# The HPV Vaccine

#### What is HPV?

Human papilloma virus (HPV) is the most common sexually transmitted infection.

You can get HPV from vaginal, oral, and anal sex.

Condoms don't always protect against HPV

**80%** of people will get HPV...



...but you may not know you have it because you might have no symptoms.

Some types of HPV cause genital warts and cancer including:

- Cervical cancer
- Vaginal cancer
- Anal cancer
- Penile cancer
- Mouth cancer
- Throat cancer

#### How does the HPV vaccine work?

The **Gardasil-9** vaccine is given as a shot in the arm that protects against the most common types of HPV.



The vaccine helps your immune system fight the HPV if you are exposed.



There is no live virus in the vaccine.

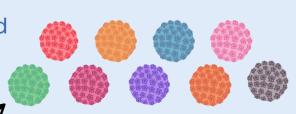
It is **over 90% effective** at preventing HPV-related cancers. Research shows that this protection is **strong** and **long-lasting**.

# Who should get the HPV vaccine?

The vaccine was first approved in 2006 to protect teens against HPV, but more research showed that it is helpful for older people too.

You can now get the HPV vaccine up to 45 years old.

Even if you are already sexually active and had one type of HPV, the vaccine can protect you against many other dangerous strains.



You should not get the vaccine if you are pregnant or if you are allergic to its ingredients

### Is the HPV vaccine safe?

Yes, the HPV vaccine has been studied both in teens and people aged 20 to 45 years old and it is very safe.

**Millions** of people worldwide have safely received the HPV vaccine and severe side effects are **rare**.



Mild side effects may include:

- Arm soreness
- Fatigue
- Headache
- Fever

Dizziness, fainting, and allergic reactions are **rare** and the vaccine **does not** cause infertility.

## How many doses do you need?

Everyone older than 15 years old needs 3 doses over 6 months.



1-2 months



4 months



If you already had a dose before, you don't need to start over. You will still need regular pap smears to screen for cancer after the vaccine.

#### How much does it cost?

If you have don't have health insurance, you can get the vaccine for **free.**We can help you fill out the paperwork to get approved.

You will need the following information:

- How much money you make in one year
- The number of people in your household

# Take control of your health and protect yourself against HPV!

Is preventing HPV-related cancer with just three shots right for you?

Ask your doctor about getting started today or for appointments call: **(631) 444-4686** 



**Share** this flyer with one person you know who could also benefit from the vaccine!