



15 years of health expertise come together in one score ů 3-29 Jan 202 68 /100 Discover your Health Improvement Score—a revolutionary insight that combines all your health data from the previous 3 months into a single score out of 100, available in the app, exclusively with your Withings+ subscription.









Track the evolution of your health



Your Health Improvement Score will be front and center in the Withings app. You can find it at the top of your Measure tab, so you can easily visualize how your health is progressing. Your score is updated every week. Be sure to use it as a reference point for understanding the impact of your daily habits on your health.

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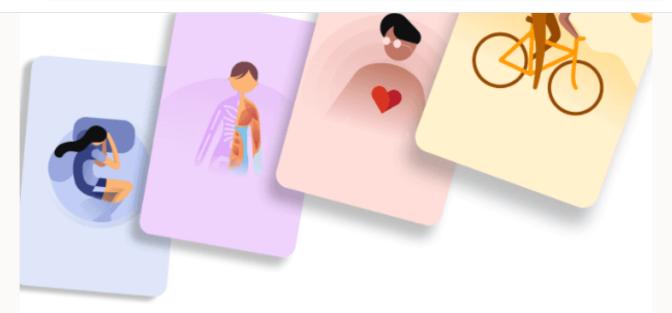
See the bigger picture











Your Health Improvement Score comes with another major update to your Measure tab—it will now be divided into 4 categories: Activity, Body, Heart and Sleep. Each one will have its own improvement score. This way, you can focus your efforts and attention on the category you most need to improve.

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Make meaningful progress

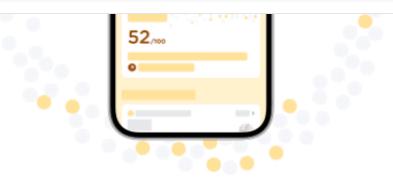












Your score reflects not only the results of your measurements, but also the actions you take to improve your health. For example, your Body score will change not only as you get closer to accomplishing your goal, but also as you adopt better health habits, such as establishing a frequent weigh-in routine.

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The most advanced connected scales on the market. complemented by a state-of-the-art service that offers detailed analysis of your data and personalized guidance towards your health goals.

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