

# Hudson Valley Magazine

## September 2014

Get inked!  
**Tattoo Artists**

Football, foliage, apple picking...  
**Fall Fun Guide**

Everybody is doing it...  
**Homebrewing**

# Hudson Valley

**NINE FABULOUS**

# FALL GETAWAYS!

STAY LOCAL AT CHIC NEW BOUTIQUE  
HOTELS AND CHARMING B&Bs

## FALL SOCIAL SEASON

DOZENS OF THINGS TO DO EVERY  
WEEKEND FROM LABOR DAY  
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ANN TAYLOR STARBUCKS COFFEE SUR LA TABLE FAIRWAY MARKET REGAL CINEMAS

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Arranging a break from your day-to-day routine doesn't have to include buying airline tickets or renting a car. Why not try a weekend escape here in the Valley? From Rensselaer to Rockland County, we profile nine unique areas of our region, clueing you in on where to stay, what to do — and exactly where to ooh and aah at the finest fall foliage

BY ALIA AKKAM,  
ROSEMARY O. FERNANDEZ,  
AND DAVID LEVINE

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BY LAUREN BERG, HILARY SPARLING,  
AND CHRISTINA WONSBECK

## 50 Ink Spots

Once considered lowbrow, tattoos have gone mainstream. Meet four local artists who use the human body as their canvas

BY VITTA POPLAR



A wall of body art choices at Graceland Tattoo in Wappingers Falls

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CLOCKWISE FROM TOP LEFT: COURTESY OF MOUNT BEACON INCLINE RAILWAY RESTORATION SOCIETY; ILLUSTRATION BY CHRIS REED; TERESA HORGAN

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## This month @ hvmag.com

### Want more?

Go beyond the pages of the magazine with these brand-new Web exclusives:



SHUTTERSTOCK

**How 'bout them apples?** One of our favorite quintessential fall activities in the Hudson Valley is touring the apple orchards. Find out all about our region's native fruit — and check out our handy map of local orchards — in our Apple Picking Guide at [www.hvmag.com/applepickingguide](http://www.hvmag.com/applepickingguide).

**Taboo tattoo:** Thinking about getting inked? On page 50, we introduce you to four of the Valley's coolest tattoo artists. One of them, Adam Lauricella, gives us his top tips before getting a tattoo at [www.hvmag.com/tattootips](http://www.hvmag.com/tattootips). Too late to heed his advice? If you're sporting a bad tattoo (or you just have a good story to tell), we want to know! Share it at [www.hvmag.com/mytattoo](http://www.hvmag.com/mytattoo).

**Homebrewing:** The craft beer industry is hot in the Hudson Valley — and so is homebrewing! On page 70, we fill you in on the local homebrewing scene; click over to [www.hvmag.com/homebrewing](http://www.hvmag.com/homebrewing) for tips and recipes to begin your own brewing adventure.

### Catch our e-newsletters

Be the first to find out what's happening in the Valley — from rock concerts and gallery openings to cool stuff for the kiddies — with **The Hot Ticket** every Thursday. Hungry for more? Make a reservation with **The Corner Table**, which delivers local dining news, restaurant reviews, and tasty recipes on Fridays. Sign up at [www.hvmag.com/newsletters](http://www.hvmag.com/newsletters).

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# Hudson Valley Coming Next Month:



COURTESY OF DAVID CHERNIS

## Best of Hudson Valley

It's our 28th annual roundup of the region's finest. Our readers responded in droves to our online poll, while our editors and experts sipped and sampled and scoured every corner of the Valley. The result? The best of everything, from restaurants to resorts, bookstores to breweries.

## Plus:

### Hudson Valley Home: Fall Edition

One woman builds her very own tiny (but terrific) trailer house, and furniture makers show their stuff.

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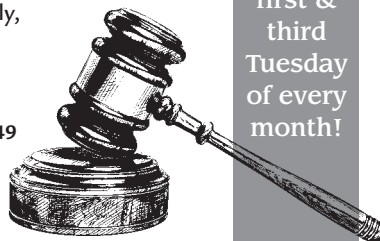
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To produce a high quality magazine that  
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in the vibrant community we serve.

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### Where in the Valley...?

*In August, we asked readers to identify the whereabouts of a rather large feline. The 15-foot-high cat is actually the Catamount People's Museum in Catskill. Inside the lynx — which was created by Brooklyn-born artist Matt Bua from scrap wood and fallen tree branches — is a collection of items (maps, paintings, and sheets of historical information) that celebrate the people and history of the local area. Congrats to Peter Fanelli of Hyde Park, who nabbed our prize. This month, flip to page 23 to see if you know the location of a quirky roadside bookstore.*

[The cat] is located in the village of Catskill. I always thought it was an owl until I received this issue.

**Kelly Zabel**  
Nyack

OMG, love this cat! The first time I drove by it heading from Hudson to Catskill, I did a U-turn, parked the car, and had to get a closer look. What a great piece of local art. There is always controversy about it. Recently, it's position was altered.

**Siouxzanne Harris**  
Saugerties

This beautiful sculpture/museum has been stirring up controversy among certain folks in the village since she arrived three years ago; many love it, though some just don't seem to get it and want it gone. A group of us got together to help "Save the Cat," and the village board stood with us. We spruced her up a bit by planting a beautiful perennial garden around her. So, for now, the Catamount People's Museum lives and thrives — and can

be visited from dawn to dusk all year long.

**Harry Matthews**  
via [www.hvmag.com](http://www.hvmag.com)

Love the magazine, keep the trivia coming!

**Kimberly Sauer**  
Middletown

### Starting a Revolution

Loved the article "Best Clinton Ever" (History, July). Just a point of clarification: You say Clinton was born in Little Britain, Orange County, when in fact, at the time, that town was part of Ulster County. Newburgh and New Windsor where originally in Ulster until they were redistributed into Orange at the inception of Rockland County in 1798. Dr. Thomas Young was also from Little Britain, and also epitomizes the character of the Revolution: He led the Boston Tea Party. While Samuel Adams was content in talking the talk like so many politicians, Dr. Young walked the walk. Ulster County boys don't talk about history — we make it!



He led the Boston Tea Party. While Samuel Adams was content in talking the talk like so many politicians, Dr. Young walked the walk. Ulster County boys don't talk about history — we make it!

**James Alfano**  
via [www.hvmag.com](http://www.hvmag.com)

### All A-Twitter

@HudsonValleyMag love the July homegrown issue!

**Mary Opfer MS RD**  
@opfer\_mary

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## Fall into Fun

**E**very year, in the September issue, I write about how much I love the fall. I write about how the often-idyllic weather, all the Halloween hoopla, and the hundreds of fun things to see and do as the social season heats up, contribute to what I consider — hands down — the best time of the year. The only bad thing about fall is that it inevitably leads to winter. C'mon, you remember the bone-chilling, never-ending snowstorm winter of 2013-2014, don't you? But I still feel the same way about autumn. And once you read all of our fall coverage, you'll know why.

We start with our Fall Getaways cover story (page 34). This year, we decided to stay home. Well, not home exactly, but we did decide that there's nowhere else we'd rather celebrate the season than in the Hudson Valley. So we checked out nine outstanding lodgings scattered throughout the region, and then highlight how you can have the most fall fun at each one.

Some of these spots, like the sophisticated Dylan Hotel in Woodstock, are brand-spanking new. Assistant Editor Rosemary Fernandez also checked out another newbie: the hip, city-style Barlow Hotel on Hudson's main drag. She said, "It has the perfect blend of old-fashioned charm with modern luxuries. And it's right on Warren Street — that means lots of shopping!" Of course, while the addition of several cosmopolitan boutique hotels is certainly great for the local economy and travelers, they are not the only game in town. We also visited some inns and B&Bs, too. I've always wondered about the Pig Hill Inn, a brick B&B situated on

top of a shop on Cold Spring's Main Street. My daughter and I love to hop on the train from Beacon, go one stop to Cold Spring, get off, wander around the village a bit (ice cream is usually involved, too), and then go home again. For a five-year-old, the train trip elevates this little excursion to a whole other level. Now that I know you can have a wide variety of breakfasts delivered to your room at this inn, though, we may have to spend the night sometime.

Also in this issue, we introduce you to the world of homebrewing (Page 70). It seems that everybody is doing it these days, a point that was underscored when I drove past Adams Fairacre Farms in Wappingers Falls a few months ago. The main sign out front, which often trumpets great market specials on food, said simply, "Get your homebrewing supplies here."

I like good beer, and I'm lucky that my neighbor likes to make beer. Like most homebrewers, he's completely passionate about his craft. In fact, I remember that his wife — my good friend — was once talking about the hazy, exhausting first few months of parenthood. Anyone who has been there knows what I'm talking about. She recalled being awakened suddenly one night; she assumed that her husband was bringing the baby to bed. But no, he was simply moving the beer container into the bedroom. "It's got to be the right temperature," he whispered.

Of course, he was forgiven for interrupting her sleep. After all, it was a great batch of beer. I'm looking forward to the next barrel.

Enjoy the issue.

**Olivia J. Abel**  
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# *The* Pulse

Where In The Valley? **23** On The Town **26** The Great Debate **30** History **32**

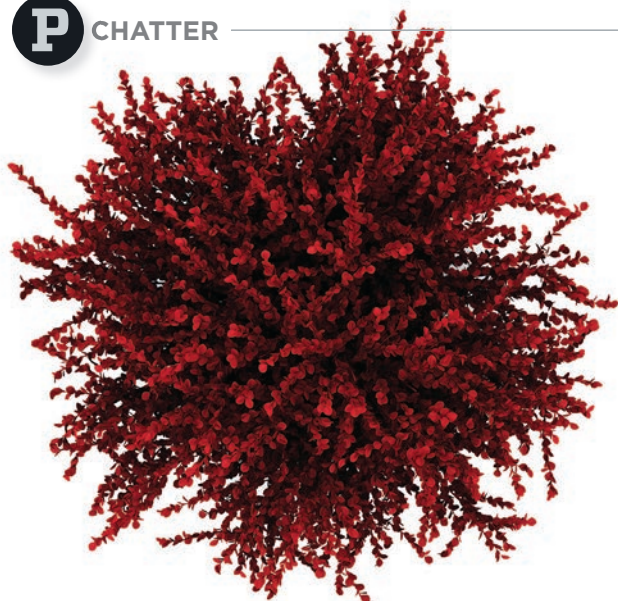
The Beacon Incline Railway trolley ascends the mountain during its heyday

THE GREAT DEBATE

## Working on the Railroad

Residents debate whether restoring the Beacon Incline Railway will be a boon or a burden for the community **PAGE 30**





## A Thorny Problem

The troubling link between Japanese barberry and Lyme disease

**B**right red berries; thin, razor-sharp spines; woody stems; and small, round leaves of green or red. Japanese barberry is everywhere — in the plantings outside the post office, in the wild tangle of shrubs along the roadside, maybe even growing in your yard. Unfortunately, this popular ornamental is so aggressive that it's crowding out native plants all along the East Coast, earning it a spot on the Plant Conservation Alliance's "Least Wanted" list and getting it banned from sale in Canada.

Why is this plant so popular? "It's a very pretty plant with lovely fall foliage that makes a nice contrast to the bright red berries," says New Paltz-based gardening guru Lee Reich. "And it's hardy: It can grow in sun or shade, and in rich soil or poor." Which would be all well and good if Japanese barberry were not quite so successful at replicating itself. According to invasive species expert Jonathan Rosenthal of Kingston's Ecological Research Institute, "the plant has tremendous powers to reproduce clonally by sprouting 'daughter' shrubs from its roots, from below-ground stems, and from places where its branches touch the ground."

Perhaps more troubling is the fact that Japanese barberry bushes provide the perfect conditions for black-legged (deer) ticks, the primary vector for Lyme disease — one of the dreaded realities of life in our beautiful Valley. Recent studies have found that forests infested with Japanese barberry had 12 times more deer ticks than forests that were not infested. A glance at the New York Invasive Species Map confirms that woodlands from Long Island (where the sale of the plant is now banned) to Oneonta are rife with Japanese barberry and it appears to be heading northwards at a good clip.

On the plus side, researchers also have found that controlling the plant's growth can cut tick populations by up to 80 percent. And right now is the perfect time to tackle this prickly dilemma, before the plants spread their seeds widely: Pull smaller plants up by hand, apply an herbicide, or hire a professional to use a propane torch to burn plants and roots — but be prepared to combine two or more of these methods to beat back this pesky plant. — *Eve Fox*

# Anchors Aweigh!

The Tugboat Trail celebrates one Ulster County town's maritime history

**I**f you drive down Route 9W (aka Broadway) in Esopus during the summer months, you'll no doubt notice the 25 model tugboats that dot the side of the road. Each about four feet long and two feet high, these miniature vessels make up the Tugboat Trail, an initiative that began in 2011 to commemorate the village's bicentennial and its history as a thriving port.

Each year, local artists, businesses, schools, and families decorate the models (which are provided by the town) according to whatever design strikes their fancy. Lois Dekoskie, one of the masterminds behind the trail and its current coordinator, recalls two memorable designs: a boat painted like the Headless Horseman, and a Chinese-

themed tug with noodles hanging from its stern. "They each take on their own character, they really do," she says.

This season featured Noah's Ark, Old Glory, and the Hudson Valley itself — all depicted in tugboat form. The sculptures will be auctioned off at Tugfest — bids start at \$250, most boats sell for \$400, although some go as high as \$700. Held on the grounds of Headless Horseman Hayrides and Haunted Houses, this September 13 event includes food and live entertainment, with all proceeds going directly to the town.

And who bids on the little boats, you might ask? "Everybody bids on them," says Dekoskie. "Afterwards, they're set up in shops, in front yards, in gardens. We are very proud of them."

— *Rosemary O. Fernandez*



### Battle of the Poughkeepsies

So you thought Poughkeepsie, New York was the only Poughkeepsie on the map, did you? Think again! A small town in Arkansas also bears the Native American name meaning "the reed-covered lodge by the little-water place." Here's the skinny on each locale.

PHOTOGRAPHS SHUTTERSTOCK (BARBERRY); MELISSA BIGGS (POUGHKEEPSIE, AR)

# Fabulous Foodie

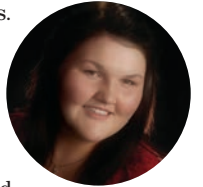
An Orange County teen is lauded for opening a thriving soup kitchen

Victoria Garloch was afraid. It was November 2010, and the Sugar Loaf teenager was in New York City for Midnight Run, a late-night homeless relief effort, as a volunteer with the Warwick Ecu- menical Council. She grew even more fearful with the nocturnal appearance of an amputee in a wheelchair — until the homeless man asked her for the cup of soup she was offering.

“It gave me a good feeling,” she recalls. “I had run food drives before, but this was my ‘aha’ moment. I decided that, for my Girl Scout Gold Award project, I wanted to help my own community through a soup kitchen.” A year later, at just 14, the precocious Garloch launched the Warwick Community Kitchen, a mission of Vision Community Church, inside the former Pine Island Elementary School. In 2013, her efforts were acknowledged when she became the youngest person to receive the Orange County Human Rights Commission Award. She also received the commission’s scholarship, and to date is the only person to have garnered both awards.

Once a month — on Friday nights from September through April, on Sundays from May through August — nearly 150 locals in need, many of them migrant workers from the Black Dirt region, gather for complimentary buffet-style dinners that run the gamut from fish and chips to sesame chicken and pork fried rice. Although Garloch makes flyers and distributes them to area food pantries to spread the word, she stresses that these meals are simply “for anyone looking for fellowship.”

For Garloch, the dinners are even more meaningful because they are a family affair. Her father, who has a culinary degree, presides over the kitchen; her mother she deems “the backbone of the operation. I call myself the CEO and she’s the COO.” This month, the teen heads to the College of St. Rose in Albany to pursue her dream of becoming a high school biology and special education teacher. — *Alia Akkam*



Where in the Hudson Valley...?

## Reader’s Retreat

An out-of-the-way shop sells books day and night

In an age in which chain bookstores and popular Web sites are taking over the book business, it is rare indeed to see a small handwritten sign hawking “books ahead” on the side of a major roadway. But just such a sign, located in the northeastern part of the Valley, drew our attention to this literary gem.

Visitors to the Little Red Book Shack (as the shop is called) actually are greeted by numerous signs, including ones inviting them to park on the grass. The “shack” is composed of several sheds and cottages in which used and out-of-print books — along with classical and vintage LPs, DVDs, maps, and postcards — are arranged by category. The well-thought-out collection of approximately 20,000 titles is continually being tweaked by owner Melanie Nelson.

Open weekends during the summer (or by request), there’s more than a little

bit for everyone at this charming spot. Bookworms can delve into history in the biography shed, peruse mysteries and more in the white cottage, or discover the variety of treasures housed in the original red building for which the business is named.

And for bibliophiles on the go, or those who just happen to be passing through, the shack provides a unique perk: 24/7 self-service book shelves on the outside of the building. Guests merely pull up to the red shack, open the glass doors on the shelves, pick out the book (or books) of their choice, and leave payment in the mail slot. Most books cost 50 cents to a dollar; children’s books or boxed sets are even cheaper.

Do you know where this quaint bookshop is located? Visit [www.hvmag.com/WIVcontest](http://www.hvmag.com/WIVcontest) to submit your answer. The first reader with the correct response wins a prize. Good luck! — *Lauren Berg*

**Status:** Technically, the Valley has two Poks, the city and the town. Arkansas’s Poughkeepsie (which they pronounce POW-keep-sie) is an unincorporated community located in Sharp County.

**Population:** We definitely have AR beat in sheer numbers. According to the Census Bureau’s 2012 estimates, we’re at 75,950 residents (city and town combined), and they’ve got about 400.

**Age:** The site where our Poughkeepsie now stands was purchased from Native Americans

in 1686. The earliest records of the Southern town are from 1895.

**Landmarks:** The Southern Potown is near the scenic Ozark Mountains, where activities like fishing and canoeing abound. Here in the north, we have the site where New York State ratified the Constitution, the Walkway Over the Hudson, and Noshi’s Coney Island Hot Dogs.

**River:** Ours is obviously on the Hudson, while Arkansas’s is pretty close to the Strawberry River, part of the Mississippi watershed. We’re

still unclear if there are actually strawberry fields nearby, but we’d take those over PCBs any day.

**Notable People:** Among others, we’ve got Samuel Morse of Morse code fame; cough-drop makers the Smith Brothers; and Alfred Mosher Butts, the inventor of Scrabble. AR has... well, we’re still looking.

**Distance:** According to Google Maps, there are 1,230 miles between the Poughkeepsies; driving from one to the other would take 19 hours. — *R.O.F.*

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## Reading Room

New and noteworthy books from Valley authors

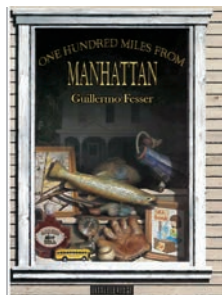
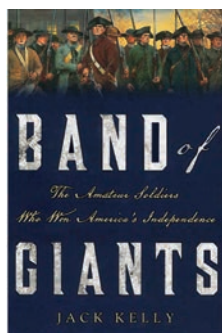
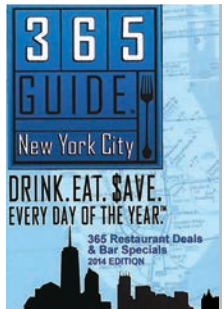
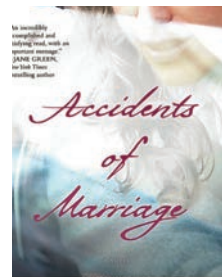
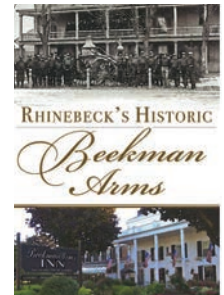
One of the Valley's treasures, Rhinebeck's Beekman Arms is considered by many to be the oldest hotel in America: It's been welcoming travelers for at least 212 years. The father-and-son team of Brian and Matthew Plumb explore the site's history in **Rhinebeck's Historic Beekman Arms** (The History Press, \$19.99). From its humble beginnings as an 18th-century stagecoach stop to its headline-grabbing use during Chelsea Clinton's 2012 wedding festivities, the inn has played a defining role in the shaping of Rhinebeck itself — a role that the authors have carefully researched and detailed in the text. Illustrated with maps and deeds, as well as black-and-white photos dating from the early 1900s to the present, the book offers history buffs a complete archive of this local landmark. — *Polly Sparling*

Sometimes happily-ever-after isn't what it seems. Author Randy Susan Meyers's latest novel, **The Accidents of Marriage** (Atria Books, \$25), chronicles Maddy's crumbling marriage to Ben — who is charming in public, but can't control his temper behind closed doors. The tension between them comes to a breaking point one slippery night when Ben loses control of their car, Maddy lands in intensive care — and everyone blames Ben. The story unfolds in alternating chapters told by each of the family's three members — Maddy, Ben, and their 14-year-old daughter, Emma; by using different points of view, Meyers deftly explores the effects of emotional abuse on both the marriage and the family as a whole. — *Cynthia James Meyers discusses The Accidents of Marriage on Sept. 9 at Rhinebeck's Oblong Books (www.oblongbooks.com).*

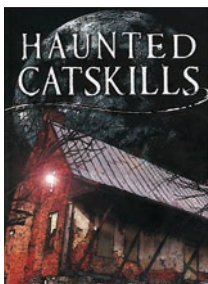
Monica DiNatale has visited many New York City restaurants and bars, and features a great number of them — 365, to be precise — in **365 Guide: New York City** (Hugo House Publishers, \$19.99). Structured like a calendar, the book highlights one restaurant, bar, or pub for each day of the year, and includes information on the type of food served, the hours of operation, even which subway lines will get you there. For each location, DiNatale doles out insider tips (called "365 Extra") with info on the best place to sit or which signature dish to try. But we think the "Deal" section — which spells out happy hour offerings and other drink specials — is the most useful by far. — *Christina Wonsbeck*

When the American Revolution first broke out, no one really expected the Colonists to triumph over the mighty British Empire. After all, the Continental Army was made up of — and led by — a ragtag group of farmers, merchants, fishermen, and even drunkards. In **Band of Giants** (Palgrave Macmillan, \$27), Kingston resident Jack Kelly (whose own ancestor served in the Continental Army) pens an engaging account of some of the men who fought for our independence — such as pacifist and Quaker Nathaniel Greene, who became one of the most resourceful Colonial generals; and bookseller Henry Knox, an artillery specialist whose war knowledge came exclusively from books. More than just names in a textbook, Kelly paints these unlikely soldiers as the dynamic heroes they were. — *C.J.*

Spanish journalist Guillermo Fesser built his career as host of *Gomaespuma*, a radio show similar to Jon Stewart's *The*

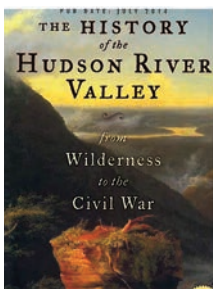


*Daily Show*. Needless to say, his fans were disappointed when Fesser; his Rhinebeck-born wife, Sarah; and children Mac, Nico, and Julia moved to Rhinebeck 10 years ago to experience new adventures. In his memoir **One Hundred Miles from Manhattan** (Little Bridge, \$27.95), Fesser recounts the ups and downs of adapting to the Valley's small-town culture, and the many one-of-a-kind characters he meets — few of whom fit into his stereotypical idea of what Americans are all about. A must-read for northern Dutchess residents, who will no doubt recognize the familiar places — and some of the people — that Fesser describes. — C.W.



Do you believe in ghosts? **Haunted Catskills** (The History Press, \$19.99) offers a number of reasons why you should. Author Lisa LaMonica points out the locations of haunted houses in the Greene County

area — the “spellbound region,” as Washington Irving called it. Prepare for Halloween by reading the otherworldly tales of Maggie Houghtaling (who haunts the building in Hudson where she was hanged for murdering her own child) and Peter Hallenbeck (who met a grisly end in his Greenport home when his nephew murdered him on Christmas Eve). — C.W.



Saugerties resident Vernon Benjamin's **The History of the Hudson River Valley from Wilderness to the Civil War** (The Overlook Press, \$45) is the first comprehensive account of the region to be

published since the 1930s. Beginning more than 500 million years ago when the landscape was just forming, and ending with President Lincoln's funeral train to Albany, Benjamin's expansive chronicle covers Dutch and English settlement, the Revolution and other armed conflicts, economic prosperity, and the birth of the Hudson River School, among many other topics — all of which have been meticulously researched and are described in an engaging style. — C.W.

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**1** Actresses **Meryl Streep** (left) and **Jodi Foster** present filmmaker **Jonathan Demme** with the Jacob Burns Film Center's 2014 Vision Award at the organization's anniversary celebration on June 14. More than 350 guests attended the tribute to Demme, who directed films such as *The Silence of the Lambs* and *Philadelphia*



LINDA SHENKMAN CURTIS

**2** In June, members of the Dutchess County Association of Realtors joined real estate professionals from throughout the state for an advocacy day in Albany. State Assemblyman **Kiernan Michael Lalor** (third from left) met with DCAR group members (from left to right) **Barbara Novak**, **Christine Jones**, **Joe Pettinella**, **Kelly Campbell**, **John Greenan**, **Royal Ricci**, and **Sandy Tambone**



ROBERT FAGGIANI

**3** Orange County lawmakers and business leaders join members of Blustein, Shapiro, Rich and Barone at the opening of the law firm's second office, on Oakland Avenue in the village of Warwick. The July 10 ceremony was followed by an outdoor cocktail reception and open house

**4** The New York Public Library was the site of the Frederic E. Church Award Gala on June 19. Honoree **Alice Cooney Frelinghuysen**, a curator at the Metropolitan Museum of Art, receives the Church Award from **Morrison Heckscher**, curator emeritus of the Met's American Wing

**5** "Swing Into Summer" was the theme of the Hudson Valley Shakespeare Festival's gala, held on the Great Lawn at Boscobel in June. In attendance at the event — which featured cocktails, dinner, and dancing — were (from left) **Lee Kyriacou**, **Elizabeth Barrett**, **Chip Loewenson**, and **Katrin Czinger**



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6

6 Columbia Memorial Hospital hosted its 26th annual ball at Historic Catskill Point in Catskill on June 7. The event raised more than \$520,000, including \$75,000 to fund a new, autism-friendly pediatric room in the hospital's emergency department. Taking part in the evening's festivities are (from left) hospital board Chairwoman **Mary Gail Biebel**; **Isabelle Autones**; honoree **Francis Greenburger**, foundation board Chairwoman **Patti Matheny**; and **Jay Cahalan**, Columbia Memorial president and CEO



7

7 Close to 450 guests wined and dined at Northern Dutchess Hospital's annual Starlight Ball, which took place on June 14 at the Dutchess County Fairgrounds in Rhinebeck. Among those on hand for the black-tie event are (left to right) honoree **Gregory Rakow**, NDH Foundation Chairwoman **Kelly Mosher**, hospital President and CEO **Denise George**; honoree **Dr. Michael Moses**, and Health Quest President and CEO **Luke McGuinness**



8

8 Benedictine Health Foundation's June 23 golf tournament netted \$38,000 to support health care services in Ulster County. Enjoying the outing at Wiltwyck in Kingston are (from left) Rhinebeck Bank's **Jim McCardle**, **Jeff Ackerly** of Berkshire Hathaway Hudson Valley Properties, **John Klassen** of Rhinebeck Bank, and **John Belliveau** of Acadia HR



9

9 On July 5, a star-spangled lawn party was held on the grounds of Wilderstein Historic Site in Rhinebeck. Guests at the benefit were treated to cocktails, picnic fare, lawn games, house tours, and a silent auction. From left: **Gloria Golden**, **John Golden**, **Linda Watson**, **Carleen Baright**, and **Richard Baright** enjoy the patriotic event

10 Westchester and Hudson Valley publisher **Ralph Martinelli** enjoys a red carpet moment with Miss Hudson Valley, **Brittany Drahos** (left) and Miss Westchester, **Mayra Avila** at the Best of Westchester Party, held at the Glen Island Harbour Club in New Rochelle on July 23



PETER GANNONE

10

Cats will be sold at fundraising auction September 27<sup>th</sup>, from 3-7pm at the Historic Catskill Point

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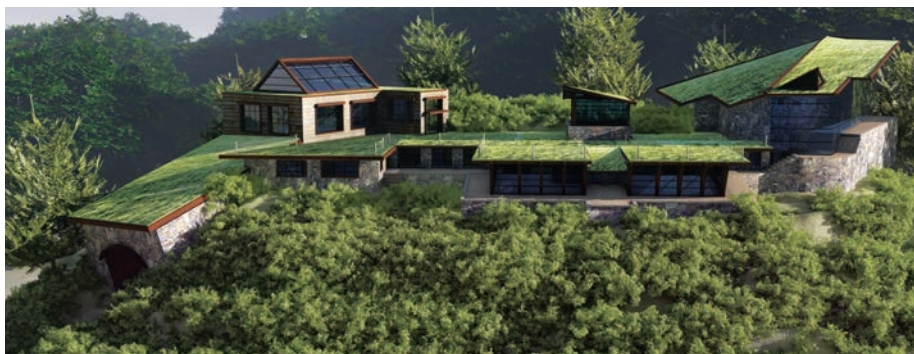
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# Rail Revival

Would the restoration of the Mount Beacon Incline Railway be good for the region? It depends who you ask

BY JULIE CHIBBARO

**I**'ve lived near the base of Mount Beacon for five years now, but believe it or not, I've never seen what's at the top: the reservoirs, the monument to the Revolutionary War, the wheelhouse, the fire tower. Because I suffer from the chronic pain syndrome fibromyalgia, it's impossible for me to manage the steep switchbacks of the 1,611 foot mountain. I have only heard how, from a height greater than that of the Empire State Building, hikers can see as far north as the Catskills, and as far south as New York City. The view, they say, is breathtaking.

