It's Movember, Sheridan – ready, set, grow

IMANI GUADELOUPE SHERIDAN NEWS

This Movember, men at Sheridan will be growing moustaches to raise awareness of men's health and to help find a cure for prostate cancer. Last week, students signed up from Nov. 1 to Nov. 4 by ConneXion and in the B-wing for a moustache crew. Crews of six people could win a trip to Montreal on New Year's Eve if they raise the most money. The name of this month-long event is a slang word Moustache "mo" and November the month in which men's health is the main focus.

Jordan Stanzack, the vice-president of events at Sheridan Student Union, is organizing the event after experiencing the impact cancer had on a person in his life.

"I lost my grandmother to cancer just over a month ago, although she died of lung cancer in general. Movember seemed to be the perfect thing I could do," said Stanzack.

The Student Union hopes to raise a lot of money for cancer research from the event.

"Our goal is \$5,000 raised from the sponsors of the groups participating in Movember," said Stanzack.

Raising awareness is very important to ensure that students, specifically the male population, are aware of the risks of not getting tested for prostate cancer by their doctors.

"It's one of the most common cancers in men. But most men won't get checked because they feel embarrassed going to the doctor. It almost 100 per cent curable if caught early enough," said Stanzack.

Even for students who aren't participating in Movember, they can help support the cause is by sponsor-



Jordan Stanzack, Student Union VP of Events shows off his moustashe for Movember campaign.

Movember.

"Donate to the cause we will have donation jars at the Fuze and all events, all month. Grow a moustache! Encourage your friends to grow moustaches! It's a fun way to raise money and awareness. I love my moustache," said Stanzack.

Some members of the Student Union are growing moustaches for November.

"At the moment three full time staff and probably a dozen of the part time staff are taking part in this month long event," said Stanzack.

One of the members, Nicholas Beaupre, vice-president of Services, who organized the sign-up portion of the event, encouraged his friends and fellow students to join.

"As a member of Student Union and a student at Sheridan College, ing their friends who signed-up for I am very supportive of this Mo-

vember campaign and have told my friends to participate. I feel men should be more aware of their health issue because it can happen to anyone and it is important to know the facts so they can help others in the future," said Beaupre.

Even if their not joining crews, participants can still spread awareness to their generation by taking care of their health.

In the past, women usually focus more on supporting charities for cancer research groups, but now it's men's turn to do their part.

"I feel men should be more aware of their health issues because it can happen to anyone and it is important to know the facts so they can help others in the future. Women are generally more aware of health issues, therefore there tends to be more awareness campaigns," said Beaupre.

On Tuesday Skate 4 Cancer creator Rob Dyer even came Sheridan to encourage student to support groups that are raising money for cancer research and to get involved with their friends, too.

"Rob Dyer was very inspirational relating his experiences to students. He is an extremely informed speaker on the subject and did a good job motivating and creating awareness on Skate 4 Cancer," said Beaupre.

Another Movember event will be coming up in the next week and students are encouraged to participate and educate themselves in the

"The Movemberpalooza event will be featuring bands such as the These Kids Wear Crowns and the Dirty Sanches-themed pub at the end of the month featuring a special guest," said Stanzack.

Students embark on Italy trip to capture culture

Illustration students plan for annual journey to Milan, Florence, Venice and more

Dajana Gorancic Sheridan News

Every year, BAA Illustration students take a trip to Italy to use their artistic skills and talents and gain knowledge and experience.

For the past seven years in May, students from the program take a trip to Italy to draw, film, photograph, write and more. The trip is based on a degree course the students take called Italian Art and Culture.

The trip is between 30 to 32 days long and covers various places like Florence, Milan, Venice and more.

Clemente Botelho, academic administrator of the Illustration Department, said it is a great learning experience for the students. "It's a cultural experience," Botelho said. Florence is "the hub," it is where students live for the month.

He is fluent in Italian and is able to teach and help the students when it comes to the "secret corners" of the places in Italy, meaning places that are not on the map or in the travel brochure.

The trip costs about \$5,000 for each student, all-inclusive. This includes the flight plus accommodation and any other "surprises." They have group dinners and take tours to different historical sites and museums throughout

Students bring sketchbooks, make diary entries, and create photo collages as well as videos. They attend museums and shows in Florence.

All the students have gained different experiences from the trip and it has shaped their world-

BAA Illustration student Noreen Rana said, "Italy taught me that the world really isn't as scary as we all think it is. I'm living my dream when two years ago I thought it was a faint hope and I don't think it would have happened without the confidence I gained from experiencing firsthand what Italy had to offer, and the students and professors who helped me."

Although the trip is based on the course the students take and is set in Italy, Botelho hopes that one day the students would be able to explore another part of Europe, such as Amsterdam.

Rob Dyer skates into college to raise cancer awareness

KATIE O'CONNOR

Sheridan News

Professional skateboarder Rob Dyer spoke to Sheridan students at ConneXion about his foundation, Skate4Cancer, last Tuesday.

Skate4Cancer began in March of 2004, with a tour throughout California. The group aims to raise awareness for cancer and fundraises for research.

"When you are educated about a cause like this, it is simple to make a difference. If you show that you love what you stand for then you will succeed in what you want to do," said Dyer before a crowd of 70 to 80

Dyer told the crowd why he was at Sheridan and how pleased he was to be here to be speaking about a cause that is very close to his heart.

"I got interested in speaking at Sheridan when I went to a conference in Niagara Falls and people from Sheridan College were there and expressed great interest in the foundation which was excellent."

Dyer had lost his maternal grandparents, a close friend and his mother to the disease.

According to Dyer, a drop-in facility is currently being built in Toronto called The Centre and is opening next spring. The Centre will be a place where volunteers and supporters for the foundation will go to organize community events to raise awareness.

"This drop-in centre will be a great way for us to be more in touch with the community and spread the word for change is a main goal we have," said Dyer.

Dyer said regardless of what stands in your way



Rob Dyer (left) and Satesh Mistry mingled with students and signed copies of the SU magazine, Travis.

while doing what you love, you have to keep going with a positive attitude.

"When you are on the road to following your dream, you have to expect to make sacrifices and work through challenges that you will face while doing something that you love," said Dyer.

"A positive attitude is needed when you are doing something that you love. If you aren't happy with what you are doing, you won't succeed in following

After the tour, Dyer began promoting Skate-4Cancer on MySpace and later Twitter.

"Twitter was a great platform for us to educate

and get people involved with Skate4Cancer and make a difference. The demographic that was 'following' us was a new day for the foundation," he

For every Twitter follower 25 cents will be donated to Skate4Cancer for cancer research.

To Dyer's surprise, 50,000 people were following the foundation including actress Cameron Diaz, rapper 50 Cent and day-time talk host and actress,

Tasha, a photography student attended the presentation and expressed how excited she was that Rob Dyer was speaking at Sheridan.

"I have been following Rob on his tours skateboarding and speaking. I think that it is great he's here at Sheridan to tell the students about Skate-4Cancer and how they can get involved," she said.

Dyer expressed how great it was that Sheridan takes such interest in raising awareness for cancer especially for Movember.

"Sheridan has done an awesome job at getting people involved with cancer awareness. Movember is a great time for guys to get involved and grow dirty and gnarly moustaches for a great cause," he said.

At the end of the presentation, Dyer took questions from the audience. One audience member asked where his moustache was for Movember. Dyer laughed and commented on his 5 o'clock

"I'm trimming this down when I get home then I'll start with the gnarly moustache."