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ABOUT CORE

Community of Realized Empowerment (CORE) connects individuals and organizations that support growth, health, happiness and equality.

How can we help you?

Community of Realized Empowerment (CORE)

We believe in a holistic approach to wellness and honor the interconnectedness of the self and complex facets of our lives.

We offer a place for folks to share skills, services, and products that elevate our collective consciousness. We do this through cross-promotion and collaboration, and are open to new ways of thinking and doing business. Our goal is to raise voices that add value to the human experience, and build a sustainable society that includes justice for all.

Three pillars of CORE

Whether you are looking for wellness or business services, or would like to share your own offerings, we'd love to talk!



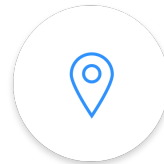
Personal Coaching

Our flagship offering, [Core Energy Coaching](#) is a method developed by the Institute for Personal Excellence in Coaching (iPEC) and backed by science.

[Coach Amanda](#) trained with iPEC, and is passionate about helping people harness inner strength to make sustainable changes that lead to a more empowered, meaningful, and overall happy life!

We offer a variety of coaching packages to meet your interest and commitment levels.

[Schedule a free session](#)

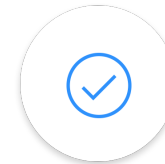


Community

We are looking to build relationships with healers, small businesses, socially responsible causes, and life hack experts.

It starts with recognizing the expertise, skills, services, talents, and products we value. We then begin the conversation about how we can help promote and compliment your work.

And in these times, we need each other more than ever. We can't wait to connect with more of you, and realize the power of strength in numbers.



Small Business Services

Need to update your website, organize your inbox, or revamp a financial plan? We can connect you to our creative marketing pros, virtual assistants and business consultants.

We also offer physical office and event space where we can display artwork and natural products for sale.

CORE is located in the historic Campana Factory in Batavia, Illinois. To ensure the safety of guests during the coronavirus pandemic, we require masks and social distancing, and disinfect surfaces with care.

[Check out our services.](#)

Blog

Read our recent posts and get a peek into the world of CORE



Aug 03, 2020

Have a case of 'rona anxiety? Focus on what you can control.

WHAT IS
CORE?

May 27, 2020

What is CORE? And what is our mission?



May 12, 2020

Does Coaching Work? The Evidence Points to Yes.

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