

JUNE 2017

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JUNE 29TH 5-8PM

\$20/person includes 1 drink, food and a contribution to Parker Creative District

Tickets: www.deepspace.me/GalleryGala

This event is being held at the Art Gallery at

DEEP SPACE

11020 S. Pikes Peak Dr.
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FAIR PLAY

A SOLO EXHIBITION BY
SARAH BOWLING



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Men of Substance

It's June and the perfect time to say thank you to all the men in our lives. Dads, husbands, brothers, sons, best friends.

While I ponder the men in my life who have meant so much, I'm feeling particularly sentimental about my friend and mentor Stuart, whom I met some 20-plus years ago on a Washington D.C. metro bus that ran from the Pentagon to our respective downtown jobs. Stuart today is 91 years old, still drives every day to his oh-so-important job at the U.S. State Department, and still indulges in the risks and rewards that have led him to become somewhat of a real estate magnate. Most notably, he still devotes himself every day to his adoring family, friends and colleagues.

Despite his busy life, Stuart has always had time for me, and for my family. He was there the day I started (and quit) my first job, the day I got married, the day we bought our first house, the day my first daughter Taryn was born. Stuart, who wrote my recommendation letter for grad school, and whom years later is writing letters for my daughter's applications to colleges. Stuart, who has believed in me through my entrepreneurial pursuits, evolving dreams, successes and failures, and professional (and personal) reinventions. I dedicate this month to you, Stuart, and to all the other Stuarts out there -- all the men who are in each of our lives, whom we couldn't live without. Well, we could, but the world would be a less joyful place.

It is in this spirit of gratitude that we celebrate our fine community's Notable Men of 2017.

This year's men of distinction include innovators, disruptors and leaders from a range of industries. From The Sportsman and The Architect, to The Artisan and The Visionary. We have The Literary Thought Leader, The Restaurateur and The Entrepreneur/Professional Fireman.

Like many of the wonderful men I know, these fine men who do so much for our community, in the 'burbs and beyond, were glad to help do some mentoring themselves, by sharing their personal recipes for success, life balance, innovation, longevity and more. Please join me in celebrating this year's Notable Men and celebrating all things men... one of the many Joys of June!

Smiles,

Robin Bond, Publication Director

ON THE COVER Assorted items, the 2017 Men's Issue shoot
PHOTOGRAPHY BY Kendrick Howard | Blue Talon Photography
ON LOCATION Seasons 52 Restaurant in Lone Tree
CIGAR The Robusto Room in Lone Tree

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Parker

L I F E S T Y L E

JUNE 2017

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David Weekley Homes

at Inspiration

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18

Departments

- 8 Good Times
- 10 Around Town
- 14 Healthy Lifestyle
- 24 Realty Report
- 26 DIY
- 30 Lifestyle Calendar
- 34 Parting Thoughts

Inside Parker

L I F E S T Y L E™

- 14 OF FAT TIRES AND THIN
The best spring cycling for road & trail.
- 18 PORTRAIT OF A BUSINESSMAN
Recipes for success from our "Notable Men of 2017."
- 34 GOLF TIPS FROM A PRO
George Kahrhoff of the Club at Ravenna on how it's done.



14



26



34

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Parker Garage Kentucky Derby Party

The Parker Garage celebrated with friends and much fanfare at its 3rd Annual Kentucky Derby Viewing Party on May 6.



Celebration of Colorado Creatives - MINI Event

Schomp MINI hosted 'The Celebration of Colorado Creatives' to celebrate this amazing community of Colorado creators alongside the all-new 2017 MINI Cooper Countryman. Guests enjoyed complimentary libations, food, live music, giveaways, raffles and more!!





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AROUND TOWN

TOUR DE LADIES WOMEN-ONLY CYCLING EVENT RETURNS TO DOUGLAS COUNTY

The Tour de Ladies women-only cycling event is excited to return to Douglas County on July 8. The Tour de Ladies empowers women through pedal power by encouraging women to be physically active, train for the event, and participate at the level they feel comfortable. It also empowers women through the financial contribution of the event's proceeds to a local nonprofit that primarily serves women – the Crisis Center.

This year the event will begin and end at Parker's Fieldhouse – a premier athletic event venue in Douglas County. The route, which will be fully supported with "SAG in drag" (men in skirts to help change flat tires and provide other on-course assistance) and aid stations, features options of 13 miles (new), 30 miles and a 62.5 mile metric century for cyclists of all levels.

