ODDA No. 29 THE WAY WE ARE FALL/WINTER 2025-26 & RESORT 2026

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In conversation with ANNA JOHNSON



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Curious, youthful, and surprisingly open, Anna Van Patten is a breath of fresh air in a carefully curated industry. The young actress is finding her place in the Hollywood world, though in many ways the world has always been part of her life. Growing up in New York, she spent her childhood moving between movie sets with her father, Tim Van Patten. Still, it wasn't until recently that Anna began to discover her own way in the industry. Signing on to iconic projects like "Gossip Girl" and "Euphoria", and most recently "The Twisted Tale of Amanda Knox", she is steadily making a name for herself. With each role, she adds another layer to her growing presence, capturing attention not only for her talent but also for her natural ease on screen. As we watch Anna Van Patten's world unfold and wonder which direction she'll take in the future, we're left excited for her new projects and the path she's forging for herself.

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Outside of the acting world, Anna has her sights set on the future—one where she may eventually step behind the camera. She hints at building her "own little world," one filled with possibilities and creativity. Costumes, set design, and the details that shape atmosphere are already sparking her imagination. While the story itself is still taking shape, she has some exciting ideas, sketching out the beginnings of a possible directorial debut. But more than that, behind the increasingly bright spotlight is a young, charismatic woman who is grappling with the same things many of us are: authenticity, identity, and her selfproclaimed existentialist period. There's a depth behind the purposeful image, one that comes through in her thoughts on ChatGPT and her own sense of self. She speaks with both curiosity and conviction, the kind of balance that makes her feel at once relatable and refreshingly different. With these human moments, it's exciting to imagine what kind of career Anna may have. As more projects roll in, one thing is certain—Anna Van Patten isn't going anywhere.

doing all of my school plays and musicals and going hard to think of what would be considered normal.

ANNA JOHNSON. Your parents wanted you to have to acting class in the summer because I thought it a normal childhood between the ages of 8 and 18. Do was fun. I also played lots of sports and took painting you think that stepping away from acting during classes. My parents let me explore what interested those years gave you a different kind of fuel or per- me, I was never thinking of acting as a profession spective when you finally decided to commit at 18? at that point—but I knew it was a possibility. Our ANNA VAN PATTEN. It's so hard to think what they dinner parties, birthday parties, and holidays were meant by normal, I guess. Whenever people ask what always with actors and creatives and people who it was like growing up in New York City, it's hard worked in film and other artistic mediums. It felt to answer, because that's all I know. My sister and I very normal. I think it prepared me because they all grew up around the arts and often visited my dad put really realistic standards in my head. I knew how on set. That felt normal, and we loved it so much difficult it would be, and that it came with many because we got to run around and play pretend in challenges, but they also presented it as the most the rooms that weren't being used on set. I grew up magical and fun thing you could do. So I think it's







A.J. I can imagine. It's quite nice, because you've sort of got some really great built-in mentors.

A.V.P. Yeah! The actors we grew up around were always the most fun—definitely a little wild. No one really talked about the work they were doing. It was their job at the end of the day, but at the same time, they seemed so happy doing it.

A.J. Your mom's advice has always been to "be kind, respect everyone, and be confident in your own skin." Have there been specific moments on set where those lessons really carried you through, especially as a newcomer navigating a big-name project?

A.V.P. Another example I thought of—it's a silly one—but this past year I've been dealing with skin issues. With all the traveling back and forth from Budapest to LA, I was breaking out a lot and feeling self-conscious about how it would look on camera. My mom would remind me that it was the character's skin; this is what she is working with, so there's no other choice but to own it. If your character's sister's freedom was at stake, I don't think she'd be concerned with a pimple. It was freeing they weren't my pimples, they were the character's pimples. It also reminded me that I don't personally have to like or agree with what my character does. It isn't about Anna—I don't have to concern myself with whether people like the character or not. It would be a disservice to the story to involve myself.

A.J. You've hinted at wanting to be more hands-on behind the camera in the future. Are there particular roles (like directing, writing, or producing) that intrigue you most, and what movies particularly inspire you?

A.V.P. I'd love to do it all and build my own world from scratch. I don't have a story yet, but I want to let my imagination roam free and challenge myself. In a dream world, I'd design the sets and the costumes, go crazy with it. I want to see what my mind is capable of. Movies that feel like fever dreams inspire me, from big landscapes to tiny rooms. I love an adventure through a creepy forest or crowded city, a long wedding scene, or a guy eating bread after something crazy just happened. I don't know, Human nature!

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wondering, what's it been like joining such an es- lot these days in our era of AI, Instagram, and intablished cast and crew?

"Euphoria," I felt so calm. That was a first for me, sides of your identity? trusting the vision completely. The level of cre-meaning, that everything we do is important—how inspiring.

## challenged you in new ways as an actor?

side my comfort zone. I've been learning so much as I can to fulfil my potential as a human. I think, from being on set with people who are pushing gut and prioritizing truth. I don't know. I feel like I themselves constantly.

A.J. You've been working on "Euphoria", and I was A.J. The word authenticity gets thrown around a fluencers. Sometimes, it feels like the word has lost A.V.P. It's been magical. Every cast and crew mem- all meaning. As an actress, what does the word auber has been so welcoming. Usually, on new sets, I thenticity mean to you? How do you balance being am shaking with nerves, but for some reason, on your true self with protecting the more vulnerable

and I think it had to do with the atmosphere and A.V.P. I choose to believe that everything holds ativity and dedication from everyone was beyond we make our bed in the morning, how we interact with pigeons. My art is how I live my life. There are a million ways to do something, and I like get-A.J. That's really nice to hear. Do you feel like it's ting to the root of why certain things resonate with me. I don't like to ignore any musings the universe A.V.P. Yes, it's been really rewarding stepping out- sends. I feel a responsibility to live as authentically about myself. I feel like I've grown so much, just as an actress, authenticity means listening to your am constantly evolving and learning about myself,

"I don't feel like I have a finger on the pulse right now, not that I claim to ever have, but my thoughts feel especially abstract. I don't know what space I'm existing in currently. I like to be super intentional with the media/ culture I consume when working on a project. When I am not working on a project, there's a lot of time to reflect, to watch and listen, and talk-I like thinking of it as being intimate with the earth." — Anna Van Patten

shape your taste or your choices in roles now?

