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June 2015

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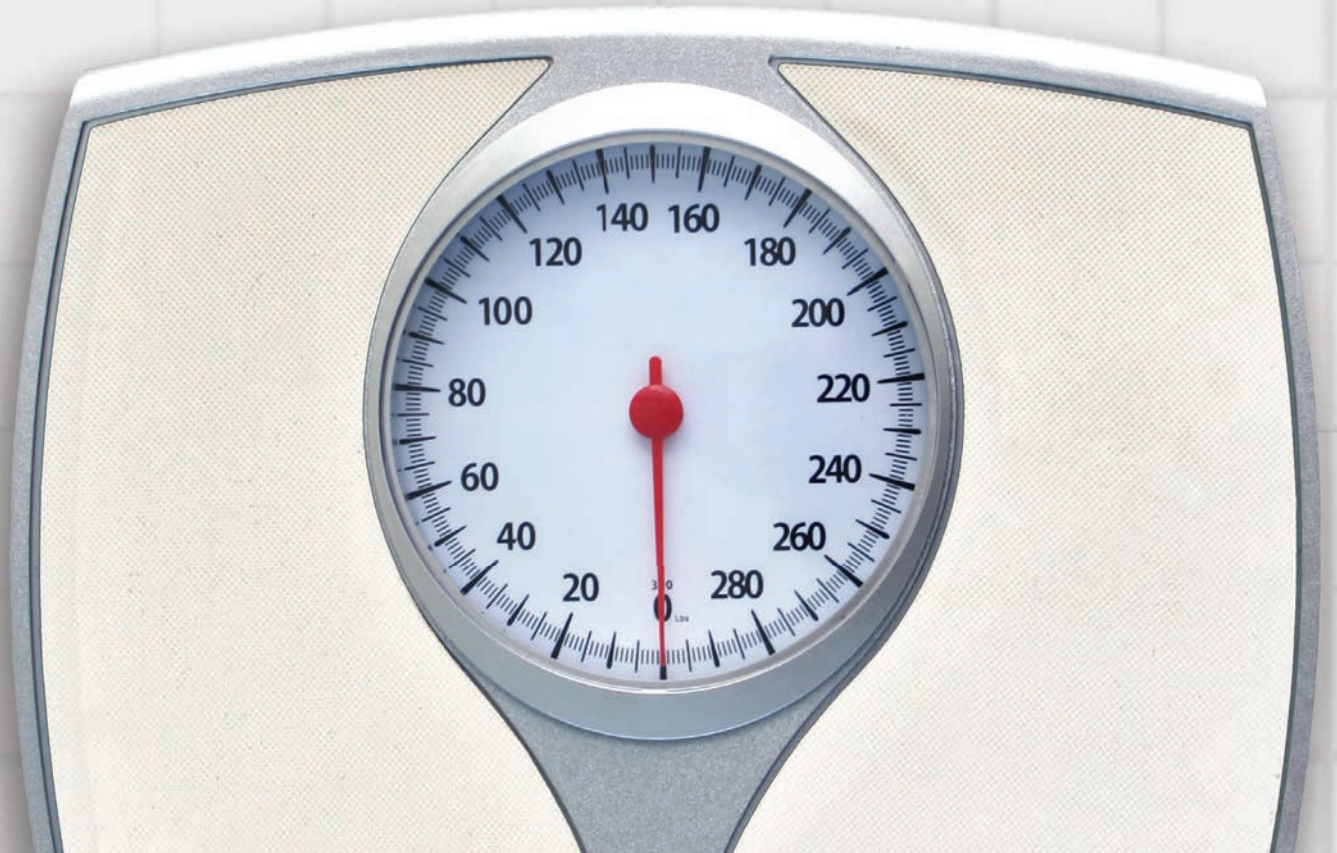
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Pam Tanowitz Dance—whose work was cited as “among 2014’s best” by the *New York Times*—performs the acclaimed *Heaven on One’s Head*, as well as a new *en pointe* solo danced by Ashley Tuttle, and works created specifically for SummerScape.
June 27–28



OPERA Ethel Smyth’s *THE WRECKERS*

The American stage premiere of Ethel Smyth’s compelling, majestic opera depicts the consequences of murder, betrayal, and love, framed by a powerful display of orchestral writing and a brilliant use of chorus.
July 24 – August 2



MUSIC 26th Season BARD MUSIC FESTIVAL CHÁVEZ AND HIS WORLD

This year, the Bard Music Festival turns to Latin America, exploring the musical world of Carlos Chávez, the most eminent Latin American modernist composer.
August 7–9 and 13–16



THEATER Rodgers & Hammerstein’s *OKLAHOMA!*

This summer, director Daniel Fish (*Rocket to the Moon*, SummerScape 2005) creates a boldly intimate chamber production of this beloved musical classic.
June 25 – July 19



CABARET *THE SPIEGELTENT*

Each weekend, host Justin Vivian Bond welcomes you to a realm of sophistication, spectacle, and glamour, in the company of world-class performers, musicians, and DJs.
July 2 – August 15



FILM SERIES *REINVENTING MEXICO*

The SummerScape 2015 Film Series explores the relationship between realism, modernism, and nationalism in films from and about Mexico.
July 11 – August 2

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Photo: Pam Tanowitz Dance, Photo by Christopher Duggan; Louis Otey as Pascoe, Photo by Todd Norwood; Carlos Chávez, Photo by Carl Van Vechten; *The Sources of Country Music*, Thomas Hart Benton, Courtesy of Country Music Hall of Fame® and Museum; *Spiegel Tent*, Photo by Cory Weaver; Burt Lancaster and Gary Cooper in *Vera Cruz*, United Artists/Photofest.

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The brutal winter is behind us, the sun is shining, and it's time to hit the road! So whether you are craving a romantic rendezvous or a beach blast with the family, check out these nine amazing getaways that are less than a five-hour drive of Poughkeepsie.

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Fairs & Festivals

The summer social season is here! From the amazing Dutchess County Fair (and their famous milkshakes) to a wide variety of festivals highlighting everything from Shakespeare to horses to country music, it's time to plan your sensational season of fun.

46

Hola Cuba

Local photographer Michael Nelson finally fulfills his lifelong desire to travel to Cuba. His photographs tell the story of the island nation's vibrant residents.





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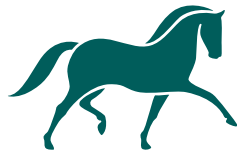
114 Eating Out

A roundup of Valley restaurants

Coming Next Month: Wineries

It's the oldest wine-making region in the country, but the 25-plus wineries in the Hudson Valley are bursting with new award-winning wines, fun and funky events (think pig roasts and grape stomping!), and farm-fresh fare. We give you the inside scoop on when to go and what to drink.





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WILDFLOWER FARM – This classic country estate offers six bedrooms, first floor master bedroom suite, 80' veranda, pool, tennis court, guest house, and two cottages on nearly 40 magnificent acres. WEB# HS1107086 | KATONAH | \$9,995,000
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SKARSHIP FARM – A rare find on a large parcel of unrestricted and open land, featuring 700 acres of breathtaking vistas with main house, guest house, apartments, pond and barns. WEB# HS1129758 | HILLSDALE | \$6,500,000
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WHIPPOORWILL MANOR – Superb estate captures the ultimate in luxury in premier local in Westchester. Featuring exceptional living spaces with light and views. Terraces and pool. WEB# HS1094781 | CHAPPAQUA | \$6,495,000
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HILLCREST – Designed in the tradition of the shingle-style Manors of Newport, this five-bedroom residence on 12.26 acres dazzles with tennis court, two pools and wine cellar. WEB# HS1110968 | BEDFORD CORNERS | \$4,750,000
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AMERICAN BEAUTY – A timeless, classic Georgian Colonial set on 1.5 acres of velvety lawns in cherished Ardsley Park. Close to train, a 35 minute commute along the Hudson River. WEB# HS858968 | IRVINGTON | \$4,600,000
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ARGYLE FARM – 1920's Country Estate abutting riding trails on 17+ acres of view-filled farmland with garage, caretaker's apartment, pool, pool house, tennis court and greenhouse. WEB# HS1126808 | BREWSTER | \$4,500,000
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ASHRIDGE – Classically designed, circa 1820s Greek Revival home with breathtaking Hudson River views situated on 20 glorious acres with a pond, guest house and two cottages. WEB# HS1068217 | BRIARCLIFF MANOR | \$3,950,000
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HAMMOND RIDGE – Remarkable shingle-style Colonial on 5.33 acres in one of Bedford Corner's sought-after locales. Open design with beautifully scaled rooms perfect for entertaining. WEB# HS1136131 | MOUNT KISCO | \$3,300,000
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HILLHOLME MANOR – Time to customize this stone and shingle Manor with your finishes and touches set on 2 acres in Hillholme Manor, one of Chappaqua's newest luxury addresses. WEB# HS1120690 | CHAPPAQUA | \$2,995,000
Chappaqua Brokerage 914.238.4766



SYLVANUS STEVENS HOUSE – 1810 Federal Colonial. Masterful addition integrates period charm with today's amenities. Four fireplaces, guest cottage, terrace, pool, studio and greenhouse. WEB# HS1077725 | POUND RIDGE | \$2,995,000
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BROADLAWNS – Country estate on 8.5 acres in the heart of Bedford. Sunlit antique Colonial has four exquisite fireplaces, high ceilings, moldings and a covered porch. WEB# HS1129384 | BEDFORD HILLS | \$2,595,000
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CASTLE HILL – Charming Gem captures Old-World charm with authentic details and fine quality craftsmanship in a remarkably private setting on 5.5 acres with studio and garage. WEB# HS1094703 | STANFORDVILLE | \$1,600,000
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Source: HGMLS & Mid-Hudson MLS, 1/1/2014 – 12/31/2014, participated in the list side, sale side or both, single-family homes, \$1,000,000+, by company, Westchester, Putnam & Dutchess counties.

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MAILBOX



Where in the Valley...?

We asked our fearless readers to identify this challenging (some say death-defying) hiking route nestled between Cold Spring and Beacon. Many of you guessed Anthony's Nose, located near Cortlandt Manor. Although that summit of that Bear Mountain State Park trail also has an iconic flagpole, the one featured in our May issue is actually at Breakneck Ridge. This strenuous trail, reaching approximately 1,260 feet above sea level, contains striking views of the Hudson River and several other Valley landmarks, including Storm King Mountain. Some say that only experienced hikers should attempt to scale Breakneck, but kudos to many of our amazing readers who have braved the rocky climb to make it to the top! And a high five to Tricia Devine of Pine Plains for being the first to correctly identify this trail. Head over to page 24 to guess the location of a larger than life statue.

I hike this rock scramble often, with friends, family, even alone. It's one of the best in the Hudson Valley.

Eric Dayton
Newburgh

My girlfriend almost killed me when she read that it's "suggested for experienced hikers." You see, soon after our first date I invited her to hike with me, not mentioning that it might be a bit more difficult. The hike was challenging and we were able to guide an unprepared hiking couple down the mountain.

Shawn Gale
Newburgh

It's been a navigational landmark on the Hudson for years and years, and I thank the individual(s) for their memorial to missing, but not forgotten, companions. May they all come home one day.

Dana Stewart
Beacon

Don't take your dog on it. Too hard on their hips.

Robert Maddock
Beacon

I haven't hiked in a while and I decided to take on this hike. Boy was I wrong to start out here. It has been one of the most challenging hikes I have ever done but comes with a very nice reward at the top. And when I get back in shape I want to do it again.

Scott Ricci
New Windsor

I love to hike Breakneck in the fall! The views are beautiful.

Alexa Mortiz
Goshen

One of my favorite hikes. It just gets better from there!

Cara Meling
Cornwall

I enjoy hiking this trail. It helps take your mind off things. There are beautiful views at every ridge. Just watch out for very large Black Rat Snakes on the trail.

Tom O'Brien
Newburgh

Did it once, it was scary. Luckily there is a long, but easy, way down so you don't have to go back the way you came up.

Natalie Wilkinson
Newburgh

Did the hike with my husband last Mother's Day. Not an easy hike but the views are completely worth it!

Yunice Heath
Beacon

My first trek to the top was with some friends in high school and our history teacher, Mr. Fast, sometime in the late 80s. I remember feeling accomplished when we made it to the top. We did, however, take the easy back route down. It was a hard hike up but we worked together and made it up as a group. Thank you Mr. Fast for that group trip!

Kimberly Antalek
Beacon

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ART

ABIGAIL NOHAI

NCECA First Place Undergraduate Award

Abigail's piece, "Topographic Recollections," was recognized with the First Place Undergraduate Award for Excellence at the National Council on Education for the Ceramic Arts (NCECA) juried exhibition. Her work was the only piece created by a community college student to be selected from over 500 entries for inclusion in the exhibition.

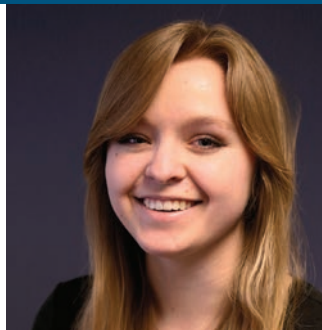


BIOLOGY

MAURICIO PARAMO

Wadsworth Institute Research Experience

Mauricio was selected to attend the Wadsworth Institute Summer 2015 Research Experience for Undergraduates program. Approximately 300 students nationwide applied for just 10 spots on a team that will work with professional researchers on a variety of microbiological or molecular biological projects. Four DCC students have received this honor since 2013.



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Only 50 community college students in the country each year are selected to become Coca-Cola Foundation Bronze Scholars. The award recognizes high-achieving students who demonstrate academic excellence and intellectual rigor, combined with leadership and service that extends their education beyond the classroom to benefit society.



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CHEYENNE SEE

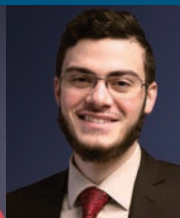
Kennedy Center Theater Award

Cheyenne won The Richard Maltby Jr. Award for Musical Theater Excellence from the Kennedy Center American College Theater Regional Festival in January. She earned a \$4,000 scholarship to the highly competitive Broadway Theatre Project Intensive Training Program. More than 1,200 college students participated in the festival.

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These students were recognized by the State University of New York for excelling not only in academics, but in areas such as leadership, athletics, creative and performing arts and career achievement. Just 256 students across the SUNY system were selected for 2015 awards.

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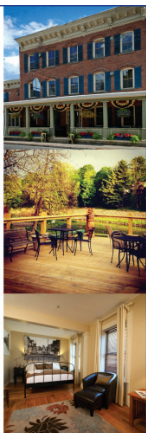


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Father's Day: Dad's got plenty of ties; why not treat him to an adventure instead? Visit www.hvmag.com/fathersday for five stellar activities — including rock climbing, off-roading, and a car show — that'll win you the Kid of the Year award.

Summer Festivals: We love summertime in the Valley; where else can you find a rib festival, garlic festival, and bagel festival (like the one in Monticello, below) all within 50 miles of each other? Find our complete list of the region's fairs and fests at www.hvmag.com/summerfests.



Outdoors Guide: Whether you like to hike, bike, dine, drink, or lie on the beach, there's an outdoor activity for everyone. Visit our Outdoors Guide (www.hvmag.com/outdoorsguide) for more ideas.

Ice Cream: On page 110, we celebrate the 30th anniversary of Jane's Ice Cream. Looking for more local parlors and ice cream makers? Check out www.hvmag.com/icecream.

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Destination: Fun

As I write this month's note, I'm cruising at 38,000 feet on a Delta flight from Detroit to Salt Lake City. It's not even 9:00 a.m. yet, and it's my second flight of the day. My final connection will take me from Utah to Big Sky Country: Great Falls, Montana. Yesterday I could see that "wait, you wanted to do this?" look of confusion on the faces of several of my coworkers when I admitted that I was getting up at 4:30 a.m. after working late all week, taking three flights — and then turning around and doing the mad airport scramble again just three days later.

I love traveling. With a busy job and a five-year-old at home, I don't get to indulge my wanderlust the way I once did. So when this press trip came up, I jumped on it. And while I understand that many other people have also been bitten by the travel bug, I should clarify that I actually enjoy the whole airport experience. Yes, even with all the post-9/11 hassles, I find being in a new airport, well, just fun (although I don't understand why my bag gets pulled out and double inspected every single time I fly).

That said, I'm looking forward to enjoying several weekend getaways a little closer to home this summer. Starting on page 32, we outline nine amazing escapes that are all within a five-hour drive from Poughkeepsie. Whether you are searching for a family adventure at a place like Hersheypark; a mini beach vacation in Montauk; or a luxury resort in the bustling town of Newport, Rhode Island, we introduce you to some very special hotels and lodgings. Then, we fill you in on what to do and where to eat.

I'm also a big fan of the staycation — especially since I'm lucky enough to call the Hudson Valley home. There is a reason the

Valley keeps popping up on list after list of the world's must-visit places. It must have something to do with our breathtaking scenery, unparalleled outdoor opportunities, world-class culture, and a vibrant dining scene that is second to none.

I love summer in the Hudson Valley. This year, I'm eagerly anticipating everything from good old-fashioned fun at the county fairs (who knew a pig race could be so amusing?) to sipping white wine while watching Shakespeare be performed on a



MESAN CANNISTRANO

cliff overlooking the Hudson River. There is a lot going on and in our annual Fairs & Festivals coverage (page 40) we help you sort it all out so that you don't miss out on any of the fun.

And finally, talk about a trip of a lifetime. Local photographer Michael Nelson took advantage of the recent relaxation of the travel restrictions to Cuba to book a flight to this tiny island nation that is only 90 miles from the US, but a whole world away. His travelogue begins on page 46.

Happy travels.

Olivia J. Abel
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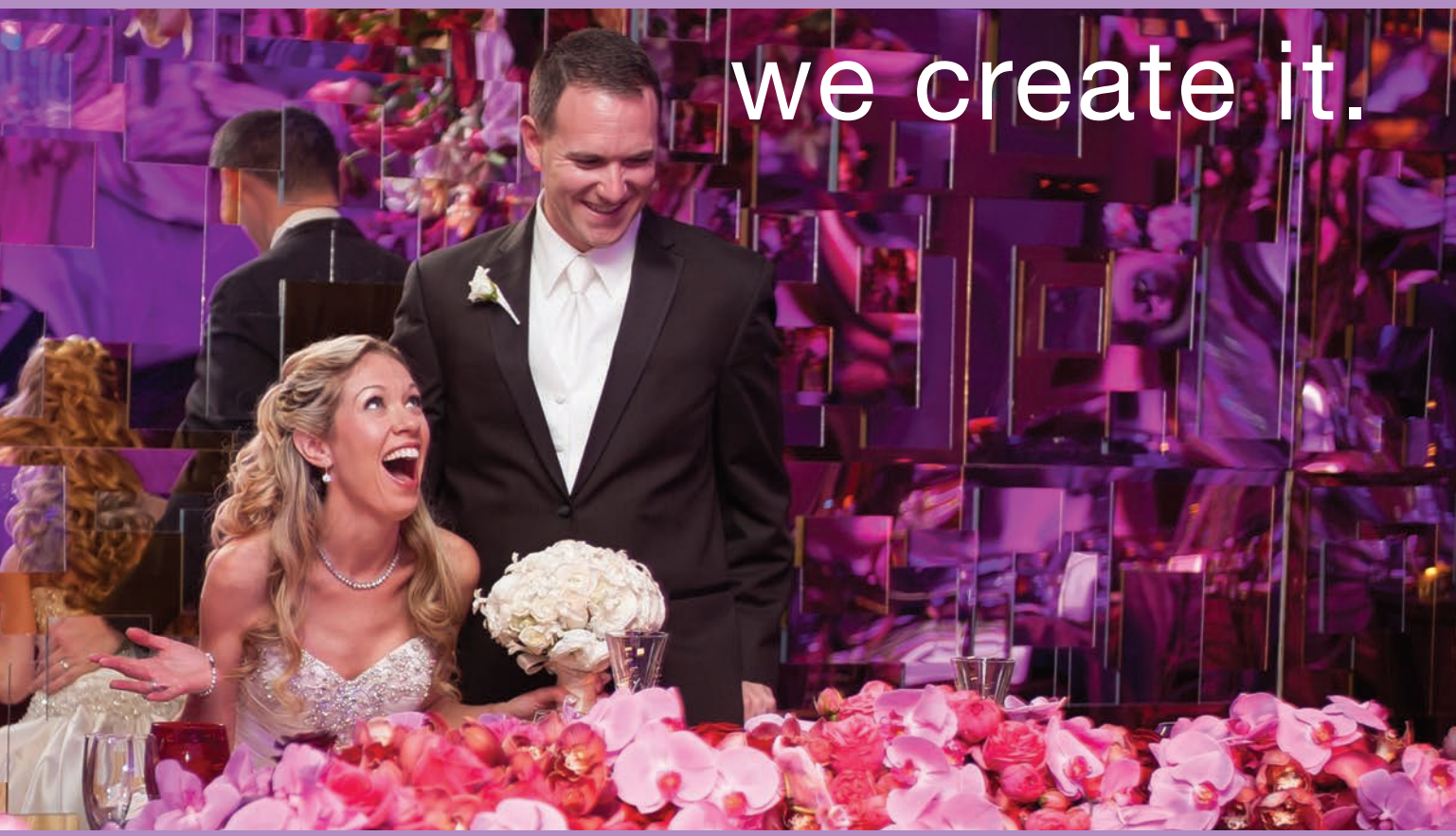
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CHATTER

Race Ready

The first-ever Walkway Marathon attracts runners from near and far. **BY GRACE TURNER**

In the world of endurance sports, the term “runner’s high” refers to the endorphin-fueled exhilaration distance runners often experience when logging mile after mile of training. This month, close to 2,500 fleet-footed athletes will get this feeling when they compete in the inaugural Walkway Marathon.

Taking place on June 13, this brand-new event consists of three races — a full marathon, half marathon, and 5K run — all of which traverse the Walkway Over the Hudson State Historic Park, the railroad-bridge-turned-linear-park that soars 212 feet above the Hudson River and offers unparalleled views of the Valley from the Hudson

“certified green” marathon by meeting criteria outlined by Athletes for a Fit Planet. Their eco-friendly initiatives include a 100-percent paperless registration system, providing locally produced foods at the finish line, and awarding medals and trophies made from recycled materials.

Beginning and ending at Marist College in Poughkeepsie, the daylong competition is organized by the Walkway Over the Hudson, the nonprofit group that works to support the Park, in partnership with the Dutchess County government, which is providing help with everything from transportation and emergency response to promotional opportunities. Among the 1,300 or so half-marathon runners will be Dutchess



A race with a view Runners will race 212 feet above the Hudson River on the Walkway Over the Hudson.

Highlands all the way to the Catskills. The full- and half-marathon courses also utilize the tree-lined Dutchess Rail Trail on the eastern side of the river, as well as the equally scenic Hudson Valley Rail Trail in Highland, Ulster County; the two trails are conveniently linked by the Walkway bridge.

“These races combine fantastic views with a shady and nearly flat running surface,” says Walkway Executive Director Elizabeth Waldstein-Hart. “From first-time racers to veterans hoping for a Boston Marathon qualifying time, all types of runners will enjoy this one-of-a-kind event.”

Indeed, the races have generated a great deal of buzz, both in the Valley region and beyond. At press time, more than 2,200 athletes from 25 states and four foreign countries had registered for one of the three events. A total of five wheelchair athletes will also participate in the marathon and half marathon — one of just three New York State races that allows wheelchair participants. Race organizers also hope to host the state’s first

County Executive Marc Molinaro. “I started jogging just over two years ago, mostly because I wanted to keep pace with my kids,” says the 39-year-old Molinaro. “I’ve been running mostly 5Ks, but I was encouraged to try the half-marathon. So I’m currently — in quotes — training.”

The working relationship between the county and the Walkway is “a marriage made in heaven,” Molinaro says. “It was the intent of this county to host a marathon when we constructed the Dutchess Rail Trail. It became a mission of sorts to find a partner; at the same time, the Walkway made it clear that they wanted to host a marathon. So what better place for a race than on Dutchess’s Rail Trail and on the Walkway Over the Hudson, a world-class attraction?”

Molinaro feels the local community benefits from the event in two ways. “We think it’s a great opportunity to highlight Dutchess County, our recreational and tourist assets,” he says, “and to promote good health and healthy living.” www.walkwaymarathon.org

5 Father’s Day Finds

Let’s be honest, Dad is tired of the same old brunch or grill-out every Father’s Day (and the tie box, too, for that matter). Shake it up with these fun alternatives.



Climb On!

Suit up for adventure this Father’s Day and take Dad on a thrilling rock climbing trip. **Eastern Mountain Sports** in New Paltz offers private guided climbs every day, along with classes designed for beginners. We can’t promise sunshine, so for indoor climbing there’s always **The Inner Wall** gym in New Paltz and Albany’s **Indoor Rockgym**.

Have a Cold One

Instead of cracking a cold one with Dad on the front lawn this Father’s Day, try exploring the Valley’s burgeoning brewery scene. Head to **Newburgh Brewing Company** for a Cream Ale, or tour the taps at **Keegan Ales** in Kingston.



Hot Rod

For the car-lover, the perfect destination is the **18th Annual Cruisin’ on the Mountaintop Father’s Day Car Show** in Tannersville. Expect live music while browsing a slew of antique and classic cars competing for 17 trophies. Main Street, Tannersville. June 21, 10 a.m.-4 p.m.

Cigar Shops

Take Dad out to relax with a cigar at the **Dutchess County Cigar Company** in Fishkill. Or, bring the party to you with **Blue Smoke** (www.bluesmokecigarlounge.com), where owners Ray Cummings and Hugh Donahue will hook Dad up with a full-service mobile cigar lounge, complete with cushy seating, lighting, and of course, myriad cigars.

For another Father’s Day activity that’s truly (and literally) off the beaten path, check out www.hvmag.com/fathersday

— Ian Dorset



Newburgh's New Sluggers

The Newburgh Newts are the Valley's latest minor league team. We see how they stack up against the existing players.

BY EVAN FALLOR

For years, the Hudson Valley Renegades were the only ticket in town for mid-Valley residents hoping to catch a live baseball game at minor league prices.

Then, four seasons ago, the Boulders came along and won the support of Rockland faithful. Now come the Newburgh Newts, the third in this trifecta of local minor-league franchises and one of the East Coast Baseball League's six teams playing in the



league's inaugural 2015 season.

The Newts are taking up residence on Washington Street's Delano-Hitch Stadium (above), the former home of the Night Hawks. That team went bust in 1996 after just two

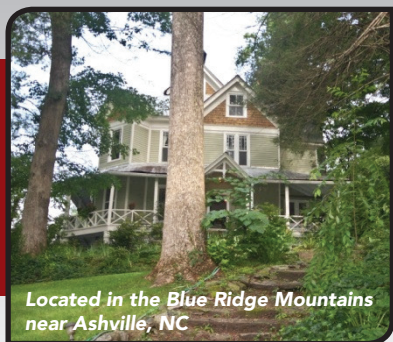
seasons, but our hopes remain high that this time will be different. Especially since the Newts' presence in south central Newburgh comes at a time when the often beleaguered city is showing signs of finally turning the corner. If you're looking to catch a game, the season runs through late August (the Newts' home opener was May 20). Here's a look at how the Newts stack up against the more established teams.



	THE NEWBURGH NEWTS	ROCKLAND BOULDERS	HUDSON VALLEY RENEGADES
Tickets sell for...	\$5	\$11-\$15	\$6-\$15
A beer will set you back...	Zilch — no beer allowed on Delano-Hitch Stadium grounds.	\$7 for a large draft beer	\$5.50 for a 16 oz. draft — hey, that's almost half the price of a cold one at a Major League game.
Who's the mascot?	TBD at press time: East Coast Baseball League Owner Colin Cummins said he is still roaming area ponds and streams in search of a Newt mascot.	Roaming Pomona is the Boulder Bird, a wide-eyed, sharp-beaked blue bird sporting a No. 11 jersey. 	Rascal the furry son of Rookie the Renegade racoon and Rene Gade
Team's digs	Delano-Hitch Stadium in Newburgh: 3,100-seats that also house high school- and college-game crowds	Provident Bank Park in Pomona: A 4,506-capacity is the largest of these three.	Dutchess Stadium in Wappingers Falls: Known as "The Dutch" to locals, it holds 4,494 fans.
The neighborhood is...	Urban: In Newburgh proper. Delano-Hitch is inland from the waterfront, but easily accessible from the nearby Beacon-Newburgh Bridge.	Quiet: Provident Bank Park is the scenic backdrop for several residences and businesses in the small town.	A mash-up: Dutchess Stadium is nestled between Beacon High School, the Fishkill Correctional Facility (yikes!), and the eastern banks of the Hudson.
Star player	The Newts' top two players (would-be all-stars), were gobbled up by the Philadelphia Phillies and Anaheim Angels before the season even started. Spring training will determine who's who.	Coming off their first league championship in team history last year, the Boulders are led by outfielder Ryan Stovall , a Cam-League All-Star a season ago.	Pitcher Nolan Gannon went 6-2 with a 2.84 ERA for the Renegades last year. In the minors, where top players rarely return for consecutive seasons, Gannon will be the ace of this crew.

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Hudson Valley Hero

A Level Playing Field

One Hopewell teen inspires a community-wide project to help kids with disabilities. **BY ALIA AKKAM**

Children playing on a playground is a sight we usually take for granted. Rarely do we pause to think about the kids who—because of a disability—can't enjoy common play spaces. But 15-year-old Natalie Keating of Hopewell Junction was always keenly aware: Her older sister Julie had physical and cognitive disabilities and was often unable to join in on the fun at the local park. "I would run back and forth between her and the other kids because while we were playing she would sit on the side and just watch," Keating says. "Her wheelchair couldn't go over the woodchips, and even if it could there was nothing for her to do on the playground."

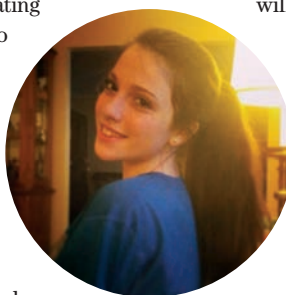
Tragically, Julie passed away at 15 in 2007. Natalie, who was only 8 at the time, always wanted to honor her memory, and in 2012, she got the chance. Her teacher asked the class to write a letter to someone who could change the world. Most of the 12-year-olds penned notes to celebrities, but she contacted the town of East Fishkill and asked them to build a handicapped-accessible playground.

Janet McHugh, a former volunteer with the East Fishkill recreation committee, says Natalie's letter came at just the right time: "We were thinking about building something like this, and when we got Natalie's letter,

we knew it was something we had to do." McHugh founded and now serves as president of Julie's Jungle, a nonprofit dedicated to the playground's construction. The Keatings are also involved—Julie's parents Jill and Tom serve on the board, and Natalie helped design the logo.

After three years of fundraising, the group hopes to break ground at the Lime Kiln Park in Hopewell Junction this summer. Phase one will open this fall, at which point the site will be usable, and a second phase is scheduled for summer 2016 completion. The park will feature a flat surface to accommodate wheelchairs and walkers; an enclosed swing for children with autism to escape noise and a wheelchair swing; a steel slide that won't create static in the hearing appliances of kids with audio difficulties as plastic slides do; and interactive Braille and sign language panels. "I'm really excited about the full swing that fits a wheelchair," says Natalie.

The main thing, says McHugh, is that even though every child won't be able to use all the equipment, there will be something there for every child to play with. "We want it to be a place where all children, both able-bodied and 'differently-able-bodied' can play together," she says.



Where in the Hudson Valley...?

Larger than Life

This massive statue stands watch over a local hot spot

While this arm may not seem out of the ordinary, it actually belongs to a figure that stands more than 13 feet tall. When this giant was first constructed back in 2006 by New York City artist Maria Reidbach, it was the largest of its kind. Now it ranks third tallest in the world, after an 18-foot-tall one in Poland and a 15-foot one in Iowa. This figure's attire changes seasonally and has been spotted holding flowers, wearing a cozy winter scarf, and even sporting a giant hula-hoop. He makes his home in an open area that boasts every-



thing from fresh fruit and vegetables to a petting zoo and a miniature golf course. Do you know the name of this gargantuan guy? And where does he stand? Visit www.hvmag.com/WIVcontest to submit your answer. The first reader with the correct response wins a prize. Good luck!

— Sabrina Sucato

Ramadan by the Numbers

A numerical look at Islam's holiest month **BY SABRINA SUCATO**

For many of us, June signals the beginning of lazy summer days, beach vacations, and day trips to local attractions and events. Yet for Hudson Valley Muslims, it also marks the beginning of Ramadan, the holiest period of the Islamic lunar calendar. Ramadan kicks off at sunset on Wednesday, June 17, and for a month thereafter (it runs through Friday, July 17), Muslims worldwide observe a strict fasting regime during daylight hours, refraining from eating, drinking, smoking, and sinful behavior.

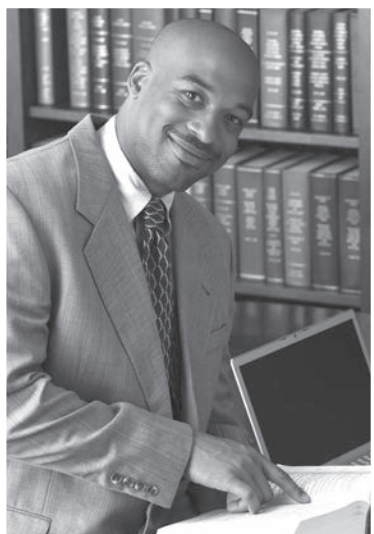
We put together a snapshot of what Ramadan looks like in the Hudson Valley and elsewhere, by the numbers:

- 29-30** Days in a month on the Islamic calendar.
- 9** Ramadan is the ninth of 12 months in the Islamic calendar, which spans 354 days.
- 50,000** Square footage of the Hudson Valley Islamic Community Center, located in Westchester County's Mohegan Lake.
- 5** Pillars of Islam, the practices that all Muslims must follow: Shahadah, the declaration of faith; Salah, prayer; Zakah, obligatory charity; Sawm, fasting; and Hajj, pilgrimage to Mecca at least once in a lifetime.
- 18** The day in July after Ramadan during which Muslims celebrate Eid-ul-Fitr, a day of prayer and festivities.
- 3,300** Approximate number of Muslims in Dutchess County.
- 7** Million Estimated US Muslim population.
- 12** Religious and spiritual organizations at Poughkeepsie's Vassar College, one of which is the Vassar Muslim Students Union. The group provides transportation to a local mosque for prayer every Friday.
- 2004** The first year that Wappingers Central School District gave Muslim students the day off for Eid-ul-Fitr, a day of prayer and festivities. This year, New York City public schools will follow suit for the first time.
- 15** Hours of fasting per day for Ramadan observers.

33,000 Tons of dates produced in the US in 2011, according to government figures. Dates are the traditional food used to break fast, since they provide an energy-boosting combination of carbohydrates and fiber.



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LEE STARSHINE

1. Dutchess Community College Foundation held their annual Community's Bridge to the Future Gala on March 28 at the Grandview in Poughkeepsie. The event raised funds to provide scholarships to DCC students. From left: **Caleb Angell, Jose Lopez, Alexa Sensini, Nicole Boyles, Zoe Kozma**, Dutchess Community College President **Pamela Edington, Nicholas Signorelli, Jessica Gariolo, Susy Comacho, Raphael Reyes, Abdullah Kinan** (kneeling).

2. Troy Savings Bank Music Hall celebrated its 35th Annual Gala at Franklin Plaza in Troy on April 16. From left: Troy Mayor **Lou Rosamilia**, Troy Savings Bank Music Hall Executive Director **Jon Elbaum**.

3. The stars twinkled above the 340 guests in attendance at the Hospice of Orange & Sullivan Counties Starry Night 2015 Spring Gala on March 28 at Anthony's Pier 9 in New Windsor. From left: Hospice Director of Special

Events **Gloria Alisandrella, Helen Richards, Rachelle Klugman**.

4. Guests enjoyed specialty drinks, hors d'oeuvres and desserts by 12 local vendors at the Benedictine Health Foundation's 6th annual Sip and Savor at the office of Dutton Architecture in Kingston on March 27. All proceeds benefited the Foundation's Rosemary D. Gruner Memorial Cancer Fund. From left; **Kim Perry, Rick McColgan, Michael McGowan, Bernadette Berardi**.

5. Beer lovers flocked to the Hudson Valley Community Center on April 19 for the 2nd Annual Shakesbeer Festival for the best brews and performances of the Bard's legendary works.

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SHUTTERSTOCK

Mitigating Migraine

June is Migraine and Headache Awareness Month **BY DAVID LEVINE**

Got a headache? You're not alone. According to the National Headache Foundation, 47 percent of all adults in the US experience headaches annually. But headaches in general, and migraine—the most ferocious type of headache—in particular are poorly recognized and inadequately treated,

to perform daily chores, or cannot attend family or social activities because of chronic migraine, the NHF says. Women are three times more likely to experience migraine than men.

Migraines cause intense pulsing or throbbing pain in one area of the head. They often come in multiple attacks (at least five that last four to 72

zigzag lines, or a temporary loss of vision.

There are many possible triggers of migraine—stress, anxiety, hormonal changes during the menstrual cycle, and diet—but no known cure, says Dr. Uri Napchan, medical director of Middletown Medical's Headache Center. But there are medications for preventing and treating migraine. "One thing I use is Botox—Botulinum toxin A," Dr. Napchan says, noting that it has been shown to be effective in prevention of chronic migraine. Other medications, originally developed for epilepsy, depression, or high blood pressure, can be extremely effective in treating migraine. Behavioral changes in diet, sleep, and weight, along with stress-management strategies, such as exercise, relaxation techniques, biofeedback mechanisms, and others, also may reduce the number and severity of migraine attacks.