"Tour de Ladies welcomes women who are new to cycling and those who ride regularly," said Jon Tarkington, director of this year's Tour de Ladies event. "We added a shorter course this year to encourage more women to participate, especially those who are doing their first organized bicycling event. The three courses offer manageable challenges that past participants have given rave reviews for scenery, signage and on-course support. We're excited to support the Crisis Center for the fifth year, with proceeds and additional donations going to help their work toward a world free of violence."

Last year's Tour de Ladies event had 465 registered riders and raised more than \$15,000 for the Crisis Center, which provides programs and services to domestic violence victims. Organizers expect to surpass the participation rate and fundraising this year.

"It really takes organizations like Tour de Ladies to assist us and be a part of the fight against domestic violence to help us achieve our mission," said Jennifer Walker, Executive Director of the Crisis Center. "We need this kind of support to build a strong, safe and healthy community."

Tour de Ladies is a nonprofit, and is a fund of the Douglas County Community Foundation. For race details visit, TourDeLadies.com

KEYSTONE RESORT KICKS OFF DAILY SUMMER MOUNTAIN OPERATIONS

Keystone Resort kicks off daily summer mountain operations on Friday, June 9 at 10 a.m. Keystone Resort's summer season provides a laid-back environment that is full of adventures with fewer crowds, allowing guests to enjoy authentic mountain experiences at a pace they dictate. Sitting at 9,280 feet elevation in Summit County, Colo. and just a short, scenic drive from Denver, Keystone is the ultimate location for families to enjoy mountaintop hiking, golfing, downhill mountain biking, horseback riding, lake activities, special events and lodging rates that begin at \$99 a night.

Keystone's signature daily Kidtopia programming provides families with a variety of activities and adventures that are free throughout the entire summer. From June 9 to Sept. 3, Kidtopia offerings such as nature hikes, kite building workshops and Wild West nights allow families to enjoy creative experiences that provide added ways to

CONTINUED >



PARKER AREA CHAMBER OF COMMERCE RECEIVES 3 COLORADO STATE CHAMBER AWARDS

Each year the Colorado Chamber of Commerce Executives (CCCE) in partnership with the Colorado State Chamber (CACI) hosts their annual state chamber conference for all chambers of commerce in Colorado. On May 4, 2017, the Parker Area Chamber of Commerce was awarded with three Colorado state chamber awards.

The 2017 Best-of-the-Best Colorado state chamber awards presented to the Parker Area Chamber of Commerce include Communications Award, Special Achievement Award, and Colorado Chamber CEO of the Year Award.

Dennis Houston, President and CEO of the Parker Area Chamber of Commerce, said "It is with great humility and appreciation that we proudly accepted these awards on behalf of our amazing chamber team, our board of directors, our business members and the hundreds of incredible volunteers who make things happen every day in Parker." Houston went on to say "our Chamber could not accomplish the great things we do without their passion for Parker. It's an honor to work by their side."

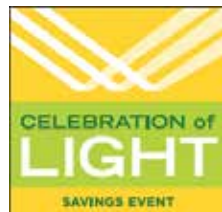
Susan West, Immediate Past Chair, Parker Area Chamber of Commerce Board of Directors, indicated, "The Parker Area Chamber of Commerce had a vision for what a progressive Chamber could do to impact the quality of life in our community. What we needed was a visionary leader who could implement and push us to new heights of success. That leader is our CEO – Dennis Houston." ParkerChamber.com



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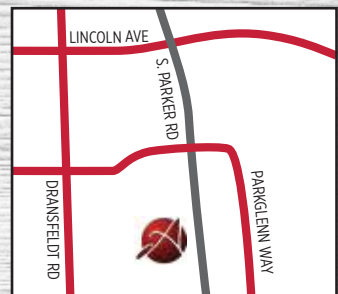
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Around Town (CONTINUED)

enjoy the resort. Additionally, special events such as the Strider Bike Series and Kidtopia Discovery Days provide free outdoor entertainment in the heart of Keystone's River Run Village on select dates.

Even after the close of the ski and snowboard season at Keystone, guests can still get their adrenaline fix this summer at the Adventure Point tubing hill, where a not-so-secret stash of snow awaits. Situated at 11,640-foot elevation atop Dercum Mountain, Keystone boasts the only summer snow tubing operation in Colorado held on actual snow. Guests can zip down multiple tubing lanes, without all the winter apparel, and enjoy conveyor-lift access back to the top.

