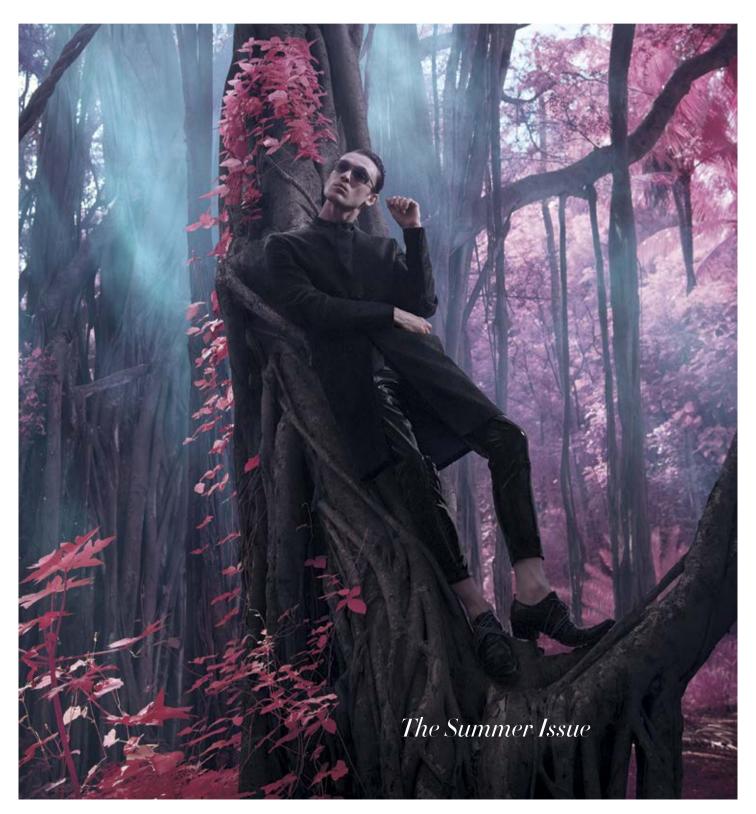
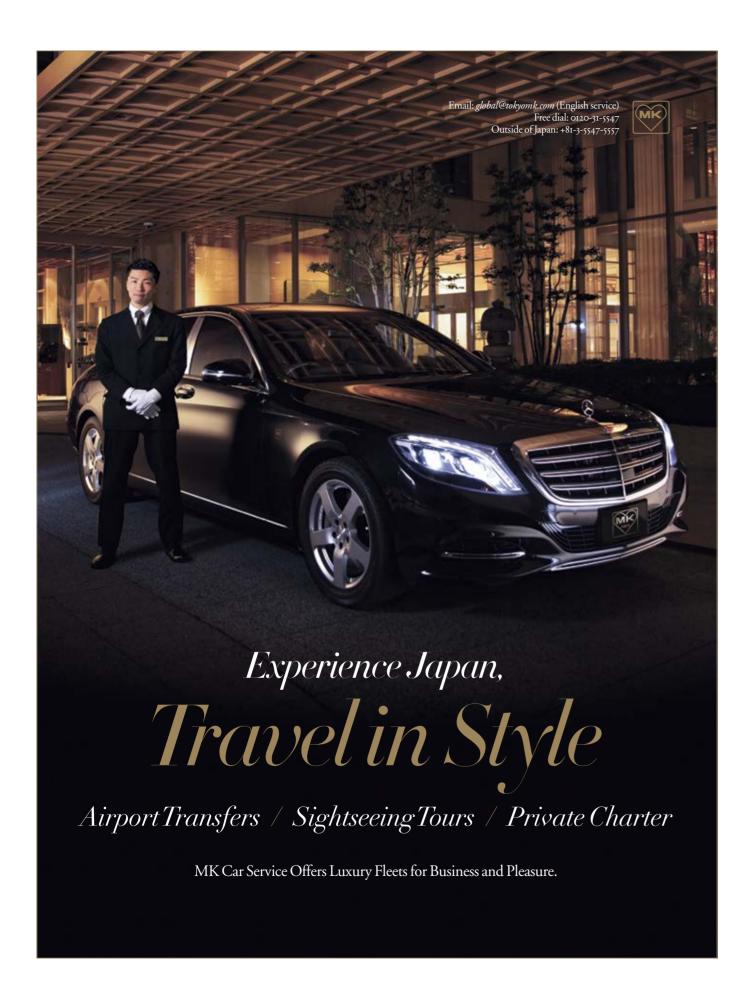


# IIS CAPI

FOOD | TRAVEL | CULTURE | LIFESTYLE





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## WE TAKE OUR FUN SERIOUSLY

Talk to us today about our membership options, including a new category for expats on short-term assignments.



