

# Maria A. Arias. G.

Aug 23<sup>th</sup>, 2024

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## EDUCATION

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**M.S. in Clinical and Health Psychology - 2024**

European University of the Atlantic

**Bachelor Degree in Psychology - 2021**

Paulínia University Center, Paulínia, São Paulo, Brazil

**Bachelor of Education in Social Sciences - 2012**

Catholic University of Táchira, San Cristóbal, Táchira, Venezuela

## PROFESSIONAL EXPERIENCE

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### Clinic Psychology

Live Psychology, São Paulo, Brazil

(06/2022 – Present)

Infinitely Institute, Psychology Clinic, Paulínia, São Paulo, Brazil

(03/2022 – Present)

- Responsible for conducting psychological assessments, developing treatment plans, and providing psychotherapy to clients with diverse mental health issues.

### Psychology Intern

(08/2020 – 08/2021)

Paulínia University Center, Paulínia, São Paulo, Brazil

- Assisted in the administration of psychological tests, observed and conducted psychotherapy sessions under supervision, and participated in case discussions and treatment planning meetings.

## RESEARCH EXPERIENCE

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### Graduate Research

**Support and Integration Program for Venezuelan Migrants with Post-Traumatic Stress Disorder in the Region of Campinas, State of São Paulo, Brazil**

(06/2023 – 2024)

Advisor Dr Deysi García, European University of the Atlantic

- Designed and assessed a program to mitigate PTSD symptoms and improve psychological well-being in Venezuelan migrants using qualitative and quasi-experimental methods.

### Undergraduate Research

**Attention Deficit And/Or Hyperactivity Disorder (ADHD): Impact On The Quality Of Life Of**

**University Students**

(10/2020 – 12/2021)

Advisor Dr. Gabriela Fabbro Spadari, Paulínia University Center, Paulínia, São Paulo, Brazil

- Conducted a quantitative study to evaluate how ADHD symptoms affect university students' quality of life and academic adaptation using self-report scales and statistical analysis.

**ADHD Symptoms and Academic Performance**

(10/2017 – 10/2018)

Advisor Dr. Celina Daspett, Paulínia University Center, Paulínia, São Paulo, Brazil

- Analyzed the relationship between ADHD symptoms and academic performance in students through descriptive statistical methods and self-report questionnaires.

## ACADEMIC EXPERIENCE

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**Socio-Emotional Teacher** (01/2023 – 12/2023)

COC School, Paulínia, São Paulo, Brazil

- Facilitated socioemotional development and personal growth for elementary and middle school students.

## SKILLS

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- Application of Psychological Techniques and Instruments
- Differential Diagnosis
- Psychological Assessment
- Observation and Active Listening
- Adaptability and Flexibility
- Data analysis GenoPro SDK for developers

## SCHOLARSHIPS AND AWARDS

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**Undergraduate Research Fellowship** (10/2017– 10/2018)

Paulínia University Center, Paulínia, São Paulo, Brazil

## COMPLEMENTARY EDUCATION

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**Resilience in Children Exposed to Trauma, Disaster and War: Global Perspectives** 20h (03/2024)  
University of Minnesota

**Mental Health and Grief** 30h (03/2024)  
Federal University of Espirito Santo

**Managing Emotions in Times of Uncertainty & Stress** 9h (02/2024)

**The Science of Well-Being for Teens - With honors** 12h (02/2024)  
Yale University

**Socio-assistance Protection for Migrants in Situations of Vulnerability or Violation of Rights** 30h (12/2023)

**Migrant Children and Adolescents** 40h (11/2023)

**Migration and Health** 30h (11/2023)

**Public Policies and Programs for Migrants** 40h (09/2023)  
IOM - UN Migration

**Psychological first aid** 15h (08/2019)  
Autonomous University of Barcelona

## AFFILIATIONS

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Brazilian Psychology Society, São Paulo, SP, Brazil (02/2024 – Current)

Regional Psychology Council, São Paulo, SP, Brazil - CRP 06/181514 (03/2022 – Current)

## COMMUNITY SERVICE, OUTREACH AND VOLUNTEERING

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**Clinic Psychology** (11/2023 – Current)

UN VOLUNTEER in the UNICEF department in *The Safe Family* program - Bolivia, a free psycho-emotional support service to prevent and address violence against boys, girls, adolescents, women, and men of all ages. UNICEF, Bolivia. (Remote)