The Keystone Bike Park features 55 lift-serviced singletrack mountain biking trails, with progressive terrain welcoming riders of all ability levels. With a dedicated trail crew, the Bike Park will feature a variety of new upgrades and additions, including new features, re-worked trails, increased bike haul capacity and a free skills park to promote progression. The Keystone Bike Academy caters to riders of all levels with beginner clinics, private lessons, downhill guides and a new camp designed just for kids.

Stand up paddle boarding, kayaking, canoeing, paddle boating, lakeside bicycle rides, whichever the mode of transportation the Keystone Lake presents a picturesque mountain setting. Located in Lakeside Village, the Keystone Adventure Center provides boat and bike rentals, arcade games, beach toys, snacks and a bar.

Summers have become the season of festivals, and this certainly holds true at Keystone Resort. Guests can pair the multitude of available mountain adventures with a signature festival or event for an affordable and unique way to complement any summer stay at the resort. Summer festivals include the Blue Ribbon Bacon Tour (June 24-25); Keystone Wine and Jazz Festival (July 15-16); River Run Village Art Festival (July 29-30); Keystone Bluegrass and Beer Festival (Aug. 5-6); Mountain Town Music Festival (Aug. 18-19); Keystone Oktoberfest (Sept. 2) and Taste of Keystone (Sept. 3). KeystoneResort.com

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Spring Riding

ARTICLE FELICIA MEYER

Looking to get outside and hop on that new bike you've been waiting to ride? Spring riding in Colorado can offer some of the best views and terrain. Make sure you know which trails and roads to hit this Spring!



MUST HAVE SPRING CYCLING GEAR WHETHER YOU ARE ON THE ROAD OR IN THE MOUNTAINS:



1. Arm, Leg, & Knee Warmers - The easy donning and removal of these items are essential for Spring riding. You never know what types of weather you might hit in Colorado!

2. Vest - A lightweight shell jacket is a 'go-to' for Spring riding. The idea is to provide an extra layer to the torso, blocking you from the wind. These are very compact and fit perfectly in a jersey pocket, easy to carry.

3. Lightweight Shell - With spring in Colorado, we never know when it is going to rain or when the wind will blow us over. A lightweight shell is an item you need when riding in unpredictable weather, as it will help fight off wind or rain.

4. Shoe Covers - The warmer weather means we don't need to worry about getting cold feet as much, but shoe covers are always an essential when riding. They help provide protection from the dirt, as well as the weather elements.

5. Cycling Cap - An item for both function and style. Not only are they cool looking, but they help to keep the sun and drizzle out of your eyes. It can also be a help with sweat, due to the moisture-wicking fabric. Lightweight and functional!

CYCLING

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BEGINNER?

YES

NO

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MOUNTAIN

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(not) Shaken Not Stirred

Seven business leaders from our "Notable Men" series share their recipes for success

ARTICLE ROBIN BOND | PHOTOGRAPHY KENDRICK HOWARD, BLUE TALON PHOTOGRAPHY

What's the perfect recipe... for success, a happy home life, market leadership, or continuous innovation?

We asked seven prominent businessmen in our community, and they shared their personal recipes for success in business and in life.

Two parts passion, 1 part patience, a muddle here, a garnish there...

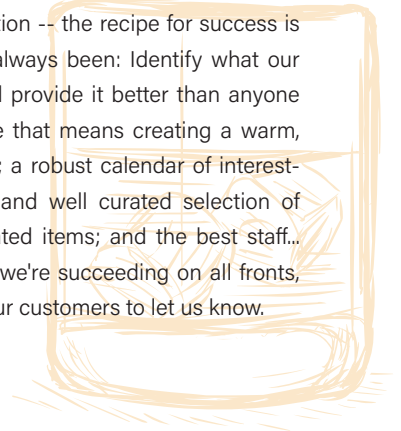


STRANAHAN'S COLORADO WHISKEY, ON THE ROCKS

Len Vlahos
The Tattered Cover

WHAT'S YOUR RECIPE FOR SUCCEEDING IN THE CHANGING MARKETPLACE?

While there have been many changes in the book industry -- the development of e-books, the rise of e-commerce, different distribution models, much more competition -- the recipe for success is the same as it has always been: Identify what our customer wants, and provide it better than anyone else can. In our case that means creating a warm, inviting environment; a robust calendar of interesting events; a large and well curated selection of books and book-related items; and the best staff... anywhere. We hope we're succeeding on all fronts, but we'll leave it to our customers to let us know.

