



### Participants should be able to:

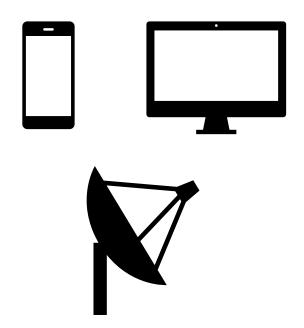
- know how to access news from different sources
- they need to know the news sources in their communities
- convinced of the importance of getting information from various sources

Duration: 90mins

Delivery methods: Mini-Lecture, Brainstorming, Buzz Groups, Discussion

Tools: Flip Charts, Brown Paper, Cards

- 15' **Brainstorm in pairs:** Participants list different sources of information they are using and what they use them for. Where do you get your information from? → collecting: sources of information
- 15' Work in Pairs: Mental journey back in childhood. Which sources of information influenced your media culture? What has changed? why?
- 10' Mini lecture: importance of different forms of information, verification, avoid fake news, full account
- 10' **Group Work:** How do you want to get a "good" media diet in the future? Visualise your media diet on a flip chart.



- 15' **Feedback:** What are the clusters? What are the similarities and differences? Gaps that may arise. Which of the sources are trustworthy?
- 10' **Discussion of results:** How did this influence us? What can we learn of this?
- 20' Energizer: Two lies and one fact about yourself.

  Present then let other members guess which one of the 'facts' is true. What can we learn from this about information we receive from the media?
- 15' Presentation and Conclusion



# Getting information

#### Why is access to information important for us?

- ✓ Access to information enables citizens to know what is going on in their communities, city, country and world at large.
- ✓ It raises their awareness about issues affecting them and possible ways of dealing with them.
- ✓ Enables them to make informed decisions and participate in democratic processes that have impact on their well-being.

#### Why is it important to get information from credible and trusted sources?

- √ To get and consume accurate information
- √ To be informed rather than misinformed
- √ To avoid spreading fake news

## Some sources of information

