

Reading with Grit Lesson Plan

Lesson Objectives:

SWBAT define grit.

SWBAT explain the importance of grit in reading.

SWBAT examine their own grit as readers and set goals in a conference with me to improve their grit.

Summary of Tasks/ Actions:

- Mini-lesson:

- Review previous bend and introduce new bend about “tackling challenging texts”
- Connect today’s lesson to running a marathon/ long distances
- “Today I want to teach you that it takes grit to be a great reader! It means pushing through when it gets tough!”
Determination...
- Tie to the virtue of perseverance
- Discuss what grit is (which is a review because this has previously been discussed in Writer’s Workshop very briefly)
 - 2016 study about grit and the brain
 - They studied over 200 students and measured them on a scale that includes two dimensions, each with four items: the consistency of interest, which reflects the maintenance of one’s interests over a very long time; and the perseverance of effort, which reflects the tendency to continue to put forth effort in the face of failure or adversity.
 - They studied and scanned their brains and compared it to questionnaires that the students filled out and they found that
 - Lower grit scores= higher impulsiveness
 - Grit is a crucial personality strength for academic performance
- Preview Reading Grit Test on the projector
- “Off you go! After you finish your grit test, please Read to Self” - students will evaluate their own grit by taking the Reading Grit Test independently at their seats
- Circulate during to check how each student is doing

- Read to Self & Conferring

- Confer with students about their grit results and set a goal (~5 students)

- Closing

- Address whole class to tie back with mini-lesson (along with my observations, encouragement, praise)
- Remind class to log in Reading Logs

Materials:

- Reading Grit Test
- Reading Pouch with Reading Log & book
- Pencil
- My conferring notes