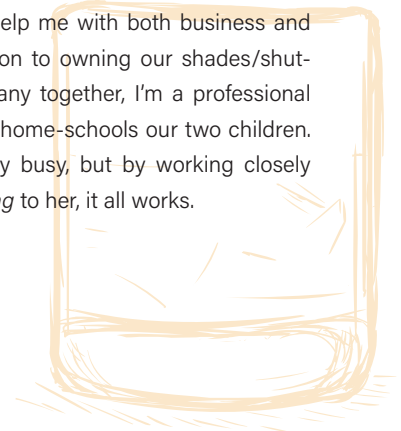


COFFEE, BLACK

Nate Mueller
Co-owner, Front Range Windows

WHAT'S YOUR RECIPE FOR MAINTAINING WORK/FAMILY BALANCE?

I wouldn't be anywhere near I where I am without my wife Lacey to help me with both business and the family. In addition to owning our shades/shutters/interiors company together, I'm a professional fire fighter and she home-schools our two children. So we're both really busy, but by working closely with her and *listening* to her, it all works.



CONTINUED >



LEFTHAND BREWERY MILK STOUT

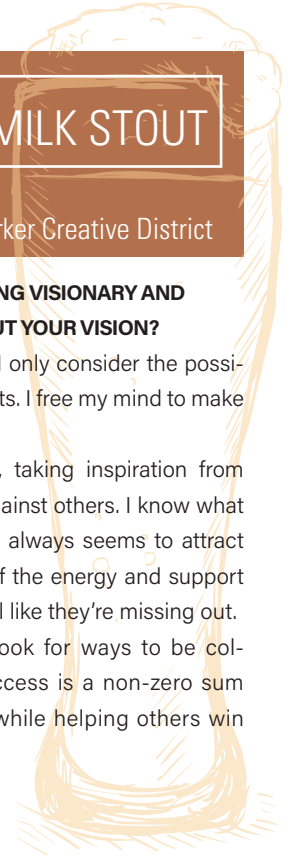
Brian Dickman
Deep Space Center | Parker Creative District

WHAT'S YOUR RECIPE FOR STAYING VISIONARY AND GETTING OTHERS EXCITED ABOUT YOUR VISION?

"When I dream of new ideas, I only consider the possibilities, and I ignore the constraints. I free my mind to make the world whatever I dream.

I stay motivated from within, taking inspiration from others, but not judging myself against others. I know what I love and I do what I love. This always seems to attract the right people first. I feed off of the energy and support to keep pushing until the rest feel like they're missing out.

When executing a vision, I look for ways to be collaborative and help others. Success is a non-zero sum game. I believe that I can win while helping others win at the same time."



CHAPPELLET SIGNATURE, NAPA '14

Brent Walker
Parker Garage

WHAT'S YOUR RECIPE FOR STANDING OUT IN A CROWDED MARKETPLACE?

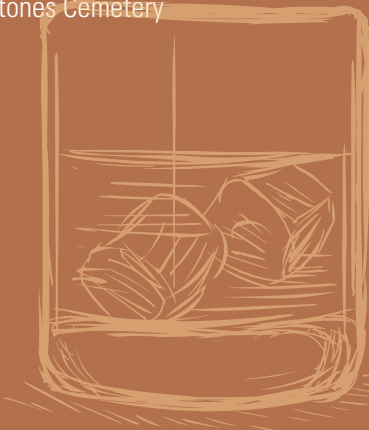
"My commitment to our guests' full dining experience is something we never compromise on. Our attention to the fine details and pursuit of quality ingredients, coupled with a constant desire to forage for new and unique products to expose our guests to, is a huge part of what I do. I love developing authentic relationships with our guests and the trust they put in us to help create lasting memories for them."





BRECKENRIDGE BOURBON ON THE ROCKS

Doug Flin
Seven Stones Cemetery



WHAT'S YOUR RECIPE FOR STAYING VISIONARY AND THINKING OUTSIDE THE BOX?

"With an industry steeped in tradition, it doesn't take much to step outside the box....the challenge is creating meaningful connections and environments that allow families to transition their way through the loss and grief of a loved one in their own special way.

