

Below is a summary of your responses

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#### MEPN Skills Self Assessment for Javelet Completed on: 12/5/2023

#### Fluid, Electrolyte and Acid-Base Balance

		Level of Co	nfidence	Numbe	r of Times	s Perforn	ned
	Confident	With Supervision	Not Observed or Performed	1-2 times	3-5 times	>5 times	NA
1. Initiate a peripheral venous access IV infusion	•	0	Ο	0	0	•	0
2. Change IV solution container and administration set	•	0	Ο	0	Ο	•	0
3. Monitor an IV site and infusion	•	0	0	0	0	•	0
4. Change a peripheral venous access dressing	•	0	0	0	0	ightarrow	0
5. Cap for intermittent use and flush a peripheral venous access device	•	0	Ο	0	0	0	0
6. Administer a blood transfusion	0	•	0	•	0	0	0
<ol><li>Change the dressing and flush a central venous access device</li></ol>	Ο	•	Ο	0	•	0	0
8. Access an implanted port	0	•	0		0	0	0
9. Deaccess an implanted port	0	0	•	0	0	0	$\bigcirc$
10. Remove a peripherally inserted central catheter (PICC)	0	0	•	0	0	0	•

# Vital Signs

		Level of Con	fidence	Nu	mber o Perfori		
	Confident	With Supervision	Not Observed or Performed	1-2 times	3-5 times	>5 times	NA
1. Assess body temperature via the tympanic, oral, rectal, axillary, and temporal routes.	•	0	0	0	0	•	0
2. Monitor a newborn's temperature while using a radiant overhead warmer.	•	0	0	•	0	0	0
3. Apply a cooling blanket.	0	•	0	•	0	0	0
4. Assess peripheral pulses by palpation.	•	0	0	0	0	ightarrow	0
5. Assess an apical pulse by auscultation.	•	0	0	0	0	ightarrow	0
6. Assess peripheral pulses by ultrasound Doppler.	0	$\bigcirc$	0	•	0	0	0
7. Assess respiratory rate.	•	0	0	0	0	ightarrow	0
8. Assess blood pressure by auscultation or using an automatic blood pressure monitor.	•	0	0	0	0	•	0
9. Assess blood pressure by auscultation	•	0	0	0	0	•	0
10. Assess systolic blood pressure using an ultrasound Doppler.	0		0		0	0	0

# Hygiene

		Level of Cor	Number of Times Performed				
	Confident	With Supervision	Not Observed or Performed	1-2 times	3-5 times	>5 times	NA
1. Give a bed bath		0	0	0	0	0	0
2. Assist with oral care	•	0	0	0	0	$\bigcirc$	0
3. Provide oral care for a dependent patient	•	0	0	0	0	$\bigcirc$	0
4. Provide denture care	0	0	•	0	0	0	0
5. Remove contact lenses	0	0	•	0	0	0	0
6. Shampoo a patient's hair in bed	•	0	0		0	0	0
7. Assist with shaving	•	0	0		0	0	0
8. Make an unoccupied bed	•	0	0	0	0	0	0
9. Make an occupied bed		0	0	0	0	$\bigcirc$	0

## Cardiovascular Care

		Level of Co	nfidence	Number of Times Performed					
	Confident	With Supervision	Not Observed or Performed	1-2 times	3-5 times	>5 times	NA		
1. Obtain a 12-lead ECG	•	0	0	0	0	0	0		
2. Apply a cardiac monitor		0	0	0	0	$\bigcirc$	0		
3. Perform cardiopulmonary resuscitation (CPR)	•	0	0	0	•	0	0		
4. Apply and monitor an external pacemaker	0	0	•	0	0	0	$\bigcirc$		

## Comfort

		Level of Co	nfidence	Numbe	r of Times	s Perforn	ned
	Confident	With Supervision	Not Observed or Performed	1-2 times	3-5 times	>5 times	NA
1. Give a back massage	0	0	•	0	0	0	0
<ol> <li>Apply and care for a patient using a transcutaneous electrical nerve stimulation (TENS) unit</li> </ol>	0	•	0	•	0	0	0
3. Care for a patient receiving PCA	•	0	0	•	0	0	0
4. Care for a patient receiving epidural analgesia	•	0	0	0	0	0	0
5. Care for a patient receiving continuous wound perfusion pain management		Ο	Ο	0	•	0	0