In 2014, an external nerve-stimulation device, called Cefaly, earned FDA approval. It's a headband with battery-powered electrodes that stimulate branches of the trigeminal nerve, which has been associated with migraine. "This is a promising non-medical approach that can decrease the severity of headaches," Dr. Napchan says. And supplements like magnesium, coenzyme Q10, vitamin B12, riboflavin, feverfew, and butterbur may help, too. "I also find that acupuncture, melatonin, and homeopathic medicines with capsaicin are effective for some patients," he says. "Every patient is different, so it's usually not just one solution. Usually we try a multitude of options."

In the near future, scientists should have a better understanding of the genetic causes of migraine. In 2010, a team of researchers found a common mutation in the gene that controls an important potassium ion channel; these channels keep nerve cells at rest, and mutations lead to overactive and overly pain-sensitive cells. And a drug to regulate a protein called CGRP, which has been found in excess in migraine sufferers, is "in the pipeline," Dr. Napchan says. "That's not approved yet, but it looks promising."

In the meantime, support your fellow headache sufferers and Go Purple this month. Learn more at the NHF website, www.headaches.org ●

There are many possible triggers of migraine—stress, anxiety, hormonal changes during the menstrual cycle, and diet—but no known cure, says Dr. Uri Napchan, medical director of Middletown Medical's Headache Center.



the NHF says. So now that you've gone red for heart disease in April, the NHF wants you to go purple for Migraine and Headache Awareness this June.

More than 3 million Americans miss work or school, are not able

hours, by one definition), and include additional symptoms such as nausea and/or vomiting, or sensitivity to both light and sound. About one-fifth of all migraine sufferers can predict the onset of a migraine because it is preceded by an "aura" of flashing lights,



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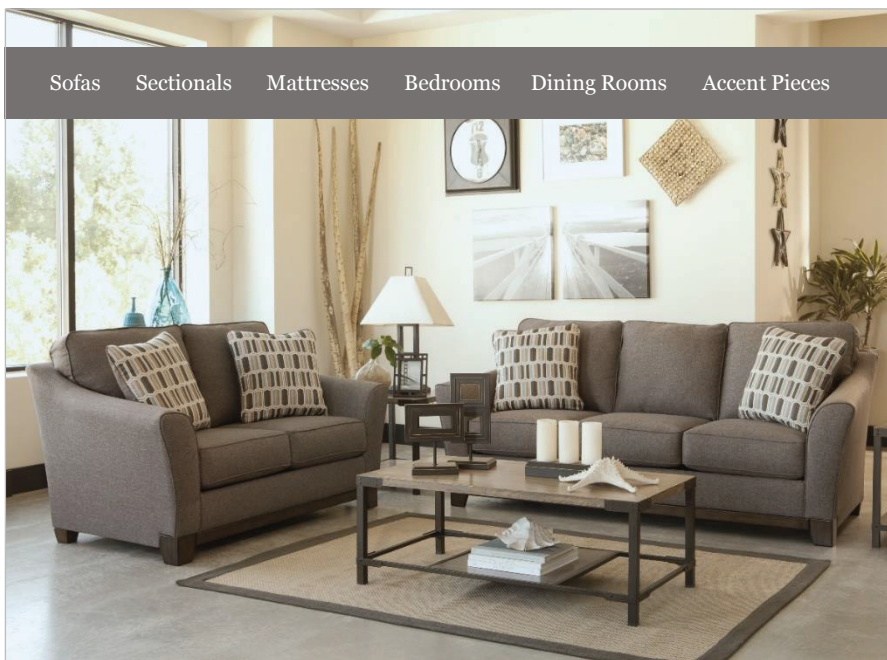
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Beacon's Favorite Son

James V. Forrestal served as the country's first Secretary of Defense. Here's the story of the Dutchess County man's amazing life — and mysterious death. **BY DAVID LEVINE**

Robert Murphy, president of the Beacon Historical Society, once called him “Beacon’s favorite son.” Yet most Beaconites under retirement age who aren’t historians would be hard-pressed to tell you why. Sure, there is an elementary school named after him. But unlike schools named after, say, John F. Kennedy, only those who ask would know about the extraordinary life, and mysterious death, of James V. Forrestal, a civilian leader of the US military during World War II and, later, the nation’s first Secretary of Defense.

James Vincent Forrestal was born on February 15, 1892, in what was

then known as Matteawan. His father, also named James, was an Irish immigrant and a contractor who started a successful construction company that built a hospital and commercial buildings in the 1890s. The senior Forrestal was also a loyal Democrat who served as the Matteawan postmaster. Young James was known as Vincent, or Vince, to distinguish him from his father, Murphy says.

He was an excellent student and graduated from Matteawan High School at age 16. His abiding interest was journalism; he served as the editor of the school’s monthly publication, the *Orange and Black*, and then worked for two local newspapers, including the

Duty Calls.

In 1945, Forrestal (left), then Secretary of the Navy, attended the christening of the Franklin D. Roosevelt aircraft carrier with Fleet Admiral Ernest J. King.

Matteawan Journal. Its editor, Morgan Hoyt, was a Democrat, early supporter, and friend of Franklin D. Roosevelt. “In fact, because of Hoyt, FDR came to Beacon every election eve for the good luck that rubbed off of Hoyt,” Murphy says. That may have been where the young Forrestal met FDR, who would later play an enormous role in his future.

At the tender age of 19, Forrestal was hired as city editor of the *Poughkeepsie News Press*, a predecessor of the *Poughkeepsie Journal*. But he left the paper to attend Dartmouth College, and then transferred to Princeton for his sophomore year, where he edited the *Daily Princetonian*. He worked at the *News Press* over summer break, and on August 17, 1913, the cub reporter “had his shining moment,” Murphy says. “Harry K. Thaw, notorious murderer of Stanford White, escaped from Matteawan State Prison. Forrestal scooped the story, put out a special edition of the paper, and acted as a liaison for the New York City papers trying to cover this national story. In later years, Hoyt said he would have made a great newspaperman if he had not gone into national service.”

Voted “Most Likely to Succeed” in his senior year, Forrestal left school in 1915 without his degree, “apparently due to academic and financial difficulties, according to the U.S. Navy,” the *Poughkeepsie Journal* reported. And in 1916, Forrestal traded a career in journalism for finance, joining the investment banking firm of William A. Read and Co., which later become Dillon, Read & Co.

The World at War

When the US entered World War I in 1917, he enlisted in the Navy. After being discharged in 1919, he returned to banking, and, in 1926, he married a *Vogue* magazine writer named Josephine Stovall. Forrestal was as successful at banking as he was at reporting; he rose to president of the firm, and made his fortune. He also worked for the Dutchess County Democratic party, helping locals gain state and national office. One of those locals was his neighbor, FDR, who asked him to come to Washington as his special assistant in June 1940.

Later that year, he was appointed undersecretary of the Navy. “He promulgated FDR’s ‘arsenal of democracy’ program, adapting America’s industry



Early Training. Forrestal (holding the ball) played on the 1908 Matteawan High School basketball team. Below: Secretary of the Navy James Forrestal at the Iwo Jima Invasion in February 1945.

“the most dangerous man in America.”

Further scandal ensued after the election of 1948, when it was revealed that Forrestal had privately agreed to serve with New York Democrat Thomas Dewey when Dewey, as was expected, won the presidency. Dewey, however, famously did not defeat Harry S. Truman, and, when

to wartime production for the Navy,” Murphy says. “He earned high praise” for his work. It was during this time, in 1943, that Forrestal returned to Beacon for what Murphy calls “a rare visit.” He presented something called the Army-Navy “E” Production Award to a rubber factory on Tioronda Avenue. He gave a heartfelt speech extolling the town and county as “representative of the amalgam of peoples which has given this nation extraordinary growth and world power within a century.”



Pearson published the story, Forrestal was fired. He fell into a deep depression that got him admitted, in April 1949, to the National Naval Medical Center in Bethesda, Maryland. Doctors covered his mental illness with a public diagnosis of “nervous and physical exhaustion.” But he was given psychiatric treatments of the time, including insulin-induced shock therapy and barbiturates. On May 22, 1949 his body was found on the third-floor roof, a fatal distance from his 16th floor hall kitchen.

A Casualty of War

Most likely, he jumped . But conspiracy theories of murder — by Communists, Zionists or US agents — appeared almost immediately. None has been proved. “By all news accounts, prior to his resignation from Truman’s cabinet, Forrestal appeared haggard and sick before his hospitalization,” Murphy says. “Forrestal’s Beacon friend Morg Hoyt, and his brother Henry and his family, all considered Forrestal a casualty of war — the Cold War — like any other wounded soldier.” Murphy believes Forrestal took his own life. Forrestal is buried at Arlington National Cemetery.

Back home, James V. Forrestal Elementary School opened in 1953 on land that his older brother Henry and his wife donated in 1951, in James’ memory. On the national level, the first Navy super-carrier, the USS Forrestal, was commissioned in 1955; it was decommissioned in 1993. And in 1969, the James V. Forrestal Building opened in Washington, DC, as a military office building that was nicknamed, for a time, the “Little Pentagon.” It is now the home of the US Department of Energy.

You’re welcome, Beaconites. Now you know a bit about your Favorite Son. ●

Forrestal was as successful at banking as he was at reporting; he rose to president of the firm.

pinnacle of an amazing career. Sadly, he would be dead less than three years later.

Forrestal’s political views were at times progressive, at times conservative. He was an advocate for racial integration of the military, which was implemented in 1949. He was also deeply fearful of Russian Communism, and an early supporter of Senator Joseph McCarthy. He argued against partition of Palestine to create the state of Israel, fearing backlash from the Arab nations that supplied the US oil. These views made him a target of scathing commentary from the Washington press, especially the influential columnist Drew Pearson, who called for his removal from the Cabinet and called him



NON-INVASIVE IMAGING Richard L. Roth, MD, FACC

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Gimme Sunshine

9 Weekend Getaways within 5 Hours (or Less)





We made it through winter, folks (and spring, more or less—if you can call it that anymore). So it's time to make good on that promise you made to yourself in the dark days of February: You said, come summertime, you'd never, ever complain about the heat or the hot car or a little perspiration here and there. You said you'd revel in the sunshine—and we're here to help you do it.

Our editors and writers fanned out across the East Coast to find nine of the best family-friendly, beach, and couples getaways for this season. So whether your vacation appetite is grumbling for a world-class resort on Georgia's coast, a romantic Hudson Valley retreat nearby, or a wellness-forward sanctuary tucked in Maine's quiet woods, you've been waiting for an escape, and we have you covered.

Beaches



Motel No More

Montauk Blue Hotel, Montauk, New York

I woke up in the middle of the night to the sliding door open and the air conditioner off. Okay, wait...I definitely did that on purpose. I

couldn't bear to shut out the scent of beach bonfires and salted sea air—oh, and the sound of the waves crashing 20, maybe 30, yards off, that too.

The best part about Montauk Blue is that it is unapologetically all about the beach. It's plopped at beach's edge, and the majority of first-floor guests can step out onto a deck that hangs over the sand; nearly all second-

floor dwellers score a balcony with an oceanfront view (there are just two stories). It's an egalitarian beach-goer paradise.

That beachfront-for-all stems from the hotel's motel past. Before a top-to-bottom renovation in 2014, this was the Ocean Beach Resort, and its motel layout affords exterior wall entrances and back-of-the-room sliding glass doors. Décor is cast in a pleasant blue motif, and overall the accommodations are large and comfortable.

Montauk Blue is within easy walking distance to town. Beach bonfires and 20-somethings at night give way to bathing suit and flip-flop-friendly sidewalks by day, not to mention art fairs, organic cafés, and tourist

shops. Overall there's a casual—at times crunchy—end-of-the-earth vibe, which brings me to the final point: If it's luxury you crave, best to stay in the Hamptons. If it's beach without pretense, and a beautiful beach at that, then you'll love it here.

EXPLORE: For a dose of on-the-water relaxation, Mon Tiki offers day and sunset catamaran cruises lasting two hours. Bring your own snacks and drinks (beer and wine allowed). Otherwise, bike or drive to Montauk Point State Park up the road for a look at the oldest lighthouse in New York State.

DINE: Navy Beach on Montauk's north side is a see-and-be-seen hangout serving casual coastal fare. Set on 200 feet of private beach, it offers on-the-sand dining and drinks. The younger set should hit up La Brisa de Tacombi, a taqueria in the center of town that doubles as a bar after dark.

INSIDER'S TIP: On your way out, stop at The Lobster Roll Restaurant, now in its 50th season. You wouldn't be wrong to think it's called "Lunch," since there's a giant "LUNCH" sign on its roof. (And extra points for recognizing it from Showtime's *The Affair*.)

—Philip Garrity

THE DETAILS:

Montauk Blue Hotel
108 S Emerson Ave,
Montauk, NY
631-668-4000;
www.montaukbluehotel.com

Distance from Poughkeepsie:
three and a half hours
by car (without traffic)

Rates: In-season rates start at \$438/night for a standard studio and vary by accommodation and time of booking.

Classically Summer

Black Point Inn, Prouts Neck, Maine

At the turn of the century, wealthy city dwellers retreated to cooler waterfront enclaves up and down the East Coast. Maine's idyllic Prouts Neck peninsula was one of the most coveted among them. Nestled on an idyllic peninsula in the Town of Scarborough, Prouts Neck is home to shingled estates that sit intact amid priceless ocean views and spectacular flower gardens. Several impressive hotels once welcomed visitors here. But today only one remains—the Black Point Inn.

The Inn retains the charm of a bygone, but well-kept, grand summerhouse. Indeed,

the ambiance is not unlike what you'd expect to find in one of the nearby estates. The large lobby is like a living room, and a fireplace roars on cooler nights. Upstairs, summery wallpaper lines spacious guest rooms with water views. Outside, the Inn offers a pool and a sweeping lawn dotted with Adirondack chairs. But you can leave any time—just grab one of the hotel's bikes and tour the tony neighborhood.

EXPLORE: Black Point Inn is just 15 minutes from Portland, but Prouts Neck offers so much natural beauty, we rarely strayed. Guests have use of the private Prouts Neck Beach, and a nearly two-mile cliff walk is off limits to everyone but local residents and hotel guests—it's not to be missed. At the end of the walk is the Winslow Homer Studio,

where the artist lived and worked for 25 years. Many of Homer's masterpieces were inspired by the view, and a fine tour is run by the Portland Museum of Art.

THE DETAILS:

Black Point Inn
510 Black Point Rd, Prouts Neck,
Scarborough, ME; 207-883-2500;
www.blackpointinn.com

Distance from Poughkeepsie:
Five hours by car

Rates: Open from May 8 through the end of October. Rooms start at \$199/night; stay includes breakfast and dinner.

Great Escape **Wequassett Resort and Golf Club, Cape Cod, Massachusetts**

As amazing of a weekend destination as Cape Cod is, you might not get to see too much of it during a stay at the Wequassett. While its mid-cape location makes it an ideal home base from which you can travel to P-Town or Hyannis Port in well under an hour, you will most likely want to savor every moment on the premises.

Wequassett's palatial accommodations (and contemporary, after a \$5 million renovation in 2014) span 120 rooms and suites in 20 waterside cottages dotted along Round Cove and Pleasant Bay, all within a leisurely walk to the property's myriad amenities—including two swimming pools and a Jacuzzi, two beaches, boat rentals (and boating

lessons), lush gardens, four Har-Tru tennis courts, a fitness center, a children's activity center, and an 18-hole championship golf course.

Signature Collection suites feature spacious sitting rooms with minibars, gas fireplaces, and panoramic views; king beds; marble baths; and private terraces with fire pits. The sheer grandeur of the accommodations and property amenities is nicely complemented by the pleasant, polished, and unobtrusive demeanor of Wequassett's staff. This winning combination delivers unbridled luxury to resort guests, but with an appropriately relaxed Cape vibe—making the Wequassett a very popular venue for weddings and other private functions.

EXPLORE: When you are ready to venture off-premises, neighboring Chatham should be your first stop. One of the jewels of the Cape (located right on its “elbow”), this charming, stylish town offers visitors the quintessential Cape Cod experience—from its dining and shopping options to its pristine beaches.

DINE: Wequassett offers several on-property dining options, including 24-hour room service. Billed as Cape Cod's only four-star, four-diamond

THE DETAILS:

Wequassett Resort and Golf Club
2173 Route 28, Harwich, MA
800-225-7125;
www.wequassett.com

Distance from Poughkeepsie:
four and a half hours by car

Rates: In-season rates start at \$585/night



DINE: The Inn's food is locally sourced and far from old-fashioned—important since two meals a day are included with your stay. The casual Chart Room serves Maine specialties like clam chowder, oysters, and lobster rolls, plus memorable sweet potato fries. It opens onto a spectacular dining porch overlooking Sand Dollar Beach, where the tide ebbs and flows all day. The Point is the fancier option with updated classics like lavender-roasted breast of chicken and crumb-topped haddock.

INSIDER'S TIP: Take the short drive to charming Higgs Beach. This family-oriented community has old-fashioned inns, a provisions store, and a big, beautiful beach. With small-frame houses up and down the streets, it has the appealing everyday feel of a simpler kind of summer. —Leslie Long



Wequassett (continued)

restaurant, Twenty-Eight Atlantic serves New American with an emphasis on seafood. Its nautically inspired dining room offers panoramic water views. For more casual dining, the adjacent Thoreau's presents din-

ers with a cozy pub atmosphere. Alfresco dining can be had at the Outer Bar & Grille, on its expansive deck. The Grille's menu is also available at Libaytion, the property's beachfront bar, and at Pleasant Bay Terrace, another waterside bar that also offers nightly

live entertainment.

INSIDER TIP: For a nearby delight of the senses, visit the Cape Cod Lavender Farm, also located in Harwich (www.capeodlavenderfarm.com) — *Robert Schork*

View From The Vineyard

Harbor View Hotel, Martha's Vineyard, Massachusetts

I love the Vineyard: but the schlep to get there for just a long weekend, not so much. So we decided to catch a Cape Air (www.capeair.com) flight from Westchester County Airport instead. I'll admit: I was a tad nervous. Well, I need not have been: The flight on the nine-passenger Cessna 402 was

positively glorious, and with such breathtaking views, I was almost sorry to land. This, dear readers, is indeed the way to travel.

And if you don't have your own summer home on the island—or have access to a friend's palatial spread—staying at the Harbor View Hotel, a Victorian hotel dating back to 1891, is a wonderfully authentic way to experience it. A member

of Historic Hotels of America (with accolades too numerous to list), it's perched above the harbor in a residential enclave of stately historic homes and cobblestone lanes, and it offers 114 accommodations ranging from single guest rooms to cottages.

EXPLORE: There's an outdoor pool in season, but this island is all about the beach. We took a short stroll to the beach with chairs and umbrellas delivered to our room and enjoyed afternoons of sunshine and dips in the surf. The hotel is also a short walk from charming, historic Edgartown with its art galleries, boutiques, shops, and eateries. Farther afield, there is golf, hiking, and birdwatching. Biking is a very Vineyard way of getting around; head to Oak Bluffs to explore the fairy-tale-like gingerbread cottage community (www.mvcma.org) that dates back to the 1700s, and then

refuel with some ice cream in town. But do leave time to lounge around on the Inn's iconic veranda and soak in those water views. During the day, they're like a kind of visual Prozac. Come sunset? Positively dazzling.

DINE: The sophisticated but not at all stuffy in-house Water Street, with its gleaming dark hardwood floors and graceful white columns, presents an "island-to-table" menu of classic New England cuisine with a twist, like sweet lobster with black rice polenta.

The more casual Henry's Hotel Bar is a gastropub serving lighter fare and libations—but both settings offer the same knockout views of the Edgartown Lighthouse, harbor, and beach.

INSIDER TIP: Harbor View welcomes furry, four-legged family members.

— *Laurie Yarnell*

THE DETAILS:

Harbor View Hotel

131 N Water St, Edgartown, MA
800-225-6005 or
508-627-7000;
www.harbor-view.com

Distance from Poughkeepsie:

five hours by car. Non-stop flight via Cape Air (www.capeair.com)—prices start at \$279 one-way—followed by a 20-minute cab ride

Rates: Summer rates begin at \$435/night for standard rooms and \$1,295 for suites.



Couples



States of Grace

Exquisite Accommodations in Connecticut, Rhode Island, and Maine

It was a glorious day for a Sunday drive on the twisting, turning country roads of Litchfield County, Connecticut, on the way to the Mayflower Grace, the first stop on our tour of the three Grace Hotels North America properties. Our first order of business was to make some difficult choices: Did we want to go in the Rolls Royce Phantom or the Ghost? Drive or be chauffeured? Ah, the dilemmas of a travel writer. We opted for the silver Phantom with chauffeur, and I busied myself in my “cockpit,” arranging my leather seat just so and playing with all the buttons, hoping there wasn’t an eject button hidden in the storage pockets. Our chauffeur suggested we take our shoes off to really experience the thick lambswool floor mats. Good call.

The point of the tour was to introduce Grace Hotels’ latest acquisitions and the company’s star chef, Jonathan Cartwright, who has, at each property, restaurants offering locally sourced, seasonal cuisine. Befitting its ultra-opulent brand, Grace partners with Rolls Royce for just this type of tour among properties. Other luxury touches? In addition to an extensive pillow menu, guests can select their room’s scent (choose from Egyptian Geranium, Eucalyptus Citriodora, Lemongrass Bliss, and French Lavender) and order peanut butter and banana frozen yogurt for their pouch.

The Vanderbilt Grace

Newport, Rhode Island

While in Newport, it seems fitting to stay at a former titan’s “cottage,” and the Vanderbilt (originally built by Alfred Gwynne Vanderbilt), a charming old mansion with 33 stylish new guest rooms and suites, is an ideal choice. Located just minutes from the waterfront, the 1909 property is one of the few private homes of the era operating as a luxury hotel.

EXPLORE: A guided tour offers an overview of Newport for first timers, or go it alone, and zero in on specific mansions. To continue the Vanderbilt theme, we recommend a visit to the over-the-top Breakers, followed by a cliff walk.

DINE: To make the butter-poached smoked lobster, chef Cartwright uses a medical device designed for administering marijuana, delivering just the right amount of smoke for a delicious kick. Cheddar-glazed beef tenderloin with a pancetta Merlot sauce was perfectly tender; the cinnamon-sugar beignets, impossibly light.

THE DETAILS:

The Vanderbilt Grace
41 Mary St,
Newport, RI
401-846-6200;
www.gracehotels/vanderbilt

Distance from Poughkeepsie:
three hours by car

Rates: In-season rates
start at \$450/night

INSIDER TIP: After a day exploring the town, make sure to make it back to the rooftop deck in time to catch the sunset over the marina.



The Mayflower Grace

Washington, Connecticut

Every time I visit, I'm struck anew at the serene elegance of five-star, five-diamond Relais & Chateaux Mayflower Grace, a 58-acre slice of heaven in the heart of Litchfield County. There are 30 luxurious rooms and suites scattered across the property, lush themed gardens, and a 20,000-square-foot spa.

EXPLORE: The spa is a sanctuary so hushed and ethereal, it feels like entering a church. Plan to spend time in the supremely relaxing chaises in the meditation room overlooking Blue Heron pond and the woods. There are dozens of treatments (we loved the Japanese Red Flower Ritual), classes, and other experi-

ences available, from Pilates and yoga to archery and fencing. Or go "off-reservation" for a brisk 45-minute guided hike around the countryside or kayaking on the Housatonic River.

DINE: Stop in the Shakespeare Library in the main house for cocktails and canapés by the fireplace, and then move on to Muse by Jonathan Cartwright. The seared venison and pan-roasted duck were our faves. Not officially on the menu (but available if you ask—and I always do) is the Mayflower Bibb salad with blue cheese, frizzled shallots, tomato, and truffle vinaigrette; we also loved the crab cakes with papaya, mango, and jicama, topped with crispy plantains.

INSIDER TIP: There is a secret tunnel connecting the Allerton Cottage to the spa so famous guests (like Bill and Hill) can go to and fro without anyone spotting them.

THE DETAILS:

The Mayflower Grace
118 Woodbury Rd, Washington, CT (860) 868-9466;
www.gracehotels.com/mayflower

Distance from Poughkeepsie:
One hour by car

Rates: In-season rates start at \$450/night

The White Barn Grace
37 Beach Ave, Kennebunkport, Me (207) 967-2321;
www.whitebarninn.com

Distance from Poughkeepsie:
Four hours and a half

Rates: In-season rates start at \$450/night



French Country Escape

Mirbeau Inn & Spa, Plymouth, Massachusetts

As a frequent traveler, I'm often asked for recommendations for destination spas within comfortable driving distance from Westchester. There just aren't as many as I'd like to be able to give an enthusiastic nod to; indeed, some of the well-known originals are in need of a full refresh. But this lovely new inn and spa has much about it to recommend. Located in Plymouth, just north of the Cape, it's the sister property of the upstate New York Mirbeau—and it's even a slightly shorter drive here than to the original in Skaneateles, New York.

Since opening last summer, it has already been named to Destination Weddings & Honeymoons' "Where to Honeymoon in 2015" list. But whether you're looking for a romantic retreat or a girls-only getaway, consider this charming 50-room Parisian country manor-like inn with Koi fish ponds,

a soothing waterfall, and gorgeously landscaped gardens designed to resemble those depicted by Claude Monet. Indeed, "mirbeau" loosely translates to "reflected beauty"—a fitting tribute to its world-class spa and gracious architecture, interiors, and gardens. Cozy fireplaces, oversized soaking tubs, custom Mirbeau beds—which are so delightfully restful that when we inquire about purchasing one, the front desk says it's actually a common request—and those sumptuous views, all contribute to a private estate ambiance.

EXPLORE: The 14,000-square-foot spa is the crown jewel of the interior. It's a lavish relaxation space lined with hand-painted murals and frescoes, supported by stone columns, and home to a heated foot pool and fireplace. Should you want to rouse yourself, there's a full

THE DETAILS:

Mirbeau Inn & Spa at the Pinehills
35 Landmark Dr, Plymouth, MA
877-647-2328;
www.mirbeau.com/pinehills

Distance from Poughkeepsie:
four hours by car

Rates: Off-season rates start at \$199/night and peak-season rates (July and August) at \$235/night; does not include breakfast or \$18 daily resort fee

The White Barn Grace

Kennebunkport, Maine

A light rain started as we headed toward Kennebunkport and the third Grace, a landmark in Maine for the past 150 years. Cheerful staffers with umbrellas at the ready rushed out to greet us and escort us to our rooms in May's Cottage, adjacent to the main house. Fresh flowers, fruit, a split of Champagne, and fireplace filled with wood set the mood; the five star, five diamond cuisine in a rustic 1820s barn elevated it.

EXPLORE: Hop on an old-fashioned trolley for a narrated tour of the quaint coastal town of Kennebunkport—including a stop at Walker's Point, which overlooks the Bush compound.

DINE: When in Maine, choose lobster. And you can't do any better than the White Barn's lobster fettuccini, which has been on the menu for 20 years: succulent, buttery morsels of lobster on a bed of homemade pasta in a heady cognac sauce with the heads and tails neatly trimmed as part of the presentation. For breakfast? The lobster eggs Benedict of course.

INSIDER TIP: Place an order at the Port Lobster Company (shop.portlobster.com) for to-go packages to keep that lobster love going even when you return home. —*Nancy L. Claus*

fitness center complete with the latest equipment, indoor cycling theater, yoga studio, and full class schedule. Guests also have access to two 18-hole golf courses and 10 miles of wooded walking trails. Plymouth offers such varied historical attractions as the Pilgrim Hall Museum (www.pilgrimhallmuseum.org) and Plimoth Plantation (www.plimoth.org), as well as fishing tours, whale watching, and other excursions.

DINE: Henri-Marie, located in what could pass as a chapel, serves French-inspired cuisine for fine dining in the evening, while the Bistro & Wine Bar offers a more casual menu and atmosphere.

But the most fun in season is the Aqua Terrace, an outdoor space with hot tub and fireplace where light, spa-friendly fare is available throughout the day.

INSIDER TIP: Ask about special packages—French-inspired painting classes, yoga and wellness, etc. —*Laurie Yarnell*

Family Fun



Sweet Escape Hershey Lodge, Hersheypark, Pennsylvania

Ah, the family vacation: sometimes fun, sometimes tortuous—and usually expensive. In my never-ending pursuit to increase the first factor and decrease the second and third, I decided to give Hersheypark a try. With a candy-themed amusement park featuring 12 roller coasters, a water park, 27 kiddie rides—and only a three-hour drive from Poughkeepsie—it seemed a promising locale to entertain my three kids, ages 4, 13, and 15.

We stayed at the family-friendly Hershey Lodge, rather than the historic Hotel Hershey, and the first thing we saw upon entering was the kids' check-in desk, where my 4-year-old was delighted to be treated like a special guest; he signed a guest register, got a personalized lanyard, guessed how many Hershey's Miniatures were in a bowl, and received a chocolate treat.

The Lodge's lobby was modern but rustic with wood walls and beams and a four-sided fireplace. The rooms were spacious and luxurious, and we appreciated the comfortable beds after our visit to Hersheypark. The pools—a small indoor one, and a larger outdoor one—were crowded, but my elder son had fun, and my daughter and younger son played video games in the hotel's nearby arcade.

EXPLORE: Our primary destination was Hersheypark, but Hershey's Chocolate World is steps away. If you stay at one of the Official Resorts of Hersheypark, you will receive complimentary admission to nearby Hershey Gardens and The Hershey Story Museum Experience; I recommend you visit both. To get a break from the commercialism, head 40 miles southeast to Lancaster, and explore Amish country.

Or, on your way home, head to Knoebels, which calls itself, "the largest free admission amusement park in America" (you can pay per ride or get a one-day pass).

DINE: As far as dinner options, you have three choices at the Lodge: The Bears' Den, a sports-themed casual family restaurant; The Forebay, "creative comfort food"; and Hershey Grill, "easy to recognize, simple dishes." We settled on The Bears' Den, and the food was what you would expect from a family-friendly restaurant: adequate,

THE DETAILS:

Hershey Lodge
325 University Drive, Hershey, PA
717-508-1957;
www.hersheylobby.com

Distance from Poughkeepsie:
three hours by car

Rates: Rates start at \$189/night. Stay includes free shuttle to Hersheypark, character visits in the lobby, and discounts and free admission to other attractions. Summer single-day admission to Hersheypark is \$61.95 for ages 9 to 54; \$38.95 for ages 3 to 8 and 55 to 69; \$23.95 for ages 70 and up

but nothing to write home about, and a little pricey. The kids did enjoy the sports-themed décor.

INSIDER'S TIP: If you stay at an Official Resort of Hersheypark, take advantage of the deals: One perk was free twilight admission the night before our park visit. It was a great way to map our course for the next day. —*Kathryn Walsh*

Sand

BEACHES AND FESTIVALS

Our annual roundup of the region's fun summertime fests

BY GRACE TURNER



BARD SUMMERSCAPE

June 25-Aug. 16

Annandale-on-Hudson

WHAT IT IS: Eight weeks of arts programming — opera, music, dance, theater, film — that the *New York Times* has dubbed “part boot camp for the brain, part spa for the spirit.” The centerpiece of it all is the annual Bard Music Festival (Aug. 7-9 & 13-16), which examines the work of a particular composer; the SummerScape programs tie in to the composer in one way or another.

WHAT'S NEW: Mexico's Carlos Chavez (1899-1978) is the first Latin American composer to be spotlighted by the Music Festival. Some of the SummerScape offerings were written by Chavez's contemporaries, including Dame Ethel Smyth's rarely performed opera *The Wreckers* (July 24-Aug. 2), with music by the American Symphony Orchestra. A chamber production of Rodgers and Hammerstein's Broadway musical *Oklahoma!* (June 25-July 19) will have actors and audience members sharing food, music, and song. Fernando Rubio's dreamlike theater piece, *Everything by my side*; and “Reinventing Mexico,” a series dedicated to south-of-the-border modernist films, are other festival highlights.

DON'T MISS: The big names appearing in the Spiegel tent. This elaborately decorated, turn-of-the-century performance tent hosts cabaret and late-night performances throughout the summer; catch up-close encounters with Tony-winning actor Alan Cumming (July 3) and singer/songwriter Suzanne Vega (Aug. 8).

845-758-7900, www.fishercenter.bard.edu





MAC-HAYDN THEATRE

May 21-Aug. 22
Chatham

WHAT IT IS: For nearly 50 years, this Columbia County theater-in-the-round has been dedicated to producing musicals — for both adults and children — that are performed by a cast of professional actors and theater students.

WHAT'S NEW: Mac-Haydn's jam-packed lineup of 11 shows mingles the Great White Way's best-loved classics with more recent award-winning favorites. Highlights include composer

Leonard Bernstein's iconic *West Side Story* (July 23-26, July 29-Aug. 2, Aug. 5-9) and the flapper favorite, *Thoroughly Modern Millie* (Aug. 27-30, Sept. 2-6), both of which share the bill with *Rent* (June 18-21 & 24-28) and *Hairspray* (July 2-5, 8-12, & 15-19). Young and old alike are sure to be entranced by the children's theater production of *Sleeping Beauty* (June 26-7, July 3-4 & 10-11).

DON'T MISS: The chance to see Broadway's next superstar. The Mac-Haydn is known for the stars (such as *The Producers'* Nathan Lane and TV's Paige Turco) who have graced its stage before moving on to the big time.

518-392-9292; www.machaydntheatre.org

SHADOWLAND THEATRE

May 29-Oct. 19
Ellenville

WHAT IT IS: Professional theater productions are mounted in a beautifully restored 1920s Art Deco music hall.

WHAT'S NEW: "I'm thrilled that our audience allows us to produce such a diverse season of plays," says Producing Artistic Director Brendan Burke. "There's definitely something for everyone here, from the important to the whimsical." The schedule begins with Bruce Norris's Pulitzer-winning *Clybourne Park* (May 29-June 14), a comedy about race relations and real estate. Noted playwright Donald Margulies's *Shipwrecked! An Entertainment* uses just three actors and a foley artist to spin a swashbuckling 19th-century tale of high-seas adventure (June 19-July 5). *Moon Over Buffalo*, Ken Ludwig's farce about a pair of aging theater actors confronting their last chance at stardom, is up next (July

10-Aug. 2), followed by the grassroots musical, Woody Guthrie's *American Song* (Aug. 7-30). The season rolls into the fall with *The Last Five Years* (Sept. 4-27) — Broadway composer Jason Robert Brown's musical love story about 20-something New Yorkers — and wraps up with *The Whipping Man* (Oct. 2-19), a historical drama set at the end of the Civil War.

DON'T MISS: Manhattan-quality theater at the foot of the Catskills. Shadowland

is renowned for offering award-winning works by top-flight playwrights and composers in an intimate, 186-seat setting. Mark your calendar for the comedy, *Greetings!*, the theater's first holiday show (Dec. 4-20).

845-647-5511; www.shadowlandtheatre.org

HUDSON VALLEY SHAKESPEARE FESTIVAL

June 9-Sept. 1
Garrison

WHAT IT IS: Now in its 29th season, this imaginative, professional acting troupe presents the Bard's plays in an open-air tent on the grounds of Boscobel House and Gardens. Using a stunning view of the Hudson River and Highlands as a backdrop, the company performs a pair of Shakespearean plays — as well as one or two other works — in repertory each summer.

Hankering for some horsey fun? Check out the popular Equine! Equine! Equine! Festival at the Dutchess County Fairgrounds on **Saturday, Sept. 19**. Free pony rides, horse demonstrations and clinics, blacksmithing demos, an equine art show, and lots of food and drink are just part of the fun at this celebration of the horse. For more information, visit www.hvmag.com/summerfests2015



WHAT'S NEW: "Our 2015 season is a celebration of the power of storytelling. Next to eating, and sleeping, and love, one of our deepest human needs is for stories," says Artistic Director Davis McCallum. Now in his sophomore season with the company, McCallum makes his directorial debut with the Shakespearean romance/comedy, *A Winter's Tale*. Five actors portray 20 different characters in a modernized version of the ever-popular comedy, *A Midsummer Night's Dream*. The wily Scheherazade spins never-ending tales to save herself from her murderous husband, the king, in *The Arabian Nights*, an adaptation of *The Book of the Thousand Nights and a Night* written by playwright/director Mary Zimmerman and directed by Lileana Blain-Cruz. Five performances of *An Iliad* — a contemporary reworking of Homer's epic poem about the Trojan War — are also on tap; this Obie Award-winning one-man show features veteran HVSF actor Kurt Rhoads.

DON'T MISS: Family-friendly Shakespeare. In August, fledgling actors in the HVSF Conservatory Company present four performances of the playwright's *The Tempest*, giving the production a circus-like treatment that's just the ticket for young theatergoers.

845-265-9575; www.hvshakespeare.org

BETHEL WOODS CENTER FOR THE ARTS

June 19-Sept. 19

Bethel

WHAT IT IS: Opened in 2006, on the 37-acre field where the 1969 Woodstock festival was held, this multi-arts center hosts outdoor summer concerts by rock, pop, country, and classical music headliners.

WHAT'S NEW: You'll be hard-pressed to name a musical genre that's not represented in the center's crowded summer lineup. Pop/rock bands Train and The Fray (June 26), bluesy rockers Chicago, and Earth, Wind & Fire (Sept. 1), jazzy American Songbook vocalists Tony Bennett and Lady Gaga (July 25), classical choristers the Mormon Tabernacle Choir (June 27), country megastars Brad Paisley (July 24) and Rascal Flatts (Aug. 30) — even the Kidz Bop Kids take the pavilion stage this season.

