

ULTIMATE FORGIVENESS:

'My affair saved our marriage'

Kordia Sewell's two-year tryst brought her and her husband closer together rather than forcing them apart...

When Kordia Sewell first fell in love with her husband Ronando, the two were inseparable. But over time their relationship became stale – and her eye began wandering. When handsome stranger Frank* came to the cosmetic surgery clinic where she worked as a nurse to enquire about a tummy tuck for his wife, they both got more than they bargained for.

The pair caught each other's eyes and a sordid affair soon began. Over the course of two years, Kordia and Frank met in secret, hiding their illicit affair from both of their partners – Kordia even fell pregnant with Frank's child.

But eventually, Kordia felt

consumed with guilt and came clean to Ronando. She says, 'I realised I missed my old life.' Following couples' therapy, Ronando proposed and the two married in front of their nearest and dearest. She says, 'What I did forced us to confront what we had together, and what we stood to lose. The truth is, my affair saved our marriage.'

GOOD MATCH

Kordia, 37, and her husband Ronando, 56, lived with their three-year-old and were very happy. Kordia, who lives in Wallingford, Oxon, says, 'We'd met each other back in our native Jamaica. He was 20 years older than me, but we were a good match.'

But over the years, Kordia felt that spark dwindle. She says, 'We both worked long hours and we became like ships in the night. Ronando, who worked as a company driver, had always been quiet, but we'd stop communicating altogether.'

Then, in 2020, Kordia went to work – and her world was turned upside down. Kordia says, 'Frank walked in enquiring about a tummy tuck for his wife. I could barely take in what he was saying as I was so transfixed by his piercing eyes. I felt giddy and had butterflies in my stomach – I hadn't felt like that in a long time.'

'I handed some brochures to him and talked him through the options. Before I knew it, we started talking about our lives and discovered that we were from the same village in Jamaica. We had so much in common and I really fancied him, and it was obvious from his body language and how much he was flirting with me that he felt the same.'

When Frank asked Kordia for her number, she didn't hesitate in handing it over. She says, 'He said he wanted it in case he needed to discuss the procedure in more detail – but we both knew his wife's nip and tuck was the last thing on our minds.'

FLIRTED

A few days later, Frank messaged Kordia and asked to meet for a drink. Kordia didn't hesitate in saying yes, and she lied to Ronando and said she was off to meet friends for dinner. Kordia says, 'I did feel a bit guilty, but I was excited too. My heart was racing as I approached the bar. He was standing there with flowers and told me I looked amazing. He placed his hand on the small of my back and pulled me into him. I could feel the



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Kordia and Ronando

excitement race through me.' The two flirted all night, and when Frank kissed Kordia, it made her realise what she was missing in her relationship and later, the pair decided to get a hotel room for a few hours. Kordia says, 'The sex was incredible. I felt alive! Afterwards I went back home and slid into bed beside Ronando. I knew what I was doing was wrong, but I was too caught up in the excitement.'

Frank lavished Kordia with gifts, and their feelings for each other grew. A few months into their affair, Frank suggested they went away for the weekend. Kordia says, 'I wasn't sure at first, but I lied to Frank and said I was off to look after my mum. I felt awful but the lies kept tumbling out.'

Kordia and Frank headed out on dates and weekends away at every opportunity. Then, six months in, Kordia fell pregnant. She says, 'We hadn't been careful enough with protection. I told Frank and we agreed I'd have a termination. It was traumatic, but I knew it was for the best. I couldn't have told Ronando that I was pregnant with another man's baby.'

phone and found out about our affair. She had filed for divorce and he needed somewhere to stay. So I went home and picked a silly fight with Ronando so I had an excuse to leave him.'

BOMBSHELL

Kordia packed her and her son's bags and they moved in with Frank. She says, 'It was so romantic and fun but, after three months, cracks started to show. We argued all the time but there was so much passion there, it's why I stayed.'

But after one argument too many, Kordia left Frank for good. She says, 'He begged me to come back, but I started to suspect I wasn't the only woman involved with him. And being apart made me realise how much I missed Ronando and my old life. He'd always been there for me and our son. I just wanted my family back.'

Swallowing her pride, Kordia picked up the phone and called Ronando. She says, 'I blurted everything out and told him about my tawdry two-year affair. He was quiet but then

agreed we needed our family back together. I wouldn't have blamed him if he'd told me where to go, but I felt so grateful that he was giving me a second chance.'

OLD SPARK

After a heart to heart, Kordia says Ronando admitted his part of the relationship breakdown – and welcomed her back with open arms, forgiving her for what she'd done. She says, 'At first, I stayed in the spare room as we had counselling to fix our relationship. I explained to him that I wanted more affection, and we agreed to make more time for each other.'

Date nights helped reignite an old spark and after their 10th counselling session, Ronando got down on knee and popped the question, asking Kordia to marry him. She says, 'It was the easiest "yes" ever. It felt like a chance for a clean slate.'

The two got married in February 2024 in front of their friends and family, and are now the happiest they've ever been. Kordia says, 'I still feel awful about betraying Ronando, though I have no regrets as it forced us to confront our issues, and saved our marriage. We never talk about the affair now – we leave it in the past, where it belongs.'

*Frank's name has been changed

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