Having a background in landscape architecture and design, having had the opportunity to work with hundreds of cemeteries throughout the country, and having walked in the shoes of loss and grief, my recipe consists of a little Colorado bourbon (on the rocks) and a simmering cast iron pot of:

- Creative people – surround yourself with talent
- Other industries – look outside your core to see how others create uplifting experiences
- Customer experiences – listen, observe and always put yourself in their shoes they touch every aspect of your business to find what's meaningful to them.
- Status quo – never be satisfied and always test new ideas
- Patience – never give up
- Core beliefs – stay true to what got you where you are and never forget about the needs and demands of the ever-changing customer
- Past flavor (from the cast iron pot) – savor the organic creativity which was more prevalent in this industry 100 plus years ago."

CONTINUED >



UPSLOPE CRAFT LAGER

Dave Budniakiewicz
Minturn Anglers

WHAT'S YOUR RECIPE FOR MAINTAINING LONG-TERM SUCCESS?

"Minturn Anglers would not be the fly shop and outfitter it is without the goal-oriented staff we have working for us in the shop and on the water. Our staff truly loves to help people catch fish! There seem to be more and more fly shops and guide services popping up in Denver and the Vail Valley every year. We all sell the same darned stuff, so the best way we've found to maintain our strong brand and reputation is to offer the best service in Colorado - whether in shop or on the water. We work our tails off to show our loyal customer base an incredible fishing experience, whether that's with our guides or on a DIY excursion. We're blessed to make a living going fishing, and we never take it for granted that we live in a state that cares so much about its natural resources. It may be "just fishing," but by making sure every in-shop and on-water encounter is a life-long memory for our customers, we're sure you'll keep seeing those Minturn Anglers stickers plastered all over Colorado!"



DOWNTIME SINGLE MALT WHISKEY, ON THE ROCKS

Todd Jilbert
Golden Toad Sauces & Seasonings

WHAT'S YOUR RECIPE FOR STANDING APART FROM THE CROWD?

"Standing out isn't always easy. We offer hand-crafted, single batch sauces and seasonings made from the freshest local, all natural, gluten-free ingredients. But so do many of the companies on the shelf next to us. So how do we stand out? I hear the word passion kicked around a lot, and while I think it's overused, I DO believe in the power of doing something you *love*. Do it with integrity and honesty. Be honest with yourself, your products and your services. Surround yourself with a team that does the same. And listen, listen, listen to both your team and your customers! Offer them both something fresh, new and exciting on a regular basis. A consistent focus on honesty, integrity, listening and innovation will help build your reputation and brand recognition in a crowded market. 'You can't build a reputation on what you are going to do.' - Henry Ford. Get out there and do it, and have fun while you do it!"

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NEIGHBORHOOD	LIST PRICE	SOLD PRICE	%SOLD/LIST	DOM	BDRMS	BATHS
The Timbers	\$674,800	\$675,000	100	66	4	4
Tallman Gulch	\$699,900	\$679,900	97	194	3	3
Meridian Village	\$689,900	\$689,900	100	3	5	5
Robinson Ranch	\$698,000	\$694,000	99	11	4	5
The Pinery	\$695,000	\$695,000	100	10	4	5
PRADERA	\$750,000	\$697,000	93	75	6	5
Elkhorn Ranch	\$699,900	\$700,000	100	4	4	5
Parker Village	\$739,900	\$739,000	100	3	4	4
The Timbers	\$799,900	\$750,000	94	64	5	5
Ponderosa Summit	\$769,900	\$769,900	100	12	4	4
Robinson Ranch	\$775,000	\$775,000	100	3	4	5
Pradera	\$789,500	\$778,000	99	14	5	6
Pradera	\$875,000	\$795,000	91	284	4	4
TIMBERS AT THE PINERY	\$800,000	\$801,000	100	5	5	5
Pine Bluffs Estates	\$829,000	\$804,000	97	58	5	5
Misty Pines	\$875,000	\$806,000	92	136	4	5
Amanda Pines	\$845,000	\$830,000	98	5	5	5
Timbers at the Pinery	\$1,099,950	\$950,000	86	161	5	4
Estates at Idyllwilde	\$1,089,000	\$955,000	88	21	6	6
Timbers at the Pinery	\$965,000	\$965,000	100	5	5	5
The Timbers at the Pinery	\$1,171,000	\$1,100,000	94	56	5	6
Elkhorn Ranch	\$1,185,000	\$1,120,000	95	36	4	7
Sky Rim	\$1,150,000	\$1,125,000	98	133	4	4
Timbers at the Pinery	\$1,195,000	\$1,150,000	96	20	4	4
East Parker	\$2,200,000	\$2,000,000	91	297	5	6

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do it yourself



ARTICLE DANA LAPINEL
PHOTOGRAPHY MICHAEL RAINERO
STYLIST KATELYN HUTSON

We're in love with Ben Uyeda, creative director/genius of #HomeMadeModern. He has an entire website (HomeMade-Modern.com) full of modern design projects that don't break the bank. Here's one of our favorite, a simple stool. Perfect for any room in the house, durable and affordable. Music to our ears.