There is hope, however, that one day a funicular will take me up there. The people at the Mount Beacon Incline Railway Restoration Society are working hard to make that happen.

Funiculars — incline railways that are a cross between a train and an elevator — have been around for hundreds of years. The first Mount Beacon Incline Railway was built in 1902 by men and mules through the dead of

winter. It opened on Memorial Day to great success, providing not just a nature break for residents of the surrounding industrial towns (as well as for steamboats full of folks escaping New York City), but also dining, dancing, and gambling in the casino, and a stay at the Beaconcrest Hotel. Through the Roaring '20s, tourist business in the city of Beacon thrived. The banner year of 1926 saw 110,000 passengers riding the rail.

Then, in 1927, disaster hit in the form of a fire. The casino and the hotel burned to the ground, although the funicular kept running. Throughout the succeeding decades, more than three million people rode the railway, but it never recovered the ridership of its early days and closed after a fire in 1983.

Plans to restore the Railway started in 1996 with Steve Gold, then campaigning for a City Council position. "When I saw how Main Street was depressed and boarded up and nobody was going there, I wanted to do some-

**On top of the world** A pair of trolley cars (top) travel down Mount Beacon; at left, crowds gather at the opening of the railway on Memorial Day in 1902; above, an artist's rendering of the proposed visitors center and restaurant to be constructed at the summit of the mountain

thing to help the city. When I asked people what they liked about Beacon, they'd smile and say, 'The Incline Railway.' Rebuilding and reopening the funicular, Gold thought, would bring needed dollars into the city, and residents could revisit the mountaintop of their youth.

Ellen Gersh, a Beaconite who grew up at the foot of the mountain and has now returned to her childhood home, remembers riding the railway with her grandmother. "There were no windows, and the ride was so steep, you thought you were going to be thrown out of the car. For my sister, a daredevil, it was a thrill." The casino at the top was a hot spot for her parents, who walked to the base station, took the ride up, and danced all night. "You could hear the music from my house," Gersh says.

First on the agenda for Gold's new group was to save the mountain from developers, with help from the Scenic Hudson Land Trust, which bought the land before 47 new houses could be built on it. Since then, the nonprofit has built a Web site, held fund-raisers, and worked to raise public awareness.

According to Mike Colarusso, recent past

cost \$20 million. But Jeff McHugh, who took over as president of the society in June, says that more recent projections indicate that the cost of the project will go beyond that figure. Further complicating the society's efforts is the fact that New York State Parks announced last winter that they will be taking over the land on Mount Beacon from Scenic Hudson, and incorporating it into Hudson Highlands State Park. "Getting approval by New York State Parks to proceed with our plans is our next big milestone," says McHugh. "Then we will be focused on building our board of trustees to help us accomplish our funding goals."

Residents who live near the mountain worry about the traffic, the noise, the litter, the land management. Tim Parsaca, vice president of production at Madison Square Garden, owns a house at the foot of the mountain. "My opinion of the railway is tempered by my proximity. I live here. The mountain is my backyard and I'm on it four days a week. I've seen what's happened as tourism has grown."

Parsaca works at the Garden, where 20,000 people a night, he says, can leave an incredible amount of trash. The numbers are not the same, but he's worried the effect

## The first Mount Beacon Incline Railway was built in 1902. Through the Roaring '20s, tourist business in the city of Beacon thrived. The banner year of 1926 saw 110,000 passengers riding the rail

president of the society, a funicular and upper and lower visitor centers will live in the footprints of the old rails and buildings, with some differences. "With the old one, you'd ride to the top, stay at the hotel, and dance until 2 a.m. This will be a dawn-to-dusk facility, so it's dark at night, and quiet." The old facility at the top, he says, dumped human waste into an open ditch down the side of the mountain. "We'll use mulching restrooms, filter gray water, and reuse it for plantings. The facilities will be LEED-certified educational and museum centers. There are some things we don't want to replicate."

In 2011, Colarusso, a senior research analyst in the Army's office of Economic and Manpower Analysis, had a market analysis and business feasibility study conducted. It showed ridership was predicted to be about 192,000 people per year, yielding an annual profit of \$540,000. Profits would be reinvested in maintaining the railway. Jobs created in the region would be in the hundreds. In 2013, the society received a \$100,000 New York State Capital Projects grant, its first six-figure grant, which will go toward creating a business and operating plan. According to the 2011 study, the whole project would take 18 months and

will be. "People are people. The stairs make wider trails, causing erosion on the mountain, and much more garbage. In a year, you have 100,000 more people going up there that have to go to the bathroom, that leave stuff." He points out how, on game nights, the traffic to Dutchess Stadium shuts down Route 9D in Wappingers Falls. He worries the same will happen to the area surrounding the mountain.

But, says Colarusso, "development doesn't have to be a dirty word. Think of Storm King Art Center, or Boscobel. They thoughtfully integrated the visitors' experience into the natural landscape. If I lived close by, I too would want to know more. We share everything, all our plans, studies, and numbers, with the public on our Web site." They have also made a short film about the project, called *Excelsior*.

As someone who can barely walk one mile, I envy hikers like Parsaca who can take advantage of the mountain's beauty. I understand his desire to keep nature pristine. But I also understand the desire to make the mountain more accessible to everyone, as well as boost the local economy. I hope one day they can create a plan, and a ride, that will satisfy us all. ●



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Lithographs by Currier and Ives detail the 19th-century maritime disasters on the Hudson River involving the steamships *Swallow* (left) and *Henry Clay*

# Sunken Treasure

Schooners, sloops, barges, and steamships rest in peace at the bottom of the Hudson  
**BY DAVID LEVINE**

**A**bove the waterline, the Hudson River is a gorgeous thing to behold. Below the surface, it's a wreck. Literally.

As long as humans have been riding floating objects on water, those objects have invariably sunk. Vessels that sailed on the Hudson are no exception. From colonial sloops and sailboats to war boats and steamships, somewhere north of 300 known wrecks rest on the river bottom. Countless others no doubt have met the same briny fate. Don't get any ideas about diving down to check them out for yourself, though: New York State doesn't disclose their exact locations and prohibits recreational diving to wrecks for fear of disturbing them.

To shine a light on the darker depths of the river and its ghostly remains, the Hudson River Maritime Museum has mounted an exhibit called "Troubled Waters: Wrecked and Sunken Ships of the Hudson." The exhibit, created in 2013 — this is its second mounting — runs through the end of October. It features relics, sonar images, and information on shipwrecks that span much of the river's maritime history.

What is thought to be a 19th-century sloop was found at the bottom of Haverstraw Bay, and Revolutionary War gun-

boats may lie near the Bear Mountain Bridge. Many of the wrecks are probably canal boats and barges, such as the 10 or so that joined Davy Jones's locker in 1902.

Allynne Lange, curator of the museum and its interim director, is particularly fond of this exhibit. "Steamboats are my particular specialty, and there were many bad accidents because of racing," she says. "They were impromptu races; the idea was the fastest boat would attract the most passengers." Two racing-related wrecks, however, were worse than bad. They were epically catastrophic.

**Just sit right back and you'll hear a tale...**

Some boats sank in storms, others collided or ran aground in the decades and centuries before modern navigation equipment. Many were scuttled after being damaged beyond repair. More than a few burned while in winter lay up. But the most famous Hudson River shipwrecks are the steamboats the *Swallow* and the *Henry Clay*.

Built in New York City and put in service in 1836 for the nighttime run between New York City and Albany,

the *Swallow* had a wooden hull nearly as long as a football field and weighed 426 tons. And it was fast.

So was a similar vessel called the *Rochester*. They were known as "Hudson River Flyers" and often raced one another, a common practice of the day. On April 7, 1845, a race was on. The *Swallow*, with Captain A.H. Squires at the helm, left Albany at 6 p.m. on a scheduled run to New York City. The *Rochester*, under a Captain Crittenden's command, and another side-wheeler called the *Express*, soon followed. All were loaded with passengers, including about 350 on the *Swallow*, many unaware that racing would be involved in their journey.

April in upstate New York being what it is, they sailed in a heavy gale peppered with snow squalls. As the *Swallow* neared Athens, the pilot lost his bearings, and the boat smashed onto a rocky outcropping near shore. The crash was reportedly heard more than a mile away. The hull broke apart, the boilers flooded, and the ship burst into flames. The *Swallow* quickly sank.

A few of the passengers escaped to the bow and dropped to the ground.

PHOTOS COURTESY OF HUDSON RIVER MARITIME MUSEUM

Many jumped into the river but were unable, in the dark, to find the shore. The city of Athens quickly responded, as church bells tolled and hundreds of people came forward, building fires to provide light and rescuing as many people as they could.

The other boats soon came upon the scene and joined in the rescue, picking up about 200 people; about 100 were rescued in rowboats by the townspeople. But at least 15 others — exact numbers are unknown because passenger records weren't kept — perished.

Although steamboat racing remained legal, one important change was enacted in



the wake of the tragedy: Riverboat travel was held off until May.

### ...A tale of a fateful trip

Warmer weather, however, didn't prevent another tragedy from occurring just five years later.

On July 28, 1852, the steamships *Henry Clay* and *Armenia* left Albany on a similar passenger trip-slash-race. Thomas Collyer, who built both ships, was in command of the *Clay*, while the *Armenia* was owned and piloted by Captain Isaac Smith. The *Armenia* reportedly skipped past one landing and left passengers stranded. The *Clay* powered full steam ahead in pursuit, to the growing fear of some of its riders. According to articles that ran in the *Greene County Examiner-Recorder* in 1959, "Sparks shot from her stacks and blew skyward, soot settled on the decks, and the increased tempo of her throbbing engines set the whole vessel to shuddering and shaking." "They were burning woodwork and furniture because they had run out of fuel," says Lange.

Near Kingston, the *Clay's* pilot, Jim Elmendorf, "guided by some maniacal impulse," according to the *Examiner-Recorder*, cut directly into the *Armenia's* path, splintering the hull and foredeck. The *Armenia* slowed down; the *Clay* did not. Near Riverdale, the boiler exploded in flames. Elmendorf turned the *Clay* toward the east bank, which it hit at

full speed and ran 25 feet up and into a railroad embankment.

Those lucky enough to be at the bow, including Elmendorf and his wife, were thrown ashore. But most of the passengers were in the back, cut off from escape by the roaring fire amidships. They jumped into the water, but many couldn't swim; others were weighed down by the fancy dress of the era.

The *Examiner-Recorder* described the grim scene: "In 20 minutes there was nothing left of the *Clay* but a slow burning section of her bow. All along the shore lay the bodies of the recovered corpses; and stumbled the dazed, stunned survivors searching for the bodies of family and friends. The *Armenia* hovered on the scene, picking up survivors. Under a full moon, passengers dragged the river all night long.

"Eighty were dead."

Among them were some famous and prestigious people of the time, including former New York City Mayor Stephen Allen; a sister of writer Nathaniel Hawthorne;

and, perhaps best-known, Andrew Jackson Downing, a landscape architect from Newburgh who was at the forefront of the emerging movement to build parks in cities and who designed the grounds of Washington's Smithsonian Institution and the Capitol Building. The wreck made all the papers — the *New York Times* called it a "melancholy disaster" — and although the owners and officers of the *Henry Clay* were acquitted on charges of manslaughter, the New York State Legislature soon thereafter passed the law prohibiting steamship racing on the Hudson.

### The weather started getting rough, the tiny ship was tossed

The law didn't end shipwrecks, of course. The museum chronicles a sunken John H. Cordts tugboat from 1908, as well as the wreck of the *New Yorker*, which burned and sank in 1937, Lange says. Along with ship parts, anchors, and other flotsam and jetsam, the exhibit features Currier and Ives lithographs of the *Swallow* and *Clay* fires. There is also a diorama of an underwater scene, with boat and anchor submerged, which was put together — as was the rest of the exhibit — by a retired designer from the Museum of Natural History.

Kids really like the diorama, Lange says — but adults are intrigued as well. "People are interested in disasters. It's a popular topic, and there is always an audience for it." ●

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# FALL GETAWAYS

YOU DON'T NEED TO LEAVE THE VALLEY TO RELAX IN LUXURY DIGS, DINE ON WORLD-CLASS CUISINE, AND ENJOY FUN CULTURAL ACTIVITIES. AND OUR FALL FOLIAGE CAN'T BE BEAT

BY ALIA AKKAM, ROSEMARY O. FERNANDEZ, & DAVID LEVINE

## HOTEL DYLAN

Woodstock. 845-684-5422; [www.thehoteldylan.com](http://www.thehoteldylan.com)

Year-round, the charms of Ulster County's quirky, artsy Woodstock captivate. But there's something especially magical about autumn, when nippy nights can be spent gathered around a fire pit — at least if you decide to check in to the Hotel Dylan.

Laid-back fun is found at every turn, from the ping-pong table to the bocce court. Wrap yourself in a cardigan and watch a movie on the outdoor screen, take a yoga class across the street at the 28 West Gym, or simply curl up in the hammock with a book.

Owner Paul Covello, a Woodstock native, was intrigued by the rundown, '70s-era bi-level building that he constantly passed en route from his New York City pad to his weekend home. "Wouldn't it be perfect for a hotel?" I thought. "No one's doing anything with the property, so maybe I should," he says.

With a business partner secured, Covello gave the space a top-to-bottom renovation, and the Hotel Dylan was born. "It should be a place where New Yorkers can come up for the weekend, and although they love the city, come Thursday or Friday they're thinking, 'How do I get back up there?'"

The inviting 11 rooms make that easy. Painted white with pops of vivid blues and yellows, they are whimsical, modern interpretations of the town's bohemian past. Designed by husband-and-wife team Cortney and Robert Novogratz (of HGTV fame), the rooms feature beds crafted from recycled wood or iron; the walls, emblazoned with arrow pat-

terns, harken back to Woodstock's Native American roots. Lest we forget the town is steeped in music, rooms are tricked out with turntables, a stash of vinyl, and rock posters from the official photographer of that wee 1969 concert that shares the town's name.

"We want this to be a place with a funky vibe, where people can listen to great music, have a burger, and sip a microbrew," says Covello. "We want this to be the place locals recommend."

Coming soon: a farm-to-table restaurant, a spa, a lobby boutique showcasing locally made products and, naturally, an event space hosting a plethora of musical acts.

**EAT & DRINK:** Mediterranean-inspired **Joshua's Café and Restaurant** is a mainstay for bountiful breakfasts of chakchouka (poached eggs, onions, peppers, parsley, tomatoes) and challah bread French toast. As long as the robust Turkish coffee comes your way, you may never leave ([www.joshuascafe.com](http://www.joshuascafe.com)).

An old farmhouse in the Catskill Mountains is the bucolic setting for **Peekamoose Restaurant and Tap Room** in Big Indian, a half hour from Woodstock. With Hudson Valley-made brew in hand, patrons can sit down to from-scratch gnudi studded with pignoli nuts, and butter poached lobster with roasted fingerling potatoes and wax beans ([www.peakamooserestaurant.com](http://www.peakamooserestaurant.com)).



**Cucina**, tucked inside a rambling yellow farmhouse, flaunts all the coziness of an old-time trattoria. But the pizzas, laden with farm-fresh ingredients like goat cheese, fig-rosemary spread, pear, arugula, and truffle oil, are decidedly modern ([www.cucinawoodstock.com](http://www.cucinawoodstock.com)).

**FALL FUN:** It's fitting that such a peace-loving town is home to the **Woodstock Farm Animal Sanctuary**. Through the end of October, come play in the open pastures with chickens, cows, ducks, pigs, goats, rabbits, and sheep that have been rescued from neglect ([www.woodstocksanctuary.org](http://www.woodstocksanctuary.org)). For entertainment of the indoor variety, warm up at the **Center for Photography at Woodstock**, and take in a medley of alluring contemporary images ([www.cpw.org](http://www.cpw.org)).

**FALL FOLIAGE ALERT:** The rocky slopes of **Overlook Mountain**, bursting with the colors of autumn, offer scenic panoramas of the Hudson River and Ashokan Reservoir. A five-mile hike winds through Echo Lake and the concrete ruins of the old Overlook Mountain House Hotel.

**INSIDER'S TIP:** Crisp fall nights were meant for sipping tea. Try the Organic Golden Monkey variety from the **Tea Shop of Woodstock** ([www.woodstockteashop.com](http://www.woodstockteashop.com)).

**BASIC RATES:** \$189-\$289



Visitors (above) stroll along Tinker Street in Woodstock. Furnishings at the village's Hotel Dylan include a turntable and vinyl LPs, photo posters from the Woodstock '69 festival, and flower-power and Native American-inspired decorative elements





Lake Placid is well worth the drive from Averill Park — especially in the fall. The Troy Waterfront Farmers Market offers a wide selection of quality local produce

## GREGORY HOUSE COUNTRY INN

Averill Park. 518-674-3774; [www.gregoryhouse.com](http://www.gregoryhouse.com)

Averill Park, in deepest Rensselaer County, won't often be mistaken for Italy. But if you feel like you've fallen into a little bit of the bel paese at the Gregory House, you aren't alone.

Anna Maria and Alfonso Acampora, who bought the inn in 2000, were born and raised in Italy. Anna Maria is Sicilian, and Alfonso grew up on the Amalfi Coast. He trained at the Culinary Institute of Rimini, and worked in Germany, Switzerland, France and other stops in Europe. With his wife, they operated a restaurant in Sicily, then came to the Valley and operated La Conca D'oro in Catskill.

When they saw the Gregory House, they jumped at the chance to run both an inn and restaurant. "We liked the location and wanted something different," says Anna Maria. The inn, built in 1984, got a complete makeover. The 12 guest rooms were refurbished and given unique themes: the Cabin, the Adirondack Room, Touch of Italy, the Rose Garden — you get the idea. Each has a private bathroom, cable television, and free Wi-Fi. Continental breakfast is available from 9-10:30 a.m.

They also spruced up the restaurant, which dates back to 1836 when the inn was a carriage stop. Called La Perla, it features four candlelit dining rooms in which you can sample Alfonso's extensive Italian menu, as well as a more-casual room and bar for wood-fired pizza and lighter fare.

Averill Park is nicely situated in the middle of everything: Saratoga Springs, the Berk-

shires, Vermont, and the mid-Valley are easy drives away. It's prime territory for skiing getaways in the winter; in the fall, just hop in your car and drive in any direction. When you return to this rustic country inn, Anna Maria says, "you feel like you are at home."

**EAT & DRINK:** **Brown's Brewing**, which opened in 1993 and is one of the first successful brew pubs in the region, serves up many styles of beer (their popular Pale Ale earned a gold medal from Hyde Park's CIA) and pub grub, and has live music and a bustling bar scene ([www.brownsbrewing.com](http://www.brownsbrewing.com)).



**Dinosaur BBQ**, the fast-growing regional chain, grabbed a great spot on the river in Troy where you can get your fingers messy with its famous barbecue — voted best in the nation by *Good Morning America* viewers ([www.dinosaurbarbque.com/locations/troy](http://www.dinosaurbarbque.com/locations/troy)).

**Lucas Confectionary and Wine Bar** is a recent addition to the ever-growing downtown Troy revival. A gorgeous reclamation of an old candy factory, the place has a cool vibe to go along with its menu of regional cheeses, charcuterie, and international craft beers and wines ([www.lucasconfectionery.wordpress.com](http://www.lucasconfectionery.wordpress.com)).

**FALL FUN:** The **Saratoga Wine and Food Festival** is held at the beautiful Saratoga Performing Arts Center, better known as SPAC. It draws close to 6,000 gourmands and more

than 250 wine and food exhibitors. Proceeds benefit SPAC's children's education program (Sept. 5-7. <http://saratogawineandfood.com>).

Featuring more than 80 vendors — and open year-round — the **Troy Waterfront Farmers Market** not only showcases the best local products, it shows off central Troy's revival. If you haven't been to Troy in a while, you'll be pleasantly surprised (Saturdays 9 a.m.-2 p.m., [www.troymarket.org](http://www.troymarket.org)).

The **Goold Orchards Apple Festival and Craft Show** is perhaps the biggest fall fest in the county, and a lovely spot to pick apples, peruse crafts, and take in the autumnal beauty (Oct. 12-13, [www.goold.com/festival.html](http://www.goold.com/festival.html)).

**FALL FOLIAGE:** The drive to **Lake Placid** is a long one, but the Adirondacks are, in a word, stunning, and the town is, too. Closer to home, try **Jiminy Peak**, just 15 minutes away. The mountain adventure parks will entice the kids while you enjoy the scenery ([www.jiminypeak.com](http://www.jiminypeak.com)).

**INSIDER'S TIP:** The Gregory House was a favorite spot of the late Yankees legend Phil Rizzutto, who stayed there every year to visit a daughter who lives in the area. "We have an autographed picture somewhere," says Anna Maria. "I have to find it. He was such a nice man."

**BASIC RATES:** \$115-\$160

LAKE PLACID: SHUTTERSTOCK; BROWN'S BREWING: JENNIFER MAY



# THE BARLOW

Hudson. 518-828-2100; [www.thebarlowhotel.com](http://www.thebarlowhotel.com)

Warren Street in Hudson just keeps getting better. Besides its numerous restaurants, shops, and cultural centers, it's also home to a new boutique hotel.

Though open only since June 2013, the Barlow has already received numerous accolades — including the 2014 Best Lodging in Columbia County Award from the chamber of commerce — and guests are already booking for Labor Day 2015. Co-owned by Russel Gibson and Duncan Calhoun, the hotel came about when some guests at their already successful B&B, the Croff House, wanted more of a conventional lodging experience. “They would say, ‘I’m not really into B&B morning chit chat, I don’t need the breakfast.’ So we decided what Hudson needed was a hotel,” says Gibson.

They purchased the circa 1906 Barlow-Osborne professional building, which had been renovated after a fire in 1927; they did a major renovation themselves in 2012, installing all new electric systems, plumbing, air conditioning, plus a roof and an elevator. And how did they decide on the name? “The crest at the top of the building still says Barlow-Osborne,” Gibson says. “So do we call it Barlow-Osborne? That’s a mouthful. Maybe the BO Hotel — yeah, *that* sounds really good. So it became the Barlow.”

When guests first arrive under the green awning and march up the steps, they are greeted by a chalkboard that displays local events happening that week, as well as the day’s weather forecast. The welcoming lobby is dominated by an enormous fireplace, cozy couches, and a case of colorful martini glasses. Each of the 16 rooms (one is pet-friendly) is equipped with all the essentials: delightfully soft beds, a sleek tub and shower, local artwork, a Keurig machine, a refrigerator, a TV, an electric fireplace, an iPod dock, and Wi-Fi.

One thing the Barlow does not have, however, is a restaurant. Says Calhoun: “We don’t want a restaurant because there are so many great ones in the area, and ours wouldn’t be half as good. We’ve made a concerted effort to be supportive of the community.” Ask for recommendations

on where to eat, shop, or explore, and the duo rattles off a dozen options. One in particular is the “Helsinki on Broadway” program put on by Club Helsinki. Top theater talent travels up from New York and performs in the intimate event space — and, yes, they stay at the Barlow.

And if the celebs want to stay there, it’s bound to be top notch.

**EAT & DRINK:** Just about four blocks from the Barlow is the **Crimson Sparrow**, a restaurant with a charming outdoor space. Fun fact: The menu denotes the country from which each of the dishes originates ([www.thecrimsonsparrow.com](http://www.thecrimsonsparrow.com)). Check out **Spotty Dog Books and Ale**, a bar meets a bookstore meets an art supply shop ([www.thespotttydog.com](http://www.thespotttydog.com)). Or hop on a **Farm to Glass Tour**, a day trip that shows guests the ins and outs of a local winery, a brewery, and a distillery. Yes, tastings are included ([www.farmtoglasstours.com](http://www.farmtoglasstours.com)).

**FALL FOLIAGE ALERT:** If driving along Route 9 on your way to Hudson doesn’t afford enough leaf-peeping for you, take a trip to **Aubrey House Farm**, one of the Barlow’s newest Privileges Partners (see below). Located atop a mountain, the equestrian center offers lessons amid stunning autumnal views. The farm recommends calling ahead to schedule a lesson and for directions ([www.aubreyhousefarm.com](http://www.aubreyhousefarm.com)).

**FALL FUN:** See the beautiful colors of fall — and summer, spring, and winter — in art form at the **Columbia County Council for the Arts** autumn exhibit (Sept. 27 to Nov. 7). Artists who use all mediums present their work that best showcases Columbia County year-round ([www.artscolumbia.org](http://www.artscolumbia.org)).

**INSIDER’S TIP:** Many businesses, restaurants, and shops in Hudson take part in the Barlow’s Privileges Partners program. Flash your room key card at these establishments and receive a 10 percent discount on your purchases.

**BASIC RATES:** \$150-\$250



The Barlow's lobby; a luxury king suite; Chatham Brewery, one of the stops on a Farm to Glass Tour; the Crimson Sparrow's alfresco dining space with views of the kitchen; patrons at Club Helsinki just before a performance







Clockwise from left: The bar at Diamond Mills; a view of the Esopus Falls from the tavern's balcony; a guestroom at the hotel; the tavern's interior dining room



## DIAMOND MILLS HOTEL & TAVERN

Saugerties. 845-247-0700; [www.diamondmillshotel.com](http://www.diamondmillshotel.com)

At first, the debut of equestrian facility HITS-on-the-Hudson seemed an unlikely fit in the blue-collar town of Saugerties. But the arrival of Diamond Mills Hotel and Tavern in 2011 proves the town has fully embraced its fancier side.

Located on the site of the former Martin Cantine Paper Company — a thriving, circa-1888 paper mill that burned to the ground in 1978 — the 30-room hotel at once conjures the city's industrial past while giving it a modern new sheen. Beyond the thoughtfully recreated red brick facade and paned windows of yesteryear lie the spare and neutral-hued guestrooms, which include spacious tiled bathrooms with walk-in showers. Spring for one of the two king suites, and you'll be treated to your own living room with a fireplace — but it's hard to imagine ever leaving the private balcony, a perk in all of the rooms. Here, tranquility comes courtesy of staggering Esopus Falls, which envelop you in the soothing sounds of rushing water.

**EAT & DRINK:** Diamond Mills has its own airy, soaring tavern on the premises — try the truffle popcorn — but the property is perfectly poised for dining “off-campus,” too. One local favorite is **Miss Lucy's Kitchen**, a quirky, bustling spot where dishes run the gamut from smoked baby back ribs with smashed potatoes and cornbread to mushroom and zucchini strudel laced with red pepper-goat cheese sauce ([www.misslucyskitchen.com](http://www.misslucyskitchen.com)). **New World Home Cooking** is another upbeat local favorite, serving the likes of grilled chimichurri gulf shrimp and lamb carnitas with Navajo blue corn mush and house-made queso ([www.ricorlando.com](http://www.ricorlando.com)). Dollar oysters on Wednesdays are only one of the reasons to visit **Red Onion Restaurant and Bar**. The pre-1850 farmhouse is a choice spot for black truffle-potato pierogi and vegetable curry with lime Basmati rice ([www.redonionrestaurant.com](http://www.redonionrestaurant.com)).

**FALL FUN:** Once the site of an abandoned quarry, **Opus 40** is a six-and-a-half-acre sculpture pieced together from hand-laid slabs of indigenous bluestone by artist Harvey

Fite over the course of 37 years. Stroll its ramps and terraces and make your way up to the striking monolith ([www.opus40.org](http://www.opus40.org)). When the annual **Mum Festival** makes its way to town (October 5), lovely Seamon Park becomes awash in colorful blooms.

**FALL FOLIAGE:** Skip the driving and gawk at Mount Pleasant and Romer Mountain from the comforts of a vintage coach. The five-mile journey on the **Catskill Mountain Railroad's Esopus Scenic Train** (\$14 for adults; \$8 for children) between Mount Tremper and Boiceville is a glorious way to admire the autumn leaves ([www.catskillmtrailroad.com](http://www.catskillmtrailroad.com)).

**INSIDER'S TIP:** One of the region's best and most expensive bookstores is **Inquiring Minds**, on historic Partition Street. Linger with a cappuccino at one of the lamp-adorned tables and hope it's an open mic night ([www.inquiringbooks.com](http://www.inquiringbooks.com)).

**BASIC RATES:** \$250-\$600

CLOCKWISE FROM LEFT: KEVIN FERGUSON; KELLY MERCHANT; MICHAEL NELSON; MAXIMILIAN B. NUCCI

# THE PIG HILL INN

Cold Spring. 845-265-9247; [www.pighillinn.com](http://www.pighillinn.com)

The thought of a day of antiquing is usually all the incentive one needs to hightail it to the cutesy town of Cold Spring. But it's even better when you can stay overnight. Situated just 50 miles north of New York City, on perhaps the most scenic stretch of the entire Hudson, the village has a pretty Main Street crammed full of historic buildings, which are home to chic boutiques and restaurants — as well as the Pig Hill Inn.

This circa-1825 three-story building — a stone's throw from the Metro-North stop — has nine distinctive rooms that teem with antiques and personality, but, in a quest for ultimate renewal, are devoid of telephones and TVs. Most of them have fireplaces and wood-burning stoves; some have Jacuzzi tubs. The Victorian Elegance is especially attractive because of its sleigh bed and claw-foot tub, but the old-fashioned iron and wood bed in Morning Ivy, or the graceful canopied one in Tranquility, all promise a delightful slumber.