DON'T MISS: Singer Peter Cetera joins our own Hudson Valley Philharmonic for a concert that features songs like "If You Leave Me Now," from his days as vocalist

MOUNTAIN JAM/TASTE OF COUNTRY MUSIC FESTIVALS

June 4-7 & June 12-14,
Hunter Mountain

WHAT THEY ARE: These back-to-back outdoor music fests are both held at Hunter Mountain ski resort, a natural amphitheater that's ideal for sound. Now in its 11th year, Mountain Jam's popularity has exploded: 40 bands perform on three stages throughout the weekend, with upwards of TTK attendees expected. The third edition of the Taste of Country Music Festival — the only multi-day camping country fest in the Northeast — has a lineup of 19 acts, with some of country's biggest names as headliners.

WHAT'S NEW: Grammy-winning rock duo the Black Keys, iconic Led Zeppelin vocalist Robert Plant, roots rockers the Alabama Shakes, and Gov't Mule — along with local favorites Amy Helm, Simone Felice, and Simi Stone — all hit the stage at Mountain Jam, while multiple CMA Award winners Tim McGraw, Toby Keith, and Keith Urban light things up at ToCM.

DON'T MISS: Check out the crowd from 3,000 feet in the air on the Skyride, Hunter's state-of-the-art chairlift that, in the summer, doubles as a high-flying way to view the high peaks of the Northern Catskills, the Berkshires, and even the Green Mountains of Vermont.

518-628-4423; www.mountainjam.com

855-821-9208; www.tasteofcountryfestival.com



with the band Chicago, as well as solo hits recorded for films like *The Karate Kid II* and *Pretty Woman*.

866-781-2922; www.bethelwoodscenter.org

POWERHOUSE THEATER

June 26-August 2

Poughkeepsie

WHAT IT IS: For five weeks, new plays and musicals — written and directed by some of professional theater's brightest lights — are staged as complete produc-

tions or in workshop form. Now in its 31st season, this collaboration between New York Stage and Film, and Vassar College (where the performances take place) spotlights both well-established and emerging playwrights, directors, and actors.

WHAT'S NEW: Mainstage productions include Powerhouse veteran Keith Bunin's play, *The Unbuilt City* (July 1-12), a world premiere directed by Tony nominee Sean Mathias. *The Light Years* (July 23-Aug. 2), a musical about the Chicago World's Fairs of 1893 and 1933, is written and performed by the Debate Society company — whose

con't. on page 45

DUTCHESS COUNTY FAIR

August 25-30
Rhinebeck

WHAT IT IS: Animal exhibits and competitions, food and agricultural presentations, historical displays, midway excitement, top-drawer entertainment — and don't forget great food: All are part of the Dutchess County Fair, which has been held annually for 170 years. Statewide, this end of August tradition is the second largest county fair, with the Erie County Fair coming in at No. 1; upwards of 300,000 visitors pass through the Dutchess County Fair gates each year.

WHAT'S NEW: The entertainment at the fair always includes some big-name acts, and this year is no exception. Country music dominates, with performances by A Thousand Horses and Dan & Shay (Tuesday, Aug. 25), and singer/songwriter Cole Swindell (Thursday, Aug. 27). On Wednesday, the perennial rock

band the Doobie Brothers plays some of the many hits ("What a Fool Believes," "Takin' It to the Streets") from its 45-year history. Grammy nominees the Spin Doctors ("Two Princes," "Little Miss Can't Be Wrong") rock out on Friday, and basketball slam-dunk specialists Aerodunk wow the crowd with high-flying moves on Saturday.

DON'T MISS: With its long history and enduring popularity, the fair is renowned for many of its offerings and attractions. A short list: Rosaire's Racing Pigs and Commerford's Petting Zoo, the flower and garden show, antique tractor pull, and the talent show. Some local residents (and editors) wait all year for their 4-H milkshake and fried dough fix.

845-876-4000; www.dutchessfair.com

Other Valley county fairs not to be missed:

PUTNAM COUNTY FAIR

July 24-26
Carmel

845-278-6738; www.putnam.cce.cornell.edu

ORANGE COUNTY FAIR

July 22-Aug. 2
Middletown

845-343-4826; www.orangecountyfair.com

ULSTER COUNTY FAIR

July 28-Aug. 2
New Paltz

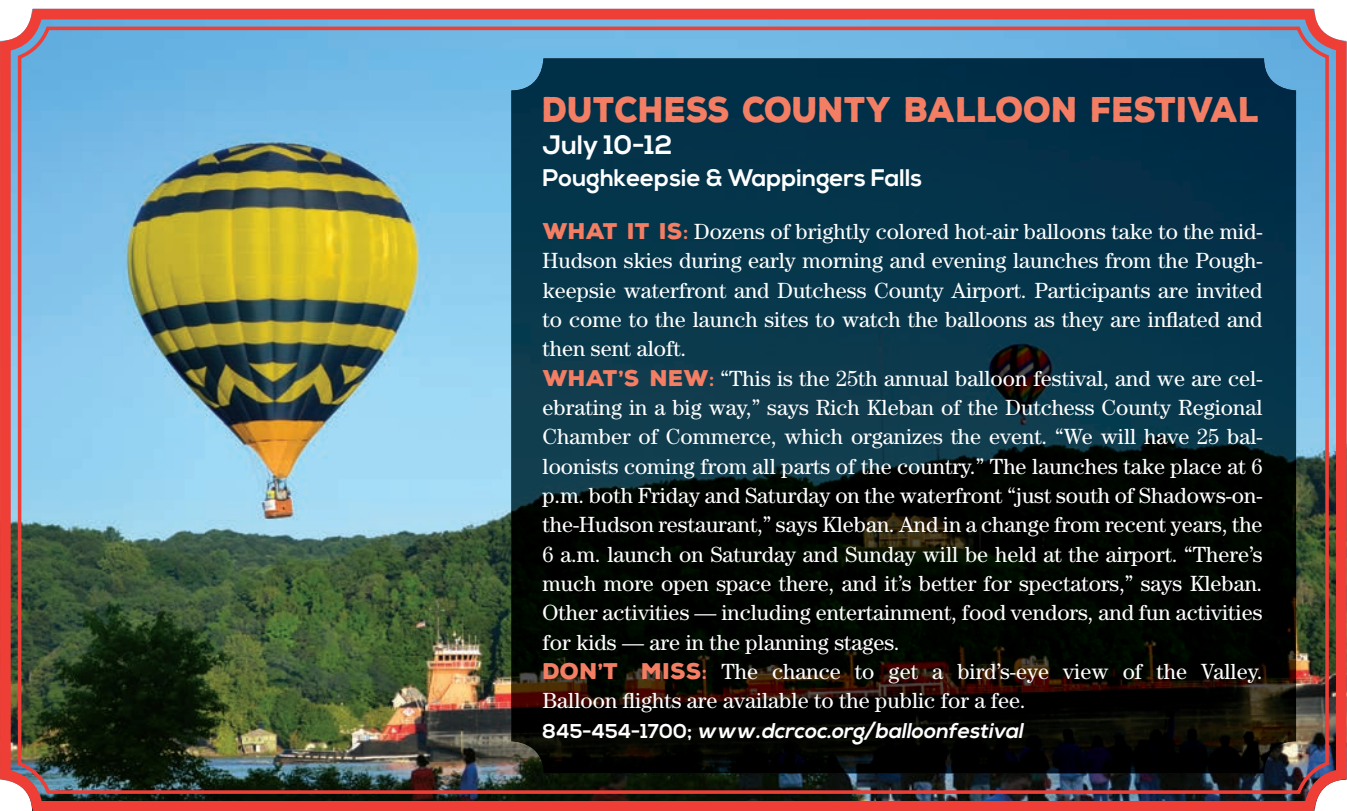
845-255-1380; www.ulstercountyfair.com

COLUMBIA COUNTY FAIR

Sept. 2-7
Chatham

518-392-2121; www.columbiafair.com





DUTCHESS COUNTY BALLOON FESTIVAL

July 10-12

Poughkeepsie & Wappingers Falls

WHAT IT IS: Dozens of brightly colored hot-air balloons take to the mid-Hudson skies during early morning and evening launches from the Poughkeepsie waterfront and Dutchess County Airport. Participants are invited to come to the launch sites to watch the balloons as they are inflated and then sent aloft.

WHAT'S NEW: "This is the 25th annual balloon festival, and we are celebrating in a big way," says Rich Kleban of the Dutchess County Regional Chamber of Commerce, which organizes the event. "We will have 25 balloonists coming from all parts of the country." The launches take place at 6 p.m. both Friday and Saturday on the waterfront "just south of Shadows-on-the-Hudson restaurant," says Kleban. And in a change from recent years, the 6 a.m. launch on Saturday and Sunday will be held at the airport. "There's much more open space there, and it's better for spectators," says Kleban. Other activities — including entertainment, food vendors, and fun activities for kids — are in the planning stages.

DON'T MISS: The chance to get a bird's-eye view of the Valley. Balloon flights are available to the public for a fee.

845-454-1700; www.dccoc.org/balloonfestival

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principal members, Hannah Bos and Paul Thureen, are Vassar alumni. Duncan Sheik (*Spring Awakening*, *American Psycho*) teams with Kyle Jarrow (*Whisper House*) for *Noir*, a musical workshop inspired by old-time radio plays and Hollywood crime dramas (July 31-Aug. 2). Based on stories by Tennessee Williams, *Desire* includes six short works by playwrights Beth Henley (*Cries of the Heart*) and John Guare (*House of Blue Leaves*), among others (July 2-5).

DON'T MISS: Free outdoor Shakespeare. The Powerhouse Apprentice Company performs the Bard's *Twelfth Night* (July 10-12) and *Much Ado About Nothing* (July 23-25) — as well as Caryl Churchill's *Vinegar Tom* (July 17-19) — at the bucolic Vassar Farms Ecological Preserve.

845-437-5907; www.powerhouse.vassar.edu

PHOENICIA INTERNATIONAL FESTIVAL OF THE VOICE

July 29-August 2

Phoenicia

WHAT IT IS: This five-day vocal extravaganza celebrates the human voice as an instrument, in all its many manifestations. Attendees can hear opera and Broadway show tunes and gospel and jazz concerts held in churches, museums, coffee shops, and parks in and around the Catskills village of Phoenicia. Workshops, panel discussions, and meet-the-artist sessions are among the 23 programs on the bill.



Hungry? It's not summer without some of the coolest food fests around. The 11th annual **RibFest** will be back at the Ulster County Fairgrounds, from **Aug. 14-16**. The **Bagel Festival** will return for its third incarnation on **Sunday, Aug. 16**, in Monticello, which bills itself as the birthplace of the ever-popular bread product. Say goodbye to summer with the Saugerties-based **Hudson Valley Garlic Festival**, which grows bigger every year. This year, the legendary fest is held on **Sept. 26 and 27**. For more information, visit www.hvmag.com/summerfests2015

WHAT'S NEW: *Voices of Distinction-Red, White and Blues*, a concert of American music of all stripes, opens the festival on the 29th. Other highlights include Gian-Carlo Menotti's one-act opera, *The Medium*, starring the Met Opera's Victoria Livengood (July 31 & Aug. 1); and Stephen Sondheim's Broadway musical hit, *A Little Night Music* (July 30). Gospel performances (Aug. 2), Inuit (Aug. 1), and Jewish cantor singing (Aug. 2) are also featured; the fest closes with songs from the Voices of Gotham, a barbershop harmony chorus (Aug. 2).

DON'T MISS: Hearing the dulcet tones of one of America's greatest mezzo-sopranos, Frederica Von Stade. This opera superstar is one of three singers performing a program entitled "American Classics: Live and In Person" (July 31). The concert features works by American composers that were created specifically for the singers on the stage. The composers themselves — including Valley resident Peter Schickele (aka P.D.Q. Bach) — will be in attendance.

845-586-3588; www.phoeniciavoicfest.org

For our full list of fun fairs and festivals, visit www.hvmag.com/summerfests





HOLA CUBA

A local photographer shares his impressions, and his stunning images, after fulfilling his lifelong dream of visiting Cuba.

**PHOTOGRAPHS BY
MICHAEL NELSON**

Cuba has always loomed large in Michael Nelson's life. The Saugerties-based photographer was born in Key West and vividly remembers the arrow on the beach that reads: "Havana, Cuba: 90 miles." Then, his father's Navy duty included a stint on an aircraft carrier stationed off the Cuban coast during the 1962 Cuban Missile Crisis. Later, Nelson's best friend from his years at the Rochester Institute of Technology was Cuban. "Sitting up late at night in our dorm room, I got to hear many stories of Cuba," says Nelson, noting that his friend's family was forced to leave the island in 1959, when Fidel Castro famously seized power. "There was one time when he was eight years old and he actually met Castro at a Boy Scout meeting in Havana. In fact, Castro put his hand on my roommate's head!"

Nelson has always wanted to see the island nation, but "Cuba was the forbidden country that Americans were not allowed to visit," he says. "Only a year ago I tried to get permission from the Treasury Depart-

ment to travel to Cuba but I was rejected.”

Then came the historic events of December 2014: President Obama ordered the restoration of full diplomatic relations with the Communist nation, ending more than 50 years of estrangement between the neighboring countries. “We will end an outdated approach that for decades has failed to advance our interests, and instead we will begin to normalize relations between our two countries,” the President said in a televised statement.

As soon as Nelson heard that the travel restriction to Cuba would be lifted, he booked a flight through the Cayman Islands. (There are no direct flights from the United States to Cuba.) “Traveling to Cuba has some obstacles you might not expect,” says Nelson. “For one, there are no ATMs and no credit cards that work with American banks. MasterCard had announced that their cards would function in Cuba

**THERE ARE
NO ATMS AND
NO CREDIT CARDS
THAT WORK
WITH AMERICAN
BANKS**

starting on March 1, but it didn't happen. You can't use travelers checks either, unless they are from Canada, so my pockets were filled with cash.”

Finding a place to stay is easy, says Nelson, as long as you aren't expecting an American-style hotel. “They are all booked and there aren't enough of them, so I stayed in what are called Casas Particulares. Think of it as a bed and breakfast. A Cuban family opens up their home to you, and you get your own room for \$25. They serve you a breakfast of eggs, breads, fruits, juice, and a large pot of coffee for three dollars extra.”

Nelson's first impression of Cuba? “It was very, very different



(Above) “It's almost impossible to take a photograph in Havana without a car in the shot. They are everywhere,” says Nelson. “Most of the cars are vintage ones like this. Don't quote me, but I believe that the more modern cars would be the Lotus cars, which were brought by the Russians back in the 1970s.”

(Left) The former Presidential Palace was first inaugurated in 1920. “Of course it hasn't been used for that purpose since President Batista was thrown out in 1959. Now it's a museum. On this particular day a military school was visiting.”

(Below) The Cuban National Hotel was built in the 1920s. “Frank Sinatra had been a part owner,” says Nelson. “It was a big casino area. That was where all of the famous celebrities, musicians, mafia — they all went there. Nowadays, it's all for tourists; They don't allow Cubans in, unless of course they work there.”

(Right) “This guy was playing in a square in old Havana. There are musicians everywhere,” says Nelson. “Although this was the only time that I saw a trumpeter.”





"Cubans revere their children," says Nelson. "Education is of the utmost importance to them. Of course, all the schools are state run."



(Top) The Malecón is a wide esplanade that stretches for five miles along Havana’s northern coast. “It’s where a lot of Cubans go at sunset,” says Nelson. “It’s kind of like Central Park in Manhattan. It’s also the road where the mafia was going to build tons of casinos. They were going to turn it into another Las Vegas — but it never got off the ground of course.”

(Above) At the Church of San Francisco de Assis, built in the late 1500s, musical groups perform every Saturday night. “It’s open to the public,” says Nelson. This popular group is called *camerata de zernaïda romeu*.

(Right) Nelson took a five-hour bus trip to the city of Trinidad on the southern coast of Cuba. “Apparently, Trinidad is the best preserved Spanish town in all of the Americas,” says Nelson. “It is where all of the sugar cane plantations were in the 1500s. The main section of town, probably 10 by 10 blocks, is very well preserved, but, as in all of Cuba, you can venture just one block away, and everything is crumbling. They say that in Havana, three buildings fall down every day. It’s probably the same in Trinidad.”

from what I imagined. I was surprised at how vivid and alive it is. The people — it’s like they have an extra spark plug; they are just jumping with energy and ideas.”

One of Nelson’s more memorable conversations during his 11-day stay was with Rolando Mesa, a professor of Spanish at the University of Havana. “We sat down in an artist cafe over a glass of *Canchacara* (a rum drink made with honey and lime),” says Nelson. The professor told me: ‘We have no Internet, we don’t know what is going on. We just want to know what is happening in the outside world.’ And of course there are no newspapers, except for the *Granma*, the Communist party newspaper.”

Reflecting on his long-awaited trip, Nelson says: “Cuba is less of a vacation and more of an exotic adventure. You could stay the whole time at the Cuban National Hotel, travel everywhere only by taxi, eat at the government-sanctioned restaurants, and travel on a tour bus with other international tourists. Or you could wander, like I did, toward the people and their Cuba. It’s all in what you want to see.” ●



TOP DENTISTS 2015

Brush Up



Choosing the right dental professional can be daunting, but our annual list of the Top Dentists in the region — as chosen by their peers — ensures that you are armed to the teeth with all the right information.

We've all heard the horror stories. From ineffective novocaine shots, to expensive fillings that quickly fall out, to inattentive oral surgeons chatting on their cell phones, visiting the dentist has often gotten a bad rap. But fear not: on the following pages we list the region's top 214 dental professionals — as chosen by their peers. So whether you are looking for the right orthodontist to ensure that your child doesn't get called metal mouth, the ideal endodontist to explain why you need a root canal, or just a general practitioner who will make your whole family smile, this list should be your first stop in overcoming your fear of the dentist and keeping your mouth healthy. Happy Brushing.

Endodontics

If you've ever had a root canal, chances are the procedure was performed by an endodontist. These practitioners specialize in correcting problems involving the teeth's soft inner tissue.

General Dentistry

General dentists manage and treat everyday dental problems (like cavities) and help patients maintain their oral health.

ENDODONTICS

Robert Ambinder

190 Quassaick Ave.
New Windsor. 845-565-2010

Denise A. Assogna

46 Fox St., Ste. 1
Poughkeepsie. 845-473-3636
www.drassognaendo.com

Garry Bey

300 N. Middletown Rd., Ste. 7
Pearl River. 845-694-7808
www.rootcanal-rockland.com

Leonard A. Chiat

978 Rte. 45, Northside Plaza,
Ste. 104
Pomona. 845-362-0770

Marc Cohn

99 Gleneida Ave.
Carmel. 845-225-2717
www.westchesterrootcanal.com

Michael Korzen

190 Quassaick Ave.
New Windsor. 845-565-2010

Luz E. Mejia

46 Fox St., Ste. 1
Poughkeepsie. 845-473-3636
www.drassognaendo.com

Alexander Milne

31 Quarry St.
Kingston. 845-331-1640
www.hudsonvalleyendodontics.com

Leslie H. Muldorf

30 Vassar Rd., Ste. 6B
Poughkeepsie. 845-462-2636

Paul Pai

40 Hurley Ave., Ste. 6
Kingston. 845-331-7775

Rohit Z. Patel

2410 Rte. 6
Brewster. 845-279-7177
www.putnambrightsmile.com

Seth H. Pulver

207 Rte. 32
Central Valley. 845-928-5275

Michael S. Ro

446 Rte. 304, Ste. B
Bardonia. 845-624-7000
www.apexrootcanal.com

Steven Spitzer

99 Gleneida Ave.
Carmel. 845-225-2717
www.westchesterrootcanal.com

GENERAL DENTISTRY

Allen Ackerman

1733 Ulster Ave.
Lake Katrine. 845-336-5252
www.thedentistsoffice.com

Cary Alevy

117 Lake Rd. East
Congers. 845-268-2857
www.caryalevyddspc.com

Mark C. Angiolillo

11 Market St., Ste. 208
Poughkeepsie. 845-454-3310

Peter Auster

1540 Rte. 202, Ste. 14
Pomona. 845-364-0400
www.dentistryofrockland.com

Yale Barash

8 Grove St.
Highland. 845-691-8251

Eugene H. Bass

500 New Hempstead Rd.
New City. 845-362-1180
www.bassdental.com

Ira M. Bernstein

17 Squadron Blvd., Ste. 100
New City. 845-634-0021
www.teethandgums.org

Robert Bersson

2 Cloverdale Ln.
Monsey. 845-356-1671

Michael V. Bleyzer

14 Thiells Mt. Ivy Rd.
Pomona. 845-429-8060
www.thiellsdentist.com

Thomas R. Bloom

217 Old Rte. 22
Pawling. 845-855-3807
www.pawlingdental.com

Carl Mark Blumstein

27 Glenbrook Rd.
Monsey. 845-362-1678

Rafael C. Caniza

90 N. Highland Ave.
Nyack. 845-358-0695
www.piermontdental.com

John F. Carpenter

272 Quassaick Ave.
New Windsor. 845-561-2330
www.hudsonvalleydentalimplants.com

Robert Steven Chorney

32 S. Liberty Dr.
Stony Point. 845-942-1600
www.stonypointdental.com

Henry S. Cohen

287 Rte. 32
Central Valley. 845-928-2205
www.agreatsmile4u.com

Nicole F. Cohn

305 Titusville Rd.
Poughkeepsie. 845-471-4115
www.dentalartshv.com

Vicki E. Cohn

42 Kinderhook St.
Chatham. 518-392-5231
www.chathamsmiles.com

Anthony C. Colarusso

1577 Main St., Pleasant Valley.
845-635-3811

Louis B. Colletti

572 Rte. 6
Mahopac. 845-628-8196
www.colletticook.com

John A. Como

1214 Rte. 55
Lagrangeville. 845-471-4420
www.drjohncomo.com

Robert E. Danz

5 McKinstry Pl.
Hudson. 518-444-4215
www.hudson-dental.com

Dipti Das

61 New Main St.
Haverstraw. 845-947-1577

Joseph G. Dell

2668 South Rd.
Poughkeepsie. 845-454-0450
www.jgdelldds.com

Alan A. DeRosa

3210 Rte. 9W
Saugerties. 845-246-9566
www.drderosa.com

Joseph Diacovo

54 Fair St.
Kingston. 845-338-4240
www.drdiacovo.com

Daniel C. Doyle

172 Rte. 311
Carmel. 845-225-3406
www.doyledental.net

Leonard Episcopio

31 Oakland Ave.
Warwick. 845-986-2929
www.warwicksmiles.com

Carl F. Ern

2435 Rte. 6
Brewster. 845-279-3720
www.putnamdental.com

Paul M. Fagan

29 North Airmont Rd.
Suffern. 845-357-2599

Victor W. Feit

90 S. Hamilton St.
Poughkeepsie. 845-452-8410
www.dentalbrilliance.com

Marvin Allan Fier

972 Rte. 45
Pomona. 845-354-4300
www.rocklandnydentist.com

Joel Fischer

3 Plattekill Ave.
New Paltz. 845-225-8350
www.newpaltzcosmeticdentist.com

Carmen J. Giglio

5 W. Railroad Ave.
West Haverstraw.
845-947-1117
www.Swestdentalarts.com

Lawrence Gilbert

505 Rte. 208, Ste. 23
Monroe. 845-783-8326
www.hudsonvalleydentalcare.com

Ned M. Goldfarb

236 Plaza Rd.
Kingston. 845-331-3260

John Paul Granger

1133 Rte. 55, Ste. C
Lagrangeville. 845-452-4031
www.lagrange-dentalpc.com

Susanne T. Grennell

2755 Rte. 82
Pleasant Valley. 845-677-0313

Lawrence Grodin

1323 Rte. 9, Ste. 209
Wappingers Falls. 845-297-0757
www.drgrodindds.com

Joseph M. Gulak

419 E. Main St., Ste. 302
Middletown. 845-343-6231
www.gulakdds.com

Timothy E. Hale

88 E. Main St.
Walden. 845-778-5763
www.areasontosmile.com

Larry Hamburg

715 Freedom Plains Rd.
Poughkeepsie. 845-483-9500
www.hvdentalarts.com

Ronald J. Herrmann

12 N. Airmont Rd., Ste. A
Suffern. 845-357-0970

Seth I. Horn

155 E. Main St.
Port Jervis. 845-856-5049
www.aestheticfamilysmiles.com

Bruce W. Hottum

138 Pine St.
Kingston. 845-338-6900
www.pinestreetdental.com

Reza Jabbarly

285 N. Rte. 303, Ste. 11
Congers. 845-268-2200
www.clarkstownfamilydental.com

Kenneth Alan Joseph

3 Center Hill Rd.
Chester. 845-783-1311

Allan Katz

40 Old Rte. 202A
Pomona. 845-354-6619
www.dralkatzdds.com



TOP DENTISTS 2015

GENERAL DENTISTRY

Thomas J. Kilgannon, III

165 Washington St.
Tappan. 845-359-7654
www.tappandental.com

Jeffrey A. Klein

180 E. Central Ave.
Pearl River. 845-735-3100
www.jeffreykleindmd.com

Fredric J. Kneller

400 Rte. 17M
Monroe. 845-782-0189
www.bestdentistsinmonroe.com

Krzysztof Koch

215 Rte. 32
Central Valley. 845-928-8847

Michael N. Koumas

4 Hudson Valley Professional Plaza
Newburgh. 845-562-1108
www.drkoumas.com

Michael Kristofik

5 Alexander Dr.
Hyde Park. 845-229-5266

Anna Kupchik

2 Medical Park Dr., Ste. 16
West Nyack. 845-535-3500
www.kupchikdental.com

Bruce Kurek

494 Rte. 299
Highland. 845-691-5600
www.thecenterforadvanceddentistry.com

Alan D. Lasker

1507 Rte. 202
Pomona. 845-354-3388
www.alanlaskerdds.com

Robert Lebovitch

400 Rte. 59
Airmont. 845-357-2323

Christopher Lee

947 S. Lake Blvd., Fl. 2
Mahopac. 845-621-2424
www.brightersmilesdentistry.com

Rona S. Legunn

99 Gleneida Ave.
Carmel. 845-225-3907
www.dentistcarmelny.com

Ira J. List

99 N. Broadway
Nyack. 845-358-1728

Thomas E. Littner

123 Academy Ave.
Middletown. 845-342-4668
www.cornerstonedental.net

Paul Lonstein

42 Canal St.
Ellenville. 845-647-2222
www.drlonstein.com

Kenneth R. Lubetsky

450 Gidney Ave., Ste. 101
Newburgh. 845-561-5452

Donald A. Lucca, Jr.

99 New Hempstead Rd.
New City. 845-638-0303
www.drLUCCA.com

Robert Lustbader

425 Robinson Ave., Ste. 4
Newburgh. 845-561-2213
www.robertlustbaderdds.com

John T. Lynch Jr.

22 Mulberry St., Ste. 1B
Middletown. 845-343-6908
www.hudsonhighlandsdentistry.com

Roderick MacRae, III

83 Haviland Dr., Ste. 2
Patterson. 845-278-6116
www.rmactraedds.com

Joseph N. Marino

612 Clock Tower Commons Dr.
Brewster. 845-940-1000

Barry M. Mark

187 Pine St.
Kingston. 845-334-9340

Jeffrey Marmor

5 Hudson Valley Professional Plaza
Newburgh. 845-562-5570
www.smiledentists.com

Fred S. Maron

541 Haight Ave.
Poughkeepsie. 845-454-0380
www.marondental.com

Charles M. Marvin

978 Rte. 45, Ste. 207
Pomona. 845-354-4600
www.rocklandfamilydentistry.com

Peter Masci

88 E. Main St.
Walden. 845-778-5763
www.areasontosmile.com

Mark Melkonian

162 Prospect Hill Rd.
Brewster. 845-279-1449
www.prospecthilldental.com

Fred Milton

121 Rte. 375
Woodstock. 845-679-3706
www.tischlerdental.com

Kunwar Nagpal

16 Front St.
Port Jervis. 845-856-3700
www.nagpaldental.com

Donato Napoletano

450 E. Main St.
Middletown. 845-342-6444
www.donatodental.com

Seema Narang

15 N. Liberty Dr.
Stony Point. 845-786-5813
www.familydentalrockland.com

Gilberto Nunez

389 Washington Ave.
Kingston. 845-338-1767
www.gnunezdental.com

Daniel J. O'Connell

254 S. Main St., Ste. 208
New City. 845-638-0900
www.oconnellchang.com

Barbara L. Ollech

274 Old Nyack Turnpike
Spring Valley. 845-352-7545
www.drollech.com

Wilkie Paes

1110 Rte. 55, Ste. 107
Lagrangeville. 845-751-9117.
www.towncenterdental.com

George Papageorge

70 Villa Parkway
Highland Falls. 845-446-3500
www.georgepapageorgedds.com

Phillip E. Parker

3669 Rte. 209
Stone Ridge. 845-687-0066

Anthony Michael Pascale

3671 Rte. 9W
Highland. 845-691-6499

Lorraine Anne Patten

7 Clark Heights
Pleasant Valley. 845-635-8158
www.schwartzandpatten.wordpress.com

Bogdan Michael Paunovic

1399 Rte. 52, Ste. 203
Fishkill. 845-896-2725
www.smilesthatdazzle.com

Susan Jane Paunovic

1399 Rte. 52, Ste. 203
Fishkill. 845-896-2725
www.smilesthatdazzle.com

Brad M. Perlstein

70 Gilbert St., Ste. 203
Monroe. 845-782-8456
www.drbradperlstein.com

Joseph M. Pilatich III

132 Jefferson Heights
Catskill.
518-943-0920
www.catskillcosmeticdentist.com

Alan F. Pressman

250 Old Nyack Turnpike
Spring Valley. 845-573-0039
www.clearandinvisiblebraces.com

Gina M. Prokosch-Cook

45 Quassaick Ave.
New Windsor. 845-569-8900
www.ginacookdds.com

Edward J. Prus

2529 Rte. 52 Heritage Sq., Ste. 1
Hopewell Junction. 845-227-7787
www.drprusdds.com

Gedalya Rapoport

8 Medical Park Dr.
Pomona. 845-517-2358
www.familycaringdentist.com

William J. Redding

6360 Rte. 209
Kerhonkson. 845-626-7711

Charles J. Reilly, Jr.

971 Rte. 45, Ste. 102
Pomona. 845-354-6969
www.reillyandwalderdental.com

Domenic L. Riccobono

42 Kinderhook St.
Chatham. 518-392-5231
www.chathamsmiles.com

Edward Patrick Riggins, Jr.

201 South Ave., Ste. 303
Poughkeepsie. 845-473-1212
www.dredwardriggins.com

Alan I. Rosenfeld

93 Rte. 303
Tappan. 845-359-1770
www.rocklanddentist.com

Jamie Arthur Rower

2 Omni Ct.
New City. 845-634-5925
www.newcitysedationdentist.com

Steven Paul Sachs

118 River Rd., Ste. 14
Harriman. 845-782-1800
www.woodburyfamilydental.com

Nestor Garcia Santos

11 Medical Park Dr., Ste. 201
Pomona. 845-354-1018

Mark Sawycky

10 Garrett Pl.
Carmel. 845-225-7733
www.sawyckydds.com

Dante Scala

275 N. Middletown Rd., Ste. 1G
Pearl River. 845-735-0195

Joseph Scala

275 N. Middletown Rd., Ste. 1G
Pearl River. 845-735-0195

Jeffrey A. Scharf

257 S. Middletown Rd., Ste. 101
Nanuet. 845-624-1840

Oral & Maxillofacial Surgery

These surgeons treat diseases, injuries, and defects within the hard and soft tissue of the mouth, jaws, and face.

Orthodontics

Orthodontists aid in the prevention and correction of tooth irregularities.

Joel A. Scheir

44 S. Main St.
New City. 845-634-0444
www.newcitydentist.com

Marlin S. Schwartz

223 Main St.
New Paltz. 845-255-2902
www.schwartzqualitydental.com

Martin E. Schwartz

2 Peach St.
Nanuet. 845-735-1353
www.martinschwartzdds.com

Michael Joseph Schwartz

2 Summit Ct., Ste. 201
Fishkill. 845-896-8440

Michael S. Schwartz

7 Clark Heights
Pleasant Valley. 845-635-8158

Raymond Selvaggi

100 Phillips Hill Rd.
New City. 845-634-6006

Justin A. Siegel

1983 Rte. 52
Hopewell Junction. 845-896-7788

Louis Sinatra

446 Rte. 304
Bardonia. 845-623-4777
www.louissinatraddds.com

Michael R. Smith

115 New Hackensack Rd.
Wappingers Falls. 845-297-3950
www.wappingersdental.com

Herman L. Sobel

11 N. Airmont Rd., Ste. 1
Suffern. 845-357-4212

Thomas P. Stein

222 Main St.
Cornwall. 845-534-3828
www.creatingdentalexcellence.com

Peter William Taub

300 S. Little Tor Rd.
New City. 845-634-9155
www.qualitycaredentalnewcity.com

Gail Thornton

160 Main St.
Saugerties. 845-246-1480
www.saugertiesdentist.com

Michael Tischler

121 Rte. 375
Woodstock. 845-679-3706
www.tischlerdental.com

Guy W. Towle

11 N. Airmont Rd.
Suffern. 845-357-0400

Robert Tracey

11 Medical Park Dr., Ste. 105
Pomona. 845-262-6504
www.roberttraceydds.com

Andrew L. Trimboli

22 IBM Rd., Ste. 203B
Poughkeepsie. 845-462-1542
www.trimboldental.com

Donna Stevens Trimboli

22 IBM Rd., Ste. 203B
Poughkeepsie. 845-462-1542
www.trimboldental.com

Joshua M. Tuzman

2 Clark Pl.
Mahopac. 845-628-4188
www.tuzmandental.com

Louis Tuzman

2 Clark Pl.
Mahopac. 845-628-4188
www.tuzmandental.com

Scott Udoff

451 East Main St.
Middletown. 845-342-2550
www.scottudoffdmd.com

Madeline Neumayer Utterback

1499 Rte. 52, Ste. 25
Fishkill. 845-897-5140

Alan G. Viani

102 Forbus St.
Poughkeepsie. 845-471-6465
www.driviani.com

Richard William Vickers

73 Washington Ave., Ste. 1
Suffern. 845-357-0223
www.suffernfamilydentists.com

William J. Villano

27 North Rd.
Highland. 845-691-6328

Julie Tolve Walder

971 Rte. 45, Ste. 102
Pomona. 845-354-6969
www.reillyandwalderdental.com

Eric S. Waldman

75 Dolson Ave.
Middletown. 845-342-1533
www.dolsonavenuedental.com

Stanley D. Weiss

1127 Dalewood St.
Kingston. 845-336-5114

Richard K. Whalen

46 Fox St., Ste. 3
Poughkeepsie. 845-452-7653
www.dentaldesignstudio.net

Michael Glenn Wiener

2 Jay Ln.
Hopewell Junction. 845-226-1000

Philip Anthony Williams

4350 Albany Post Rd.
Hyde Park. 845-229-9126

Thomas E. Williams

609 Main St.
Sparkill. 845-359-0288
www.dedicateddentalservicespc.com

James Joseph Willoughby

46 Fox St., Ste. 2
Poughkeepsie. 845-471-4383
www.docwillo.com

Lim-Young Yuen

138 Pine St.
Kingston. 845-338-6900
www.pinestreetdental.com

Alan John Zambito

357 Fullerton Ave., Ste. 1
Newburgh. 845-562-7722

Jeffrey J. Zambito

357 Fullerton Ave., Ste. 2
Newburgh. 845-562-9179

Joel I. Zaritsky

1133 Rte. 55, Ste. C
Lagrangeville. 845-452-4031
www.lagrangevillagepc.com

Hirsch J. Ziegler

26 College Rd.
Monsey. 845-352-7636
www.dentalhealthofrockland.com

Robert M. Zitofsky

345 N. Main St., Ste. 5
New City. 845-947-3200
www.dynamicdentalartsofrockland.com

Michael Stuart Zweibach

118 River Rd., Ste. 14
Harriman. 845-782-1800
www.woodburyfamilydental.com

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MAXILLOFACIAL
SURGERY****Anthony S. Alessi**

260 Lake Walton Rd.
Hopewell Junction. 845-227-1996
www.qualitydentalsmile.com

Joseph Arcuri II

29 Fox St., Fl. 3
Poughkeepsie. 845-471-5202
www.midhudsonoralsurgeons.com

Alvin Kenneth Aronoff

211 N. Main St.
New City. 845-634-4624

David Caponigro

84 Rte. 59
Suffern. 845-536-5420
www.oralsurgery-suffern.com

Anthony M. Cuomo

667 Stoneleigh Ave., Ste. 301
Carmel. 845-278-2101
www.drucuomooralsurgery.com

Christopher Cuomo

667 Stoneleigh Ave., Ste. 301
Carmel. 845-278-2101
www.drucuomooralsurgery.com

Carmen A. Gatta

79 Rte. 59, Ste. 1
Suffern. 845-368-1677

Justin Hendi

84 Rte. 59
Suffern. 845-357-2070
www.oralsurgery-suffern.com

Clayton J. Hise

831 Rte. 52, Ste. 2B
Fishkill. 845-896-8400

Jack Kaufman

222 Rte. 59, Ste. 203
Suffern. 845-357-1976

Brian J. Lambert

451 E. Main St.
Middletown. 845-343-7529
www.poconooralsurgery.com

Bruce D. Marzullo

43 Lagrange Ave.
Poughkeepsie. 845-452-2900
www.drmarzullo.com

Michael S. Monto

451 E. Main St.
Middletown. 845-343-7529
www.poconooralsurgery.com

Anthony G. Pavone

84 Rte. 59
Suffern. 845-536-5420
www.oralsurgery-suffern.com

Joseph Michael Prisco

29 Fox St.
Poughkeepsie. 845-471-5202
[www.midhudsonoral
surgeons.com](http://www.midhudsonoral
surgeons.com)

Bart W. Silverman

337 N. Main St., Ste. 8
New City. 845-634-3121
www.bwsoralsurgery.com

Brian Simpson

113 N. Middletown Rd.
Nanuet. 845-623-3497
www.drbriansimpson.com

Michael J. Smith

91 Lakes Rd.
Monroe. 845-782-4220

ORTHODONTICS**Anthony V. Bonavoglia**

7 Moran Ave.
Wappingers Falls. 845-297-4075
www.drbsmiles.com

Kevin Boyle

222 Rte. 59, Ste. 211
Suffern. 845-357-6780
www.boyleorthodontics.com

Janina Irmelin Braun

162 Prospect Hill Rd.
Brewster. 845-279-8041
www.drbraundds.com

Salvatore A. Cigna

1123 Route 82
Hopewell Junction. 845-227-7880
www.cignaorthodontics.com

Michael Clemente

603 S. Rte. 304
New City. 845-638-6646
www.clementeorthodontics.com

Jodi C. Gorelick Deans

530 Rte. 6
Mahopac. 845-628-1018
www.deansortho.com

Steven J. Fisher

275 North Street
Newburgh. 845-562-5570
www.smiledentists.com



TOP DENTISTS 2015

ORTHODONTICS

Jerome Goldberg
52 Maple Ave.
Monroe. 845-783-7444

Jacqueline F. Fulop-Goodling
505 Route 208, Ste. 23
Monroe. 845-782-4288
www.drjacquiesmiles.com

Brett A. Kastin
6 Medical Park Dr.
Pomona. 845-354-7233
www.kastin-newmanortho.com

Oran Pachter
465 E. Main St.
Middletown. 845-343-8212
www.pachterortho.com

Suresh R. Ramaswamy
515 Rte. 304
New City. 845-634-9603
www.ramaswamysmile.com

Rajendra J. Rana
15 Taylor St.
Kingston. 845-338-2525
www.123gobrases.com

Sean M. Rooney
54 Miller Rd.
Mahopac. 845-621-1222
www.rooneyortho.com

Richard Rosenbloom
1145 Rte. 55, Ste. 1
Lagrangeville. 845-471-1186
www.randrorthodontics.com

Jonathan Brett Schlosser
180 Wisner Ave.
Middletown. 845-342-1300
www.bracesetters.com

Michael G. Skrobola
180 Wisner Ave.
Middletown. 845-342-1300
www.bracesetters.com

Terry Jay Sobler
339 N. Main St., Ste. 7-8
New City. 845-634-3560
www.soblerorthodontics.com

Martin F. Van Vliet
19 Woodside Pl.
Highland. 845-691-8330
www.vanvlietorthodontics.com

Kelly L. Walters
1557 Rte. 82
Hopewell Junction.
845-896-8880
www.dutchessortho.com

PEDIATRIC DENTISTRY

Angela Boudounis-Hatzis
265 N. Highland Ave., Ste. 101
Nyack. 845-512-8434
www.nyackpediatricdentistry.com

Eytan Chen
5 Hudson Valley
Professional Plaza
Newburgh. 845-562-5570
www.smiledentists.com

Dayna L. Olstein
287 Rte. 32
Central Valley. 845-928-2205
www.ockidsdent.com

Anne Marie Schultz
947 S. Lake Blvd., Fl. 2
Mahopac. 845-621-2424
www.brightersmilesdentistry.com

Geri-Lynn Waldman
75 Dolson Ave.
Middletown. 845-342-1533
www.dolsonavenuedental.com

PERIODONTICS

Neal Lehrman
450 E. Main St.
Middletown. 845-344-1894

Samuel Pai
40 Hurley Ave.
Kingston. 845-331-7775

Peter Rosenstein
233 Lafayette Ave., Ste. 211
Suffern. 845-357-5002
www.nypoa.com

INTRODUCTION

This list is excerpted from the 2015 topDentists™ list, a database that includes listings for more than 200 dentists and specialists in the Hudson Valley area. The Hudson Valley area list is based on thousands of detailed evaluations of dentists and professionals by their peers. The complete database is available at www.usatopdentists.com. For more information call 706-364-0853; write PO Box 970, Augusta, GA 30903; email info@usatopdentists.com or visit www.usatopdentists.com.