WHAT YOU NEED

- + Quikrete 5000 Concrete Mix
- + 1 ¼" Diameter Wooden Dowel 48" long
(A single 48" dowel is all you need to make three sturdy legs. 1" diameter and 1 ½" diameter dowels would also work just fine.)
- + 5 Gallon Bucket
(Look for a bucket with a smooth bottom.)
- + Clean Tap Water

TOOLS

- + Paint
(Pick a color, any color)
- + Painter's Tape
- + Paintbrush
- + 120 Grit Sandpaper

+ A DIY MODERN STOOL +



01 | cut the legs

Cut the 48" dowel into three pieces 16" long each. This step is where power tools come in handy, or your friendly neighborhood Home Depot or Ace Hardware associate will help you out with a perfect cut.

Make sure the bucket is clean and dry and put 3" of concrete mix in the bucket. Add clean tap water slowly. Be careful not to add too much water or else the concrete will be weak and crumble.



02 | mix it up

Thoroughly mix the concrete so that every grain of the mix is wet. The mix should be the consistency of cookie dough. After mixing, there will be air bubbles trapped inside. Shake and tap the bucket to bring the air bubbles to the surface.



03 | place the legs

Once the concrete has settled, place the legs in the bucket. Stick the legs about 1 1/2 " past the surface of the concrete and let them rest against the side of the bucket.

Wait 24 hours then remove.

Bend the sides of the bucket outward a few times in each direction to loosen the concrete; then pull the stool out by the legs. Use the sandpaper to smooth the edges.



04 | dip dye the legs

Measure how much you want to dip dye the legs of the stool. For our stool, we measured 4" from the bottom. Mark with a pencil and place painter's tape at the markings. Paint on the color of your choice, remove the tape and let dry.

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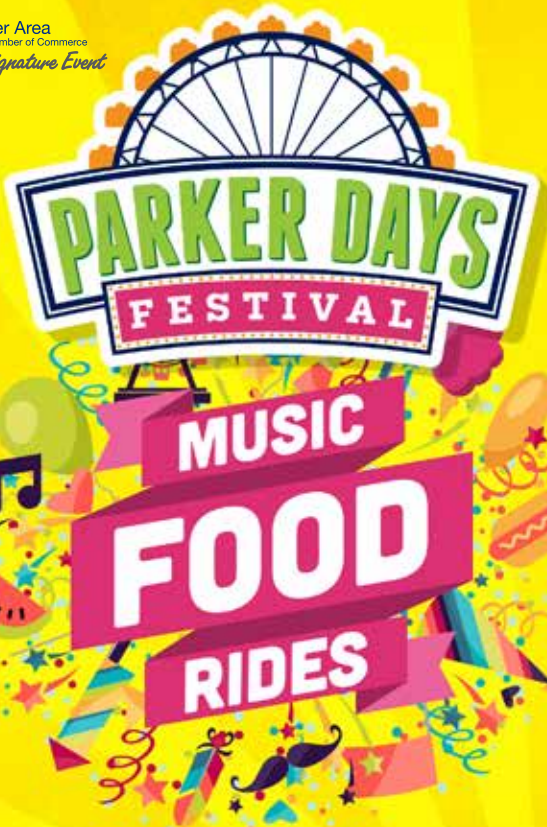


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THE MAIN STAGE

FRI JUNE 9	SAT JUNE 10	SUN JUNE 11
TRIBUTE BAND NIGHT	12:30-1:30 PM SO WHAT BROTHERS	10:30-11:30 AM CHURCH SERVICE
6:00-7:30 PM PARADISE THEATRE	2:00-3:00 PM BRIAN HORNBUCKLE BAND	12:00-1:30 PM KELLI SAID
8:00-9:30 PM TED FIORINO'S JOURNEY TRIBUTE	3:30-5:00 PM SISTERS OF ROCK	2:00-3:30 PM CONJUNTO COLORES
10:00-11:30 PM VAN WHOLEN)	5:30-7:00 PM TYLER WALKER BAND	4:00-5:30 PM CHRIS DANIELS AND THE KINGS
	7:30-9:00 PM BUCKSTEIN	6:00-8:00 PM WASH PARK
	9:30-11:00 PM KYGO PRESENTS: MIDLAND	
	11:00-11:30 PM KYGO DJ SHOW + GIVE AWAYS, ETC.	