"We bought a house up here, and my friends were always visiting from New York City. I was cooking and changing sheets all the time, so I figured I might as well do it for some money," laughs Vera Keil, the Czechoslovakia native who bought the inn in 1998. "It's a lot of hard work, but I love everything about running this place — especially because our guests are happy ones who come back all the time."

Begin the day with filling breakfasts in the glassed-in conservatory — the innkeeper used to be a professional chef, and his maple-

cured, thick-slab bacon is a favorite — or have a meal delivered to your room at any time. When hunger strikes again, look forward to slices of the inn's freshly baked mid-afternoon apple pie. An assortment of tea is always available.

Kick off the neighborhood's requisite shopping excursion by ogling the jewelry and scarves at the on-site gift shop.

**EAT AND DRINK:** Foundry Café's old-school, tiny diner feel is amplified by sweet-talking waitresses who are never out of range with the coffee pot. Oversized omelets are a fan favorite, but the French toast, elegantly made with slabs of Italian bread, shouldn't be missed either.

**Hudson Hil's Café and Market**, also on Main Street, feels like dining in a farmhouse. Order a black bean burger with a mess of corn tortillas, and don't leave without perusing the general store-like market. About to hit the trails? The market offers a Hiker's Lunch Box packed with healthy goodies to sustain you on your excursion ([www.hudsonhills.com](http://www.hudsonhills.com)).

For a little taste of Italy, **Cathryn's Tuscan Grill** serves up scrumptious Italian delicacies like spaghetti with guinea hen and apple ragù in both its inviting interior and charming alfresco spaces ([www.tuscangrill.com](http://www.tuscangrill.com)). Situated just 100 feet from the river, the circa 1832

**Hudson House River Inn** has garnered much acclaim over its many years in business. Be sure to try the sesame crusted sashimi tuna or one of the five prime-aged steak options ([www.hudsonhouseinn.com](http://www.hudsonhouseinn.com)).

**FALL FUN:** The dreamiest of settings awaits at **Manitoga**, the house, studio, and woodland garden of acclaimed industrial designer Russel Wright in Garrison, 10 minutes down the road. Wright's experimental Dragon Rock, a house built onto the rock ledge of a quarry, is a marvel, especially in autumn ([www.russelwrightcenter.org](http://www.russelwrightcenter.org)).

**FALL FOLIAGE:** Home to strenuous and scenic **Breakneck Ridge**, Cold Spring is a hiker's paradise. Afterwards, wind down with a delightful autumnal stroll in 12-acre **Stonecrop Gardens**, lush with woodlands, cliff rocks, and English-style flowers. Stop by on Garden Conservancy Open Day (September 14) for a spot of alfresco tea and cake ([www.stonecrop.org](http://www.stonecrop.org)).

**INSIDER'S TIP:** Skin takes a beating and starts to dry out as temperatures drop, but help comes from **Cold Spring Apothecary**. Sample an array of products crafted from essential oils and herbal extracts, like woody Intense Moisture Patchouli hand salve ([www.coldspringapothecary.com](http://www.coldspringapothecary.com)).

**BASIC RATES:** \$150-\$250



BEDROOMS: COURTESY PIG HILL INN; BREAKNECK/STORMING: BEVIN SUPINA



Four of the Pig Hill Inn's charming bedrooms (clockwise from above left): Country Sunrise, Morning Ivy, Mountain Vista, and Windsong. Hikers who survive the climb up Breakneck Ridge (right) are rewarded with a perfect view of Storm King Mountain



# RIVERVIEW BED & BREAKFAST

South Nyack, 347-744-9322; [www.riverviewbnb.com](http://www.riverviewbnb.com)

The chaos of cars weaving along the nearby Tappan Zee Bridge becomes but a memory with a stay at the RiverView Bed and Breakfast, a fireplace-dotted Dutch Colonial home from 1835 that has been, at turns, a barn and hat factory.

The rooms are few, but special, at this South Nyack abode. Alida features an antique English armoire; the Cottage has a limestone bathroom with heated floors and its own private courtyard.

Begin the day by hitting the bicycle and running path out back, and end it just as enraptured by nature with a cup of tea — and a sweater — in the organic garden.

**EAT & DRINK:** Wash down Manchego cheese wrapped in serrano and blood orange-accented grilled baby octopus with Rioja at clubby **Alain's Wine and Tapas** ([www.alainswineandtapas.com](http://www.alainswineandtapas.com)). In the summer, the outside deck of **Pier 701 Restaurant and Bar** in Piermont swells with revelers. As the weather morphs into cooler temperatures, a perch beside the dining room's fireplace is a prime spot for clam chowder and wasabi-crusted ahi tuna ([www.pier701ny.com](http://www.pier701ny.com)). To quell sweet cravings, venture to Valley Cottage's **Hudson Valley Cakery**.

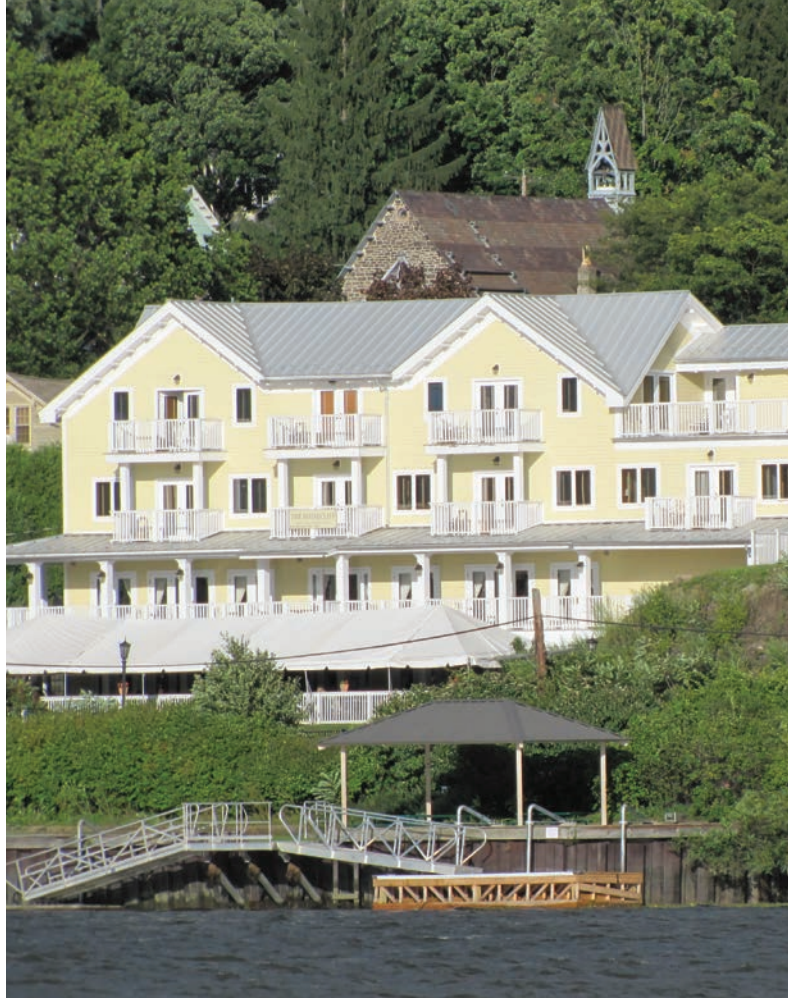
A husband-and-wife team make decadent creations like Madagascar vanilla bean cake filled with layers of rich fudge icing ([www.hudsonvalleycakery.com](http://www.hudsonvalleycakery.com)).

**FALL FUN:** Explore the birthplace and childhood home of extraordinary artist Edward Hopper, which has found new life as a vibrant museum. Through October 19, scope out the watercolors of Hopper's wife, Josephine ([www.edwardhopperhouse.org](http://www.edwardhopperhouse.org)). There may be no pastime more emblematic of fall than apple picking. Do it at **Dr. Davies Farm Stand**, in Congers, where it is possible to take a hayride, sip fresh-pressed cider, and stock up on apples for your own impending crumb-topped pies ([www.drdiviesfarm.com](http://www.drdiviesfarm.com)).

**FALL FOLIAGE:** Take a leisurely bike ride on **Hook Mountain State Park's** Long Path, following the river's edge from Haverstraw's "Dutchtown" to Upper Nyack.

**INSIDER'S TIP:** A stone's throw away is Piermont. Get a taste for its artsy vibe by popping into the co-op, **Piermont Flywheel Gallery** ([www.piermontflywheel.com](http://www.piermontflywheel.com)).

**BASIC RATES:** \$135-\$185



## THE RHINECLIFF

Rhinecliff. 845-876-0590; [www.therhinecliff.com](http://www.therhinecliff.com)

James and David Chapman thought it would be easy. The British-born brothers lived in New York — James was a restaurant industry executive, David a financial software guy — but came up to Rhinecliff on weekends after David bought a house there. They headed from the train station directly to the 1850s-vintage Rhinecliff Hotel next door, then a seedy biker bar, to shoot pool and drink with the locals. They also noticed the fabulous river views and schemed that they should buy the place and do something with it.

When it came up for sale in 2003, they did. "We thought we'd put a new coat of paint on it and be open in six months," says James, the proprietor. But the restoration was more complicated than they anticipated; every fix revealed a bigger problem, until it was clear they had to build an entirely new structure. But they never consid-

ered abandoning ship. "We eventually got to a point of no return," James says. "We were determined not to let it beat us. By the end, the locals were cheering us on, honking their horns and yelling, 'don't give up!'"

Five years and \$6 million later, the new Rhinecliff opened in 2008. The Chapmans preserved and recycled many of the building's original features, like wood beams and staircases, but the rest is modern, clean, and a bit funky, with Soho-friendly art hanging near century-old wood trim.

Each of the nine rooms features a private balcony with Hudson River views, antique hardwood floors, a flat-screen TV, walk-in shower, and whirlpool — from which you can watch the sailboats glide by.

Downstairs, the restaurant serves American-style seasonal cuisine fortified from the original Victorian bar. An outdoor patio

PHOTO BOTTOM LEFT COURTESY OF RIVERVIEW BED & BREAKFAST



Clockwise from left: An exterior shot of the Rhinecliff; the hotel's rustic but chic dining room; a view of the Catskills from Ferncliff Forest; the Ferncliff fire tower



FIRE TOWER, LANDSCAPE: COURTESY OF FERNCLIFF FOREST, LANDSCAPE BY MICHAEL COLUCCIO; BURRITOS: JENNIFER MAY

stretches the length of the hotel, and dining alfresco is delightful, even when the trains rumble by just yards away.

Yes, the trains are unavoidable. The hotel provides complimentary earplugs, and guests must sign a waiver that they won't complain or demand a refund if Amtrak or CSX wakes them up in the wee hours. But in the rooms the noise is well muffled, and the occasional outdoor conversations just add to the charm — this was originally built as a railroad hotel, after all. Once the diesels pass, the beauty of the river and distant mountains more than evens the score.

**EAT & DRINK:** **Dutchess Wine Trail**, which connects Clinton Vineyards and Millbrook Vineyards and Winery, passes by orchards, farms, and beautiful country vistas, which you can toast at the winery tasting rooms ([www.dutchesswinetrail.com](http://www.dutchesswinetrail.com)).

**Gigi Trattoria** in Rhinebeck offers “Hudson Valley Mediterranean” cuisine, using locally sourced ingredients in what *Zagat* calls “imaginative” and “delicious” ways ([www.gigihudsonvalley.com](http://www.gigihudsonvalley.com)).

**Two Boots Pizza**, the iconic East Village pizza joint (now national), has a spot across the street from Bard College. Look for the mosaic behind the bar of Bard's most famous

dropout, Chevy Chase (<http://bard.twoboots.com>).

**FALL FUN:** The mansions pop up like billion-dollar mushrooms around here, and you most likely have already been to the Vanderbilt, Roosevelt, and Montgomery cribs. But just south of Rhinecliff is the lesser-known but stunning **Wilderstein**, home of Daisy Suckley, FDR confidante and one of the main characters in last year's movie, *Hyde Park on Hudson* ([www.wilderstein.org](http://www.wilderstein.org)).

Treat yourself to dinner at the **Culinary Institute of America**. Make reservations well in advance at one of the CIA's three restau-



rants, and be fed by the future stars of the Food Network ([www.ciachef.edu](http://www.ciachef.edu)).

**The Hudson Valley Garlic Festival**, held in Saugerties this month, draws tens of thousands of people, with food, music, crafts and cooking classes, all in honor of the “stinking rose.” No, we're not kidding (Sept. 27-28; [www.hvgef.org](http://www.hvgef.org)).

**FALL FOLIAGE ALERT:** On a clear day, climb the fire tower at **Ferncliff Forest**, a nature preserve in nearby Rhinebeck, and you can see all the way to the Adirondacks and Catskills and on to Massachusetts and Vermont and, you'll swear, forever ([www.ferncliffforest.org](http://www.ferncliffforest.org)).

**INSIDER'S TIP:** **Bubbe's Burritos**, on the grounds of Hardeman Orchards and Farm Market in Red Hook, is technically a food truck but more accurately a roadside attraction. From it, Bjanette Andersen, despite her Scandinavian name, has been peddling the most unbelievably tasty veggie burritos this side of the Rio Grande for over a decade. Open weather permitting, so check her Facebook page for availability ([www.facebook.com/pages/The-Burrito-Stand/118716564820978](http://www.facebook.com/pages/The-Burrito-Stand/118716564820978)).

**BASIC RATES:** \$250-\$450



## THE STEWART HOUSE AT THE ATHENS HOTEL

Athens. 518-947-1587; [www.stewarthouse.com](http://www.stewarthouse.com)

Owen Lipstein won't go so far as to call Tropical Storm Irene a blessing in disguise, because "it wasn't disguised in the least," but the storm did cause the owner of the Stewart House a dark night of the soul. The damage left by the storm "was a test of how deep I wanted to go," he says. He admits he considered walking away, then decided, "I wanted to go deep — very deep." Or, to quote his true passion, he ventured "once more unto the breach."

At the time, the Athens hotel and bar, built in 1883, was still somewhat down at the heels, more Western saloon than upscale B&B. Lipstein took the insurance money and added in more of the personal fortune he made in magazine publishing (yes, children, there was a time when that idea wasn't risible) and totally rebuilt the three-story Victorian hotel he has owned since 2000. Version 2.0 opened this spring, and it is a gem.

While the building's bones were

thoroughly updated, many of the historic features, like the brick chimneys and wide-plank floors, have been brought to the fore. The nine rooms are beautifully decorated in a soothing white-based palette that serves to accent the wood, leather, and fabric furnishings and, most stunningly, the views. If you're a celebrity name-dropper, ask to be housed in the Meryl Streep room, where her death scene in the movie *Ironweed* was filmed; or the Dakota Fanning room, where the actress stayed during the making of *War of the Worlds*. (Tom Cruise lodged here too, but Lipstein only recently learned which room he used and has yet to rechristen it.)

The restaurant downstairs is best described as an upscale pub, but when the weather is fine, the River Garden — a patio, outdoor bar, and gazebo across the street that Lipstein helped build himself — is the place to eat. The food —

grass-fed beef burgers, blackened string beans, delicately fried calamari, local cheese samplers, and the like — is delicious. And did we mention the view?

While Athens itself is still in the "before" phase of this part of the Hudson Valley's revitalization, its neighbor across the river, Hudson, is well into the "after" phase, and offers many diversions. But in rooms like these, what with the terrycloth robes, towel warmers, organic bath and body products, and French-press coffee with breakfast, you may not feel like being diverted at all.

**EAT & DRINK:** **Crossroads Brewery**, just two blocks from the Stewart House, is Athens' award-winning contribution to the Valley brewpub scene ([www.crossroadsbrewingco.com](http://www.crossroadsbrewingco.com)). **Fish and Game**, in a renovated 19th-century blacksmith's shop, features the finest locally sourced produce, humanely raised game, and



Above: Rustic decor in one of the Stewart House's rooms; the hotel's warm lobby; a view of the hotel and restaurant from the river

terroir-cultivated wine ([www.fishand-gamehudson.com](http://www.fishand-gamehudson.com)).

**FALL FUN:** Omi Art Center Sculpture Park in Ghent is less well-known than Storm King, but art outdoors, especially in fall, is sublime. Check out the Artswalk event on October 11 ([www.artomi.org](http://www.artomi.org)).

**FALL FOLIAGE ALERT:** Drive eight minutes south to the Thomas Cole National Historic Site and jump on the Hudson River School Art Trail to see the breathtaking views that inspired famed 19th-century artists such as Cole and his protégé Frederic Church ([www.hudson-riverschool.org](http://www.hudson-riverschool.org)).

**INSIDER'S TIP:** Seek out Mona Goede-Wingate, the Stewart House's hospitality director. The German-born, internationally raised citizen of the world knows the area inside-out. Ask her what to do, and prepare to spend 45 minutes taking notes.

**BASIC RATES:** \$249-\$349

## STORM KING LODGE BED & BREAKFAST

Mountainville. 845-534-9421; [www.stormkinglodge.com](http://www.stormkinglodge.com)

The sculpture garden-strewn hills of Storm King Art Center always make for a riveting day trip, but imagine waking up to that art trove each morning. At the Storm King Lodge Bed and Breakfast, in Orange County's wooded Mountainville, it is possible to see the grounds from the sunny veranda while sipping coffee and tucking into a homemade frittata.

Hal Janks, a longtime bass-trombonist with the Metropolitan Opera Orchestra, opened this lodge in a former circa-1780 post-and-beam barn with his wife post-retirement in 2000; it instantly puts a slew of artsy guests at ease. The six rooms, with mellow names like Lavender and Pine, boast well-worn wood floors and quilt-dressed beds that are distinctly country-rustic. If friends are in tow, consider taking over the two-suite cottage as a commodious alternative.

Surrounded by open fields and mountains, you'll certainly get your nature fix, but do take advantage of the 30-by-60 foot pool, which stays open until October 1. Janks painted it black so it almost feels heated.

**EAT & DRINK:** On the weekends, you can start drinking as early as noon at the sprawling **Newburgh Brewing Company**. Savor a Cream Ale or the rich Russian Imperial Stout, Newburgh Conspiracy, while dipping soft pretzels in spicy mustard and taking in stellar views of the Hudson River ([www.newburghbrewing.com](http://www.newburghbrewing.com)). For more than 50 years, the **Iron Forge Inn** in Warwick, 35 minutes to the west, has been a romantic hideaway. Fall means hearty dishes like braised short ribs with caramelized pumpkin, but splurging on a lavish seven-course meal is the best way to appreciate the charms of this retro Revolutionary War-era home ([www.ironforge-inn.com](http://www.ironforge-inn.com)). Vegetarian food is anything but bland at **Pure City**. This low-key Pine Bush restaurant is the spot for Asian-inspired spicy eggplant casserole, and bean curd mashed with cucumber, carrot, broccoli, and mushroom in a ginger sauce ([www.purecityny.com](http://www.purecityny.com)).

**FALL FUN:** A 20-minute drive away is the famous **West Point Military Academy**, where boisterous football games — upcoming matchups include Ball State (October 4), Rice (October 11), the Air Force (November 1), and Fordham (November 22) — are a seasonal ritual ([www.goarmysports.com](http://www.goarmysports.com)). Meandering through **Storm King Art Center**

is also far more enchanting when there are cool breezes at your back. Laze in the open-air museum's fields and peep at mesmerizing steel sculptures. Also be sure to check out exhibits by sculptor Zhang Huan and artist Virginia Overton ([www.stormking.com](http://www.stormking.com)).

**FALL FOLIAGE:** Come autumn, the streams, lakes, and vistas of **Harriman State Park**, 13 miles away, crackle with even more vibrancy. A popular six-mile



Visitors have the option of bike riding among Storm King's sculptures

hike around Hogencamp Mountain provides spectacular views starting as early as half a mile into the trail. Hikers can make a figure-eight loop by following the Ramapo Dunderberg trail (red), the Dunning trail (yellow) and the Whitebar trail (white).

**INSIDER'S TIP:** Janks often has **Naked Flock Ciders**, crafted from fresh Hudson Valley apples, on hand at the lodge. But he also likes sending guests to **Applewood Winery** in Warwick to sample the range of seasonal sippers, sweetened with local honey, filled with notes of organic maple syrup, and fermented with local pumpkins ([applewoodwinery.com](http://applewoodwinery.com)).

**BASIC RATES:** \$160-\$250 ●

# FALL PREVIEW

THE VALLEY'S CULTURAL CALENDAR IS CHOCK-A-BLOCK WITH CAN'T-MISS EVENTS TO KEEP YOU HOPPING FROM NOW THROUGH THANKSGIVING

BY LAUREN BERG, HILARY SPARLING, AND CHRISTINA WONSBECK

## FRIDAY, SEPTEMBER 5

### The All Night Strut

Step back into the 1940s via this musical medley, an eclectic mix of jazz, blues, and bebop. Classic songs include "Minnie the Moocher" and "Jukebox Saturday Night," among other well-known favorites. Mac-Hadyn Theatre, Chatham.

518-392-9292 or

[www.machaydntheatre.org](http://www.machaydntheatre.org)

## SATURDAY, SEPTEMBER 6

### Joshua Bell

Debuted at Carnegie Hall at age 17, classical violinist Joshua Bell is best known for his playing in the movie *The Red Violin*. He joins the Albany Symphony for a passionate performance of Bruch's Violin Concerto, as well as other riveting compositions. Palace Theater, Albany.

518-694-3300 or [www.albanysymphony.com](http://www.albanysymphony.com)



## SUNDAY, SEPTEMBER 7

### The Charlie Daniels Band

Daniels, a Grammy-winning southern rock icon, belts out "The Devil Went Down to Georgia" and other hit songs. The concert serves as the perfect ending to the afternoon's HITS Harvest Food Fest. HITS-on-the-Hudson, Saugerties.

845-246-8833 or [www.hitsshows.com](http://www.hitsshows.com)

### Hudson River Valley Ramble

Visit a historic site, attend a food festival, take a guided walk, or participate in dozens of other activities held throughout the Valley, all of which are designed to celebrate everything our region has to offer.

518-456-0655 or

[www.hudsonrivervalleyramble.com](http://www.hudsonrivervalleyramble.com)

## FRIDAY, SEPTEMBER 12

### Crafts at Lyndhurst

Now in its 30th year, this annual arts festival features handmade works by hundreds of artists and crafters. Special activities include pottery and wood craft demonstrations; visitors even having a chance to make their own scarves. Lyndhurst, Tarrytown. 845-331-7900 or [www.artrider.com](http://www.artrider.com)

### Doubt, A Parable

Set in a Bronx Catholic church and school in 1964, this drama concerns accusations of sexual misconduct made against a parish priest, and the doubts that surface when the school principal attempts to remove him from the church. County Players Falls Theatre, Wappingers Falls. 845-298-1419 or [www.countyplayers.org](http://www.countyplayers.org)

## SATURDAY, SEPTEMBER 13

### Tom Chapin

Grammy-winner Chapin performs his signature blend of story-songs, ballads, comedic, and political music — as well as old-time folk classics. Bethel Woods Center for the Arts, Bethel.

866-781-2922 or [www.bethelwoodscenter.org](http://www.bethelwoodscenter.org)

### Leaf Peeper concerts

A night of music by Mozart and Bach is on the bill as the Clarion Concerts chamber ensemble introduces its new music director, flute virtuoso Eugenia Zukerman. Hillsdale Grange, North Hillsdale.

518-329-5613 or [www.leafpeeperconcerts.org](http://www.leafpeeperconcerts.org)

### Travis Tritt

Best-known for "It's a Great Day to be Alive" and "Lord Have Mercy on the Working Man," this superstar country crooner brings his current tour to Peekskill. Paramount Hudson Valley, Peekskill. 914-739-0039 or [www.paramounthudsonvalley.com](http://www.paramounthudsonvalley.com)



## FRIDAY, SEPTEMBER 19

### "1964"... The Tribute

With more than 2,900 shows performed worldwide, this Beatles tribute band offers rousing renditions of classic songs like "Yellow Submarine" and "Yesterday." Troy Savings Bank Music Hall, Troy.

518-273-0038 or [www.troymusichall.org](http://www.troymusichall.org)

### Worlds of Wonder

This annual exhibit features local artists — 16 in all — who exhibit works that focus on how disparate elements come together in the creation of art. The show is curated by the director of Skidmore College's Tang Museum. Samuel Dorsky Museum of Art, New Paltz.

845-257-3844 or [www.newpaltz.edu/museum](http://www.newpaltz.edu/museum)



## SATURDAY, SEPTEMBER 20

### LarkFest

This huge one-day street fest (approximately 80,000 are expected to attend) has two entertainment stages, hundreds of food and craft vendors, and numerous family-friendly activities. Lark Street, Albany. [518-434-3861](tel:518-434-3861) or [www.larkstreet.org](http://www.larkstreet.org)

### Paula Poundstone

The first woman to perform stand-up comedy at the White House Correspondents' Dinner, Poundstone specializes in wry, witty, and spontaneous humor. Tarrytown Music Hall, Tarrytown. [914-631-3390](tel:914-631-3390) or [www.tarrytownmusichall.org](http://www.tarrytownmusichall.org)

## SUNDAY, SEPTEMBER 21

### Falling

Deanna Jent's semiautobiographical play chronicles the ups and downs faced by the family of a severely autistic 18-year-old boy. Shadowland Theatre, Ellenville. [845-647-5511](tel:845-647-5511) or [www.shadowlandtheatre.org](http://www.shadowlandtheatre.org)

### Steely Dan

The Rock and Roll Hall of Fame duo of Donald Fagen and Walter Becker, who got their start as undergrads at Bard College, have sold more than 40 million albums on the strength of hits like "Reelin' in the Years." Capitol Theatre, Port Chester. [914-937-4126](tel:914-937-4126) or [www.thecapitoltheatre.com](http://www.thecapitoltheatre.com)

Sunday, September 14

## RENAISSANCE FAIRE

Wander around medieval England and learn what it fully means to have lived in the time of Queen Elizabeth I, with sword fights, artisan shops, comedy performances, food, and costumes galore! Sterling Forest, Tuxedo Park. [845-351-5171](tel:845-351-5171) or [www.renfaire.com](http://www.renfaire.com)





Steely Dan's Donald Fagen (left) and Walter Becker

## FRIDAY, SEPTEMBER 26

### Rhinebeck Arts Festival

This three-day festival features 200-plus artists displaying crafts and fine arts — as well as musicians, dancers, and other live performers. A special showcase of works by Valley furniture makers is also on view. Dutchess County Fairgrounds, Rhinebeck.

845-331-7900

or [www.artrider.com](http://www.artrider.com)

### A Couple of Blaguards

Brothers Frank and Malachy McCourt present an autobiographic account of growing up in poverty in Ireland. Full of humor and colorful characters, their recollections have “a roguish appeal,” says the *New York Times*. Proctors Theatre, Schenectady.

518-346-6204 or

[www.proctors.org](http://www.proctors.org)

## SATURDAY, SEPTEMBER 27

### Garlic Festival

This two-day festival is your one-stop shop for all things garlic. Attendees enjoy demonstrations from local chefs, food and crafts vendors, a garlic market, and a variety of performers and musicians. Cantine Field, Saugerties. <http://hvgf.org>

## SUNDAY, SEPTEMBER 28

### Montgomery Gentry

This superstar country-western duo sticks close to their blue-collar roots with top songs such as “Something To Be Proud Of.” Mid-Hudson Civic Center, Poughkeepsie.

845-454-5800 or

[www.midhudsonciviccenter.org](http://www.midhudsonciviccenter.org)

## FRIDAY, OCTOBER 3

### George Lopez

A TV veteran — his two eponymous shows ran for a total of eight seasons — Lopez’s stand-up routine revolves around Mexican-American culture. The Capitol Theatre, Port Chester.

914-937-4126 or

[www.thecapitoltheatre.com](http://www.thecapitoltheatre.com)

### Philharmonia Quartett Berlin

This foursome has 20 years of classical music concert performances under their belts — including some at Carnegie Hall, where they will play before heading north to Dutchess County. All Saints’ Chapel, Pawling.

845-855-3100 or

[www.pawlingconcertseries.org](http://www.pawlingconcertseries.org)

## SATURDAY, OCTOBER 4

### South Pacific

Based on a James Michener novel, this classic Rodgers and Hammerstein musical boasts songs like “Some Enchanted Evening” and “There Is Nothing Like A Dame.” Westchester Broadway Theatre, Elmsford.

914-592-2222 or

[www.broadwaytheatre.com](http://www.broadwaytheatre.com)

### Wine Festival at Bethel Woods

More than 20 wineries from the Hudson Valley and Finger Lakes regions gather for this yearly fest. In addition to wine tasting, guests can enjoy cheeses and other specialty foods, and live musical performances by local artists Dan Brother and Liza Doolittle. Bethel Woods Center for the Arts, Bethel.

866-781-2922 or

[www.bethelwoodscenter.org](http://www.bethelwoodscenter.org)

## SUNDAY, OCTOBER 5

### Applefest

Orange County’s largest festival — it attracts upwards of 30,000 visitors each year — features hundreds of vendors, several stages of musical entertainment, a farmer’s market and children’s carnival, and a legendary apple pie baking contest. Warwick.

[www.warwickapplefest.com](http://www.warwickapplefest.com)

### Mahler’s Fifth

The Hudson Valley Philharmonic opens its season by tackling this monumental work. Beethoven’s *Egmont Overture* and a trombone concerto featuring soloist Brad Ward are also on the bill. Bardavon Opera House, Poughkeepsie.

