

NEW PERSONALIST MOVEMENT OFFICE OF THE LIBERATION OF SAINT PETER



Prayer Before Praying the Office

Open, O Lord, + my mouth to bless your holy name;
cleanse + my heart from all vain, evil, and wandering thoughts;
enlighten my understanding and kindle my affections;
that I may worthily, attentively, and devoutly say this Office,
and so deserve to be heard before the presence of your divine Majesty.
Through Christ our Lord.

— Amen.

Lord, in union with that divine intention,
with which you praised God while you were on earth,
I offer to you this Hour.

— Amen.

Vigils/Extended Order of Readings

Lord, + open my lips.
— And my mouth will proclaim your praise.

INVITATORY

Ant. Let us sing praise to God, as we acclaim Saint Peter
Psalm 95

Come, let us sing to the Lord *
and shout with joy to the Rock who saves us.
Let us approach him with praise and thanksgiving *
and sing joyful songs to the Lord.

Ant. Let us sing praise to God, as we acclaim Saint Peter

The Lord is God, the mighty God, *
the great king over all the gods.
He holds in his hands the depths of the earth *
and the highest mountains as well.
He made the sea; it belongs to him, *
the dry land, too, for it was formed by his hands.

Ant. Let us sing praise to God, as we acclaim Saint Peter

Come, then, let us bow down and worship, *
bending the knee before the Lord, our maker.
For he is our God and we are his people, *
the flock he shepherds.

Ant. Let us sing praise to God, as we acclaim Saint Peter

Today, listen to the voice of the Lord: †
Do not grow stubborn, as your fathers did
in the wilderness, *
when at Meriba and Massah
they challenged me and provoked me, *
Although they had seen all of my works.

Ant. Let us sing praise to God, as we acclaim Saint Peter

Forty years I endured that generation. *
I said, "They are a people whose hearts go astray
and they do not know my ways."
So I swore in my anger, *
"They shall not enter into my rest."

Ant. Let us sing praise to God, as we acclaim Saint Peter
(Bow)

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. Let us sing praise to God, as we acclaim Saint Peter

HYMN

Jesus, Redeemer of Us All *Iesu redemptor omnium*

655



1. Je - sus, Re - deem - er of us all,
 2. Your faith - ful peo - ple cel - e - brate
 3. He passed with calm and peace - ful step
 4. And right - ly he held back his heart
 5. O gra - cious Lord, grant us, we pray,
 6. To you, O Christ, most lov - ing King,

1. e - ter - nal crown of saints a - bove,
 2. with year - ly feast and sol - emn praise
 3. be - yond the cares this world can hold;
 4. from fleet - ing joys that fade and fail;
 5. that we may fol - low in his steps;
 6. and to the Fa - ther, glo - ry be,

1. with lov - ing mer - cy heed our prayer,
 2. this Saint re - vered for ho - li - ness,
 3. with con - stant faith and hope in you
 4. re - joic - ing now with an - gel choirs,
 5. then by his prayer, for - give our sin,
 6. one with the Spir - it Par - a - clete

1. who raise our voice to you this day.
 2. who once con - fessed your sa - cred name.
 3. he trod sal - va - tion's path to life.
 4. he finds re - ward in heav'n a - bove.
 5. and free your ser - vants from their guilt.
 6. from age to age for ev - er - more.



6. A - men.

Melody: WAREHAM, 8 8 8 8; William Knapp, 1698-1768



Hymn. 1. Esu Redemptor omni-um, Quem lu-cis ante o-ri-gi-nem, Pa-rem pa-térnae gló-ri-ae, Pa-ter supré-mus é-di-dit. 2. Tu lumen et splen-dor Patris, Tu spes per-énis omni-um : Inténde quas fundunt pre-ces Tu-i per orbem sérvu-li. 3. Meménto, re-rum Cón-di-tor, Nostri quod o-lim sumpse-ris. 4. Testá-tur hoc prae-sens di-es, Curréns per an-ni cír-cu-lum, Quod so-lus e si-nu Patris Mundi sa-lus ad-véne-ris. 5. Hunc astra, tel-lus, aéquo-ra, Hunc omne quod caelo sub-est, Sa-lú-tis auctó-rem novae Novo sa-lú-tat cán-ti-co. 6. Et nos, be-á-ta quos sacri Ri-gá-vit unda sán-gui-nis, Na-tá-lis ob di-em tu-i, Hymni tri-bú-tum sólvimus. 7. Je-su, ti-bi sit gló-ri-a, Qui na-tus es de Vír-gi-ne, Cum Patre et almo Spí-ri-tu, In sempi-térna saécu-la. A-men.

PSALMODY AND RESPONSE

Ant. 1 Nothing can withstand the burning heat of the bridegroom.

Psalm 19A

The heavens proclaim the glory of God *
and the firmament shows forth the work of his hands.
Day unto day takes up the story *
and night unto night makes known the message.

No speech, no word, no voice is heard
yet their span extends through all the earth, *
their words to the utmost bounds of the world.

There he has placed a tent for the sun;
it comes forth like a bridegroom coming from his tent, *
rejoices like a champion to run its course.

At the end of the sky is the rising of the sun;
to the furthest end of the sky is its course. *
There is nothing concealed from its burning heat.

(Bow)

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. 1 Nothing can withstand the burning heat of the bridegroom.

Ant. 2 The just rejoice in the Lord. They fly to him for refuge.

Psalm 64

Hear my voice, O God, as I complain, *
guard my life from dread of the foe.
Hide me from the band of the wicked, *
from the throng of those who do evil.

They sharpen their tongues like swords; *
they aim bitter words like arrows
to shoot at the innocent from ambush, *
shooting suddenly and recklessly.

They scheme their evil course; *
they conspire to lay secret snares.
They say: "Who will see us? *
Who can search out our crimes?"

He will search who searches the mind *
and knows the depth of the heart.
God has shot them with his arrow *
and dealt them sudden wounds.
Their own tongue has brought them to ruin *
and all who see them mock.

