

By the time she was 12, Nita Thompson could repair her own bicycle and build a mighty fast go-cart. She learned to wield a wrench in her father's workshop—and has pretty much never stopped fixing things.

can to keep them."

As a maintenance mechanic at our Cornelia, Georgia, facility since 1988, Nita tinkers with just about every piece of machinery around. She's on a near-constant loop of adjusting valves, replacing belts, changing oil and repairing breakdowns to keep our production equipment—and our employees—performing at their best.

Whether restoring a canner machine to health with a precise turn of her screwdriver or coaxing a rainbow trout to the surface with a subtle flick of her fly-fishing rod, Nita's hands play a starring role in the story of her life. She knows there's too much on the line, both at work and at play, to take safety for granted.

"A lot of the work we do has potential to hurt your hands," Nita says. "If it's something complicated or risky, I call one of my team members over to help." Hand safety has become a ritual for her. Donning protective gloves at the start of every shift. Stretching her fingers and wrists as she moves from task to task. "My team and I do pretty good about watching each other's backs," she says. "You may think you can fix something on your own—and you probably could—but there's too many things that could go wrong."

As if her coworkers weren't incentive enough, Nita also has three grandchildren to think about. "I want to be around so I can teach them to camp and hike and fish."

Nita Thompson, a maintenance mechanic at our Ethicon facility in Cornelia, Georgia



HANDS DO THE MOST AMAZING THINGS.