845-473-2072 or [www.bardavon.org](http://www.bardavon.org)

## FRIDAY, OCTOBER 10

### Into the Woods

Based on several of Grimms’ fairy tales, this Steven Sondheim/James Lapine musical features well-known songs like “It Takes Two” and “No One is Alone.” Performing Arts Center at Taconic Hills School, Craryville.

[www.thetwoofusproductions.org](http://www.thetwoofusproductions.org)

### Pat Benatar & Neil Giraldo

The duo behind “Love Is A Battlefield” and “Hit Me With Your Best Shot” take the stage. Benatar is renowned for her vocal range, while husband Giraldo makes his mark as guitarist, producer, and songwriter. Capitol Theatre, Port Chester.

914-937-4126 or

[www.thecapitoltheatre.com](http://www.thecapitoltheatre.com)

## SATURDAY, OCTOBER 11

### David Sedaris

The preeminent humor writer — five of his essay collections have been *New York Times* best-sellers — addresses the human condition in America today with wit and satire. Bardavon Opera House, Poughkeepsie.

845-473-2072 or [www.bardavon.org](http://www.bardavon.org)

### Clint Black

One of the top country musicians performing today, Black has had 30 singles on the U.S. Billboard country charts, 22 of which reached number one. Paramount Hudson Valley, Peekskill.

914-739-0039 or

[www.paramounthudsonvalley.com](http://www.paramounthudsonvalley.com)



## SUNDAY, OCTOBER 12

### Newsies

Direct from Broadway — where it won two Tonys in 2012 — this Disney musical is based on a true story about a group of newsboys who stand up against the newspaper barons at the turn of the 20th century. Proctors, Schenectady. 518-346-6204 or [www.proctors.org](http://www.proctors.org)

### Kathleen Madigan

Over her 25-year career, this comedienne has performed stand-up on most of the late-night TV shows; her hour-long special, *Madigan Again*, was one of iTunes' Best Comedy Albums last year. Ulster Performing Arts Center, Kingston. 845-339-6088 or [www.upac.org](http://www.upac.org)

## FRIDAY, OCTOBER 17

### Woodstock Film Festival

"Fiercely independent" is the tagline for this film fest, which showcases independent flicks along with first-class concerts, celebrity-led panel discussions, and great parties full of A-list celebrities.

845-679-4265 or

[www.woodstockfilmfestival.com](http://www.woodstockfilmfestival.com)

### Noam Pikelný & Stuart Duncan

A banjoist and fiddler respectively, these Grammy-winning bluegrass artists have impressive resumes. Pikelný has played with Béla Fleck and Steve Martin; Duncan has been named bluegrass Fiddle Player of the Year seven

years running. Sugar Loaf Performing Arts Center, Sugar Loaf. 845-670-5900 or [www.sugarloafpac.org](http://www.sugarloafpac.org)

## SATURDAY, OCTOBER 18

### Southside Johnny & The Asbury Jukes

A Jersey shore buddy of Bruce Springsteen's, Johnny Lyon and his band play a blend of classic R&B and street-level rock and roll. The Egg, Albany. 518-473-1845 or [www.theegg.org](http://www.theegg.org)

### Fallen Angels

In this comedy of manners, British upper-crusters Julia and Jane fret that their past secrets will be revealed when a former French lover shows up unexpectedly. Ghent Playhouse, Ghent. 518-392-6264 or [www.ghentplayhouse.org](http://www.ghentplayhouse.org)

## SUNDAY, OCTOBER 19

### Side By Side by Sondheim

This revue is filled with Broadway composer Stephen Sondheim's best-known songs from his many hit musicals, including *West Side Story*, *Follies*, and *A Little Night Music*. Shadowland Theatre, Ellenville. 845-647-5511 or [www.shadowlandtheatre.org](http://www.shadowlandtheatre.org)

### ZZ Top

Southern rock, mixed with blues and boogie, make up this trio's trademark sound. The group's 45-year career includes a string of hits such as "La Grange" and "Legs." Ulster Performing Arts Center, Kingston. 845-473-2072 or [www.upac.org](http://www.upac.org)



Applefest in Warwick (above) and bluegrass musicians Noam Pikelný (left) and Stuart Duncan

## FRIDAY, OCTOBER 24

### Johnny Mathis

With 58 years in the music industry, Mathis has recorded more than 80 albums. A short list of his popular hits including "Chances Are," "It's Not For Me To Say," and "Misty." Proctors, Schenectady. 518-346-6204 or [www.proctors.org](http://www.proctors.org)

### The Marshall Tucker Band

Besides hit singles like "Heard It In A Love Song" and "Can't You See," this southern rock combo has had its music featured on *Smokey and the Bandit* and other movie soundtracks. Tarrytown Music Hall, Tarrytown. 914-631-3390 or [www.tarrytownmusicall.org](http://www.tarrytownmusicall.org)

## SATURDAY, OCTOBER 25

### Amy Schumer

Star of her own Comedy Central show, comedienne Schumer puts a humorous spin on sex, relationships, and life in general in her stand-up routine. Palace Theatre, Albany. 518-465-3334 or [www.palacealbany.com](http://www.palacealbany.com)

### Film Columbia

Features, documentaries, shorts, and animated films are all part of this festival, now in its 15th year. Don't be surprised if one of the entries walks away with an Oscar next March. Crandall Theatre, Chatham. 518-392-3331 or [www.filmcolumbia.com](http://www.filmcolumbia.com)

## SUNDAY, OCTOBER 26

### Wilderstein and the White House

The historic house museum transports visitors back to the 1940s with an exhibit of decorative arts, costumes, textiles, photographs, and books dealing with the life of owner Elizabeth Suckley and her good friend, Franklin Roosevelt. Wilderstein, Rhinebeck. 845-876-4818 or [www.wilderstein.org](http://www.wilderstein.org)

### Dance on Film

This week-long series features a screening of the newly restored *All That Jazz* as well as a variety of other films focused on the art of movement. Jacob Burns Film Center, Pleasantville. 914-773-7663 or [www.burnsfilmcenter.org](http://www.burnsfilmcenter.org)

## FRIDAY, OCTOBER 31

### The Turn of the Screw

Get the goosebumps with a staged reading of Henry James's chilling novella, *The Turn of the Screw*,

which is performed by actors from the Hudson Valley Shakespeare Festival. Boscobel House & Gardens, Garrison. 845-265-3638 or [www.hvshakespeare.org](http://www.hvshakespeare.org)

### Rocky Horror Halloween Show

A cult classic, the 1975 film *The Rocky Horror Picture Show* is a campy send-up of 20th century sci-fi movies. Celebrate All Hallow's Eve by catching it on the big screen — and don't forget to come in costume. Paramount Hudson Valley, Peekskill. 914-739-0039 or [www.paramounthudsonvalley.com](http://www.paramounthudsonvalley.com)

## SATURDAY, NOVEMBER 1

### Steve Forbert Band

The Grammy-nominated American guitarist and folk singer, well-known for the 1980 hit "Romeo's Tune," performs newer tracks in addition to his classic repertoire. Towne Crier Cafe, Beacon. 845-855-1300 or [www.townecrier.com](http://www.townecrier.com)

### Bizet's Carmen

A live performance of this French opera — the steamy story of a seductive but headstrong gypsy girl — is broadcast in high definition directly from the Met in Manhattan. Bardavon Opera House, Poughkeepsie. 845-473-2072 or [www.bardavon.org](http://www.bardavon.org)

## SUNDAY, NOVEMBER 2

### The Best of Jethro Tull

Ian Anderson, lead singer and flutist of the '70s prog-rock group, serenades the audience with selections from his new album, *Homo Erraticus*, as well as early favorites like "Aqualung." Palace Theatre, Albany. 518-465-3334 or [www.palacealbany.com](http://www.palacealbany.com)

### Carrie Haddad Gallery

View paintings by featured artist Linda Cross. Her latest work is inspired by excavation sites, and illustrates the natural impact of time and erosion on the Earth. Carrie Haddad Gallery, Hudson. 518-828-1915 or [www.carriehaddadgallery.com](http://www.carriehaddadgallery.com)

## FRIDAY, NOVEMBER 7

### Todd Rundgren

Well-known as a record producer —



as well as the classic rocker responsible for "Hello It's Me" and "I Saw The Light" — Rundgren has frequently toured with Ringo Starr during his long career. Paramount Hudson Valley, Peekskill. 914-739-0039 or [www.paramounthudsonvalley.com](http://www.paramounthudsonvalley.com)

### Strut: The Peacock and Beauty in Art

The first scholarly survey of the image of the peacock in art, this exhibit includes paintings, sculptures, and decorative objects dating from the 19th century to today. Hudson River Museum, Yonkers. 914-963-4550 or [www.hrm.org](http://www.hrm.org)

## SATURDAY, NOVEMBER 8

### Lincoln's New World

In this tribute to one of America's most beloved presidents, the Hudson Valley Philharmonic presents Copland's *Lincoln Portrait* with narration by actor David Strathairn. Folk favorites Jay Ungar and Molly Mason also perform Ungar's *Ashokan Farewell*. Bardavon Opera House, Poughkeepsie. 845-473-2072 or [www.bardavon.org](http://www.bardavon.org)

### Symphony of Westchester

Concertmaster Alex Abayev opens the ensemble's 18th annual concert season with an all-Beethoven program highlighted by the *Egmont Overture*. Iona College, New Rochelle. 914-654-4926 or [www.thesymphonyofwestchester.org](http://www.thesymphonyofwestchester.org)

## SUNDAY, NOVEMBER 9

### Imperial Augsburg

Organized by D.C.'s National Gallery of Art, this touring exhibit features more than 100 prints and drawings that were produced in this German city, a major arts center during the

A scene from Bizet's *Carmen* (below), and Linda Cross's artwork at the Carrie Haddad Gallery



Renaissance. Frances Lehman Loeb Art Center, Poughkeepsie.

845-437-5237 or [www.fillac.vassar.edu](http://www.fillac.vassar.edu)

## FRIDAY, NOVEMBER 14

### Empire Brass

This fivesome has performed on popular TV shows ranging from *Good Morning America* to *Mr. Rogers' Neighborhood*; regarded as North America's best brass quintet, the group performs music of all types. All Saints' Chapel, Pawling.

845-855-3100 or

[www.pawlingconcertseries.org](http://www.pawlingconcertseries.org)

### Cesar Millan Live!

Known for his hit TV show *The Dog Whisperer*, trainer Millan offers his secrets on how to tame unruly pets and develop a healthy relationship with your best friend. Tarrytown Music Hall, Tarrytown. 914-631-3390 or [www.tarrytownmusichall.org](http://www.tarrytownmusichall.org)

## SATURDAY, NOVEMBER 15

### Livingston Taylor

The brother of James Taylor, this quintessential American singer-songwriter employs a range of genres in his music, including folk, pop, jazz, and gospel. Towne Crier Cafe, Beacon. 845-855-1300 or [www.townecrier.com](http://www.townecrier.com)

### Rent

Based on Puccini's opera *La Boheme*, this Pulitzer Prize-winning rock musical chronicles a group of artists struggling to survive in NYC while dealing with the effects of HIV/AIDS. McKenna Theatre, New Paltz.

845-257-3880 or [www.newpaltz.edu](http://www.newpaltz.edu)

## SUNDAY, NOVEMBER 16

### The Marvelous Wonderettes

Showcasing classic '50s and '60s songs like "It's My Party," this off-Broadway hit musical follows four high school girls with dreams as big as their crinoline skirts. County Players Falls Theatre, Wappingers Falls.

845-298-1491 or

[www.countyplayers.com](http://www.countyplayers.com)

## FRIDAY, NOVEMBER 21

### Judy Collins

Legendary folk singer Collins sings her hits — "Cat's in the Cradle," "Bird on a Wire" — as well as some Celtic tunes inspired by her new TV special filmed in Ireland. Troy Savings Bank Music Hall, Troy. 518-273-0038 or [www.troymusichall.org](http://www.troymusichall.org)

### This Leads to Fire

Close to 100 works of contemporary Russian art, dating from the 1950s to the present, are on view. The exhibit explores how the artists challenge both Russian and Western cultural influences. Neuberger Museum of Art, Purchase. 914-251-6100 or [www.neuberger.org](http://www.neuberger.org)

## SATURDAY, NOVEMBER 22

### The Barber of Seville

Broadcast live from the Met, Rossini's comedic masterpiece features some of the most recognizable melodies in all of opera. Bardavon Opera House, Poughkeepsie. 845-473-2072 or [www.bardavon.org](http://www.bardavon.org)

### Hudson River Portfolio

Sketched in the 1820s, this series of 20 hand-colored prints depicts views of the river from north of Troy to Governor's Island. The collection is credited with first awakening America's pride in its natural beauty. Boscobel House & Gardens, Garrison. 845-265-3638 or [www.boscobel.org](http://www.boscobel.org)

## SUNDAY, NOVEMBER 23

### Putnam Symphony Orchestra

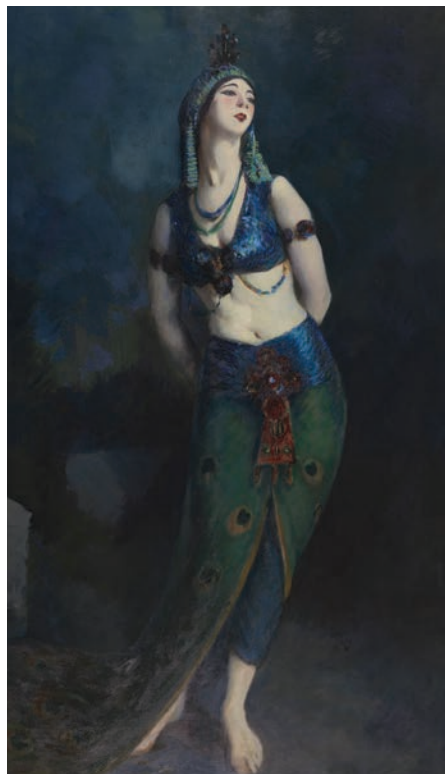
Classic holiday songs — such as "Sleigh Ride" and music from the film *The Polar Express* — are on the program when this local orchestra opens its 38th season. Brewster H.S. Performing Arts Center, Brewster.

914-924-8925 or

[www.putnamsymphony.homestead.com](http://www.putnamsymphony.homestead.com)

### Steve Hackett

Former guitarist for '70s Brit rockers Genesis, this singer/songwriter performs the band's greatest hits like "Follow You Follow Me" and "Invisible Touch." The Egg, Albany. 518-473-1845 or [www.theegg.org](http://www.theegg.org)



This 1913 portrait by Robert Henri is on view this fall at the Hudson River Museum

## FRIDAY, NOVEMBER 28

### Ali Baba & the Four Tea Thieves

Columbia County's PantoLoons stage this comedic parody of *2001 Arabian Nights* — complete with music, pratfalls, and cross-dressing characters. Ghent Playhouse, Ghent. 518-392-6264 or [www.ghentplayhouse.org](http://www.ghentplayhouse.org)

## SATURDAY, NOVEMBER 29

### Great Russian Nutcracker

The Moscow Ballet performs Tchaikovsky's Christmas classic, which tells of the young Clara, the Sugar Plum Fairy, and the Nutcracker Prince. Palace Theatre, Albany. 518-465-3334 or [www.palacealbany.com](http://www.palacealbany.com)

## SUNDAY, NOVEMBER 30

### Basilica Farm and Flea

This annual Thanksgiving weekend farmstand and flea market showcases a diverse blend of local artists, farmers, and collectors of vintage items. An ideal place to start your holiday shopping. Basilica Hudson, Hudson. 518-822-1050 or [www.basilicahudson.com/basilica-farm-flea/](http://www.basilicahudson.com/basilica-farm-flea/)



# INK SPOTS

Once considered lowbrow, tattoos are now as common as pierced ears, but way more interesting

By Vitta Poplar • Photographs by Michael Polito

There was a time when only bikers, jailbirds, and sailors got tattoos. Now, everyone is in on the trend. A recent study finds that 40 percent of people born between 1980-2000 have a tattoo, a sure sign that they have gone viral. Tattoo parlors have been transformed from seedy, subterranean dives into beautifully appointed galleries that display the work of the artists in residence. Recent exhibitions, like Chicago's "Eye Tattoo America," have elevated the work of tattooers to fine art, while TV shows like *Ink Masters* and *Permanent Mark* have raised public awareness of tattooing techniques. It's not just the perception of tattooing that's changing, it's the technology, too. High-tech sterilization equipment speeds up prep time, allowing artists more hours for creativity. And it shows: Where you once had to choose from tattoo "flash" — that is, ready-made art that could be applied "in a flash" — today's tats are custom designed and limitless in possibilities. We visited four top artists in the region to take the pulse of this ever-changing world.

## Adam Lauricella

Graceland Tattoo, Wappingers Falls

**T**hough he studied theater at SUNY New Paltz, Adam Lauricella found himself drawn to become a tattoo artist. "I like the art of theater, I just didn't like the industry of it," he says. "I had been getting tattooed by Chris Chisholm [formerly of Newburgh], and I decided I wanted to explore that art form." Since 2003, he has presided over Graceland Tattoo, a hip-yet-retro spot enhanced by Elvis images, paint-by-number canvases, and a gallery of art from up-and-coming tattoo artists as well as celebrated icons like Honolulu's Norman Collins (aka Sailor Jerry, often called the godfather of American tattooing). A portrait of Stony St. Clair, an Ohio tattooer who had rheumatoid arthritis, hangs prominently. "He had such a good outlook," says Lauricella, who lives with his wife Keely ("she doesn't do tattoos, she doesn't even *have* tattoos") and two young daughters. "It's a reminder about the power of being positive."

**Age: 37 Hometown:** Wappingers Falls **First tattoo:** I was just out of high school. It was a crescent moon with the face of a woman in it. It was on my upper shoulder. I regret covering it; now I would have left it. **Standout Tattoo:** A friend's father had this big bed of blue roses on the top of his forearm that I just thought was super-cool when I was a kid. **The name?** I've never been to Graceland, but I like how it sounds, the word "grace." At the time I was

into rockabilly and Americana, and drove a '66 Fairlane convertible. **His aesthetic:** I like the traditional American tattoo: girls, skulls, daggers, snakes, birds, panthers, that type of thing. It has power and it's made to last. Sometimes people want something that is so highly detailed on such a small scale that it will never hold up over time. I like the silhouette, using skin tone in the design. I don't want my tattoos to have just ink in them. **Artistic influences:** I'm very into pop art, Egyptian art, primitive art. I usually have music on when I'm working: old David Bowie, Bob Dylan. I'm not a fan of aggressive sounds. **Challenges:** Having two young kids has given me a different perspective on my life; it's changed how I view my purpose, and the purpose of my art. It's difficult when you're always giving of yourself. A lot of the time you give someone a tattoo and you never see them again. And what is totally odd is when you hear of someone who has passed away who has one of your tattoos. **Really excited about:** I've been painting a lot with ink and gouache. I do them kind of subconsciously, in one or two minutes; it's very un-tattoo... I just try to do the anti-daily thing. I live life as an artist, and I'm grateful for that. I saw something the other day on social media, this person wrote, "I'm so bored." I haven't been bored in 30 years! If you're 40 and you're bored, there's something wrong.

# INK SPOTS

## Kelly Torres

Black Cherry Tattoo Studios, Lagrangeville

**P**etite and powerful, Kelly Torres has been making her mark by working with women who are breast cancer survivors — camouflaging, enhancing, even celebrating their scars with graceful and feminine tattoos. A mother of three, she tends to her family (she's married to her high school sweetheart) and her art with equal gusto, and has been working as an artist in one form or another since age 16. She has also made a name for herself in the body painting world, with a recent commission from NFL players for a Superbowl party. "I always say to my oldest daughter, 'Never let anyone tell you that you can't do something.' It took me a lot of years to realize that I can make a living as an artist. It was just a matter of finding the right opportunity, and having confidence in myself."

**Age:** 32 **Hometown:** Poughquag **First tattoo:** Two dragons on her back at age 18. **Latest tattoo:** A tattoo machine on my arm with a paint brush coming out of the tube. **Most meaningful tattoo:** "Never give up" and "Never look back" tattooed on the inside of my arms. It applies to my whole life. I'm a runner, and when you're eight miles out and you want to turn around, you need those words of encouragement. After I did Rock the Ridge in 2013, which is 50 miles through the Mohonk Preserve, I tattooed wings on my feet — because I earned them. **The road not taken:** I thought I wanted to be a nurse at one point, when I was trying to be practical. I did Certified Nursing Assistant work as a patient care tech in a hospital. One of the great things I did was universal precautions training, so I was used to working with blood and fluids. The nurses were great and allowed me to assist them in wound care — which really translated when I went into tattooing, because you are breaking the skin and you have to understand how much the skin can tolerate. **Her style:** I do a lot of floral, filigree with beadwork draping down. People tend to notice my flowers and feathers, but I think what stands out is the way I color my tattoos. I have a painter's style of coloring — I go for bright and bold colors, but very feminine and swirly. **Artistic influence:** Salvador Dali has always been my inspiration. As a kid, I used to try to paint his melting clocks and mimic his style. I'm still hanging onto some of the books I bought as a teenager. **Words of wisdom:** Never put a man's name on your body, never *ever!* You're going to spend \$400 to cover it up. I would say 60 percent or more of the tattoos I do are cover-ups. **Clientele:** I get a lot of divorcées, and a huge number of middle-aged women who say, "I've always wanted one and now it's more common, life is too short and I'm gonna do what I'm gonna do. It's my body, and I own it." **Her mission:** Mastectomy patients are left with scars; some go to surgeons to have nipples tattooed, and they're giving them these funny looking nipples — you're much better off going to an artist. I've worked with about 10 mastectomy patients so far, either giving them nipple pigmentation tattoos, or doing designs around the scars. I would like to eventually network with some of the surgeons so they could refer their patients to me. I love doing that kind of work because it is so rewarding. I get to make beautiful art, and the cancer survivor feels whole again. They feel like they've been given back something they lost.



Got an interesting tattoo tale? Share your favorite stories (including second thoughts) and photos at [www.hvmag.com/mytattoo](http://www.hvmag.com/mytattoo)



## Miranda Lorberer

Pop's Tattoo Emporium, Kingston

**T**hough she was born and raised in the Valley, Miranda Lorberer has tattooed everywhere from Manhattan to Maui. "I have a lot of friends who live all over, and after I graduated high school, I liked to move around a lot," she says. Her journey has fine-tuned her eye to telling details and inspired a reverence for nature. Over the past eight years, Lorberer has been the force behind Pop's Tattoo Emporium in Kingston. Located off the beaten path in a commercial strip mall on the outskirts of town, the business consistently draws customers from all over thanks to its strong reputation.

**Age:** 35 **Hometown:** Ruby (just outside of Kingston)  
**Who is Pop?** I named it for my dad. He was an old biker who had tattoos, restored cars, and made knives from scratch. There was always a stack of tattoo magazines in the bathroom. **First tattoo:** I got some Celtic knot work on my back. That imagery was rolling around in my head for a while: It was the mid '90s and tribal-Celtic was pretty big. I was 17. My parents took me to Jersey to get it. You had to be 18 in New York. **Latest tattoo:** Bleeding hearts on my leg. It's a work in progress. I had to stop because it is not recommended to get a tattoo while you're pregnant, and I'm due with my second in October. My boyfriend and I have been together forever and we already have a three-year-old daughter. **Why she loves it:** You get to be yourself, you get to meet people, every day is different. And even if you work for someone else, you're still kind of your own boss. You can do it anywhere. **Great adventure:** Right after I graduated from Kingston High School, I went cross-country on a Greyhound bus. You could get an \$80 bus ticket and you could go anywhere, and it was good for three months. I wound up in Oregon, got a job at a tattoo shop as a receptionist, and eventually worked my way in and got an apprenticeship. **Change of plans:** Around 2000, I moved back east and lived in Brooklyn. I worked in a cafe and in a tattoo shop, and built up my chops that way. It was owned by a woman; at that point, there weren't that many shops in the city because tattooing had only been legal since 1997. **Paradise found:** A friend who initially taught me to tattoo called me out of nowhere and asked me to come to Maui and work at a shop. Even though it's a tropical paradise, it gets old fast unless you are totally obsessed with surfing or diving. It's almost like *Groundhog Day*, the weather doesn't really change. **Hometown girl at heart:** I remember when I left, I was like "I'm never going to live here ever again," but then I lived away for 10 years and I realized I kind of liked it. I especially love the Hudson Valley because you're close to everything, New York City, Boston, the ocean, the mountains. It's nice, the variety. And I like the people here. **Her specialty:** Partially because of Maui, I've gotten really good at orchids, plumeria flowers, hibiscus, birds, and turtles. I do a little bit of everything, **Taboo tattoos:** I don't really do portraits, like of your grandmother or your child. I don't do realism. **Latest challenge:** Last October I worked at Saved Tattoo in Brooklyn for their first P.ink Day. They matched up 10 breast cancer survivors with 10 tattooers. That was really challenging just because it was crazy emotional for everybody.



# INK SPOTS

## Thom DeVita

Newburgh

For those in the know, Thom DeVita is a household name. Revered by the tattoo demimonde, this prolific artist has been producing since the 1960s, when he had secret studios on Manhattan's Lower East Side (since tattooing was illegal then). Known for his completely unconventional approach, DeVita layered tribal, abstract, and conventional designs according to his whims, attracting all manner of clientele by word of mouth — from Chinese gangsters to sanitation workers and tattoo artist wannabes. Today he produces a steady stream of art in his City of Newburgh home, perched high on a hill overlooking the Hudson (he moved here 20 years ago when his wife got a job with IBM and for several years he also operated a shop on Liberty Street). Using stencils of classic tattoo motifs, he creates colored rubbings on paper that are collected by connoisseurs.

**Age:** 82 **Hometown:** East Harlem. **First gig:** I was an art school model for the National School of Art. I didn't have a lot of tattoos when I was modeling. I was around

17. **First tattoo:** It's buried now. You can go over tattoos and use old tattoos as part of a new one. **Last tattoo:** Probably the diamond on my finger. It's a cheap way of wearing jewelry. **More tattoos?** I don't have much room left. **After the move:** I didn't have a shop on the street when I first moved up here. I took out the stove, and was tattooing in the kitchen. I put an ad in the newspaper but you weren't supposed to do business out of the house. **Thoughts on home:** You could put me anywhere — on a mountaintop. **Working habit:** I listen to talk radio. I agree with them, I always have. That's why when I was on the Lower East Side and people were doing all these protests against America I didn't understand it. I had an American flag out on East Fourth Street when people were burning the flag. **Better with age?:** Tattoos change the way you change. If you don't look good, your tattoos look bad. **Why he signs his name and birthday:** I heard about someone else named DeVita tattooing. There is no other DeVita who can claim they were born on 5/20/32. **What's new?** Landscapes.

When I'm finished with my work, there's a little bit of ink left in the bowl that would dry in five to 10 minutes. These [landscapes] are done on scrap paper. I do Bannerman's Island a lot. A friend of my wife says, "Do what you're good at." I found out what I'm good at. It takes about 20 minutes, but sometimes I gotta cheat a little and put in a little extra ink to finish it up. I'm just making brush strokes. I never thought I'd do landscape painting and live in the mid-Hudson Valley. **Out and about:** I don't drive. I've never been behind the wheel of a car. I stay in the house most of the time, the only time I go out is to walk the dog. His name is Caleb and he's a Husky. We got him from the shelter; that was the first time we kept a name from a shelter. **Is tattooing art?:** If I'm doing it, it's folk art, although the tattoo artists coming up over the past 20 years or so come out of art school, and they don't want to be called folk artists. I never set out to change anything. **Coming up:** In September, Newburgh has an open art studio tour. I'll be on it. If I didn't like it, I wouldn't do it. ●





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09/14

# Events

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Superstar guitarist Boz Scaggs comes to the Tarrytown Music Hall this month

OUT & ABOUT

## Soul Mate

Dreamy photos, Gilded Age grandeur, studio art >>>



**T**arrytown Music Hall presents shows by top-shelf entertainers who don't often perform in the Valley. Case in point: This month, Boz Scaggs — the one-time guitarist for the Steve Miller

Band, now a solo artist who scored top-20 hits in the 1970s with "Low-down" and "Lido Shuffle" — brings his unique style of blue-eyed soul to the stage on Sept. 25 (8 p.m. \$68-\$135). And Colin Mochrie and Brad Sher-

wood, the stars of TV's *Whose Line Is It Anyway?*, offer an interactive performance of their wacky improv humor on Sept. 28 (8 p.m. \$38-\$95). 13 Main St., Tarrytown, 877-840-0457. [www.tarrytownmusichall.org](http://www.tarrytownmusichall.org)



## Reveries

**E**lsewhere, a series of works by the Czech-born artist Kamil Vojnar, is on view at Galerie BMG. The self-taught photographer and painter creates black-and-white photos — many of which feature a female subject — that hover somewhere between reality and dreams. Vojnar mixes images and techniques in an intuitive, individualistic way; the result is a set of mysterious but hauntingly beautiful pictures. Explore these works at the gallery's two locations: 12 Tannery Brook Road in Woodstock, and 17 Cricket Ridge Road in Bearsville. Sat.-Sun. 12-5 p.m. or by appt. 845-679-0027. [www.galeriebm.com](http://www.galeriebm.com)



## Grand slam

Our national pastime gets its due in Newburgh this month with the opening of **Professional Baseball** at the Karpeles Manuscript Library Museum. The exhibit traces the history of the fledgling sport in the U.S. in the 19th and early 20th centuries. Among the items on view: Babe Ruth's contract with the Yankees for the 1933 season; a blackened baseball used in professional games in the 1830s; and an 1867-68 tobacco card featuring outfielder Dave Birdsall, thought to be the very first baseball trading card ever produced. Sept. 4-Dec. 28. Thurs.-Sat. 10 a.m.-4 p.m., Sun. 12-4 p.m. 94 Broadway, Newburgh, 845-569-4997.