# Asepsis and Infection Control

		Level of Confi	idence	Number of Times Performed			
	Confident	With Supervision	Not Observed or Performed	1-2 times	3-5 times	>5 times	NA
1. Perform hand hygiene as indicated (handwashing or alcohol-based hand rub)	•	0	0	0	0	0	0
2. Prepare and appropriately manage a sterile field.	•	0	0	0	0	$\bigcirc$	0
3. Put on and remove sterile gloves.	•	0	0	0	0	$\bigcirc$	0
4. Put on and remove personal protective equipment safely.	•	0	0	0	0	$\bigcirc$	0

### Nutrition

		Level of Confidence				Number of Times Performed				
	Confident	With Supervision	Not Observed or Performed	1-2 times	3-5 times	>5 times	NA			
1. Assist a patient with eating		0	0	0	0	•	0			
2. Insert a nasogastric tube		0	0	0	0	$\bigcirc$	0			
3. Administer a tube feeding	0	•	0	0	0	0	0			
4. Remove a nasogastric tube		0	0	0	0	0	0			
5. Care for a gastrostomy tube	0	•	0		0	0	0			

#### Medication Administration

Each skill checked in this list has been safely and appropriately identified, prepared, and administered in accordance with best practice.

		Level of Co	onfidence	Numbe	r of Times	s Perform	ned
	Confident	With Supervision	Not Observed or Performed	1-2 times	3-5 times	>5 times	NA
1. Administer oral medications	•	0	0	0	0	0	0
2. Administer medications via a gastric tube	•	0	0	0	0	$\bigcirc$	0
3. Administer an intradermal injection	•	0	0	0	0	0	0
4. Administer a subcutaneous injection		0	0	0	0	$\bigcirc$	0
5. Administer an intramuscular injection		0	0	0	0	0	0
6. Apply an insulin pump	0	0	•	0	0	0	$\bigcirc$
7. Administer medications by intravenous bolus or push through an intravenous infusion	•	0	0	0	0	•	0
8. Administer a piggyback, intermittent intravenous infusion of medication	•	0	0	0	0	•	0
9. Administer an intermittent intravenous infusion of medication via a volume-control administration set	•	0	0	0	0	•	0
10. Introduce drugs through a medication or drug infusion lock using the saline flush	•	0	0	0	0	•	0
11. Apply a transdermal patch	•	0	0	0	0	0	0
12. Instill eye drops		0	0	0	0	$\bigcirc$	0
13. Administer eye irrigation		0	0	0	0	$\bigcirc$	0
14. Instill ear drops	•	0	0	0	0	0	0
15. Administer ear irrigation	•	0	0	0	0	0	0
16. Instill nose drops	•	0	0	0	0	0	0
17. Administer a vaginal cream	•	0	0		0	0	0
18. Administer a rectal suppository	•	0	0	0	0	0	0
19. Administer medication via a metered-dose inhaler	•	0	0	0	0	•	0
20. Administer medication via a small-volume nebulizer		0	0	0	0	•	0
21. Administer medication via a dry-powder inhaler		0	0	0	0	•	0

# Neurological Care

		Level of Con	fidence	Number of Times Performed				
	Confident	With Supervision	Not Observed or Performed	1-2 times	3-5 times	>5 times	NA	
1. Logroll a patient		0	0	0	0	0	0	
2. Apply a two-piece cervical collar		0	0	0	0	$\bigcirc$	0	
3. Implement seizure precautions and seizure management		0	0	0	0	0	0	
4. Care for patient in halo traction	0	0	•	0	0	0	ightarrow	
5. Care for a patient with an external ventriculostomy device	0	0	•	0	0	0	ightarrow	
6. Care for a patient with a fiberoptic intracranial catheter	0	0	•	0	0	0	0	