## of successful actors?

matter what.

A.J. You've also spoken about how you grew up sur- and sometimes gut feelings are all you have in the rounded by creative people. Does that environment present moment. I can get very opinionated, but I love it when people can change my mind; I welcome A.V.P. Absolutely. Being around so many creative it. I search, sometimes selfishly, to lose a sense of people from such a young age made me curious self—it feels freeing. Being fully present can be terabout all kinds of stories. I don't think I ever want to rifying, but that may be where authenticity lives. be boxed into one type of role. I'm drawn to things Maybe I struggle with this idea of authenticity bethat feel human and true, whether that's something cause I think about it too much. Still, I can find love really small and intimate or something much bigger. and inspiration in everything. I do think with AI and social media, authenticity shines through more A.J. Do you ever feel pressure coming from a family easily. I've never thought about having to protect the more vulnerable sides of my identity; I'm not A.V.P. There's pressure, but it's all internal. I want sure what that even means. I think vulnerability is to be the best I can be, and I feel pressure to keep a beautiful thing—my favorite performances are the learning and growing, but I don't focus on it too ones that feel so private we shouldn't be watching. much. I just want to make sure that I'm doing work I am a voyeur at heart; I love to observe people's I'm proud of and that I'm honest in what I'm put- authentic selves when they think no one is watchting out there. I know my family will love me no ing- or when they know someone is watching—it's all fascinating. At the same time, I love mystery. I







am constantly searching for magic. I feel the need to prove it exists, and I think that might only be possible with a lack of information. To me, balancing my presence online with my true self means knowing that my work and my art don't define me. My heart defines me. For some reason, when I envision my true self, I'm in a grocery store wearing basketball shorts, dissociating.

A.J. Outside of your acting career, we'd love to know more about your hobbies and passions. Do you have a favorite book or film from childhood that sticks with you even now as an adult?

A.V.P. My latest hobby has been perfume. I love looking at notes, watching videos, and reading reviews of people describing them: dusty theater curtains, gasoline, electricity, lipstick, gunpowder, kitchen sinks, dirty ballet tights, and rubber. I want to learn more about wine, too, and become friends with "noses" and grape growers—they seem like poetic people. I've become passionate about philosophy; I wish I had studied it in college. I'm currently in my existentialist period, but I think stoicism has helped me a lot on set and in navigating this career choice: only focusing on the things in my control, surrendering myself to unpredictability, and finding excitement and beauty in it, trusting that God has a plan. When it comes to pieces of art that have had the most impact on me as a child, "The Gates of Hell" by Auguste Rodin changed my life, probably!

A.J. The idea of a "cultural moment" is often spoken of but rarely unpacked. You were part of the "That's Harassment" campaigns in 2016, a time when conversations around the Me Too movement were reshaping the world. Looking at today, what cultural moment do you find yourself noticing, discussing, or reflecting on, and how does it resonate with you personally?

A.V.P. I don't feel like I have a finger on the pulse right now, not that I claim to ever have, but my thoughts feel especially abstract. I don't know what space I'm existing in currently. I like to be super intentional with the media/culture I consume when working on a project. When I am not working on a project, there's a lot of time to reflect, to watch and listen, and talk—I like thinking of it



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as being intimate with the earth. I feel the most culture—it's always been that way, but I think tapped in when I am out in the world, but I've been things are becoming more nuanced. keeping to myself lately—keeping my energy open filter to see things through. I guess I've been re- a dream role or project? flecting on what to do and how to handle all the A.V.P. That's a tough one! I don't know if I have one ship with wanting to appear as a blank canvas has seems, it made them feel inspired or less alone. been changing, but I don't know how to vocalize it yet. I think horror films are having a huge cultur- A.J. What does culture mean to you? al moment. Scary movies feel very relevant, and A.V.P. Taking a long, long walk and looking and listhey are such a great, effective way to speak about tening to the world around you.

yet compact. My 14-year-old sister will fill me in A.J. That's a really grounded way of looking at it. on what's happening; she's a fun and fascinating Where do you see yourself in five years? Do you have

information we are getting fed. I haven't been sold dream role, but I definitely have dream directors. I'd on the potential of AI in the arts, though I did re- love to do theatre at some point. I hope I get to work ally like Jon Rafman's recent "Proof of Concept". on projects that take me far away and allow me to I used ChatGPT for the first time the other day. learn about new places, cultures, and experiences. I wanted to find the location of a picture a trav- I hope I can continue to learn about myself through el blogger posted on Instagram. It was Ponza. To characters, and I hope people can look back at my me, the culture feels divided; everyone is labeled past projects and feel like I made them laugh or that and put in boxes. In terms of acting, my relation- I made them question certain things. As cliché as it

"I am constantly searching for magic. I feel the need to prove it exists, and I think that might only be possible with a lack of information. To me, balancing my presence online with my true self means knowing that my work and my art don't define me. My heart defines me. For some reason, when I envision my true self, I'm in a grocery store wearing basketball shorts,  $dissociating."-Anna\ Van\ Patten$ 

