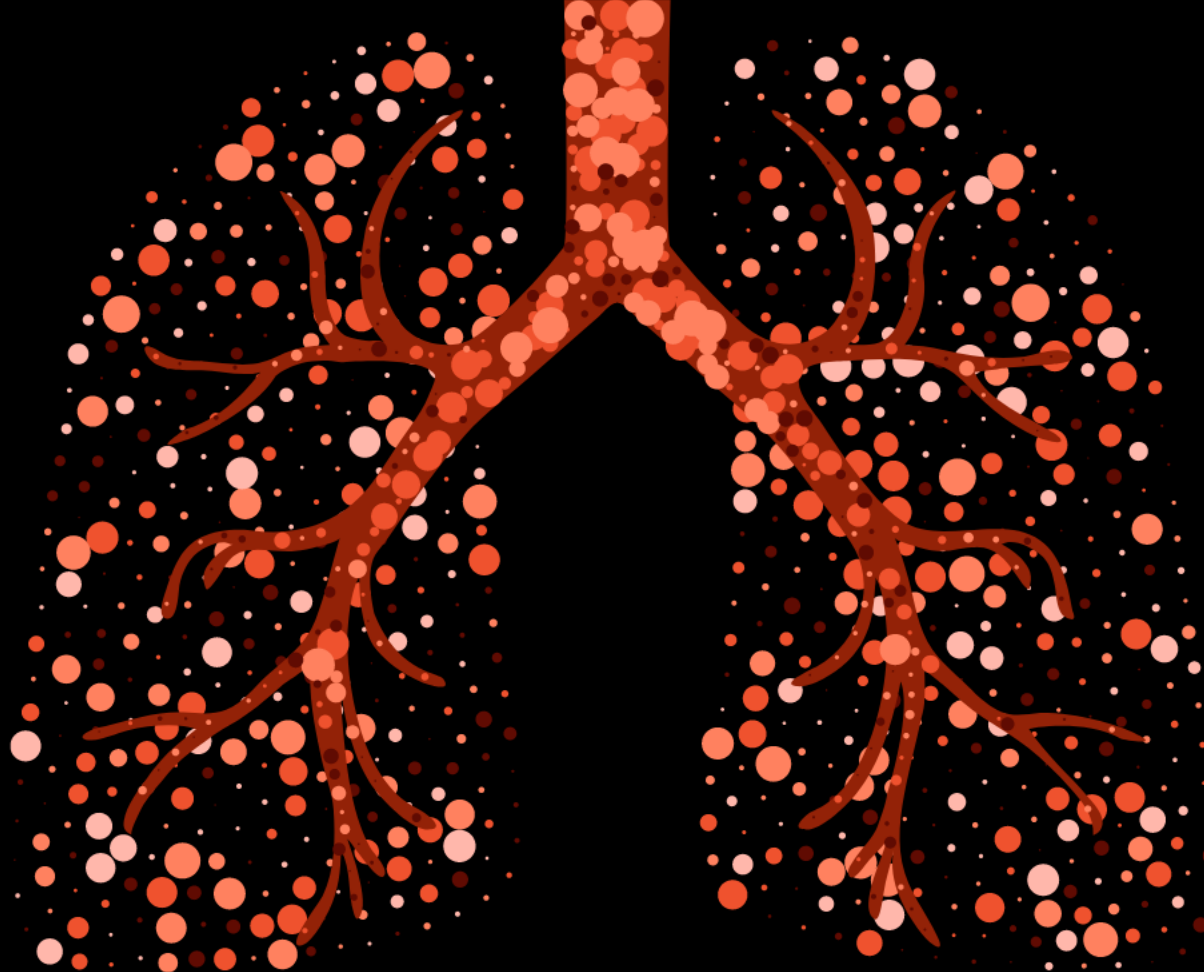
# ED CONCERNS







**INHALED TOXINS**



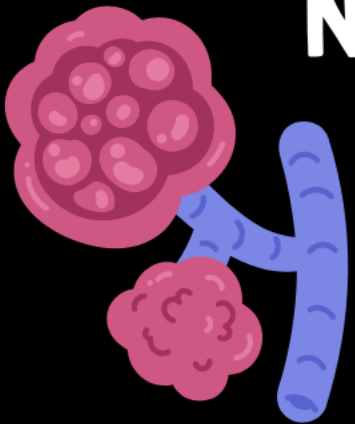
**ASPHYXIANTS**

**PULMONARY  
IRRITANTS**

# ASPHYXIANTS

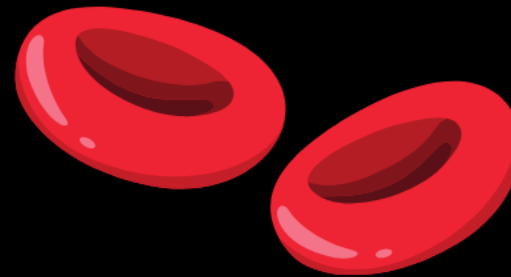
## SIMPLE

CARBON DIOXIDE  
METHANE  
NITROGEN  
NITROUS OXIDE  
HELIUM



## CHEMICAL

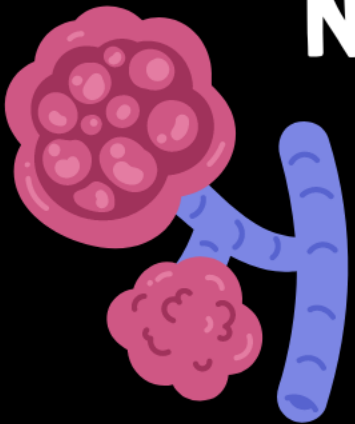
CARBON MONOXIDE  
HYDROGEN CYANIDE  
HYDROGEN SULFIDE



# ASPHYXIANTS

## SIMPLE

CARBON DIOXIDE  
METHANE  
NITROGEN  
NITROUS OXIDE  
HELIUM

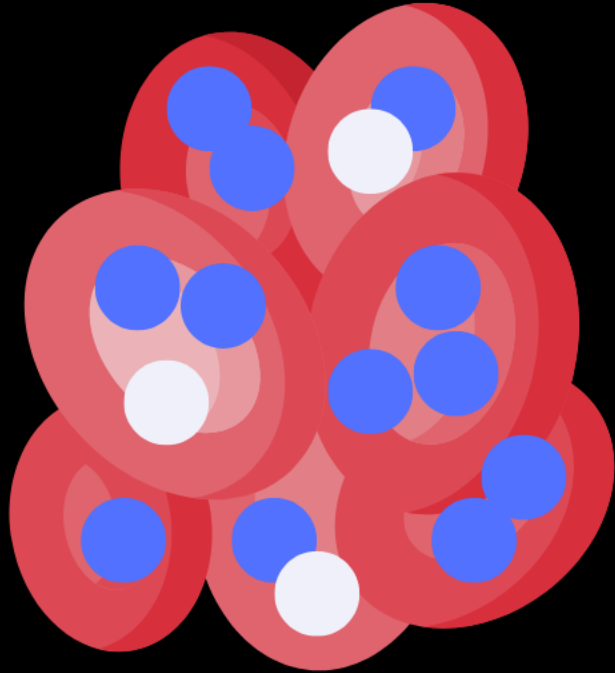


## CHEMICAL

CARBON MONOXIDE  
HYDROGEN CYANIDE  
HYDROGEN SULFIDE



# SIMPLE ASPHYXIANTS DISPLACE OXYGEN



**REDUCE FI02**



# New Execution Method Touted as More 'Humane,' but Evidence Is Lacking

A legal battle over nitrogen hypoxia, a new potential method of execution, raises ethical questions

By Dana G. Smith on September 23, 2022

**npr** NORTH CAROLINA public radio SIGN IN NPR SHOP DONATE

NEWS CULTURE MUSIC PODCASTS & SHOWS SEARCH

NATIONAL

Alabama could use nitrogen hypoxia for executions in death sentences. What is it?