Then will all men fear;
they will tell what God has done. *
They will understand God's deeds.
The just will rejoice in the Lord
and fly to him for refuge. *
All the upright hearts will glory.

(Bow)

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. 2 The just rejoice in the Lord. They fly to him for refuge.

Ant. 3 The Lord loves those who hate evil: he sets his saints free.

Psalm 97

The Lord is king, let earth rejoice, *
let all the coastlands be glad.
Cloud and darkness are his raiment; *
his throne, justice and right.

A fire prepares his path; *
it burns up his foes on every side.
His lightnings light up the world, *
the earth trembles at the sight.

The mountains melt like wax *
before the Lord of all the earth.
The skies proclaim his justice; *
all peoples see his glory.

Let those who serve idols be ashamed, †
those who boast of their worthless gods. *
All you spirits, worship him.

Zion hears and is glad; †
the people of Judah rejoice *
because of your judgments, O Lord.

For you indeed are the Lord, †
most high above all the earth, *
exalted far above all spirits.

The Lord loves those who hate evil: †
he guards the souls of his saints; *
he sets them free from the wicked.

Light shines forth for the just *
and joy for the upright of heart.
Rejoice, you just, in the Lord; *
give glory to his holy name.

Glory to the Father, and to the Son, *
and to the Holy Spirit:
(Bow)
as it was in the beginning, is now, *
and will be for ever. Amen.

Ant 3. The Lord loves those who hate evil: he sets his saints free.

Response

May the word of Christ ever fill your hearts.
— Share with one another the wisdom you receive.

FIRST READING AND RESPONSORY.

First Reading: Acts of the Apostles 12:1-10

From the Acts of the Apostles

About that time King Herod laid hands upon some members of the church to harm them. He had James, the brother of John, killed by the sword, and when he saw that this was pleasing to the Jews he proceeded to arrest Peter also. It was the feast of Unleavened Bread. He had him taken into custody and put in prison under the guard of four squads of four soldiers each. He intended to bring him before the people after Passover. Peter thus was being kept in prison, but prayer by the church was fervently being made to God on his behalf.

On the very night before Herod was to bring him to trial, Peter, secured by double chains, was sleeping between two soldiers, while outside the door guards kept watch on the prison. Suddenly the angel of the Lord stood by him and a light shone in the cell. He tapped Peter on the side and awakened him, saying, "Get up quickly." The chains fell from his wrists. The angel said to him, "Put on your belt and your sandals." He did so. Then he said to him, "Put on your cloak and follow me." So he followed him out, not realizing that what was happening through the angel was real; he thought he was seeing a vision. They passed the first guard, then the second, and came to the iron gate leading out to the city, which opened for them by itself. They emerged and made their way down an alley, and suddenly the angel left him.

Responsory

Do not fear: I am with you; do not be anxious: I am your God.

— I will strengthen you, I will help you, I will uphold you with my victorious right hand.

In fact, all who want to live religiously in Christ Jesus will be persecuted.

— I will strengthen you, I will help you, I will uphold you with my victorious right hand.

SECOND READINGS AND RESPONSORY

Second Reading: Selection from the prison letters from Blessed Franz Jägerstätter, Martyr

These few words are being set down here as they come from my mind and my heart. And if I must write them with my hands in chains, I find that much better than if my will were in chains. Neither prison nor chains nor sentence of death can rob a man of the Faith and his free will. God gives so much strength that it is possible to bear any suffering, a strength far stronger than all the might of the world. (...)

I can easily see that anyone who refuses to acknowledge the Nazi Folk Community and also is unwilling to comply with all the demands of its leaders will thereby forfeit the rights and privileges offered by that nation. But it is not much different with God: he who does not wish to acknowledge the community of saints or who does not obey all the commandments set forth by Him and His Church and who is not ready to undergo sacrifices and to fight for His Kingdom either—such a one also loses every claim and every right under that Kingdom (...)

Therefore, just as the man who thinks only of this world does everything possible to make life here easier and better, so must we, too, who believe in the eternal Kingdom, risk everything in order to receive a great reward there. Just as those who believe in National Socialism tell themselves that their struggle is for survival, so must we, too, convince ourselves that our struggle is for the eternal Kingdom. But with this difference: we need no rifles or pistols for our battle, but, instead, spiritual weapons—and the foremost among these is prayer. For prayer, as St. Clare says, is the shield which the flaming arrows of the Evil One cannot pierce. (...) Through prayer we constantly implore new grace from God, since without God's help and grace it would be impossible for us to preserve the Faith and be true to His commandments.

Now anyone who is able to fight for both kingdoms and stay in good standing in both communities (that is, the community of saints and the Nazi Folk Community) and who is able to obey every command of the Third Reich—such a man, in my opinion, would have to be a great magician. I for one cannot do so. And I definitely prefer to relinquish my rights under the Third Reich and thus make sure of deserving the rights granted under the Kingdom of God. It is certainly unfortunate that one cannot spare his family this sorrow. But the sorrows of this world are short-lived and soon pass away. And this sorrow is not at all comparable to those that Jesus was not able to spare His dear Mother in His suffering and death. (...)

The true Christian is to be recognized more in his works and deeds than in his speech. The surest mark of all is found in deeds showing love of neighbor. To do unto one's neighbor what one would desire for himself is more than merely not doing to others what one would not want done to himself. Let us love our enemies, bless those who curse us, pray for those who persecute us. For love will conquer and will endure for all eternity. And happy are they who live and die in God's love.

Responsory

The spirit of the Lord God is upon me, because the Lord has anointed me; He has sent me to bring good news to the afflicted, to bind up the brokenhearted,

— To proclaim liberty to the captives, release to the prisoners.

Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom.

— To proclaim liberty to the captives, release to the prisoners.

CANTICLES

Ant. Let your belts be fastened round your waists, and have your lamps burning ready.

