

## **Connect Classrooms to Farms**

It's National Farm to School Month! Help your students understand what it means to eat locally, learn about local food producers, and make nutritious choices with <u>FoodSpan</u>.

FoodSpan integrates seamlessly with your school or community Farm to School program. Introduce your students to a pioneering Farm to School program in California with the short film <u>Food Frontiers</u>, and use the discussion guide to get them talking.

Next, invite students to discover how their school's "food environment" influences their food choices with <u>Lesson 12: Why We Eat What We Eat</u>. Then, use <u>Lesson 15: Food Policy in Action</u> to encourage your class to explore the influence that individuals and communities have on food policy.



Photo credit: Still from the short film Food Frontiers.

FoodSpan's <u>Food Citizen Action Project</u> will challenge your students to identify a real-world food problem and find a solution through their own community-based project. Plus, with FoodSpan's extension activities, students can:

- Trace how their meals get from farm to table
- Create community maps of their own food environments
- Take an Eat Local Challenge
- And much more

Don't miss all that FoodSpan has to offer—check it out today!

Go to FoodSpan

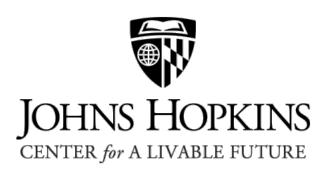












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