

The Great British Sewing Bee



Wednesday 15 July, BBC1

A new host, a fresh batch of talented makers and plenty of creative challenges signal the return of this feel-good favourite. Sophie Willan steps into the Sewing Bee tent for the first full series as host, while judges Patrick Grant and Esme Young put 12 amateur stitchers through their paces. Kicking off with British Summertime Week, the opening episode sees the sewers tackle tailored shorts, transform barbecue aprons into practical bags and create the perfect warm-weather outfit. With inventive new themes, colourful catwalks and the usual mix of triumphs, tears and extraordinary craftsmanship, it's impossible not to be drawn into the friendly competition.

THE FIVE-STAR WEEKEND



Thursday 16 July, Sky Atlantic

Jennifer Garner leads this glossy drama as celebrity cook and influencer Hollis Shaw, whose seemingly perfect life is torn apart by the sudden death of her husband. Hoping to heal, she invites four women from different chapters of her life to an idyllic weekend at her stunning Nantucket home. But as old friendships

are rekindled, long-buried resentments, betrayals and painful secrets begin to surface, forcing everyone to confront the lives they've carefully curated. Adapted from Elin Hilderbrand's bestselling novel, this addictive tale of friendship, grief and second chances boasts a stellar cast including Gemma Chan, Regina Hall, Chloë Sevigny and D'Arcy Carden.

THE DARK

Sunday 12 July, ITV1

This gripping new drama starts with a body being discovered in the Scottish Highlands bearing a sinister calling card. It's down to DI Monica Kennedy (Laura Donnelly) to catch the killer as she begins a murder investigation that threatens to tear apart the close-knit community. But while Monica is skilled at confronting the darkest corners of other people's lives, she is far less comfortable facing her own. As further victims are discovered, fear spreads through the rural community and Monica finds herself in a race against time to stop a serial killer hiding in plain sight.



NEW THIS WEEK

FILM

Moana

Disney's latest live-action adaptation follows the beloved Polynesian princess (played by Catherine Laga'aia) for an exciting musical adventure. Prompted by a summons from the ocean, Moana leaves her home island for the first time and travels past its barrier reef. With demigod Maui (Dwayne 'The Rock' Johnson) by her side, she embarks on an epic seafaring journey with the hope to restore the wellbeing of her people.

Shoot The People

FILM

Acclaimed photographer and filmmaker Misan Harriman is usually the one behind the camera, but in this documentary, he steps in front of it to capture several social movements and protests across the globe. We see the activist as change unfolds and on his road to the Academy Awards, where his 2023 short film *The After* was up for an Oscar. A captivating watch.



BOOK



It Could Have Been Her

by Lisa Jewell (Century)

Twenty-five years ago, Jane Trevally met a charming man in a Soho bar and agreed to go back to his home – only for things to take a disconcerting turn. She left that night unable to shake the feeling she'd had a lucky escape. Now, fate has brought her back to that very doorstep and she sets about finding out what's being hidden behind closed doors – and what she uncovers is more disturbing than she could ever have imagined... We drop everything for a Lisa Jewell novel, and this could be her best yet.

The Date

by T.H. Murdock (Thomas & Mercer)

After a perfect date, Miles Deverill is stunned when he is accused of killing Caira Kennedy, a social worker he had just met that night. After a trial, he is acquitted, but Miles can't escape the past. And then the threatening messages start – in Caira's own voice. Miles is left confused and scared. Is she still alive or is someone playing a twisted game? Needing to get away, Miles joins friends on a remote road trip. But he has to face the truth... We couldn't put this thriller down.

BOOK

