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EPIC MAN V HORSE RACE RETURNS TO SOMERSET'S QUANTOCK HILLS IN OCTOBER 2025

On October 18th, 2025, dozens of runners and horse riders will compete against each other in a unique and challenging 23-mile race across the rugged terrain of Somerset's Quantock Hills. The course takes competitors to the furthest reaches – and highest points – of the Quantocks, including forest tracks, open moorland and gruelling steep climbs and descents.

The race last ran in England in October 2023, with 28 horse riders and 46 runners taking part. Competitors came from as far afield as the Lake District, Cornwall and Wales, and the race ended in an exciting historic tie between a runner and a rider. The winners were horse and rider Glenda Smith, 54, and her 17-year-old Arab gelding, Boysey, from Cornwall and runner Robin Fieldhouse, 29, from Bristol. They completed the course in an impressive 3 hours and 11 minutes with the last runner / rider crossing 2 hours 44 minutes later, just inside the cut off time of 6 hours. "It was a challenging race with a great atmosphere," said Glenda.

The Man V Horse endurance race has run annually in Wales since 1980 with just four human winners in that time. On every other occasion a horse and rider has crossed the finish line first. The Quantock Hills event was the first time the race had ever ended in a dead heat.

Profits from Man V Horse England 2025 will go to the Pegasus Project, which works with the charity Turning Point to offer Equine Facilitated Psychotherapy to children and young people who are recovering from psychological trauma.

Philip King, one of the event's organisers and Director / Principal Therapist with the Pegasus Project, said: "From the outset we wanted an event that had the principles of friendly competition, compassion and community running through it. We are a small community with a huge, welcoming heart. We are concerned to help people improve their mental health and we think this idea fits perfectly with this intention."

Entries are now open for the 2025 event. More information about how to enter, volunteer or spectate at the event can be found in the Man V Horse (England) – Quantock Hills Facebook group: <https://www.facebook.com/groups/1038387157588816>

For further press information, including photographs and video content, please contact: catherinewelton@icloud.com