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June

JUNE 1

FREE CONCERT IN DISCOVERY PARK: TUNISIA
DISCOVERY PARK

Parker Arts is proud to present the Discovery Park Summer Concert Series. Join us for these free concerts hosted in Parker's brand new amphitheater. Tunisia is a high-energy, genre-transcending band ready to rock Discovery Park! ParkerArts.org

JUNE 2

FABULOUS FIRST FRIDAY UNDER THE LIGHTS ARTWALK
20 MILE CENTRAL BUILDINGS ON MAIN STREET

Start your Art walk with a wine tasting at Vines, then end your evening with a special dinner at Vines! Come visit with your local artists every First Friday of the month! ParkerCreativeDistrict.com

JUNE 3

FOOD TRUCK FRENZY 2017
COYOTE RIDGE PARK

The Free Frenzy features a variety of food trucks, craft beer, wine, live music, activities for the kids, a pet corner and much more! Come join the fun! Presented by Castle Pines Chamber of Commerce and Castle Rock Bank. CastlePinesChamber.com

JUNE 8 - 11

PARKER DAYS FESTIVAL
MAIN STREET

Come join us ring in the Summer! Concert by Bret Michaels on June 8th. There will be a parade, carnival rides, and three concert stag-



es with music! It's the perfect family weekend! Complete festival information available at, ParkerDaysFestival.com

JUNE 10

EAST-WEST TRAIL HALF MARATHON AND 10K
MOUNTAIN RIDGE MIDDLE SCHOOL

Presented by Endurance Race Series, The June 10th, East-West Trail Half Marathon and 10k event gets its name from the trail system it is located on... The beautiful and scenic East-West trail in Littleton, CO offers a 100% dirt trail and single track course for this event, while creating challenging yet manageable elevation gains. EnduranceRaceSeries.com



JUNE 15

FREE CONCERT IN DISCOVERY PARK:
RYAN CHRYS & THE ROUGH CUTS
DISCOVERY PARK

Parker Arts is proud to present the Discovery Park Summer Concert Series. Join us for these free concerts hosted in Parker's brand new amphitheater. Ryan Chrys and the Rough Cuts exploded onto the scene, delivering a style of country that echoes back to the glory days of Cash, while keeping the modern darkness and grit of 2000's blues rock. ParkerArts.org

JUNE 16

DEEP SPACE COMEDY NIGHT
DEEP SPACE GALLERY

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JUNE 19

AUTHOR NITE AT THE JAVA JAM CAFE.

THE JAVA JAM CAFE

My Word Publishing and Merry Dissonance Press present the first ever Author Nite at the Java Jam Cafe. Our premier Author Nite will feature award-winning and critically acclaimed memoirs full of love, loss and some laughs. JavaJamCafe.com

JUNE 22

FREE CONCERT IN DISCOVERY PARK: HAZEL MILLER

DISCOVERY PARK

Parker Arts is proud to present the Discovery Park Summer Concert Series. Join us for these free concerts hosted in Parker's brand new amphitheater. With a career spanning over 38 years, performing with groups like The Temptations and James Brown, Hazel Miller is a woman with a lot of history and a lot of talent. ParkerArts.org

JUNE 23

DOWNTOWN PARKER WINE WALK

DOWNTOWN PARKER

Downtown Parker Wine Walks take place on the last Friday May through October. Enjoy wine samples provided by Parker Area Chamber merchants and learn more about the goods and services they sell and provide. Tickets are \$15 and must be 21 years of age or older to participate. ParkerChamber.com



JUNE 24

**PEDALING 4 PARKINSON'S
SWEETWATER PARK**

Organizer's for Pedaling 4 Parkinson's announced their Annual event, including 3 routes: 60-Mile, 40-Mile and 10-Mile ride. The ride

draws hundreds of riders every year, from expert cyclists to novices--all united in the fight to find a cure for Parkinson's Disease. The ride is now the largest fundraiser in Colorado benefiting Michael J. Fox Foundation for Parkinson's Disease. Pedaling4Parkinsons.org