# Activity

	Lev	vel of Confide	ence	Nu	mber o Perfor		S
	Confident	With Supervision	Not Observed or Performed	1-2 times	3-5 times	>5 times	NA
1. Assist a patient with turning in bed	•	0	0	0	0	•	0
2. Move a patient up in bed with the assistance of another nurse	•	0	0	0	0	$\bigcirc$	0
3. Transfer a patient from the bed to a gurney	•	0	0	0	0	$\bigcirc$	0
4. Transfer a patient from the bed to a chair	•	0	0	0	0	$\bigcirc$	0
5. Transfer a patient using a full-powered body sling lift	0	•	0		0	0	0
6. Provide range-of-motion exercises	•	0	0	0	0	$\bigcirc$	0
7. Assist a patient with ambulation	•	0	0	0	0	$\bigcirc$	0
8. Assist a patient with ambulation using a walker	•	0	0	0	0	$\bigcirc$	0
9. Assist a patient with ambulation using crutches	•	0	0	0	0	$\bigcirc$	0
10. Assist a patient with ambulation using a cane	•	0	0	0	0	$\bigcirc$	0
11. Applying and removing antiembolism stockings	•	0	0	0	0	$\bigcirc$	0
12. Apply pneumatic compression devices	•	0	0	0	0	$\bigcirc$	0
13. Apply a continuous passive motion device	0	0	•	0	0	0	$\bigcirc$
14. Apply a sling	0	•	0		0	0	0
15. Apply a figure-eight bandage	0	•	0	0	$\bigcirc$	0	0
16. Assist with a cast application	0	•	0	0	$\bigcirc$	0	0
17. Care for a patient with a cast	•	0	0	0	0	$\bigcirc$	0
18. Apply and care for a patient in skin traction	0	0	•	0	0	0	$\bigcirc$
19. Care for patient in skeletal traction	0	0	•	0	0	0	$\bigcirc$
20. Care for a patient with an external fixation device	0	0	•	0	0	0	•

## Laboratory Specimen Collection

		Level of Co	nfidence	Numbe	r of Times	s Perforn	ned
	Confident	With Supervision	Not Observed or Performed	1-2 times	3-5 times	>5 times	NA
1. Test a stool specimen for occult blood	0	0	•	0	0	0	0
2. Collect a stool specimen for culture	•	0	0		0	0	0
3. Obtain a capillary blood sample for glucose testing	•	0	Ο	0	0		0
4. Obtain a nasal swab	•	0	0	0	0	0	0
5. Obtain a nasopharyngeal swab	•	0	0	0	0	0	0
6. Collect a sputum specimen (expectorated) for culture	•	0	Ο	0	0	•	0
7. Obtain a urine specimen (clean catch, midstream) for urinalysis and culture	•	0	Ο	0	0	•	0
8. Obtain a urine specimen from indwelling urinary catheter	•	0	0	0	0	•	0
9. Collect a venous blood specimen by venipuncture for routine laboratory testing	•	0	Ο	0	0	•	0
10. Obtain a venous blood specimen for culture and sensitivity		0	Ο	0	0	•	0

# Skin Integrity & Wound Care

		Level of Co	nfidence	Numbe	r of Time	s Perforr	ned
	Confident	With Supervision	Not Observed or Performed	1-2 times	3-5 times	>5 times	NA
1. Clean a wound and apply a dry, sterile dressing	•	0	0	0	0	0	0
2. Apply a saline-moistened dressing	0	0	0	0	0	0	0
3. Apply a hydrocolloid dressing	•	0	0	0	0	0	0
4. Perform wound irrigation	•	0	0	0	0	0	0
5. Collect a wound culture	0	0	0	•	0	0	0
6. Apply Montgomery straps	0	0	•	0	0	0	$\bigcirc$
7. Provide care to a Penrose drain	0	0	•	0	0	0	$\bigcirc$
8. Provide care to a T-tube drain	0	0	•	0	0	0	$\bigcirc$
9. Provide care to a Jackson-Pratt drain	0	0	•	0	0	0	$\bigcirc$
10. Provide care to a Hemovac drain	0	0	•	0	0	0	$\bigcirc$
11. Apply negative pressure wound therapy	0	0	•	0	0	0	$\bigcirc$
12. Remove sutures	0	0	•	0	0	0	$\bigcirc$
13. Remove surgical staples	0	0	•	0	0	0	$\bigcirc$
14. Apply an external heating pad	•	0	0	0	0	0	0
15. Apply a warm sterile compress to an open wound		0	0	0	0	•	0
16. Assist with a Sitz bath		0	0		0	0	0
17. Apply cold therapy		0	0	0	0		0