SELECTION PROCESS

"If you had a patient in need of a dentist, which dentist would you refer them to?"

This is the question we've asked thousands of dentists to help us determine who the topDentists should be. Dentists and specialists are asked to take into consideration years of experience, continuing education, manner with patients, use of new techniques and technologies and of course physical results.

The nomination pool of dentists consists of dentists listed online with the American Dental Association, as well as dentists listed online with their local dental societies, thus allowing virtually every dentist the opportunity to participate. Dentists are also given the opportunity to nominate other dentists that they feel should be included in our list. Respondents are asked to put aside any personal bias or political motivations and to use only their knowledge of their peer's work when evaluating the other nominees.

Voters are asked to individually evaluate the practitioners on their ballot whose work they are familiar with. Once the balloting is completed, the scores are compiled and then averaged. The numerical average required for inclusion varies depending on the average for all the nominees within the specialty and the geographic area. Borderline cases are given a careful consideration by the editors. Voting characteristics and comments are taken into consideration while making decisions. Past awards a

Pediatric Dentistry

These dentists work with children from birth to adolescence to promote dental health.

Periodontics

These dentists specialize in the prevention, diagnosis, and treatment of gum disease. If you're in need of a dental implant, head to a periodontist.

Prosthodontics

Prosthodontists design, manufacture, and fit artificial replacements for teeth and other parts of the mouth.

Kenneth Small
446 Rte. 304
Bardonia. 845-623-6666
www.hudsonvalleyperioimplants.com

Jonathan Tiger
971 Rte. 45
Pomona. 845-354-1503
www.tigerperiodonticsandimplants.com

Sid Michael Tucker
446 Rte. 304
Bardonia. 845-623-6666
www.hudsonvalleyperioimplants.com

Anthony Chappy Vigliotti
29 Fox St., Ste. 201
Poughkeepsie. 845-471-5215
www.vigliottiperio.com

Frank A. Vigliotti
29 Fox St., Ste. 201
Poughkeepsie. 845-471-5215
www.vigliottiperio.com

Mario A. Vilardi
887 Main St.
Fishkill. 845-896-8000
www.hudsonvalleyimplant.com

PROSTHODONTICS

Duane Scott Crowther
29 Fox St., Ste. 301
Poughkeepsie. 845-471-2311

Mary Anne Salcetti
1136 Rte. 9
Wappingers Falls. 845-298-8138
www.maryannesalcettids.com

dentist has received, status in various dental academies (Academy of General Dentistry, American Academy of Periodontology, etc.) can play a factor in our decision.

Once the decisions have been finalized, the included dentists are checked against state dental boards for disciplinary actions to make sure they have an active license and are in good standing with the board. Then letters of congratulations are sent to all the listed dentists.

Of course there are many fine dentists who are not included in this representative list. It is intended as a sampling of the great body of talent in the field of dentistry in the United States. A dentist's inclusion on our list is based on the subjective judgments of his or her fellow dentists. While it is true that the lists may at times disproportionately reward visibility or popularity, we remain confident that our polling methodology largely corrects for any biases and that these lists continue to represent the most reliable, accurate, and useful list of dentists available anywhere.

DISCLAIMER

This list is excerpted from the 2015 topDentists™ list, which includes listings for more than 200 dentists and specialists in the Hudson Valley area. For more information call 706-364-0853; or write PO Box 970, Augusta, GA 30903; or see www.usatopdentists.com. TopDentists, LLC has used its best efforts in assembling material for this list but does not warrant that the information contained herein is complete or accurate, and does not assume, and hereby disclaims, any liability to any person for any loss or damage caused by errors or omissions herein whether such errors or omissions result from negligence, accident, or any other cause. Copyright 2010-2015 by topDentists, LLC of Augusta, GA. All rights reserved. This list, or parts thereof, must not be reproduced in any form without permission. No commercial use of the information in this list may be made without permission of topDentists, LLC. No fees may be charged, directly or indirectly, for the use of the information in this list without permission.

2015 DENTAL profiles



DENTAL DESIGN STUDIO

46 Fox Street #3 • Poughkeepsie, NY 12603
845.452.7653 • www.dentaldesignstudio.net

Dr. Richard Whalen

At Dental Design Studio, professionalism, compassion, and technology meet to create a truly unique dental experience.

Patients can relax with Netflix selections on video glasses which put the action right in front of their eyes. The headphones drown out the sounds of the office creating a relaxing atmosphere. When patients need anesthesia, Richard K. Whalen, DDS, incorporates Onset from OraPharma. This adds sodium bicarbonate to the anesthetic to eliminate the stinging feeling and create a pain-free, immediate anesthesia.

Once the patient is comfortable, Dr. Whalen and his technology become one to handle same-day crowns, recontouring of gum tissue, biopsies, treatment of herpetic ulcers, and removal of bone when needed.

“The CT scan machine allows for much more precise implant planning than a traditional X-ray,” says Dr. Whalen. “It helps patients avoid injury to a nerve, adjacent teeth, the sinus, and more.”

Dr. Whalen also uses digital Panorex to get detailed images of the jaw, bone, wisdom teeth, sinuses, and jaw joints. That, along with digital X-rays, which have less radiation, and digital charts, which are always legible, create a much more complete image of the patient.

The digital experience continues as Dr. Whalen uses a 3D milling unit to prepare same-day crowns based on digital impressions. The unit shapes a block of porcelain into a crown, making the process possible in one visit.

Dr. Whalen says technology not only speeds up the process, it enables patients to heal more quickly with less pain. Extensively trained in the use of laser technology, he uses lasers on both soft tissue and teeth. “Lasers kill bacteria, lessening the chance of infection following any procedure,” he explains.

Get the dental care you deserve from a superior dental care provider, who makes your visit comfortable. Massaging hand mitts, scented lotions, and fresh-baked cookies enhance the relaxing atmosphere created by the team. Dr. Richard Whalen and Dental Design Studio not only focus on dental needs, but on the overall health and well-being of its patients. Call for your appointment today.



NAGPAL DENTAL ASSOCIATES16 Front Street • Port Jervis, NY 12771
845.856.3700 • www.nagpaldental.com**Dr. Nagpal, Dr. Phull and their Oral Implantology & Advanced Aesthetics & Facial Pain Management Team**

Dr. Kunwar Nagpal and Dr. Ram D. Phull, Hudson Valley's premier husband and wife cosmetic dental team, opened their practice, Nagpal Dental Associates, more than 20 years ago in Port Jervis. Now with three dental practices in Orange and Sullivan Counties, they hold faculty positions at New York University College of Dentistry. The eight dental professionals on staff provide general dentistry for children through adults, plus a full range of cosmetic services, surgical services, prosthetic dental implants, and TMJ (temporomandibular joint) treatment.

"Your smile is actually designed on a laptop, so you can visually see and show the patient what they will look like when it's all over," Dr. Nagpal says. "People are very, very conscious about their smiles. Periodontal treatment, orthodontic treatment, and dental implants are incorporated into the art and science of dental aesthetics now, the latter of which may include veneers, single crowns, onlays, inlays, bridges, direct restorations, and the latest bleaching techniques."

Patients suffering from jaw and bite problems associated with TMJ disorders are treated by Dr. Phull. "TMJ can give you all kinds of

pain," says Dr. Phull. "There maybe pain in and around your ears, a tender jaw, a popping in your mouth, clicking noises in your jaw, headaches and neck aches. It can be constant or erratic."

Whether caused by accidental trauma, troublesome oral habits like teeth grinding, a misaligned bite, arthritis, gum disease, or another source, TMJ may be handled in a variety of ways from less invasive practices like exercises, muscle relaxants, and mouth protectors to more extensive treatments such as corrective surgery or injections.

Both doctors research the latest advancements, such as replacing bone loss with DNA growth factors and bone proteins, and are dedicated to education of the dental community. Dr. Nagpal is an Assistant Clinical Professor of the Advanced Aesthetic Dentistry Program at New York University College of Dentistry. Dr. Phull is the Co-Director of the TMJ Joint Replacement Center at the Hospital for Joint Diseases in Manhattan and Clinical Assistant Professor of Oral and Maxillofacial Pathology, Radiology, and Oral Medicine, and Assistant Director at the Orofacial Pain Clinic at New York University College of Dentistry.



PACHTER ORTHODONTICS

465 E. Main Street • Middletown, NY 10940
845.343.8212 • www.pachterortho.com



Dr. Oran Pachter

"One of the greatest joys of being an orthodontist is to continuously witness remarkable transformations in confidence and self-esteem," says Oran Pachter, DMD. One patient just had her braces removed and couldn't be more pleased. Her mother, Joanne, happily raves, "The best place to go! My daughter had her braces and now her teeth are perfect. She can't stop smiling. Thank you Dr. P and staff!"

"We get to really know our patients and over the course of their orthodontic care they become part of our extended Pachter Orthodontics family," says Dr. Pachter. "One of our main commitments is to treat each patient as an individual, not a number."

A true testament to a positive orthodontic experience at Pachter Orthodontics is the high amount of referrals that they get from their existing patients. As one mom, Barbara, says, "Dr. Pachter is the friendliest, kindest, most helpful orthodontist you could ever meet! I would recommend anyone to come here!" Parents are always welcome in the treatment area if they have a question or just want to be nearby.

Instead of old-school gag-inducing impressions, Pachter Orthodontics has been using the iTero intraoral digital scanner to cre-

ate a highly accurate 3D digital computer image of each patient's teeth. "Our patients really appreciate that we are always looking for ways to make their experience more comfortable using cutting-edge technology," says Dr. Pachter.

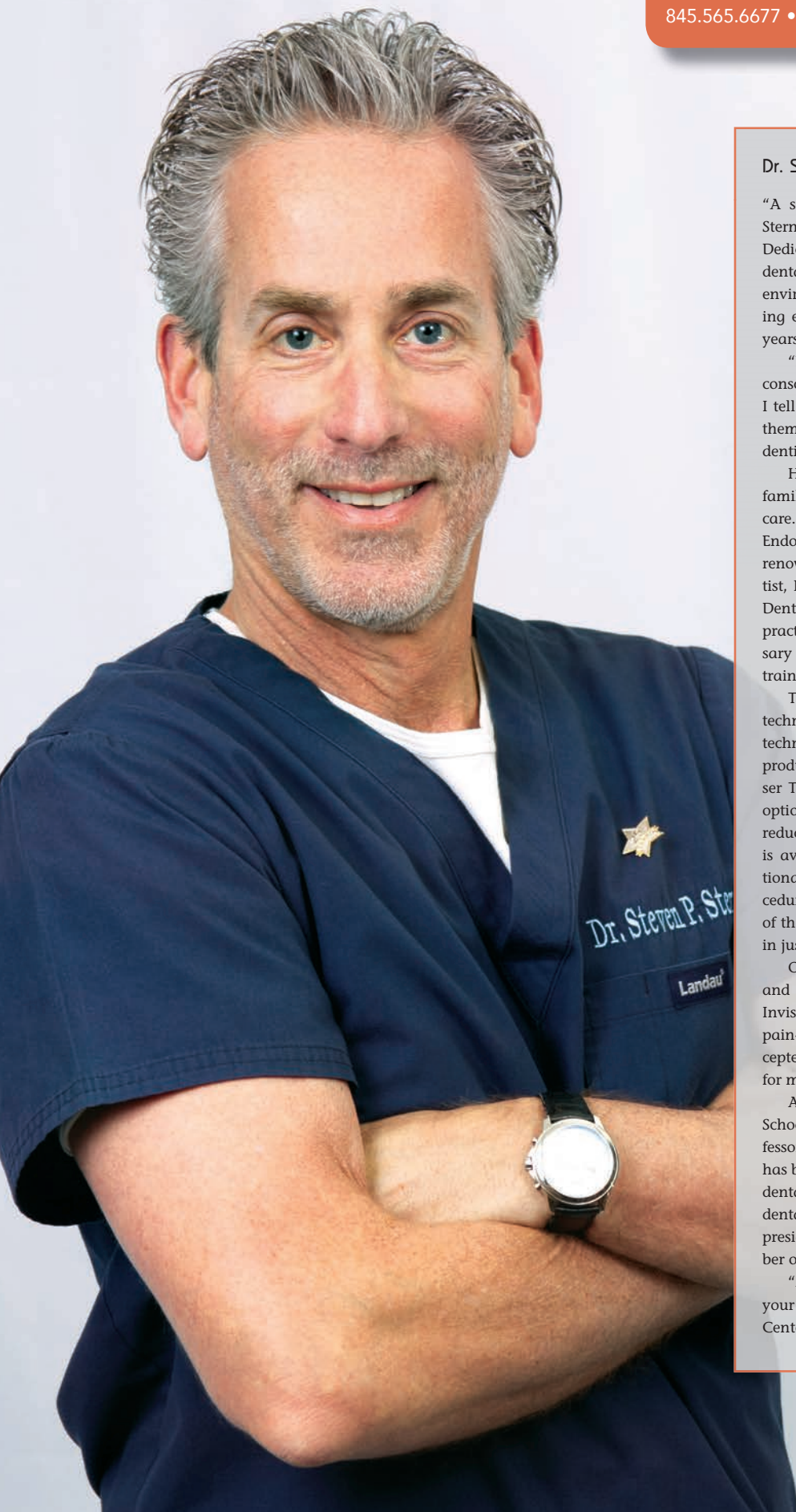
Some of the options that Dr. Pachter offers to straighten your smile include: traditional metal braces, ceramic braces, lingual braces (behind the teeth), and Invisalign. Through extensive training, Dr. Pachter has perfected his knowledge and clinical skills in the use of the Invisalign system. His expertise in the field enables him to treat many patients who were once told that they weren't candidates for Invisalign due to the complexity of their conditions.

Smile transformations are not limited to just children and adolescents anymore. "As an adult, it was difficult to take that step to have orthodontic treatment," says another patient, Helen. "But Dr. Pachter and his staff made me feel so comfortable. At my first consultation, he said, 'You're never too old for a beautiful smile.' I agree and I'm thrilled with the results."

Schedule your complimentary exam with Pachter Orthodontics and see why so many people are choosing Dr. Pachter as their orthodontic specialist.

WINDSOR DENTAL CENTER

375 Windsor Hwy • Suite 400 • New Windsor, NY 12553
845.565.6677 • www.windsordentalpc.com



Dr. Steven P. Stern

“A smile is the ultimate accessory,” says Steven P. Stern, DMD, Dental Director of Windsor Dental Center. Dedicated to providing comprehensive, state-of-the-art dental care in the most patient-friendly, convenient environment possible, Windsor Dental has been offering each patient the best smile they can give for 25 years.

“Many patients who come to us have been self-conscious about their smiles,” Dr. Stern says. “When I tell a patient to raise their lip after treatment, I see them relearn how to smile. This is why I became a dentist.”

His patients never have to leave the comfort and familiarity of his office to receive the best specialty care. The staff is comprised of four highly regarded Endodontists, two board certified Oral Surgeons, a renowned Orthodontist, a board certified Periodontist, Prosthodontist, and three general comprehensive Dentists. Instead of referring patients to a different practice, the general Dentists coordinate all necessary treatment with the specialists and professionally trained staff right at Windsor Dental.

The Center is proud to offer the latest in dental technology to the Hudson Valley community. The E4D technology machine, allows patients to watch, as it produces ceramic crowns during the patient’s visit. Laser Therapy by our board certified Periodontist is an option used in many major procedures, significantly reducing pain and healing time. Digital radiography is available, using 90% less radiation than conventional methods. All-on-4™ is a revolutionary new procedure that allows people who are missing all or most of their teeth to receive a full set of replacement teeth in just one appointment with little to no discomfort.

Other services include cosmetic dentistry—veneers and Lumineers, dental implants, Zoom Whitening, Invisalign—clear removable braces, and single-visit, pain-free root canals. Most insurance plans are accepted and interest-free payment plans are available for many procedures.

A graduate of Fairleigh Dickinson University School of Dentistry and Former Assistant Clinical Professor at Mt. Sinai Hospital in New York City, Dr. Stern has been practicing for over 30 years. He continues his dental education every year by attending advanced dental education classes and seminars and is the past president of the Newburgh Dental Society and a member of the American Dental Association.

“A great smile changes your whole attitude about your own self-worth,” says Dr. Stern. “Windsor Dental Center will bring you extraordinary care and results.”

QUALITY DENTAL CARE, P.C.

260 Lake Walton Road • Hopewell Junction, NY 12533
845.227.1996 • www.qualitydentalsmile.com

Dr. Haitham Ennabi

Quality Dental Care's new Pawling location at 36 Charles Coleman Blvd matches the large state-of-the-art location we have at 260 Lake Walton Road in Hopewell Junction. Each location provides the surprisingly affordable dental care and friendly, professional atmosphere.

Dr. Haitham Ennabi, a graduate of New York University College of Dentistry, brings to his practice of nearly 20 years a unique combination of caring, compassionate care, reflected by his entire staff. Patients find their smiles with a full range of dental services. Dr. Ennabi is a member of numerous professional associations and is actively involved with the Dutchess County Sheriff's Department, participating with their insurance. He also serves as Deputy Chief Surgeon for New York State Police and was voted one of the Top Dentists in the Hudson Valley.

Dr. Sherif Radwan is an honors graduate of Columbia University, serving as a clinical instructor of restorative dentistry. Dr. Victor Nesheiwat, a graduate of NYU, is a passionate dentist who treats patients as young as four.

Dr. Ghassan Attalla and Dr. Jon Dematties call upon over 35 years' experience in orthodontics, helping their patients correct crooked teeth. They straighten smiles with metal braces, clear braces, or Invisalign, which are clear and removable aligners that can straighten teeth in about a year.

Dr. Adam Arnoldt, brings a full scope of Oral and Maxillofacial Surgery practice to you and your family. His expertise includes wisdom tooth removal and dental implants. Dental implants are changing the way people live. They are designed to provide a foundation for replacement teeth that look, feel, and function like natural teeth. Patients with dental implants can smile with confidence.

Dr. Arnoldt is on staff at Northern Westchester Hospital and is Board Certified by the American Board of Oral and Maxillofacial Surgery. Dr. Arnoldt has been voted as one of the Top Dentists in the Hudson Valley.

Dr. Mitra Astor, the Periodontist on staff, practices a full scope of periodontal procedures with expertise ranging from dental implants, cosmetic periodontal surgery scaling, and root planning, which is a deep-cleaning, non-surgical procedure, performed under a local anesthetic. Dr. Astor has expertise in periodontal procedures of gum grafting and bone grafting. Bone grafting will repair the supporting bone around your teeth to eat virtually anything, knowing that teeth appear natural and that facial contours will be preserved.

Both of Dr. Ennabi's practice are conveniently opened all week and offers Saturdays and late appointments. There is no reason to accept dental care less than Quality Dental Care.



SMILES THAT DAZZLE

1399 Route 52 • Fishkill, NY 12524 • 845.896.2725

84 Old Rt. 9W • Suite 100 • New Windsor, NY 12553 • 845.562.8046

www.smilethatdazzle.com



Dr. Bo and Dr. Sue

Smiles That Dazzle now bring their expertise in cosmetic, family, and implant dentistry to Fishkill and New Windsor – both state-of-the-art facilities. After 20 years in the town of Newburgh, they are moving a short 5 miles to a brand new, ultra modern, high end dental office, in the same theme as their Fishkill location. “Our passion is creating beautiful, healthy smiles that will last a lifetime,” says Bo Paunovic, DDS. “Our goal is to understand each patient’s individual needs and desires and to customize care accordingly,” adds Sue Paunovic, DDS. This husband and wife team has one of the most technologically advanced offices available in dentistry.

Drs. Paunovic will carefully explain your options, and the results may be seen faster than you might imagine. Your confidence will soar with your desired smile, from full mouth reconstruction to simple whitening. Whether it is adjusting teeth that have shifted, filling cracks, or replacing broken or lost teeth, the Drs. Paunovic will remedy the problem by integrating cosmetic appearance with functionality.

Children of any age can be treated in the same office as their parents. The team enjoys introducing youngsters to a lifetime of

friendly service, free of fear and intimidation. With the caring and gentle touch of these doctors, children easily absorb lessons on dental hygiene and accept preventative treatment and other procedures.

Approaching the dental chair can be an issue at any age. Adults may have had bad experiences in the past or other problems that keep them from routine treatment. Smiles That Dazzle makes sedation dentistry available to children and adults alike. They have a “syringe-free” local anesthesia through high-tech instruments and the most advanced technology available. These Columbia University School of Dental and Oral Surgery graduates make comfort and safety the highest priority, using low-dose digital x-rays, along with restorations with minimal drilling. The Paunovic’s work with porcelain and composites, eliminating the use of metals.

Smilethatdazzle.com, a specially designed website, helps the average person to understand the most comprehensive procedures offered in dentistry before even visiting the dentist.

For a full-service, high-end dental practice with all the amenities of comfort such as; DVDs, intra-oral videos, and a caring staff, call the office of Paunovic & Paunovic.



Dr. Leonard G. Episcopio and Staff

DR. LEONARD G. EPISCOPIO DDS, PLLC

31 Oakland Avenue • Warwick, NY 10990 • 845.986.2929
www.warwicksmiles.com

At the office of Dr. Leonard G. Episcopio, patients of all ages can count on same day dentistry with state-of-the-art technology and top-notch customer service. Dr. Episcopio, a native of Brooklyn, New York, brought his unique dental expertise to Orange County in 1999 and became owner of his practice in 2007.

The New York University College of Dentistry graduate treats patients for all family and cosmetic dental needs. Invisalign, porcelain crowns, and porcelain veneers are just a few of the treatments available to patients. Dr. Episcopio and his team of four hygienists bring a family feel to the office, which is housed in a unique old Victorian home.

Don't let the traditional décor fool you. The dentistry is all 21st century. CAD/CAM technology gives Dr. Episcopio the ability to handle many dental needs on a same day basis. They also provide for sleep apnea and snoring issues with devices to help patients breathe better while they sleep.

One patient on their website, warwicksmiles.com, says, "I hated my smile. I was very self-conscious, but Dr. Episcopio changed that for me. I get compliments all the time and I love my new smile. Thank you Dr. Episcopio and his amazing office team!"

The office shares dental health at preschools and elementary schools throughout the area and supports the Girl Scouts through his wife Theresa's troop. Dr. Episcopio also brings a smile to troops serving in Afghanistan supporting them with toothpaste and toothbrush donations.

Dr. Episcopio blends tradition and technology. That will make anyone smile.



Dr. Barile and Dr. Chorney

STONY POINT DENTAL

Patriot Square Shopping Center • 32 S. Liberty Drive • Stony Point, NY 10980
845.942.1600 • www.stonypointdental.com

Known throughout the region for their warm and friendly atmosphere, Stony Point Dental patients actually look forward to their dental visits—and sharing a laugh with the team. "We cater to families, and specialize in making treatment comfortable, relaxing, and fun, especially for children," says Robert Chorney, DDS. "We take the time to listen to our patients, and put them at ease. Visits are never rushed, and our exceptionally helpful and caring staff always makes our patients feel at-home."

Widely recognized for their experience and expertise in general, family, cosmetic, and implant dentistry, Stony Point Dental is also one of the most technologically advanced dental practices around.

"We pride ourselves in staying on top of the latest dental techniques and technologies," adds Caley Barile, DMD. "Our staff members regularly attend seminars and continuing education courses, and our equipment is the latest that dentistry has to offer." From low-dose digital X-rays, to 3-D imaging, to the digital impression scanner, Stony Point Dental offers state-of-the-art diagnostics and treatment options, all designed to make your dental visit comfortable—and even enjoyable!

The dedicated team at Stony Point Dental is honored to be nominated as one of Hudson Valley Magazine's "Top Dentists" for the 7th consecutive year.

DR. KOUMAS

4 Hudson Valley Professional Plaza • Newburgh, NY 12550
845.562.1108 • www.drkoumas.com

**Dr. Michael Koumas**

Michael Koumas, DDS, offers a wide variety of services for all ages, ranging from preventive and basic measures to advanced restorative procedures. Dr. Koumas provides these services because he believes that “a healthy mouth is the cornerstone to a healthy body and a healthy life.” One could make a visit to Dr. Koumas for dental cleanings, fillings, crowns, or dental implants, as well as for smile enhancement through teeth whitening, veneers, and/or Invisalign clear aligners—an alternative orthodontic treatment method that offers patients the opportunity to get braces without the uncomfortable and sometimes embarrassing metal and rubber bands.

The practice is extremely committed to the health of each patient’s smile. With an attention to detail, Dr. Koumas provides dental care plans that are tailor-made to fit the needs of individual patients. He discusses the pros and cons of treatments to determine the best way to proceed for both the patients’ personal and financial situations. “Everyone needs something different when it comes to their dental treatment and I strive to provide exactly that for everyone I see,” Dr. Koumas explains. “I am determined to provide the best in comprehensive and personalized care.”

Dr. Koumas, a graduate of the University of Maryland’s College of Dentistry, combines old-fashioned values with modern technology in a relaxed setting. The office is fully computerized and features the latest dental equipment. There are computers in each examination room for immediate access to patient records, and the practice uses digital x-rays which allow for more precise analysis.

“Combining our expertise with the best technology enables us to literally redesign your smile,” says Dr. Koumas. Trust is an integral part of Dr. Koumas’ vision of success.

Emphasizing the importance of a strong patient-doctor relationship, Dr. Koumas caters to the whole family. Patients can expect a warm and inviting atmosphere—even playing movies for his patients during their appointments.

Dr. Koumas tailors every procedure to the needs of his patients ensuring his office is not a “one-size-fits-all” kind of a practice. He strives to give his patients a smile that they can be proud of, and provides all the services to make this possible.



Dr. Kelly Walters

DUTCHESS ORTHODONTICS

1557 Route 82 • Hopewell Junction, NY 12533 • 845.896.8880
www.dutchessortho.com

The treatment objective of Kelly L. Walters, DMD, is not only to straighten teeth, but also to balance the face and jaws. Dr. Walters knows the soft tissues of the oral complex (tongue, lips, cheeks, tonsils, and adenoids) play a very important role in facial growth and development. Children who have trouble breathing through their noses can have unfavorable facial growth. Likewise, oral habits such as thumb-sucking or tongue-thrusting can deform the jaws and prevent the face from growing normally. As one of the strongest muscles in the body, the tongue helps to form the shape of the jaws. If the tongue and lips are not in the proper position, they can place uneven pressure on the teeth, causing and/or contributing to misaligned teeth and jaws.

Dr. Walters believes that patients require the cause of their misaligned teeth and jaws to be addressed to ensure lasting results with orthodontics. Such treatment can involve several avenues. Very often, she will coordinate care with an ENT if the patient has trouble breathing through his or her nose. Dr. Walters uses appliances that expand the jaws as well as the airway to not only straighten teeth, but also improve a child's quality of life, allowing him or her to breathe and sleep better. Many patients, especially those with oral habits, receive myofunctional therapy in conjunction with orthodontic treatment at Dutchess Orthodontics. This includes guided exercises of the tongue, cheeks, and lips to help strengthen these muscles and encourage the jaws to grow properly. The tongue and lips can exert up to ten times the amount of pressure on teeth that braces can. Therefore, it is important to address any dysfunction of the soft tissue during treatment in order to increase the stability of our result.

Whatever is determined to be the appropriate treatment, Dr. Walters stresses that time is of the essence; treating a child while he or she is still growing allows her to maximize a patient's results.



Dr. Erin Prunty

TACONIC DENTAL

1557 Route 82 #8 • Hopewell Junction, NY 12533 • 845.243.2300
www.taconicdental.com

Having grown up in Wappingers Falls, Erin Prunty, DDS, always wanted her dental practice to be in the Hudson Valley. Taconic Dental opened in April 2014, ready to care for families with state-of-the-art technology and concern for each patient. Dr. Prunty and her team care for all the general dentistry needs of families in Hopewell Junction and the surrounding area. With evening and weekend hours, Taconic Dental understands the busy schedules of families. Keeping

patients relaxed is key. Dr. Prunty has a television in every room, so patients remain calm throughout their visits.

With the Hudson Valley as home, Dr. Prunty says she is very involved with the local dental society and community.

Dr. Prunty concludes, "The biggest thing I am looking to do is to change people's perspective of the dentist. I love it when someone is afraid of the dentist because I want to take away that fear."

Our 25th Anniversary!

LAGRANGE DENTAL

1133 Route 55 • Suite C • Lagrangeville, NY 10990
845.452.4031 • www.lagrangedentalpc.com



LaGrange Dental has been caring for patients in the Hudson Valley for over 25 years. We focus on dental care for the entire family and support of our community. If our staff looks familiar, it's because you've probably seen us at local sporting events, school programs, and providing magic shows throughout the area.

Drs. Joel Zaritsky, John Granger, Jeffrey Blum, Nick Ritzcovan, and Ninel Wendover understand the need for patients to have a positive experience at the dentist. From young children to the elderly our team makes coming to the dentist fun and exciting. We're constantly updating our equipment, using the most advanced technology available, and taking

courses to serve your dental health needs. Drs. Granger and Zaritsky are part of the prestigious Spear Faculty Club, which is committed to continued learning, professional growth, and providing the best patient care possible.

Whether your dental needs are a complete exam and cleaning, a full-mouth restoration, or anything in between, we promise to provide you with exceptional care as we enhance the natural beauty of your smile. Our staff understands that patients have complicated schedules, so we provide hours that go from early morning to late evening, as well as Saturdays. Let our family treat your family. We make it simple for you to obtain the quality dental care you deserve.

ASSOGNA ENDODONTICS SPECIALISTS IN TOOTH PRESERVATION

46 Fox Street • Suite 1 • Poughkeepsie, NY 12601 • 845.473.3636 • www.AssognaEndodontics.com

Assogna Endodontics expert team is devoted to preserving a patient's natural teeth through advanced root canal treatment. Endodontic specialists Denise Assogna, DDS, Luz Mejia, DDS, and Joseph Blondin, DMD, utilize the latest techniques and technologies to save teeth that otherwise would be extracted. "Root canals are all we do," Dr. Assogna says. "Many patients are told that they need their tooth extracted because of many issues including a failing root canal. Most of the time we can correct the problem and save their tooth. This also saves patients time and money."

With surgical operating microscopes and several years of extra training, the Assogna team can see inside the tooth during procedures, detecting and correcting many problems that often lead to tooth loss.

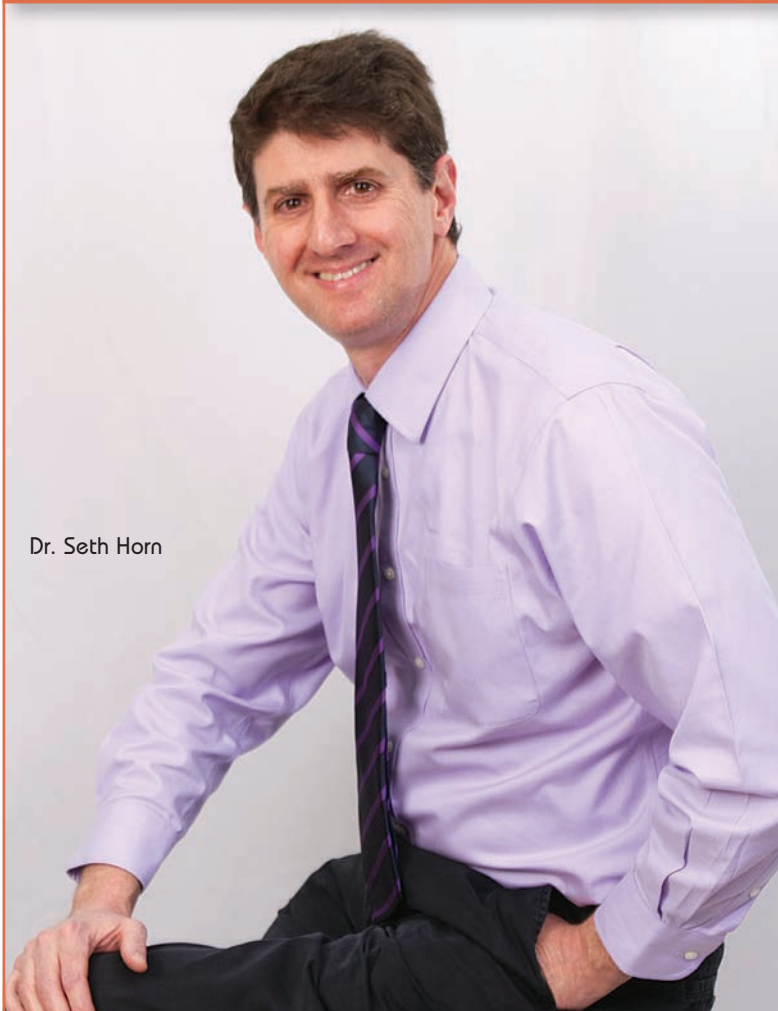
Dr. Assogna sums up the practice saying, "We love our patients and strive to be experts in our field and keep up with all the latest training and technology. We recommend that people seek a second opinion, before extracting their tooth, so they can save their natural tooth because once it's gone, it is gone forever!"



Dr. Luz Mejia, Dr. Denise Assogna and Dr. Joseph Blondin

AESTHETIC FAMILY DENTISTRY

155 East Main Street • Port Jervis, NY 12771 • 845.856.5049 • www.aestheticfamilysmiles.com



Dr. Seth Horn

"Patient care is our number one goal," says Seth Horn, DMD, of Aesthetic Family Dentistry. With that in mind, Aesthetic Family expanded and remodeled this year to make it more comfortable for new and old patients while having the ability to provide cutting-edge technology for years to come. With a periodontist added to the staff, Aesthetic Family Dentistry now offers implant placement as part of its many dental services.

