

Student athletes should only play on same sex sports team

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As a youth, I remember living in an apartment complex community that was family oriented, and children's ages ranged from kindergarten to the sixth grade. One day my best friend who was 9 years old, father at the apartments organized a boxing match for the kids.

Her father had a pair of pink boxing gloves and gave 1 to me and 1 to my sister. My sister and I were fighting with 1 boxing glove each and my sister whipped my butt. Then each of the community kids went on to do their rounds supervised by the adult. My best friend at the time Sheen was told she had to fight my cousin Vance.



The match was on, and Sheen lost to my cousin. To this day we both recall that unforgettable boxing match and Sheen says that it was not fair because he was a boy, having more leverage and exerting more strength.

I could not agree with her more. Student athletes should only play on the same biological gender sports teams.

Effective on Jan. 18, the Texas Legislator House Bill 25, requiring public school students to compete in interscholastic athletic competitions based on biological sex. In other words, on your birth certificate if you were born a male then school will go by that documentation as to playing same sex school sports. Regardless of if you identify as a transgender girl or boy you will not be allowed to play in opposite sex sports based on your birth certificate.

The LGBT community has been very vocal about the new Texas anti-trans law and has protested in said the previous year 2021, according to an article written on them.us. The LGBTQ activists elaborated the anti-trans bills will have a devastating effect on trans youth in the state — especially youth who help advocate against them.

Rebekah Bryant, an 8- year-old trans girl, from Houston who loves soccer and gymnastics, has been to the Capitol six times the past year to speak out against the bills.

“I’ve been with the same classmates for three years, and none of them knew I was trans until this year,” she said. “When my mom had to speak at the Capitol, they loved me just the same, because kids my age don’t care about that stuff. Kids care about what’s in your heart.” Rebekah told the senate committee.

This is very difficult for young people like Rebekah. classmates did not know she was biologically born a boy, they may accept it, but it is not fair for Rebekah to compete in an all-girls sport given that she was born with naturally male genetics. According to Science daily, “It’s already known that males’ upper bodies, on average, have 75% more muscle mass and 90% more strength than females.”

According to USA TODAY, the 2022 Olympics face a challenge in balancing fairness and inclusion. New rules have been set for transgender athletes this year competing for the first time. Weightlifter Laurel Hubbard from New Zealand, competes in the Olympics and has caused a frenzy in whether transgender women have an advantage over their cisgender counterparts.

So, it is physical disadvantages, in athleticism of genders. For males, they statistically excel women in endurance and strength. Female to female sports have only been allowed to compete against one another and should only be kept that way. Just because someone considers themselves a girl, when biologically born a boy is in fact unfair and ethically wrong for trans athletes to compete in interscholastic sports with biologically born females.