Canticle I: Isaiah 61:6-9

You shall be named priests of the Lord, *
ministers of our God you shall be called.
You shall eat the wealth of the nations *
and boast of riches from them.

Since their shame was double *
and disgrace and spittle were their portion,
They shall have a double inheritance in their land, *
everlasting joy shall be theirs.

For I, the Lord, love what is right, *
I hate robbery and injustice;
I will give them their recompense faithfully, *
a lasting covenant I will make with them.

Their descendants shall be renowned among the nations, *
and their offspring among the peoples;
All who see them shall acknowledge them *
as a race the Lord has blessed.

(Bow)

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Canticle II: Wisdom 3:7-9

In the time of their visitation the just shall shine, *
and shall dart about as sparks through stubble;
they shall judge nations and rule over peoples, *
and the Lord shall be their King forever.

Those who trust in him shall understand truth, *
and the faithful shall abide with him in love:
because grace and mercy are with his holy ones, *
and his care is with the elect.

(Bow)

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Canticle III: Wisdom 10:17-21

God gave the holy ones the recompense of their labors, *
conducted them by a wondrous road,
and became a shelter for them by day *
and a starry flame by night.

He took them across the Red Sea *
and brought them through the deep waters—
but their enemies he overwhelmed, *
and cast them up from the bottom of the depths.

Therefore the just despoiled the wicked; *
and they sang, O Lord, your holy name
because Wisdom opened the mouths of the dumb, *
and gave ready speech to infants.

(Bow)

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. Let your belts be fastened round your waists, and have your lamps
burning ready.

THE HOLY GOSPEL: Matthew 24:31-46

A reading from the holy gospel + + + according to Matthew

"When the Son of Man comes in his glory, and all the angels with him, he
will sit upon his glorious throne, and all the nations will be assembled
before him. And he will separate them one from another, as a shepherd
separates the sheep from the goats. He will place the sheep on his right
and the goats on his left. Then the king will say to those on his right, 'Come,

you who are blessed by my Father. Inherit the kingdom prepared for you from the foundation of the world. For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me.' Then the righteous will answer him and say, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? When did we see you a stranger and welcome you, or naked and clothe you? When did we see you ill or in prison, and visit you?' And the king will say to them in reply, 'Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me.' Then he will say to those on his left, 'Depart from me, you accursed, into the eternal fire prepared for the devil and his angels. For I was hungry and you gave me no food, I was thirsty and you gave me no drink, a stranger and you gave me no welcome, naked and you gave me no clothing, ill and in prison, and you did not care for me.' Then they will answer and say, 'Lord, when did we see you hungry or thirsty or a stranger or naked or ill or in prison, and not minister to your needs?' He will answer them, 'Amen, I say to you, what you did not do for one of these least ones, you did not do for me.' And these will go off to eternal punishment, but the righteous to eternal life."

TE DEUM

You are God: we praise you;
You are the Lord: we acclaim you;
You are the eternal Father:
All creation worships you.

To you all angels, all the powers of heaven,
Cherubim and Seraphim, sing in endless praise:
Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.

The glorious company of apostles praise you.
The noble fellowship of prophets praise you.
The white-robed army of martyrs praise you.

Throughout the world the holy Church acclaims you:
Father, of majesty unbounded,
your true and only Son, worthy of all worship,
and the Holy Spirit, advocate and guide.

You, Christ, are the king of glory,
the eternal Son of the Father.

When you became man to set us free
you did not spurn the Virgin's womb.

You overcame the sting of death,
and opened the kingdom of heaven to all believers.

You are seated at God's right hand in glory.
We believe that you will come, and be our judge.

Come then, Lord, and help your people,
bought with the price of your own blood,
and bring us with your saints
to glory everlasting.

Save your people, Lord, and bless your inheritance.
— Govern and uphold them now and always.
Day by day we bless you.
— We praise your name for ever.
Keep us today, Lord, from all sin.
— Have mercy on us, Lord, have mercy.
Lord, show us your love and mercy;
— for we put our trust in you.
In you, Lord, is our hope:
— and we shall never hope in vain.

CONCLUDING PRAYER

Let us pray,
God our Father, you freed the blessed apostle Peter from his chains and
sent him forth unharmed. Free us from the bonds of our sins and, in your
mercy, aid those currently imprisoned and persecuted in our fallen world.
Make us instruments of your peace and mercy in our world, through the
grace of our Lord Jesus Christ, your Son, who lives and reigns with you in
the unity of the Holy Spirit, God, for ever and ever.
— Amen.

Let us praise the Lord.
— And give him thanks.

Lauds/Morning Prayer

God, + come to my assistance.

— Lord, make haste to help me.

(Bow)

Glory to the Father, and to the Son, and to the Holy Spirit:

— as it was in the beginning, is now, and will be for ever. Amen. (Alleluia.)

HYMN

653

O Faithful Saints, Who Follow Christ
Beata celi



1. O faith - ful Saints, who fol - low Christ,
2. With kind - ness bend your gra - cious ear
3. Spurred on by faith - ful love for Christ,
4. You spurned the de - mons' wil - y arts
5. You live in bless - ed glo - ry now;
6. May God, all - gra - cious Three in One,

1. you now pos - sess in high de - gree
2. to hear our hymns and can - ti - cles,
3. you bore a hard and bit - ter cross,
4. and false il - lu - sions of this world;
5. draw near and hear the hum - ble prayers
6. in his great mer - cy hear your prayers

1. the bless - ed joys of heav'n a - bove,
2. the prais - es we pour forth for you
3. o - bey - ing him with tire - less zeal
4. con - fess - ing Christ through right - eous - ness,
5. of all who long with burn - ing hearts
6. and lead us all to heav - en's height:

1. your rich re - ward for faith con - fessed.
2. as ex - iles from the Fa - ther's house.
3. and filled with burn - ing char - i - ty.
4. you made your way to star - ry heights.
5. to walk the paths that you have trod.
6. to him be glo - ry ev - er - more.