"It's an exciting time for our practice and our patients," Dr. Horn says. Although the space is new, the patient being treated as an individual has stayed the same. Dr. Horn says, "We assess each person individually and educate our patients so they can have a good understanding of the latest techniques available to meet these needs. The highly qualified and dedicated staff work together to blend customer service and comfort to get the best results.

He and his wife Dide Tosyali, DMD, work directly with each patient on the goals they set for themselves. "We try to understand their expectations. Some people want a slight, natural improvement, while others want a Hollywood smile."

Founded in 1970 by Dr. Horn's father William B. Horn, DDS, the practice continues to care for its patients like family while keeping the practice up-to-date technologically. Cosmetic dentistry approaches include Invisalign and mini implants. The use of an intraoral camera gives patients an inside view of their mouths and digital X-rays result in lower radiation emissions and help with patient diagnosis.

Dr. Horn concludes, "Seeing the pleased expressions on our patients' faces when they look in the mirror after the work is completed is a powerful thing. It's a great moment."



Dr. Joseph Diacovo

DR. JOSEPH DIACOVO

54 Fair Street • Kingston, NY 12401 • 845.338.4240
www.drdiacovo.com

Does thinking about the dentist make you shudder? Sedation dentistry is the solution to calm your fears. It uses oral medication to relax patients, making them feel comfortable with little or no awareness of the procedures being performed. Dr. Joseph Diacovo is an outstanding cosmetic, implant and restorative dentist, offering sedation dentistry to eliminate your anxiety and fear.

Dr. Diacovo's services are designed to improve patients' lives with easier, faster, more efficient treatment. As an Invisalign provider, he

offers patients an alternative to standard metal braces. Invisalign's clear aligners offer a more aesthetic solution and provide comfort and ease of dental hygiene.

A fellow of the International Congress of Oral Implantologists, Dr. Diacovo is a Master of Academy of General Dentistry and former president of the 3rd District Dental Society of the State of New York. His highly regarded practice provides a clinically advanced, comfortable dental experience. As Dr. Diacovo says, "We think of ourselves as high tech with a human touch."

R & R ORTHODONTICS RICHARD ROSENBLUM, DMD

1145 Route 55 • Lexington Park
Lagrangeville, NY 12540 • 845.471.1186
1491 Route 52 • Fishkill, NY 12524 • 845.897.5500
www.RandRorthodontics.com

"It is as much about your dental specialist's character as it is about their expertise," says Dr. Richard Rosenbloom of R&R Orthodontics in LaGrangeville and Fishkill. "You do not have to settle when deciding on a professional relationship." This is especially appropriate when choosing an orthodontic specialist, who performs nothing but orthodontic procedures, versus a primary care dentist.

The R&R Orthodontics team has worked together for years, bringing a professional quality and family feeling from the moment you walk in the door to the moment you leave the dental chair. Whether you are dealing with the receptionist, the dental assistant, or the dentist, R&R wants you to feel comfortable and become part of their dental family.

They know and never forget, that without their patients there is no practice. Dr. Rosenbloom makes sure his staff shares the same vision of patient care: all-encompassing and compassionate. Putting patients first means you won't have to wait until the end of the day for



Dr. Rosenbloom and staff

a return phone call. You will also have appointments that take your time into consideration.

R&R Orthodontics extends that care to the community as well. R&R Orthodontics serves as a center for Toys for Tots and has become a collector of "Feel Good Bags" for the Sparrow's Nest, which distributes the bags to those undergoing chemo-

therapy. "We are so proud because of our patients here and their generosity and compassion," says Brenda DeLuca, professional relations coordinator. She says the giving spirit grows. "We have patients bringing us items every day and it's not about the chance to win. They really want to help someone else."

COUNTRYSIDE DENTAL

42 Kinderhook Street • Chatham, NY 12037 • 518.392.5231
www.chathamsmiles.com

"Personal attention to every patient begins at the front door. Our staff strives to provide the highest quality patient care in a state of the art dental office with patient satisfaction our main goal" states Dr. Domenic Riccobono.

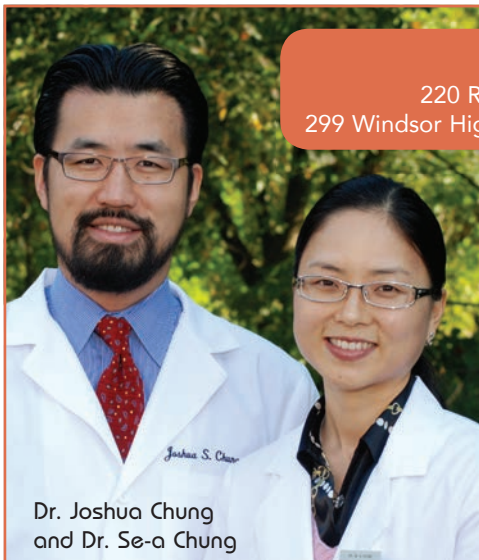
Dr. Riccobono and Dr. Vicki E. Cohn routinely enroll in courses from the country's top dental institutions keeping them in the foreground of the latest dental techniques. They are experienced in all phases of dentistry including cosmetic and implants and

are NY State certified in oral sedation. Screening for Sleep Apnea is an area of expertise for Dr. Cohn and Dr. Riccobono now offers the Cone Beam CT Scanner for 3D images used in treatment planning and diagnosis for implant dentistry.

Honored and delighted to receive Top Dentist for 2014, both doctors believe the success of the practice is "due to the great staff, the respected working relationship and the patients they are privileged to work with".



Dr. Domenic Riccobono
and Dr. Vicki Cohn



ALPHA AND OMEGA DENTAL

220 Route 17 • Tuxedo, NY 10987 • 845.351.5158 • www.dentistintuxedo.com
 299 Windsor Highway • New Windsor, NY 12553 • 845.565.3450 • www.alphaandomegadental.com

Dr. Joshua Chung
and Dr. Se-a Chung

With a full range of services, including VEL scope used for oral cancer screening, Zoom bleaching, Invisalign, and Clear Correct, Se-A Chung, DMD, says, "Our practice combines quality of service, efficiency, expertise, enthusiasm, and friendliness." Alpha and Omega Dental brings genuine concern for patients to their state-of-the-art practice, blending a friendly office atmosphere with unsurpassed dental expertise from beginning to end. The practice also has Full Digital X-ray, which reduces radiation to the patient. Joshua Chung, DMD, has advanced training

in Implant and Cosmetic Dentistry from New York University Dental School, is currently a Fellow of the International Congress of Oral Implantology and an active member of the Academy of General Dentistry and the American Academy of Implant Dentistry. His wife, Dr. Se-A Chung, Clinical Professor of Restorative Dentistry at Columbia University College of Dental Medicine and Oral Surgery, is a member of the American Association of Facial Esthetics. In 2014, she was selected as a Preferred Provider of Invisalign Teen and Invisalign.

ANTHONY V. BONAVOGLIA, DDS, MS • ORTHODONTIST

7 Moran Avenue • Wappingers Falls, NY 12590 • 845.297.4075 • www.DrBsmiles.com

Dr. B Smiles is committed to providing beautiful smiles in a warm, friendly, and fun environment. Anthony V. Bonavoglia, DDS, is proud to offer a variety of orthodontic options such as traditional braces, Invisalign, and invisible braces (braces behind the teeth).

The A+ customer service that Dr. B Smiles is known for begins with your complimentary evaluation. "We want everyone to smile and enjoy the orthodontic process," says Jennifer, practice coordinator.

What better way to go to an orthodontic appointment than Dr. B's new Brace Bus. The suped-up Hummer will pick students up at school

and bring them to the office for their adjustments. After the appointment, the Brace Bus will safely return students back to their school campus.

"We feel great that patients look forward to their visits with us," says Kristen, treatment coordinator. "We go above and beyond to create an experience surpassing people's expectations."

Dr. Bonavoglia is proud to have been nominated a Favorite Doc by Hudson Valley Parent Magazine as well as a Top Dentist of the Hudson Valley Magazine each year since 2007.

At Dr. B Smiles, we promise to give you something to smile about!



Dr. Anthony Bonavoglia

Elias Hashim, DDS and Haseena Mohamed Ghouse Mohideen, DDS and staff



ELITE DENTAL GROUP, P.C.

MKMG Building • 2507 South Road • Suite 105 • Poughkeepsie, NY 12601
 845.471.5400

After years on Ferris Lane in Poughkeepsie, the Elite Dental Group is celebrating its one-year anniversary at its current South Road location this June. Patients of all ages can count on excellent customer service and expertise at the multi-specialty dental practice. Whether the family is ready for its annual check-up, the teen needs braces, or an adult has to have a root canal, the dentists at Elite are ready to make it all go smoothly. Elite includes: two general dentists, Elias Hashim,

DDS, and Haseena Mohamed Ghouse Mohideen, DDS; and a board certified orthodontist, Tracey Li Cheung, DDS, MS. Suher Baker, DMD, BDS, MS, the Section Chief and Program Director of Pediatric Dentistry at Yale-New Haven Hospital, has recently joined the practice to bring the same sense of caring, kindness, and comfort to Elite's youngest patients. Dr. Hashim says, "Enjoy full-service dentistry in one location and in a timely fashion. We will make your smile beautiful."

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2015 Hudson Valley Five Star Wealth Managers

A Select Award

Finding a wealth manager who suits your needs can be a daunting task. In fact, many consumers have a hard time figuring out where to even begin.

Sometimes, a few simple questions can set one off on the right path. Asking a wealth manager what makes working with him or her a unique experience can help you

understand how they work and if their style meshes with your own. Further, asking a financial advisor to talk about any specialties they might have can help uncover skills you might find useful.

Ultimately, how do you find an experienced wealth manager who you feel comfortable working with? One who has high retention rates? One who has undergone a thorough complaint and regulatory review? One who has tenure in the industry?

Hudson Valley magazine and Five Star Professional partnered to find wealth managers who satisfy 10 objective eligibility and evaluation criteria. Among many distinguishing attributes, the average one-year client retention rate for this year's award winners is more than 96 percent. Although this list is a useful tool for anyone looking for help in managing their financial world or implementing aspects of their financial strategies, it should not be considered exhaustive. Undoubtedly, there are many excellent wealth managers who, for one reason or another, are not on this year's list.

In order to consider a broad population of high-quality wealth managers, award candidates are identified by one of three sources: firm nomination, peer nomination or pre-qualification based on industry standing. Self-nominations are not accepted. Hudson Valley award candidates were identified using internal and external research data.

Determination of Award Winners

Award candidates who satisfied 10 objective eligibility and evaluation criteria were named 2015 Five Star Wealth Managers.

Eligibility Criteria - Required

1. Credentialed as an investment advisory representative or a registered investment advisor.
2. Actively employed as a credentialed professional in the financial services industry for a minimum of five years.
3. Favorable regulatory and complaint history review.
4. Fulfilled their firm review based on internal firm standards.
5. Accepting new clients.

Evaluation Criteria - Considered

6. One-year client retention rate.
7. Five-year client retention rate.
8. Non-institutional discretionary and/or non-discretionary client assets administered.
9. Number of client households served.
10. Education and professional designations.

Research Disclosures

- Wealth managers do not pay a fee to be considered or placed on the final list of Five Star Wealth Managers.
- The Five Star award is not indicative of the wealth manager's future performance.
- Wealth managers may or may not use discretion in their practice and therefore may not manage their clients' assets.
- The inclusion of a wealth manager on the Five Star Wealth Manager list should not be construed as an endorsement of the wealth manager by Five Star Professional or *Hudson Valley* magazine.
- Working with a Five Star Wealth Manager or any wealth manager is no guarantee as to future investment success, nor is there any guarantee that the selected wealth managers will be awarded this accomplishment by Five Star Professional in the future.
- Five Star Professional is not an advisory firm, and the content of this article should not be considered financial advice. For more information on the Five Star award and the research/selection methodology, go to www.fivestarpromotional.com.
- 373 award candidates in the Hudson Valley area were considered for the Five Star Wealth Manager award. 85 (approximately 23 percent of the award candidates) were named 2015 Five Star Wealth Managers.

Regulatory Review

As defined by Five Star Professional, the wealth manager has not:

- Been subject to a regulatory action that resulted in a license being suspended or revoked, or payment of a fine.
- Had more than a total of three customer complaints filed against them (settled or pending) with any regulatory authority or Five Star Professional's consumer complaint process.
- Individually contributed to a financial settlement of a customer complaint filed with a regulatory authority.
- Filed for personal bankruptcy.
- Been convicted of a felony.

Five Star Professional conducts a regulatory review of each nominated wealth manager using the Investment Adviser Public Disclosure (IAPD) website. Five Star Professional also uses multiple supporting processes to help ensure that a favorable regulatory and complaint history exists. Data submitted through these processes was applied per the above criteria:

- Each wealth manager who passes the Five Star Professional regulatory review must attest that they meet the definition of favorable regulatory history, based upon the criteria listed above.
- Five Star Professional promotes via local advertising the opportunity for consumers to confidentially submit complaints regarding a wealth manager.
- Five Star Professional contacted approximately 1 in 12 households identified as having a high propensity to use the services of wealth managers in order to provide consumers the opportunity to submit complaints regarding a wealth manager.

For more information on the program, go to www.fivestarpromotional.com/wm_program.

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The Five Star Wealth Manager award, administered by Crescendo Business Services, LLC (dba Five Star Professional), is based on 10 objective criteria: 1. Credentialed as a registered investment adviser or a registered investment adviser representative; 2. Active as a credentialed professional in the financial services industry for a minimum of 5 years; 3. Favorable regulatory and complaint history review (As defined by Five Star Professional, the wealth manager has not: A. Been subject to a regulatory action that resulted in a license being suspended or revoked, or payment of a fine; B. Had more than a total of three customer complaints filed against them [settled or pending] with any regulatory authority or Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process; C. Individually contributed to a financial settlement of a customer complaint filed with a regulatory authority; D. Filed for personal bankruptcy; E. Been convicted of a felony); 4. Fulfilled their firm review based on internal standards; 5. Accepting new clients; 6. One-year client retention rate; 7. Five-year client retention rate; 8. Non-institutional discretionary and/or non-discretionary client assets administered; 9. Number of client households served; 10. Education and professional designations. Wealth managers do not pay a fee to be considered or awarded. Once awarded, wealth managers may purchase additional profile ad space or promotional products. The award methodology does not evaluate the quality of services provided and is not indicative of the winner's future performance. 373 Hudson Valley wealth managers were considered for the award; 85 (23 percent of candidates) were named Five Star Wealth Managers.

Edward Hogan is honored to receive this award.

At FSC Wealth Advisors, LLC, it is our opinion that performance is not the only distinguishing factor for a financial advisor. We feel the relationship with our clients is one of the most important factors. Although a financial advisor's main job is to help clients understand and maximize their finances, we believe it goes further than that. Our clients know they can call us at anytime, day or night, with any problem they may have, whether it be financial, professional or personal.

The financial market is ever-changing and oftentimes hard to navigate. At FSC Wealth Advisors, LLC, we monitor and analyze the market every day. That is the basis of our belief — that we can help you avoid the possible pitfalls of investing, in turn, helping you arrive at your goal safely.

Today's investment climate offers unprecedented opportunities. At FSC Wealth Advisors, LLC, our mission is to help clients take advantage of those opportunities by providing them with three key tools: a clear understanding of their financial goals, a well-defined road map for achieving those goals and ongoing advice to help adjust their road map when their needs change.

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It is this approach of close, personal interactions with our clients, married with expert advice and analysis of the market, that will continue to carry us forward and into the future.



Left to right: Standing: **Jeffrey A. Scott**, Advisor; **Courtney Distler**; 2015 winner **Edward R. Hogan, Jr.**, President; **Melanie O'Brien**; **James M. Comblo**, Advisor
Seated: **William J. Cosgrove**, Advisor; **Barbara Hogan**; **Edward R. Hogan, Sr.**, Advisor; **Warren S. Kaufman**, Advisor

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The Five Star Wealth Manager award, administered by Crescendo Business Services, LLC (dba Five Star Professional), is based on 10 objective criteria: 1. Credentialed as a registered investment adviser or a registered investment adviser representative; 2. Active as a credentialed professional in the financial services industry for a minimum of 5 years; 3. Favorable regulatory and complaint history review (As defined by Five Star Professional, the wealth manager has not: A. Been subject to a regulatory action that resulted in a license being suspended or revoked, or payment of a fine; B. Had more than a total of three customer complaints filed against them [settled or pending] with any regulatory authority or Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process; C. Individually contributed to a financial settlement of a customer complaint filed with a regulatory authority; D. Filed for personal bankruptcy; E. Been convicted of a felony); 4. Fulfilled their firm review based on internal standards; 5. Accepting new clients; 6. One-year client retention rate; 7. Five-year client retention rate; 8. Non-institutional discretionary and/or non-discretionary client assets administered; 9. Number of client households served; 10. Education and professional designations. Wealth managers do not pay a fee to be considered or awarded. Once awarded, wealth managers may purchase additional profile ad space or promotional products. The award methodology does not evaluate the quality of services provided and is not indicative of the winner's future performance. 373 Hudson Valley wealth managers were considered for the award; 85 (23 percent of candidates) were named Five Star Wealth Managers.

Harvey S. Berk



THREE-YEAR WINNER

Left to right: Standing: Angela Frizalone; Mitchell Kahn; Daria Lesky; Brian Harris
Seated: Three-year winner Harvey S. Berk; Linda Berk

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TWO-YEAR WINNER

Left to right: Seated: **Two-year winner Lawrence J. DeNoia, CPA, CFP®**
 Standing: **2015 Westchester winner Patrick Lennon; Joseph Kelly; Daniel Giaimo, CPA, CFP®**

As a **CERTIFIED FINANCIAL PLANNER™** practitioner for more than 27 years, I specialize in working with individuals, professionals and businesses to develop strong, strategic financial plans to help you achieve your objectives. In 1993, I founded ITI Strategies, Inc., as well as a fully independent tax-preparation practice. I frequently lecture on financial planning to professional societies and not-for-profit organizations. I am fully committed to my community and sit on several community boards of directors.

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Lawrence J. DeNoia

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GGFS has a commitment to excellence that endures because of the firm's intention to build long-lasting personal relationships with its clients. Amit Chopra is a senior investment consultant for Gary Goldberg Financial Services. In his role, Amit is primarily focused on providing a level of service normally not seen in the financial industry. Moreover, Amit works closely with the members of the firm's investment committee.

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Mr. Dedel is the head of trading at Gary Goldberg Financial Services, as well as the lead portfolio manager for several of the firm's investment programs. Peter has been at Gary Goldberg Financial Services for more than 35 years, working closely with clients to help them achieve their investment goals.

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Oliver Pursche
Chief Executive Officer



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Award winners listed by primary services and listed alphabetically by last name.

Financial Planning

- Mellany Bagtas · Merrill Lynch
- James Bakun · Bakun Asset Management
- Stephen Baumgartner · Ameriprise Financial Services, Inc.
- Peter John Brent · Brent Financial Group
- Charles Camilleri · Ameriprise Financial Services, Inc.
- Chris Cantele · LPL Financial
- Joe Carbo · LPL Financial
- Richard Cass · Oppenheimer & Company**
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- Kimberly Contelmo · Voya Financial
- Lawrence DeNoia · ITI Strategies** Page 5
- Neal A. Deutsch · Chestnut Investment Group
- Steven DiGregorio · Compass Asset Management Group
- Gregory Feighan · Ameriprise Financial Services, Inc.
- Steven Fox · Morgan Stanley
- Sidney Franks · The Highbridge Financial Group
- Brian Ginty · Hudson Valley Financial Services
- Robert Graef · Graef Financial Group
- Howard Haller · H. Haller Financial
- Mark Kalish · Ameriprise Financial Services, Inc.
- William Kelley · Morgan Stanley
- Daniel Kim · M&T Securities
- William Krivicich · Gary Goldberg Financial Services** Page 6

- Joseph Lombardi · Ameriprise Financial Services, Inc.
- Daniel Mahoney · Merrill Lynch
- Richard Martin · Ameriprise Financial Services, Inc.
- John Monaco · John R. Monaco
- John Mott · First Command Financial Planning
- Susan Murphy · Merrill Lynch
- Eric Nachman · Hudson Peak Wealth Advisors
- Stephen O'Flaherty · Merrill Lynch
- Sean O'Keefe · Gilman Ciocia
- Paula Osenni · Ameriprise Financial Services, Inc.
- Kerry M. Phelan · Mazzetti, Buscetto and Associates/Ameriprise Financial Services, Inc.
- Michael Piccolo · Morgan Stanley
- Kimberly Pine-Koenig · Morgan Stanley
- Dominick Riolo · Riolo Financial Group
- Jonathan Russo · LPL Financial
- William Sullivan · Hunter Financial Advisors
- Ilske Veringa · LPL Financial
- Keith Weiss · Weiss Financial Group
- Richard Weiss · Weiss Financial Group

Insurance

- Robert Terry · AXA Advisors

Investments

- Jeffrey Altomari · Wells Fargo Advisors Financial Network
- Larry Arinsburg · Finesco Associates

- Kenneth Beesmer · Wells Fargo Advisors, LLC
- Harvey Berk · Berk Wealth Management**
Page 4
- Joel Blum · Ameriprise Financial Services, Inc.
- Karen Worstell Bryant · Wells Fargo Advisors, LLC
- C. Edward Burke, Jr. · Wells Fargo Advisors Financial Network
- Jonathan Burstein · Wells Fargo Advisors, LLC
- Amit Chopra · Gary Goldberg Financial Services** Page 5
- Antonio Coppola · Wells Fargo Advisors, LLC
- Dennis Cordova · Key Investment Services
- Joseph Costa · Morgan Stanley
- Peter Dedel · Gary Goldberg Financial Services** Page 6
- Paul DeLisio · Main Street Financial
- Christopher Downey · LPL Financial
- John J. Dunn · Hudson Valley Wealth Management
- Gregory M. Fisk · Morgan Stanley
- Thomas Gorman · Merrill Lynch
- Justin Hawkins · Merrill Lynch
- Nina Hill · Wells Fargo Advisors, LLC
- Edward Hogan, Jr. · FSC Wealth Advisors**
Page 2 & 3
- Eric Johnson · Merrill Lynch
- Marc Luksberg · Morgan Stanley
- Matthew Mulpeter · Wells Fargo Advisors, LLC

- Daniel Murphy · Murphy Wealth Management Group
- Oliver Pursche · Bruderman Brothers**
Page 6
- Steven Quesnel · Wells Fargo Advisors, LLC
- Lee Rosenwasser · LPL Financial
- Jerry Schuder · Wells Fargo Advisors, LLC
- Patricia Serching · Hometown Bank of Hudson Valley
- Katherine Stanfield · Wells Fargo Advisors, LLC
- Joseph Steiniger · Wells Fargo Advisors, LLC
- Cheryl Stuart · Stuart Associates
- Richard Stewart · AXA Advisors
- Francis Venezia · Morgan Stanley
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- James Walker · Morgan Stanley
- Jeffrey Wenzel · Ameriprise Financial Services, Inc.
- Robin Whitebay · First Investors Corporation
- Brad Whitted · The Zick Whitted Taub Group
- Frederick Wilke · LPL Financial
- William Zaimes · Wells Fargo Advisors, LLC

Taxation

- David A. Gagnon · Cetera Financial Specialists

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The Five Star Wealth Manager award, administered by Crescendo Business Services, LLC (dba Five Star Professional), is based on 10 objective criteria: 1. Credentialed as a registered investment adviser or a registered investment adviser representative; 2. Active as a credentialed professional in the financial services industry for a minimum of 5 years; 3. Favorable regulatory and complaint history review (As defined by Five Star Professional, the wealth manager has not: A. Been subject to a regulatory action that resulted in a license being suspended or revoked, or payment of a fine; B. Had more than a total of three customer complaints filed against them [settled or pending] with any regulatory authority or Five Star Professional's consumer complaint process. Unfavorable feedback may have been discovered through a check of complaints registered with a regulatory authority or complaints registered through Five Star Professional's consumer complaint process; C. Individually contributed to a financial settlement of a customer complaint filed with a regulatory authority; D. Filed for personal bankruptcy; E. Been convicted of a felony); 4. Fulfilled their firm review based on internal standards; 5. Accepting new clients; 6. One-year client retention rate; 7. Five-year client retention rate; 8. Non-institutional discretionary and/or non-discretionary client assets administered; 9. Number of client households served; 10. Education and professional designations. Wealth managers do not pay a fee to be considered or awarded. Once awarded, wealth managers may purchase additional profile ad space or promotional products. The award methodology does not evaluate the quality of services provided and is not indicative of the winner's future performance. 373 Hudson Valley wealth managers were considered for the award; 85 (23 percent of candidates) were named Five Star Wealth Managers.



Working Together for the Good of the Hudson Valley

“The Hudson Valley is so fortunate to have Community Capital New York - a nonprofit lender - committed to helping food and beverage entrepreneurs realize their dreams.”

- Laurence P. Gottlieb,
President & CEO of HVEDC



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Westtown Brew Works - Westtown, NY



Yonkers Brewing Co. - Yonkers, NY



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WINE & FOOD FESTIVAL

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WEDNESDAY, JUNE 3

FASHION, FOOD & WINE

Bloomingtondale's,
White Plains, NY
6:00PM - 9:00PM



FRIDAY, JUNE 5

AN EVENING WITH WESTCHESTER'S TASTEMAKERS

42 Restaurant & Events,
White Plains, NY
5:30PM VIP Entrance
6:30PM - 10:30PM



THURSDAY, JUNE 4

BURGER & BEER BLAST

Kensico Dam Plaza,
Valhalla, NY
6:00PM - 10:00PM



SATURDAY, JUNE 6

GRAND TASTING VILLAGE

Kensico Dam Plaza, Valhalla, NY
12:00PM - 5:00PM
Chef Demos: 12:30PM,
1:00PM, 2:00PM, 3:00PM,
4:00PM



THURSDAY JUNE 4

WINE SEMINAR WITH PIERO INCISA DELLA ROCCHETTA **SOLD OUT!**

Sky Room at 42 Restaurant & Events,
White Plains, NY
6:00PM - 8:15PM



SATURDAY, JUNE 6

JR. CHEFS ACADEMY

The Ritz-Carlton, Westchester,
White Plains, NY,
10:00AM - 12:00PM &
1:00PM - 3:00PM
(limited to 20 per class)

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To purchase tickets and for more information go to
westchestermagazine.com/winefood

06/15

Events

Calendar of events 89 Playdates 99

OUT & ABOUT

Seven Deadly Sins

Artists use beloved fairy tale characters to represent the cardinal sins.

BY ROSEMARY O. FERNANDEZ





Green with Envy

Fairy tales have universal appeal thanks to the happily-ever-after endings — and the sins against which they warn us. Multimedia artist Adrien Broom uses classic fairy tales to highlight various ways jealousy manifests itself in *The Seven Deadly Sins: Envy*. Part

of the *Seven Deadly Sins* inaugural exhibition of the **Fairfield/Westchester Museum Alliance** in which each member organization presents one of the cardinal sins, the installation includes photographs, costumed mannequins, and “stage sets.” Snow White’s Evil Queen, Cinderella’s stepsisters,

along with other fairy-tale characters make appearances and show how they are archetypes for the wickedness. June 6 - September 26, Wed.- Sun, noon - 5 pm. \$6, adults; \$3, ages 3 -18; \$4, seniors and students. • Hudson River Museum, 511 Warburton Ave., Yonkers, 914-963-4550; www.hrm.org



M.E. Time

With two Grammys and an Oscar under her belt, **Melissa Etheridge** released her 12th studio album, *This is M.E.*, last September. The rocker and breast cancer survivor comes to the Queen City to perform her new tunes as well as old favorites like “Bring Me Some Water,” “No Souvenirs,” and “Come to My Window.” Etheridge also tells inspiring tales from her life and reveals some of the origins of her favorite songs. June 14, 7 pm, \$74 - \$104. • Bardavon 1869 Opera House, 35 Market St., Poughkeepsie, 845-472-2072; www.bardavon.org

Catch the Train

The band that gained their fame from their chart-topper and Grammy Award-winning tune “Drops of Jupiter (Tell Me)” heads to Bethel Woods this month. **Train** has sold more than 10 million albums and 30 million tracks worldwide, and most recently made a splash with their single “Drive By,” which secured the number-10 slot on the Billboard Top 100 list.

The Fray also take the stage, performing favorites like “How to Save a Life” and “Over My Head (Cable Car)” as well as tracks from their new 2014 album *Helios*. Joining in on the fun is Matt Nathanson, the singer-songwriter best known for his platinum-selling song “Come On Get Higher.” June 26, 7 pm, \$32 - \$107. • Bethel Woods Center for the Arts Pavilion, 200 Hurd Rd., Bethel, 866-781-2922; www.bethelwoodscenter.org

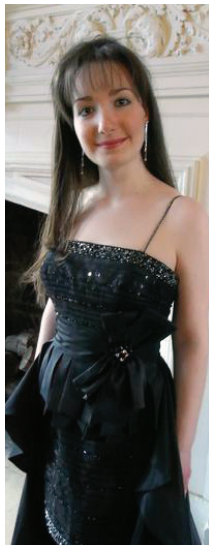
Singin’ The Blues

At just 14 years old, **Jonny Lang**’s distinguished voice was compared to that of a 40-year-old blues veteran. Also a talented guitarist, five of his albums reached the Billboard Top 50, and his album *Turn Around* earned him a Grammy Award. He teams up with multi-platinum-selling blues/rock axe man, **Kenny Wayne Shepherd** (who has received five Grammy nods himself) for an evening of blues and rock ‘n’ roll. June 21, 7 pm \$55-75 • Ulster Performing Arts Center, 601 Broadway, Kingston, 845-339-6088; www.upac.org

Tickling the Ivories

Eighteen-year-old piano prodigy **Keely Schmerber** has been playing the instrument since she was only 3. Now an accomplished musician (she has received several awards over the last few years including the Premier Young Artist Award scholarship to the Jacobs School of Music at Indiana University), she spends an evening on the East Lawn of Olana, performing works by Bach, Chopin, Beethoven, Debussy, and Liszt. Audience members are encouraged to bring their own lawn chairs and picnic baskets.

June 27, 7 pm; rain date: June 28. \$20; \$50 family (two adults with up to three children under 12). \$5 parking fee. Reservations recommended. • 5720 Rte. 9G, Hudson, 518-828-1872; www.olana.org



Calendar

Unless otherwise noted, events are free. Listings are also available at www.hvmag.com

Art

June 5-28: Color Compass This exhibit features both paintings and photography. Rebecca Darlington paints images that examine the ideas of culture, identity, and the notion of belonging. Photographer Jane Marcy's works point to nature and its innate mystery. Opening reception June 5, 6-9 p.m. Regular hours Thurs.-Sun. 12-6 p.m. • *Gallery 66 NY, 66 Main St., Cold Spring, 845-809-5838. www.gallery66ny.com*



Rebecca Darlington

June 7: The Spirit of New York Dr. Bruce W. Dearstyne, former program director at the New York State Archives, discusses his new book that shows how the Empire State — and its capital — played key roles in shaping American history. 2 p.m. Free with museum admission.

Thru July 26: Triple Play: Baseball at the Albany Institute Three exhibitions celebrate the spirit of baseball by featuring nationally or regionally significant baseball material like photographs and letters, signed bats and balls, trophies, and jerseys. Wed., Fri., Sat. 10 a.m.-5 p.m., Thurs. 10 a.m.-8 p.m., Sun. 12-5 p.m. \$10, \$8 seniors and students, \$6 children 6-12, under 6 free. • *Albany Institute of History & Art, 125 Washington Ave., Albany, 518-463-4478. www.albanyinstitute.org*

Thru June 14: Through the Looking Glass The daguerreotype is the earliest successful photographic technique. This exhibition features more than 100 19th-century photos taken with this technique from the United States, France, England, and the Middle East, including rarities like one of the earliest photos of Jerusalem and a female Gold-Rush miner. Tues., Wed., Fri., Sat. 10 a.m.-5 p.m.; Thurs. 10 a.m.-9 p.m.; Sun. 1-5

p.m. • *Frances Lehman Loeb Art Center, 124 Raymond Ave., Poughkeepsie, 845-437-5237. www.fllac.vassar.edu*

Thru June 21: John Davis Gallery Five solo shows — which include works done in numerous mediums like sculpture, photography, mixed media/installation, painting, and drawing — open the new season. Thurs.-Mon. 11 a.m.-5 p.m. and by appointment. • *362 Warren St., Hudson, 518-828-5907. www.johndavisgallery.com*

Thru June 27: Fence 50 Close to 500 works — including drawings, paintings, photographs, stained glass, fiber arts, and sculptures — done by Arts Center members are on display. Gallery hours Mon.-Thurs. 11 a.m.-7:00 p.m., Fri. 9 a.m.-4 p.m., Sat. 9 a.m.-5 p.m., Sun. 12-4 p.m. • *The Arts Center of the Capital Region, 265 River St., Troy, 518-273-0552. www.artscenonline.org*

June 26 thru July 26: Tivoli Artists Gallery This exhibit, curated by Alan Reich and Gilbert Rios, presents works that focus on collaborations and mixed media. Fri. 5-9 p.m., Sat. 1-9 p.m., Sun. 1-5 p.m. • *60 Broadway, Tivoli, 845-757-2667. www.tivoliartistsgallery.com*

Thru July 12: Earth Sky Dream Artists Bruce Murphy, Linda Newman Boughton, Laura Von Rosk, Chris Freeman, and Jane Bloodgood-Abrams present their depictions of both nature and the dreams it can evoke. Open Daily 11 a.m.-5 p.m., Sun. 12-5 p.m. • *Carrie Haddad Gallery, 622 Warren St., Hudson, 518-828-1915. www.carriehaddadgallery.com*

Thru Aug. 30: Mystery Box: Student Artists at Work Bard College students take over the Coachman's House Gallery. These budding professionals create "research-



OUR PICKS

New media artist Carla Gannis pays homage to the 16th-century triptych *The Garden of Earthly Delights* by Hieronymus Bosch. In her **Garden of Emoji Delights**, she gives Bosch's creation new life by updating his depictions of Earth, Eden, Heaven, and Hell with images from our own digital age — like cell phones, buses, and emoticons. June 6-Sept. 26. Wed.-Sun. 12-5 p.m. \$6, \$3 ages 3-18, \$4 seniors and students. *Hudson River Museum, 511 Warburton Ave., Yonkers, 914-963-4550. www.hrm.org*



West Point Band

The United States Military Academy



ARMY BIRTHDAY

Saturday, June 13 ★ 7:30 p.m.

SATURDAY IN THE PARK

Saturday, June 20 ★ 7:30 p.m.

HEROES & VILLAINS

Saturday, June 27 ★ 7:30 p.m.

INDEPENDENCE DAY CELEBRATION

Saturday, July 4 ★ 8:00 p.m.
Rain Date: Sunday, July 5
Featuring fireworks display!

DANCING UNDER THE STARS

Saturday, July 18 ★ 7:30 p.m.

SONGS OF THE LONG GRAY LINE

Saturday, July 25 ★ 7:30 p.m.

KID'S NIGHT WITH QUINTETTE 7

Saturday, August 8 ★ 6:30 p.m.
Instrument Petting Zoo ★ 6:00 p.m.

RED, WHITE, AND COUNTRY

Saturday, August 15 ★ 7:30 p.m.

LABOR DAY CELEBRATION

Sunday, September 6 ★ 7:30 p.m.
Rain Date: Monday, September 7
Featuring fireworks & live cannon!

All performances are free and open to the public. Individuals 16+ must have a valid government issued ID to enter West Point. Visit westpointband.com for inclement sites.

WESTPOINTBAND.COM



MICHAEL DALE NELSON



OUR PICKS

Four chart-topping jazz albums are only a few of **Chris Botti's** accolades. The master trumpeter won the 2013 Grammy Award for Best Pop Instrumental Album, and his performances are in such high demand that he spends more than 300 days on the road. In this one-night concert, Botti and his band toot songs that range from pop to jazz and everything in between. 8 p.m. members. June 25, \$62-\$85. *Bardavon 1869 Opera House, 35 Market St., Poughkeepsie, 845-473-2072 www.bardavon.org* June 26, 8 p.m. \$59.50-\$79.50. *The Egg Center for Performing Arts, Empire State Plaza, Albany, 518-473-1845. www.theegg.org*

the landscape that inspired the Hudson River School painters. This shared exhibition is presented by the Olana State Historic Site/Olana Partnership and the Thomas Cole National Historic Site. Tues.-Sun. 10 a.m.-4 p.m. \$12, \$10 seniors and students, 16 and under free when accompanied by an adult. • *218 Spring St., Catskill, 518-943-7465. www.thomascole.org. Olana State Historic Site, \$12, \$10 seniors and students, 12 and under free when accompanied by and adult. 5720 Rte. 9G, Hudson, 518-828-0135 www.olana.org*

Thru June 28: A Home for Art: Edward Larrabee Barnes and the KMA The exhibition presents an overview of architect Edward Larrabee Barnes' career and his role in modern architecture, including a focus on some of the Westchester homes he designed.