September 13, 2022 · 4:15 AM ET

AYANA ARCHIE



Officials escort murder suspect Alan Eugene Miller away from the Palham City Jail in Ala., on Aug. 5, 1999. Miller, scheduled to be put to death by lethal injection on Sept. 22, 2022, for a workplace shooting rampage in 1999 that killed three men, says the state lost the paperwork he turned in selecting an alternate execution method.

Dave Martin/AP



A lethal injection execution chamber in Texas. A new execution method would instead involve nitrogen hypoxia. Credit: Bernd Obermann/Getty Images

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U.S. NEWS

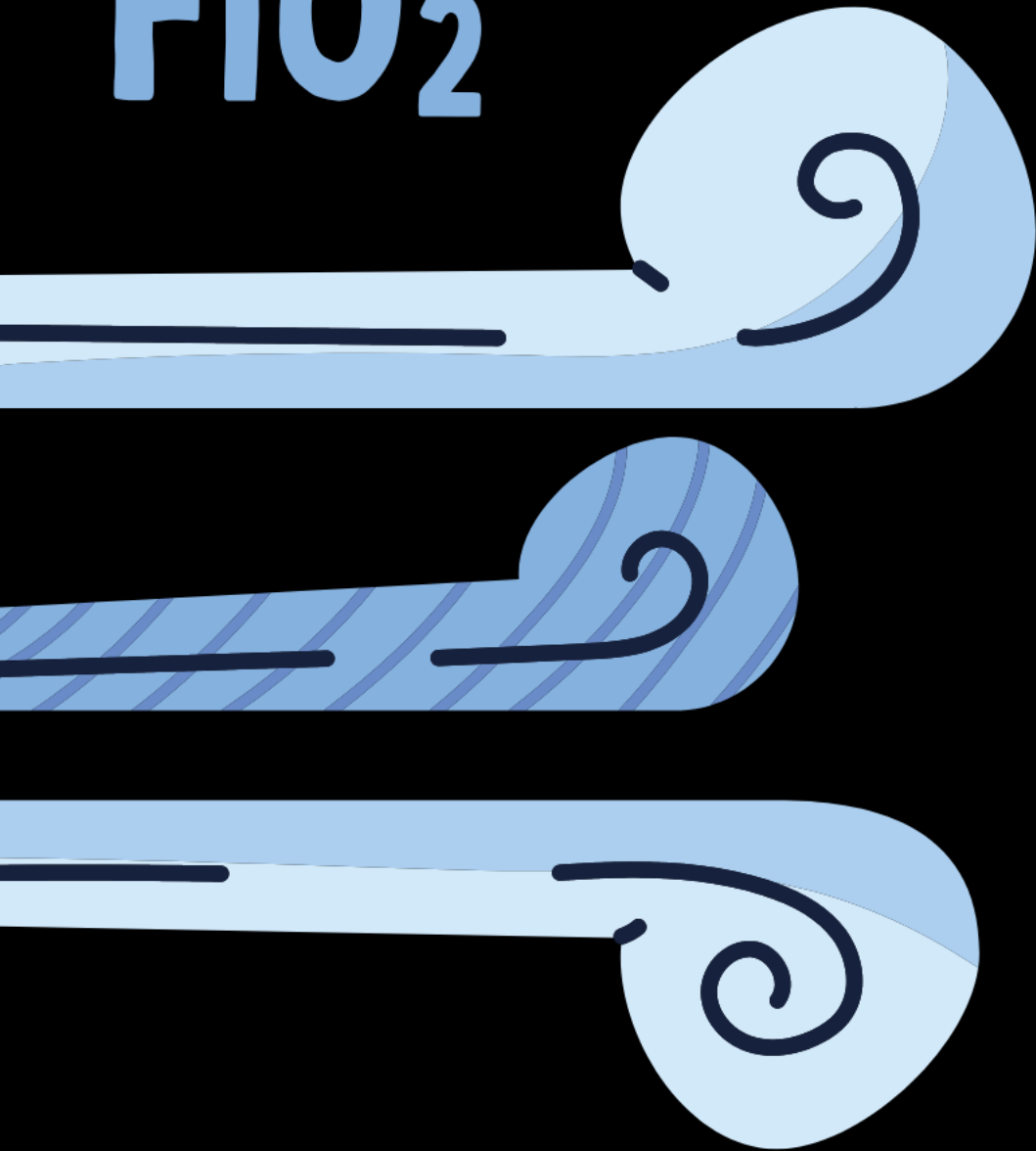
**Alabama not ready to execute by nitrogen hypoxia, which would have forced inmate to breathe only nitrogen**

Alan Miller, convicted of killing three men in 1999, had requested the method for his Sept. 22 execution. Officials said they are ready to use lethal injection, instead.



Officials escort Alan Eugene Miller from the Palham City Jail in Alabama on Aug. 5, 1999. Dave Martin / AP File