6. A - men.

Melody: WAREHAM, 8 8 8 8; William Knapp, 1698–1768

Hymn. 8.

B E-á-ta cæ-li gaudi-a, Confessi-ónis præmi-um,
Christi o fi-dé-les ásseclæ Jam possi-dé-tis áffa-tim. 2. Lau-
des be-nígnis áuri-bus Audí-te, quas effúndimus Nos éxsu-
les de pátri-a Vo-bis sacrá-to cánti-co. 3. Amó-re Chris-
ti pérci-ti Cru-cem tu-listis áspe-ram, Obœdi-éntes, ímpi-
gri Et ca-ri-tá-te férví-di. 4. Spe-vístis artes dæmonum Sæ-
vúm que avérni prínci-pem Christum fa-téndo mó-ri-bus,
Migrástis inter sí-de-ra. 5. Jam nunc po-tí-ti gló-ri-a, Adés-
te vo-tis ómni-um Ardéter exoptánti-um Exémpla vestra
pró-sequi. 6. Ut Christe, Rex pi-íssime, Ho-rum pre-cá-tu,
nó-xi-a No-bis remít-tis crími-na, Clamámus o-re súpli-
ci. 7. Sit laus, honor, sit gló-ri-a De-o Patri cum Fí-li-o
Sancto simul Pa-rácli-to In sempí-térna sácu-la. A-men.

PSALMODY

Ant. 1 The Lord has given them unending glory; their name shall be in everlasting remembrance.

Psalm 63:2-9

O God, you are my God, for you I long; *
for you my soul is thirsting.
My body pines for you *
like a dry, weary land without water.
So I gaze on you in the sanctuary *
to see your strength and your glory.

For your love is better than life, *
my lips will speak your praise.
So I will bless you all my life, *
in your name I will lift up my hands.
My soul shall be filled as with a banquet, *
my mouth shall praise you with joy.

On my bed I remember you. *
On you I muse through the night
for you have been my help; *
in the shadow of your wings I rejoice.
My soul clings to you; *
your right hand holds me fast.

(Bow)

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. 1 The Lord has given them unending glory; their name shall be in everlasting remembrance.

Ant. 2 Servants of the Lord, bless the Lord for ever.

Canticle: Daniel 3:57-88, 56

Bless the Lord, all you works of the Lord. *
Praise and exalt him above all forever.
Angels of the Lord, bless the Lord. *
You heavens, bless the Lord.
All you waters above the heavens, bless the Lord. *
All you hosts of the Lord, bless the Lord.
Sun and moon, bless the Lord. *
Stars of heaven, bless the Lord.

Every shower and dew, bless the Lord. *
All you winds, bless the Lord.
Fire and heat, bless the Lord. *
Cold and chill, bless the Lord.
Dew and rain, bless the Lord. *
Frost and chill, bless the Lord.
Ice and snow, bless the Lord. *
Nights and days, bless the Lord.
Light and darkness, bless the Lord. *
Lightnings and clouds, bless the Lord.

Let the earth bless the Lord. *
Praise and exalt him above all forever.
Mountains and hills, bless the Lord. *
Everything growing from the earth, bless the Lord.
You springs, bless the Lord. *
Seas and rivers, bless the Lord.
You dolphins and all water creatures, bless the Lord. *
All you birds of the air, bless the Lord.
All you beasts, wild and tame, bless the Lord. *
You sons of men, bless the Lord.

O Israel, bless the Lord. *
Praise and exalt him above all forever.
Priests of the Lord, bless the Lord. *
Servants of the Lord, bless the Lord.
Spirits and souls of the just, bless the Lord. *
Holy men of humble heart, bless the Lord.
Hananiah, Azariah, Mishael, bless the Lord. *
Praise and exalt him above all forever.

(Bow)

Let us bless the Father, and the Son, and the Holy Spirit. *
Let us praise and exalt him above all forever.
Blessed are you, Lord, in the firmament of heaven. *
Praiseworthy and glorious and exalted above all forever.

Ant. 2 Servants of the Lord, bless the Lord for ever.

Ant. 3 The saints will exult in glory; they will sing for joy as they bow down before the Lord.

Psalm 149

Sing a new song to the Lord, *
his praise in the assembly of the faithful.
Let Israel rejoice in its maker, *
let Zion's sons exult in their king.
Let them praise his name with dancing *
and make music with timbrel and harp.

For the Lord takes delight in his people. *
He crowns the poor with salvation.
Let the faithful rejoice in their glory, *
shout for joy and take their rest.
Let the praise of God be on their lips *
and a two-edged sword in their hand,

to deal out vengeance to the nations *
and punishment on all the peoples;
to bind their kings in chains *
and their nobles in fetters of iron;
to carry out the sentence pre-ordained; *
this honor is for all his faithful.

(Bow)

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. 3 The saints will exult in glory; they will sing for joy as they bow down before the Lord.

READING AND RESPONSORY

Reading: Acts of the Apostles 16:23-26

After inflicting many blows on them, they threw them into prison and instructed the jailer to guard them securely. When he received these instructions, he put them in the innermost cell and secured their feet to a stake.

About midnight, while Paul and Silas were praying and singing hymns to God as the prisoners listened, there was suddenly such a severe earthquake that the foundations of the jail shook; all the doors flew open, and the chains of all were pulled loose.

Responsory

"Sirs, what must I do to be saved?" And they said, "Believe in the Lord Jesus and you and your household will be saved."

— "Sirs, what must I do to be saved?" And they said, "Believe in the Lord Jesus and you and your household will be saved."

Even though I walk through the darkest valley, I will fear no evil, for you are with me.

— Believe in the Lord Jesus and you and your household will be saved.

(Bow)

Glory to the Father, and to the Son, and to the Holy Spirit.

— "Sirs, what must I do to be saved?" And they said, "Believe in the Lord Jesus and you and your household will be saved."

CANTICLE OF ZECHARIAH/BENEDICTUS: Luke 1:68-79

Ant. Blessed are the peace makers, and blessed are the pure of heart; they shall see God.