Thru June 28: Chris Larson: The Katonah Relocation Project Artist Chris Larson presents an outdoor installation that replicates Barnes' private Mount Kisco home to scale; the work also pays homage to a time in Katonah's history when the town raised its homes on soap-slicked logs and moved them to make way for the Croton Reservoir. Tues.-Sat., 10 a.m.-5 p.m.; Sun., 12-5 p.m. \$5-10. • *Katonah Museum of Art, 134 Jay St., Katonah, 914-232-9555. www.katonahmuseum.org*

Thru Sept. 28: Represent Contemporary Native American Art Contemporary art, beadwork, painting, sculpture, and ceramics from the Mohawk, Tuscarora, Shinnecock, Onondaga, Cayuga, and Seneca nations tell an inspiring story of resiliency, adaptation, community, and investment in the future.

based" projects and explain their process to visitors. If they return multiple times throughout the summer, guests can watch the pieces develop from experimental to finished work. Saturdays and Sundays only. 1 p.m.-4 p.m. Free admission, \$5 parking fee. • *Olana State Historic Site, 5720 Route 9G, Hudson, 518-828-1872. www.olana.org*

Thru Nov. 1: River Crossings: Contemporary Art Comes Home Twenty-eight contemporary artists who have all been influenced by the Hudson River School — as well as several 19th-century paintings — are all on display among

Thru Dec. 31: A Promising Venture: Shaker Photographs from the WPA In 1936, Noel A. Vicentini and George Herlick were sent by the Works Progress Administration to document the Shakers and their way of life. Thanks to his striking images, Vicentini captured the Shaker culture and helped inspire a national design aesthetic. Tues.-Sun. 9:30 a.m.-5 p.m. *New York State Museum Cultural Education Center, 260 Madison Ave., Albany, 518-474-5877. www.nysm.nysed.gov*

June 20: Summer Solstice Celebration Enjoy a cocktail reception, an outdoor gourmet farm-to-table dinner, and private tours of the grounds and exhibits. The menu features local ingredients and is designed by Peter Hoffman of Manhattan's Back Forty and Shelley Boris of Garrison's Fresh Company. 5 p.m.

Thru Nov 8: Lynda Benglis: Water Sources Including more than 10 outdoor sculptures — many of them working fountains — and several indoor ones, the exhibit by the celebrated artist explores the effects of running water. **Thru Nov. 29: Oulooks Luke Stettner**, which is composed of the artist's photographs, drawings, and sculptures of handmade paper. Wed.-Sun. 10 a.m.-5:30 p.m. \$15, \$12 seniors, \$8 ages 5-8 and students, under 4 free. • *Storm King Art Center, 1 Museum Rd., New Windsor, 845-534-3115. www.stormking.org*

Music & Dance

June 2: MVP Health Care Organ Concert Series Talented musicians demonstrate their skill on "Goldie," the 18-voice, three-keyboard organ belonging to Proctors. 2 p.m. Free.



OUR PICKS

The Paramount Hudson Valley Theater turns 85 this year — and they're celebrating with a big birthday bash featuring the **Marshall Tucker Band**. The well-loved group is recognized for its hits "Heard It In a Love Song," "Fire on the Mountain," "Take the Highway," and "Can't You See," all of which (and more) are part of the evening's lineup. The night also features giveaways and red carpet photo ops. June 27, 8 p.m. \$35-\$48. 1008 *Brown St., Peekskill, 914-739-0039 ext. 2. www.paramounthudsonvalley.com*

June 24: Celtic Woman 10th Anniversary The group that became an international sensation sings classic Irish tunes accompanied by a Celtic violinist, a full band, a choir, and — of course — bagpipers. 7 p.m. \$48-\$108.
 • *The Mainstage at Proctors. 432 State St., Schenectady. 518-346-6204. www.proctors.org*

June 4: The Subdudes With 25 years and 10 albums under their belt, this group is known for their blend of jazz, R&B, and rock 'n roll. 8 p.m. \$45 in advance, \$50 at door.

June 5: The Machine The premier Pink Floyd show, the band performs all-acoustic classics. 8:30 p.m. \$35 in advance, \$40 at the door. **June 6: Jonathan Edwards** The country/folk artist performs tracks like "Emma," "One Day Closer," and "Athens County." 8:30 p.m. \$30 in advance, \$35 at the door.

June 7: The McKrells This Celtic folk band has played in numerous prestigious venues all over the country — they even earned a standing ovation at Carnegie Hall. 7:30 p.m. \$20 in advance, \$25 at the door.

June 11: Tuck & Patti The musical husband and wife duo have been performing jazz and R&B together for over 37 years. 7:30 p.m. \$35 in advance, \$40 at the door.

June 20: Back to the Garden 1969 Six musicians (two of whom were present at the original 1969 Woodstock festival) banded together in 2009 to commemorate the 40th anniversary of the fest and have been playing together ever since. 8:30 p.m. \$25 in advance, \$30 at the door. • 379 Main St., Beacon. 845-855-1300. www.townecrier.com

June 5: Mongold, The Sun Parade The Brooklyn-based band Mongold plays tracks from their new EP *This Bloom*; The Sun Parade draws inspiration from Afro-pop, Elliot Smith, bluegrass, and the Beatles. 8 p.m. \$7.

June 13: The Menzingers, Chumped, Roger Harvey The Menzingers debut album *On the Impossible Past* was voted Album of the Year by Absolute Punk and *Punk News*; Chumped plays tunes from their newly released album *Teenage Retirement*; and Roger Harvey sings his at times psychedelic and at times guitar rock tracks from the album *Twelve Houses*. 7:30 p.m. \$15.

June 20: Jessica Pratt The singer/songwriter croons acoustic tunes from her new album *On Your Own Love Again*. 8 p.m. \$10 in advance, \$20 at the door. *BSP*.
 • 323 Wall St., Kingston. 845-554-3809. www.bspk-kingston.com

June 5-6: Pops! Goes the Chorus The Albany Pro Musica singers — both as an ensemble and individuals — tackle Broadway show tunes and popular songs in a cabaret-style performance. 7:30 p.m. \$10-\$35. Shaker Meeting House. • 25 Meeting House Rd., Colonie. 518-346-6204. www.albanypromusica.org

June 6: Clara and Robert Musicologist Dr. Jeffrey Langford and pianist Dr. Joanne Polk lecture on the 19th-century musical couple Robert and Clara Schumann, examining the works of each and demonstrating how husband and wife influenced each other. The presenters rely heavily on a mid 19th-century Broadwood piano, which is very similar to the instruments the Schumanns used. 2:30 p.m. Call for ticket information. *Doctorow Center for the Arts Piano Performance Museum. 7971 Main St., Hunter. 518-263-2063. www.catskillmtn.org*

June 6: Dance that Hits your Pleasure Receptors Celebrated modern dance troupe Keigwin & Company kicks off a three-week residency at the Orpheum Film and Performing Arts Center. 7:30 p.m. Call for ticket information. • 6050 Main St., Tannersville. 518-263-2063. www.catskillmtn.org

June 6: Barn Dance 2015 Support the Rockland Center for the Arts with a night of square dancing, live country and classic rock performances, hamburgers, hot dogs, pulled pork, and a whiskey tasting. 5 p.m. \$80 in advance, \$90 at the door. *Historic Tourner-Remsen House. • 285 Old Mill Rd., Valley Cottage. 845-358-0877 ext. 18. www.rocklandartcenter.org*

June 6: Fly 92.3 Summer Jam The radio station presents pop stars Charli XCX, B.o.B., Echobrother, Walk the Moon, and Jake Miller. 2 p.m. \$21.35-\$335.80.

RIVER CROSSINGS

CONTEMPORARY ART COMES HOME

28 CONTEMPORARY ARTISTS AT TWO HISTORIC SETTINGS ON THE HUDSON

MAY - NOVEMBER 2015

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Major funding for River Crossings was provided by The Moore Charitable Foundation, the New York State Council on the Arts, New York State's Empire State Development and the I♥NY Division of Tourism under Governor Andrew Cuomo's Regional Economic Development Council Initiative, Tiger and Caroline Williams and The Bay & Paul Foundations. Additional support is provided by Ed Herrington, Inc., the Hudson River Valley National Heritage Area, the Village of Catskill, the Columbia County Tourism Department, Jennifer Krieger, and Chas Miller. The companion book and related public programs were funded by Tiger and Caroline Williams and the National Endowment for the Arts. #rivercrossingsart



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Cellist Joshua Roman

June 14: Dancing with the Stars Live! Cast members from the hit ABC show — where celebrities and professional dancers team up for performances — take the stage. 7:30 p.m. \$41.25-\$499.

June 23: Boys of Summer Fall Out Boy, the rock band that is making waves with their new songs “Centuries” and “Light ‘Em Up,” joins forces with rapper Wiz Khalifa. \$20.25-\$368.75.

June 27-28: Freihofers Saratoga Jazz Festival Multiple top-notch jazz musicians perform. 12 p.m. \$60-\$85. Saratoga Performing Arts Center. 8 p.m. \$30. • 108 Avenue of the Pines, Saratoga Springs. 518-584-9330. www.spac.org

June 7: KFEST 2015 K104.7 FM brings top selling popular artists including Orange County native Andy Grammer, Walk the Moon, Flo Rida, Natalie La Rose, Wycleff, Charli XCX, Jake Miller, Lunchmoney Lewis, and Katy Tiz to Dutchess Stadium. 11:30 a.m. \$42 general admission, \$55 at the door; \$20 parking fee, free shuttle from Beacon train station. • 1500 Rte. 9D, Wappingers Falls. 845-838-0094. www.k104online.com

June 7: Cultivate 2015 A premiere performance of original works for Copland House’s emerging composers institute. 3 p.m. \$15. • Copland House at Merestead. 455 Bryam Lake Rd., Mount Kisco. 914-788-4659. www.coplandhouse.org

June 12: Stephane Wrembel “Django A Go-Go” Wrembel, the French guitarist who wrote and performed the soundtrack for the film *Midnight in Paris*, pays homage to the early 20th-century guitarist Jean “Django” Reinhardt and violinist Stephane Grappelli. 8 p.m. \$24.

June 19: Mike Gordon Phish bassist is on tour promoting his fourth studio album *Overstep*. The show is augmented by synthetic gadgetry all around the stage. 8 p.m. \$31.25.

June 30: David Crosby The singer-songwriter performs solo and acoustic tunes from his new 2014 album *Croz* as well as his older hits like “I Could Only Remember My Name.” 8 p.m. \$40.50-\$60.50. • The Egg Center for Performing Arts. Empire State Plaza, Albany. 518-473-1845. www.theegg.org

June 13: Berkshire Bach Ensemble The orchestra presents a Baroque and classical repertoire, featuring works by Bach, Vivaldi, and Handel. 8 p.m. Call for ticket information. • Doctorow Center for the Arts. 7971 Main St., Hunter. 518-263-2063. www.catskillmtn.org

June 14: Maya Dance Theatre Founded in 2006, the troupe draws inspiration from various Asian cultures. 2:30 p.m. Call for ticket information. Kaatsbaan Interna-

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tional Dance Center. 2:30 p.m. • 120 Broadway, Tivoli. 845-757-5106 ext. 2. www.kaatsbaan.org

June 14: Danail Rachev and Joshua Roman Conductor Rachev is an up and coming force in the musical world, as is young cellist Roman. The night's repertoire includes Arvo Part's *Fratres*, Edward Elgar's Cello Concerto, and Brahms' *Symphony No. 2*. 3 p.m. \$49-\$97. • *The Concert Hall, Performing Arts Center, Purchase College. 735 Anderson Hill Rd., Purchase. 914-682-3707 ext. 10. www.westchesterphil.org*

June 19: An Evening with Bryan Adams The legendary rocker celebrates the 30th anniversary of *Reckless*, the album that catapulted him to stardom, with a set consisting of the mega hits like "Summer of 69," "Kids Wanna Rock," and "It's Only Love." 8 p.m. \$48.50-\$89. • *Bethel Woods Center for the Arts Pavilion. 200 Hurd Rd., Bethel. 866-781-2922. www.bethelwoodscenter.org*

June 17, 20: Lar Lubovitch Dance Company For 41 years, the company has been performing all over the US and more than 30 countries, all under the direction of Lubovitch who was called "one of the ten best choreographers in the world" by the *New York Times*.

June 17 at *Saratoga Performing Arts Center. 8 p.m. \$30. 108 Avenue of the Pines, Saratoga Springs. 518-584-9330. www.spac.org* **June 20** at *Kaatsbaan International Dance Center. 7:30 p.m. Call for ticket prices. 120 Broadway, Tivoli. 845-757-5106. www.katsbaan.org*

June 27, 29: Mormon Tabernacle Choir The world-renowned, 360-member chorus has been delighting audiences for more than a century with their faith-based repertoire. **June 27** at *Bethel Woods Center for the Arts Pavilion. 7:30 p.m. \$42-\$133. 200 Hurd Rd., Bethel. 866-781-2922. www.bethelwoodscenter.org*. **June 29** at *Saratoga Performing Arts Center. 7:30 p.m. \$35-\$80. 108 Avenue of the Pines., Saratoga Springs. 518-584-9330. www.spac.org*

June 28: Paul Grunberg Memorial Bach Concert Back for the tenth year in a row, this all-Bach performance by the Broad Street Choral and Orchestra includes some of the Baroque composer's best orchestral works and cantatas. A gala and opening reception for PS21's 2015 summer season follows the program. \$35, \$30 members, \$20 students 18 and under. • 2980 Rte. 66, Chatham. 518-392-6121. www.ps21chatham.org

Theater

June 4-7, 10-14: The Drowsy Chaperone A case of mistaken identity, a bold aviatrix, a Follies production number, a butler, and a bride-to-be all run wild on the drowsy chaperone's watch. Call or visit Website for times. \$31-\$34, \$14 children under 12 when accompanied by an adult. *The Mac-Haydn Theatre. 1925 Rte. 203, Chatham. 518-392-9292. www.machaydntheatre.org*

June 5-7, 12-14: Jesus Christ, Superstar The first rock opera created by Andrew Lloyd Webber and Tim Rice, the show follows the life of Jesus presented as a parody of our modern celebrity culture. Fri.-Sat. performances 7:30 p.m. Sun. 3 p.m. \$20, \$14 students and seniors. \$12 families and groups. The Two of Us Productions. • *The Performing Arts Center at Taconic Hills Central Schools. 73 Rte. 11A, Craryville. 518-758-1648. www.thetwoofus-productions.org*

June 5-7: The Producers The musical (made famous by Nathan Lane and Matthew Broderick) features two Broadway producers who hatch a get-rich-quick plan to back a failing show — only things go awry when it turns out to be a smash hit. Fri.-Sat. 8 p.m., Sun. 3 p.m. \$25-\$27. **June 12-14, 19-21: The Me Nobody Knows** This show uses jazz, classic Broadway tunes, rock, and rap to delve into the hopes, fears, and dreams of inner city youth — and it's based entirely on young people's own writings. Fri. & Sat. 8 p.m., Sun. 3 p.m. \$22-\$24. • *The Center for Performing Arts at Rhinebeck. 661 Rte. 308, Rhinebeck. 845-876-3080. www.centerforperformingarts.org*

June 5-7: Rabbit Hole Winner of the 2007 Pulitzer Prize for Drama, the show follows Becca and Howie Corbett,

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THE PAVILION					
AN EVENING WITH BRYAN ADAMS	JUNE 19	TRAIN SPECIAL GUEST THE FRAY & MATT NATHANSON	JUNE 26	MORMON TABERNACLE CHOIR WITH THE ORCHESTRA AT TEMPLE SQUARE	JUNE 27
KID ROCK WITH SPECIAL GUEST FOREIGNER	JULY 03	DEF LEPPARD WITH STYX & TESLA	JULY 11	NEIL YOUNG WITH PROMISE OF THE REAL & SPECIAL GUEST PUSS N BOOTS	JULY 17
KIDZ BOP KIDS	JULY 18	BRAD PAISLEY WITH JUSTIN MOORE & MICKEY GUYTON	JULY 24	TONY BENNETT & LADY GAGA	JULY 25
3 DOORS DOWN & SEETHER	AUG 01	PETER CETERA WITH THE HUDSON VALLEY PHILHARMONIC	AUG 02	FLORIDA GEORGIA LINE WITH THOMAS RHETT & FRANKIE BALLARD	AUG 07
LYNYRD SKYNYRD WITH THE MARSHALL TUCKER BAND	AUG 14	ZAC BROWN BAND	AUG 23	RASCAL FLATTS WITH SCOTTY MCCREERY & RAE LYNN	AUG 30
CHICAGO & EARTH, WIND & FIRE	SEPT 01	VAN HALEN WITH KENNY WAYNE SHEPHERD BAND	SEPT 06	AN EVENING WITH JACKSON BROWNE	SEPT 19

THE EVENT GALLERY					
CHRISTINE EBERSOLE BRADSTAN CABARET SERIES	AUG 29	VIC DIBITTETO - THE ITALIAN HURRICANE WITH FRED RUBINO & TIM HAYES	SEPT 12	THE PRINCETON NASSOONS SHANDELEE MUSIC FESTIVAL	OCT 04
KAREN MASON BRADSTAN CABARET SERIES	OCT 17	EILEEN MOON, CELLO KRISTINA WAJSZA, PIANO VICTOR VILLENA, BANDONEON SUNDAYS WITH FRIENDS	OCT 18	BLUES AT BETHEL WOODS FEATURING THE CHRIS O'LEARY BAND, SLAM ALLEN, DEBBIE DAVIES, & MIDNIGHT SLIM	OCT 24
SOUTHSIDE JOHNNY & THE ASBURY JUKES	NOV 07	THE ULTIMATE BRADSTAN REUNION S. SHANDELEE, J. MACDONALD, L. TURLO, & GENS & WING & J. QUINN BRADSTAN CABARET SERIES	NOV 14	LAURA FRAUTSCHI, VIOLIN JOHN NOVACEK, PIANO SUNDAYS WITH FRIENDS	NOV 22

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		P.L.A.Y. MUSIC	AUG 09-AUG 22

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All dates, acts, times and ticket prices subject to change without notice. All ticket prices increase \$5 on the day of show.



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who face the destruction of their lives and relationship when their son is killed in a tragic accident. \$20, \$10 students. Fri.-Sat. 8 p.m., Sun. 2 p.m. • **Ghent Playhouse**. 6 Town Hall Pl., Ghent. 518-392-6264. www.ghentplayhouse.org

June 5, 12: MopCo: Spontaneous Broadway The Capital District's premier improv company tackles Broadway musicals suggested by the audience. 8 p.m. \$14, \$6 seniors and students. • **Underground at Proctors**. 432 State St., Shcencetady. 518-346-6204. www.proctors.org

June 8: A Night of 1,000 Laughs Six of entertainment's premier comedians — Greg Warren, Joey Vega, Leighann Lord, Joe Larson, Tom McTiernan, and Angel Salazar — put audiences in stitches. Not appropriate for children. 6:15 p.m. dinner, 8 p.m. show. \$84.

Thru **July 5: West Side Story** Rival gangs the Jets and the Sharks rule the streets of New York, but Maria and Tony, two youngsters from opposing sides, still manage to fall madly in love. Call or visit Web site for show times. Weeknights, Sundays: \$84, \$75 seniors, \$59 children; Saturday evening: \$84; weekday matinees: \$64, \$57 seniors, \$54 children. • **Westchester Broadway Theatre**. 1 Broadway Plaza, Elmsford. 914-592-2222. www.broadwaytheatre.com

Thru June 14: Clybourne Park A tribute to Lorraine Hansberry's classic play *A Raisin in the Sun*, this witty show opens in 1959 Chicago when an all-white community tries to stop a black family from moving into a house on their street. The second act jumps ahead



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50 years and shows a white family trying to purchase the same house in the now all-black neighborhood. Thurs.-Sat. 8 p.m. \$39; Sun. 2 p.m. \$34. **June 19-July 5: Shipwrecked!** An Entertainment Written by Pulitzer Prize-winning playwright Donald Margulies, this show explores how the line between fact and fiction blurs when people tell stories, and includes high seas adventures, flying wombats, and a giant man-eating octopus. Call or visit Web site for show times. Matinees, \$34; evenings, \$39. • *Shadowland Theatre*. 157 Canal St., Ellenville. 845-647-5511. www.shadowlandtheatre.org

June 20: The Secret Mask A father and son attempt to reconnect as they delve deep into the past. 7:30 p.m. Suggested donation of \$5 or more. TheaterSounds Hudson Valley. • *The Community Center at UCC*. 320 Sawkill Rd., Kingston. 845-657-6303. www.theatersounds.com

Film

June 6: 34th Asbury Shorts Concert Numerous critically-acclaimed short films are screened. Asbury is New York City's longest-running short film festival. 7:30 p.m. \$12, \$10 members. • *The Rosendale Theatre*. 408 Main St., Rosendale. 845-658-8989. www.rosendaletheatre.org

Art Centers

June 4: Michael McDonald The multi-talented musician wows with soulful original songs, vocals, and keyboard skills. 8 p.m. \$68-\$138. **June 12: Graham Parker and the Rumour** This British band has been captivating audiences since 1976 and released a new album entitled *Mystery Glue* just last month. 8 p.m. \$38-\$58. **June 14: Rock of Ages** Putnam Dance Center flashes back to the 80s with this show that is structured around classic rock hits. 3:30 p.m. \$22. **June 19: A Bronx Tale** Chazz Palminteri presents his one-man production based on his childhood memories of growing up among both hard working men and gangsters. 8 p.m. \$48-\$80. **June 20: The Bacon Brothers** Well-known actor Kevin Bacon (he's currently starring in FOX's primetime show *The Following*) performs music with his brother Michael. 8 p.m. \$38-\$65. **June 21: Felix Cavaliere's Rascals** The musician — whose career spans five decades and includes accolades such as entrance to the Songwriter Hall of Fame, the Rock and Roll Hall of Fame, the Vocal Group Hall of Fame, and Grammy Hall of Fame — takes to the stage with his band. 7 p.m. \$45-\$65. **June 27: Big Apple Circus Clowns**, jugglers, acrobats, and much more astound audiences. 3 p.m. \$

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6:30 p.m. \$30-\$55. • Tarrytown Music Hall, 13 Main St., Tarrytown. 914-631-3390. www.tarrytownmusicall.org

June 7: The Wizard of Oz Dorothy Gale finds herself and her dog Toto swept up in a twister and blown away to the magical land of Oz. With the help of the Scarecrow, Tin Man, Lion, and Glinda the Good Witch, she embarks on a long journey home. 2 p.m. and 6 p.m. \$25. **June 12: A Special Night with Judy Collins** Now 74, Collins has 50 albums under her belt and still creates music that inspires social activism. 8 p.m. \$45-\$65. **June 21: Gilberto Santa Rosa** Winner of a Grammy and two Latin Grammy awards, Santa Rosa lights up the stage with sumptuous salsa. 7 p.m. \$50-\$79. • Paramount Hudson Valley Theater 1008 Brown St., Peekskill. 914-739-0039 ext. 2. www.paramounthudsonvalley.com

Special Events

June 6: Garden Picnic Julie Cerny, education director and garden manager at The Sullivan Center at Katchkie Farm in Kinderhook, presents healthy and simple recipes that are ideal for taking on a picnic, and also teaches participants about the medicinal values and purposes of various herbs they can grow themselves. The program meets at Olana's Museum Shop/Visitor Center and then moves on to the flower garden. **June 13: History of Science Series** Part of an on-going series based on Frederic Edwin Church's personal bookshelf, Dr. Lloyd Ackert, professor in history of science at Drexel University, lectures about Church's interest and understanding of theories like evolution — and how science is either advanced or proved controversial. This is the first of three lectures on the subject. Tea and cakes will be served. 3-5 p.m. \$5, free for members. Not recommended for children under 10. • Olana State Historic Site. 5720 Rte. 9G, Hudson. 518-828-1872 ext. 105. www.olana.org

June 6: RiverFest Celebrate our beloved Hudson River with live music, local vendors, kids activities, and crafts fair. Visit Web site for start time. • Donahue Park, Cornwall-on-Hudson. www.river-fest.com

June 12: 2015 Palisades Parks Conservancy Dinner Celebrate a century of the beloved Bear Mountain Inn. The Conservancy honors the Perkins family for financing the establishment for 100 years, and the Martin family for serving as its caretakers. 6:30 p.m. Ticket prices begin at \$300. • Bear Mountain Inn. 3020 Seven Lakes Dr., Bear Mountain. 845-786-2701 ext. 239 www.palisadesparksconservancy.org

June 13: Snapping Turtle Walk Believe it or not, snapping turtles have been around since prehistoric times. Experts from the Constitution Marsh Audubon Center

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and Sanctuary give a lecture with fun facts like this and more before guests are invited to search the grounds for the nests — just don't get too close! 7:30 a.m. \$12, \$8 children 6-14, under 6 free. • *Boscobel House and Gardens*. 1601 Rte. 9D, Garrison. 845-265-3638. www.boscobel.org

June 13: The Buzz on Bees In honor of "Pollinator Week," the museum hosts a presentation on honeybees, their behavior, and their importance to the ecosystem. Guests can tour the observation hive or walk about in the meadow to watch the bees in their natural habitat. 10 a.m. \$7, \$5 children. Museum members \$5, \$3 children. • *Hudson Highlands Nature Museum Wildlife Education Center*. 25 Boulevard, Cornwall-on-Hudson. 845-534-7781. www.hhnm.org

June 13: PaddleFest Merging with Kenco's Kingston Kayak Festival, the Mid-Hudson Adirondack Mountain Club's popular event is fit for experienced kayakers and beginners alike. Kayak lessons for all levels, tours, a kayak auction, and stand up paddle boarding instruction are all part of the fun. 10 a.m.-4 p.m. \$10 donations to Forsyth Nature center. • *Kingston Point Beach, Kingston*. www.midhudsonadk.org

June 14: Farm-to-Table Dinner and Wine Tasting Celebrate 40 years of Greenburgh Nature Center by sampling food and vintages from some of the Valley's best wineries and restaurants. Dinner is served outdoors and guests are asked to bring their own plates and silverware to reduce waste. \$100 members, \$150 for non-members. While the adults chow down, kids participate in a separate hands-on cooking demonstration and story time. For ages 2-12. \$25 per child.

June 27-Aug. 2: Walk Among the Butterflies Stop by the grand opening of the beloved summer exhibit, which now takes place in the new wildflower meadow. Guests watch colorful pollinators flit by and learn about how the insects and plants rely on one another. Sat.-Thurs. 10 a.m.-3 p.m. \$11, \$10, seniors and students, \$9 ages 2-12, under 2 free, members free. • 99 Dromore Rd., Scarsdale. 914-723-3470. www.greenburghnaturcenter.org

June 20: Children's Play Day Kids dress up in costumes and learn the basics of 18th-century country dances. Recommended ages 6-12. Free. 11 a.m. • *Clermont State Historic Site*. 87 Clermont Ave., Germantown. 518-537-6622. www.friendsofclermont.org

June 20: Hikes on the Hudson River School Art Trail Participants hike from the Catskill Mountain House to North-South Lake with a guide to view the natural landscape that inspired the Hudson River School painters. Pre-registration required. Call for pricing and times. **June 27: Summer Party** Enjoy cocktails, dinner, dancing, and fireworks, all to benefit the Thomas Cole National Historic Site. 7 p.m. Call for pricing. • 218 Spring St., Catskill. 518-943-7465. www.thomascole.org

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June 6: Law Enforcement Day

Learn what it's like to be a police officer. Law-enforcement equipment and vehicles will be set up on the Vassar Alumni Lawn for a fun day of interaction. Kids get the chance to be up close and personal with police cars, flashing lights, and whirring sirens, and to ask the officers questions, too. Free activities and information about local youth services are also available. 11 am - 3 pm; free. Rain date: June 7. Raymond Ave., Poughkeepsie; www.arlingtonhasit.org

Going Buggy

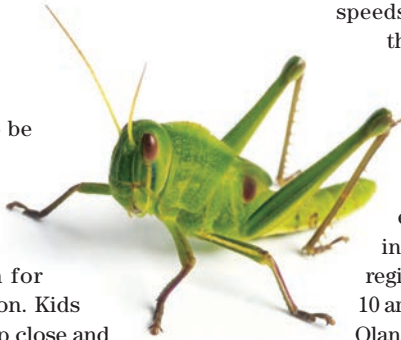
June 20: Little Grasshoppers

Learn about these little leapers — things like what they eat and where they live — in the museum's own Grasshopper Grove, then enjoy some free playtime. Recommended ages: 2 - 6. 10 am \$3, museum members free. June 27-28: Butterfly Weekend View colorful illustrations — and live butterflies. Knowledgeable guides give walking tours, and kids have the opportunity to create their own butterfly-themed crafts. Recommended ages: 5 and up. Non-members: \$8, \$6 children; members: \$6, \$4 children. Hudson Highlands Nature Museum Outdoor Discovery Center. 100 Muser Dr., Cornwall, 845-534-5506 ext. 204; www.hhnaturemuseum.org

No Damsel in Distress

June 20: 21st Century Damsels and Dragons

Did you know that dragonflies can reach



speeds of 30 miles per hour when they fly? Do you know the difference between dragonflies and damselflies? Learn these fun facts and more from an insect expert — and, if you're brave enough, you can even try your hand at catching the winged beauties. Pre-registration is required by June 18. 10 am- noon. \$5, free for members. Olana State Historic Site. 5720 Rte. 9 G, Hudson, 518-828-0135. Rain location: Wagon House Education Center.

www.olana.org

Super Summer

Jun 26: Celebrate Summer

The Mid-Hudson Children's Museum welcomes the heat with its annual festival. With both indoor and outdoor activities, the fest promotes healthy living. Performer Jay Mankita plays songs that teach kids about good diets and sustainable living from his album *Eat Like a Rainbow*. Kids have the opportunity to make their own healthy snacks, do arts and crafts, and participate in a bike rodeo. Talented skateboarders from the nearby skate park even show off their skills in a special demonstration. 10 am-2 pm. \$12, \$8 museum members. 75 N. Water St., Poughkeepsie, 845-471-0589; www.mhcm.org



Stories in the Woods

June 28: Story Walk Kickoff

The annual Story Walk program is back. Participants are led down a wooded trail while listening to a classic children's story. This year's book is *Red Fox at Hickory Lane* by Kathleen M. Hollenbeck. California Pizza Kitchen will be on hand with food and drinks to sample, and each child will get a free bookmark. Program runs through September 27. Recommended ages 8 and younger. 1 pm; free admission. Greenburgh Nature Center. 99 Dromore Rd., Scarsdale, 914-723-3470; www.greenburghnaturecenter.org





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Tasty Tradition

The cassoulet, a traditional white bean soup, is served in an oversized cast iron skillet. "It has four different kinds of pork in it, as well as duck," says Manager Michael Vierra. "It's quite nice."

TABLE TALK

Vive la France

A longtime bistro continues to serve up traditional French fare to its legions of loyal fans. **BY JENNIFER LEBEA**



Classic choices Le Bouchon serves five varieties of mussels, but the traditional Mussels Marinier (left) remains the fan favorite. The steak frites dish (below) — with mounds of shallot butter piled on the meat — is also a crowd pleaser.



Things don't change all that much at Le Bouchon, the perennially cozy French bistro on Cold Spring's main drag. "We still don't have a website and every time we try to upgrade the place, we get a blowback," says Manager Michael Vierra. "Lots of people want it to stay the same way that its always been. It's rustic, it's got that cute little porch out front. People seem to really remember it — even if they only come back once or twice a year."

Of course, customers are remembering both the Paris-chic ambience and the très traditional French food. "My boss is very old school and traditional," says Vierra, about Pascal Graf, who opened the beloved eatery thirteen years ago. "He's a charcutier; that's what he learned to do when he was young, so he makes our boudin noir sausage and from time to time, he

even makes the prosciutto."

After a recent visit, I'm happy to report that Le Bouchon continues to do the classics very well. For starters, my friend and I shared the Moules Marinieres and the escargot. Both were out of this world. "Our staple here is the mussels," says Vierra. "We have five different kinds, but the most popular is still the traditional. We use only Prince Edward Island mussels, and then it's shallots, parsley, garlic, white wine, and butter — lots of butter." The escargo is also buttery, accented with parsley and a hint of anise. It is served in a deep pewter dish — perfect for endlessly dipping the peasant style bread, which comes daily from Neri's Bakery in Port Chester.

I ordered the steak frites for my main course; a dish that *has* recently transformed. "We changed the steak to a flatiron steak. I'd say that 90 percent of our customers have received this

After a recent visit I'm happy to report that Le Bouchon continues to do the classics very well.

Le Bouchon
Open daily,
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very well. Some people miss hanger steak because they really like hanger steak, but flatiron looks better and you can slice it up nicely and we serve it with the shallot butter on it." The dish is served with a gargantuan portion of their famous pomme frites, accompanied by the ever-popular garlic mayo. "We make the fries in house every single day," says Vierra. "We double blanch them, soak them, and fry them twice. All this makes the coating super crispy."

My friend opted for the wild Atlantic salmon, a big piece of fish that was Parmesan-encrusted and served with couscous, olive relish, and a homemade pesto sauce. "Its funny, some of those things don't sound like they would necessarily go together," says Vierra. "But when you have the dish you really get it." I have to agree with the manager's assessment — we both got it.



Old-fashioned hospitality “People seem to remember [Le Bouchon] - even if they come back once or twice a year,” says Manager Michael Vierra.

The desserts also tend to be traditional: crème brûlée (“We change the flavor each week,” says Vierra), chocolate mousse, and profiterols, among others. “Sometimes profiteroles are filled with cream, but ours are done with vanilla ice cream and hot, dark chocolate on the side to pour over them,” says Vierra.

While the small restaurant — it seats about 35 people, plus another four at the tiny bar — is busy year-round, capacity expands during the warmer weather with the addition of the back garden. “I have seven tables back there, seating about 25 people,” says Vierra. “If I can get 20 people back there, I’ll reserve the whole backyard for them. I’ve even had a few small weddings there recently. The couples get married down by the water and then everyone comes up here.” The four tables on the front porch, seating two apiece, are also very popular. “Occasionally I can squeeze in a third person,” says Vierra, noting it is prime people-watching territory. “You can see everything weird that is happening on Main Street, plus you get a really great breeze. Even on my day off, I like to sit there and have a glass of Reisling.”

The eclectic clientele keeps things interesting. “It’s not uncommon to walk in and see a couple of guys who have just gone hiking, with their socks up to their knees, sitting on the front porch sharing some mussels and having a couple of beers. Then you come inside and there is a gentlemen in a three-piece suit,” says Vierra. “It’s excellent.” ●

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Jane's Ice Cream uses quality ingredients from the Hudson Valley to make their frozen treats.

Frozen Fun

Jane's Ice Cream celebrates 30 years of churning out artisanal ice cream. **BY ALIA AKKAM**

It was 1985 when Brooklyn-bred, New Jersey-reared Jane Keller abandoned fancy restaurant kitchens to open a cozy Phoenicia café serving, among other things, homemade ice cream. At that time, her sister, Amy, took a hiatus from the hotel-management world to join her in the Hudson Valley. Thirty years later, Amy and her husband, Robert Guidubaldi, have transformed **Jane's Ice Cream** (Jane left to become a teacher) into a wildly popular Kingston-based wholesale operation that churns out creamy, robustly flavored confections to establishments throughout the tri-state area and beyond, including the Beacon Creamery and the Wallkill View Farm Market. The pair ditched their Kingston storefront in 2005, but continue to be a popular fixture at the

Kingston Farmers' Market on Saturdays. As Jane's Ice Cream approaches its momentous 30-year anniversary, Amy, in the midst of perfecting a new Birthday Bash flavor (try as we might, Amy would not give us one clue as to what flavor combinations we could expect) for the occasion, gives us the scoop on the beloved family-run biz.

Q: Where did the Keller sisters first get their love of ice cream?

A: Our grandfather started a chocolate syrup brand for egg creams, and our dad and his two brothers took over the business, making and distributing high-end niche products. Although we didn't join the company, ice cream was always a big part of our lives, so Jane's was a natural evolution.

"Ice cream was always a big part of our lives, so Jane's was a natural evolution."

Q: How did those ice-cream cakes become so iconic?

A: We started making the house special — layers of chocolate, vanilla, and strawberry with chocolate chips on the side, cookies on the bottom, and fudge on top — for family celebrations. Once you have one, it's like a chain reaction. Soon, everyone started calling to order cakes. We think people love them because they are especially dense.

Q: Jane's crafts more than 80 flavors of ice cream. What are some favorites that will never go away?

A: The Killer Chocolate, Cappuccino Kahlua Caylypso, Coconut Almond Joy, and Vanilla Bean are all top sellers. Some of my own favorites are more unusual, like Apricot Orange Blossom and the Seduction with toasted sesame, pumpkin, and sunflower seeds in vanilla ice cream.

Q: What do you think makes your ice creams stand out from the pack?

A: Our flavors are extremely bold. Everything is made in small batches, so we have a hands-on approach that allows us to be consistent. We've never cut corners.

Q: In addition to using quality ingredients like milk from New York State cows and whole fruit, you embrace Hudson Valley purveyors whenever possible.

A: Yes. For example, we source currants for our beautiful royal purple-swirled Currants & Cream from Crop Pharms in Staatsburg. We also had a flavor that incorporated crumb cake from Deising's Bakery [in Kingston].

Q: Any big celebrations to mark this year's major milestone?

A: On July 18, we'll be at the Kingston Farmers' Market giving away ice cream and letting folks make their own sundaes with ingredients supplied by Kingston Candy Bar. There will be street performers and costumed characters, but mostly it will be fun. The ice cream business is a pretty happy one to be in. Everybody smiles.

Love locally made ice cream?

Then try cooling off with one of these other artisanal Hudson Valley creations:

Goodbye Pre-Made Mixes

So passionate about the good stuff are the folks at Tuxedo-based Greenfield Ice Cream that they transformed their company into a New York



State-certified dairy. Here, they pasteurize their own base of real cream, milk, eggs, and sugar, which spawns such rich flavors as Salted Caramel, Cinnamon, and PB'n Chip. These custardy French-style pints (which will set you back \$7.99 at upscale retail stores) also embrace organic herbs and spices. Hosting a big bash? Skip the cake and serve up their perfectly sized ice cream "Party Cups," complete with little wooden spoons. www.greenfieldicecream.com

Mountain Madness

After a career in accounting and finance, Paul Nasrani succumbed to youthful memories of ice cream savored at the Silver



Bay Store on Lake George and started Adirondack Creamery at that very fabled spot. Later, he joined forces with Kingston-based Boice Bros. Dairy, where his team makes all-natural flavors including U-Pick 'Em Chocolate Cherry Chip, Caramel Apple, and Kulfi Pistachio Cardamom with fresh, hormone-free milk from local farms. www.adirondackcreamery.com

Red Army

Strawberry season has arrived.