**FIO<sub>2</sub>**



**21%**

**NORMAL**

**15%**

**TACHYPNEA  
TACHYCARDIA  
DYSPNEA  
ATAXIA  
DIZZINESS  
CONFUSION**

**10%**

**CEREBRAL EDEMA  
LETHARGY**

**6%**

**SEIZURES  
COMA  
DEATH**

# ED MANAGEMENT

**MINOR/RESOLVING  
SYMPTOMS**



**SUPPORTIVE CARE  
OBSERVE 6 HOURS  
DISCHARGE**

**SIGNIFICANT  
SYMPTOMS**



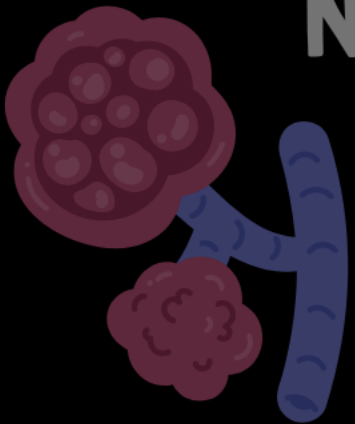
**ADMIT FOR  
OBSERVATION**



# ASPHYXIANTS

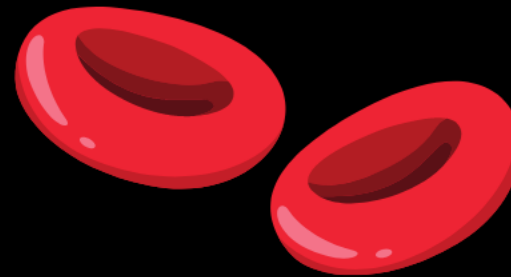
## SIMPLE

CARBON DIOXIDE  
METHANE  
NITROGEN  
NITROUS OXIDE  
HELIUM



## CHEMICAL

CARBON MONOXIDE  
HYDROGEN CYANIDE  
HYDROGEN SULFIDE



# CHEMICAL ASPHYXIANTS

AFFECT DELIVERY AND  
CONSUMPTION OF OXYGEN

CARBON MONOXIDE

HYDROGEN CYANIDE  
HYDROGEN SULFIDE

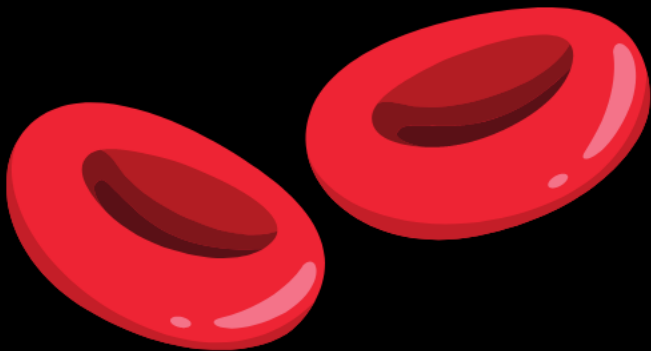


# CHEMICAL ASPHYXIANTS

AFFECT DELIVERY AND  
CONSUMPTION OF OXYGEN

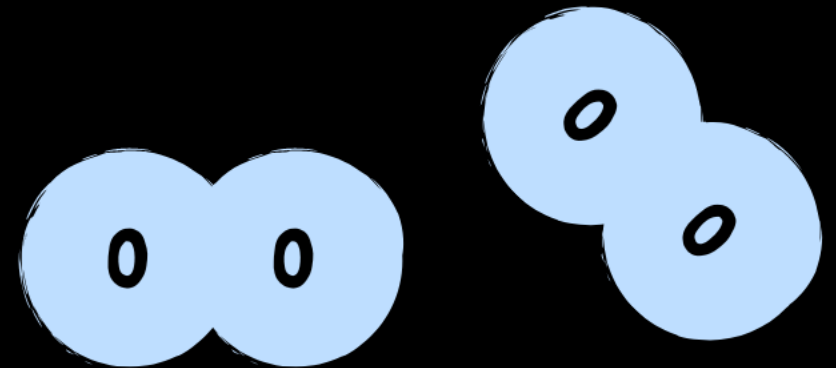
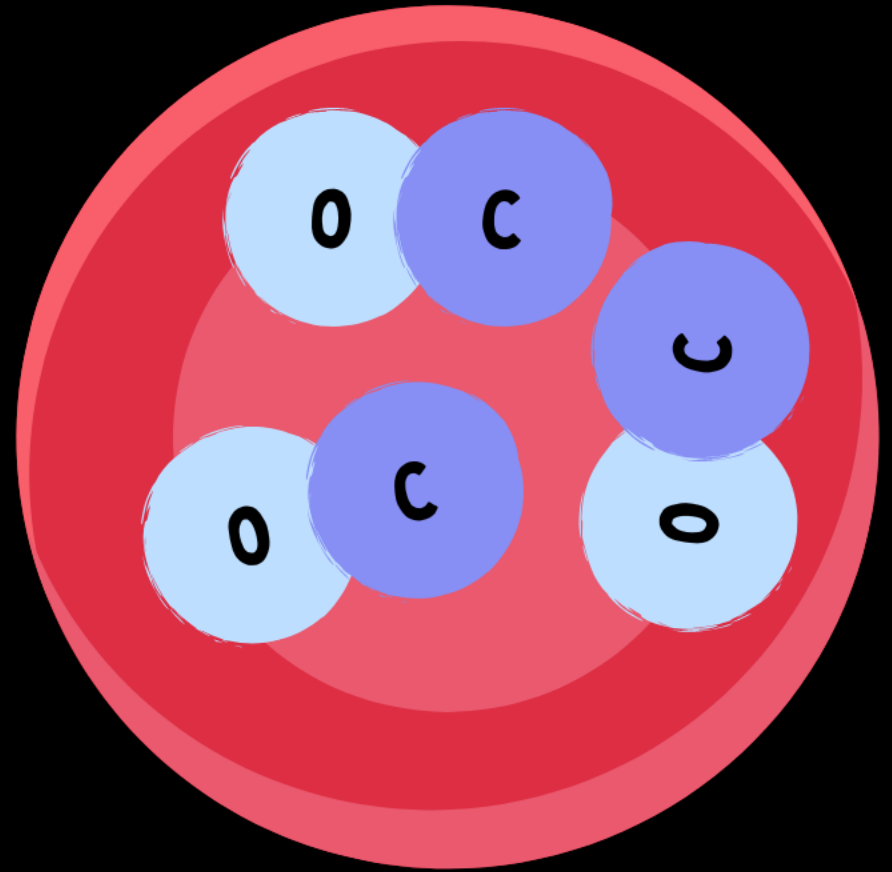
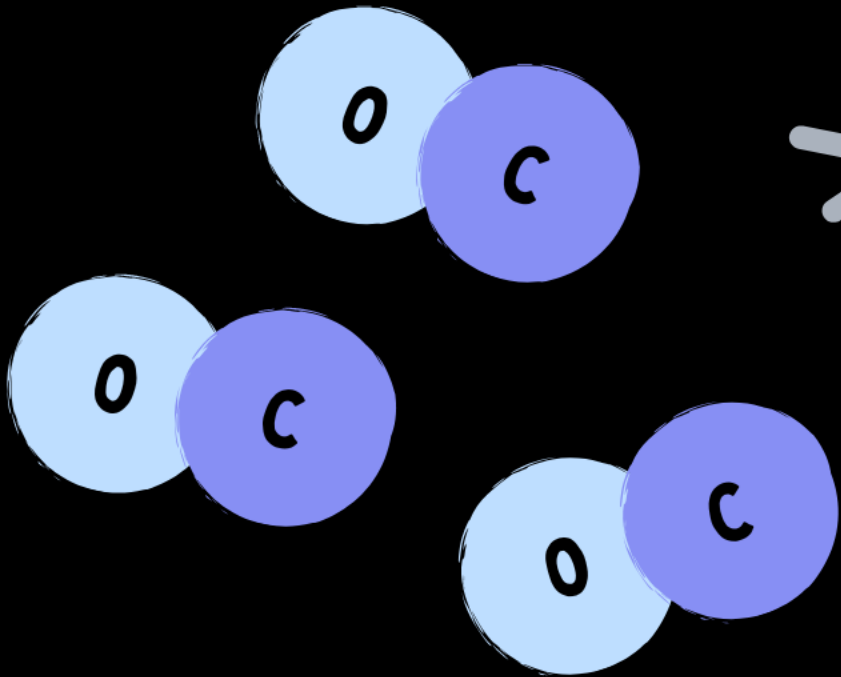
CARBON MONOXIDE