Blessed + be the Lord, the God of Israel; *
he has come to his people and set them free.

He has raised up for us a mighty savior, *
born of the house of his servant David.

Through his holy prophets he promised of old †
that he would save us from our enemies, *
from the hands of all who hate us.

He promised to show mercy to our fathers *
and to remember his holy covenant.

This was the oath he swore to our father Abraham: *
to set us free from the hands of our enemies,
free to worship him without fear, *
holy and righteous in his sight
all the days of our life.

You, my child, shall be called the prophet of the Most High; *
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation *
by the forgiveness of their sins.

In the tender compassion of our God *
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death, *
and to guide our feet into the way of peace.

(Bow)

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. Blessed are the peace makers, and blessed are the pure of heart; they shall see God.

INTERCESSIONS

Let us pray to, our Lord, Jesus Christ, the source of all holiness, and ask him to lead us to holiness of life:

— May we be holy as you are holy.

Holy Jesus, you were hungry and thirsty,
help us to feed and give drink to those in need. Give us the grace to
construct a new world without hunger and thirst.

— May we be holy as you are holy.

Holy Jesus, you were homeless, naked and ill,
help us to shelter, clothe and care for those in need. Give us the grace to
construct a new world without homelessness and destitution.

— May we be holy as you are holy.

Holy Jesus, you were imprisoned and tortured,
help us to aid the imprisoned and persecuted. Give us the grace to
construct a new world without prison walls and torture chambers.

— May we be holy as you are holy

Holy Jesus, you were executed by an empire of death but your resurrection
killed death and broke in pieces all empires:

through your grace, Lord, make us agents of the heavenly kingdom of life
on earth.

— May we be holy as you are holy

THE LORD'S PRAYER

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

CONCLUDING PRAYER

Let us pray,
God our Father, you freed the blessed apostle Peter from his chains and
sent him forth unharmed. Free us from the bonds of our sins and, in your
mercy, aid those currently imprisoned and persecuted in our fallen world.
Make us instruments of your peace and mercy in our world, through the
grace of our Lord Jesus Christ, your Son, who lives and reigns with you in
the unity of the Holy Spirit, God, for ever and ever.
— Amen.

May the Lord + bless us,
protect us from all evil
and bring us to everlasting life.
— Amen.

Hora Media/Daytime Prayer

God, + come to my assistance.
— Lord, make haste to help me.

(Bow)

Glory to the Father, and to the Son, and to the Holy Spirit:
— as it was in the beginning, is now, and will be for ever. Amen. (Alleluia.)

HYMN

O Mighty Ruler, God of Truth
Rector potens

307 Melody for Sundays, weekdays, and Solemnities.



1. O might - y Rul - er, God of truth,
2. Ex - tin - guish flames of bit - ter strife,
3. Most lov - ing Fa - ther, hear our prayer,

1. for days and sea - sons set - ting bounds,
2. all harm - ful pas - sion take a - way,
3. and you, O Christ co - re - de - mptor Son,

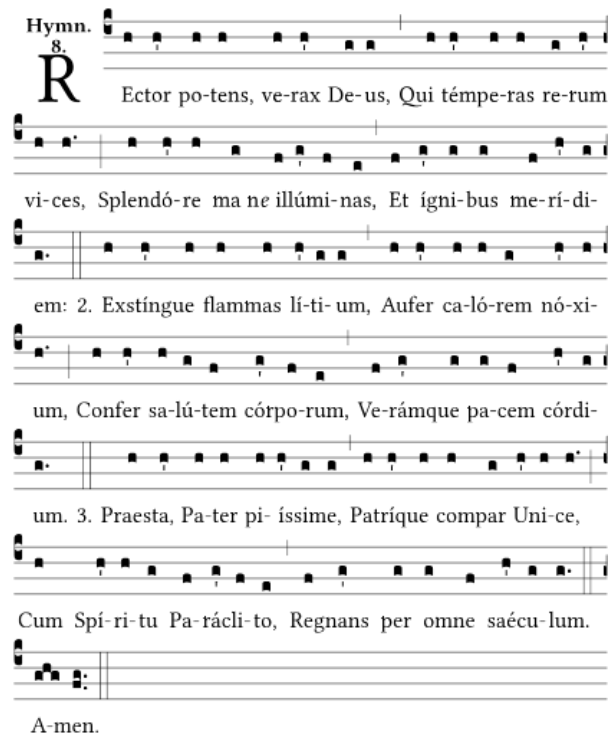
1. you clothe with splen - dor morn - ing light
2. grant health un - to our mor - tal frame,
3. who with the Spir - it Par - a - clete

1. and mid - day skies with bril - liant heat.
2. and on our hearts be - stow true peace.
3. now reign for all e - ter - ni - ty.

3. A - men.

Melody: TALLIS' CANON, 8 8 8 8; Thomas Tallis, ca. 1505-1585

Hymn. 8.
R Ector po-tens, ve-rax De-us, Qui tēpe-ras re-rum
vi-ces, Splendō-re ma-ne illū-mi-nas, Et igni-bus me-rí-di-
em: 2. Exstingue flammas lí-ti-um, Aufer ca-ló-rem nó-xi-
um, Confer sa-lú-tem córpo-rum, Ve-rámque pa-cem córdi-
um. 3. Praesta, Pa-ter pi-íssime, Patrique compar Uni-ce,
Cum Spí-ri-tu Pa-rácli-to, Regnans per omne saécu-lum.
A-men.



PSALMODY

Ant. 1 The Lord is just; he will defend the downcast.

Psalm 10

|
Lord, why do you stand afar off *
and hide yourself in times of distress?
The poor man is devoured by the pride of the wicked: *
he is caught in the schemes that others have made.

For the wicked man boasts of his heart's desires; *
the covetous blasphemes and spurns the Lord.
In his pride the wicked says: "He will not punish, *
There is no God." Such are his thoughts.