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# This Charming Man

#### By LAUREN LEYSHON THOMAS

#### CHEZ TAKA IS ABOUT PEOPLE AND CONVERSATION. THE INCREDIBLE FOOD IS JUST PART OF THE CHARM.

On a balmy evening, Takayoshi Kawai greets the steady flow of diners entering his restaurant with a firm handshake and infectious laugh. Tucked away in a side street between whitewalled embassies, this is Chez Taka and you are, emphatically, his guest.

We're captivated by the colors and smells from the bustling open-plan kitchen on the ground floor, two first-timers to the restaurant. Across the kitchen counter, head chef and owner Takayoshi—Taka for short—beams back at us, chatting warmly about his passion for food and people.

Taka built his restaurant around the concept of breaking down the formal walls of French dining. For him, diners should feel completely comfortable even while receiving service of unparalleled quality. It's this unpretentious atmosphere, coupled with an exquisite culinary experience, that has made Chez Taka a huge hit with international customers, as well as locals keen to shake off Japanese politesse for the night.

As we made our way through the *omakase* (recommended)

course, Taka stepped into our dining room to personally serve us the Cioppino fish stew, a staple of his San Francisco roots where he was a chef at Masa's—one of the city's most renowned French restaurants—for almost 10 years. Regaling us with his fascinating resume (having also served Queen Elizabeth II), we weren't surprised when he told us that he had once been a competitor on the TV cooking show Iron Chef.

With customers still recognizing him for his TV role some twenty-four years later, the endearing combination of fame and familiarity he has with his clientele clearly endures.

"I didn't mean to come back to Japan, but I decided to compete [in Iron Chef] here. It was a really fun time!" leaving us to dig into the signature dish in the wake of his laughter.

It was only when we'd noticed the last of the diners leaving, each personally thanked by the chef, that we'd realized we'd spent more time at Taka's place than we'd intended—the mark of a true host and one of the most heartwarming dining experiences in the city.

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# By IAIN MALONEY Photography NIKLAS WENDT & BRANDON MERJIL



When it comes to home-grown products like sake, sushi and samurai swords, Japan loves a "way," a do—literally a path, a traditional, correct method of doing things. There's kendo – the way of the sword, kyudo – the way of the bow, bushido – the way of the warrior. You learn from the master and, through repetition, become a master yourself. Innovation is frowned upon.

Not so with whisky. In the search for a niche for whisky in Japan, innovation was paramount. But it didn't start out that way.

Initially, Japan took its lead from Scotland. In 1919, after a year studying at the University of Glasgow, Masataka Taketsuru took up an apprenticeship at the Longmore Distillery in Scotland. The son of a sake brewer in Hiroshima, his wish was to learn everything he could about whisky making from the experts and bring the knowledge back to Japan. In 1920 he returned along with his Scottish bride, Rita Cowan.

Three years later, Taketsuru was invited by Shinjiro Torii, the founder and CEO of Suntory, to join as one of the production engineers working on producing Japan's first authentic whisky. He stayed with Suntory until 1934, before going on to open the Yoichi distillery in the northern island of Hokkaido.

Taketsuru had a vision but it wasn't one initially shared by many of his countrymen. Part of the problem was that in Japan, food and drink are considered much more as partners. The concept of just having a drink is alien. Even today, your beer comes with *otsumami*, snacks that compliment the flavor. Without this pairing, whisky struggled to find a niche.

World War II didn't help matters. Directed to help the war effort, Yoichi and the other distilleries that had sprung up in the intervening decades focused on the morale of servicemen. Flavor became much less important than quantity. The black market weighed in and by the time us troops were

Whisky Business

Whisky Business

# TOUL BETTER

frequenting Japanese bars during the years of the occupation, the image of Japanese whisky was of an inferior copy, a gut-rot that would get you drunk but only if you could keep it down. Connoisseurs turned up their noses. Why bother with the knock-off when you could just buy the real thing, direct from Scotland where thousands of years of history goes into every barrel? How could Japan compete?

The answer was by making something new, something unique, something — dare we say it — better.