# Urinary Elimination

	Lev	Level of Confidence				Number of Times Performed				
	Confident	With Supervision	Not Observed or Performed	1-2 times	3-5 times	>5 times	NA			
1. Assist with the use of a bedpan		0	0	0	0	0	0			
2. Assist with use of a urinal		0	0	0	0	$\bigcirc$	0			
3. Assist with use of a bedside commode		0	0	0	0	$\bigcirc$	0			
4. Assess bladder volume using an ultrasound bladder scanner	0	•	0		0	0	0			
5. Apply an external condom catheter		0	0	0	0	$\bigcirc$	0			
6. Catheterize a female patient's urinary bladder		0	0	0	0	$\bigcirc$	0			
7. Catheterize a male patient's urinary bladder		0	0	0	0	$\bigcirc$	0			
8. Remove an indwelling urinary catheter		0	0	0	0	$\bigcirc$	0			
9. Administer intermittent closed-catheter irrigation	0	•	0		0	0	0			
10. Administer closed continuous-bladder irrigation	0	•	0		0	0	0			
11. Empty and change a stoma appliance on an ileal conduit	0	•	0		0	0	0			
12. Care for a suprapubic urinary catheter	0	0	0		0	0	0			
13. Care for a peritoneal dialysis catheter	0	0	0		0	0	0			
14. Care for hemodialysis access	0	0	0	0	0	0	$\bigcirc$			

# Oxygenation

		Numbe	r of Time	s Perfor	med		
	Confident	With Supervision	Not Observed or Performed	1-2 times	3-5 times	>5 times	NA
1. Use a pulse oximeter		0	0	0	0	0	0
2. Teach a patient to use an incentive spirometer		0	0	0	0	0	0
3. Administer oxygen by nasal cannula		0	0	0	0	$\bigcirc$	0
4. Administer oxygen by mask		0	0	0	0	0	0
5. Use an oxygen hood	0	0	•	0	0	0	$\bigcirc$
6. Use an oxygen tent	0	0	•	0	0	0	$\bigcirc$
7. Insert an oropharyngeal airway	0	•	0		0	0	0
8. Insert a nasopharyngeal airway	0	•	0		0	0	0
9. Suction the nasopharynx and oropharynx		0	0	0	0	0	0
10. Suction an endotracheal tube using an closed system	•	0	Ο	0	0	•	0
11. Suction an endotracheal tube using a open system	0	•	0		0	0	0
12. Secure an endotracheal tube	0	0	•	0	0	0	$\bigcirc$
13. Suction a tracheostomy		0	0	0	0	0	0
14. Provide care of a chest drainage system		0	0		0	0	0
15. Assist with chest tube removal	0	0	•	0	0	0	$\bigcirc$
16 Use a bag and mask (handheld resuscitation							

device) to deliver oxygen



Level of Confidence With Not Observed or

O

Number of Times Performed 1-2 3-5 >5

#### **Bowel Elimination**

	L	Level of Confidence				lumber of Times Performed				
	Confident	With Supervision	Not Observed or Performed	1-2 times	3-5 times	>5 times	NA			
1. Administer a large-volume cleansing enema	0	0	0		0	0	0			
2. Administer a small-volume cleansing enema	0	$\bigcirc$	0		0	0	0			
3. Administer a retention enema	0	0	•	0	0	0	ightarrow			
4. Remove stool digitally	0	0	•	0	0	0	ightarrow			
5. Apply a fecal incontinence pouch	0	0	0		0	0	0			
6. Change and empty an ostomy appliance	0	0	0		0	0	0			
7. Irrigate a colostomy	0	0	0		0	0	0			
8. Irrigate a nasogastric tube connected to suction		0	0	0	0	$\bigcirc$	0			

### Other Specialty Skills

	Level of Confidence			Number of Times Performed				
	Confident	With Supervision	Not Observed or Performed	1-2 times	3-5 times	>5 times	NA	
Click to write Statement 1	0	0	0	0	0	0	0	
Click to write Statement 2	0	0	0	0	0	0	0	
Click to write Statement 3	0	0	0	0	0	0	0	
Click to write Statement 4	0	0	0	0	0	0	0	
Click to write Statement 5	0	0	0	0	0	0	0	
Click to write Statement 6	0	0	0	0	0	0	0	
Click to write Statement 7	0	0	0	0	0	0	0	
Click to write Statement 8	0	0	0	0	0	0	0	
Click to write Statement 9	0	0	0	0	0	0	0	
Click to write Statement 10	0	0	0	0	0	0	0	

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