[www.karpeles.com](http://www.karpeles.com)

## On location

Artists of all types — painters, sculptors, and photographers, among others — have been calling the Valley home for generations. Meet and mingle with close to 70 of these inventive individuals during the Orange County Arts Council's annual **Open Studio Tour**. A wide selection of galleries and studios in 18 of the county's towns throw open their doors to visitors on all four weekends this month; participants on the self-guided tour can take a peek at new works by these artists, and — if they like — discuss how each one approaches the creative process. Sept. 6-7, 13-14, 20-21, 27-28. Call or visit Web site for a booklet that shows studio locations, open dates, and other information. 845-469-9168.

[www.ocartscouncil.org](http://www.ocartscouncil.org)

## Luxe living

Fans of the wildly popular British TV drama *Downton Abbey* are no doubt counting the days until the series resumes in January. The folks at Staatsburgh State Historic Site feel their pain; to help them cope, the site hosts a 90-minute **Downton Abbey Deluxe** tour at Mills Mansion. Costumed guides — dressed as both servants and guests — take you through the Gilded Age manse, reenacting what life was like for Ogden and Ruth Livingston Mills, who were members of one of the nation's richest families. Sept. 21 & Oct. 5 at 1 p.m. \$15, \$13 seniors & students. (Take a shorter version of the tour on Sept. 6 & 13 and Oct. 11 & 25 at 1 p.m. \$10/\$8.) Reservations required. Old Post Rd. (off Rte. 9), Staatsburg, 845-889-8851, ext. 300.



# Calendar

Unless otherwise noted, events are free.  
Listings are also available at [www.hvmag.com](http://www.hvmag.com)

## Art

**Thru Sept. 1: Ad Infinitum** Created by 10 local artists, this site-specific installation consists of a maze-like web of sculptures and collages. Much of the artwork is inspired by themes from nature. Mon.-Fri. 10 a.m.-5 p.m., Sat. 12-5 p.m. • **GCCA Catskill Gallery**, 398 Main St., Catskill, 518-943-3400. [www.greenarts.org](http://www.greenarts.org)

**Thru Sept. 7: John Davis Gallery** This month, the gallery features artwork by Brenda Goodman (through Aug. 10) and Matthew Blackwell (Aug. 14-Sept. 7) in the main rooms. Thurs.-Mon. 11 a.m.-5 p.m. & by appt. • 362 1/2 Warren St., Hudson, 518-828-5907. [www.johndavisgallery.com](http://www.johndavisgallery.com)

**Thru Sept. 7: Odds & Ends, Take One** Four Valley artists — Peter Scheson, Susan Meyer, Jill Shoffiett, and Jeff Starr — show paintings and sculptures that comment on the idea of being “upstate,” both physically and psychologically. Daily 11 a.m.-6 p.m. • **Valley Variety**, 705 Warren St., Hudson, 518-828-0033. [www.valleyvariety.com](http://www.valleyvariety.com)

**Thru Sept. 14: Mandy Greer: The Ecstatic Moment** Greer, a Seattle-based artist, creates installations inspired by mythology and fairy tales. This site-specific work encompasses sculpture, photography, fabric, video, and performance art. **Thru Sept. 14: Lily Cox-Richards: Possessing Powers** The artist exhibits six contemporary sculptures based on works by neo-classical artist Hiram Powers. Wed.-Sun. 12-5 p.m. \$6, \$4 seniors & students, \$3 youth 3-18. • **Hudson River Museum**, 511 Warburton Ave., Yonkers, 914-963-4550. [www.hrm.org](http://www.hrm.org)

**Thru Sept. 21: Anne Collier** More than 40 works by this noted photographer make up this self-titled show. Representations of women as they are depicted in contemporary magazines, books, and pictorial calendars are often Collier’s subject, and comment on our culture’s inherent sexism. Thurs.-Mon. 11 a.m.-6 p.m. • **Center for Curatorial Studies at Bard College, Annandale-on-Hudson**, 845-758-7598. [www.bard.edu/ccs](http://www.bard.edu/ccs)

ANDREA KURTZ



Mandy Greer’s elaborate artwork is on view in Yonkers

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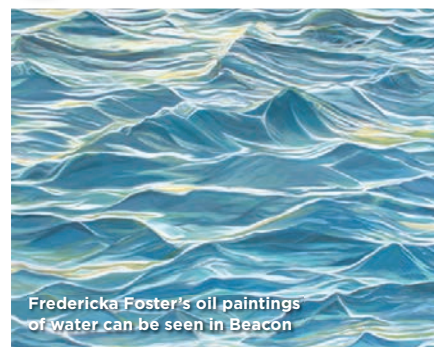
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CALENDAR



Fredericka Foster's oil paintings  
of water can be seen in Beacon

**Thru Sept. 28: Small and Seductive** Small-scale contemporary pieces from the institute's collection constitute this show. Both paintings and sculptural works, executed by more than 30 artists, are on view. Wed.-Sat. 10 a.m.-5 p.m., Sun. 12-5 p.m. \$10, \$8 seniors & students, \$6 children under 13, under 6 free. • *Albany Institute of History & Art, 125 Washington Ave., Albany, 518-463-4478.*  
[www.albanyinstitute.org](http://www.albanyinstitute.org)

**Thru Oct. 5: Water Way** From the fjords of Norway to our own Hudson River, artist Fredericka Foster's vibrant oil paintings depict water in all its many colors and configurations. Open daily, call or visit Web site for hours. • *Beacon Institute for Rivers and Estuaries, 199 Main St., Beacon, 845-838-1600, ext. 10.*  
[www.bire.org](http://www.bire.org)

**Thru Oct. 12: Mary Reid Kelley: Working Objects and Videos** The artist is known for her cutting-edge videos, which fuse live performance with drawings, sculpture, costume design, and digital media. This exhibit features drawings and paintings as well as various props used in these films. Tues. 10 a.m.-8 p.m., Wed.-Fri. 10 a.m.-5 p.m., Sat. 12-4 p.m. • *University Art Museum, SUNY Albany campus, 1400 Washington Ave., Albany, 518-442-4038.*  
[www.albany.edu/museum](http://www.albany.edu/museum)

**Thru Oct. 12: D.F. Hasbrouck — American Impressionist** Paintings, watercolors, and drawings by this Catskills native are on view. A self-taught artist who spent his life in the village of Stamford, Hasbrouck (1860-1934) is perhaps best-known for his landscapes, which convey the emotional "feel" of the mountain region. Fri.-Mon. 10 a.m.-5 p.m. \$5, under 13 free. • *Zadock Pratt Museum, Main St./Rte. 23, Prattsville, 518-299-3258.*  
[www.prattmuseum.com](http://www.prattmuseum.com)

**Thru Oct. 17: Current 2014** This outdoor sculpture exhibit features works by a pair of prominent local artists. Grace Knowlton's solid spheres present an interesting contrast to Gil Hawkins's colorful totems. Wed.-Mon. 9:30 a.m.-5 p.m. \$17, \$14 seniors, \$8 children 6-14 (house and grounds); \$11, \$5 seniors, children free (grounds only). • *Boscobel House and Gardens, 1601 Rte. 9D, Garrison, 845-265-3638.*  
[www.boscobel.org](http://www.boscobel.org)

**Thru Nov. 2: Thomas Cole & Frederic Church: Master, Mentor, Master** Cole was already an established artist when a young Frederic Church came to study with him at his Catskill home. This show examines the close relationship between these two icons of the Hudson River School, and includes landscapes painted by Church during his stay. Wed.-Sun. 10 a.m.-4 p.m. \$10, \$9 seniors, under 12 free. • *Thomas Cole National Historic Site, 218 Spring St., Catskill, 518-943-7465.*  
[www.thomascole.org](http://www.thomascole.org)

**Thru Nov. 2: All the Raj** Sketches and paintings, as well as a selection of furniture and accessories, created by Lockwood de Forest can be seen at Hudson River School artist Frederic Church's Persian-style home. De Forest studied with Church in the 1870s, and was a sought-after interior designer. Tues.-Sun. 10 a.m.-5 p.m. \$9, \$8 seniors & students, under 12 free. • *Olana State Historic Site, 5720 Rte. 9G, Hudson, 518-828-0135.*  
[www.olana.org](http://www.olana.org)

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**Thru Nov. 2: In the Garden of Sonic Delights** The Caramoor Center for Music and Art organized this large-scale "sound art" exhibit, which features 15 installations at five Valley sites, including the Hudson Valley Center for Contemporary Art. The center hosts Aaron Taylor Kuffner's transformation of a deserted Peekskill warehouse into an unusual sound and light experience. Fri. 11 a.m.-5 p.m., Sat.-Sun. 12-6 p.m. \$5, \$4 seniors, \$2 students & children. Call ahead for admittance to the Peekskill site. • 150 N. Water St., Peekskill, 914-788-0100. [www.hvcca.org](http://www.hvcca.org) or [www.caramoor.org](http://www.caramoor.org)

**Thru Nov. 15: Storm King Art Center** Along with its permanent collection of large-scale outdoor sculptures, the art center features a special exhibit of works by Chinese contemporary artist Zhang Huan. The centerpiece of the show is Zhang's *Three Legged Buddha*, which is nearly 30 feet high and weighs more than 12 tons. Wed.-Sun. 10 a.m.-4:30 p.m. \$15, \$12 seniors, \$8 students & children 5-18. • 1 Museum Rd., New Windsor, 845-534-3115. [www.stormking.org](http://www.stormking.org)

**Thru Dec.: Cuba: Forbidden Fruit** Gallery owner Nick Zungoli exhibits black and white photos taken during his monthlong visit to Cuba in 2013. Wed.-Sun. 11 a.m.-5 p.m. • *Exposures Gallery*, 1357 Kings Hwy., Sugar Loaf, 845-469-9382. [www.exposures.com](http://www.exposures.com)

**Thru Dec. 14: Dick Polich: Transforming Metal into Art** Polich is the founder of the Tallix foundries in Beacon and Pomona, which produced the national Korean War Veterans Memorial and other monuments. This show explores his work with renowned artists like Roy Lichtenstein and Isamu Noguchi, helping to transform their ideas into sculpture. Wed.-Sun. 11 a.m.-5 p.m. • *Dorsky Museum of Art, SUNY New Paltz campus*, 1 Hawk Dr., New Paltz, 845-257-3844. [www.newpaltz.edu/museum](http://www.newpaltz.edu/museum)

Isamu Noguchi's "Strange Bird" at the Dorsky Museum in New Paltz



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**Thru Jan. 4: Focus on Nature XIII** This juried biennial show presents natural history illustration; works are chosen based on their scientific accuracy as well as aesthetic achievement. Tues.-Sun. 9:30 a.m.-5 p.m. • *New York State Museum, Empire State Plaza, Albany, 518-474-5877.* [www.nysm.nysed.gov](http://www.nysm.nysed.gov)

**Music & Dance**

**Sept. 6-7: Maverick Concerts** This summer music series concludes its 99th season with a pair of very different concerts. Happy Traum, a legendary folk musician, comes to the concert hall in the woods with some special guests for an evening of music and food (Sept. 6 at 8 p.m. \$25-\$40). The following afternoon, the "Friends of Maverick" benefit performance is headlined by the American String Quartet, which plays works by Haydn, Mendelssohn, and Brahms (Sept. 7 at 4 p.m. \$50). • *120 Maverick Rd., Woodstock, 845-679-8217.* [www.maverickconcerts.org](http://www.maverickconcerts.org)

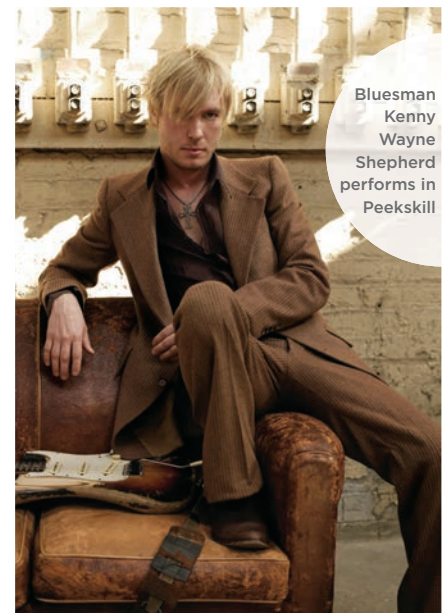
**Sept. 20: Birds of Paradise** Copland House at Merestead begins its sixth concert season with a multimedia program that includes a film as well as music — by Lucas Foss and Aaron Copland, among others — that celebrates avian and other subjects from nature. 8 p.m. \$50. • *455 Byram Lake Rd., Mt. Kisco, 914-788-4659.* [www.coplandhouse.org](http://www.coplandhouse.org)

**Theater**

**Thru Sept. 21: The Wizard of Oz** Young Dorothy travels through the magical land of Oz — meeting a variety of colorful characters along the way — in search of a way back home to Kansas and, ultimately, her heart's desires. This musical is based on the iconic 1939 film and includes classic songs like "Over the Rainbow." Call or visit Web site for exact schedule and ticket information. • *Westchester Broadway Theatre, 1 Broadway Plaza, Elmsford, 914-592-2222.* [www.broadwaytheatre.com](http://www.broadwaytheatre.com)

**Arts Centers**

**Sept. 7: Kenny Wayne Shepherd Band** This young blues guitarist from Louisiana and his band mates perform classic blues with a distinctly modern twist. 6:30 p.m. \$45-\$65. **Sept. 19: Robin Zander** The lead vocalist from the '80s band Cheap Trick performs the group's classics ("Surrender," "I Want You To Want Me") as well as songs from his solo career. 8 p.m. \$35-\$50. **Sept. 20: Doo Wopp Festival** A quartet of vocal groups



Bluesman Kenny Wayne Shepherd performs in Peekskill

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— including the Shirelles's lead singer, Shirley Alston Reeves — belt out "Soldier Boy," "Why Do Fools Fall in Love," and other hits from the '50s and '60s. 8 p.m. \$35-\$55. • *Paramount Hudson Valley, 1008 Brown St., Peekskill, 914-739-0039.*  
[www.paramounthudsonvalley.com](http://www.paramounthudsonvalley.com)

**Sept. 9: The Fray** This Denver-based quartet made a splash in 2005 when its debut album, featuring the singles "Over My Head (Cable Car)" and "How to Save A Life," went double-platinum. A Great Big World and Andy Grammer join the group to celebrate the release of its fourth album, *Helios*. 7:30 p.m. \$35-\$50. • *Palace Theatre, 19 Clinton Ave., Albany, 518-465-3334.*  
[www.palacealbany.com](http://www.palacealbany.com)

**Sept. 9-10: King Crimson** Led by renowned guitarist Robert Fripp, the latest incarnation of this seminal '70s band begins its U.S. tour — the first in six years — in Albany. 8 p.m. \$36.75-\$43.75. • *The Egg, Empire State Plaza, Albany, 518-473-1845.*  
[www.theegg.org](http://www.theegg.org)

**Sept. 24: Emmylou Harris** A 13-time Grammy winner — including this year's Best Americana Album for *Old Yellow Moon* — the singer/songwriter has collaborated with everyone from Dolly Parton to Bob Dylan. 8 p.m. \$58-\$138. • *Tarrytown Music Hall, 13 Main St., Tarrytown, 877-840-0457.*  
[www.tarrytownmusicall.org](http://www.tarrytownmusicall.org)

**Sept. 26: Last Waltz Live** The Rev Tor Band recreates the music from the Band's 1978 concert film *The Last Waltz*; highlights include renditions of classic songs like "The Weight" and "Up On Cripple Creek." 8 p.m. \$31.50-\$35.50. **Sept. 28: Sundays With Friends** Classical works by Mozart and Tchaikovsky are performed by six well-known strings musicians — such as New York Philharmonic Principal Cellist Carter Brey, and Ida and Ani Kavafian. 2 p.m. \$57. • *Event Gallery, Bethel Woods Center for the Arts, 200 Hurd Rd., Bethel, 845-781-2922.*  
[www.bethelwoodscenter.org](http://www.bethelwoodscenter.org)

## Special Events

**Thru Sept. 1: Columbia County Fair** Say goodbye to summer at the 174th edition of this fair, which includes blacksmithing demos, a cooking contest, and the popular painted pony rodeo. 10 a.m.-11 p.m. \$10, under 12 free. • *Columbia County Fair Grounds, Rte. 66, Chatham, 518-392-2121.*  
[www.columbiafair.com](http://www.columbiafair.com)

**Sept. 4: Fall for Art** Browse through (and buy) original works created by more than two dozen area artists at this annual art sale/cocktail reception, proceeds from which benefit the Jewish Federation of Ulster County. 5-8 p.m. \$40 in advance, \$45 at the door. • *Wiltwyck Golf Club, 404 Steward Ln., Kingston, 845-338-8131.*  
[www.fallforart.org](http://www.fallforart.org)

**Sept. 13: Kayak Tour** Learn about the Lower Esopus Creek's natural history and current environmental issues as you paddle along on this guided tour, which is offered as part of Ulster County Creek Week. Registration and previous kayaking experience required. 2-5 p.m. \$10. • *Tina Chorvas Park, E. Bridge St., Saugerties, 914-478-4501, ext. 222.*  
[www.riverkeeper.org](http://www.riverkeeper.org)

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Colleen Saidman-Yee  
September 12 - 14, 2014

**The Art of Happiness**  
Howard Cutler, MD  
September 26 - 28, 2014

**What is Ayurveda? An Introductory Retreat**  
Mariko Bhakti Hirakawa  
September 26 - 29, 2014

**Sufi Dance of Oneness**  
with Banafsheh Sayyad  
October 24 - 26, 2014

**The Power of a Loving Heart**  
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**Sept. 14: Bronck Family at Home** A costumed guide leads tours through the circa 1663 Bronck family home; learn how British rule impacted traditional Dutch family life in the 18th century. Tours begin at 1, 2 & 3 p.m. \$7. • *Bronck Museum, 90 County Hwy. 42, Coxsackie, 518-731-6490.*  
[www.gchistory.org/bronckmuseum.html](http://www.gchistory.org/bronckmuseum.html)

**Sept. 20: Arlington Street Fair** The 15th edition of this traditional fair offers musical guests and other live entertainment, inflatable rides, and a boatload of vendors — 100-plus — selling crafts, food items, and other goodies. 12-6 p.m. • *Raymond Ave., Poughkeepsie, 914-474-7533.*

**Sept. 20-21: Revolutionary War Weekend** Experience a "living history" weekend that celebrates Fishkill's colonial heritage. Watch live musket and artillery fire, military reenactments, and other demonstrations; learn about the town's Soldiers' Cemetery, which is believed to be the resting place of hundreds of colonial fighters — though only 85 of them are identified by name. 10 a.m.-5 p.m. • *Van Wyck Homestead Museum, 504 Rte. 9, Fishkill, 845-896-8755.*  
[www.fishkillsupplydepot.org](http://www.fishkillsupplydepot.org)



Revolutionary War Weekend in Fishkill

**Thru Oct. 18: Garden Conservancy Open Days Program** Take self-guided tours of privately owned gardens through this unique program. This month, visit private gardens in Olivebridge, Saugerties, and Ulster Park (Sept. 6, 10 a.m.-4 p.m.), and in Copake Falls and Stanfordville (Sept. 20, call for hours). \$5 per garden, under 12 free. Call or visit Web site for complete information. • 888-842-2442.  
[www.opendaysprogram.org](http://www.opendaysprogram.org)

**Thru Nov. 10: Palmas** Artist Melissa McGill's art exhibit includes site-specific sound installations; visitors listen to a recording of professional palmero clapping as they move along Manitoga's Quarry Pool paths. Fri.-Mon. 11 a.m. & 1:30 p.m. \$20, \$15 seniors & students, \$10 children under 12. • *Manitoga/The Russel Wright Design Center, 584 Rte. 9D, Garrison, 845-424-3812.*  
[www.russelwrightcenter.org](http://www.russelwrightcenter.org)

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# Playdates!

Honor our nation, play by the Hudson, and wiggle the day away

BY ROSEMARY O. FERNANDEZ

## A Day with Grandma and Grandpa

**Sept. 6: Aren't They Grand** National Grandparents Day is September 7 — but why not get a day's head start on the celebration? Bring the whole family to the Greenburgh Nature Center to get an up-close and personal look at its animals. The center is home to more than 100 critters and a large variety of exotic plants. Why not bring your grandparents, and explore it together? 10 a.m.-4:30 p.m. \$8. 99 *Dromore Rd., Scarsdale, 914-723-3470. www.greenburghnaturecenter.org*

## Proud to be an American

**Sept. 19-20: Spirit of America** Presented by none other than the United States Army itself, this show tells the story of our great nation — from its humble beginnings all the way up through the present day. But this presentation includes more than just the George Washington and Abraham Lincoln stories we've heard over and over: The show features accounts taken directly from soldiers' personal letters and diaries, adding authenticity to the narrative. What's more, the 300 performers are all active duty soldiers from the Third U.S. Infantry Regiment and the U.S. Army Band. Recommended ages 10 and up. 10:30 a.m. & 7:30 p.m. Free admission, but tickets required. *The Times Union Center, 51 S. Pearl St., Albany. 518-487-2100. www.timesunioncenter-albany.com*

## Wiggle Time

**Sept. 26: Ready, Steady, Wiggle** An international sensation — we're talking more than 50 CDs recorded and seven million copies sold — the Wiggles are at it again. Join pals Anthony, Emma, Simon, and Lachy as they light up the stage with their fun songs, which the *Chicago Tribune* dubbed "preschool pop." Friends Henry the Octopus, Wags the Dog, Dorothy the Dinosaur, and Captain Feathersword get in on the fun too, entertaining with silly antics of their own. 6:30 p.m. \$28-\$38. *Mid-Hudson Civic Center, 14 Civic Center Plaza, Poughkeepsie, 845-454-5800. www.midhudsonciviccenter.org*

## March On

**Sept. 27: Endangered Species Parade** Have you ever heard of the passenger

pigeon? Probably not, seeing as these birds — which were once the most abundant breed of fowl in North America — went extinct 100 years ago. Sadly, 53 other species in our state (including several types of turtles, a cougar, and an eagle) could head down that path too, says the Department of Environmental Conservation. The parade at the Trailside Museum and Zoo raises awareness of these critters' plight: Animal lovers of all ages dress up as an endangered creature (preregistration required) in costumes they create themselves. Following the march, participants and spectators can roam through various educational exhibits and activities. 11 a.m. \$8 parking fee, \$1 suggested donation. *Bear Mountain State Park, Seven Lakes Dr., Bear Mountain, 845-786-2701, ext. 293.*

## Playing with Words

**Sept. 5, 12, 19, & 26: Rhyme Time by the Hudson**

Enjoy the last days of warm weather on the scenic grounds of Boscobel House and Gardens. Gather under the large pavilion tent and listen to nursery rhymes like "Humpty Dumpty" and "Twinkle, Twinkle Little Star." Sing interactive songs, listen to an engaging storyteller, play fun games — and learn a little bit about the Hudson River and its rich history along the way. Ages 1-5. Advance registration required. 10 a.m. \$45 for two (caregiver and child), \$15 each additional child. *1601 Rte. 9D, Garrison, 845-265-3638. www.boscobel.org*



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At the Roundhouse, a crispy egg is served on an asparagus, carrot, fiddlehead fern, and pickled ramps salad

TABLE TALK

## Special Effects

The Roundhouse at Beacon Falls comes into its own **BY JENNIFER LEBBA**



**Room with a view** This page: Large windows in Swift's dining room (left) face the cascading Beacon Falls; tender wagyu beef (right) is plated with spinach and mashed potatoes; the Patio (below) offers outdoor dining in season. Opposite page: Executive Chef Brandon Collins



**W**e get a lot of people celebrating their anniversaries here," says Brandon

Collins, the executive chef at the **Roundhouse at Beacon Falls**. For anyone who has ever visited the much-heralded restaurant/bar/hotel/event space, which opened in 2012 on the site of an old factory, that statement should come as no surprise. Perched fortuitously over the pretty falls in Fishkill Creek, the romance factor at pretty much any spot in the six-acre compound is simply off the charts. "It has definitely become more of a special-occasion place," says Collins. "It's the view, the setting, the feeling."

At Swift, the 80-seat main restaurant, this feeling is enhanced by the stunningly designed dining room. A wall of huge windows overlooks the water, and the sleek industrial space — decorated by Beacon's Elizabeth Strianese — is warmed by gold pendant lights and signature soft red

**The sleek industrial space is warmed by gold pendant lights and signature soft red chairs**

chairs. "Much of our clientele is here for the day or the weekend," says Collins. "And with all the wonderful places to choose in Beacon, they choose us."

But, Collins is quick to note, the Roundhouse is trying to court every-day folks, too. "We actually do have a lot of regulars now, which is awesome, especially for the type of restaurant that we are," says the chef, who spent the previous nine years at the esteemed Valley Restaurant at the Garrison Country Club. This is a change for the eatery, which was named a "Best New Restaurant" by this magazine just a year and a half ago. After all, Collins is the first to admit that "there was initial shock when we opened. People didn't understand us, but now they are more accepting of who we are and what we do."

What they do is prepare inventive, farm-fresh New American food, served either at Swift or on the beautiful urban-style patio, where this year, the ever-popular lobster roll will be available

**The Roundhouse at Beacon Falls**  
Swift and 2EM open Thurs.-Sat., the Patio open Wed.-Sun., call for hours.  
Appetizers \$9-\$18, entrées \$22-\$32 at Swift, \$3-\$12/\$14-\$19 at 2EM & the Patio  
**2 E. Main St., Beacon. 845-765-8369**  
[www.roundhousebeacon.com](http://www.roundhousebeacon.com)

through mid-October. Another option is the über-trendy cocktail lounge, 2EM, where a fun menu of appetizers, salads, sandwiches, and a couple of desserts (including a trio of mini-cupcakes) is served until either 10 or 11 p.m. Thursdays through Sundays. The lounge is particularly cozy in colder weather, especially if you can snag a seat by the linear gas fireplace, which is flanked by two full-length windows with dizzying views of the falls. "We've gotten into more of a groove. We're more comfortable as cooks and with our food. Our relationships with our local farms have also gotten stronger," says Collins, ticking off the names of some of his favorites: "Blooming Hill, Honey Locust, Obercreek, Common Ground, Fazio."



During a recent dinner my companion and I were anxious to test out some of these changes. While we were disappointed that the bread that finally came to our table was not warm, I'm happy to report that everything was on an upswing after that. Our appetizers — springs rolls, sashimi, and a garden-fresh salad — were all very good. But it was the main course that took the game to another level. My companion had the scallops. These succulent mollusks were perfectly pan-seared and served with brussels sprouts. "Those are always a big seller," says Collins. I had the "Swift wagyu" special, an ample portion of delectable slices of beef served in high fashion over a bed of spinach. "This is really popular too," says Collins. "But I'm tweaking it a little. It's going to be served with brown butter corn purée and local beets, some local sweet corn as well, and a green goddess sauce."

Collins gets excited when he talks about other meats he's recently introduced to the menu, such as rabbit — which will make its return in the fall. "We also have a coulotte, a really cool cut of beef that is starting to become popular. It's the cap of the top round.

Traditionally, it's a tough cut, but we take it and soften it up with butter for 16 hours. Then we sear it and serve it medium rare. It goes with a bread pudding, or bread dumpling: We take leftover bread, dry it out, and make dumplings with smoked gouda out of it. Then we serve it with local carrots and peas and whatever mushrooms we can get our hands on. It's all served in a Blanquette sauce."

For dessert, my companion and I split the cheesecake and the Blonde Coulant, an outrageously gooey concoction served with dark chocolate ice cream. "We can't get rid of this one," laughs Collins. "It's like a molten center cake. We use blonde chocolate, it's kind of like a caramelized white chocolate. I admit that it is dangerously tasty." Indeed.

As we sipped our coffee and marveled at the moonlight dancing on the falls, we remarked how happy we were that our impromptu dinner had come together so well — and that we were able to snag a last-minute reservation. After all, the restaurant was packed all night. In fact, we had to admit, our trip to the Roundhouse had turned an average errand-filled Saturday into a bit of a special occasion. ●



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### The First Draft

## Hops at Home

Local vendors are supplying the growing ranks of homebrewers with everything they need to craft their own beer **BY RACHEL ELLNER**

**J**eff Rossi likes to point out that in the 1950s, most supermarkets only stocked white bread. “Now there’s seven-grain, 12-grain, gluten-free, whole grains — and white bread is rare. It’s hard to go back to a singular palate.”

It’s the same with beer, says Rossi, noting that consumers have become hooked on the diversity found in the ever-growing number of craft beers. And another way to broaden your beer tastes? Homebrewing.

The Brewers Association estimates that there are now 1.2 million homebrewers nationwide; that’s a 33 percent increase since 2005. In the Valley, a growing number of suppliers is feeding the trend. Rossi is happy to be one of them: He and pal Derek Dellinger opened Beacon Homebrew, a small shop selling hops, grains and other supplies, in January.

