

Subject Line: Skip Arm Day, Train Your... Other Muscle 🍆

HEADER: 5 TIPS TO GET AND STAY HARD WHEN IT COUNTS.

Worried you can't get it up?

Maybe you're in the heat of the moment. Her hands are on you. She's ready.

But your body betrays you, and no matter how badly you want it, your soldier refuses to cooperate.

The good news? Just like you train your biceps, you can train your soldier to stand taller and last longer.

Here's how to start:

1 Edge during solo sessions.

Bring yourself close to orgasm (around an 8 out of 10), then back off and repeat. This helps program your body to drive blood flow and stay in control.

2 Strengthen your pelvic floor.

Daily kegels build stronger erections and better stamina. Squeeze your pelvic muscles as if you're stopping the flow midstream, hold for a few seconds, then release. They're not just for women. Men who train their pelvic floor often find they can last longer during sex and experience more intense, satisfying finishes.

3 Get serious about sleep.

Poor sleep wrecks circulation and hormone production. Aim for 8 hours of sleep a night to keep your blood pumping strong and your body primed to perform.

4 Exercise frequently.

Just 20 minutes of exercise daily strengthens your heart and blood vessels, setting the stage for bigger, harder, longer-lasting results.

5 Break the stress cycle.

Failing to get hard can lead to a cycle of mental roadblocks. Daily stress relief keeps your mind clear and your body ready.

The best way to fire up blood flow and reclaim fuller responses is to stack these habits with the [Magnum Male Collection](#). This duo is formulated with nature's most powerful bloodflow amplifiers to help your soldier "wake up" and rise to every occasion.

Taking it consistently helps:

- Potentiate greater "size" and firmness during arousal

- Reduce response time, so you're ready for the next round
- Supercharge stamina, so you can make it last
- Crank up sex drive
- Support healthy testosterone

Thousands of men have used it to regain their confidence in the bedroom.

*"I've noticed a significant increase in my size and fullness. My wife has also noticed the change. It's like I've unlocked a new level of satisfaction for both of us."*

– Jesus R.

You owe it to yourself and your partner to show up at your best.

Stock up on the Magnum Male Collection today and use code **HEALTHY20** for **20% OFF**.

– Team Inno Supps

FOOTER:

SAVE YOURSELF FROM ANOTHER LETDOWN.

RECLAIM YOUR CONFIDENCE

---

Here's what the final output of the email looks like after design collaboration:



Women's Health

Men's Health

Fat-Burning

Wellness

# **5 TIPS TO GET AND STAY HARD WHEN IT COUNTS.**



**LEARN MORE**

Worried you can't get it up?

Maybe you're in the heat of the moment.  
Her hands are on you. She's ready.

But your body betrays you and no matter how  
badly you want it, your soldier refuses to  
cooperate.

Here's how to start:

## **1 Edge during solo sessions.**

---

Bring yourself close to orgasm (around an 8 out of 10), then back off and repeat. This helps program your body to drive blood flow and stay in control.

## **2 Strengthen your pelvic floor.**

---

Daily kegels build stronger erections and better stamina. Squeeze your pelvic muscles as if you're stopping the flow midstream, hold for a few seconds, then release. They're not just for women. Men who train their pelvic floor often find they can last longer during sex and experience more intense, satisfying finishes.

## **3 Get serious about sleep.**

---

Poor sleep wrecks circulation and hormone production. Aim for 8 hours of sleep a night to keep your blood pumping strong and your body primed to perform.

## **4 Exercise frequently.**

---

## 5 Break the stress cycle.

Failing to get hard can lead to a cycle of mental roadblocks. Daily stress relief keeps your mind clear and your body ready.

The best way to fire up blood flow and reclaim fuller responses is to stack these habits with the [Magnum Male Collection](#). This duo is formulated with nature's most powerful bloodflow amplifiers to help your soldier "wake up" and rise to every occasion.

Taking it consistently helps:



- ✓ Potentiate greater "size" and firmness during arousal
- ✓ Reduce response time, so you're ready for the next round
- ✓ Supercharge stamina, so you can make it last
- ✓ Crank up sex drive
- ✓ Support healthy testosterone

Thousands of men have used it to regain

Thousands of men have used it to regain their confidence in the bedroom.

*"I've noticed a significant increase in my size and fullness. My wife has also noticed the change. It's like I've unlocked a new level of satisfaction for both of us."*

**– Jesus R.**

You owe it to yourself and your partner to show up at your best.

Stock up on the Magnum Male Collection today and use code **HEALTHY20** for **20% OFF**.

*- Team Inno Supps*

**SAVE YOURSELF FROM  
ANOTHER LETDOWN.**

**RECLAIM YOUR CONFIDENCE**



**INNOSUPPS**

**Natural Supplements  
You Can Trust**

Connect with our Community!