His path is ever untroubled; †
your judgment is far from his mind. *
His enemies he regards with contempt.
He thinks: "Never shall I falter: *
misfortune shall never be my lot."

His mouth is full of cursing, guile, oppression, *
mischief and deceit under his tongue.
He lies in wait among the reeds; *
the innocent he murders in secret.

His eyes are on the watch for the helpless man. *
He lurks in hiding like a lion in his lair;
he lurks in hiding to seize the poor; *
he seizes the poor man and drags him away.

He crouches, preparing to spring, *
and the helpless fall beneath his strength.
He thinks in his heart: "God forgets, *
he hides his face, he does not see."

(Bow)

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. 1 The Lord is just; he will defend the downcast.

Ant. 2 Lord, you know the burden of my sorrow.

||

Arise then, Lord, lift up your hand! *
O God, do not forget the poor!
Why should the wicked spurn the Lord *
and think in his heart: "God will not punish?"

But you have seen the trouble and sorrow, *
you note it, you take it in hand.
The helpless trusts himself to you; *
for you are the helper of the orphan.

Break the power of the wicked and the sinner! *
Punish his wickedness till nothing remains!
The Lord is king for ever and ever. *
The heathen shall perish from the land he rules.

Lord, you hear the prayer of the poor; *
you strengthen their hearts; you turn your ear
to protect the rights of the orphan and oppressed *
so that mortal man may strike terror no more.

(Bow)

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. 2 Lord, you know the burden of my sorrow.

Ant. 3 The words of the Lord are true, like silver from the furnace.

Psalm 12

Help, O Lord, for good men have vanished; *
truth has gone from the sons of men.
Falsehood they speak one to another, *
with lying lips, with a false heart.

May the Lord destroy all lying lips, *
the tongue that speaks high-sounding words,
those who say: "Our tongue is our strength; *
our lips are our own, who is our master?"

"For the poor who are oppressed and the needy who groan †
I myself will arise," says the Lord. *
"I will grant them the salvation for which they thirst."

The words of the Lord are words without alloy, *
silver from the furnace, seven times refined.

It is you, O Lord, who will take us in your care *
and protect us for ever from this generation.
See how the wicked prowl on every side, *
while the worthless are prized highly by the sons of men.

(Bow)

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. 3 The words of the Lord are true, like silver from the furnace.

READING AND RESPONSE

Reading: Galatians 5:13-15

For you were called for freedom, brothers. But do not use this freedom as an opportunity for the flesh; rather, serve one another through love. For the whole law is fulfilled in one statement, namely, "You shall love your neighbor as yourself." But if you go on biting and devouring one another, beware that you are not consumed by one another.

Response

He said to Jesus, "Lord, you know everything; you know that I love you."
— Jesus said to him, "Feed my sheep."

CONCLUDING PRAYER

Let us pray,

God our Father, you freed the blessed apostle Peter from his chains and sent him forth unharmed. Free us from the bonds of our sins and, in your mercy, aid those currently imprisoned and persecuted in our fallen world. Make us instruments of your peace and mercy in our world, through the grace of our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

— Amen.

Let us praise the Lord.

— And give him thanks.

Vespers/Evening Prayer

God, + come to my assistance.

— Lord, make haste to help me.

(Bow)

Glory to the Father, and to the Son, and to the Holy Spirit:

— as it was in the beginning, is now, and will be for ever. Amen. (Alleluia.)

HYMN

O Faithful Saints, Who Follow Christ
Beata celi

653

1. O faith - ful Saints, who fol - low Christ,
2. With kind - ness bend your gra - cious ear
3. Spurred on by faith - ful love for Christ,
4. You spurned the de - mons' wil - y arts
5. You live in bless - ed glo - ry now;
6. May God, all - gra - cious Three in One,

1. you now pos - sess in high de - gree
2. to hear our hymns and can - ti - cles,
3. you bore a hard and bit - ter cross,
4. and false il - lu - sions of this world;
5. draw near and hear the hum - ble prayers
6. in his great mer - cy hear your prayers

1. the bless - ed joys of heav'n a - bove,
2. the prais - es we pour forth for you
3. o - bey - ing him with tire - less zeal
4. con - fess - ing Christ through right - eous - ness,
5. of all who long with burn - ing hearts
6. and lead us all to heav - en's height:

1. your rich re - ward for faith con - fessed.
2. as ex - iles from the Fa - ther's house.
3. and filled with burn - ing char - i - ty.
4. you made your way to star - ry heights.
5. to walk the paths that you have trod.
6. to him be glo - ry ev - er - more.

6. A - men.

Melody: WAREHAM, 8 8 8 8; William Knapp, 1698–1768

Hymn. 8.
B E-á-ta cæ-li gáudi-a, Confessi-ónis præmi-um,
Christi o fi-dé-les ásseclæ Jam possi-dé-tis áffa-tim. 2. Lau-
des be-nígnis áuri-bus Audí-te, quas effúndimus Nos éxsu-
les de pátri-a Vo-bis sacrá-to cánti-co. 3. Amó-re Chris-
ti pérci-ti Cru-cem tu-listis áspe-ram, Obœdi-éntes, ímpi-
gri Et ca-ri-tá-te férví-di. 4. Spe-vístis artes dáemonum Sæ-
vúm que avérni prínci-pem Christum fa-téndo mó-ri-bus,
Migrástis inter sí-de-ra. 5. Jam nunc po-tí-ti gló-ri-a, Adés-
te vo-tis ómni-um Ardéter exoptánti-um Exémpla vestra
pró-sequi. 6. Ut Christe, Rex pi-íssime, Ho-rum pre-cá-tu,
nó-xi-a No-bis remít-tis crími-na, Clamámus o-re súpli-
ci. 7. Sit laus, honor, sit gló-ri-a De-o Patri cum Fí-li-o
Sancto simul Pa-rácli-to In sempí-térna sácu-la. A-men.

