

# FASHION

the heart of fashion

# WOMEN

FEB 2014

LOVE &  
PRIDE

*Taking A Stand for Equality*

choosing  
the RIGHT  
lip COLOR

*all about*  
PINK

WORK  
OF HEART

FEATURING  
MIRE SORIANO



BEAUTY *in fine feather*  
For the Neck Up

LaVida   
massage





# LaVida<sup>™</sup> massage

LaVida Massage is the messenger of good news.

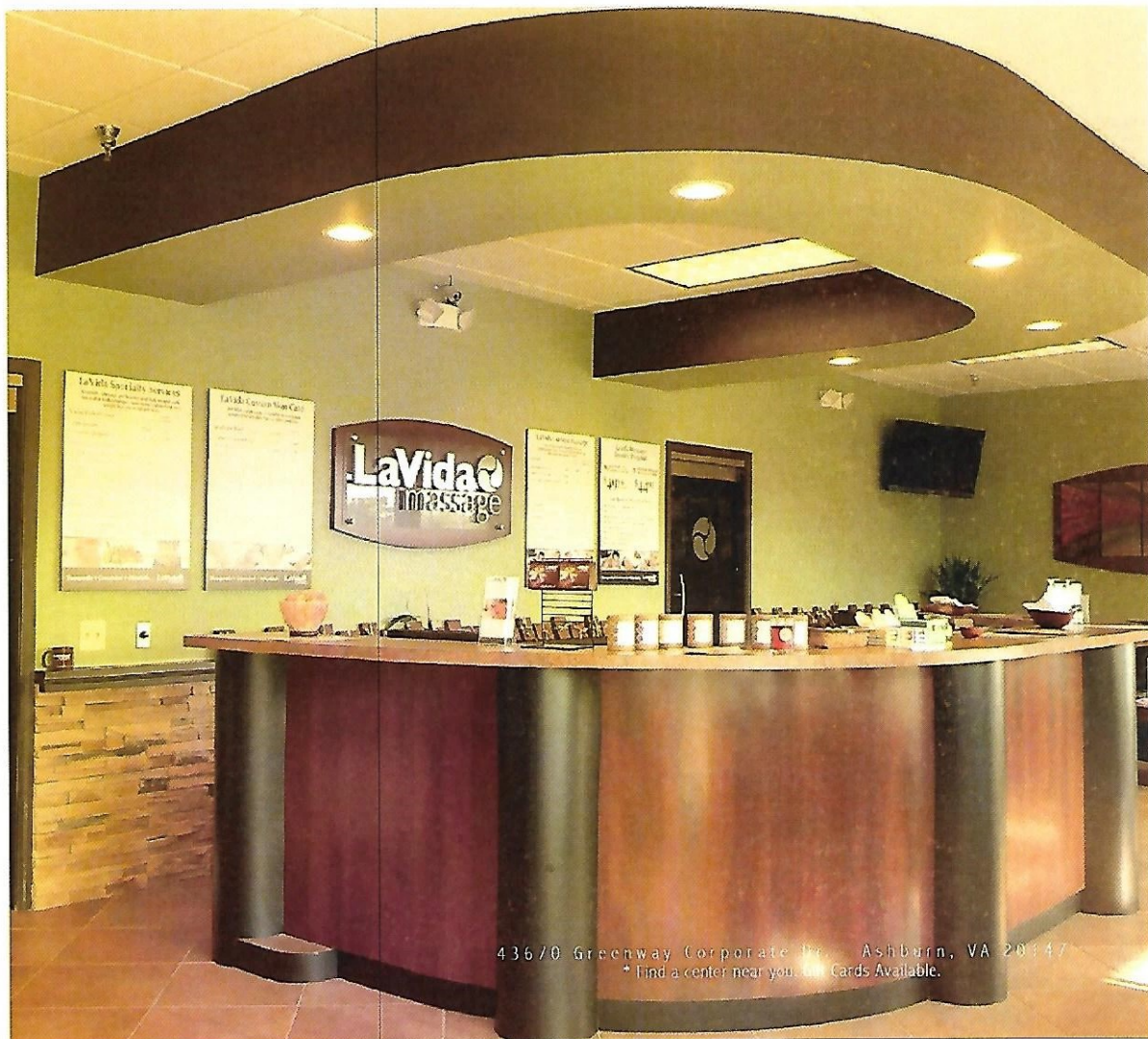
There really is no denying the power of a good massage on a regular basis. Whether you want to alleviate lower back pain, strengthen your immune system or win the war against migraines, the list of benefits is quite long.

An unexpected layover at Dulles Airport may lead you to the charming town of Ashburn, VA (a short drive or train ride from the cluster of the big city). Maybe its the noble fact that this region hosts some of the best schools in the US which provides local parents with an extra sense of ease. Or perhaps its LaVida Massage. I am betting on the latter.

After a day at the outlet malls in Leesburg, VA, make that appointment. Everyone should take a break and disappear into their silent labyrinth of healing rooms. You have never had a quality spa experience like this at such warm prices.

From facial peels, waxing and body wraps, it's more than just massage. Your aches are specific and unique like you; give a center near you a call. LaVida is all ears. And hands. And most of all... solutions.

[lavidamassage.com](http://lavidamassage.com)



43670 Greenway Corporate Dr., Ashburn, VA 20147  
\* Find a center near you. Gift Cards Available.