HYDROGEN CYANIDE  
HYDROGEN SULFIDE

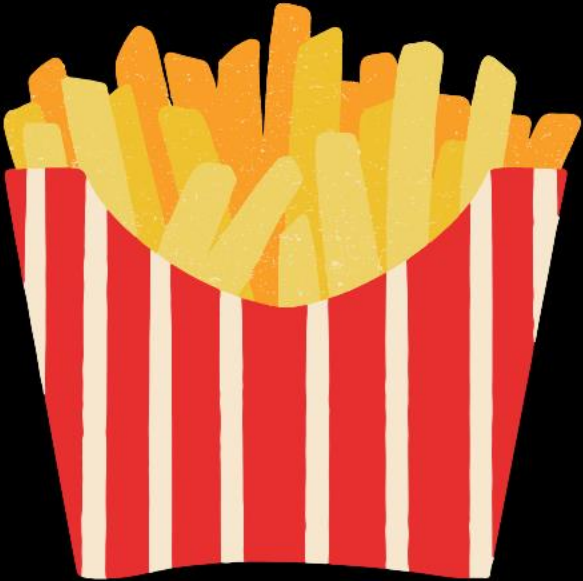


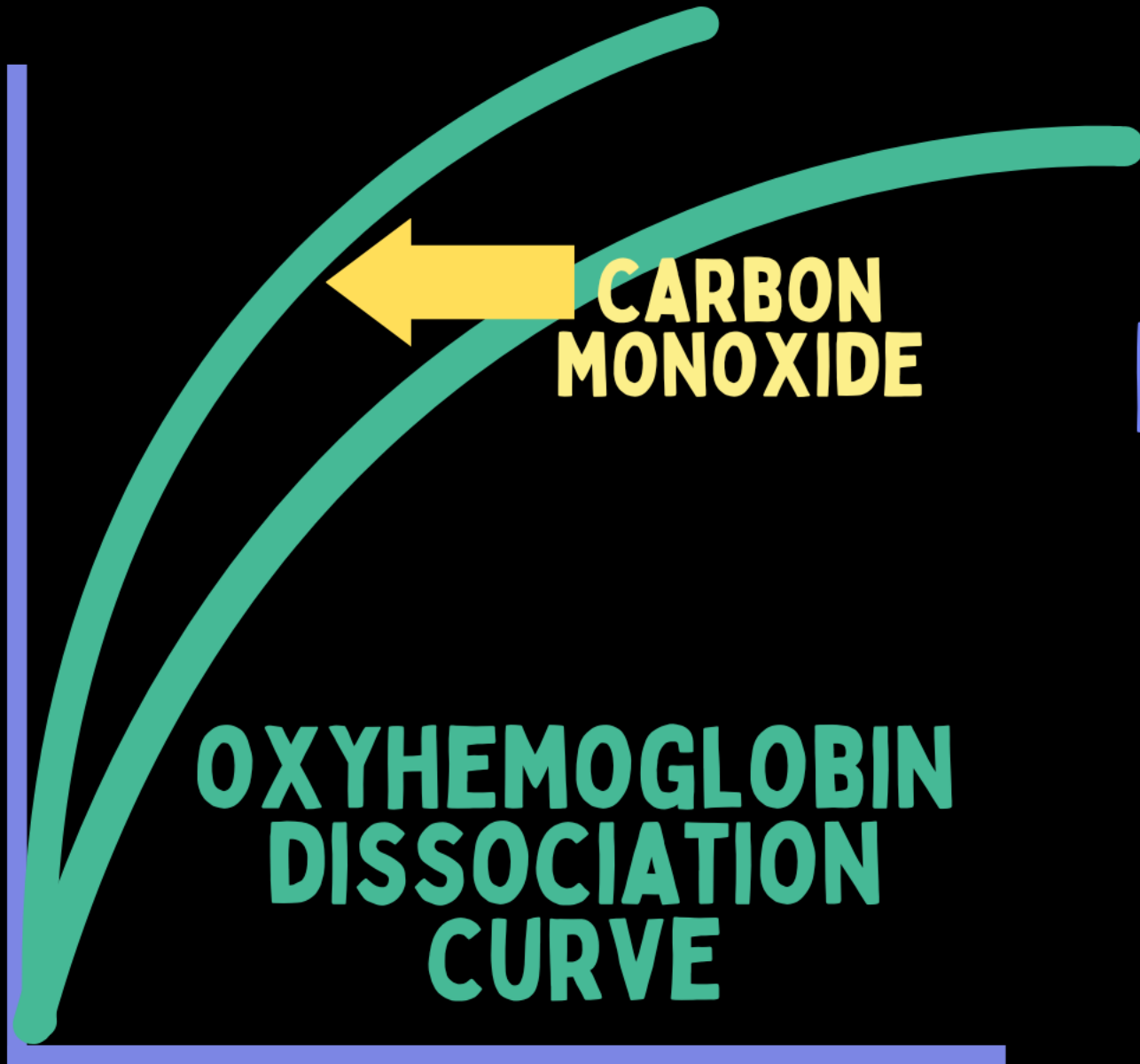
# CARBON MONOXIDE

200x



200x





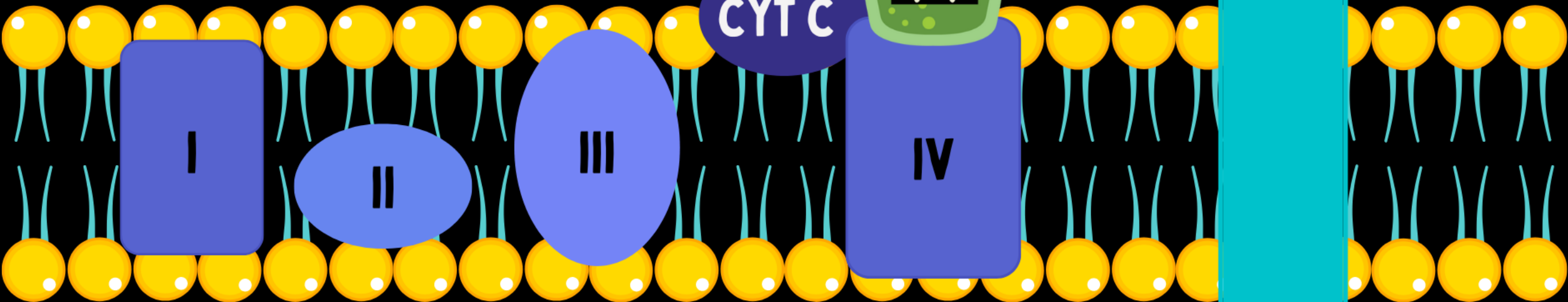
**HARDER TO  
UNLOAD  
OXYGEN**



**CARBON MONOXIDE**



**CYT C**



**ELECTRON  
TRANSPORT CHAIN**

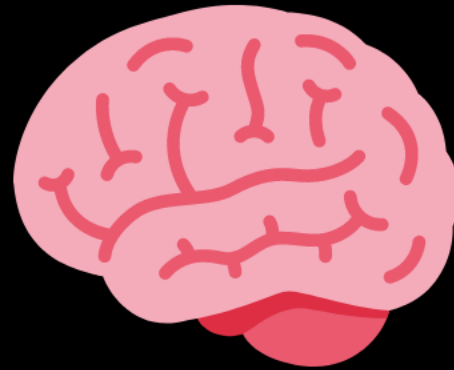
**ADP**

**ATP**

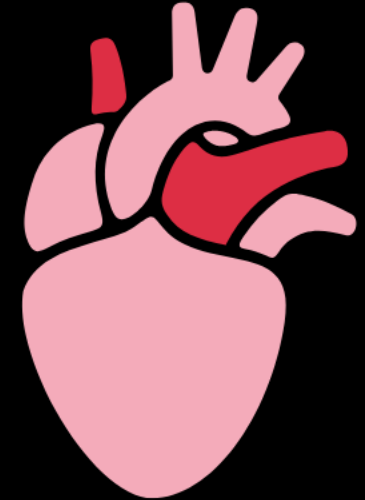
# CARBON MONOXIDE POISONING



**METABOLIC  
ACIDOSIS**



**ALTERED MENTAL STATUS  
SEIZURES  
COMA**



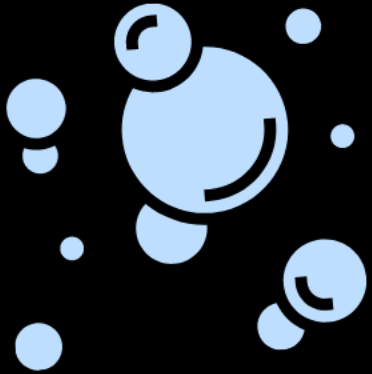
**HYPOTENSION  
CARDIAC ARREST**



# CARBON MONOXIDE POISONING

100% OXYGEN

REDUCES HALF  
LIFE OF COHB  
FROM 5 HOURS TO



NORMOBARIC

1 HOUR



HYPERBARIC

0.5 HOUR

# CHEMICAL ASPHYXIANTS

AFFECT DELIVERY AND  
CONSUMPTION OF OXYGEN

CARBON MONOXIDE

HYDROGEN CYANIDE  
HYDROGEN SULFIDE

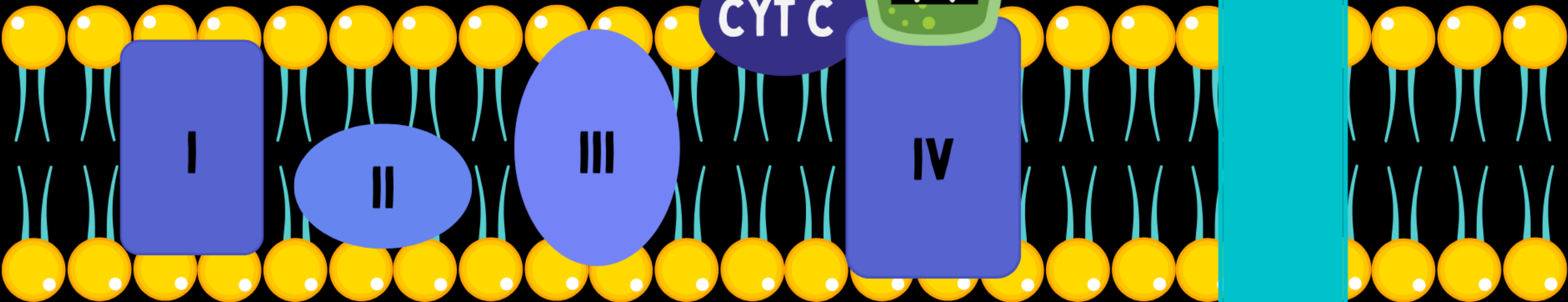