In Scotland, distilleries tend to focus on one style of whisky, producing in large quantities and aging for different periods. Japan, faced with a narrower market, focused on smaller volume across a number of styles. One reason for this is the scarcity of mature malt, which led distillers to investigate the possibilities of grain whisky, a type

more ignored in Scotland. During the 1970s, Suntory opened a distillery in Chita, near Nagoya, that specialized in grain whisky and launched the Chita in 2015, a honey-sweet whisky that has no comparison overseas. Suntory also produced the Toki line, which combines malt and grain, a blend of whiskies produced by the Yamazaki, Hakushu and Chita distilleries. By being more open to trial and error, Japanese distillers pushed the boundaries of what was thought possible.

Still, it took a long time for word to get out. And then almost out of nowhere, as the century turned, so too did the fortunes of Japanese whisky. In 2001, Nikka – the company that grew from Taketsuru's Yoichi distillery – won the international World Whiskies Award "Best of the Best." In 2003, Bill Murray relaxed with a Hibiki 17-year-old in the movie "Lost in Translation." Suddenly



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Whisky Business

Whisky Business



12

# BEST OBEST BEST

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Japanese whisky was out there, making waves, getting noticed. It was fashionable, lauded. It was even sold in bars on Edinburgh's Royal Mile, the beating heart of tourist Scotland.

Highballs began to be served everywhere. Whisky bars in Tokyo and Osaka displayed row after row of domestic brands, the Scottish stuff relegated to the sidelines. By innovating, experimenting and being creative, whisky makers had found their market.

However, this all caused a bit of a problem for manufacturers: there wasn't enough to go round.

The good news is that with the Olympics coming to Tokyo in 2020, most distillers are rumored to be planning something to commemorate the event – new lines, potential relaunches, special editions – but lips are tightly sealed. In the meantime, there are still affordable Japanese whis-

kies out there, from the smooth Nikka Miyagikyo single malts to the sweet Suntory Chita.

The shortage may last another decade as the water of life ages in barrels up and down the country, but with Japanese whiskies regularly topping international lists and raking in accolades and prizes around the globe, the future is bright.

Chefs are taking notice too, and a new strand of Japanese cuisine is finding ways to incorporate whisky into the traditional food-and-drink dynamic where it can sit alongside sake.

No longer the inferior little brother of Scotch whisky, what started 100 years ago with Masataka Taketsuru's apprenticeship and Suntory's first authentic whisky has come of age. By eschewing traditional, accepted practices, the Japanese way of whisky has opened new ground and brought delight to a steadily increasing number of palates around the world.

Matsuri Matsuri

# The Magic of

#### By ASHLEY OWEN

SUMMER FESTIVALS, OR MATSURI, ARE JAPAN'S VIBRANT CELEBRATION OF CULTURE, TRADITION, AND LIFE.

As the days get hotter and the nights get longer, the spectacular summer festival season begins. Skies blaze with dramatic firework displays, streets echo with the sound of taiko drums, and the mouthwatering scent of street food

wafts in the air, a prelude of joy and tradition that goes back generations. So don a *yukata* (summer kimono), mingle with fellow revelers, and immerse yourself in this fast-paced, and dare we say, wildly delightful side of Japan.

夏の星空を飾る太鼓と花火の音色





#### Sumida River Fireworks **Festival**

Date: July 27, 2019 Location: Sumida River, Tokyo

Epic cascades of pyrotechnic wonders dazzle and dance across the night sky, delighting the throngs of excited spectators below. During the 90-minute display 20,000 fireworks erupt simultaneously from two riverside locations, creating one unforgettable night.



#### Aomori Nebuta Matsuri

Date: Aug. 2-7, 2019 • Location: Aomori City

These vivid floats constructed out of delicate washi paper that depict striking characters from Japanese mythology are more than eyecatching. Escorted by dancers and musicians, they are brightly lit from within by hundreds of bulbs. Rent a haneto (traditional dance costume) and join the fun!



#### Date: Aug. 1-3, 2019 Location: Shinano River, Nagaoka, Niigata

Festival

Nagaoka Fireworks

As one of the Top 3 fireworks festivals in Japan, it's not just the boisterous festival processions that are eye-catching. Get enraptured by the massive nighttime fireworks displays that burst to a musically syncopated backdrop.



Awa Odori

#### Hakata Gion Yamakasa

Date: July 1-15, 2019 Location: Hakata district, Fukuoka City

Get swept away in the excitement of Fukuoka's ancient float-racing extravaganza. Watch teams of men in traditional garb heave elaborately decorated structures through the city in a time trial, hearts pounding as they splash along waterdrenched streets to the delighted cheers of onlookers. (The main processions take place on |uly 10, 11 and 14.)