JUNE 24

MOVIES IN THE PARK

O'BRIEN PARK

Movies in the Park - presented by Parker Adventist Hospital is a FREE event for families at O'Brien Park. Games, vendors, music, concessions, and a FREE movie! Come early to reserve your space, movie begins at dusk. The June Feature is 'Sing'. ParkerChamber.com

JUNE 29

**FREE CONCERT IN DISCOVERY PARK: THAT EIGHTIES BAND
DISCOVERY PARK**

Parker Arts is proud to present the Discovery Park Summer Concert Series. Join us for these free concerts hosted in Parker's brand new amphitheater. That Eighties Band carries that feeling into the modern age, playing classic songs from a wide variety of landmark artists, bringing with them that bubblegum stage presence that will get anyone up and dancing. ParkerArts.org

JUNE 29

ART AUCTION

DEEP SPACE GALLERY

"Emerging Artist" Celebration and Auction at the Deep Space Gallery in Parker. Your \$20 donation includes one drink, hors d'oeuvres and a contribution to the Parker Creative District. Sponsored by The Barrington Group, Parker Creative District and Parker Lifestyle magazine. This solo exhibition features new paintings, drawings and sculptures by emerging Denver-based artist Sarah Bowling. DeepSpace.Me

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SUMMER GOLF TIPS

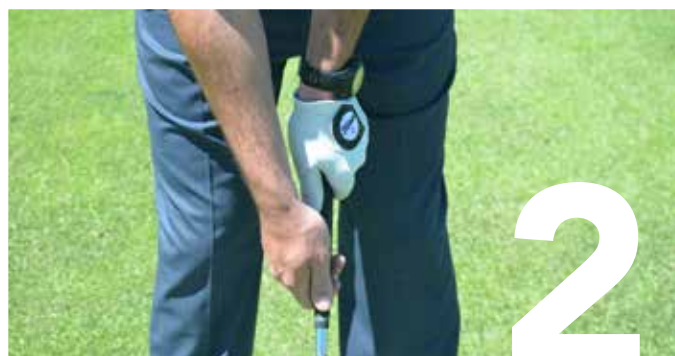
A beautiful Colorado summer brings with it the optimism of an improved golf game for many Colorado golfers. Whether you're gearing up for a summer of tournaments or you just dusted the clubs off for a few weekend rounds, a proper grip is essential to a consistent golf swing and more accurate golf shots.

For the golfer that needs a foundational refresher, here are a few tips on how to properly hold the golf club. For amateur golfers, take these as great starting points and for the more advanced golfer, use them as valuable check points as you warm up your game for the summer.

GETTING A GRIP WITH SETH ZACKS OF THE CLUB AT RAVENNA IN LITTLETON

1. STABILIZE FACE WITH RIGHT HAND

Before putting the left hand on the club in a hitting position, lets grab the club by the bottom of the grip with our right hand. This will stabilize the club face while we manipulate our hands.



2. PLACE THE LEFT HAND ON THE CLUB

The majority of the club should rest in the bottom four fingers. All four fingers should be touching. The left thumb should rest just on the right side of the club. The "V" in between your thumb and pointer should be pointed towards the right clavicle

3. PLACE RIGHT HAND ON THE CLUB

Rest or interlock right pinkie in between left pointer and middle finger. Let the remaining three fingers wrap around bottom of club. Right ring finger and middle finger should touch, while right pointer is just a bit separated down the shaft. The "V" in between your thumb and pointer should be pointed towards the right clavicle.



4. GRIP PRESSURE

Once the hand placement is correct, it is my preference to picture I am swinging a tube of toothpaste. You want to have a steady grip, but don't want that toothpaste to squeeze out the top. Grip pressure is different for every golfer, but I have found great success with soft, steady pressure.



In review, get that left hand just on the right side of the club, have both V's pointed toward the right clavicle, and make sure your grip pressure doesn't result in toothpaste all over the floor. Once you master this neutral grip position, you will be set up for a great golf season.

BONUS TIP: With a long summer of golf approaching, it is important to have your clubs re-gripped and ready for play. For a golfer playing an average of 2 to 3 times per week, it is good to get your clubs re-gripped every 8 to 12 months.

Seth Zacks is Assistant Golf Professional at The Club at Ravenna in Littleton. For more information, visit RavennaGolf.com

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