**HYDROGEN CYANIDE  
HYDROGEN SULFIDE**



**CYT C**



**ELECTRON  
TRANSPORT CHAIN**

**ADP**

**ATP**

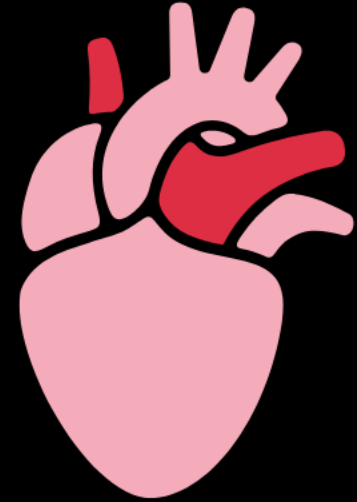
# CYANIDE TOXICITY



**PROFOUND  
LACTIC  
ACIDOSIS**



**SEIZURES  
COMA**



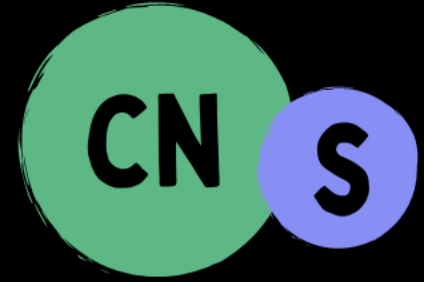
**DYSRHYTHMIA  
CARDIOVASCULAR  
COLLAPSE**



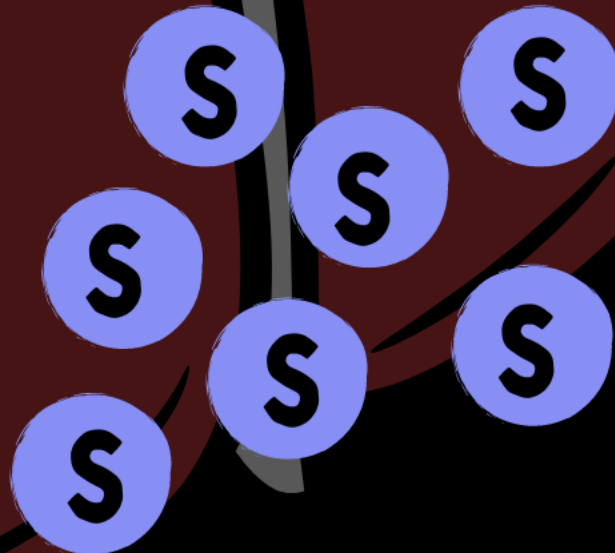
**CYANIDE**



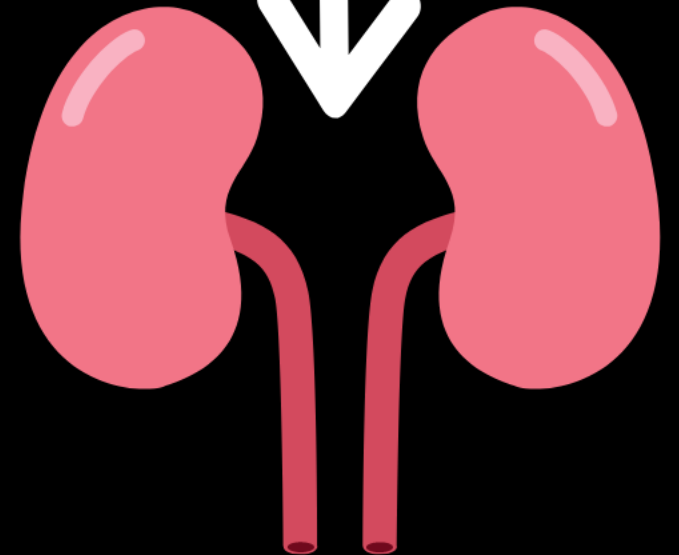
**RHODANESE  
SULFUR TRANSFERASE**

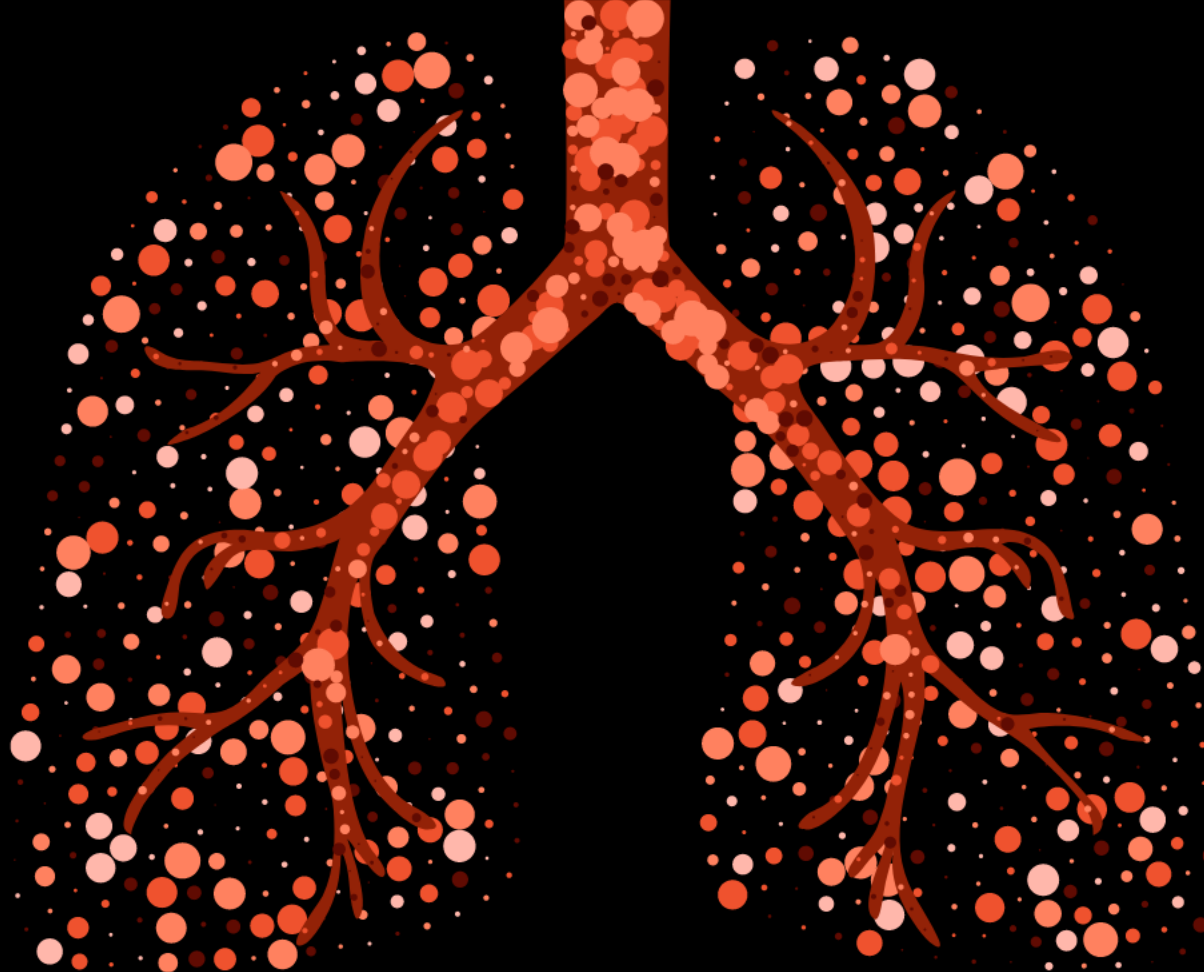


**THIOCYANATE**



**SODIUM  
THIOSULFATE**





**ASPHYXIANTS**

**PULMONARY  
IRRITANTS**



**DISSOLVE IN  
MUCUS**

**INFLAMMATORY  
RESPONSE**



**ACROLEIN**  
**AMMONIA**  
**CHLORAMINE**  
**HYDROGEN CHLORIDE**  
**HYDROGEN FLUORIDE**  
**HYDROGEN SULFIDE**  
**SULFUR DIOXIDE**

**COMBUSTION**  
**FERTILIZER**  
**CLEANING PRODUCTS**  
**TANNING INDUSTRY**  
**HYDROFLUORIC ACID**  
**ASPHALT, MINES**  
**FOSSIL FUELS**