#### Date: 12-15, 2019 • Location: Tokushima City This legendary dance festival is the largest of its kind in Japan, attracting 1.3 million tourists yearly. Watch the tranquil Tokushima streets come alive in the sultry summer night, as groups of dancers make up a parade of colorful costumes and distinctive choreography to the tune of traditional instruments and exuberant singing.

#### Kyoto Gion Matsuri

Date: July 1-31, 2019 • Location: Kyoto City

A thousand-year-old celebration of Kyoto's culture, this is the most famous festival in Japan Marvel at the grand procession of 25-meter-tall floats gliding along like mobile art exhibitions, then grab a sake and join in the spirited evening of street parties. (Festival parades take place on July 17 and 24.)





#### Tenjin Festival

Date: July 24-25, 2019 Location: Osaka City

The energy of Osaka's biggest festival is contagious: a whirlwind of massive processions, ceremonial dancing, bonfires on boats, lively drumming, local food stalls serving takoyaki, and plays performed on floating stages – all culminating in a breathtaking 90-minute fireworks display.



# Stay in the

#### COMBINING THE AVANT-GARDE AND THE DURABLE.

Hailing from a humble area of Japan, Matsuda Eyewear defines itself as Japanese precision at its finest. Coming from Fukui, where small pockets of craftsmanship still thrive today, it's no surprise that precision is simply a euphoric prelude to the avant-garde Matsuda style. Dating back to the 1960s, founder Mitsuhiro Matsuda playfully experimented with the "deconstruction" of Western design and fused it with traditional Japanese fashion. Today, Matsuda Eyewear designs represent innovation with a hint of European elegance, drawing inspirations across influences and genres like Gothic architecture, Victorian art, and American jazz. After slipping on a pair of the flawlessly handcrafted frames with signature Matsuda embellishments, the sleek artistry becomes as lucid as the lenses. Each design takes up to two years and 250 steps to complete. The fit is innovation at its most fearless, and the look is effortlessness with complete control. Fashion-forward, visionary and timeless pieces from Matsuda now grace the Us, Europe, and, of course, Japan.

#### $B\gamma$ VICTORIAVLISIDES



#### MODEL 2903H

A bold style with strong architectural lines that exude an industrial feel. Price: ¥82,500



#### MODEL M3084

A small-sized aviator style crafted of titanium and beta titanium temples. Price: ¥59,500



#### MODEL M3080

Ribbed metal side shield, titanium nose pads and straight brow bar.
Frame: Matte Black / Brushed Gold. Lens: Gold Mirror. Price: ¥88,000







#### MODEL M3044-S

A uniquely oversized sunglass with arched brow bar and acetate side shields and semi-flat lenses. Price: ¥52,500



#### MODEL M3078

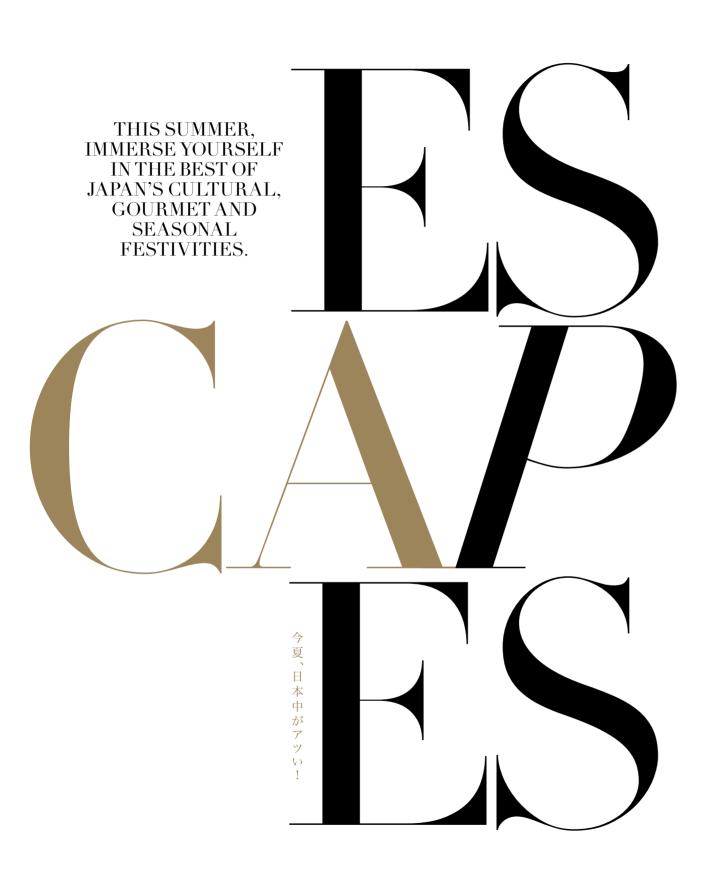
Semi-flat lenses, sleek acetate insert and beta titanium temples with engraved metal. Frame: Bordeaux / Rose Gold. Price: ¥71,500