Part of homebrewing’s allure may be financial: \$40 worth of ingredients — even less for many recipes — can produce five gallons of beer. That’s just a dollar a bottle — and it’s tax-free for the first 100 gallons per person in a household. But the beer that is brewed is not the only reward. There’s also the satisfaction of being an artisan, exchanging tips and techniques with fellow brewers — and just

brewing up some fun, too.

Gloria Franconi and her husband, Bruce, opened Party Creations, a Red Hook-based shop that sells supplies for homebrewing and wine-making, more than 30 years ago. “The biggest change is that people have gotten more creative,” she says. “There are a lot of new beer styles.”

Gloria continues that many people also homebrew “for the social aspects of it.” In fact, Bruce founded Hudson Valley Homebrewers almost 25 years ago for just that purpose. With hundreds of members, the group is still going strong; meetings are held once a monthly on Wednesday night in Poughkeepsie. The organization also holds competitions, pub crawls, classes, learn-to-brew days, and other special events throughout the year.

Quite a few of the Franconis’s customers — including Hyde Park Brewing Company’s John Eccles — have even gone on to become professional brewers. But mostly, you just have to love beer. “It’s like cooking. If you find you have a knack for it, you’re going to keep doing it,” Gloria says. “We’ll work with you. We’re here to help people make the best beer that they can.”

Despite the ad-driven mystique that has grown up around brewmasters in giant

Derek Dellinger shares a recipe for beginning brewers — as well as tips for homebrewing success — at [www.hvmag.com/homebrewing](http://www.hvmag.com/homebrewing)

SHUTTERSTOCK

breweries, the basic process is quite simple. “When you are starting out, you pull the sugar from grain by boiling it,” says Beacon Homebrew’s Dellinger, who is also a beer blogger ([www.beer-flavored.com](http://www.beer-flavored.com)). “Then you add hops, cool to room temperature, add yeast, let it ferment for three weeks, and bottle it.”

Once the process has been mastered, you can finesse it to your own taste, says Dellinger, changing the grains and adding more or different hops as well as fruits and berries. “It’s an art and a little bit of a craft — a multistage process, but no step is particularly hard. It’s like cooking, like putting together a lasagna.”

The Main Street store sells equipment, books, and ingredients and holds beer-making classes (\$40 per person), tastings, and bottle-swaps for its customers. Dellinger has also been known to give free brewing lessons at farmstands. He and Rossi are particularly proud of their wide hop selection — about 40 varieties from all over the world.

Of course, prospective homebrewers can find everything they need online, but having a local store adds social support — as well as the benefit of the owners’ expertise. Dellinger has begun packaging seasonal beer recipes as kits; at press time, he expected to begin selling them online last month ([www.beaconhomebrew.com](http://www.beaconhomebrew.com)). The one-gallon size includes all the equipment and ingredients needed; the five-gallon size is for those who have their own equipment. He’s thinking about pumpkin-flavored and Oktoberfest kits for the fall.

Dellinger notes that many new shoppers come into the store looking to make the strongest, most alcoholic beer they can — and then enter the commercial craft beer business. “We have to dial them back sometimes,” he says. “If you just wanted to get drunk, you would use the cheapest source of alcohol available. But when you make something with your own hands, you have a connection to it.”

Rossi offers some sage advice to novice homebrewers. “Don’t forget to write down your recipes and document exactly what you do. Not only can you trace what might have gone wrong, you can also prevent a tragedy. I’m still chasing a white whale, the great one I brewed three years ago and haven’t been able to duplicate — at least not yet.”

# A Preeminent Pastry

A Chatham bakery finds that going gluten-free creates a most memorable rugelach **BY RACHEL ELLNER**

**A**mong the many over-reaching gluten-free offerings at farmers markets — from tofu pomodoro to kale pesto farinata — the rugelach from **Gluten-Free Bakery** in Chatham comes as a surprise. Bad versions of Jewish baked goods are so commonplace it’s no longer considered heresy. Still, a gluten-free take on the diminutive, beloved rugelach sounds like culinary chutzpah.

But thank goodness for that audacity. The decades of bad rugelach we’ve endured are now over with baker Tim McGuire’s superb rendition, which elevates gluten-free to the realm of gourmet.

A pastry of Eastern European origins, rugelach translates from Yiddish as “little twists.” It sounds modest enough, but working the ingredients requires some sleight-of-hand. Great rugelach gets its sweetness from a combination of ingredients, rather than from a heavy dose of sugar sprinkled on top.

Deconstructed, rugelach consists of pastry dough rolled around a thin layer of (traditionally) apricot or raspberry preserves and minced almonds, with raisins to counterbalance the sweetness with, well, more sweetness. In immigrant households, its consumption often followed a meal of smoked fish, bagels, and bialys. But it is a departure from those salty foods, more Viennese than shtetl.

There’s nothing restrictive about McGuire’s gluten-free version, in taste or components. Butter is the second ingredient, with cream cheese not far behind. Yet lack of gluten is an intriguing part of how he achieves a superb and — yes — traditional tasting pastry.

As with his other gluten-free creations, from honey cake to hamantaschen, McGuire, 45, is guided by descriptions that bakery owner Zvi Cohen provides from his own Brooklyn childhood. “He’s a big-gesture, big-idea gourmand, full of passions,” says McGuire, who trained as a Roman Catholic seminarian before apprenticing as a baker. “Zvi is Zorba the Greek. I’m his scholar. He calls me his Jesuit baker.”

Gluten Free Bakery came about in 2012

when it moved into the former location of Our Daily Bread, Cohen’s other bakery, which had outgrown the space. Early on, McGuire began experimenting with the rugelach, which is now central in his growing canon of gluten-free recipes.

“It unlocked the trouble I was having with pastry dough. It behaved perfectly,” he says. Gluten-free was a “solution, not a problem to solve.” He hit upon a mixture of white and brown rice flour, “but to get lightness and elasticity, you need a starch that’s slippery.” Sweet rice flour was the necessary third part of the trinity.

“That’s a key to mimicking the elasticity that’s in wheat,” says McGuire. “It affects the texture in a positive way. If gluten-free baking comes down to two or three challenges, that’s one of them.”

McGuire says that bakeries can lose the skill, especially when focused on making big batches. Rugelach must be hand-crafted and cut.

“I often had bits of good dough from the main dessert I made,” says McGuire, who worked in the Omega Institute kitchens in Rhinebeck for 10 years. “I would make for the staff what I call my ‘little baker’s fancy.’ It was always the best stuff. It was whimsical and off-the-cuff, produced with a lightness of spirit.”

It’s the same with making rugelach. In fact, it’s how he imag-

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ines rugelach first came into being. “The idea of grandmother cooking with leftover scraps — that’s alive in my baking.”

All of McGuire’s memories of his grandmother involve working with her in her kitchen. “She taught me how to make good things for people. I learned to bake like a grandmother.”

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## Eat Smart

A Hopewell Junction man brings nutritious — and delicious — lunches to local schools **BY CYNTHIA JAMES**

**A**s a former teacher and dad of two, Isidoro Fattore saw first-hand that school lunches weren't giving kids proper nutrition. "Everything was processed. And it became more processed because of the Michelle Obama initiative," he recalls. "Schools aren't set up to cook from scratch. Large corporations make it easier by providing pack-



drive from Hopewell Junction. Lunches can be ordered from 48 hours or up to two weeks in advance; if the student gets sick or has a snow day, the order can be canceled by 8 a.m. in the morning for a full refund.

The schools themselves also can buy food to be served to the entire student body. So far only private and parochial schools — Fattore cites Poughkeepsie's Holy Trinity and a charter school in Newburgh as examples — have participated; public schools, he says, sometimes see his service as competition for their existing cafeteria programs. "But we're consulting with a few public schools," he says. "We'll give them recipes and hopefully get them away from processed food."

And although his enterprise is just a year old, Fattore is opening a storefront this month, where he'll sell his meals frozen: Parents can pick one up after work, pop it in the oven, and serve a healthy (and unprocessed) dinner.

[www.cognitivecuisine.com](http://www.cognitivecuisine.com)

## Open for Business

Mexican in Red Hook, and Newburgh's mini Restaurant Row

**BY CHRISTINA WONSBECK AND MARIE D'APIC**

aged food that tells how much fat and how many calories it has, and all the school has to do is stick it in the microwave. But it's more processed that way." Fattore, who worked in his family's restaurant for 15 years, decided to take matters into his own hands by launching **Cognitive Cuisine**.

The company, based in Fattore's hometown of Hopewell Junction, provides students with healthy, homemade lunches prepared by professional chefs — no processing allowed. "There's no chemistry involved in anything we make," he says. "For instance, our chicken nuggets are not ground-up cartilage filled with ammonia and artificial flavoring. We buy whole chickens, cut them up, bread them, and bake them." All dishes are kid-friendly ("I used my daughters as test subjects a lot," laughs Fattore); the company usually prepares healthier versions of items — tacos, pork-fried rice, and chicken fingers, among others — that children are already accustomed to seeing in the cafeteria.

To order, parents log on to the company's Web site, select the meals their child wants to eat (the descriptions include detailed nutrition and allergy information), and pay — from \$3 to \$6.50 per meal. "We're trying to keep the price at what parents are used to paying," Fattore says. The lunch is delivered directly to the school provided it is located within a 90-minute

**I**t used to be that Bard College students had only one choice when it came to getting their Mexican food fix: Sante Fe in Tivoli. Granted, it remains a pretty darn good choice. After all, we've showered the inventive Mexican cantina with praise for years. But now, in the neighboring town of Red Hook, undergrads can get 15 percent off their orders at **Cancun's Family Mexican Restaurant**, which opened in February. Serving up authentic, home-cooked Mexican fare (with gluten-free, vegetarian, and vegan options), the



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eatory's brightly colored interior helps guests feel welcome. The menu has all the Mexican standards: burritos, enchiladas, quesadillas, fish tacos, the best-selling fajitas — as well as appetizers like nachos, six different entrée salads, and desserts like the always-popular deep-fried ice cream. But it's the fact that the servers prepare the guacamole right at your table that really excites us.

7483 S. Broadway, Red Hook, 845-835-8207.  
www.cancunrestaurant.com

**Y**et another culinary addition to downtown Newburgh's Liberty Street has arrived. **Martha**, a chic bakery/café that opened on June 8, is inspired by the nation's very first First Lady, Martha Washington herself (who for several years resided with hubbie George right across the street in what is now Washington's Headquarters State Historic Site). Open six days a week (closed Tuesdays) from 7 a.m. to 7 p.m. (except week-



ends, when it opens at 8 a.m.), the café's small but inventive menu focuses on locally sourced and mostly organic produce. The café serves a selection of baked goods (including bread

from Bread Alone), breakfast options including Martha Made Granola (with goat yogurt and fruit), raw coconut date balls, panini, and several meals featuring kimchi made locally by sculptor (and chef) Judy Sigunick. Then there's the coffee menu. While the drinks vary from espresso to dirty chai, all the beans have been roasted three miles away at Tas Kafé in Beacon.

Of course, it was the opening of **Café Macchiato** in 2005 that kicked off Liberty Street's restoration. The beloved sandwich spot was sold to Claudio Pantoja last summer, and he is now focusing on coffee and the morning crowd. Just down the street, **The Wherehouse** remains a popular spot that serves a wide variety of alcoholic brews, both domestic and imported. For good bargains stop by on Taco Tuesday where you can munch on five tacos for five dollars.

**Martha**  
105 Liberty St., Newburgh, 845-784-4014.  
www.marthanewburgh.com

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# Eating Out

The following list represents a selection of Hudson Valley restaurants, many of which are our advertisers. Specialties and hours are subject to change. Call ahead to check reservation policies and times.

\$ Average entrée under \$10 \$\$ Average entrée \$15 \$\$\$ Average entrée \$20 \$\$\$\$ Average entrée \$25 or more

✪ Outdoor dining **review** Visit [hvmag.com/foodreviews](http://hvmag.com/foodreviews) for our restaurant reviews **new!** New listing



**North Plank Road Tavern** Located in the building that once housed the popular eatery Bees, this Orange County restaurant offers an ever-changing lineup of New American fare. The chef creates the menu — and tweaks existing favorites — based on whatever fresh, local ingredients are at the market that day. Some of the more inventive dishes include pan-seared jalapeño cheddar bread with mushrooms, truffle butter, and an egg; as well as the pea pancake with roasted mushrooms, butter sauce, and fresh herbs. • *Newburgh — 30 Plank Rd., 845-562-5031. [www.northplankroadtavern.com](http://www.northplankroadtavern.com)*

## Dutchess

**ALOY'S ITALIAN RESTAURANT** Getting a slice of pizza at this establishment is equivalent to eating a slice of history: Opened in 1929, it is the oldest pizza parlor in the Valley. But it isn't limited to pies — the eatery is a full Italian restaurant that serves everything from chicken Gorgonzola to traditional pasta Bolognese that is prepared with veal, beef, and pork. Dinner Wed.-Mon.; lunch Thurs.-Fri. • *Poughkeepsie — 157 Garden St. 845-473-8400. \$\$\$ [www.aloysrestaurant.com](http://www.aloysrestaurant.com)*

**ANOTHER FORK IN THE ROAD** This diner/restaurant derives its name from the 31-foot-tall dinner fork stuck in the ground at a nearby intersection. Dishes like scallops with corn salad, tomato panzanella, handmade mozzarella, and the Fork Burger satisfy many a hungry customer. All meals Thurs.-Mon. • *Milan — 1215 Rte. 199. 845-758-6676. \$\$\$-\$\$\$ **review** Sept. 2012 <http://anotherforkintheroadmilan.wordpress.com>*

**AROI THAI RESTAURANT** Bright, airy rooms with hardwood floors create an ideal environment for traditional Thai cuisine. Popular entrées include Panang duck, pad Thai, and red curry chicken — all prepared with fresh and authentic ingredients. Lunch Thurs.-Mon., dinner daily. • *Rhinebeck — 55 E. Market St. 845-876-1114. \$\$\$-\$\$\$ [www.airoirestaurant.com](http://www.airoirestaurant.com)*

**AROMA OSTERIA** From the crusty bread served with olive oil; through the hearty pastas and inventive meat, fish, and seafood dishes; to the perfect tiramisu, chef Eduardo Lauria's rustic fare is as authentically Italian as it gets. Lunch & dinner Tues.-Sun. • *Wappingers Falls — 114 Old Post Rd. 845-298-6790. \$\$\$ [www.aromaosteriarestaurant.com](http://www.aromaosteriarestaurant.com)*

**THE ARTIST'S PALATE** This downtown bistro and wine bar features a contemporary atmosphere and an American/fusion menu that changes regularly. Look for luxe offerings like Kobe burger on onion brioche, and lobster mac and cheese. Lunch & dinner weekdays, dinner only Sat., closed Sun. • *Poughkeepsie — 307 Main St. 845-483-8074. \$\$\$-\$\$\$ [www.theartistspalate.biz](http://www.theartistspalate.biz)*

**AVOCADOS** Housed in a bright orange building, this eatery serves up family-friendly Mexican cuisine with a modern twist. Naturally, avocados reign supreme with tableside guacamole and avocado fries emerging as fan favorites both here and at their sister location in Cornwall. Lunch & dinner daily. • *Fishkill — 213 Rte. 82. 845-896-3020. \$\$\$-\$\$\$ [www.avocadosfishkill.com](http://www.avocadosfishkill.com)*

**BABETTE'S KITCHEN** "Simply good food" is the mantra at this gourmet market/coffee shop. Enjoy shepherd's pie, oven-fried chicken with hoppin' John, or focaccia pizza; the

locally roasted organic coffee pairs well with fresh baked muffins and biscuits. All meals Wed.-Mon. • *Millbrook — 3293 Franklin Ave. 845-677-8602. \$ [www.babetteskitchen.com](http://www.babetteskitchen.com)*

**BABYCAKES** A favorite of Vassar students and local residents alike, this neighborhood hangout earned its loyal following through its strong New American menu. Thyme-roasted chicken and goat cheese rounds share the spotlight with the likes of Babycakes' famous burger and rigatoni Bolognese. Customers also enjoy the full bar and six beers on tap. All meals Tues.-Sat., Sun. breakfast & lunch. • *Poughkeepsie — 1-3 Collegeview Ave. 845-485-8411. \$\$\$-\$\$\$ ✪ [www.babycakescafe.com](http://www.babycakescafe.com)*

**IL BARILOTTO** An offshoot of Aroma Osteria, this more-intimate spot is set in a 19th-century brick building and offers Italian dishes (pappardelle with duck confit, sausage and pine nut-stuffed quail) with a contemporary flair. Lunch & dinner Mon.-Sat. • *Fishkill — 1113 Main St. 845-897-4300. \$\$\$ [www.ilbarilottorestaurant.com](http://www.ilbarilottorestaurant.com)*

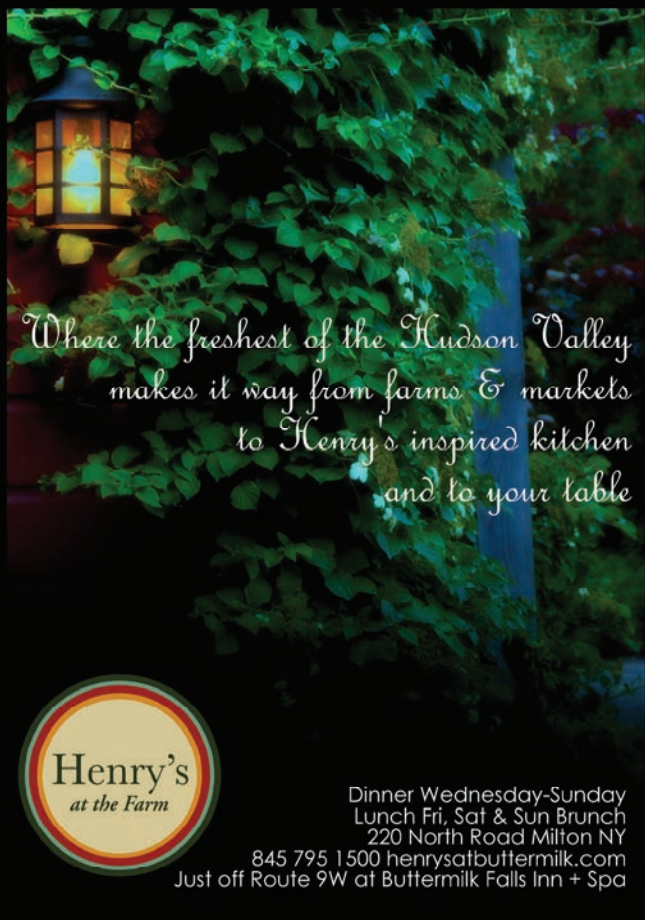
**THE BLUE FOUNTAIN** With an illuminated outdoor fountain and authentic Mediterranean dishes and décor, this restaurant allows guests to feel as if they've been transported to Italy. Sole fiorentina, veal Sinatra, chicken marsala, zuppa di pesce — along with other favorites — dominate the menu. Lunch Tues.-Fri., dinner daily. • *Hopewell Jct. — 826 Rte. 376. 845-226-5570. \$\$\$ ✪ [www.thebluefountain.com](http://www.thebluefountain.com)*

**BIG W'S ROADSIDE BAR-B-Q** Fancy it's not, but those in search of tasty comfort food will rejoice in Big W's beef brisket; sloppy ribs; and the popular Slow Chicken, which is smoked for up to six hours. Traditional homemade sides and huge portions add to the down-home appeal. • *Wingdale — 1475 Rte. 22. 845-832-6200. \$-\$\$\$ [www.bigwsbbq.com](http://www.bigwsbbq.com)*

**BRASSERIE 292** With its white tile walls and restored tin ceiling, this hip new spot on Poughkeepsie's "Restaurant Row" offers French-influenced bistro cuisine in a casually elegant environment. The raw bar features oysters and clams along with lobster, mussels, and shrimp. But the ribeye and steak frites have their fans, too. And the white marble bar offers a fine selection of wines and craft beers. Lunch weekdays, dinner Mon.-Sat., brunch Sun. • *Poughkeepsie — 292-294 Main St. 845-473-0292. \$\$\$-\$\$\$ [www.brasserie292.com](http://www.brasserie292.com)*

**CAFÉ AMARCORD** Italian-inspired dishes — Parmesan tempura green beans with herb aioli, seared foie gras with cranberry-apple chutney — offer a taste of the boot with a global scope. The ochre-colored interior and low lights make for a romantic atmosphere. Lunch & dinner Tues.-Sun. • *Beacon — 276 Main St. 845-440-0050. \$\$\$ ✪ [www.cafeamarcord.net](http://www.cafeamarcord.net)*

**CAFÉ MAYA** The family-friendly atmosphere complements this spot's regional Mexican menu. Authentic cochinita pibil (a traditional meal of slow-roasted pork) and steak fajitas are customer favorites. Sister restaurant Maya Café can be found in Fishkill. Lunch & dinner daily, brunch on weekends. • *Wappingers Falls — 2776 W. Main St. 845-632-3444. \$\$\$ ✪ [www.mayacafecantina.com](http://www.mayacafecantina.com)*




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**LE CHAMBORD RESTAURANT-INN** A Valley mainstay for more than a quarter century, this romantic Georgian Colonial-style restaurant has kept up with the times with its recently revamped menu, which offers American-Continental fare (rack of lamb, short ribs, souffles) a new bistro menu (soups, salads and sandwiches), and a special anniversary three-course dinner. Lunch Mon.-Fri., dinner daily, Sunday brunch. • Hopewell Junction — 2737 Rte. 52. 845-221-1941. \$\$\$  
[www.lechambord.com](http://www.lechambord.com)

**CHARLOTTE'S** The country European menu changes daily, and emphasizes fresh produce. Popular favorites include rack of lamb, venison medallion with potato gratin, and salmon in a lime dill beurre blanc. Lunch Fri.-Sun., dinner Wed.-Sun., Sunday brunch. • Millbrook — 4258 Rte. 44. 845-677-5888. \$\$\$ ✪  
[www.charlottesny.com](http://www.charlottesny.com)

**CINNAMON INDIAN BISTRO** Mixing the delicacies of India and Sri Lanka, this eatery offers spicy creations typical of those regions, like bagari jinga (shrimp flavored with garlic, mustard seeds, and curry leaves) and the ever-popular tandoori chicken. Lunch and dinner daily. • Rhinebeck — 5856 Rte. 9. 845-876-7510; Poughkeepsie — 260 North Rd., 845-232-5430. \$\$\$-\$\$\$

**new! CLANCY'S CAKE AND CREAMERY** This casual eatery combines two of humanity's favorite things: ice cream and wine. Five of its 29 ice cream flavors feature wines like Zinfandel, Riesling, and Pinot Grigio. Dishes that go along with these treats include quesadillas, roast beef melts, BLTs, and salads. All meals daily. • Hyde Park — 1815 Violet Ave. 845-229-9866. \$\$  
[www.clancyscafeandcreamery.com](http://www.clancyscafeandcreamery.com)

**COSIMO'S TRATTORIA** This casual eatery has five big rooms, soaring ceilings, and Tuscan-style décor. The New World Italian menu features favorites such as grilled chicken penne, skillet-seared salmon, and wood-fired pizza. Winner of 2004 Sonnenschmidt award for best restaurant. Lunch & dinner daily, Sunday brunch. • Poughkeepsie — 120 Delafield St. 845-485-7172. \$-\$\$\$  
[www.cosimospoughkeepsie.com](http://www.cosimospoughkeepsie.com)

**COYOTE GRILL** Bring your appetite to this eatery, which highlights eclectic New American fare — from Tex-Mex egg rolls and nachos to "big bowls" of pasta and rice dishes. Lunch & dinner daily, brunch on weekends. • Poughkeepsie — 2629 South Rd. 845-471-0600. \$\$\$-\$\$\$  
[www.coyotegrillny.com](http://www.coyotegrillny.com)

**CRAFTED KUP** Grab a just-brewed coffee or tea (or a fruit smoothie) and a fresh pastry at this comfortable coffee house that offers a congenial sitting area and complimentary Internet access. Favorite offerings include the Cafe Miel (a latte with honey and cinnamon) and gluten-free offerings. An added bonus: All coffees are certified organic and locally roasted. Open daily. • Poughkeepsie — 44 Raymond Ave. 845-483-7070. \$  
[www.thecrafteditkup.com](http://www.thecrafteditkup.com)

**CRAVE RESTAURANT & LOUNGE** Exposed brick and decorative lighting give this restaurant a chic Manhattan look. The menu offers seasonal local foods prepared in unusual ways. Braised octopus with chorizo and smoked tomato vinaigrette, and New York strip steak with roasted eggplant and wild mushroom bread pudding are just a few of the specialties. Dinner Tues.-Sun., Sunday brunch. • Poughkeepsie — 129 Washington St. 845-452-3501. \$\$\$ review Oct. 2010 ✪  
[www.craverestaurantandlounge.com](http://www.craverestaurantandlounge.com)

**CREW RESTAURANT & BAR** Casual dining in a sophisticated atmosphere makes

this eatery inviting for all ages. The diverse menu offers Continental American cuisine — with favorites like veal saltimbocca and pan-seared catfish — for both dine-in and take-out. Lunch & dinner daily, Sunday brunch. • Poughkeepsie — 2290 South Rd. 845-462-8900. \$\$\$-\$\$\$  
[www.crewrestaurant.com](http://www.crewrestaurant.com)

**CULINARY INSTITUTE OF AMERICA** Students at the internationally renowned cooking school staff five on-campus restaurants and a bakery café. Closed most of July and during school breaks; reservations a must. **BOCUSE RESTAURANT** Traditional French cuisine gets an updated, modern touch at the school's newest establishment. Lunch & dinner Tues.-Sat. \$\$\$ **RISTORANTE CATERINA DE' MEDICI** Regional Italian dishes. Lunch & dinner Tues.-Sat. \$\$\$ **THE AMERICAN BOUNTY RESTAURANT** Regional specialties prepared with the Valley's freshest ingredients. Closed Sun.-Mon. \$\$\$ **APPLE PIE BAKERY CAFÉ** Scrumptious desserts and café fare served in a relaxed setting. Weekdays 8 a.m.-6:30 p.m. • Hyde Park — Rte. 9. 845-471-6608  
[www.ciachef.edu](http://www.ciachef.edu)

**THE DAILY PLANET** Owned by a CIA graduate, this classic diner features fun, pop-culture décor from the 1950s through '80s. A variety of dishes — from standards like omelettes and burgers to steaks and seafood platters — crowd the menu, and there's a bakery on the premises. Open daily. • LaGrangeville — Rte. 55. 845-452-0710. \$ ✪  
[www.dailyplanetdiner.com](http://www.dailyplanetdiner.com)

**EVEREADY DINER** Classic diner fare: freshly roasted meats, home-baked pies, and milkshakes with ice cream produced at a local farm. Visitors to the village's historic sites come here for great service and can't-beat-'em prices. All meals daily, breakfast at any hour. • Hyde Park — 540 Albany Post Rd. (Rte. 9). 845-229-8100. \$-\$\$\$  
[www.theevereadydiner.com](http://www.theevereadydiner.com)

**FLATIRON STEAKHOUSE** The dark wood floors and bluestone bar provide a relaxed setting for this steakhouse/fine dining spot. Besides a selection of prime steaks, the menu boasts options like caramelized sea scallops, molasses-braised pork belly, and duck burgers. Closed Mon.-Tues. • Red Hook — 7488 S. Broadway. 845-758-8260. \$\$\$ review Dec. 2008  
[www.flatironsteakhouse.com](http://www.flatironsteakhouse.com)

**GIGI TRATTORIA** The stylish interior sets the stage for traditional and innovative Italian-Mediterranean fare that ranges from flatbread skizzas and panini to dishes like baby chicken roasted under brick with sausage. Open daily for lunch & dinner. • Rhinebeck — 6422 Montgomery St. 845-876-1007. \$\$ ✪  
[www.gigitrattoria.com](http://www.gigitrattoria.com)

**THE HOP** Located in the heart of trendy Beacon, this hot spot serves country French cuisine — like chicken liver pâté — and myriad local cheeses and charcuterie. Customers also appreciate the tasting room complete with 250 craft beers, including nine on tap. Lunch and dinner Wed.-Mon. • Beacon — 458 Main St. 845-440-8676. \$-\$\$\$  
[www.thehopbeacon.com](http://www.thehopbeacon.com)

**HUDSON HIL'S** Located in the heart of Cold Spring, this eatery serves creative breakfast and lunch concoctions with New American flair. Patrons rave about the biscuits and gravy, babka French toast, and the grilled cheese sandwich with pig paste. Breakfast & lunch Wed.-Mon. • Cold Spring — 129-131 Main St. 845-265-9471. \$-\$\$\$ ✪ review Aug. 2012  
[www.hudsonhills.com](http://www.hudsonhills.com)

**HUDSON'S RIBS & FISH** Let the nautical décor catch your eye as you choose from some of the Valley's freshest seafood. Meat lovers can try the hand-cut steaks or baby back ribs. Be careful not to fill up on their signature hot popovers served with strawberry butter. Dinner daily. • Fishkill — 1099 Rte. 9. 845-297-5002. \$\$\$

[www.hudsonsribsandfish.com](http://www.hudsonsribsandfish.com)

**HYDE PARK BREWERY** This all-American eatery pays homage to Hyde Park history with favorites like the FDR Grilled Garlic Steak Sandwich and Eleanor's Blackened Chicken Wrap. The menu is specially designed to complement the eight flavors of house-brewed beer, many of which are used as ingredients in the dishes on the menu. Lunch Wed.-Sun., dinner daily. • Hyde Park — 4076 Albany Post Rd. 845-229-8277. \$\$-\$\$\$  
[www.hydeparkbrewing.moonfruit.com](http://www.hydeparkbrewing.moonfruit.com)

