# Qelbree (viloxazine) for Attention Deficit Hyperactivity Disorder (ADHD)

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# Attention Deficit Hyperactivity Disorder (ADHD)

- Prevalence
  - Children: ~ 6.1 million (9.4%) in 2016
  - Adults: ~4.4%
- Comorbid psychiatric disorders are common in both adults and children
  - Anxiety, behavior/conduct problems, mood disorders, substance abuse, etc.

# Attention Deficit Hyperactivity Disorder (ADHD)

- Diagnosis based on DSM-5 criteria
- Evaluation
  - ADHD rating scales (ADHD-RS)
  - Conners Rating Scale
- Treatment
  - Pre-school: behavioral therapy
  - Children and adolescents (6-17): pharmacological treatments
  - Adults: pharmacological treatments

# Attention Deficit Hyperactivity Disorder (ADHD)

#### **Stimulants**

- May use in children (≥ 6 y/o), adolescents, and adults
- Strong and sufficient evidence for management of ADHD

#### Non-stimulants

- May use in children, adolescents, and adults
  - FDA approval for children and adolescents (6-17 y/o) except for atomoxetine
- Not as strong evidence compared to stimulants
  - Atomoxetine is recommended as a first line agent along with other stimulants in adults

- Approved April 2, 2021
- Indication: treatment of attention deficit hyperactivity disorder
   (ADHD) in pediatric patients (6-17 y/o)
- MOA: selective norepinephrine reuptake inhibitor (non-stimulant)

- Dosage form: oral capsule
- Dose:
  - 6-11 y/o: 100 mg once daily. Titrate 100 mg weekly. Max dose 400 mg/day
  - 12-17 y/o: 200 mg once daily. Titrate 200 mg weekly. Max dose 400 mg/day
  - Renal impairment: 100 mg/day. Titrate 50 100 mg weekly. Max dose
     200 mg/day
- May open and sprinkled onto applesauce

- Drug interactions:
  - MAOI (Selegiline, rasagiline, phenelzine, etc.)
    - Hypertensive crisis
    - Do not use together or within 2 weeks of MAOI d/c
  - Sensitive to CYP1A2 substrates or CYP1A2 substrates with a narrow therapeutic range (alosetron, duloxetine, ramelteon, tasimelteon, tizanidine, theophylline)
    - Increased exposure (but not peak exposure) of the CYP1A2 substrates (↑ toxicity)
    - Do not use together
  - Moderate sensitive CYP1A2 substrates (clozapine, pirfenidone)
    - Increased exposure (but not peak exposure) of the CYP1A2 substrates (↑ toxicity)
    - Concurrent use not recommended; may warrant dose reduction

- Drug interactions:
  - CYP2D6 substrates (atomoxetine, desipramine, dextromethorphan, nortriptyline, metoprolol, nebivolol, perphenazine, tolterodine, venlafaxine, and risperidone)
    - Increased exposure of the CYP2D6 substrates (↑ toxicity)
    - Monitor and adjust dosage of CYP2D6 substrates, as clinically indicated
  - CYP3A4 substrates (darunavir, saquinavir, simvastatin, tipranavir, alfentanil, avanafil, etc.)
    - Increased exposure of the CYP3A4 substrates (↑ toxicity)
    - Monitor and adjust dosage of CYP3A4 substrates, as clinically indicated

- Contraindications
  - Concurrent or h/o MAOI use within 14 days
  - Concomitant use of sensitive CYP1A2 substrates or CYP1A2 substrates with narrow therapeutic range
- Boxed warning:
  - Suicidal thoughts and behaviors
- Adverse reactions (≥ 5%)
  - Somnolence, decreased appetite, fatigue, nausea, vomiting, insomnia, and irritability

