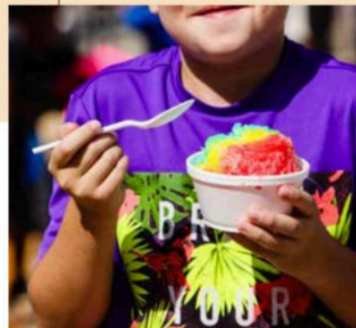




FARM + FRESH + FALL



A GUIDE TO THE BEST FALL FARMERS MARKETS

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With the fall comes many good things - relief from the summer heat, a chance to watch the aspens shift from vibrant green to fiery yellow, shorter days and a sense of things becoming a little bit cozier. But fall can also be a time of hurriedness - kids are heading back to school, and languid summer days at home or adventure-packed weeks of vacation become a distant memory.

Fall's beauty can easily be swept aside by the hustle and bustle of "getting back into the swing of things," and, for that, farmers markets are the perfect antidote. More than just being a place to pick up fresh, flavored-filled tomatoes or herbal, homemade soaps, a farmers market beckons one to slow down and encourages exploration. Neighbors run into neighbors, new foods are tasted, and much-needed time with family and friends.

Whatever fall looks like for you, whether it's a time of relaxation now that the kids are finally back in school, or a time of running from place to place in an insane attempt to get everything finished, take time to visit a farmers market. More than anything, a visit to a farmers market can be a reminder of the vast beauty and potential the season has to offer.

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