#### MODEL M3023

A modified aviator made of aged Japanese acetate and titanium. Price: ¥47,500

Great Escapes Great Escapes



#### Flower Viewing: Hokkaido's Irodori Field

One of the most famous picture-perfect sights in lapan, Tomita Farm's Irodori field features seven lanes of different flowers blooming simultaneously to form a splendid sight that looks as if it was taken straight from a painting.

Where: Farm Tomita, Kisen Kita 15-go, Nakafurano-cho, Sorachi-gun, Hokkaido

Best viewing season: Mid to late July farm-tomita.co.jp

Naniwa

**Festival** 

Yodogawa

Fireworks

The Naniwa Yodogawa

since 1989 and is one of

the most popular summer

events in the entire Kansai

area. Taking place on the

banks of the Yodogawa

River, this spectacular

event combines above

and underwater fireworks

of the skyline beneath the

display.

Where: Along

Yodogawa River

Umeda stations

yodohanabi.com

Access: Tsukamoto,

Nakatsu and Osaka

When: Aug 10, 2019

offering unforgettable views

Fireworks has been running



#### **Drum Tao** Mangekyo Tour

Taiko entertainment troupe Drum Tao has done an amazing job in promoting lapanese wadaiko drums overseas, and this year they're back for their latest "Mangekyo" tour with a permanent new home in Tokyo's Yurakucho district. A stage full of energy, creativity, and entertainment, the sound of wadaiko drums will stay with you long after the show is over.

Where: Alternative Theater, 2-5-1 Yurakucho, Chiyoda-ku, Tokyo

When: Daily, until June 30, 2019 & July 6-Sept 29, 2019. From 3pm or 8pm.

Cost: ¥8,500 mangekyo-tokyo.com



#### Tokyo Jazz Festival 2019

The largest jazz festival in lapan, the annual Tokvo azz Festival gathers leading contemporary artists in the global music scene and jazz legends from Japan and across the globe.

Where: NHK Hall, Yoyogi Park, Keyaki Street and more

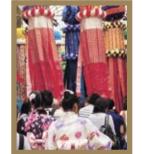


#### **Kvoto Tower** Beer Garden 2019

Beer gardens are a staple of lapanese summer, but this one lures customers in with a special offer: a choice of two . signature all-you-can-drink and eat food plans representing the Heisei and Showa eras of Japanese history. You might be already in a Reiwa mood, but well, there's nothing wrong with going back to the good old times!

Where: Kyoto Tower Hotel, 721-1 Higashishiokoji-cho, Karasuma-dori Shichiiosagaru, Shimogyo-ku, Kyoto When: Until Sept 30, 2019, 5:30pm-9pm

**Cost:** ¥3,900-¥4,500 www.keihanhotels-resorts. co.jp/tower\_hotel/en/



#### Sendai **Tanabata Festival**

The three-day Sendai Tanabata Festival is the best known of all Tanabata (Star Festival) festivities in Japan, having millions of tourists flocking in annually to see the thousands of wishes and beautiful decorations hung along the Sendai shopping arcade near Sendai Station. It's a spectacular sight and a wonderful opportunity to experience apan at its brightest and liveliest!

Where: Central Sendai and neighboring shopping

When: Aug 6-8, 2019 sendaitanabata.com



When: Aug 30-Sept 1, 2019 Cost: Platinum Package (Orchestra Box Seats+benefits): ¥3,800-¥19,800. Shows at The Plaza are free of charge tokyo-jazz.com

#### Mikimoto Afternoon **TeaAtThe** Peninsula Tokyo

The Peninsula Tokyo and famed Japanese jewelry brand Mikimoto present a pearl-inspired afternoon tea featuring exclusive savory and sweet items such as foie gras terrine, edamame arancini, lychee rose mousse and original scones inspired by Mikimoto jewels.