# Clinical Evidence

Study design	Randomized, placebo-controlled, phase III trial		
Intervention	<ul> <li>Viloxazine 100 mg/day, 200 mg/day, placebo</li> <li>Subjects were required to stop taking any other ADHD medications starting at least 1 week prior to randomization and throughout the study</li> </ul>		
Study population	School-age children (6-11 y/o) with ADHD		
Inclusion criteria	Diagnosis of ADHD, ADHD-RS-5 total score ≥ 28, CGI-S ≥4		
Exclusion criteria	Concurrent psychiatric/neurological disorders (except oppositional defiant disorder or MDD that is currently and has been free of symptoms for the past 6 months), systemic disease, evidence of suicidality within 6 months of screening		
Endpoints	Primary: change from baseline (CFB) in the ADHD-RS-5 total score at end of study (EOS; week 6) Key secondary endpoints: CGI score at EOS, CFB in the Conners 3-PS Composite T-score at EOS, CFB in the WFIRS-P total average score at EOS		

Nasser A, et al. Clin Ther. 2020;42(8):1452-1466.

Table I.	Demographic and	baseline characteristics in	the intent-to-treat	(ITT) population.
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Characteristic	Placebo SPN-		312	Overall
		100 mg/day	200 mg/day	
N (ITT)	155	147	158	460
Age, mean (SD), y	8.5 (1.7)	8.5 (1.7)	8.5 (1.7)	8.5 (1.7)
Sex, n (%)				
Male	97 (62.6)	94 (63.9)	99 (62.7)	290 (63.0)
Female	58 (37.4)	53 (36.1)	59 (37.3)	170 (37.0)
Ethnicity, n (%)				
Hispanic or Latino	32 (20.6)	38 (25.9)	51 (32.3)	121 (26.3)
Not Hispanic or Latino	123 (79.4)	108 (73.5)	107 (67.7)	338 (73.5)
Race, n (%)				
American-Indian or Alaska Native	1 (0.6)	1 (0.7)	0	2 (0.4)
Asian	1 (0.6)	0	0	1 (0.2)
Black or African American	69 (44.5)	63 (42.9)	69 (43.7)	201 (43.7)
Multiple	7 (4.5)	7 (4.8)	6 (3.8)	20 (4.3)
White	77 (49.7)	76 (51.7)	83 (52.5)	236 (51.3)
Weight, mean (SD), kg	31.1 (8.0)	31.7 (8.9)	31.8 (8.4)	31.5 (8.4)
Body mass index, mean (SD), kg/m <sup>2</sup>	16.9 (2.2)	17.3 (2.2)	17.2 (2.4)	17.1 (2.3)
ADHD-RS-5, mean (SD)				
Total score	43.6 (7.1)	45.0 (6.5)	44.0 (6.8)	44.2 (6.8)
Inattention	22.5 (3.8)	22.8 (3.2)	22.9 (3.5)	22.7 (3.5)
Hyperactivity/Impulsivity	21.1 (4.9)	22.2 (4.7)	21.1 (5.2)	21.5 (4.9)
CGI-S score, mean (SD)	4.8 (0.7)	4.8 (0.8)	4.8 (0.7)	ND

ADHD-RS-5 = ADHD Rating Scale-5; CGI-S = Clinical Global Impression—Severity of Illness; ND = not determined; SD = standard deviation.

- Young, male, non-Hispanic, white or black
- Frequent ADHD symptoms
  - Similar frequency between inattention and hyperactivity/impulsivity symptoms
- Moderate illness

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- Viloxazine significantly improved ADHD-RS-5 scores by the end of study (EOS)
  - Significance is seen starting week1 and maintained till EOS

Table II. ADHD Rating Scale-5 (ADHD-RS-5) results in the intent-to-treat population at end of study by treatment group.

ADHD-RS-5 Measure	Placebo		SPN-812	
	(n = 155)	100 mg/day (n = 147)	200 mg/day (n = 158)	
CFB, LS mean (SE)				
Total score	-10.9 (1.14)	-16.6 (1.16)*	$-17.7(1.12)^{\dagger}$	
Inattention subscale <sup>‡</sup>	-5.7 (0.60)	-8.6 (0.62)*	$-9.2(0.60)^{\dagger}$	
Hyperactivity/Impulsivity subscale <sup>‡</sup>	-5.5 (0.59)	-8.0 (0.60)*	$-8.7(0.58)^{\dagger}$	
50% responder rate§	31 (19.8%)	50 (34.2%)*	65 (41.2%)	

<sup>\*</sup>P < 0.05 versus placebo.