PSALMODY

Ant. 1 The bonds have been loosened by the Lord; I will make a thanksgiving sacrifice.

Psalm 116:10-19

I trusted, even when I said: *
"I am sorely afflicted,"
and when I said in my alarm: *
"No man can be trusted."

How can I repay the Lord *
for his goodness to me?
The cup of salvation I will raise; *
I will call on the Lord's name.

My vows to the Lord I will fulfill *
before all his people.
O precious in the eyes of the Lord *
is the death of his faithful.

Your servant, Lord, your servant am I; *
you have loosened my bonds.
A thanksgiving sacrifice I make; *
I will call on the Lord's name.

My vows to the Lord I will fulfill *
before all his people,
in the courts of the house of the Lord, *
in your midst, O Jerusalem.

(Bow)

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. 1 The bonds have been loosened by the Lord; I will make a thanksgiving sacrifice.

Ant. 2 It seemed like a dream when the Lord delivered us from our bondage; let us praise the Lord with laughter and song.

Psalm 126

When the Lord delivered Zion from bondage, *
it seemed like a dream.
Then was our mouth filled with laughter, *
on our lips there were songs.

The heathens themselves said: "What marvels *
the Lord worked for them!"
What marvels the Lord worked for us! *
Indeed we were glad.

Deliver us, O Lord, from our bondage *
as streams in dry land.
Those who are sowing in tears *
will sing when they reap.

They go out, they go out, full of tears, *
carrying seed for the sowing:
they come back, they come back, full of song, *
carrying their sheaves.

(Bow)

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. 2 It seemed like a dream when the Lord delivered us from our
bondage; let us praise the Lord with laughter and song.

Ant. 3 I no longer call you servants, but my friends, for I have shared with
you everything I have heard from my Father.

Canticle: Ephesians 1:3-10

Praised be the God and Father *
of our Lord Jesus Christ,
who has bestowed on us in Christ *
every spiritual blessing in the heavens.

God chose us in him *
before the world began
to be holy *
and blameless in his sight.

He predestined us *
to be his adopted sons through Jesus Christ,
such was his will and pleasure, †
that all might praise the glorious favor *
he has bestowed on us in his beloved.

In him and through his blood, we have been redeemed, *
and our sins forgiven,
so immeasurably generous *
is God's favor to us.

God has given us the wisdom *
to understand fully the mystery,
the plan he was pleased *
to decree in Christ.

A plan to be carried out *
in Christ, in the fullness of time,
to bring all things into one in him, *
in the heavens and on earth.

(Bow)

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. 3 I no longer call you servants, but my friends, for I have shared with
you everything I have heard from my Father.

READING AND RESPONSORY

Reading: Revelation 2:10-11

Do not be afraid of anything that you are going to suffer. Indeed, the devil
will throw some of you into prison, that you may be tested, and you will face
an ordeal for ten days. Remain faithful until death, and I will give you the
crown of life. ““Whoever has ears ought to hear what the Spirit says to the
churches. The victor shall not be harmed by the second death.”

Responsory

Therefore, I am content with weaknesses, insults, hardships, persecutions,
and constraints, for the sake of Christ; for when I am weak, then I am
strong.

— Therefore, I am content with weaknesses, insults, hardships,
persecutions, and constraints, for the sake of Christ; for when I am weak,
then I am strong.

Beloved, do not be surprised that a trial by fire is occurring among you, as
if something strange were happening to you.

— for when I am weak, then I am strong.

(Bow)

Glory to the Father, and to the Son, and to the Holy Spirit.

— Therefore, I am content with weaknesses, insults, hardships,
persecutions, and constraints, for the sake of Christ; for when I am weak,
then I am strong.

CANTICLE OF MARY/MAGNIFICAT: Luke 1:46-55

Ant. I tell you most solemnly, what you did for the least of men you did for me. Come, my Father delights in you; receive the kingdom prepared for you from the foundation of the world.

My soul + proclaims the greatness of the Lord, *
my spirit rejoices in God my Savior
for he has looked with favor on his lowly servant. *

From this day all generations will call me blessed:
the Almighty has done great things for me, *
and holy is his Name.

He has mercy on those who fear him *
in every generation.

He has shown the strength of his arm, *
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, *
and has lifted up the lowly.

He has filled the hungry with good things, *
and the rich he has sent away empty.

He has come to the help of his servant Israel *
for he has remembered his promise of mercy,
the promise he made to our fathers, *
to Abraham and his children for ever.

(Bow)

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. I tell you most solemnly, what you did for the least of men you did for me. Come, my Father delights in you; receive the kingdom prepared for you from the foundation of the world.

INTERCESSIONS

Let us pray to, our Lord, Jesus Christ, the source of all holiness, and ask him to lead us to holiness of life:

— May we be holy as you are holy.

Holy Jesus, you were hungry and thirsty,
help us to feed and give drink to those in need. Give us the grace to
construct a new world without hunger and thirst.

— May we be holy as you are holy.

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help us to shelter, clothe and care for those in need. Give us the grace to
construct a new world without homelessness and destitution.

— May we be holy as you are holy.

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help us to aid the imprisoned and persecuted. Give us the grace to
construct a new world without prison walls and torture chambers.

— May we be holy as you are holy

Holy Jesus, you were executed by an empire of death but your resurrection
killed death and broke in pieces all empires:

through your grace, Lord, make us agents of the heavenly kingdom of life
on earth.

— May we be holy as you are holy

THE LORD'S PRAYER

Our Father, who art in heaven,
hallowed be thy name;

thy kingdom come,
thy will be done

on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses

as we forgive those who trespass against us;

and lead us not into temptation,
but deliver us from evil.

CONCLUDING PRAYER

Let us pray,

God our Father, you freed the blessed apostle Peter from his chains and
sent him forth unharmed. Free us from the bonds of our sins and, in your
mercy, aid those currently imprisoned and persecuted in our fallen world.
Make us instruments of your peace and mercy in our world, through the
grace of our Lord Jesus Christ, your Son, who lives and reigns with you in
the unity of the Holy Spirit, God, for ever and ever.