**LEO'S ITALIAN RESTAURANT** Leo's boasts a "menu to please all tastes," with signature dishes like grilled filet mignon with sautéed baby shrimp and portobello mushrooms. Chow down on gourmet pizza while enjoying the contemporary Tuscan setting. Lunch & dinner daily. • Wappingers Falls — 1475 Rte. 9D. 845-838-3446. \$\$-\$\$\$  
[www.leospizzeria.com](http://www.leospizzeria.com)

**THE LOCAL RESTAURANT & BAR** Created by locals for locals, Chef Wesley Dier's dual-level restaurant focuses on regional recipes made from Valley products. Guests of the "country-chic" eatery enjoy signature dishes like sweet potato ravioli, grass-fed beef sliders, and banana bread pudding — as well as an all-American beer and wine list. Dinner Tues.-Sun. • Rhinebeck — 38 W. Market St. 845-876-2214. \$\$\$ ✪ review Apr. 2011  
[www.thelocalrestaurantandbar.com](http://www.thelocalrestaurantandbar.com)

**LOLA'S CAFÉ & CATERING** Casual, modern American fare makes this the spot to go to for a fast lunch. Homemade soups, panini, and vegetarian sides are just some of the offerings available, although Thai spicy peanut noodles are a regular favorite. Off-premises catering is also available. Lunch Mon.-Fri. • Poughkeepsie — 131 Washington St. 845-471-8555. \$  
[www.lolascafeandcatering.com](http://www.lolascafeandcatering.com)

**MAHONEY'S IRISH PUB & RESTAURANT** This two-story restaurant is housed in the former Vassar Brothers Brewery. Regulars love the Irish and American dishes, including marinated sirloin steak and Moira's Shepherd's Pie with Irish stout gravy. Lunch & dinner daily, brunch on weekends; entertainment four nights a week. • Poughkeepsie — 35 Main St. 845-471-3027. \$\$ ✪  
[www.mahoneysirishpub.com](http://www.mahoneysirishpub.com)

**MAYA CAFÉ** Venture south of the border and savor favorites like en-chiladas de mole poblano and tacos de pescado. A mariachi band adds even more spice to the Mexican flavor on Friday and Saturday nights. Lunch & dinner daily, brunch on weekends. • Fishkill — 448 Rte. 9. 845-896-4042. \$\$  
[www.mayacafecantina.com](http://www.mayacafecantina.com)

**McKINNEY & DOYLE FINE FOODS CAFÉ** This cozy storefront café, housed in an old brick building, attracts diners from the tri-state area who come for the award-winning brunch (the strawberry cream cheese pancakes draw raves), as well as lunch and dinner. Don't miss the desserts, pastries, and breads made from scratch at the adjoining Corner Bakery. Closed Mon., bakery open daily. • Pawling — 10 Charles Coleman Blvd. 845-855-3707. \$\$\$  
[www.mckinneyanddoyle.com](http://www.mckinneyanddoyle.com)

**ME-OH-MY PIE SHOP** This casual but cozy café serves American cuisine with a slight European angle. Fan favorites include chicken



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## F&D EATING OUT

pot pies, overstuffed sandwiches, and quiche; \$10 dinners also make customers happy. Lunch & dinner Tues.-Sun. • Red Hook — 7466 S. Broadway. 845-835-8340. \$\$\$ www.meohmypiesshop.com

**MILANES ITALIAN RESTAURANT** This family-owned eatery features classic Italian fare fused with a dose of invention. Along with a full range of pasta dishes and traditional favorites (eggplant Parmigiano, chicken Marsala), the lengthy entrée list includes veal saltimbocca, tripe, scungilli (sea conch), and Angus sirloin. Live music Thursday and Friday nights. Lunch & dinner daily, closed Mon. • Poughkeepsie — 115 Main St. 845-471-9533. \$\$\$-\$\$\$ www.milaneserestaurant.com

**new! MILL HOUSE BREWING COMPANY** Brilliant brewing meets creative cuisine at this Poughkeepsie locale. The interior exudes a simultaneously rustic and classy vibe with its reclaimed wood features. Large glass windows give diners a peek into the brewery where several beer varieties are prepared. Patrons love the house-made sausages, BBQ brick oven pizza, and buffalo fried oysters. Lunch & dinner Wed.-Mon. • Poughkeepsie — 289 Mill St. 845-485-2739. \$\$\$-\$\$\$ www.millhousebrewing.com

**PALACE DINER** Open 24/7, this family-friendly diner features a 1920s-style ambiance and a menu with something for everyone. All food is made from scratch daily; customer favorites include chicken walnut salad with cranberries and Gorgonzola, and the Red Fox Wrap (chicken tenders with smoked bacon and cheddar cheese). • Poughkeepsie — 194 Washington St. 845-473-1576. \$-\$\$\$ www.thepalacediner.com

**PIZZERIA POSTO** Serving up artisan, wood-fired pizzas like the Marino — a crispy crust heaped with San Marzano tomatoes, mozzarella, soppressata, and olives — this pizza parlor is an intimate space, perfect for casual dining with family and friends. Lunch & dinner daily except Tues. • Rhinebeck — 43 E. Market St. 845-876-3500. \$\$

**POUGHKEEPSIE ICE HOUSE** Dine between the Mid-Hudson Bridge and the Walkway Over the Hudson on Poughkeepsie's waterfront. This cozy restaurant serves sophisticated yet casual dishes, like spiced molasses filet mignon and blueberry almond bread pudding, making use of both international and local inspiration. Lunch and dinner daily. • Poughkeepsie — 1 Main St. 845-232-5783. \$\$\$ www.poughkeepsieicehouse.com

**PUCCINI RISTORANTE** Authentic regional Italian fare is served on white linen table cloths at this elegant eatery. Soft candlelight and fresh seasonal flowers give the restaurant a cozy feel. Specialties include lobster with pappardelle, octopus carpaccio, and porcini ravioli. Call for times. • Rhinebeck — 22 Garden St. 845-876-3055. \$\$\$-\$\$\$\$ www.pucciniristorante.com

**LA PUERTA AZUL** Mexican fare with a modern twist is featured at this vibrant restaurant that sports a waterfall, hammocks, and a cantina. Tableside guacamole, coffee rubbed filet mignon, and sizzling fajitas are some of the most popular dishes. The daily happy hour (4-7 p.m.) and Friday night music keep the atmosphere lively. Lunch & dinner daily, Sunday brunch. • Millbrook — 2510 Rte. 44. 845-677-2985. \$\$\$ www.lapuertaazul.com

**RED DEVON RESTAURANT & MARKET** The Valley's first "green" restaurant features muted colors and white tablecloths; the menu includes produce and meat from sustainable farms in the area. Lighter favorites include toasted hazelnut and goat cheese salad. Heartier appetites go for the handmade pastas: tagliatelle with creamy pesto, or mushroom and leek ravioli. Breakfast & lunch Thurs.-Sun. • Bangall — 108 Hunns Lake Rd. 845-868-3175. \$\$\$ review June 2009 www.reddevonrestaurant.com

**RED LINE DINER** From the Vanikiotis family comes this sleek, modern diner, which boasts an extensive menu of both traditional and contemporary dishes. Standing out above the rest are the Reuben sandwich, the double burger, and the Red Line Combo — an enticing blend of

stuffed shrimp and steak. Open 24 hours every day. • Fishkill — 588 Rte. 9. 845-765-8401. \$\$\$ www.dineatredline.com

**THE RHINECLIFF** This hotel/restaurant began life as a 19th-century inn for travelers using the local ferry and railroad. After a brief hiatus, the present incarnation reopened in the early 2000s. Known as "the Bar," the eatery serves pub fare — menu highlights include fish 'n chips, steak frites, and fried chicken — and often hosts special events like jazz brunches and murder mystery dinners. All meals daily. • Rhinecliff — 4 Grinell St. 845-876-0590. \$\$\$-\$\$\$ www.therhinecliff.com

**ROSTICCERIA ROSSI & SONS** A Poughkeepsie staple since 1979, this family-owned deli brings customers authentic flavors of Italy through homemade mozzarella and imported meats and cheeses. Earning prime spots on the menu are the roast pork shoulder on focaccia (shown), gnocchi bolognese, and prime rib roast with sautéed onions. Lunch and dinner Mon.-Sat. • Poughkeepsie — 45 S. Clover St. 845-471-0654. \$\$\$ www.rossideli.com

**SEREVAN** Chef Serge Madikian's restaurant combines Middle Eastern and Mediterranean flavors in inventive ways (try fillet of branzino with cumin-scented hummus, chickpea salad, and fresh dill). Dine indoors or outside on the garden patio. Dinner Thurs.-Mon.; catering available. • Amenia — Rte. 44. 845-373-9800. \$\$\$ review July 2010 www.serevan.com

**SHADOWS ON THE HUDSON** This riverfront restaurant — with its modern interior, indoor and outdoor seating, and spectacular views of the Hudson — has everybody talking. The Continental menu stresses seafood, and the raw bar is a big draw. Landlubbers are kept happy with prime rib and a variety of steaks and chicken. Lunch & dinner daily, Sunday brunch. • Poughkeepsie — 176 Rinaldi Blvd. 845-486-9500. \$\$\$ www.shadowsonth Hudson.com

**SCHATZI'S PUB & BIER GARDEN** German and American comfort food are seamlessly blended at this Potown hot spot. Patrons adore eating in the outdoor bier garden. Grown-up tater tots (the potato dumplings are stuffed with braised pork belly, aged cheddar cheese, and green onions) are crowd-pleasers, as are Kartoffelpuffer (potato pancakes), the bier cheese pretzel, and the Schatzi burger — blended burger meat topped with crispy pork belly, melted cheddar, potato and green onion rösti on a toasted pretzel bun. Lunch & dinner daily. • Poughkeepsie — 202 Main St. 845-454-1179. \$\$\$ www.schatzispubpk.com

**new! SOUL DOG** A Potown favorite, this casual eatery offers a seasonal menu focusing on hot dogs and sausages — but milkshakes, cookies, and cupcakes also shine. Patrons clamor for the Soul Dog (a Sloppy Joe-topped beef dog with the restaurant's signature Soul Sauce and chipotle cream) and fish tacos (crispy tilapia, coleslaw, onions, and cilantro all encased in a corn tortilla). Lunch & dinner Mon.-Sat., lunch Sun. • Poughkeepsie — 107 Main St. 845-454-3254. \$\$\$ www.souldog.biz

**STISSING HOUSE** Built in the 1700s, this renovated inn has cozy dining rooms with fireplaces. Pick from a selection of mainly French favorites, such as the signature brandade of cod and potato, or mussels Normandy steamed with cream, Calvados, and bacon. Dinner Thurs.-Mon., lunch Sun. • Pine Plains — Intersection of Rtes. 199 & 82. 518-398-8800. \$\$\$ www.stissinghouse.com

**SUKHOTHAI** This Beacon restaurant scene offers authentic Thai food like pad Thai, Panang curry, and ped yang (a crispy duck dish). Located in a circa-1818 building (which sports its original bare brick walls), the spot has a hip, downtown atmosphere. Lunch & dinner daily. • Beacon — 516 Main St. 845-790-5375; www.sukhothai.com. \$-\$\$\$

**TABLE TALK DINER** This spot exudes a cozy neighborhood vibe from the first minute you walk through the door. The menu features classic diner fare with a contemporary twist. The California chicken wrap, Philly cheese steak, and Table Talk Sampler (barbecued chicken, ribs,

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and shrimp) garner much praise from satisfied customers. All meals daily. • **Poughkeepsie** — 2521 C South Rd. (Rte. 9). 845-849-2839. \$\$ [www.tabletalkdiner.com](http://www.tabletalkdiner.com)

**THE TAVERN AT THE BEEKMAN ARMS** This former stagecoach stop has been serving patrons since 1766. The Regional American menu ranges from prime rib and Black Angus steaks to pan-seared scallops and pumpkin ravioli in a leek cream sauce. Lunch & dinner daily, Sunday brunch. • **Rhinebeck** — Rte. 9. 845-876-1766. \$\$\$\$ [www.beekmandelamaterinn.com](http://www.beekmandelamaterinn.com)

**new! TOMAS TAPAS BAR LOUNGE & RESTAURANT**

Tapas abounds at this hot spot, whose sleek interior exudes a sophisticated vibe. The small plates, which are perfect for sharing, blend Mediterranean and European flavors. Local ingredients are used whenever available; favorite dishes include zucchini squash flowers stuffed with Gorgonzola and caperberries; paella; and truffle and Parmesan fries. Lunch & dinner Mon.-Sat. • **Wappingers Falls** — 900 Rte. 376. 845-447-1776. \$\$\$-\$\$\$\$ [www.tomasrestaurantgroup.com](http://www.tomasrestaurantgroup.com)

**UMBERTO'S OF MAMMA MARISA** This neighborhood restaurant offers Italian-American fare at down-to-earth prices. The extensive menu features traditional favorites as well as specialties like *grigliata di pesce misto* (skewers of grilled seafood in a lemon thyme sauce). Lunch & dinner daily. • **Poughkeepsie** — 2245 South Rd. (Rte. 9). 845-462-5117. \$\$

**UNION SQUARE** Serving up American cuisine in a renovated building — which boasts a main dining room, three bars, a dance floor, and a heated outdoor patio — Union Square draws peckish diners as well as a lively late-night crowd. The menu offers plenty of choices including salads, wings, and sandwiches; standouts include the portobello fries, macadamia-nut chicken, and Union Burger (served with house-made potato chips). Lunch & dinner daily. • **Poughkeepsie** — 51 Market St. 845-232-5675. \$\$-\$\$\$ ☼ [www.unionsquarepok.com](http://www.unionsquarepok.com)

## Orange

**BONURA'S LITTLE SICILY** Exuding a homey, Old World ambiance, this eatery serves Italian classics with Sicilian flair. Standout dishes include Sicilian scampi, eggplant Parmesan, traditional lasagna, and manicotti. The signature dessert, the Mount Etna, feeds eight and is made with four ice cream flavors, brownies, cookies, chocolate sauce, fruit, and whipped cream. Lunch & dinner daily. • **Newburgh** — 16 N. Plank Rd. 845-561-3400. \$-\$\$\$ [www.bonuraslittlesicily.com](http://www.bonuraslittlesicily.com)

**BILLY JOE'S RIBWORKS** Situated on the Newburgh waterfront, this restaurant gives off a fun-loving vibe — but would you expect anything less from an establishment whose mascot is a cool goat wearing sunglasses? Meats are the specialty here, particularly the three varieties of ribs, numerous sliders, beef brisket, and pit-smoked chicken. Lunch & dinner daily. • **Newburgh** — 126 Front St. 845-565-1560. \$\$-\$\$\$ [www.ribworks.com](http://www.ribworks.com)

**GLENMERE MANSION** This circa 1911 manse recently opened as a luxury hotel with two eateries. The supper room offers fine dining on favorites like short ribs, veal chops, and roast duck with mushrooms; daily specials and homemade desserts are also big draws (dinner Thurs.-Sat., Sunday brunch, jackets preferred; prix fixe \$85). Diners at the Frogs End Tavern feast on Angus burgers, artichoke chicken salad, fig and blue cheese pizza, and similar lighter fare (lunch & dinner daily; \$-\$\$). • **Chester** — 634 Pine Hill Rd. 845-469-1900; [www.glenmeremansion.com](http://www.glenmeremansion.com)

**NORTH PLANK ROAD TAVERN** When customers dine at this restaurant, they dine amid history: The building dates back to 1801 when it served weary stagecoach travelers; during the 1920s, it functioned as a speakeasy. Modern-day patrons can enjoy dishes like garganelli pasta with duck confit, beech mushrooms, and arugula. Desserts — beignets with cinnamon sugar, chocolate ganache, and custard — also spice up the menu. Lunch and dinner Tues.-Sat. • **Newburgh** — 30 Plank Rd. 845-562-5031. \$\$-\$\$\$ ☼ **review** Aug. 2013 [www.northplankroadtavern.com](http://www.northplankroadtavern.com)

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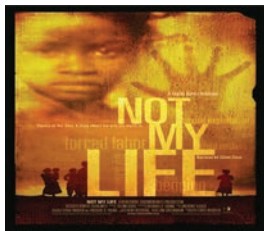
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EATING OUT

**SCHLESINGER'S STEAKHOUSE** This steakhouse offers mouthwatering meals for the hearty diner. Owner Neil Schlesinger pays close attention to detail, aging his beef himself to get the prime quality for each cut. And don't miss the Rocky Mountain mashed potatoes. Lunch & dinner weekdays, dinner only weekends. • *New Windsor* — 475 Temple Hill Rd. 845-561-1762. \$\$\$-\$\$\$\$ [www.schlesingerssteakhouse.com](http://www.schlesingerssteakhouse.com)

**THAYER HOTEL** All-American cuisine is served in the regal dining room of this National Landmark building at the Military Academy at West Point. A signature dish: Thayer pasta (fettuccine with artichokes, black olives, and tomatoes). The elaborate Sunday brunch is fit for a general. All meals daily, music and dancing on weekends. • *West Point* — Thayer Rd. 845-446-4731. \$\$\$ [www.thayerhotel.com](http://www.thayerhotel.com)

**TORCHES ON THE HUDSON** This family-friendly restaurant — the giant aquarium is a big hit with kids and adults alike — sits on the Hudson's banks and offers unparalleled views. Many ingredients are locally sourced; dishes like quesadillas, grilled fish specials, filet mignon, and seared sea scallops are staples on the New American menu. Lunch and dinner daily. • *Newburgh* — 120 Front St. 845-568-0100. \$\$-\$\$\$ [www.torchesonthehudson.com](http://www.torchesonthehudson.com)

**VINUM CAFÉ** Located at the Brotherhood Winery, this restaurant/café offers a diverse French/American menu. Traditional favorites (French onion soup, foie gras, mussels in white wine) as well as familiar dishes with a twist — such as pan-seared filet mignon "Stroganoff style" — share the spotlight. Lunch & dinner Wed.-Sun. • *Washingtonville* — 84 Brotherhood Plaza Dr. 845-496-9001. \$\$\$ [www.vinumcafe.com](http://www.vinumcafe.com)

**TRE ANGELINA** Northern Italian fare is offered at this elegant, romantic restaurant. Specialties include veal Donita (veal medallions in a white wine sauce with fresh herbs) and Pollo con Avellino (Parmesan-battered chicken breast pan-seared with white wine). Lunch Tues.-Fri. & Sun.; dinner daily except Mon. • *Monroe* — 355 Rte. 17M. 845-238-5721. \$\$\$ [www.treangelinany.com](http://www.treangelinany.com)

**WILDFIRE GRILL** This cozy, candlelit restaurant serves up an American menu. The dining area has a view of the kitchen, where you can watch chefs prepare dishes like herb goat cheese-crusted rack of lamb and Black Angus prime rib. Lunch & dinner daily except Tues. • *Montgomery* — 74 Clinton St. 845-457-3770. \$\$\$

**ZOILA'S** Specializing in comfort food, this bistro fosters a casual, friendly environment. Using locally sourced ingredients, the menu features both American classics — like burgers and seared sea scallops — as well as Latin staples like mofongo con chicharron (fried and mashed plantains with pork skin) and carne de res guisada (Dominican-style stewed beef). All meals daily. • *Circleville* — 2092 Rte. 302. 845-361-2222. \$\$-\$\$\$ [www.zoilasrestaurant.com](http://www.zoilasrestaurant.com)

### Putnam

**ABRUZZI** Classic Italian-American fare — pasta, pizza, and grilled items — is the order of the day at this inviting neighborhood trattoria. Friends gather here for penne with crumbled sausage and Parmesan cream, and pork chops with escarole and cippolini. Lunch & dinner daily. • *Patterson* — 3191 Rte. 22. 845-878-6800. \$\$\$-\$\$\$ [www.abruzzitrattoria.com](http://www.abruzzitrattoria.com)

**CATHRYN'S TUSCAN GRILL** This trattoria offers Northern Italian cuisine along with an extensive (and fairly priced) wine list. Entrées include pan-seared scallops with pancetta, and a different risotto every day. Lunch & dinner daily, Sun. champagne brunch. • *Cold Spring* — 91 Main St. 845-265-5582. \$\$\$ [www.tuscangrill.com](http://www.tuscangrill.com)

**THE COLD SPRING DEPOT** This converted train station features steaks and seafood as well as comfort-food favorites like meat loaf and barbecued ribs. Dine on the patio while watching the trains go by. Live jazz on weekends. Lunch & dinner daily, Sunday brunch. • *Cold Spring* — 1 Depot Square. 845-265-5000. \$\$\$ [www.coldspringdepot.com](http://www.coldspringdepot.com)

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 ☛ [www.hudsonhouseinn.com](http://www.hudsonhouseinn.com)

**RAMIRO'S 954** Cuisine from the Caribbean, Mexico, Spain, and Latin America comes to Mahopac. The menu features olive oil-braised mahi-mahi with roasted potato, chorizo, onion, and smoked tomato sauce; and grilled filet mignon with tequila mushroom sauce, pan-roasted potato, and asparagus. The entire second floor is an art gallery featuring works by Latin American artists. Lunch Fri.-Sun., dinner daily. • Mahopac — 954 Rte. 6. 845-621-3333. \$\$\$  
[www.ramirorestaurant.com](http://www.ramirorestaurant.com)

**RIVERVIEW** The view overlooking the Hudson is part of the attraction of this casual venue, which serves up contemporary American fare with an Italian touch. Diners choose from among seasonally inspired selections such as sautéed scallops, grilled rib eye steak, and an assortment of pizzas. Lunch & dinner Tues.-Sun. • Cold Spring — 45 Fair St. 845-265-4778. \$\$\$  
[www.riverdining.com](http://www.riverdining.com)

**VALLEY RESTAURANT AT THE GARRISON** Seasonal American dishes using local and organic ingredients. The dining room and World's End bar open onto a large deck with fine river views. Lunch Mon.-Sat., dinner Thurs.-Sat., Sunday brunch; bar menu available daily. • Garrison — Rte. 9 at Snake Hill Rd. 845-424-2339. \$\$\$\$ ☛ [www.thegarrison.com](http://www.thegarrison.com)

## Ulster

**ASIA RESTAURANT** This restaurant delivers an authentic Asian experience, with Chinese, Japanese, and Thai elements in everything from the décor to the menu. Favorites include sesame chicken, sushi, Singapore rice noodles, and pad thai. • Stone Ridge — 3407 Cooper St. 845-687-9800. \$-\$\$  
[www.asiastoneridge.com](http://www.asiastoneridge.com)

**A TAVOLA TRATTORIA** This rustic-but-chic spot uses fresh ingredients to produce creative Northern Italian fare inspired by the classics. Chef-owners Nathan and Bonnie Snow — formerly of popular Manhattan outpost Sfoglia — serve poached octopus, duck breast, papardelle bolognese, and other equally enticing dishes. Dinner Thurs.-Mon. • New Paltz — 46 Main St. 845-255-1426. \$\$\$-\$\$\$\$ **review** Oct. 2011  
[www.atavolany.com](http://www.atavolany.com)

**AROMA THYME BISTRO** The health-conscious menu at this New American spot (featuring Thai curries, seitan cutlets, and hanger steak) appeals to a diverse range of tastes. Great wine list, too. Dinner daily. • Ellenville — 165 Canal St. 845-647-3000. \$\$  
[www.aromathymbistro.com](http://www.aromathymbistro.com)

**BARNABYS STEAKHOUSE** Located in a turn-of-the-century building with tin ceilings, this classic steakhouse boasts Tiffany lights, hardwood floors, and cozy booths. Steaks are the main attraction; other entrées include a variety of seafood (walnut-crusted salmon with risotto is popular), as well as pasta, chicken, and veal dishes. Lunch and dinner daily, Sun. brunch. • New Paltz — 16 N. Chestnut St. 845-255-2433. \$\$\$-\$\$\$\$  
[www.barnabyssteakhouse.com](http://www.barnabyssteakhouse.com)

**CATAMOUNT RESTAURANT** Located at the Emerson Resort and Spa, this restaurant serves classic American fare in a family-friendly atmosphere. The extensive menu features homestyle favorites (shepherd's pie, slow-cooked pot roast, meatloaf, pasta puttanesca) and nightly specials. Dinner daily, Sun. buffet. • Mount Tremper — 5340 Rte. 28. 877-688-2828. \$-\$\$\$ ☛ [www.emersonresort.com](http://www.emersonresort.com)

**CUCINA** CIA faculty member Gianni Scappin is in the kitchen at this Woodstock eatery. Guests enjoy fig and goat cheese pizza or "the best ravioli outside Italy," all served in a "country modern" space featuring a 24-foot communal table. Dinner Tues.-Sun., brunch weekends. • Woodstock — 109 Mill Hill Rd. 845-679-9800. \$\$\$  
[www.emersonresort.com](http://www.emersonresort.com)

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**FRANK GUIDO'S LITTLE ITALY** As traditional as you can get: This Neopolitan trattoria serves pizza, pasta, seafood, veal, using recipes that have been passed down for generations. Customer favorites include eggplant parmigiana, linguine aragosta, and bras-ciolo — all served individually or family style. Lunch Tues.-Sun., dinner daily. • *Kingston* — 14 Thomas St. 845-340-1682. \$\$\$ [www.frankguidoslittleitaly.com](http://www.frankguidoslittleitaly.com)

**FRED'S PLACE** This charming spot makes use of locally grown ingredients. The menu ranges from comfort foods (organic chicken soup, ribeye steak) to the more adventurous (wild-caught salmon with a garlic-herb-wine sauce). Vegetarian and gluten-free options, too. Dinner Wed.-Sat. • *Lake Katrine* — 11 Lohmaier Lane. 845-383-3883. \$\$\$ [www.fredsplace.us](http://www.fredsplace.us) review Apr. 2014

**HENRY'S AT THE FARM** Located at the Buttermilk Falls Inn, this restaurant is an intimate space with barnwood tables and a pond view. The seasonal menu offers cuisine made from local ingredients; dishes include vegetarian shepherd's pie, braised half chicken, and honey and chipotle braised Hereford beef short ribs. Lunch Fri.-Sun., dinner Wed.-Sun., brunch Sun. • *Milton* — 220 North Rd. 845-795-1500. \$\$\$-\$\$\$\$\$ [www.henrysatbuttermilk.com](http://www.henrysatbuttermilk.com)

**new! HIGH FALLS KITCHENETTE** This cozy kitchen serves a variety of American comfort foods. Try fan favorites like mac 'n cheese and turkey meatloaf to transport you back to your childhood days. The always-popular burgers are made using grass-fed beef. All meals Thurs.-Mon. • *High Falls* — 1219 Rte. 213. 845-687-7464. \$\$\$ [www.kitchenetterestaurant.com](http://www.kitchenetterestaurant.com)

**JOSHUA'S CAFÉ** This Woodstock standout provides eclectic world cuisine centered around Middle Eastern specialties. The menu includes a selection of meat, seafood, and vegetarian dishes — such as zucchini flatcakes, homemade falafel balls, and bedouin mixed grill. Brunch, lunch, & dinner daily except Wed. • *Woodstock* — 51 Tinker St. 845-679-5533. \$\$\$ [www.joshuascafe.com](http://www.joshuascafe.com)

**KINGSTON INDIAN GRILL** This restaurant offers simple décor and a varied selection of regional Indian dishes. Menu items include Chana Bhaji (chickpeas and tomatoes served with puffy fried poori) as well as chicken tikka masala (chicken marinated in yogurt, lightly spiced, and baked with a creamy red sauce). Lunch & dinner daily. • *Kingston* — 579 Broadway. 845-331-3611. \$\$\$-\$\$\$ review Feb. 2010

**MAIN COURSE** Locally recognized for his catering, chef-owner Bruce Kazan's inventive ways with local ingredients also can be sampled at this casual eat-in or take-out spot. Offerings on the New American menu include cedar-planked salmon, house-made soups, and assorted paninis. Closed Monday. • *New Paltz* — 175 Main St. 845-255-2600. \$\$\$ [www.maincoursecatering.com](http://www.maincoursecatering.com)

**MCGILICUDDY'S RESTAURANT & TAP HOUSE** Children and sports fans love this spot for its varied menu of sandwiches, pastas, burgers, and other pub favorites. The 14 TVs keep the little kids entertained, and the big kids up-to-date on the latest scores. Daily 11 a.m.-4 a.m. • *New Paltz* — 84 Main St. 845-256-9289. \$ [www.cuddysny.com](http://www.cuddysny.com)

**MOHONK MOUNTAIN HOUSE** Savor a unique dining experience in this grand Victorian castle with great views. Specialties include pan-seared filet mignon tournedos and Gorgonzola-crusted rack of lamb. All meals daily, prix fixe. At dinner, jackets are required for gentlemen over the age of 12, appropriate dress for women. • *New Paltz* — 1000 Mountain Rest Rd., Lake Mohonk. 845-256-2056. \$\$\$ [www.mohonk.com](http://www.mohonk.com)

**MOXIE CUP** Formerly known as Moxie Cupcake, this New Paltz staple has expanded into a full-blown coffee house. The eatery serves numerous blends of coffee, espresso, and tea as well as myriad baked goods

— including their to-die-for cupcakes — in a casual, friendly atmosphere. All meals daily. • *New Paltz* — 184 Main St. 845-255-2253. \$\$\$ [www.moxiecup.com](http://www.moxiecup.com)

**RED ONION** Chef Kevin Katz's rendition of New American cuisine includes dishes like squid-ink spaghetti with putanesca, and Thai beef salad. For dessert, indulge in the chocolate mousse cake filled with liquid caramel. Dinner daily. • *Saugerties* — 1654 Rte. 212. 845-679-1223. \$\$\$-\$\$\$\$\$ review Oct. 2009 [www.redonionrestaurant.com](http://www.redonionrestaurant.com)

**ROCK & RYE TAVERN** Located at the former Locust Tree Inn, this casual spot offers a New American menu that highlights seasonal and local items; diner favorites include Hudson Valley Cattle Company steaks and burgers, panko-breaded portobello steak fries, and pan-seared Alaskan halibut with sweet corn and white bean succotash. Dinner Wed.-Sun., Sunday brunch. • *New Paltz* — 215 Huguenot St. 845-255-7888. \$\$\$ [www.rockandrye.com](http://www.rockandrye.com)

**SHIP TO SHORE** This Victorian storefront eatery blends steakhouse favorites with progressive American cuisine. Indulge in surf and turf or sesame-crusted ahi tuna. And the Godiva chocolate cake is to die for. Half-priced wine bottles on Wed., live jazz on Sat. nights. Lunch & dinner daily. • *Kingston* — 15 W. Strand St. 845-334-8887. \$\$\$-\$\$\$\$\$ [www.shiptoshorehudsonvalley.com](http://www.shiptoshorehudsonvalley.com)

**STEELHOUSE RESTAURANT & BAR** With a seasonally changing menu, this eatery on Kingston's Rondout offers hearty offerings like roast beef and meat loaf in the winter, and lobster bake and other seafood specials in summer. Brick-oven pizza and pasta dishes (chicken and eggplant is a favorite) bring out the Italian side. Dinner Thurs.-Sun. in winter, Tues.-Sun. in summer. • *Kingston* — 88 East Strand. 845-338-7847. \$\$\$ [www.steelhouse.us](http://www.steelhouse.us)

**SURUCHI** As this eatery's tag line proclaims, it gives diners a true "taste of India." Staples include chicken tikka masala, paneer coconut curry, masala dosa, and palek paneer. Many ingredients are organic and locally-sourced, and the restaurant offers a large selection of gluten-free options. Lunch Sat.-Sun; Dinner Wed.-Mon. • *New Paltz* — 5 Church St. 845-255-2772. \$\$\$-\$\$\$ [www.suruchiindian.com](http://www.suruchiindian.com)

**THE TAVERN AT DIAMOND MILLS** Featuring contemporary American cuisine, this rustic-style tavern impresses with dishes like filet mignon wrapped in roasted bacon and house-made flatbread. Diners are treated to views of the Esopus Creek falls. In addition to the main dining room, the building boasts both a library and mezzanine for those looking for a more private setting. Lunch Wed.-Fri., dinner daily, weekend brunch. • *Saugerties* — 25 S. Partition St. 845-247-0700. \$\$\$ [www.diamondmillshotel.com](http://www.diamondmillshotel.com) review June 2012

**VIVO RISTORANTE** Nestled among the picturesque property of the Lazy Swan Golf and Country Club Village, this upscale eatery fosters an elegant ambiance. Masterfully crafted Italian dishes along with options to dine either on a patio overlooking the grounds or indoors by a snug fireplace excite savvy customers. Dinner Tues.-Sun. • *Saugerties* — 1754 Old Kings Highway. 845-247-0075. \$\$\$ [www.thelazyswan.com](http://www.thelazyswan.com)

**THE WOULD RESTAURANT** Complete with a picturesque garden pavilion and a warm indoor fireplace, this eatery offers seasonal New American fare. Traditional favorites like grilled skirt steak and braised beef short ribs share the spotlight with seafood like cashew encrusted sea scallops in cilantro sauce. The restaurant is also available for event catering. Dinner Tues.-Sat. • *Highland* — 120 North Rd. 845-691-9883. \$\$\$ [www.thewould.com](http://www.thewould.com)

**Albany**

**LA SERRE** Continental American cuisine (including house favorites like lobster ravioli and veal Oscar) is served in a sophisticated atmosphere. The brick patio is a lovely dining spot in the warmer months. Lunch Mon.-Fri., dinner daily. • *14 Green St.*, 518-463-6056. \$\$\$ [www.laserrealbany.com](http://www.laserrealbany.com).