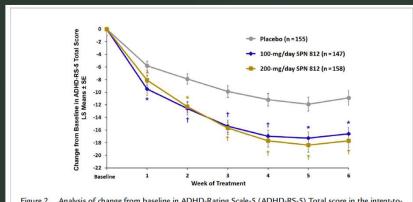
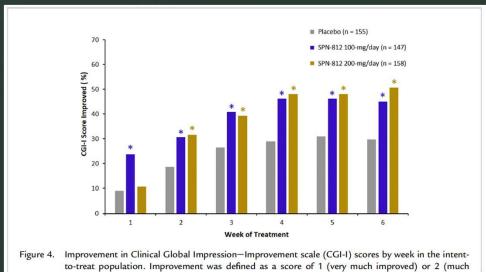


Figure 2. Analysis of change from baseline in ADHD-Rating Scale-5 (ADHD-RS-5) Total score in the intent-to-treat population. LS = least squares; SE = standard error.  $^*P < 0.05$ .  $^\dagger P < 0.0001$ .

<sup>†</sup>P < 0.0001 versus placebo.

<sup>&</sup>lt;sup>‡</sup>P values derived from ANCOVA model.

<sup>§</sup> P values derived from logistic regression.



improved). \*P < 0.05.

Significantly more patients in viloxazine group were in CGI-I 1 or 2 (very much improved or much improved)

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Table III. Conners 3-Parent Short Form (Conners 3-PS) and Weiss Functional Impairment Rating Scale-Parent Form (WFIRS-P) results by treatment group. Values indicate change from baseline and are given as least squares mean (SE); P values are derived from an ANCOVA model.

Measure	Placebo ( $n = 155$ )	SPN	-812
		100 mg	200 mg
		(n = 147)	(n = 158)
Conners 3—PS (T-score)			
Composite	-4.8 (0.81)	-9.1 (0.83)*	-9.2 (0.82)*
Content Scales			
Inattention	-6.6 (1.06)	-11.1 (1.09)*	-11.1 (1.06)*
Hyperactivity	-6.0 (1.06)	-10.0 (1.08)*	-10.8 (1.06)*
Learning problems	-3.2 (0.91)	-6.4 (0.94)*	-6.3 (0.91)*
Executive functioning	-6.5 (0.99)	-11.9 (1.03)*	-10.8 (0.99)*
Defiance/aggression	-4.3 (1.12)	-6.0 (1.13)	-7.9 (1.11)*
Peer relations	-2.7 (1.19)	-8.8 (1.21)*	-7.8 (1.18)*
WFIRS-P (average score)			
Total	-0.22 (0.033)	-0.36 (0.033)*	-0.39 (0.032)
Domains	0.000.000.000.000.000.000		
Family	-0.26 (0.048)	-0.41 (0.048)*	-0.51 (0.047)
Self-concept	-0.21 (0.044)	-0.25 (0.045)	-0.27 (0.043)
School	-0.28 (0.051)	-0.51 (0.052)*	-0.52 (0.051)
Life skills	-0.27 (0.038)	-0.36 (0.038)	-0.34 (0.037)
Social activities	-0.20 (0.043)	-0.34 (0.044)*	-0.37 (0.043)
Risky activities	-0.12 (0.028)	-0.21 (0.028)*	-0.24 (0.028)

<sup>\*</sup>P < 0.05 versus placebo. SE = standard error.