Where: The Peninsula Tokyo Lobby, 1-8-1 Yurakucho, Chiyoda-ku,

When: June 15-July 14, 2019.,1pm-9pm

**Cost:** ¥5,400 peninsula.com/en/tokyo

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Pilgrim's Progress

The Kumano Kodo is a network of pilgrimage routes that weave throughout the Kii Peninsula in the southern Kansai region of Japan. The

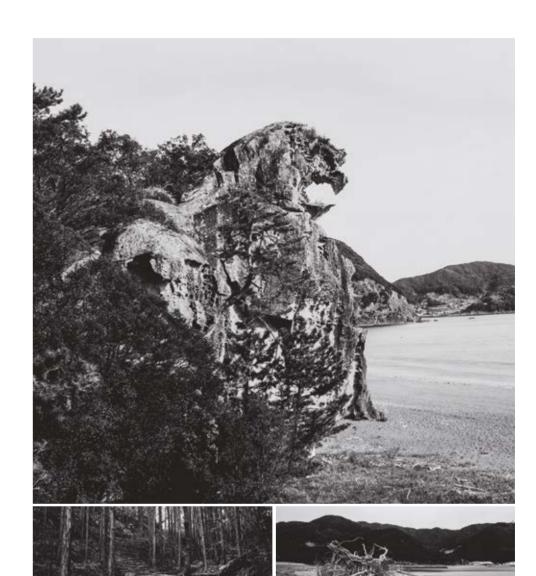
paths were first carved out of the forested mountainside during the late Heian Era

TENTOWNS, 20 passes, 170 kilometers, 1,200 years. Painting the Kumano Kodo Iseji Route by numbers offers barely a glimpse into the profound history of this ancient pilgrim path that connects two of Japan's most sacred religious centers — the Ise Grand Shrine in Mie Prefecture and the Three Grand Shrines of Kumano in neighboring Wakayama Prefecture.

Though the Kumano Kodo finds itself in the company of the only other World Heritage pilgrimage route on the planet — the Camino de Santiago in Spain — the Iseji Route portion remains particularly uncharted territory among travelers, hardly changed since its conception more than a millennia ago.

**Understand** 







The city of Kumano makes a great base from which to access the different trails and other sightseeing attractions in and around the Iseji Route.

**Resort Kumano Club** is a tiered complex of private luxury ryokan rooms set against a hillside overlooking Kumano City. A shuttle bus transports guests to the various restaurants, bars, and hot springs that supplement your stay.

Address: 1430 Kushiyacho, Kumano, Mie 519-4326 Tel: 0597-88-2045 Web: kumanoclub.jp

# Itinerary



#### DAY ONE

From Kumano, head north to Owase station and take a taxi to the trailhead of your first hike: the Magose Toge Pass. Following the stone pathway that winds through towering cypress trees, you'll reach the top of Mt. Tengura in about 2 hours. Here you'll see one of Japan's oldest worship sites for shugendo or mountain asceticism — marked by a simple shrine. To the left is a rocky outcrop where you have to climb on a narrow ledge to get a hair-raising view of Owase and the ocean beyond. Another popular hike in the area is up to Mt. Binshiyama which has a photogenic summit point shaped like the back of an elephant.

It's back to Owase to start the second day by marveling at the architecture of the Kumano Kodo Center, an extraordinary tourism hub made from more than 6,000 local cypress trees. From here, you can walk over to the trailhead for Mt. Yakiyama, said to be the most challenging hike along the Iseji Route. During the Edo period, Yakiyama had a reputation as a treacherous mountain pass filled with bandits and wolves — not to mention a steep and sharply winding ascent. These days, locals tend to offer the rare visitors up for the challenge a hearty "Ganbatte!" ("Do your best!") and send them on their way.