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EATING OUT

## Columbia

**CAROLINA HOUSE** Satisfy your craving for Southern cuisine at this 30-year-old eatery. In summertime, patrons enjoy dining outdoors; during the winter, they vie for a table near the warm fireplace. Crowd-pleasing dishes include the fried onion loaf, southwestern spring rolls, blackened catfish, and baby back ribs. Dinner daily. • *Kinderhook* — 59 Broad St. 518-758-1669. \$\$\$-\$\$\$\$ \$

[www.carolinahouserestaurant.com](http://www.carolinahouserestaurant.com)

**HUDSON PARK RESTAURANT** This spot blends our two favorite pastimes: baseball and food. Fans can choose from among 14 varieties of hot dogs, each cleverly named with a ballgame reference. The menu also features burgers, wraps, steaks, and salads. Big-screen TVs and arcade games provide entertainment in a baseball-themed environment, and warm weather brings out an ice cream stand. Breakfast and lunch daily; dinner Thurs.-Sun. • *Hudson* — 3521 Rte. 9. 518-851-2228; \$

[www.hudsonparkbaseball.com](http://www.hudsonparkbaseball.com).

**THE VANDERBILT HOUSE** Built as a hotel in 1860, the historical setting of this restaurant adds a touch of grace to its cozy atmosphere. Diners — who have the option of eating either indoors or outside overlooking the sparkling lake — frequently enjoy the signature lamb fricassée, grilled sirloin steak, and pan-seared Atlantic salmon. Dinner Tues.-Sun., Sunday brunch. • *Philmont* — 161 Main St. 518-672-9993. \$\$\$-\$\$\$\$ \$

[www.vanderbilt-house.com](http://www.vanderbilt-house.com)

**VICO RESTAURANT & BAR** Housed in a 19th-century building decorated with paintings by area artists, Vico serves authentic northern Italian fare. The menu includes a variety of pastas, seafood, and a succulent Black Angus steak. Lunch Sat. & Sun., dinner Thurs.-Mon. • *Hudson* — 136 Warren St. 518-828-6529. \$\$\$ **review** Sept. 2008 [www.vicorestaurant.com](http://www.vicorestaurant.com)

For additional Columbia listings, visit [www.hvmag.com](http://www.hvmag.com).

## Greene

**BAVARIAN MANOR COUNTRY INN** This inn and restaurant has been a Catskills landmark since 1865. Their CIA-trained chef blends German cuisine (wiener schnitzel and sauerbraten) with familiar American favorites like prime rib and roast duck. Dinner Thurs.-Sun., lunch. • *Purling* — 866 Mountain Ave. 518-622-3261. \$\$ [www.bavarianmanor.com](http://www.bavarianmanor.com)

**CAVE MOUNTAIN BREWING COMPANY** This comfortable restaurant combines a family-friendly feeling with a casual pub atmosphere. Traditional American favorites — burgers, pulled pork sandwiches, and Southern-style fried chicken — dominate the menu, and live entertainment energizes the room on Thursday nights. Dinner daily, lunch Mon.-Fri. • *Windham* — 5359 Rte. 23. 518-734-9222. \$-\$

[www.cavemountainbrewing.com](http://www.cavemountainbrewing.com)

**CROSSROADS BREWING COMPANY** Specializing in pub-style comfort food, this warm and friendly eatery prepares the majority of its meals with locally sourced produce and meats. Plates like the Catskill mushroom casserole, grilled flatbread pizza, and hefty portions of mac 'n cheese fill many empty bellies. Dinner Wed.-Mon.; lunch & dinner Sat.-Sun. • *Athens* — 21 Second St. 518-945-2337. \$-\$

[www.crossroadsbrewingco.com](http://www.crossroadsbrewingco.com)

For additional Greene listings, visit [www.hvmag.com](http://www.hvmag.com).

## Rockland

**EMMETT'S CASTLE** Step back in time in this restored 1900s mansion, which feels like an Irish castle. Located on the Blue Hill Golf Course grounds, the restaurant serves Irish-American fare in three dining rooms, which accommodate casual diners as well as private parties. Menu favorites include the Jameson BBQ burger, prime rib, and — naturally — shepherd's pie. All meals daily. • *Pearl River* — 285 Blue Hill Rd. 845-735-3504. \$\$\$-\$\$\$\$ [www.emmettscastle.com](http://www.emmettscastle.com)

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**FREELANCE CAFÉ & WINE BAR** The American menu mixes café, bistro, and trattoria cooking with specials like fried green tomatoes with poached shrimp rémoulade; the setting is intimate and friendly. Lunch & dinner Tues.-Sun. Credit cards and reservations not accepted. • *Piermont* — 506 Piermont Ave. 845-365-3250. \$\$\$ [www.xaviars.com](http://www.xaviars.com)

**SAKANA JAPANESE FUSION** This contemporary spot serves modern Japanese/fusion cuisine. Menu choices range from abundant sushi and sashimi selections to fusion dishes. The popular Yellow Curry Chicken is simmered in a coconut milk curry sauce, while the Spicy Tuna Tortilla combines tuna, avocado, tobiko, and scallions on a toasted tortilla. Lunch Mon.-Fri., dinner daily. • *Nanuet* — 25 Rockland Plaza, Rte. 59 W. 845-623-2822. \$\$-\$\$\$ [www.sakanafusion.com](http://www.sakanafusion.com)

**THE OLD '76 HOUSE** One of America's oldest restaurants (it was built in 1668), this tavern played in important role in the American Revolution. But its American Continental menu is full of up-to-date fare, such as alligator empanadas, wild-boar sausage, and red deer medallions with a lingonberry reduction. Live music 7 days a week. Lunch & dinner daily. • *Tappan* — 110 Main St. 845-359-5476. \$\$\$ [www.76house.com](http://www.76house.com)

**QUINTA STEAKHOUSE** The owners offer dishes from their native Portugal (like pork braised in white wine with clams); for traditionalists, there's a T-bone with hand-cut French fries. Red banquettes are part of the classic décor. Lunch Mon.-Fri., dinner daily. • *Pearl River* — 24 E. Central Ave. 845-735-5565. \$\$-\$\$\$ [www.quintasteakhouse.com](http://www.quintasteakhouse.com)

**RESTAURANT X AND BULLY BOY BAR** Enjoy the fireplace in winter, or the duck pond in summer, while feasting on American cuisine with international seasoning. Choices include grilled squab with apple and barley risotto, or feel-good classics like beef Wellington. Lunch Tues.-Fri., dinner Tues.-Sun., Sunday brunch. • *Congers* — 117 N. Rte. 303. 845-268-6555. \$\$\$ [www.xaviars.com](http://www.xaviars.com)

**UNION RESTAURANT & BAR LATINO** Spice things up with a visit to this vibrant venue. The innovative American-Latin menu features dishes like sautéed rainbow trout with broccoli rabe and Spanish rice. Complement your meal with one of their legendary mojitos. Lunch & dinner Tues.-Sun. • *Haverstraw* — 22-24 New Main St. 845-429-4354. \$\$\$ [www.unionrestaurant.net](http://www.unionrestaurant.net)

**WASABI** This hot spot — with black ceiling and a tiled sushi bar — provides a hip atmosphere in which to enjoy chef/owner Doug Nguyen's Japanese cuisine. Sushi is popular, but so are unusual dishes like tuna topped with strawberries. Lunch Tues.-Fri., dinner daily. • *Nyack* — 110 Main St. 845-358-7977. \$\$\$ [www.wasabichi.com](http://www.wasabichi.com)

**XAVIAR'S AT PIERMONT** Chef-owner Peter X. Kelly dazzles with flawless New American cuisine. From caviar to Grand Marnier soufflé, foodies will leave happy. Closed Mon.-Tues., lunch Fri.-Sat. only. No credit cards accepted; reservations and jackets required. Prix fixe menus: 10 courses \$90, five courses with wine \$100; or à la carte. • *Piermont* — 506 Piermont Ave. 845-359-7007 [www.xaviars.com](http://www.xaviars.com)

## Westchester

**ZEPHS'** Located in a renovated gristmill, this restaurant offers seasonal fare that defies pigeonholing. Choices include Jamaican, Portuguese, Indian, or Italian dishes, all made using local ingredients. Dinner Wed.-Sun. • *Peekskill* — 638 Central Ave. 914-736-2159. \$\$\$

For additional Westchester listings, visit [www.hvmag.com](http://www.hvmag.com).

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Clinton Corners, NY 12514  
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[clintonvineyards.com](http://clintonvineyards.com)

**4 CROSSROADS BREWING COMPANY**

21 Second St.  
Athens, NY 12015  
518-945-BEER  
[crossroadsbrewingco.com](http://crossroadsbrewingco.com)

**5 LAST STOP BREWERY**

35 Patrick Lane  
Poughkeepsie, NY 12603  
[laststopbrewery.com](http://laststopbrewery.com)

**6 MILLBROOK VINEYARDS & WINERY**

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845-677-8383  
[millbrookwine.com](http://millbrookwine.com)

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[millhousebrewing.com](http://millhousebrewing.com)

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[prohibitiondistillery.com](http://prohibitiondistillery.com)

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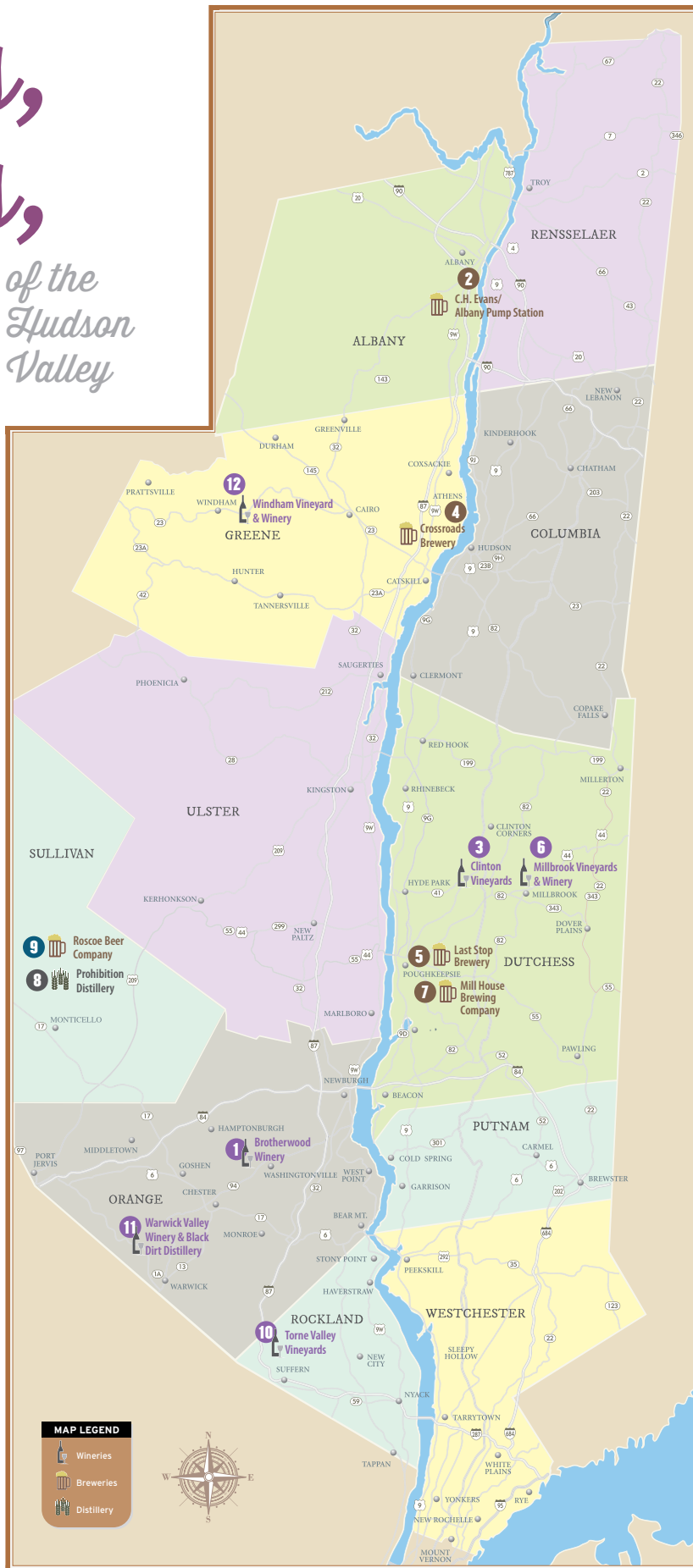
1 Torne Brook Rd.  
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## HUDSON VALLEY THE TOP 25

An alphabetical listing of the Hudson Valley lawyers who ranked top of the list in the 2014 Upstate New York Super Lawyers nomination, research and blue ribbon review process

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**Boyajian, Donald W.**, Dreyer Boyajian, Albany  
**Carpinello, George F.**, Boies Schiller & Flexner, Albany  
**Coffey, Stephen R.**, O'Connell & Aronowitz, Albany  
**DeFio Kean, Elena**, Towne Ryan & Partners, Albany  
**Deily, Jonathan D.**, Deily & Glastetter, Albany  
**Dreyer, William J.**, Dreyer Boyajian, Albany  
**Dunn, Ronald G.**, Gleason Dunn Walsh & O'Shea, Albany  
**First, Dennis A.**, O'Connor O'Connor Bresee & First, Albany  
**Hacker, James E.**, Hacker Murphy, Latham  
**Ingrassia, John**, Larkin Ingrassia & Brown, Newburgh  
**Jones, Jr., E. Stewart**, E. Stewart Jones, Troy  
**Kessler, Michael W.**, Rosenblum Ronan Kessler & Sarachan, Albany  
**Monserrate, Michele M.**, O'Connor O'Connor Bresee & First, Albany  
**Moschetti, Jr., Peter J.**, Anderson Moschetti & Taffany, Latham  
**O'Connor, Michael J.**, O'Connor O'Connor Bresee & First, Albany  
**O'Connor, Terence P.**, O'Connor O'Connor Bresee & First, Albany  
**Pierro, Louis W.**, Pierro Law Group, Latham  
**Rusk, John G.**, Rusk Wadlin Heppner & Martuscello, Kingston  
**Ryan, Claudia A.**, Towne Ryan & Partners, Albany  
**Santola, Daniel R.**, Powers & Santola, Albany  
**Sternheimer, Joann**, Deily & Glastetter, Albany  
**Towne, Jr., James T.**, Towne Ryan & Partners, Albany  
**Van Tuyl, Jennifer L.**, Cuddy & Feder, Fishkill  
**Wagner, Bruce J.**, McNamee Lochner Titus & Williams, Albany

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The list was finalized as of March 14, 2014. Any updates to the list (for example, status changes or disqualifying events) will be reflected on superlawyers.com.

Names and page numbers in **RED** indicate a profile on the specified page.

### ALTERNATIVE DISPUTE RESOLUTION

**Oliver, Kenneth L.**, Ken Oliver Law, Newburgh, 845-464-4853

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**Rausch, Robert A.**, Maynard O'Connor Smith & Catalinotto, Albany, 518-465-3553

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**Rose, Andrew C.**, Nixon Peabody, Albany, 518-427-2664

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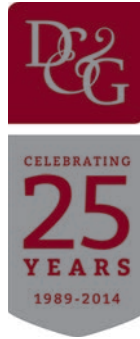
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Peter J. Moschetti, Jr. is a graduate of the University of New Haven, Connecticut and Union University's Albany Law School. He has been practicing law since 1984. He was employed as a prosecutor in the Nassau County District Attorney's Office from 1984 through 1987. His practice now involves the representation of plaintiffs in all types of personal injury and wrongful death cases, including complex product liability and medical malpractice actions. Over the years he has obtained numerous multimillion-dollar verdicts and settlements and has obtained record-setting verdicts in a number of counties in New York State's Capital Region. He is also an accomplished criminal defense lawyer who defends individuals and corporations charged with serious crimes.

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### LAND USE/ZONING

Kelly Naughton concentrates her practice on the areas of land use, representation of governmental entities, and civil litigation in both state and federal courts. She is admitted to practice in New York and Massachusetts. Ms. Naughton is the attorney for the Village of Maybrook's Planning Board and its Zoning Board of Appeals and the Town of Goshen's Zoning Board of Appeals. Ms. Naughton's litigation experience includes complex administrative challenges, federal Clean Water Act matters, and the defense of tax certiorari matters. She was a 2012 Orange County Rising Star and is a member of the New York State and Orange County Bar Associations and the Women's Bar Association of Orange/Sullivan Counties.

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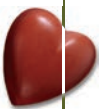
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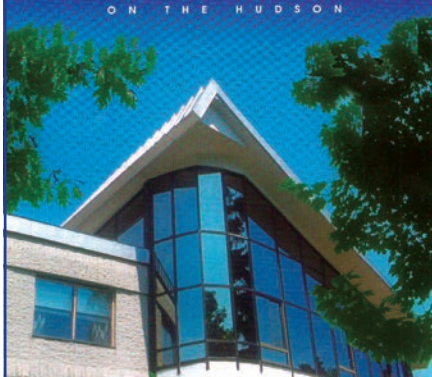


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By Kate E. Stephenson



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The Hudson Valley is renowned for its picturesque landscape, rich history, and lush culinary scene, all of which drive its booming tourism industry. But the Valley isn't just for visitors. Its casual elegance and creative quirkiness may entice you to the area, but the healthful lifestyle and access to modern medicine is what makes staying so easy.



Offering cutting-edge care, the Hudson Valley is an ideal retirement location. We all know that 70 is the new 50; people are living longer, more active lives. From nutritious farm-fresh food to the latest medical innovations — in everything from cosmetic surgery to critical care — the region provides easy access to everything you need to make your golden years shine.

With a focus on treating the entire patient, not just the disease, the area's doctors have acquired a reputation for not only effective but humane practices. Home to some of New York State's finest practitioners, the Valley's health care system includes specialists in every field of medicine.

Award-winning oncologists and cardiologists in the area have developed successful, noninvasive techniques to address the nation's leading killers — cancer and heart disease. A brief perusal of this magazine's "Top Doctors" issues reveal the incredible undertakings of these physicians. Image guided radiation therapy (IGRT), intensity modulated radiation therapy (IMRT), and

minimally invasive robotic surgery are developments that have aided the optimal delivery of patient-specific cancer treatment.

In addition, recent discoveries in the differences in heart disease symptoms between men and women are also providing doctors with an improved ability to curb this devastating silent killer. Heart disease accounts for more fatalities each year than all types of cancer combined. Currently one in three women in the U.S. dies from heart disease — but these numbers are changing, in part due to the work of area doctors. Even more than technological breakthroughs, these practitioners have found that outreach is a powerful tool. Appealing to all, doctors encourage young and old alike to have regular check-ups with an M.D. in whom you have confidence. With dozens of qualified practices within minutes of every corner of the region, this is an easy feat to accomplish.

But heart disease and cancer are only two potential factors in the complex health equation. Some would say health starts in our mouths. The plaque that

accumulates on the gums is what later can lead to heart issues. Taking care of basic dentistry needs can do a great deal to prolong great health. In this area, periodontists, orthodontists, and general dentists can be found in the rare mix of quantity and quality.

Today's dentistry is a whole new ball game, offering new techniques that make visits less agonizing. Gentle sedation, laser treatments, same-day tooth replacements, as well as permanent dental implants, are just a few of the amazing new procedures that can turn that painful frown upside down. For anyone who has ever had a toothache, this is truly welcome news. But even if not you're not in physical pain, a less-than-attractive smile can be a burden. Invisible braces, same-day crowns and bridges, and more authentic looking veneers can give you the sexy smile you've always wanted.

Along with the smile you deserve, the Hudson Valley also boasts doctors who can restore your skin and body to its youthful shape (or the shape you wish you had had in your youth). While some may not consider cosmetic procedures a part of necessary health care, studies have shown that feeling good is an important part of our mental health, which plays a significant role in physical well-being. Looking good simply helps us feel better. Cosmetic specialists, plastic surgeons, and dermatologists offer revolutionary new procedures to peel back the years. Laser hair removal, nonsurgical face-lifts, body sculpting, and improved micro-dermabrasion techniques all offer safer, less-invasive strategies to help reveal a reinvigorated new you.

And just as what's on the outside can affect what's on the inside, the reverse is also true. A healthy diet, with access to a variety of healthful foods, is an important part of our well-being. Lucky for the residents of the Hudson Valley, local farms can be found around every bend – along with specialty organic and full-service markets. Nu-

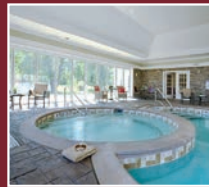
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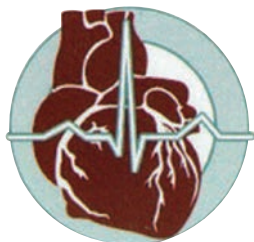
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# Hudson Valley on a Harley

A mid-life crisis “toy” pays unexpected dividends **BY KATHLEEN NORTON**

**I**t’s been more years than I care to disclose since my husband and I decided to put down roots in the prettiest place we knew — the Hudson Valley. Let’s just say our youngest turned one the month we moved here, and now he’s older than we were at his first birthday bash.

We’ve climbed the Valley’s hills and mountains, visited its farms and estates, walked along waterfronts, and even have had a few spectacular sailboat rides on the river. We’ve explored on foot, on bicycles, on boats, on skis, and in cars.

And in all that time, I never imagined I’d ever zip around the Valley on a motorcycle. Yet, there I was not long ago, perched on the back of a hog as we snaked through the traffic on Woodstock’s main drag, then zigzagged around the wilds of Ulster County for the most gorgeous Sunday ride ever.

By “hog,” I don’t mean one that squeals and produces bacon. I mean a big, bad-ass Harley that looks like it was meant to carry a couple of people much, much cooler than we are, ever have been, or ever will be.

While we zoomed around, I couldn’t help but ask: “Who the heck am I?” A year ago, if anybody had given me a peek into the future and I’d seen us on that motorcycle, I’d have said the crystal ball was cracked. Sure, my husband had been hinting at getting this “toy” for years. And all I had to do was point to our adorable kids and the stack of money that literally flew out the window for shoes and braces and food and clothing and... well, you get the picture.

But the years passed, the kids flew the coop, and my argument deflated like a three-day-old party balloon.

“Fine,” I huffed. “Get it out of your system. But don’t think I am getting on that thing.”

“Okay,” he said. “I’m going to motorcycle school, and you should come to the dealership with me.”

I relented. Within 10 minutes of stepping into the showroom, I saw at least four other middle-aged couples — all as uncool as we are — browsing around. Correction: The guys were panting their way through the place; the women followed, looking as clue-

less as I looked.

That’s when I decided: If this was his mid-life crisis in action, then I was going along for the ride.

I headed over to the helmet section and picked out a doozy. I bought a black jacket — it’s not leather, I’m working up to that — plus cool biker boots. I’ve drawn the line at getting a tattoo because our kids would be even more humiliated than they already are about the whole thing. (Their own college-era tattoos have not been mentioned; I am holding onto that little bit of ammunition for future use.)

“I just spotted Tim and Kara talking to each other on Facebook about us,” I reported to my husband one night. “They are laughing about us and the motorcycle.”

“Really?” he said. “We should have done this years ago!”

So far, his mid-life crisis solution is turning out well for both of us. We’re having fun together, seeing our old stomping grounds in a new way, and embarrassing our grown-up children.

Does it get any better than that? ●

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"Having been a nurse for the past 26 years, I was dedicated to caring for my patients. I tried to maintain proper back care when lifting and transferring patients at all times. However, when an Emergency occurs, often nurses must gather super-strength to assist a patient... Dr. Astrauskas, my PCP, and Christine Lowell, PA, worked with me to gain strength through physical therapy and the use of steroid injections. I did not want to mask my back pain with medication because I had witnessed what prolonged use could do to a person.

Over the past year, it became apparent that the non-surgical interventions were simply not going to be able to cure my back problems. I needed help getting out of bed and moving from room to room. I would wake up in severe pain in the middle of the night. My quality of life was terrible.

Together, Dr. Dan George, Orthopedic Spine Surgeon and Christine Lowell, Orthopedic Physician's Assistant, talked to me about surgical intervention and the next options for my care. We decided to proceed with surgery. It was a complicated case; a fusion with rods placed in my back. From the moment that I presented to the Surgical Department at Sharon Hospital, I was cared for like a member of the hospital family. Not just because I had worked there, but because Sharon Hospital's team of caregivers treats each and every patient as if they are their own family.

There is a misconception among some people that you receive better care at a larger hospital. That is simply not true. I have also worked in large city hospitals in Hartford and Nashville, so I know first hand that the care that I gave at Sharon and the care that I received as a surgical patient at Sharon Hospital is just amazing... The entire team of expertly trained surgeons, nurses, and anesthesiologists were dedicated to making me comfortable each and every step of the way. I was nervous when I went to the operating room holding area but the surgical team's compassion and dedication to my safe care made me feel at ease.

Today I am able to do the things that I enjoy most with my family. I am also able to travel for work to our eight RegionalCare Hospitals. Running through the airport and lifting my suitcase into the overhead bin is no longer difficult. I have my life back. Thank you to Dan George, MD, Christine Lowell, PA, and the team at Sharon Hospital for giving me the ability to move freely again.

My name is Karen. I am proud to say, Sharon is MY Hospital; where the hospital family cares for their community family every day."

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