



Your health status, at a glance

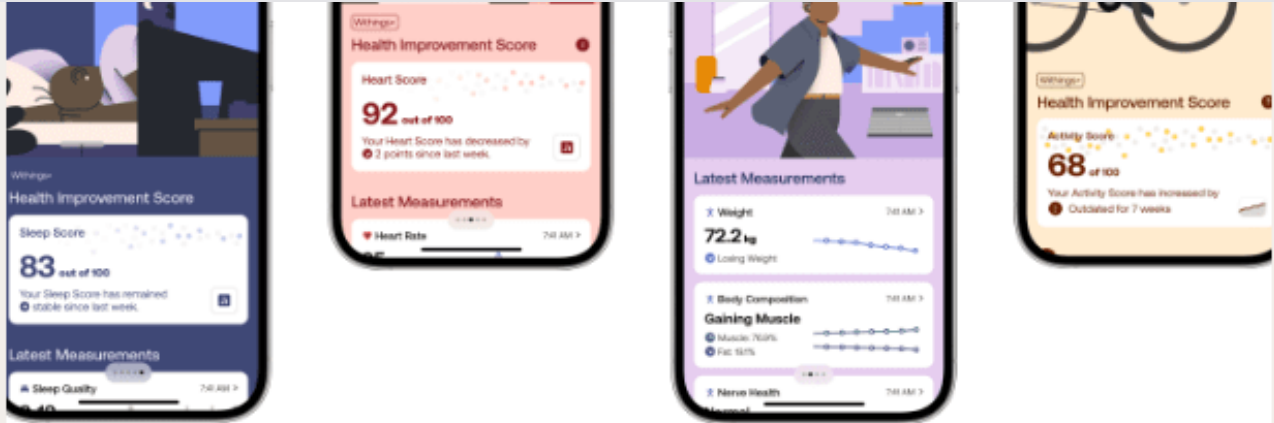


In Withings 6.0, your app's Measure tab has been upgraded to provide a more transparent presentation of your data and showcase Health Improvement Score—a new metric that consolidates your health data from the previous three months, available exclusively to Withings+ users.

[Discover new features](#)

A full breakdown your progress





Your Measure tab now lets you sort your data according to the 4 major health categories: Activity, Body, Heart and Sleep. Each of these categories is linked to its own score. Take advantage of this feature to focus on the category where you most need to improve.

[Go to my Measure tab →](#)

Estimate your first Health Improvement Score

Join our 4-week program and get the support you need to unlock your first Health Improvement Score.

[Join the program →](#)





What did you think of this email?



You have received this email because you have a Withings account.

This is an email related to the news of the brand. To unsubscribe from similar emails, [click here](#).

To manage your email preferences, please visit our [notification center](#).

[Terms and Conditions](#) | [Privacy](#)

Withings
2, rue Maurice Hartmann
92130 Issy-Les-Moulineaux
FRANCE