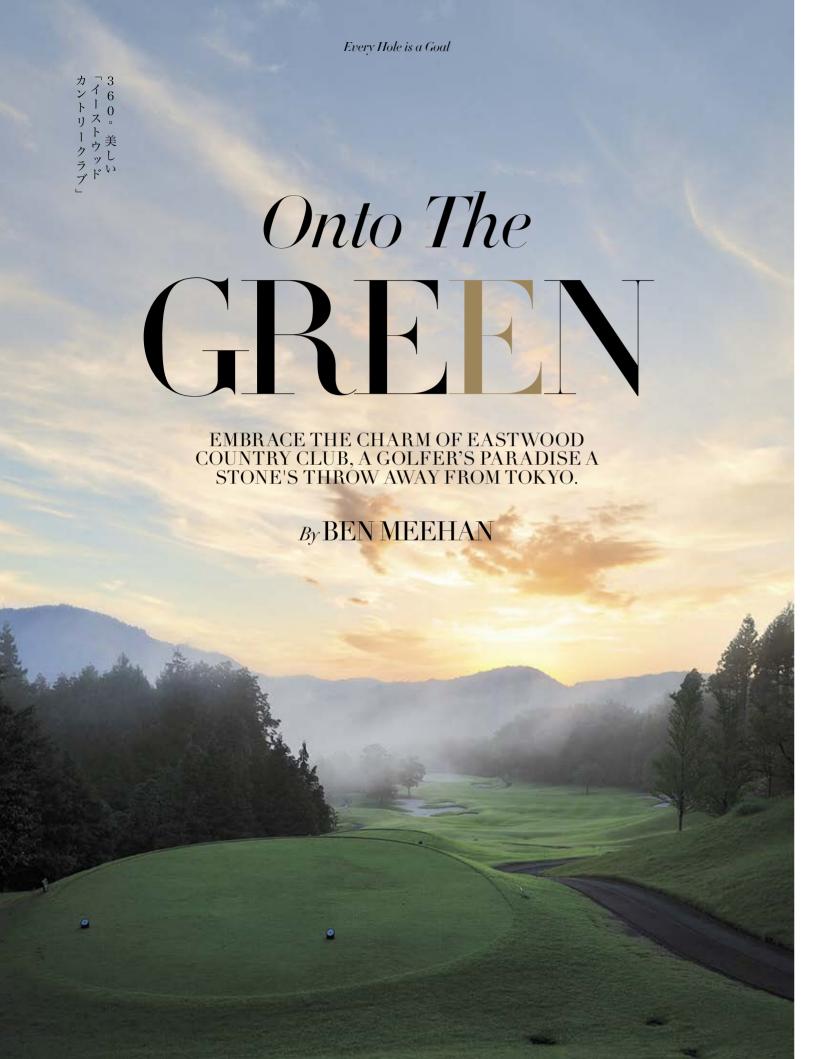
Spend the day in Kumano, tackling the Matsumoto-Toge Pass in the morning. The stone path is very well preserved here and at the top is a gazebo with a stunning view of the UNESCO-listed Shichirimihama beach. Take the rest of the day to explore the many World Heritage offerings of Kumano by rental bike. It's easy to cycle between the main attractions of Hanano-Iwaya, Japan's oldest shrine, Shishi Iwa and Onigajo — a spectacular rocky alcove shaped like a demon's mouth that's also an enchanting stargazing spot.

Resort Kumano Club offers a guided morning tour to the Tori-Toge Pass and Maruyama Senmaida ("1,000 Rice Paddies"). From the top of the pass, you get a jaw-dropping vista of the iconic rice terraces before being led down to stand among them.

After the tour, travel east to see Hisetsu Falls, a waterfall that looks like hanging threads of silk. Here you'll also find the Kumano-gawa river from where you can catch a traditional three-sail riverboat and glide the few hundred meters across the border into Wakayama to see Hayatama Taisha shrine, the final destination of the Iseji Route.

#### WHEN

Southern Mie has a warm climate that allows citrus fruits like *dekopon* (mandarin) and Meyer lemon to thrive. Winters are crisp and blue-skied, with temperatures rarely falling below 5°C. On the flip side, the summer is when humidity is at its stickiest. The best time to hike the Iseji Route is therefore in the winter and early spring, roughly late November to mid-April.



Less than two hours north of Tokyo, on the way to Nikko in Tochigi Prefecture, you'll find Eastwood Country Club, an intricately designed golf course, boasting plenty of charm amid a glorious green backdrop. It's popular among local players and the course is also part of the senior Japan Tour. Furthermore, foreign players are welcome and this club is an excellent chance for them to experience Japanese golf hospitality.

Designed by Robert Trent Jones Jr., a man with a renowned profile, who has worked on more than 500 courses in over 30 countries, Eastwood Country Club is a picturesque 18-hole, par 72 course, measuring 6,872 yards from the tips. The course offers a superb test for players of all levels. Jones says of his design style on his website that "each hole is deftly adapted to the site's natural attributes. Nature has provided the canvas and my job is to discover her secrets and reveal them." Fans of Jones' work will certainly recognize his style at Eastwood Country Club, which opened in 1992.

Boasting pristine tee boxes, tartan-cut fairways and a fancy bunkering look, Eastwood Country Club knows how to impress real players. On the front nine, NO. 7 is a personal favorite, a downhill 110-yard par 3 with water in the front. Left NO. 8 is another uphill par 5, but approach with care on the second shot as water is on the left and out of sight. NO. 9 is a very short par 4, which anyone can do well on — right before heading for a lunchtime break away from the sun.

