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A Zero Waste Challenge for Youth

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To: anne.s.whittaker@gmail.com

Wed, Aug 14, 2019 at 10:00 AM



Hey Anne,

Young people know that it's important to reduce, reuse, and recycle. But, sometimes it's hard to understand why.

You can help youth see how their decisions affect their environment with this **zero-waste challenge** created by Amer Jandali, Founder of [Future Meets Present](#).

Ask youth to keep all of their trash—everything except food and drinks—in a bag or backpack for one school week (or 2-3 days for younger kids).

At the end of the challenge, ask youth:

- What did they learn about how much trash they throw away in one week?
- How much trash do they think gets thrown away by their class or their family in a week? In a year?
- How can they use what they learned to make more sustainable choices?
- What actions are they willing to take to support the planet?
- How can they change their behaviors to support zero waste?

Then, let us know what happens! **Share your results with DOC to appear in an upcoming newsletter.**

Click below to find out what happened when Amer Jandali brought this challenge to his workplace.

[Read more](#)

Upcoming Events!



Don't miss out! There are only a few spaces left in our **NYS School Age Credential for Aspiring Leaders** program beginning **September 4**. Register now to reserve your spot.

Register Now!



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