### Contact



**\** 347-714-2674

https://alexaletizia.journo portfolio.com

## **Education**

**Doctor of Medicine** 

Stony Brook University
Renaissance School of Medicine

2021 - Anticipated 2026

Masters in Public Health

Stony Brook University Program in Public Health

2021 - Anticipated 2026

Certificate in Science Communication

Stony Brook University School of Communication

2024 - Anticipated 2026

BS in Biology, Psychology Summa cum laude Fordham University 2018-2021

#### Skills

- Microsoft Excel
- Canva Visual Suite
- Wordpress
- Journo Portfolio
- Alda Method of Science Communication

# Alexa Letizia

## Medical Student

Fourth-year dual degree MD/MPH student at the Renaissance School of Medicine at Stony Brook University. Also pursuing a Certificate in Science Communication. Aspiring OB/GYN and reproductive health advocate. Will apply for residency in the 2026 Match.

## **Research Experience**

#### Research Assistant

Stony Brook Department of Obstetrics and Gynecology May 2022- Present

- Utility of 1st-Trimester Preeclampsia Workup in Women with a History of Preeclampsia
  - A retrospective cohort study conducted under the supervision of Dr. Joseph Chappelle.
  - Found that first trimester labs were not reliable predictors of developing pre-eclampsia in women with a prior history
- Trends in Platelet Counts in Laboring Women with Preeclampsia
  - A retrospective cohort study conducted under the supervision of Dr. Joseph Chappelle and Dr. Vaibhavi Umesh.
  - Results pending.
- Abnormal Pap Smear Results at Free Gynecological Clinic
  - A retrospective cohort study of Access GYN resident clinic under the supervision of Dr. Alexandra Kiefer.
  - Identified a higher number than expected incidence of abnormal pap smears

#### High School Research Intern

Weill Cornell Medicine
June 2015 - August 2015

- Analysis of the BRAF V600E Mutation in Patients with Glioblastoma Multiforme Using Tissue Microarrays
  - Conducted original research under the supervision of a neuropathologist.
  - Created tissue microarrays to identify the prevalence of the BRAF
     V600E mutation in a cohort of patients with Glioblastoma multiforme.
  - Developed a research paper, poster and PowerPoint for competitions.

## **Presentations**

Poster at the Society for Academic Specialists in General Obstetrics and Gynecology (SASGOG) Annual Conference May 2023

- Trends in Platelet Counts in Laboring Women with Preeclampsia.
- Abstract accepted for poster presentation.

Poster at the Westchester Science and Engineering Fair March 2016

- Analysis of the BRAF V600E Mutation in Patients with Glioblastoma Multiforme Using Tissue Microarrays.
- Awarded 3rd place in the Medicine and Health category.

#### **Publications**

"Abortion is Healthcare"
"One a Day"

Poems of Illness and Healing: Twelve Years with Astonished Harvest© 2023

ISBN 978-0-9776405-5-3

## Manuscripts in Progress

Psychosis in the Postpartum Period with COVID-19 Infection: A Case Report

Supervised by Dr. Mason Chacko of the Stony Brook Department of Psychiatry

## Memberships and Trainings

## Rape Crisis Response Training (RCRT)

Understanding Sexual Assault and Integrating a Trauma Informed Approach - Crime Victims Center 2024 - Present

Basic Life Support and Advanced Cardiovascular Life Support 2023 - Present

American College of Obstetricians and Gynecologists Student Member 2023 - Present

Alpha Sigma Nu Jesuit National Honor Society 2020 - Present

## **Volunteer Experience**

#### Chief Medical Student

Stony Brook Access GYN June 2024 - Present

- Assists residents in patient care during monthly clinic for uninsured gynecological patients.
- Handles administrative tasks and leads quality improvement projects including updating intake forms, handling patient financial assistance forms, and running a Gardasil vaccination initiative.
- · Collects data for research.

### Peer Tutoring and Advising

Stony Brook School of Medicine January 2023 - Present

- · Served various positions including:
  - Basic Mechanisms of Disease Peer Tutor
  - Introduction to Clinical Medicine Peer Mentor
  - Themes in Medical Education Teaching Assistant
  - Undergraduate Clinical Experience Program Mentor
  - First Year Peer Mentor

## Emergency Medical Technician and Crew Chief

Fordham University EMS May 2019 - May 2021

- NYS licensed BLS provider and volunteer Emergency Medical Technician in collegiate student-run emergency medical service.
- Crew Chief and 2nd Lieutenant in the medical chain of command.
- Served on the Officer Staff as the Medical Executive of Supplies (2020) and Associate Director/Treasurer (2021).

## **Extracurriculars**

## MPH Practicum in General Health Infographics

STEMM and Cancer Health Equity Foundation (SCHEQ) July 2024 - December 2024

- Spent over 135 hours developing infographics describing general health terms and topics for an audience with low health literacy.
- · Will be featured on the SCHEQ website.

#### The Renaissance Medical Journal

Founder and President

December 2021 - December 2022

 Created an online platform for Stony Brook Medical students to showcase academic and creative writing.

## Interest Group Executive Board Member

Pediatrics, Ob/Gyn, Medical Students for Choice, and the National Alliance on Mental Illness
December 2021 - December 2022

• Worked alongside other students to hold club events including subspecialty panels, information sessions, and lectures.

## The Fordham Surgical Society

Founder and President August 2019 - May 2021

- Founded the interest group to enable undergraduates to explore their interest in surgical fields.
- Held various hands-on workshops including suturing and phlebotomy.