

My Response:

My research questions are: What are the main stressors that nurses face in their field of work? and How do nurses manage their stress in and outside of work?

The space I am using to look through comments is Reddit. I feel as if Facebook or Instagram would be a better source because many people use social media to vent about things that stress them out or to ask their friends for advice. However, since social media is a closed space platform it cannot be used for this project. Therefore, I am using Reddit because it is an open space for people to express their feelings and talk to others through posts about topics that might be hard for them to talk about in person.

I am looking for comments that convey certain attitudes, especially those of experience. I want to focus on comments where people are expressing past experiences and helpful advice. What I'm trying to stay away from is commenters who are saying things like "I have a friend who..." or "I've heard that..." etc. These people who aren't actually giving their own personal advice or experience I feel don't give good enough content for me to add to my research. The way you've "heard" someone cope with stress or something your friend has mentioned to you that has them stressed about work may just be bits and pieces of what's going on and not actually the whole picture. It's really easy to turn something around that someone else has said, i.e. the telephone game. For this reason is why I am looking for comments from people who are sharing their own personal experience rather than someone else's.

For my project I am using primary and secondary, i.e. academic and non-academic, resources to frame my research. All of which were found through UCF's library system. What that being said, the "lens" I am using to create my research is code words or phrases when finding articles and comments. These words/phrases mainly focused on are: "nurse", "stress", "coping method", "work", and "advice". These words will help me to narrow down the abundance of comments to sift through in order to find the best fitting ones for my project.

Responding to a peer:

Hi Emma!

I love your research question! I feel that you'll have a lot of information using comments from Reddit on this topic because COVID was, and still kind of is, a big deal in the healthcare fields right now especially mental health. My project also focuses on the mental health of health care workers but mine relates more to stress rather than the pandemic, however, they kind of go hand in hand with each other if you truly think about it. I am also using comments that are centered around the same theme and terms to keep my research clear and consistent with each comment used. How do you plan on

laying out your comments within your project? I recommend using charts! It keeps things super clean and put together. I've found it's also easier for readers to read and understand! Good luck writing! :)