

Me

# My online fake porn HELL

The images were digitally manipulated

When a stranger got in touch with her over Facebook, Sophie had no idea how much it would turn her life upside down...

Looking down at my phone, I saw I had a Facebook message request from someone I didn't know.

Intrigued, I opened it — and almost dropped my phone in horror.

*I've seen photos of you. I know where you live,* the message read.

I scrolled down and saw they'd also sent me sexually explicit photos and videos.

I knew I had to tell my husband Mark, 36, but waited until he got home from work.

I explained to him what happened and I could see how angry he was.

'Well, we need to call the police. This person knows where we live,' he said sternly.

'I know,' I said as he hugged me.

We rang the police and explained everything to them.

They were helpful when taking my statement, but I still felt incredibly anxious.

All I could do was wait for the police to do their investigation.

But I couldn't stop thinking about those photos and the video.

Halfway through the work day, I had a panic attack and was sent home.

Days went by, and every night was sleepless.

One day a few weeks later, I

was working out at the gym with my cousin.

But something felt off.

'What's up? Are you OK?' I asked her.

'I've seen something really dark, I don't think you want to see it,' she replied.

'What do you mean?' I asked.

The colour had drained from her face, and I'd never seen her like this before. It was like she'd seen a ghost.

'There are images of you on this website where you're naked, but I don't think it's you. It's definitely your face, but it's not your body,' she said.

'Oh, come off it, you're joking, right?' I replied nervously.

*There's no way there are naked pictures of me online,* I thought to myself.

She handed me

her phone. I began scrolling, and to my horror, she was right.

My heart sank as I saw a photo of my face that had been edited on to naked pictures of other women.

They were graphic and showed women with their legs spread.

There were also pictures of men who had pleased themselves over the digitally-edited photos of me.

People had even commented next to the pictures, saying: *Get your c\*\*\* out Sophie, that's a*

*good girl.*

What made it even worse was that some of the photos dated back to 2014 when I was just 22.

I didn't know how to process what I'd just seen, but I ran to the toilet to be sick.

I could feel how hot my face was and my heart was racing.

*This can't be happening,* I thought to myself, panicking.

I drove to my parents' house and showed them the photos.

I knew they wouldn't have believed me or understood me unless I showed them.

After I calmed myself down, I knew I had to ring Mark to tell him what had happened.

As I pressed his name and heard the phone dial, I felt my heart race.

'Mark?' I said nervously.

'Someone has taken photos of my face and added them to naked women's bodies.'

'What? How?' he asked.

'They're deepfakes,' I replied, using the term to describe

any digitally manipulated image or video that can look

I want to raise awareness of the dangers of deepfakes

convincingly real.

'We need to call the police,' he said.

As the police took my statement, a million thoughts raced around my head.

*What the hell do we do now? How do we get rid of these images?*

I felt dirty, violated and ashamed. But I hadn't done anything wrong.

Everyone, including my parents, were incredibly supportive but I couldn't shake the feeling of anger.

So one day, I contacted the owner of the website where the

Re: Sophie deserves

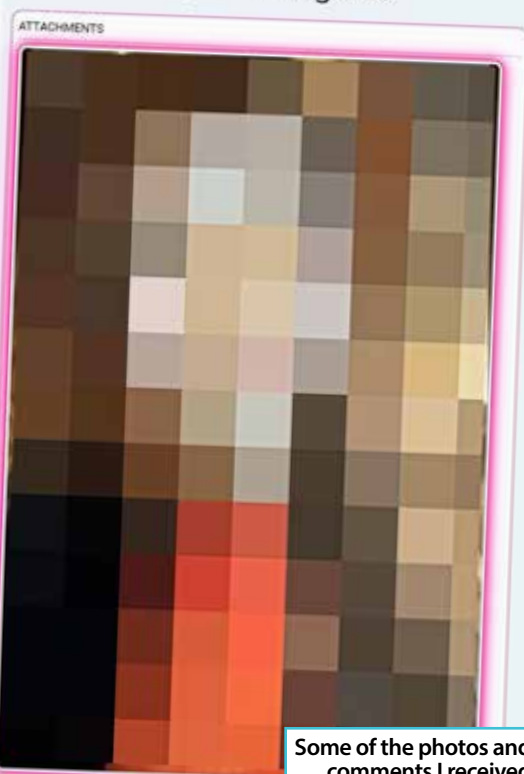
by Wed Aug 21, 2019 3:40 pm

Love to see u all over her pics too

Re: Sophie deserves

by Tue Aug 27, 2019 1:29 pm

Doesnt she just look great



Some of the photos and comments I received

did he make you so sad? Why did he make Daddy so angry?' my eldest asks me almost every couple of weeks.

It's difficult to know what to say.

After the investigation was dropped, I launched a petition

as I don't believe this should happen to other women and for people to get away with it.

My dignity and my privacy were completely compromised.

I want it to be illegal to create and share explicit images without consent and my petition now has more than 1,180 signatures — but the laws have changed since then.

The Online Safety Act now makes it a criminal offence to share, or threaten to share, a manufactured or deepfake intimate image or video of another person without his or her consent.

But it is not intended to criminalise the creation of such deepfake content, which I think is wrong.

I know the laws have

now changed, and I no longer feel as ashamed as I did, thanks to counselling, but I'm not the same person that I was.

With the rise in artificial intelligence, I want to urge women to be careful what they post online.

What the perpetrator has done is horrendous, but my biggest piece of advice now is, speak out if it's happened to you, don't stay quiet.

This could happen to anybody, and it shocks me that people don't even know what deepfake is.

Artificial intelligence is fantastic when it's used for what it needs to be used for, but when it's being abused and manipulated, it's very dangerous when it's in the wrong hands.

**Sophie Parrish, 31, Ainsdale, Merseyside**

'Somebody must see how wrong this is?'

'I've seen something really dark'

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I'm trying to move on