BY SABRINA SUCATO

Every June, both locals and city visitors flock to Hudson Valley farms for the sweetest pickings around—strawberries. Not only do they deliver the sweet-tart taste that completes so many desserts, but they also pack a load of health benefits that will make you crave them all year long.

Strawberries, which are actually members of the rose family and the only fruit with the seeds on the outside, contain high levels of antioxidants. A bowl easily satisfies your vitamin C requirement for the day and boosts immunity. They also work wonders on puffy eyes, acne prone skin, and cracked feet. For instance, mixing a handful of strawberries with a few drops of glycerin and ground oats creates a naturally moisturizing foot scrub.

The nutrients in strawberries can strengthen eyes and prevent cataracts. Strawberries also contain a fair amount of manganese—enough to promote healthy bones. The fruit is loaded with fiber and a phytochemical called ellagic acid, which work on maintaining healthy digestive systems and keeping wrinkles away, respectively.

Aside from being vitamin-packed powerhouses, strawberries—especially picked-from-the-farm strawberries—are one of the most delicious fruits to eat. Load them on shortcake with fresh whipped cream, drop them in a glass of Prosecco, mix them with blueberries and yogurt, or combine them with avocado into salsa.



The Valley boasts a number of pick-your-own farms like **Secor Farms** in Wappingers Falls, **Samascott Orchards** in Kinderhook, **Lawrence Farms Orchards** in Newburgh, and **Ochs Orchard Farm Market & Pick Your Own** in Warwick.

Plus, don't forget to stop by the **Strawberry Festival** on June 14 from noon to 5 p.m. at the Beacon Riverfront Park to enjoy fresh strawberry shortcake, chocolate-dipped strawberries, and strawberry smoothies plus food and craft vendors, kids' activities including storytellers, and a live music stage.

Doggie Diner

A Kingston eatery welcomes four-legged friends. BY ALIA AKKAM

The sign above the bar at the **Armadillo Bar & Grill** in Kingston pretty much says it all: "Dogs Welcome, People Tolerated." Owner Merle Borenstein is a vocal animal activist who has long welcomed well-behaved canines to hang out on the patio of the popular Mexican joint she opened more than 20 years ago.

"Some of our clientele are driving up from the city on a Friday and they have their dogs in the car. We don't want dogs sitting in a hot car while people are eating. So, we let them come on the patio and sit in the shade with their family. We serve them poached chicken breasts and ice water," she says. "Sometimes we'll even freeze chicken stock and make it into ice cubes for them."

Borenstein rattles off the names of some of her regulars. "There is Cooper, the chocolate Labradoodle, Percy, the Yorkie, Paisley, the Peekinese," she says before noting that Gunther, a Boxer was even wed to another pooch right there on the patio."

Says Borenstein: "Our only requirement is that the dogs are leashed and well-behaved. Sure, occasionally one or two dogs bark, but it all works pretty well."



Here are a couple of other restaurants that also put out the welcome mat for your beloved canines:

While "Meatloaf Mondays" and fish & chips are draws at **Red Dot Restaurant & Bar**, smokers also love this neighborhood institution in Hudson knowing they are free to light up in the shadow of the welcoming outdoor fireplace. Likewise the garden, lush with greenery and bright yellow tables, also welcomes pooches.

Le Chambord, a one-time circa-1863 Georgian mansion in Hopewell Junction, makes a lovely backdrop for an inn. But for those who can't steal away for the entire night, come for dinner where the dog-friendly, flower-bedecked terrace is an equally romantic lair for pistachio-crust rack of lamb.

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The First Draft

Sour Power

Pucker up: sour is the sweetest new trend in craft beer. **BY DEREK DELLINGER**

You've probably heard of sour beer by now; after all, it's one of the hottest new trends around. And the style sounds self explanatory—it's just beer that has gone sour, right?

In a very literal sense, that may be true. But it's a subject that gets more complicated the deeper you dive into it. Sour beers may be sour, but they come from a family of beer styles that are among the most complex beverages in the world, relying upon the unpredictable powers of wild yeast and bacteria.

Sour beers can range in flavor from lightly tart to bracingly acidic, balanced and simple to multi-layered and wild, all depending on the brewer's intention. One might sometimes find drier beers—farmhouse ales like saison, for instance—to offer slight tartness in the finish, without approaching mouth-puckering acidity. Simpler sour styles like Berliner Weisse and Gose can be more sour-forward, with a succulent, lemonade-like tartness that's incredibly refreshing, as acidity stimulates salivation. And though they may be harder to find, aged sours, often barrel-aged for years and blended, can range across the entire spectrum of flavor, showcasing the multi-layered nuances of wild fermentation. The best of these aged sours are becoming collector's items in the craft beer world due to their unrivaled flavor—nearly impossible to describe, as there's simply nothing else like it. Certainly, sourness is a major characteristic, but it's the subtle fermentation nuances coloring in the corners that make these beers a subject of such fascination.

Fortunately, a few Hudson Valley brewers are so passionate about all types of sour

beers, they're overcoming the technical challenges of producing them on a regular basis. Indigenous, from the **Brewery at Bacchus** (New Paltz), is an aged sour ale that demonstrates the complexity and depth such beers can achieve—one of the best I've ever had in New York, in fact. At his farmstand in Fishkill, **Plan Bee Farm Brewery** releases

a few limited aged sours every year, often aged on local fruit to create a mingling of juice and funk. Switch out your wine with one of these beers the next time you're having salad and steak, and prepare to have your mind blown as these acidic ales cut through salt and fat and tame tart dressings in totally new ways.

Beers with a particularly funky side to them from wild yeast happen to be among the few beverages that can stand up to and complement a good stinky cheese—**Peekskill Brewery's** Simple Sour, for instance, which has become one of the most accessible sour beers made in New York, with a lighter, citrusy sour character. Keep an eye out for similar sours made by **Newburgh Brewing** and **Sloop Brewing** (Elizaville, NY) as well. Both often experiment with adding unusual ingredients, showing off the incredible versatility of these beers in a culinary function. Such sours go great with clams and oysters—not least because Newburgh's Black Oyster Cult includes them in the actual recipe.

While beers can range widely in their levels of acidity, a sour beer should ultimately be refreshing and balanced, above all. Sourness

in general may not have the best connotations, but it's hard to argue with refreshment. Who would turn down a cold glass of lemonade on a summer day? Sour beer quenches that same thirst.



Open For Business

Monroe offers diners a taste of homemade Italian dishes at new craft kitchen **BY JILLIAN PHIPPS**



A decent Italian meal is hard to come by these days—too much of this, not enough of that. Are the days of enjoying Nonna’s homemade favorites long gone? Fortunately, Monroe’s Scalia family does Italian right.

Scalia & Co. Craft Kitchen and Bar, located in the heart of Monroe, is the brainchild of the Scalia brothers—Vito, Peter, and Marco. Owned and operated by the three brothers and Mark Glielmi, the casual Italian eatery brings Nonna’s homemade dishes to the table.

The Scalias know what they’re doing when it comes to Italian nosh. The family has been providing Monroe with the best in Italian fare for 40 years at The Best of Little Italy deli, located next-door to Craft Kitchen.

A little exposed brick and some industrial touches lend an urban, Manhattan-esque vibe to the two-story space without the hassle of traveling to the city or dealing with its sky-high restaurant prices. Have a seat at the bar for some fresh local oysters and one of their nine imported and local craft brews on tap or snag a seat in a cozy booth for some homemade pasta and a specialty pizza. Our recommendation: shrimp and pesto pizza — crushed tomatoes, homemade mozzarella, roasted garlic shrimp, and homemade basil pesto...Are you drooling yet?

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\$ Average entrée under \$10 \$\$ Average entrée \$15 \$\$\$ Average entrée \$20 \$\$\$\$ Average entrée \$25 or more

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Dutchess

ALOY'S ITALIAN RESTAURANT Getting a slice of pizza at this establishment is equivalent to eating a slice of history: Opened in 1929, it is the oldest pizza parlor in the Valley. But it isn't limited to pies — the eatery is a full Italian restaurant that serves everything from chicken Gorgonzola to traditional pasta Bolognese that is prepared with veal, beef, and pork. Dinner Wed.-Mon.; lunch Thurs.-Fri. • *Poughkeepsie* — 157 Garden St. 845-473-8400. \$\$ www.aloysrestaurant.com

ANOTHER FORK IN THE ROAD This diner/restaurant derives its name from the 31-foot-tall dinner fork stuck in the ground at a nearby intersection. Dishes like scallops with corn salad, tomato panzanella, handmade mozzarella, and the Fork Burger satisfy many a hungry customer. All meals Thurs.-Mon. • *Milan* — 1215 Rte. 199. 845-758-6676. \$\$\$-\$\$\$ **review** Sept. 2012

AROI THAI RESTAURANT Bright, airy rooms with hardwood floors create an ideal environment for traditional Thai cuisine. Popular entrées include Panang duck, pad Thai, and red curry chicken — all prepared with fresh and authentic ingredients. Lunch Thurs.-Mon., dinner daily. • *Rhinebeck* — 55 E. Market St. 845-876-1114. \$\$-\$\$\$ www.airoirestaurant.com

AROMA OSTERIA From the crusty bread served with olive oil; through the hearty pastas and inventive meat, fish, and seafood dishes; to the perfect tiramisu, Chef Eduardo Lauria's rustic fare is as authentically Italian as it gets. Lunch & dinner Tues.-Sun. • *Wappingers Falls* — 114 Old Post Rd. 845-298-6790. \$\$\$ www.aromaosteriarestaurant.com

AVOCADOS Housed in a bright orange building, this eatery serves up family-friendly Mexican cuisine with a modern twist. Naturally, avocados reign supreme with tableside guacamole and avocado fries emerging as fan favorites both here and at their sister location in Cornwall. Lunch & dinner daily. • *Fishkill* — 213 Rte. 82. 845-896-3020. \$-\$\$ www.avocadosfishkill.com

BABYCAKES A favorite of Vassar students and local residents alike, this neighborhood hangout earned its loyal following through its strong New American menu. Thyme-roasted chicken and goat cheese rounds share the spotlight with the likes of Babycakes' famous burger and rigatoni Bolognese. Customers also enjoy the full bar and six beers on tap. All meals Tues.-Sat., Sun. breakfast & lunch. • *Poughkeepsie* — 1-3 Collegeview Ave. 845-485-8411. \$\$-\$\$\$ ✦ www.babycakescafe.com

BABETTE'S KITCHEN "Simply good food" is the mantra at this gourmet market/coffee shop. Enjoy shepherd's pie, oven-fried chicken with hoppin' John, or focaccia pizza; the locally roasted organic coffee pairs well with fresh baked muffins and biscuits. All meals Wed.-Mon. • *Millbrook* — 3293 Franklin Ave. 845-677-8602. \$ www.babetteskitchen.com

IL BARILOTTO An offshoot of Aroma Osteria, this more-intimate spot is set in a 19th-century brick building and offers Italian dishes (pappardelle with duck confit, sausage and pine nut-stuffed quail) with a contemporary flair. Lunch & dinner Mon.-Sat. • *Fishkill* — 1113 Main St. 845-897-4300. \$\$\$ www.ilbariottorestaurant.com

THE BLUE FOUNTAIN With an illuminated outdoor fountain and authentic Mediterranean dishes and décor, this restaurant allows guests to feel as if they've been transported to Italy. Sole fiorentina, veal Sinatra, chicken marsala, zuppa di pesce — along with other favorites — dominate the menu. Lunch Tues.-Fri., dinner daily. • *Hopewell Jct.* — 826 Rte. 376. 845-226-5570. \$\$\$ ✦ www.thebluefountain.com

BIG W'S ROADSIDE BAR-B-Q Fancy it's not, but those in search of tasty comfort food will rejoice in Big W's beef brisket; sloppy ribs; and the popular Slow Chicken, which is smoked for up to six hours. Traditional homemade sides and huge portions add to the down-home appeal. • *Wingdale* — 1475 Rte. 22. 845-832-6200. \$-\$\$ www.bigwsbbq.com

BRASSERIE 292 With its white tile walls and restored tin ceiling, this hip new spot on Poughkeepsie's "Restaurant Row" offers French-influenced bistro cuisine in a casually elegant environment. The raw bar features oysters and clams along with lobster, mussels, and shrimp. But the ribeye and steak frites have their fans, too. And the white marble bar offers a fine selection of wines and craft beers. Lunch weekdays, dinner Mon.-Sat., brunch Sun. • *Poughkeepsie* — 292-294 Main St. 845-473-0292. \$\$\$-\$\$\$\$ www.brasserie292.com

CAFÉ AMARCORD Italian-inspired dishes — Parmesan tempura green beans with herb aioli, seared foie gras with cranberry-apple chutney — offer a taste of the boot with a global scope. The ochre-colored interior and low lights make for a romantic atmosphere. Lunch & dinner Tues.-Sun. • *Beacon* — 276 Main St. 845-440-0050. \$\$\$ ✦ www.cafeamarcord.net

CAFÉ MAYA The family-friendly atmosphere complements this spot's regional Mexican menu. Authentic cochinita pibil (a traditional meal of slow-roasted pork) and steak fajitas are customer favorites. Sister restaurant Maya Café can be found in Fishkill. Lunch & dinner daily, brunch on weekends. • *Wappingers Falls* — 2776 W. Main St. 845-632-3444. \$\$ ✦ www.mayacafecantina.com

LE CHAMBORD RESTAURANT-INN A Valley mainstay for more than a quarter century,



NORTH PLANK ROAD TAVERN When customers dine at this restaurant, they're eating amid history: The building dates back to 1801, originally serving as a tavern and boarding house for weary stagecoach travelers; during Prohibition it functioned as a speakeasy. Modern-day patrons can enjoy dishes made from locally-sourced ingredients, like the braised pork shoulder with maple and sherry glazed carrots, and seasonal greens. For dessert, don't miss out on the always popular beignets with cinnamon sugar. Go back in time with the 1900s decor in the dining room or enjoy a meal alfresco among the flowers on the patio. Lunch and dinner Tues.-Sat. • *Newburgh* — 30 Plank Rd. 845-562-5031. \$\$-\$\$\$ ✦ www.northplankroadtavern.com

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About Chef Zach Wade

Where were you born?
Brockton, MA

What is your chef training? I was fortunate to work for some great chefs in my career. I owe most of my success to them.

What would you do if you weren't a chef? Outdoor Education

Besides where you work, what is your favorite restaurant in the Hudson Valley? Market Street in Rhinebeck. The food up there is fantastic; those guys do a great job.

What is the best kept secret about being a successful chef?
Be humble, always.

What are three ingredients you can't live without? Salt, bacon, fat, and beer. It's a winning combination.

What is your favorite beverage?
Ice cold Budweiser

What is your favorite dessert?
Panna cotta

When did you start working at this establishment? August 2014

What is the best thing about working at your establishment?
Cooking in an open environment and being able to interact with the incredible customers.

What is your signature dish? Pork belly tacos. Our house kim-chi is out of this world!

this romantic Georgian Colonial-style restaurant has kept up with the times with its recently revamped menu, which offers American-Continental fare (rack of lamb, short ribs, souffles) a new bistro menu (soups, salads and sandwiches), and a special anniversary three-course dinner. Lunch Mon.-Fri., dinner daily, Sunday brunch. • Hopewell Junction — 2737 Rte. 52. 845-221-1941. \$\$\$ www.lechambord.com

CHARLOTTE'S The country European menu changes daily, and emphasizes fresh produce. Enjoy one of their popular favorites like rack of lamb, and venison medallion with potato gratin, or one of the specialties made on their wood burning grill. Take a stroll among the flowers on the sprawling grounds, which offer breathtaking views of the rolling green hills. Lunch Fri.-Sun., dinner Wed.-Sun., Sunday brunch. • Millbrook — 4258 Rte. 44. 845-677-5888. \$\$\$ www.charlottesny.com

CINNAMON INDIAN BISTRO Mixing the delicacies of India and Sri Lanka, this eatery offers spicy creations typical of those regions, like bagari jinga (shrimp flavored with garlic, mustard seeds, and curry leaves) and the ever-popular tandoori chicken. Lunch and dinner daily. • Rhinebeck — 5856 Rte. 9. 845-876-7510. \$\$-\$\$\$

THE CORNER Located inside the century-old Hotel Tivoli, this Mediterranean farm-to-table eatery serves up the best of the Valley's produce. Chef Devon Gilroy has provided an ever-changing seasonal menu, which includes such delicacies as cumin roasted chicken breast with preserved lemon and olives, as well as seared arctic char with razor clams, maitake mushrooms, and parsnip. Dinner Sun.-Fri.; brunch Sat.-Sun. Closed Tues. • Tivoli — 53 Broadway. 845-757-2100. \$\$\$ www.hotelzivoli.org

COSIMO'S TRATTORIA This casual eatery has five big rooms, soaring ceilings, and Tuscan-style décor. The New World Italian menu features favorites such as grilled chicken penne, skillet-seared salmon, and wood-fired pizza. Winner of 2004 Sonnenschmidt award for best restaurant. Lunch & dinner daily, Sunday brunch. • Poughkeepsie — 120 Delafield St. 845-485-7172. \$-\$\$ www.cosimospoughkeepsie.com

COYOTE GRILL Bring your appetite to this eatery, which highlights eclectic New American fare — from Tex-Mex egg rolls and nachos to "big bowls" of pasta and rice dishes. Lunch & dinner daily, brunch on weekends. • Poughkeepsie — 2629 South Rd. 845-471-0600. \$\$-\$\$\$ www.coyotegrillny.com

CRAVE RESTAURANT & LOUNGE Exposed brick and decorative lighting give this restaurant a chic Manhattan look. The menu offers seasonal local foods prepared in unusual ways. Braised octopus with chorizo and smoked tomato vinaigrette, and New York strip steak with roasted eggplant and wild mushroom bread pudding are just a few of the specialties. Dinner Tues.-Sun., Sunday brunch. • Poughkeepsie — 129 Washington St. 845-452-3501. \$\$\$ review Oct. 2010 www.craverestaurantandlounge.com

CREW RESTAURANT & BAR Casual dining in a sophisticated atmosphere makes this eatery inviting for all ages. The diverse menu offers Continental American cuisine — with favorites like veal saltimbocca and pan-seared catfish — for both dine-in and take-out. Lunch & dinner daily, Sunday brunch. • Poughkeepsie — 2290 South Rd. 845-462-8900. \$\$-\$\$\$ www.crewrestaurant.com

CULINARY INSTITUTE OF AMERICA Students at the internationally renowned cooking school staff four on-campus restaurants and a bakery café. Closed most of July and during school breaks; reservations a must. **BOCUSE RESTAURANT** Traditional French cuisine with an updated, modern touch. Lunch & dinner Tues.-Sat. \$\$\$ **RISTORANTE CATERINA DE' MEDICI** Regional Italian dishes. Lunch & dinner Tues.-Sat. \$\$\$ **THE AMERICAN BOUNTY RESTAURANT**

Regional specialties prepared with the Valley's freshest ingredients. Closed Sun.-Mon. \$\$\$ **PANGEA** This pop up eatery, serving sophisticated street food, is open through June 2015. **APPLE PIE BAKERY CAFÉ** Scrumptious desserts and café fare served in a relaxed setting. Weekdays 8 a.m.-6:30 p.m. • Hyde Park — Rte. 9. 845-471-6608 www.culinary.edu

THE DAILY PLANET Owned by a CIA graduate, this classic diner features fun, pop-culture décor from the 1950s through '80s. A variety of dishes — from standards like omelettes and burgers to steaks and seafood platters — crowd the menu, and there's a bakery on the premises. Open daily. • LaGrangeville — Rte. 55. 845-452-0110. \$ www.dailyplanetdiner.com

DARYL'S HOUSE If you think the name sounds familiar — you're right. Legendary musician Daryl Hall has had so much success with his TV series *Live at Daryl's House*, that he opened a restaurant and concert venue with the same name — and even used the rustic location to film the series. Savory pastas, sizzling burgers, and mouth-watering steaks dominate the menu. However, you don't need to be a "Rich Girl" to chow down — the reasonably priced entrées and concert tickets make Daryl's House a go-to destination for stellar music and delectable dishes. Dinner Wed.-Sun. • Pawling — 130 Rte. 22. 845-289-0185. \$\$\$ www.darylshouseclub.com

EVEREADY DINER Classic diner fare: freshly roasted meats, home-baked pies, and milkshakes with ice cream produced at a local farm. Visitors to the village's historic sites come here for great service and can't-beat-'em prices. All meals daily, breakfast at any hour. • Hyde Park — 540 Albany Post Rd. (Rte. 9). 845-229-8100. \$-\$\$ www.theevereadydiner.com

FLATIRON STEAKHOUSE The dark wood floors and bluestone bar provide a relaxed setting for this steakhouse/fine dining spot. Besides a selection of prime steaks, the menu boasts options like caramelized sea scallops, molasses-brained pork belly, and duck burgers. Closed Mon.-Tues. • Red Hook — 7488 S. Broadway. 845-758-8260. \$\$\$ review Dec. 2008 www.flatironsteakhouse.com

GIGI TRATTORIA The stylish interior sets the stage for traditional and innovative Italian-Mediterranean fare that ranges from flatbread skizzas and panini to dishes like baby chicken roasted under brick with sausage. Open daily for lunch & dinner. • Rhinebeck — 6422 Montgomery St. 845-876-1007. \$\$ www.gigitrattoria.com

THE HOP Located in the heart of trendy Beacon, this hot spot serves country French cuisine — like chicken liver pâté — and myriad local cheeses and charcuterie. Customers also appreciate the tasting room complete with 250 craft beers, including nine on tap. Lunch & dinner Wed.-Mon. • Beacon — 554 Main St. 845-440-8676. \$-\$\$ www.thehopbeacon.com

HUDSON'S RIBS & FISH Let the nautical décor catch your eye as you choose from some of the Valley's freshest seafood. Meat lovers can try the hand-cut steaks or baby back ribs. Be careful not to fill up on their signature hot popovers served with strawberry butter. Dinner daily. • Fishkill — 1099 Rte. 9. 845-297-5002. \$\$\$ www.hudsonsribsandfish.com

HYDE PARK BREWERY This all-American eatery pays homage to Hyde Park history with favorites like the FDR Grilled Garlic Steak Sandwich and Eleanor's Blackened Chicken Wrap. The menu is specially designed to complement the eight flavors of house-brewed beer, many of which are used as ingredients in the dishes on the menu. Lunch Wed.-Sun., dinner daily. • Hyde Park — 4076 Albany Post Rd. 845-229-8277. \$\$-\$\$\$ www.hydeparkbrewing.moonfruit.com

LEO'S ITALIAN RESTAURANT Leo's boasts a "menu to please all tastes," with signature dishes like grilled

filet mignon with sautéed baby shrimp and portobello mushrooms. Chow down on gourmet pizza while enjoying the contemporary Tuscan setting. Lunch & dinner daily. • **Wappingers Falls** — 1475 Rte. 9D. 845-838-3446. \$\$-\$\$\$
www.leospizzeria.com

THE LOCAL RESTAURANT & BAR Created by locals for locals, Chef Wesley Dier's dual-level restaurant focuses on regional recipes made from Valley products. Guests of the "country-chic" eatery enjoy signature dishes like sweet potato ravioli, grass-fed beef sliders, and banana bread pudding — as well as an all-American beer and wine list. Dinner Tues.-Sun. • **Rhinebeck** — 38 W. Market St. 845-876-2214. \$\$\$\$ review Apr. 2011
www.thelocalrestaurantandbar.com

LOLA'S CAFÉ & CATERING Casual, modern American fare makes this the spot to go to for a fast lunch. Homemade soups, panini, and vegetarian sides are just some of the offerings available, although Thai spicy peanut noodles are a regular favorite. Off-premises catering is also available. Lunch Mon.-Fri. • **Poughkeepsie** — 131 Washington St. 845-471-8555. \$
www.lolascafeandcatering.com

MAHONEY'S IRISH PUB & RESTAURANT This two-story restaurant is housed in the former Vassar Brothers Brewery. Regulars love the Irish and American dishes, including marinated sirloin steak and Moira's Shepherd's Pie with Irish stout gravy. Lunch & dinner daily, brunch on weekends; entertainment four nights a week. • **Poughkeepsie** — 35 Main St. 845-471-3027. \$\$ review
www.mahoneysirishpub.com

MAYA CAFÉ Venture south of the border and savor favorites like en-chiladas de mole poblano and tacos de pescado. A mariachi band adds even more spice to the Mexican flavor on Friday and Saturday nights. Lunch & dinner daily, brunch on weekends. • **Fishkill** — 448 Rte. 9. 845-896-4042. \$\$
www.mayacafecantina.com

McKINNEY & DOYLE FINE FOODS CAFÉ This cozy storefront café, housed in an old brick building, attracts diners from the tri-state area who come for the award-winning brunch (the strawberry cream cheese pancakes draw raves), as well as lunch and dinner. Don't miss the desserts, pastries, and breads made from scratch at the adjoining Corner Bakery. Closed Mon., bakery open daily. • **Pawling** — 10 Charles Coleman Blvd. 845-855-3707. \$\$\$
www.mckinneyanddoyle.com

MILL HOUSE BREWING COMPANY Brilliant brewing meets creative cuisine at this Poughkeepsie locale. The interior exudes a simultaneously rustic and classy vibe with its reclaimed wood features. Large glass windows give diners a peek into the brewery where several beer varieties are prepared. Patrons love the house-made sausages, BBQ brick oven pizza, and buffalo fried oysters. Lunch & dinner Wed.-Mon. • **Poughkeepsie** — 289 Mill St. 845-485-2739. \$\$-\$\$\$ review
www.millhousebrewing.com

PALACE DINER Open 24/7, this family-friendly diner features a 1920s-style ambiance and a menu with something for everyone. All food is made from scratch daily; customer favorites include chicken walnut salad with cranberries and Gorgonzola, and the Red Fox Wrap (chicken tenders with smoked bacon and cheddar cheese). • **Poughkeepsie** — 194 Washington St. 845-473-1576. \$\$-\$\$\$
www.thepalacediner.com

POUGHKEEPSIE ICE HOUSE Dine between the Mid-Hudson Bridge and the Walkway Over the Hudson on Poughkeepsie's waterfront. This cozy restaurant serves sophisticated yet casual dishes, like spiced molasses filet mignon and blueberry almond bread pudding, making use of both international and local inspiration. Lunch and dinner daily. • **Poughkeepsie** — 1 Main St. 845-232-5783. \$\$\$ review
www.poughkeepsieicehouse.com

LA PUERTA AZUL Mexican fare with a modern twist is featured at this vibrant restaurant that sports a

waterfall, hammocks, and a cantina. Tableside guacamole, coffee rubbed filet mignon, and sizzling fajitas are some of the most popular dishes. The daily happy hour (4-7 p.m.) and Friday night music keep the atmosphere lively. Lunch & dinner daily, Sunday brunch. • **Millbrook** — 2510 Rte. 44. 845-677-2985. \$\$\$ www.lapuertaazul.com

RED DEVON RESTAURANT & MARKET The Valley's first "green" restaurant features muted colors and white tablecloths; the menu includes produce and meat from sustainable farms in the area. Lighter favorites include toasted hazelnut and goat cheese salad. Heartier appetites go for the handmade pastas: tagliatelle with creamy pesto, or mushroom and leek ravioli. Breakfast & lunch Thurs.-Sun. • **Bangall** — 108 Hunns Lake Rd. 845-868-3175. \$\$\$\$ review June 2009
www.reddevonrestaurant.com

RED LINE DINER From the Vanikiotis family comes this sleek, modern diner, which boasts an extensive menu of both traditional and contemporary dishes. Standing out above the rest are the Reuben sandwich, the double burger, and the Red Line Combo — an enticing blend of stuffed shrimp and steak. Open 24 hours every day. • **Fishkill** — 588 Rte. 9. 845-765-8401. \$\$
www.dineatredline.com

THE RHINECLIFF This hotel/restaurant began life as a 19th-century inn for travelers using the local ferry and railroad. After a brief hiatus, the present incarnation reopened in the early 2000s. Known as "the Bar," the eatery serves pub fare — menu highlights include fish 'n chips, steak frites, and fried chicken — and often hosts special events like jazz brunches and murder mystery dinners. All meals daily. • **Rhinecliff** — 4 Grinnell St. 845-876-0590. \$\$-\$\$\$ review
www.therhinecliff.com

ROSTICCERIA ROSSI & SONS A Poughkeepsie staple since 1979, this family-owned deli brings customers authentic flavors of Italy through homemade mozzarella and imported meats and cheeses. Earning prime spots on the menu are the roast pork shoulder on focaccia, gnocchi bolognese, and prime rib roast with sautéed onions. Lunch and dinner Mon.-Sat. • **Poughkeepsie** — 45 S. Clover St. 845-471-0654. \$\$
www.rossideli.com

THE ROUNDHOUSE This chic Beacon hotspot, housed in an old factory which overlooks the picturesque Beacon Falls, has recently streamlined its menu. While the focus remains on locally-inspired, seasonal entrees, they have added a variety of fun, smaller plates and sandwiches. Dig into the cassoulet: duck confit with bacon, white beans, chorizo, and jus. Another popular dish is the scallops a la plancha, with a butternut squash puree and roasted celery root. Dinner Wed.-Sat. Brunch Sun. Closed Mon. and Tues. Lounge open daily. • **Beacon** — 2 E. Main St. 845-765-8369. \$\$\$\$
www.roundhousebeacon.com

SCHATZI'S PUB & BIER GARDEN German and American comfort food are seamlessly blended at this Potown hot spot. Patrons adore eating in the outdoor bier garden. Grown-up tater tots (the potato dumplings are stuffed with braised pork belly, aged cheddar cheese, and green onions) are crowd-pleasers, as are Kartoffelpuffer (potato pancakes), the bier cheese pretzel, and the Schatzi burger — blended burger meat topped with crispy pork belly, melted cheddar, potato and green onion rösti on a toasted pretzel bun. Lunch & dinner daily. • **Poughkeepsie** — 202 Main St. 845-454-117. \$\$ review
www.schatzispubpk.com

SEREVAN Chef Serge Madikian's restaurant combines Middle Eastern and Mediterranean flavors in inventive ways (try fillet of branzino with cumin-scented hummus, chickpea salad, and fresh dill). Dine indoors or outside on the garden patio. Dinner Thurs.-Mon.; catering available. • **Amenia** — Rte. 44. 845-373-9800. \$\$\$ review July 2010
www.serevan.com

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SHADOWS ON THE HUDSON This riverfront restaurant — with its modern interior, indoor and outdoor seating, and spectacular views of the Hudson — has everybody talking. The Continental menu stresses seafood, and the raw bar is a big draw. Landlubbers are kept happy with prime rib and a variety of steaks and chicken. Lunch & dinner daily, Sunday brunch. • *Poughkeepsie* — 176 Rinaldi Blvd. 845-486-9500. \$\$\$ • www.shadowsonthehudson.com

STISSING HOUSE Built in the 1700s, this renovated inn has cozy dining rooms with fireplaces. Pick from a selection of mainly French favorites, such as the signature brandade of cod and potato, or mussels Normandy steamed with cream, Calvados, and bacon. Dinner Thurs.-Mon., lunch Sun. • *Pine Plains* — Intersection of Rtes. 199 & 82. 518-398-8800. \$\$\$ • www.stissinghouse.com

SUKHOTAI This Beacon restaurant scene offers authentic Thai food like pad Thai, Panang curry, and ped yang (a crispy duck dish). Located in a circa-1818 building (which sports its original bare brick walls), the spot has a hip, downtown atmosphere. Lunch & dinner daily. • *Beacon* — 516 Main St. 845-790-5375 \$-\$\$ • www.sukhothainy.com

TABLE TALK DINER This spot exudes a cozy neighborhood vibe from the first minute you walk through the door. The menu features classic diner fare with a contemporary twist. The California chicken wrap, Philly cheese steak, and Table Talk Sampler (barbecued chicken, ribs, and shrimp) garner much praise from satisfied customers. All meals daily. • *Poughkeepsie* — 2521 C South Rd. (Rte. 9). 845-849-2839. \$\$ • www.tabletalkdiner.com

THE TAVERN AT THE BEEKMAN ARMS This former stagecoach stop has been serving patrons since 1766. The Regional American menu ranges from prime rib and Black Angus steaks to pan-seared scallops and pumpkin ravioli in a leek cream sauce. Lunch & dinner daily, Sunday brunch. • *Rhinebeck* — Rte. 9. 845-876-1766. \$\$\$ • www.beekmandelamaterinn.com

TOMAS TAPAS BAR LOUNGE & RESTAURANT Tapas abounds at this hot spot, whose sleek interior exudes a sophisticated vibe. The small plates, which are perfect for sharing, blend Mediterranean and European flavors. Local ingredients are used whenever available; favorite dishes include zucchini squash flowers stuffed with Gorgonzola and caperberries; paella; and truffle and Parmesan fries. Lunch & dinner Mon.-Sat. • *Wappingers Falls* — 900 Rte. 376. 845-447-1776. \$\$\$-\$\$\$\$ • www.tomasrestaurantgroup.com

UMBERTO'S OF MAMMA MARISA This neighborhood restaurant offers Italian-American fare at down-to-earth prices. The extensive menu features traditional favorites as well as specialties like grigliata di pesce misto (skewers of grilled seafood in a lemon thyme sauce). Lunch & dinner daily. • *Poughkeepsie* — 2245 South Rd. (Rte. 9). 845-462-5117. \$\$

Orange

BISTECCA ITALINA STEAKHOUSE AND WINE BAR With a menu hand-picked by the famous Bonura family, and prepared by Culinary Institute grads, this Italian steakhouse offers the finest cuts of meat, as well as the freshest ingredients from local farms. House favorites include the Bistecca alla Fiorentina, a 24 oz. Rib-Eye steak, finished with roasted garlic compound butter, as well as the Sicilian Feast, a trio of chicken parmijiana, meatballs, and lasagna. Indulge in some vino to complement your meal; the wine bar has an extensive selection. Dinner daily, brunch Sun. • *Newburgh* — 16 N. Plank Rd. 845-561-3400. \$\$\$ • www.bisteccanewburgh.com

BILLY JOE'S RIBWORKS Situated on the Newburgh waterfront, this restaurant gives off a fun-loving vibe — but would you expect anything less from an establishment whose mascot is a cool goat wearing sun-

glasses? Meats are the specialty here, particularly the three varieties of ribs, numerous sliders, beef brisket, and pit-smoked chicken. Lunch & dinner daily. • *Newburgh* — 126 Front St. 845-565-1560. \$\$-\$\$\$ • www.ribworks.com

new! BLU POINTE Set on the Newburgh Waterfront, this farm-to-table restaurant — the latest from the renowned Bonura family — focuses on fresh seafood (including an interactive raw bar station) and prime beef. Get ready to be wowed by the dramatic space, featuring a 3,200-bottle glass temperature-controlled wine room, and retractable glass wall that opens one of the dining areas to the Hudson River. • *Newburgh* - 120 Front Street. 845-568-0100. \$\$\$\$ • www.blu-pointe.com

GLENMERE MANSION This circa 1911 manse is home to a luxury hotel with two eateries. The supper room offers fine dining on favorites like short ribs, veal chops, and roast duck with mushrooms; daily specials and homemade desserts are also big draws (dinner Thurs.-Sat., Sunday brunch, jackets preferred; prix fixe \$85). Diners at the Frogs End Tavern feast on Angus burgers, artichoke chicken salad, and similar lighter fare (lunch & dinner daily; \$-\$\$). • *Chester* — 634 Pine Hill Rd. 845-469-1900; www.glenmeremansion.com

SCHLESINGER'S STEAKHOUSE This steakhouse offers mouthwatering meals for the hearty diner. Owner Neil Schlesinger pays close attention to detail, aging his beef himself to get the prime quality for each cut. And don't miss the Rocky Mountain mashed potatoes. Lunch & dinner weekdays, dinner only weekends. • *New Windsor* — 475 Temple Hill Rd. 845-561-1762. \$\$\$-\$\$\$\$ • www.schlesingerssteakhouse.com

THAYER HOTEL All-American cuisine is served in the regal dining room of this National Landmark building at the Military Academy at West Point. A signature dish: Thayer pasta (fettuccine with artichokes, black olives, and tomatoes). The elaborate Sunday brunch is fit for a general. All meals daily, music and dancing on weekends. • *West Point* — Thayer Rd. 845-446-4731. \$\$\$\$ • www.thethayerhotel.com

VINUM CAFE Located at the Brotherhood Winery, this restaurant/café offers a diverse French/American menu. Traditional favorites (French onion soup, foie gras, mussels in white wine) as well as familiar dishes with a twist — such as pan-seared filet mignon “Stroganoff style” — share the spotlight. Lunch & dinner Wed.-Sun. • *Washingtonville* — 84 Brotherhood Plaza Dr. 845-496-9001. \$\$\$ • www.vinumcafe.com

TRE ANGELINA Northern Italian fare is offered at this elegant, romantic restaurant. Specialties include veal Donita (veal medallions in a white wine sauce with fresh herbs) and Pollo con Avellino (Parmesan-battered chicken breast pan-seared with white wine). Lunch Tues.-Fri. & Sun.; dinner daily except Mon. • *Monroe* — 355 Rte. 17M. 845-238-5721. \$\$ • www.treangelinany.com

WILDFIRE GRILL This cozy, candlelit restaurant serves up an American menu. The dining area has a view of the kitchen, where you can watch chefs prepare dishes like herb goat cheese-crustad rack of lamb and Black Angus prime rib. Lunch & dinner daily except Tues. • *Montgomery* — 74 Clinton St. 845-457-3770. \$\$\$