**HIGHLY**  
**SOLUBLE**

**CHLORINE**  
**CHLOROACETOPHENONE**  
**OXIDES OF NITROGEN**  
**PHOSGENE**

**CLEANING PRODUCTS**  
**TEAR GAS, MACE**  
**ANESTHETICS**  
**COMBUSTION**

**LESS**  
**SOLUBLE**

**OZONE**  
**OXYGEN**

**ELECTROSTATIC ENERGY**  
**MEDICAL USE**

**FREE RADICAL**  
**GENERATORS**

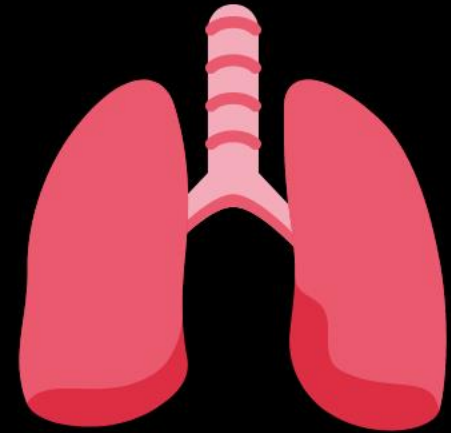
# HIGHLY SOLUBLE GASES



**LACRIMATION**  
**NASAL BURNING**



**LARYNGEAL EDEMA**  
**LARYNGOSPASM**

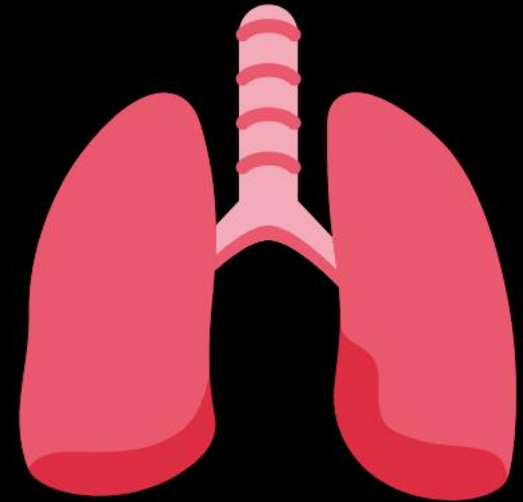


**BRONCHOSPASM**  
**ARDS**

# LESS SOLUBLE GASES



**PROLONGED EXPOSURE  
SATURATION OF ALVEOLI  
DELAYED ONSET OF SYMPTOMS**



**RESPIRATORY FAILURE  
ARDS**

# ED MANAGEMENT

## NO SYMPTOMS

- NO UPPER AIRWAY COMPLAINTS
- NORMAL VOICE
- NO ERYTHEMA
- NO EDEMA

**OBSERVE AND DISCHARGE**

## MAJOR SYMPTOMS

- ORAL/TONGUE EDEMA
- VOICE CHANGES