— Amen.

May the Lord + bless us,
protect us from all evil
and bring us to everlasting life.

— Amen.

Compline/Night Prayer

God, + come to my assistance.

— Lord, make haste to help me.

(Bow)

Glory to the Father, and to the Son, and to the Holy Spirit:

— as it was in the beginning, is now, and will be for ever. Amen. (Alleluia.)

EXAMINATION OF CONSCIENCE

I confess to almighty God

(And, turning to their brothers and sisters, they say:)

and to you, my brothers and sisters,

that I have greatly sinned,

in my thoughts and in my words,

in what I have done and in what I have failed to do,

(And, striking their breast, they say:)

through my fault, through my fault,

through my most grievous fault;

therefore I ask blessed Mary ever-Virgin,

all the Angels and Saints,

(And, turning to their brothers and sisters, they say:)

and you, my brothers and sisters,


to pray for me to the Lord our God.

HYMN

To You before the Close of Light

Te lucis

337 Melody for Sundays, weekdays, and Solemnities.



1. To you be - fore the close of light,
 2. In - cline our hearts to dream of you,
 3. Grant us the grace of health and strength,
 4. Al - might - y Fa - ther, grant our prayer

1. Cre - a - tor of all things, we pray:
 2. to sense your pres - ence as we sleep;
 3. re - new our warmth and joy of life;
 4. through Je - sus Christ your Son our Lord,

1. Be our pro - tec - tor, keep us safe
 2. as light re - turns, so let us sing
 3. and let your ra - diant light dis - pel
 4. who reigns with you from age to age,

1. in your un - fail - ing clem - en - cy.
 2. your praise and glo - ry ev - er - more.
 3. the dread - ed dark - ness of the night.
 4. one with the Spir - it, ev - er blest.

4. A - men.

Melody: TALLIS' CANON, 8 8 8 8; Thomas Tallis, ca. 1505-1585



8. T e lu-cis ante términum, re-rum cre-á-tor, póscimus,
 ut só-li-ta cleménti-a sis praesul ad custódi-am. 2. Te corda
 nostra sómni-ent, te per sopó-rem sénti-ant, tu-ámque semper
 gló-ri-am vi-cí-na luce cónci-nant. 3. Vi-tam sa-lúbrem trí-bu-e
 nostrum ca-ló-rem ré-fi-ce tætram noctis ca-lí-gi-nem tu-a col-
 lústret clá-ri-tas. 4. Præsta, Pa-ter omnípo-tens, per Ie-sum Chri-
 stum Dóminum, qui tecum in perpé-tu-um, regnat cum Sancto
 Spí-ri-tu. A-men.

PSALMODY

Ant. Night holds no terrors for me sleeping under God's wings.

Psalm 91

He who dwells in the shelter of the Most High *
 and abides in the shade of the Almighty
 says to the Lord: "My refuge, *
 my stronghold, my God in whom I trust!"

It is he who will free you from the snare *
 of the fowler who seeks to destroy you;
 he will conceal you with his pinions *
 and under his wings you will find refuge.

You will not fear the terror of the night *
 nor the arrow that flies by day,
 nor the plague that prowls in the darkness *
 nor the scourge that lays waste at noon.

A thousand may fall at your side, *
ten thousand fall at your right,
you, it will never approach; *
his faithfulness is buckler and shield.

Your eyes have only to look *
to see how the wicked are repaid,
you who have said: "Lord, my refuge!" *
and have made the Most High your dwelling.

Upon you no evil shall fall, *
no plague approach where you dwell.
For you has he commanded his angels, *
to keep you in all your ways.

They shall bear you upon their hands *
lest you strike your foot against a stone.
On the lion and the viper you will tread *
and trample the young lion and the dragon.

Since he clings to me in love, I will free him; *
protect him for he knows my name.
When he calls I shall answer: "I am with you," *
I will save him in distress and give him glory.

With length of life I will content him; *
I shall let him see my saving power.

(Bow)

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. Night holds no terrors for me sleeping under God's wings.

READING AND RESPONSORY

Reading: Revelation 22:4-5

They shall see the Lord face to face and bear his name on their foreheads.
The night shall be no more. They will need no light from lamps or the sun,
for the Lord God shall give them light, and they shall reign forever.

Responsory

Into your hands, Lord, I commend my spirit.
— Into your hands, Lord, I commend my spirit.

You have redeemed us, Lord God of truth.
— I commend my spirit.

(Bow)

Glory to the Father, and to the Son, and to the Holy Spirit.
— Into your hands, Lord, I commend my spirit.

CANTICLE OF SIMEON/NUNC DIMITTIS: Luke 2:29-32

Ant. Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

Lord, + now you let your servant go in peace; *
your word has been fulfilled:

my own eyes have seen the salvation *
which you have prepared in the sight of every people:

a light to reveal you to the nations *
and the glory of your people Israel.

(Bow)

Glory to the Father, and to the Son, *
and to the Holy Spirit:

as it was in the beginning, is now, *
and will be for ever. Amen.

Ant. Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

CONCLUDING PRAYER

Let us pray.

Lord, we beg you to visit this house and banish from it
all the deadly power of the enemy.

May your holy angels dwell here to keep us in peace,
and may your blessing be upon us always.

We ask this through Christ our Lord.

— Amen.

May the all-powerful Lord
grant us a restful night

and a peaceful death.

— Amen.

MARIAN ANTIPHON

Salve Regina

(Pentecost Sunday until the First Sunday of Advent)

Hail, holy Queen, Mother of Mercy
Hail our life, our sweetness and our hope.
To thee do we cry,
Poor banished children of Eve;
To thee do we send up our sighs,
Mourning and weeping in this valley of tears.
Turn then, most gracious advocate,
Thine eyes of mercy toward us;
And after this our exile,
Show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving,
O sweet Virgin Mary