Putnam

CATHRYN'S TUSCAN GRILL This trattoria offers Northern Italian cuisine along with an extensive (and fairly priced) wine list. Entrées include pan-seared scallops with pancetta, and a different risotto every day. Lunch & dinner daily, Sun. champagne brunch. • *Cold Spring* — 91 Main St. 845-265-5582. \$\$\$ • www.tuscangrill.com

CLOCK TOWER GRILL Chef Richard Parente sources the ingredients for Clock Tower's farm-to-table American fare locally, sustainably, and organically. Inside,

decor evokes the farms that supply it — rustic wooden tables, sliding barn doors, and fading painted wood. Menu items include sherry-cured and applewood-smoked Long Island duck, and elk osso buco. There's a large selection of craft beer on tap. Open for lunch and dinner, Tues.-Fri; Sat.-Sun., dinner only. • **Brewster** — 512 Clock Tower Commons Dr. 845-582-0574. \$\$\$\$ www.clocktowergrill.com

THE COLD SPRING DEPOT This converted train station features steaks and seafood as well as comfort-food favorites like meat loaf and barbecued ribs. Dine on the patio while watching the trains go by. Live jazz on weekends. Lunch & dinner daily, Sunday brunch. • **Cold Spring** — 1 Depot Square. 845-265-5000. \$\$\$ ♦ www.coldspringdepot.com

HUDSON HIL'S Located in the heart of Cold Spring, this eatery serves creative breakfast and lunch concoctions with New American flair. Patrons rave about the biscuits and gravy, babka French toast, and the grilled cheese sandwich with pig paste. Breakfast & lunch Wed.-Mon. • **Cold Spring** — 129-131 Main St. 845-265-9471. \$-\$\$ ♦ **review** Aug. 2012 www.hudsonhills.com

HUDSON HOUSE RIVER INN An upscale steakhouse that features dry-aged steaks and fresh fish. Complement your meal with a wine from their extensive list, and make sure to catch the picturesque views from the riverfront porch. Lunch & dinner daily except Tues., Sunday brunch. • **Cold Spring** — 2 Main St. 845-265-9355. \$\$\$\$ ♦ www.hudsonhouseinn.com

RAMIRO'S 954 Cuisine from the Caribbean, Mexico, Spain, and Latin America comes to Mahopac. The menu features olive oil-braised mahi-mahi with roasted potato, chorizo, onion, and smoked tomato sauce; and grilled filet mignon with tequila mushroom sauce, pan-roasted potato, and asparagus. The entire second floor is an art gallery featuring works by Latin American artists. Lunch Fri.-Sun., dinner daily. • **Mahopac** — 954 Rte. 6. 845-621-3333. \$\$\$ www.ramirorestaurant.com

VALLEY RESTAURANT AT THE GARRISON Seasonal American dishes using local and organic ingredients. The dining room and World's End bar open onto a large deck with fine river views. Lunch Mon.-Sat., dinner Thurs.-Sat., Sunday brunch; bar menu available daily. • **Garrison** — Rte. 9 at Snake Hill Rd. 845-424-2339. \$\$\$\$ ♦ www.thegarrison.com

Ulster

ASIA RESTAURANT This restaurant delivers an authentic Asian experience, with Chinese, Japanese, and Thai elements in everything from the décor to the menu. Favorites include sesame chicken, sushi, Singapore rice noodles, and pad thai. • **Stone Ridge** — 3407 Cooper St. 845-687-9800. \$-\$\$\$ www.asiastoneridge.com

A TAVOLA TRATTORIA This rustic-but-chic spot uses fresh ingredients to produce creative Northern Italian fare inspired by the classics. Chef/owners Nathan and Bonnie Snow — formerly of popular Manhattan outpost Sfoglia — serve poached octopus, duck breast, pappardelle bolognese, and other equally enticing dishes. Dinner Thurs.-Mon. • **New Paltz** — 46 Main St. 845-255-1426. \$\$\$-\$\$\$\$ **review** Oct. 2011 www.atavolany.com

AROMA THYME BISTRO The health-conscious menu at this New American spot (featuring Thai curries, seitan cutlets, and hanger steak) appeals to a diverse range of tastes. Great wine list, too. Dinner daily. • **Ellenville** — 165 Canal St. 845-647-3000. \$\$ www.aromathymbistro.com

CATAMOUNT RESTAURANT Located at the Emerson Resort and Spa, this restaurant serves classic American fare in a family-friendly atmosphere. The extensive menu features homestyle favorites (shepherd's pie, slow-cooked pot roast, meatloaf, pasta puttanesca)

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www.emersonresort.com

CUCINA CIA faculty member Gianni Scappin is in the kitchen at this Woodstock eatery. Guests enjoy fig and goat cheese pizza or “the best ravioli outside Italy,” all served in a “country modern” space featuring a 24-foot communal table. Dinner Tues.-Sun., brunch weekends. • **Woodstock** — 109 Mill Hill Rd. 845-679-9800. \$\$\$
www.emersonresort.com

DUO BISTRO Mixing the delicacies of India and Sri Lanka, this eatery offers spicy creations typical of those regions, like bagari jinga (shrimp flavored with garlic, mustard seeds, and curry leaves) and the ever-popular tandoori chicken. Lunch and dinner daily. • **Kingston** — 50 John Street 845-383-1198. \$\$-\$\$\$

FRANK GUIDO'S LITTLE ITALY As traditional as you can get: This Neapolitan trattoria serves pizza, pasta, seafood, veal, using recipes that have been passed down for generations. Customer favorites include eggplant parmigiana, linguine aragosta, and braciolo — all served individually or family style. Lunch Tues.-Sun., dinner daily. • **Kingston** — 14 Thomas St. 845-340-1682. \$\$
www.frankguidoslittleitaly.com

FROGMORE TAVERN Located in Kingston's stockade district, this popular watering hole serves up a variety of American fare, including salads, small plates, and burgers. Indulge in such dishes as chicken and waffles with honey jalapeño butter, or our lunchtime favorite: the oyster po'boy sandwich. Lunch and dinner daily. • **Kingston** — 63 N. Front St. 845-802-0883. \$\$
www.frogmoretaVERN.com



Online Dining Guide

The Valley's dining scene is hot! New eateries seem to pop up every day. Find our full, updated list of local restaurants at www.hvmag.com/restaurants

HENRY'S AT THE FARM Located at the Buttermilk Falls Inn, this restaurant is an intimate space with barnwood tables and a pond view. The seasonal menu offers cuisine made from local ingredients; dishes include vegetarian shepherd's pie, braised half chicken, and honey and chipotle braised Hereford beef short ribs. Lunch Fri.-Sun., dinner Wed.-Sun., brunch Sun. • **Milton** — 220 North Rd. 845-795-1500. \$\$\$-\$\$\$\$ ✨
www.henrysatbuttermilk.com

HIGH FALLS KITCHENETTE This cozy kitchen serves a variety of American comfort foods, including fan favorites like mac 'n cheese and turkey meatloaf. The always-popular burgers are made with grass-fed beef. All meals Thurs.-Mon. • **High Falls** - 1219 Rte. 213. 845-687-7464

JOSHUA'S CAFE This Woodstock standout provides eclectic world cuisine centered around Middle Eastern specialties. The menu includes a selection of meat, seafood, and vegetarian dishes — such as zucchini flatcakes, homemade falafel balls, and bedouin mixed grill. Brunch, lunch, & dinner daily except Wed. • **Woodstock** — 51 Tinker St. 845-679-5533. \$\$\$
www.joshuascafe.com

KINGSTON INDIAN GRILL This restaurant offers simple décor and a varied selection of regional Indian dishes. Menu items include Chana Bhaji (chickpeas and tomatoes served with puffy fried poori) as well as chicken tikka masala (chicken marinated in yogurt, lightly spiced, and baked with a creamy red sauce). Lunch & dinner daily. • **Kingston** — 579 Broadway. 845-331-3611. \$\$-\$\$\$ review Feb. 2010

MAIN COURSE Locally recognized for his catering, chef/owner Bruce Kazan's inventive ways with local ingredients also can be sampled at this casual eat-in or take-out spot. Offerings on the New American menu include cedar-planked salmon, house-made soups, and assorted paninis. Closed Monday. • **New Paltz** — 175 Main St. 845-255-2600. \$\$\$ ✨
www.maincoursecatering.com

MOHONK MOUNTAIN HOUSE Savor a unique dining experience in this grand Victorian castle with great views. The ever-changing menus reflect seasonal trends and dishes use local ingredients whenever possible. Diners following specific diets — vegetarian, vegan, kosher — or those with allergies can rest easy: the menu offers several options that cater to those preferences. All meals daily, prix fixe. • **New Paltz** — 1000 Mountain Rest Rd. 855-421-4101. \$\$\$\$
www.mohonk.com

MOXIE CUP Formerly known as Moxie Cupcake, this New Paltz staple has expanded into a full-blown coffee house. The eatery serves numerous blends of coffee, espresso, and tea as well as myriad baked goods — including their to-die-for cupcakes — in a casual, friendly atmosphere. All meals daily. • **New Paltz** — 184 Main St. 845-255-2253. \$-\$\$
www.moxiecup.com

RED ONION Chef Kevin Katz's rendition of New American cuisine includes dishes like squid-ink spaghetti with puttanesca, and Thai beef salad. For dessert, indulge in the chocolate mousse cake filled with liquid caramel. Dinner daily. • **Saugerties** — 1654 Rte. 212. 845-679-1223. \$\$\$-\$\$\$\$ review Oct. 2009
www.redonionrestaurant.com

ROCK & RYE TAVERN Located at the former Locust Tree Inn, this casual spot offers a New American menu that highlights seasonal and local items; diner favorites include Hudson Valley Cattle Company steaks and burgers, panko-breaded portobello steak fries, and pan-seared Alaskan halibut with sweet corn and white bean succotash. Dinner Wed.-Sun., Sunday brunch. • **New Paltz** — 215 Huguenot St. 845-255-7888. \$\$\$ ✨
www.rockandrye.com

SHIP TO SHORE This Victorian storefront eatery blends steakhouse favorites with progressive American cuisine. Indulge in surf and turf or sesame-crust ahi tuna. And the Godiva chocolate cake is to die for. Half-priced wine bottles on Wed., live jazz on Sat. nights. Lunch & dinner daily. • **Kingston** — 15 W. Strand St. 845-334-8887. \$\$\$-\$\$\$\$ ✨
www.shiptoshorehudsonvalley.com

THE TAVERN AT DIAMOND MILLS Featuring contemporary American cuisine, this rustic-style tavern impresses with dishes like filet mignon wrapped in roasted bacon and house-made flatbread. Diners are treated to views of the Esopus Creek falls. In addition to the main dining room, the building boasts both a library and mezzanine for those looking for a more private setting. Lunch Wed.-Fri., dinner daily, weekend brunch. • **Saugerties** — 25 S. Partition St. 845-247-0700. \$\$\$ ✨ review June 2012
www.diamondmillshotel.com

VIVO RISTORANTE Nestled among the picturesque property of the Lazy Swan Golf and Country Club Village, this upscale eatery fosters an elegant ambiance. Masterfully crafted Italian dishes along with options to dine either on a patio overlooking the grounds or indoors by a snug fireplace excite savvy customers. Dinner Tues.-Sun. • **Saugerties** — 1754 Old Kings Highway. 845-247-0075. \$\$\$ ✨
www.thelazyswan.com

THE WOULD RESTAURANT Complete with a picturesque garden pavilion and a warm indoor fireplace, this eatery offers seasonal new American fare. Traditional favorites like grilled skirt steak and braised beef short ribs share the spotlight with seafood like cashew encrusted sea scallops in cilantro sauce. The restaurant is also available for event catering. Dinner Tues.-Sat. • **Highland** — 120 North Rd. 845-691-9883. \$\$\$ ✨
www.thewould.com

Albany

MARCHÉ 74 STATE Contemporary American cuisine — prepared using classic techniques — is what you'll find at this upscale spot. The market-fresh menu boasts beef short rib empanadas, applejack-braised escargot, and yellowfin tuna poke. The bistro menu has simpler fare, like burgers, salads, and sandwiches. All meals daily. • *Albany — 74 State St. 518-434-7410. \$\$\$\$*
www.74state.com

For additional Albany listings, visit www.hvmag.com.

Columbia

AMERICAN GLORY BBQ American barbecue and all the fixins' are the hot-ticket menu items at this firehouse-turned-eatery. Ribs, brisket, and pork are smoked on-site; the mountainous "Glorious Feast" is piled high with pulled pork, Texas hash, brisket, ribs, turkey drumsticks, and sides galore. Lunch, dinner and late night snacking available daily. • *Hudson — 342 Warren St. 518-822-1234. \$\$\$*
www.americanglory.com

BLUE PLATE With its wooden floors and tin ceilings, this New American bistro exudes comfort. The menu features traditional hearty meals served with a touch of flair. Locals rave about their famed Blue Plate Meat Loaf, served with garlic-mashed potatoes and topped with bacon. Dinner Tues.-Sun. • *Chatham — 1 Kinderhook St. 518-392-7711. \$\$-\$\$\$*
www.chathamblueplate.net

CAROLINA HOUSE Satisfy your craving for Southern cuisine at this 30-year-old eatery. In summertime, patrons enjoy dining outdoors; during the winter, they vie for a table near the warm fireplace. Crowd-pleasing dishes include the fried onion loaf, southwestern spring rolls, blackened catfish, and baby back ribs. Dinner daily. • *Kinderhook — 59 Broad St. 518-758-1669. \$\$\$-\$\$\$\$* ✨
www.carolinahouserestaurant.com

VICO RESTAURANT & BAR Housed in a 19th-century building decorated with paintings by area artists, Vico serves authentic northern Italian fare. The menu includes a variety of pastas, seafood, and a succulent Black Angus steak. Lunch Sat. & Sun., dinner Thurs.-Mon. • *Hudson — 136 Warren St. 518-828-6529. \$\$\$ review* Sept. 2008
www.vicorestaurant.com

For additional Columbia listings, visit www.hvmag.com.

Greene

THE BASEMENT BISTRO Chef-owner Damon Baehrel serves his original regional cuisine in a unique environment: his basement. His dishes make use of local ingredients, many of which are from his garden. Call ahead for hours and details of prix-fixe tasting menus. • *Earlton — 776 Rte. 45. 518-269-1009*
www.sagecrestcatering.com

BAVARIAN MANOR COUNTRY INN This inn and restaurant has been a Catskills landmark since 1865. Their CIA-trained chef blends German cuisine (wiener schnitzel and sauerbraten) with familiar American favorites like prime rib and roast duck. Dinner Thurs.-Sun., lunch. • *Purling — 866 Mountain Ave. 518-622-3261. \$\$*
www.bavarianmanor.com

BISTRO BRIE & BORDEAUX Stéphane and Claudia Desgaches have created an authentic

French bistro in a renovated Catskills Victorian building. From smoked trout salad to warm apple tatin, there is plenty for Francophiles to rave about. Three-course prix fixe (Wed., Thurs., & Sun.) \$14.95. Open for dinner; call for days and times. • *Windham — 5386 Rte. 23. 518-734-4971. \$\$\$ review* Jan. 2008
www.bistrobb.com

CAVE MOUNTAIN BREWING COMPANY

This comfortable restaurant combines a family-friendly feeling with a casual pub atmosphere. Traditional American favorites — burgers, pulled pork sandwiches, and Southern-style fried chicken — dominate the menu, and live entertainment energizes the room on Thursday nights. Dinner daily, lunch Mon.-Fri. • *Windham — 5359 Rte. 23. 518-734-9222. \$\$-\$\$*
www.cavemountainbrewing.com

CROSSROADS BREWING COMPANY

Specializing in pub-style comfort food, this warm and friendly eatery prepares the majority of its meals with locally sourced produce and meats. Plates like the Catskill mushroom casserole, grilled flatbread pizza, and hefty portions of mac 'n cheese fill many empty bellies. Dinner Wed.-Mon; lunch & dinner Sat.-Sun. • *Athens — 21 Second St. 518-945-2337. \$\$-\$\$*
www.crossroadsbrewingco.com

DEER MOUNTAIN INN

With its mountain-view patio and fireplace in the dining room, this country eatery exudes a cozy yet sophisticated vibe. The menu relies on local ingredients wherever possible and features dishes like "soup of the moment" (a trendy take on the standard "soup of the day" commonly found in other restaurants); smoked trout toast with deviled egg yolk, crème fraîche, and pickled vegetable salad; and cauliflower risotto with zucchini, bunapi mushrooms, and pistachios. Dinner Thurs.-Mon. • *Tannersville — 790 Rte. 25. 518-589-6268. \$\$\$\$* ✨
www.deermountaininn.com

MOUNTAIN VIEW BRASSERIE

This eatery serves up scrumptious continental cuisine. The menu features many classic crowd-pleasers like steaks, panini, pasta and hamburgers, but many patrons clamor for the more illustrious options like veal chicken, wiener schnitzel, and roasted shrimp with vegetable risotto. Lunch and dinner Wed.-Mon. • *Greenville — 10967. 518-966-5544. \$\$\$\$*
www.mountainviewbrasserie.com

Rockland

8 NORTH BROADWAY Located in the heart of Nyack, this Mediterranean hub serves up mouth-watering seafood, including tuna, scallops, and octopus, as well as nice selection of locally-sourced meat and poultry. Guests can also enjoy house-made pastas, such as the feta cheese-stuffed ravioli with goat butter, cracked pepper, and pea shoot. Lunch Mon.-Fri., dinner daily, Sunday brunch. • *Nyack — 8 N. Broadway. 845-353-1200. \$\$*
www.8northbroadway.com

FREELANCE CAFÉ & WINE BAR

The American menu mixes café, bistro, and trattoria cooking with specials like fried green tomatoes with poached shrimp remoulade; the setting is intimate and friendly. Lunch & dinner Tues.-Sun. Credit cards and reservations not accepted. • *Piermont — 506 Piermont Ave. 845-365-3250. \$\$\$*
www.xaviars.com

SAKANA JAPANESE FUSION This contemporary spot serves modern Japanese/fusion

cuisine. Menu choices range from abundant sushi and sashimi selections to fusion dishes. The popular Yellow Curry Chicken is simmered in a coconut milk curry sauce, while the Spicy Tuna Tortilla combines tuna, avocado, tobiko, and scallions on a toasted tortilla. Lunch Mon.-Fri., dinner daily. • *Nanuet — 25 Rockland Plaza, Rte. 59 W. 845-623-2822. \$\$-\$\$\$*
www.sakanafusion.com

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One of America's oldest restaurants (it was built in 1668), this tavern played an important role in the American Revolution. But its American Continental menu is full of up-to-date fare, such as alligator empanadas, wild-boar sausage, and red deer medallions with a lingonberry reduction. Live music seven days a week. Lunch & dinner daily. • *Tappan — 110 Main St. 845-359-5476. \$\$\$* ✨
www.76house.com

QUINTA STEAKHOUSE

The owners offer dishes from their native Portugal (like pork braised in white wine with clams); for traditionalists, there's a T-bone with hand-cut French fries. Red banquettes are part of the classic décor. Lunch Mon.-Fri., dinner daily. • *Pearl River — 24 E. Central Ave. 845-735-5565. \$\$-\$\$\$*
www.quintasteakhouse.com

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Spice things up with a visit to this vibrant venue. The innovative American-Latin menu features dishes like sautéed rainbow trout with broccoli rabe and Spanish rice. Complement your meal with one of their legendary mojitos. Lunch & dinner Tues.-Sun. • *Haverstraw — 22-24 New Main St. 845-429-4354. \$\$\$*
www.unionrestaurant.net

WASABI This hot spot — with black ceiling and a tiled sushi bar — provides a hip atmosphere in which to enjoy chef/owner Doug Nguyen's Japanese cuisine. Sushi is popular, but so are unusual dishes like tuna topped with strawberries. Lunch Tues.-Fri., dinner daily. • *Nyack — 110 Main St. 845-358-7977. \$\$\$*
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Westchester

MORTON'S STEAKHOUSE Beef connoisseurs feel right at home at this national chain. The décor features lots of mahogany, and the inviting bar has a special "Bar Bites" menu. Entrée steaks come in regular and "slightly smaller" sizes; there's also fresh seafood, and don't miss the Hot Chocolate Cake. Dinner daily. • *White Plains — 9 Maple Ave. 914-683-6101. \$\$\$\$*
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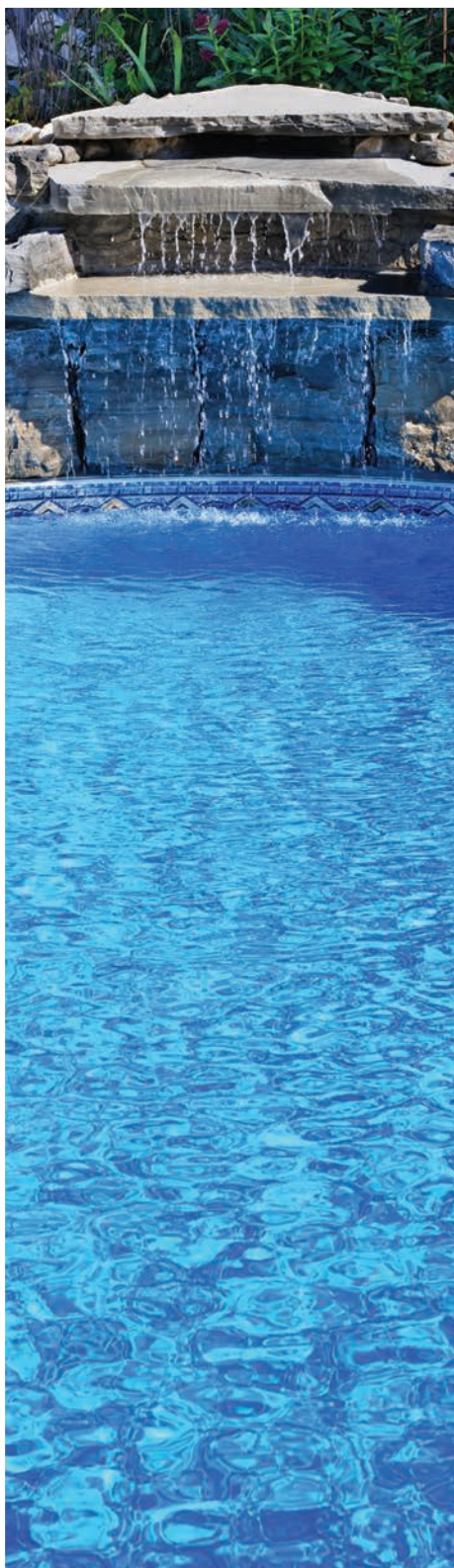
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Gina D'Angelo-Mullen
Director, Marketing and Communications
Health Quest
Healthquest.org

The weather this winter in the Hudson Valley has made everyone crave outdoor fun this summer all the more. Many are looking to their own backyards for their fun in the sun.

POOLSIDE

You don't have to live in a warm weather state to want a pool as part of your personal landscape.

"These days a pool isn't just a body of water that gets used on a hot day. Like in the Serengeti, it can be a watering hole that everybody gathers at," says Chris NeJame of **NeJame Pools**. "Not just to frolic in the water, but to relax and enjoy good times and family. Most of our clients work very hard and want the peaceful tranquility of a total backyard environment. The pool, the patio, the pergola, and the outdoor kitchen can all be the center to your universe."

In the old days, once you chose oval or round and a possible deck or diving board, you were set. Now pool options seem endless. Geometric shapes abound and surfaces range from the ceramic to glass tiles. Making the surroundings feel natural with rocks, a small waterfall, and plantings gives the feel of a resort right in your own backyard.

Nothing kills that natural feeling like the smell of chlorine," says Andrea Sardelli of **Pioneer Pools**. "Now, there are more natural options to solve that problem as well. The AquaRite is the easiest way for you to sanitize your pool, and keep your water crystal clear and silky smooth! The AquaRite uses common salt—the same salt used in water conditioners—and converts it into 'free' chlorine. The chlorine sanitizes your pool and then reverts back into salt. With only a teaspoon of salt per gallon, the AquaRite produces enough fresh chlorine daily to keep a 40,000-gallon pool sparkling clean without the chlorine smell."

Sometimes guests just want to dip their toes in the water. Baja shelves create space for lounge chairs a foot deep in the water. It brings lounging poolside to a whole new level. There are also a variety of built-in benches to relax when you want a more complete immersion within the pool.

Who says fire and water don't mix? To keep guests poolside into the evening, many are adding a heating option to the pool area. Some even appear to float on top of the water. The choices are endless and include fire bowls, cauldrons, outdoor fireplaces, fire pits, and volcano fire pits.

LIGHT THE LIGHTS!

Another way to keep the party going is lighting up your outside space to make it nighttime friendly. As Martha Stewart's website says, "Lighting is one of the easiest (and least-expensive) ways to cast an enchanting spell on any outdoor space."

Enhance the natural light of the fire pit with lighting and transform your space.

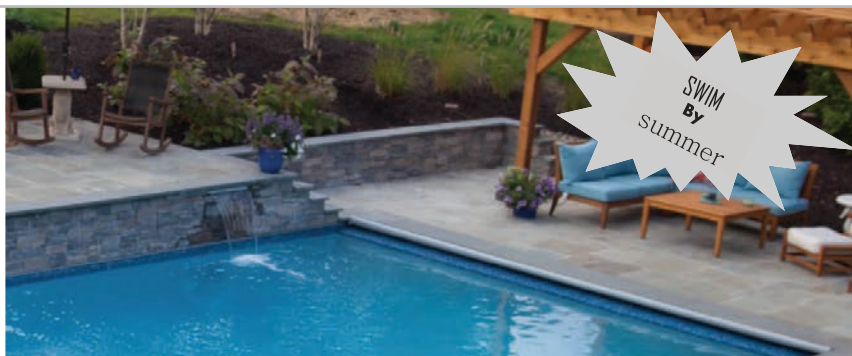
Light up your pool. There are a variety of colors to give your pool a warm glow long after the sun goes down. Lighting can also be added to the tiling around the pool and even placed in the natural setting of the rocks.

Be sure to keep your deck area illuminated too. Want to go green? Solar lighting is good for the environment, solves the need to bring electrical power outdoors, and has options to meet every budget and style. Keep the bugs at bay by adding candles and lanterns, which repel insects. There are even some natural options.

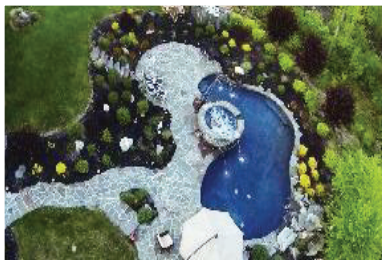


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WATERWORKS BEYOND THE POOL

Jessi Lowry of **N&S Supply** in Fishkill sees that more and more people are creating complete living spaces outdoors. She says, "Including a small kitchen area or secondary bathroom are being seen by consumers as practical, affordable luxuries outside. Bar sinks and food prep areas keep you from running back and forth to the kitchen when barbecuing and entertaining. Also having a shower area near the pool keeps your bathers and your pool cleaner and more sanitary (as well as keeps dripping bodies from traipsing through your hallways). The showers can range from a quick rinse area to a full wet bath cabana complete with sink, toilet, and storage for towels."

Depending on your needs and budget, outdoor showers and baths can go from the simple foot bath for knocking sand off before heading indoors to complete private showers with hot and cold taps. Solar can be your energy source again as you use the sun's energy for your hot water.

Also, remember to use materials that can withstand the outdoors.

DECKS, WALKWAYS, AND MORE

To make your outdoor space complete, you need to think about the flow of all your outdoor activities. Do you need a pathway to the back door for easy access to the kitchen? Should the deck have more than one level for those who prefer not to be by the pool? How accessible is the garden or basketball court?

Decks, walkways, and the décor you select add your personality. Want to be sure guests know this is a restful place? Add a hammock or swings. Want to be the life of the party? Add a way to pipe the music outside.

Decks have as many shapes as pools nowadays. "There are many quality decking options offered at **Herrington's**, including TREX Decking and Railing, Port Orford White Cedar, Red Balau, AZEK Decking, Atlantis Cable Railing, and more. Protect your wood deck with Benjamin Moore Arbor Coat Deck Finishes. Herrington's Decking Specialists can help you design a deck to fit your style," says Allison Neumann of Ed Herrington, Inc.

The last thing to remember is the first thing people see—your driveway.

Janeen Browe of **Browe Asphalt** says, "A consultation with Browe Asphalt will yield a plan that addresses drainage issues, traffic flow, and aesthetics. It will be tailored to your personal needs—you may want to add a basketball play area, room for your teenager's car, extra-wide flares at the roadway, or a special spot for your RV! Proper planning will ensure that cars have room to back up and turn, that water runs off where it should, and that transitions to garages and to the road are seamless. We enjoy customizing a plan that will fulfill your requirements, and possibly make suggestions that you hadn't thought of."

HOW DOES YOUR GARDEN GROW

No outdoor space feels complete without a bit of nature to accent it all. Summer perennials will keep your garden in bloom all summer long. Aster comes in three colors of lavender, pink, and white. They resemble daisies with their yellow centers. Dahlias add vibrant color to any garden, including coral, pink, orange, lavender, and yellow.

Purple fountain grass adds some height and texture. The feather-like flower has hues of purple and beige near the tip. Perennial in warmer climates, it is hearty enough

to be an annual in colder climates. Russian sage also adds some purple height to the garden and is known for its long-lived blooms.

Want to bring hummingbirds and butterflies into your yard? Consider Penstemon. Their trumpet-like flowers are like beacons for all creatures seeking nectar. Their blooms do not last throughout the summer, but you can be sure to see butterflies and hummingbirds feasting while they flower. Stella de Oro needs little care and also calls to nature for a feast.

Moonshine yarrow, on the other hand, is known to bloom for years and last for long periods of time in the garden. Its clusters of yellow flowers add another texture to the garden.

Shrubs and bushes can also create more private areas within your yard. Some flower in summer to add color. Consider Chinese Buttonbush, Chaste Tree, Smoke Bush, and Swamp Azalea. Be sure to keep flowering bushes away from the pool area. More pool-friendly plantings include Deer Grass, Desert Zinnia, Chocolate Flower, Arizona Rosewood, Sugar Bush, Desert Milkweed, Totem Pole, Indian Fig, Slipper Flower, and Elephant Bush.

GETTING IT DONE

Some outdoor projects seem daunting. Even the best do-it-yourselfer sometimes needs a place to start. **Pine Bush Equipment, Co. Inc.**, states, "Pine Bush Equipment offers all the rental equipment a contractor or homeowner would need for land clearing, excavation, and site preparation. Don't know what equipment you need for your pool or deck project? PBE's job site specialist will meet with you at your location and help you choose the right equipment, for the best value. With 59 years in the equipment business, you can rely on Pine Bush Equipment for the highest quality products, expert advice, and excellent service."

Remember, it's summer. Maybe you want a vacation, even from around-the-house projects. If so, there are experts at the ready to help you plan your outdoor space.

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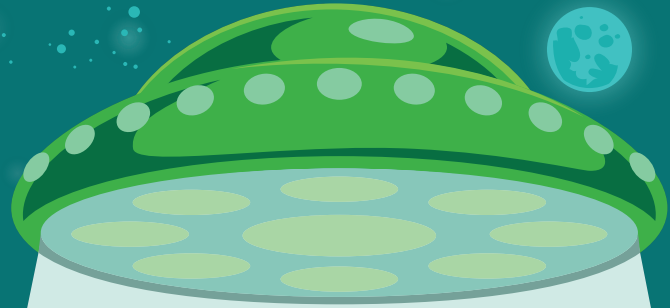
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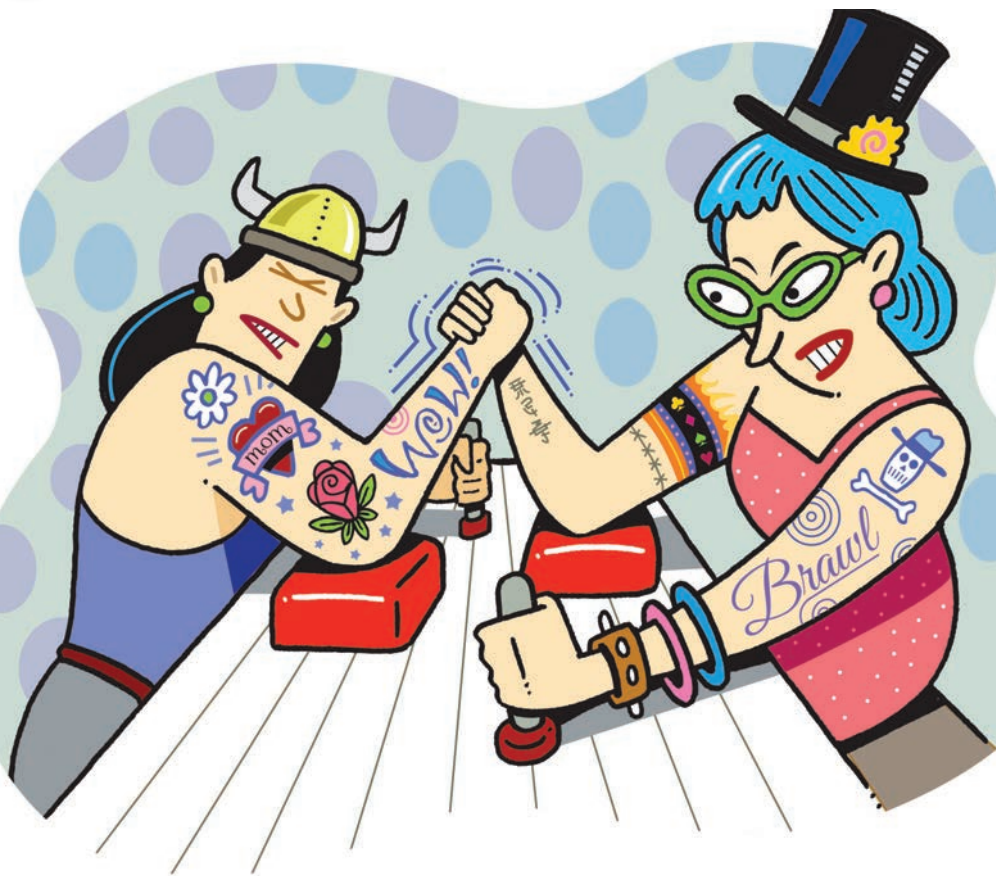
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Having a Brawl

Here's what happens when our writer joins up with a group of tough-talking, arm-wrestling women on a mission. **BY LINDSAY LENNON**

On a mid-April night in 2009 at the tiny, now-defunct Black Swan Pub in Tivoli, things started out status quo: Bard College students tossing darts, sipping beers and stiff drinks, laughing and hula-hooping in the early spring warmth on the back patio.

But soon, a brawl broke out. But it's not what you may think. That April night marked the debut of the Hudson Valley Broads Regional Arm Wrestling League (BRAWL), a group of women who duke it out to raise money for charitable organizations that benefit women and girls. It's part athletic competition and part theater; the hijinks and trash talking are hilarious, the wrestling is very much real, and the results are highly tangible, with thousands of dollars raised for local charities.

I came to BRAWL that night on the rec-

ommendation of my colleague, Julie, who was hosting the event under the moniker Lady Thumb Prince, a loquacious, spiky-haired pro thumb wrestler banned from the World Thumb Wrestling Federation for inappropriate conduct. A panel of "celebrity judges" with names like Magenta Delecta were on hand to make sure the rules were being followed – that elbows remained on the table, "break-arm" positions were being avoided, and butts stay planted in chairs at all times. There was even a referee in a black-and-white striped shirt, dramatically counting to three and blowing his whistle to commence each round, calling fouls throughout the night.

After Lady Thumb Prince started introducing the wrestlers – who each came in full costume, complete with detailed back stories and zany dressed entourage to work the crowd and collect "bets"

(which were not actually "bets" at all, but donations for Family of Woodstock) – I was immediately spellbound. Characters like Queen Victorious, Nurse Hatchett, and my personal favorite, Jackie O'Nasty (dressed in her stately Jackie Onassis-inspired pink pillbox hat and matching dress) exchanged insults and dirty looks before sitting at the professional-grade arm wrestling table to square off. Some matches ended quickly, dominated by one wrestler's wicked power. Others went on longer, with the ladies locked in intense battles of strength for several minutes.

Brows were furrowed and beaded with sweat, teeth were clenched, and wails of both triumph and failure rang out across the bar.

The crowd went wild, cheering the wrestlers, chanting in support of their favorites, and tossing dollar bills for a great cause.

More than \$600 was raised for Family of Woodstock that night.

Two more Black Swan BRAWLs followed in the ensuing months, before the organization graduated to larger venues and even larger dollar amounts raised for charity. Two "Super BRAWL" championships have even been held since then. And I've remained hooked since that first event. Finally, women were being celebrated for their strength and personalities, not for their looks, I thought. These women aren't professional wrestlers —they're moms, wives, regular women, just like you and me. BRAWL isn't about winning — it's about empowerment, having fun, and putting on a show for a good cause.

And that's part of what inspired me to become an arm wrestler myself. What kind of character would I be? I didn't look the part. I was petite, but I had a mouth on me, and lot of heart, sort of like a female version of Rocky Balboa. And thus, Roxy Balboa was born.

My husband was happy to join my entourage, playing the role of Paulie, and I even enlisted my very own Adrian, which made for some pretty funny stage antics. The BRAWLers who inspired me six years ago not only showed me a fun new way to spend an evening in the Valley, they also helped me discover another side of myself; Roxy was somewhere deep inside me all along. And I have BRAWL to thank for bringing her out of me. ●

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