- ODYNOPHAGIA
- DYSPHAGIA

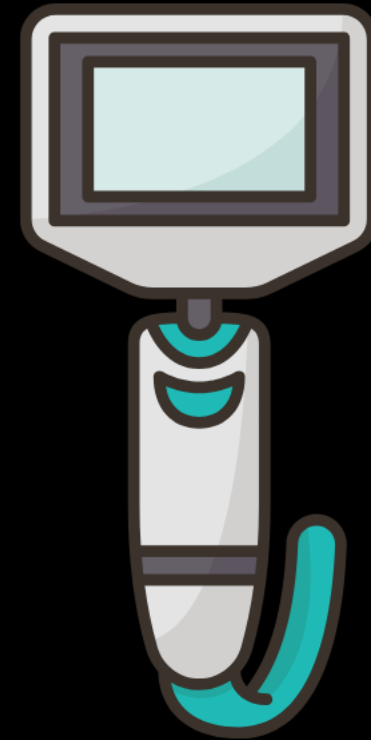
**INTUBATE EARLY**

# ED MANAGEMENT

## INTERMEDIATE SYMPTOMS

- UPPER AIRWAY DISCOMFORT
- ANY ALTERATION OF VOICE
- MILD ODYNOPHAGIA

## LARYNGOSCOPY



# ED MANAGEMENT

## BRONCHOSPASM

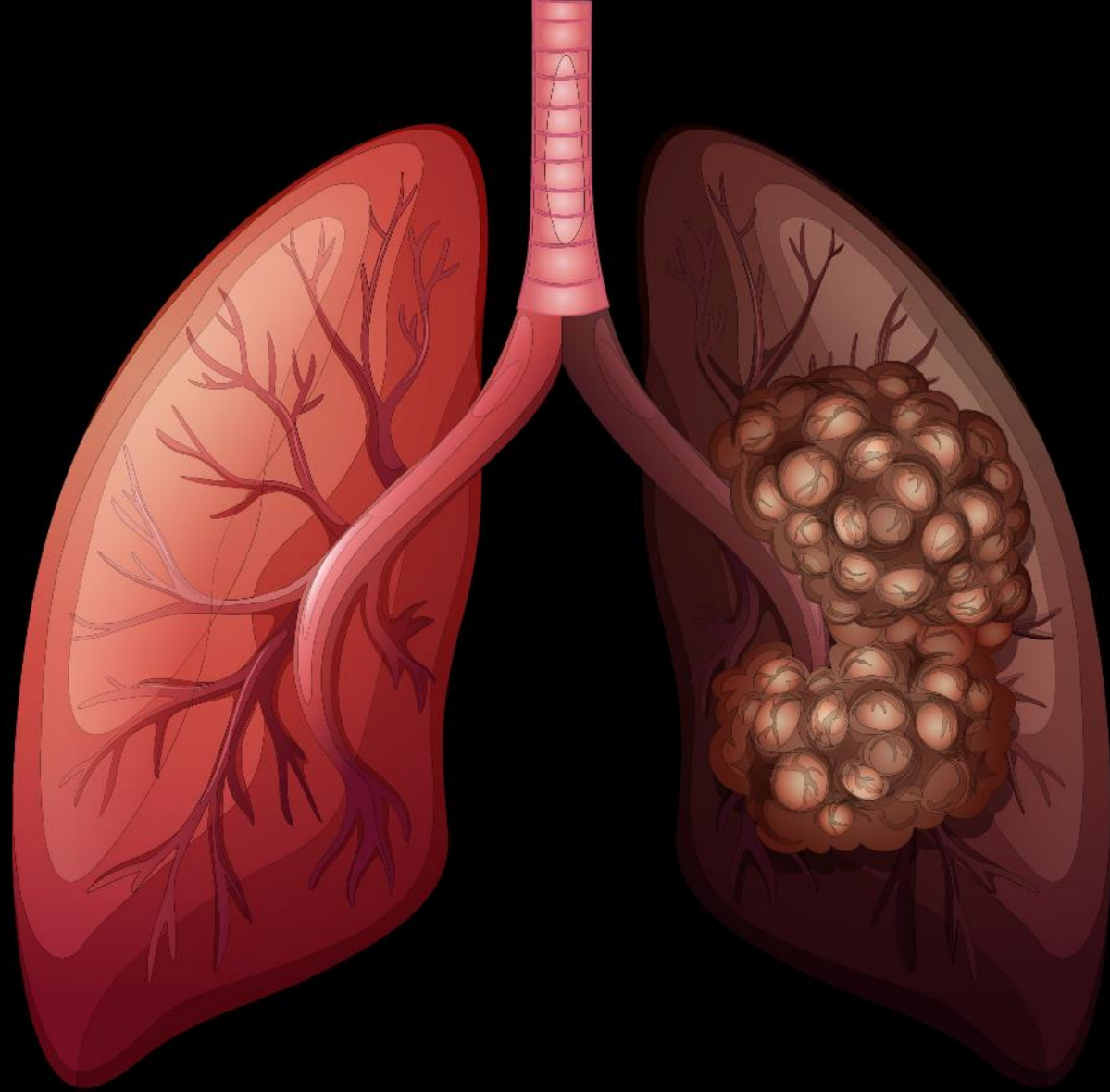
ALL  
IRRITANT  
GASES



NEBULIZED  
ALBUTEROL

CHLORINE  
HYDROGEN  
CHLORIDE

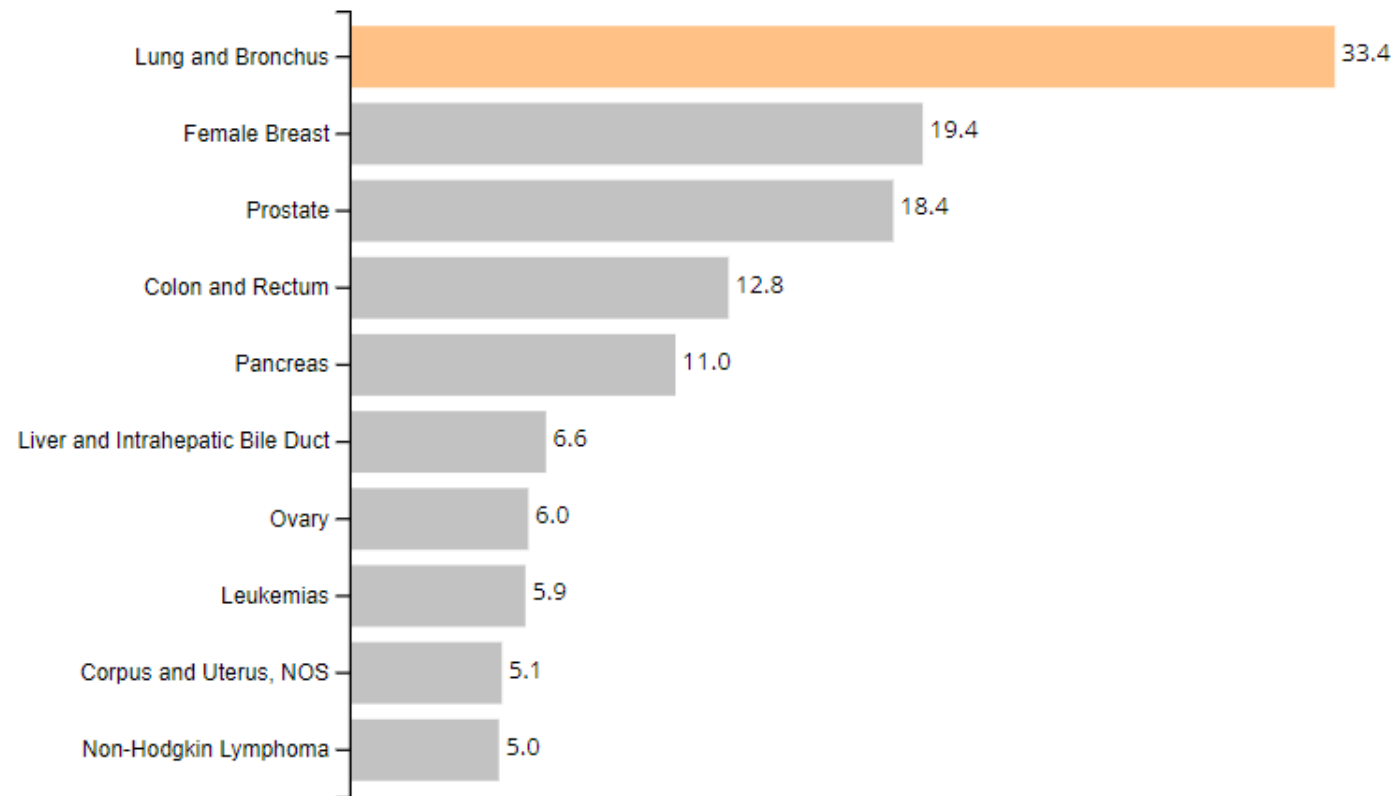
NEBULIZED  
2% SODIUM  
BICARBONATE



**LUNG  
CANCER**

# Top 10 Cancers by Rates of Cancer Deaths

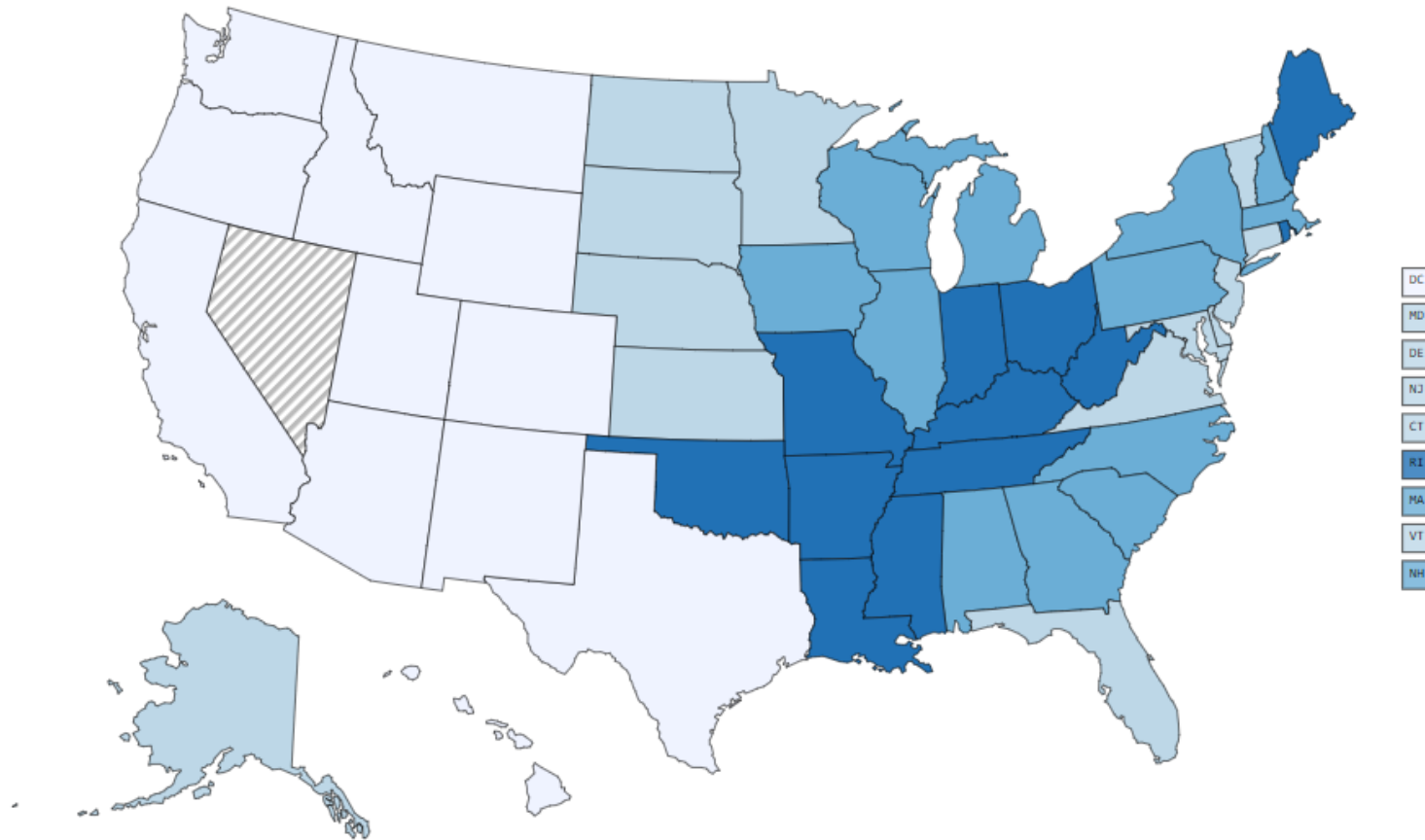
United States, 2019, All Races and Ethnicities, Male and Female  
Rate per 100,000 people



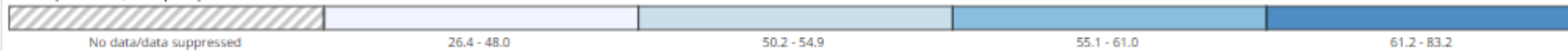


## Rate of New Cancers in the United States, 2019

Lung and Bronchus, All Ages, All Races and Ethnicities, Male and Female  
Rate per 100,000 people