 Viloxazine significantly improved Conners 3-PS and WFIRS-P scores

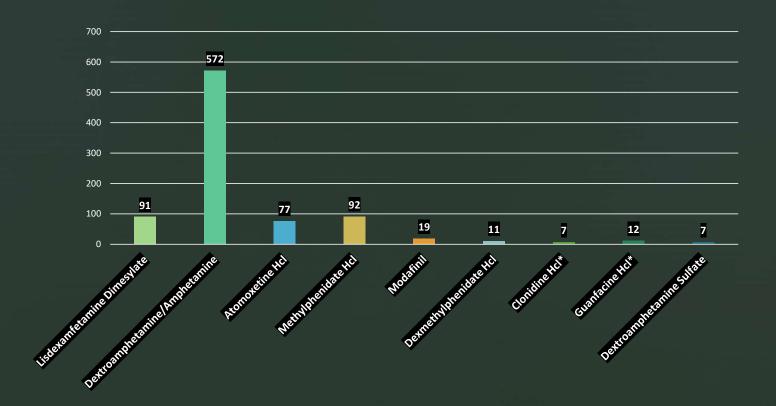
Safety Measure (Preferred Term)	Placebo $(n = 159)$	SPN-812		
		100 mg/day	200 mg/day	Overall
		(n = 154)	(n = 161)	(n = 315)
At least 1 AE	47 (29.6)	74 (48.1)	77 (47.8)	151 (47.9)
Treatment-related AEs ≥5%				
Somnolence	3 (1.9)	14 (9.1)	14 (8.7)	28 (8.9)
Decreased appetite	0	7 (4.5)	12 (7.5)	19 (6.0)
Headache	3 (1.9)	7 (4.5)	10 (6.2)	17 (5.4)
AEs leading to discontinuation				
Total	2 (1.3)	5 (3.2)	2 (1.2)	7 (2.2)
Tachycardia	0	1 (0.6)	0	1 (0.3)
Fatigue	0	1 (0.6)	0	1 (0.3)
ECG T-wave inversion	0	1 (0.6)	0	1 (0.3)
Decreased appetite	0	0	1 (0.6)	1 (0.3)
Dizziness	0	1 (0.6)	0	1 (0.3)
Aggression	1 (0.6)	1 (0.6)	0	1 (0.3)
Agitation	1 (0.6)	0	0	0
Conduct disorder	0	1 (0.6)	0	1 (0.3)
Pyromania	0	1 (0.6)	0	1 (0.3)
Sleep terror	0	0	1 (0.6)	1 (0.3)

- Higher incidence of AE reported with viloxazine
  - Similar between the two doses
- Most common: somnolence, decreased appetite, and headache
- AEs leading to treatment discontinuations:
  - mostly CV or CNs related
  - Infrequently reported

# Clinical Evidence – Discussion and Conclusion

- Findings suggest viloxazine is an effective and the improvements are clinically meaningful
- Unclear what other treatments the study patients received previously
- No comparative efficacy
- Only studied and approved for use in children
  - At AmidaCare, majority of ADHD patients are adults (currently)
- Excluded patients with other psychiatric disorders
- Potential drug interactions with CYP2D6, CYP3A4 substrates/inhibitors
- Viloxazine can be a nonstimulant option for ADHD treatments; however, use at AmidaCare may be limited to small group

#### AmidaCare Utilization



# Medication Cost Analysis

Drug	30-day supplies (at max dose)
Qelbree	<mark>\$358.80</mark>
Lisdexamphetamine (Vyvanse)	\$401.979
Dextroamphetamine/ amphetamine	IR \$538.80
(Adderall)	ER \$512.58
Atomoxetine	\$500.58
Guanfacine ER (Intuniv)	\$349.5
Clonidine (Kapvay)	\$1,164
Modafinil	\$1,979.98

Drug	30-day supplies (at max dose)
Dextroamphetamine	\$449.92
Dexmethylphenidate	IR \$84
	ER \$255.26
Methylphenidate	Tab: \$131.07 TER: \$617.31 LACap: \$444.46

## Formulary Recommendation

- Non-formulary, prior authorization
  - PA criteria
    - Age 6-17
    - Diagnosis of ADHD
    - Unable to take stimulants
    - No concurrent psychiatric disorders except for:
      - Oppositional defiant disorder
      - MDD that is currently and has been free of symptoms for the past 6 months
    - Not currently on regimens that are contraindicated
    - No evidence of suicidal behaviors/ideation in the past 6 months

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