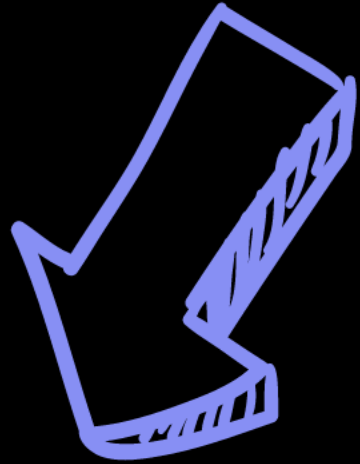


Rate per 100,000 people



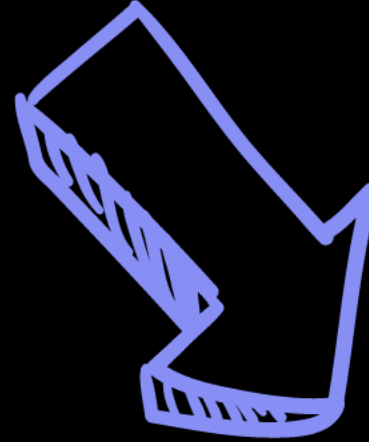
# LUNG CANCER

10-15%



**SMALL CELL  
OAT CELL**

80-85%



**NON-SMALL CELL**

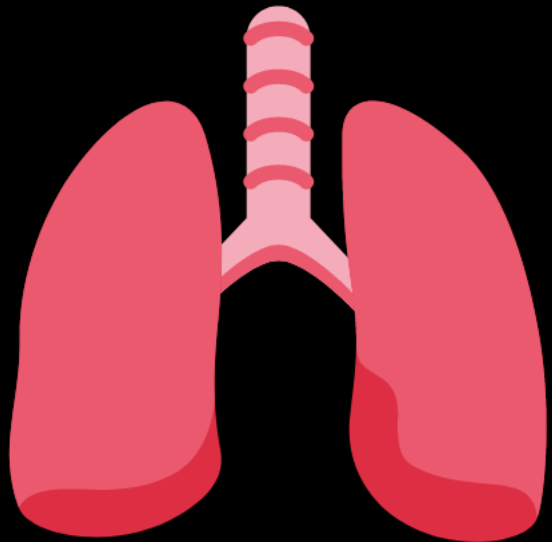
**SQUAMOUS CELL  
LARGE CELL CANCER  
ADENOCARCINOMA**

# LUNG CANCER PROGNOSIS IS POOR



**MORE THAN ONE HALF OF PEOPLE DIE  
WITHIN ONE YEAR OF DIAGNOSIS**

## 5 YEAR SURVIVAL RATE



**18.6% ALL PATIENTS**

**56% LOCALIZED AT DIAGNOSIS**

**5% METASTASIZED AT DIAGNOSIS**

What's the difference between an alligator and a crocodile?



I believe the main difference is that one will see you later and the other will see you in a while. I could be wrong, I'm not a zoologist.



## **Pulmonary Potpourri**

**TIME**

**Tuesday, Oct 18**

**11:00 AM to 11:00 AM**

**ROOM**

**Medical Staff Auditorium (MSA)**