Speaking of lunch, the fantastic buffet lunch at the Club is definitely worthy of note, too. It includes a variety of appetizing, healthy dishes cooked with fresh vegetables from the course-owned adjoining farm. That's all in addition to your dearest companion on the premises — an automatic beer pouring machine, which also happens to be available for free during lunch!

Ready for another post-lunch round, head back to NO. 9, an enjoyable stretch of holes, particularly the short par 4s of 15 and 16. Be warned though: they're beautiful but tricky. The 18TH is a smashing finishing hole overlooked by the clubhouse whose restaurant and competition rooms make for perfect viewing spots for the finishing drama — and a toast to a fantastic day of golf!

"BOASTING PLENTY OF CHARM AMIDA GLORIOUS GREEN BACKDROP."



#### "EACH HOLE IS DEFTLY ADAPTED TOTHE SITE'S NATURAL ATTRIBUTES."









#### Getting there:

By Train: From Tokyo Station, take the Tohoku Shinkansen to Utsunomiya station (50 min). The club provides a charter bus from there which takes about 30 minutes.

By Car: Alternatively, arrive in style with MK's own Golf service, a door-to-door return hire for your whole party in a choice of luxury cars.

#### Reservations:

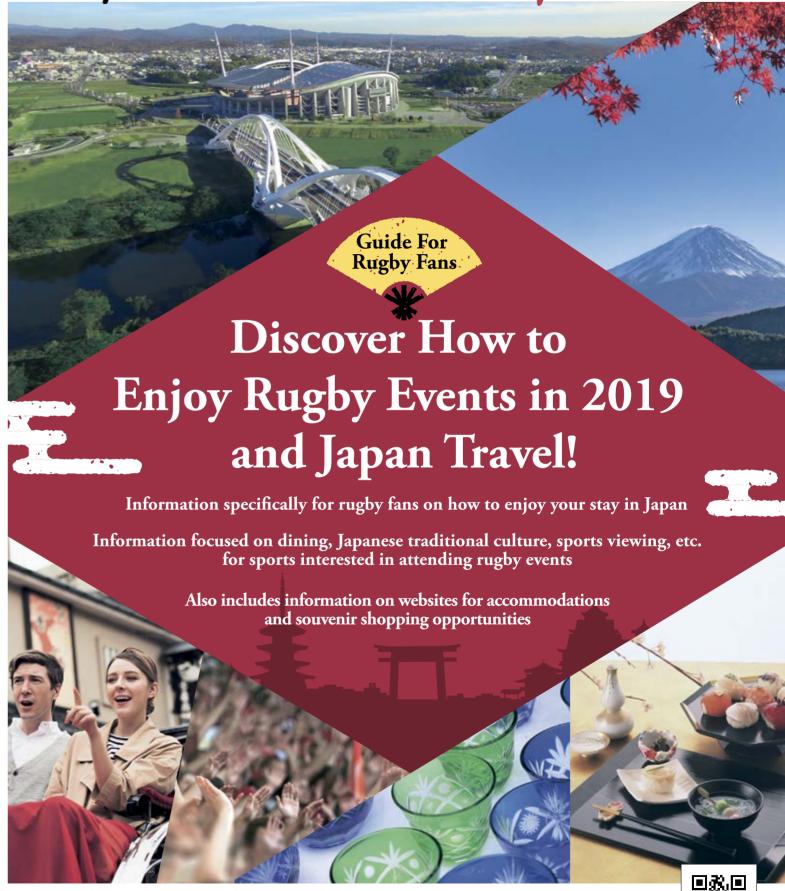
Support for foreign players is available through Jarman International. Please contact: kiyo@jarman-international.com or visit: eastwoodgolfcountryclub.com

#### Cost:

*Weekday Round:* ¥7,500~ (\$70) *Weekend Round:* ¥14,900~ (\$161) *Holidays:* ¥13,900~ (\$125) *Caddy optional:* +¥3,240 (\$30) per person









#### The Ginza Essence Empowering Serum

This intensive beauty treatment for men and women includes both day and nighttime serums. After six weeks, the super potent and closely guarded secret formula will have given birth to a completely new skin. If it all sounds a bit extra-terrestrial, the price—¥180,000 per 90ml set—should bring your baby face back to earth.

Price: ¥180,000 Available at Shiseido The Store, 7–8–10, Ginza, Tokyo



#### Z-9 Powder Brush by Chikuhodo

One of the world's leading makeup brush manufacturers, Chikuhodo has mastered generations of craftsmanship to launch its latest Z-series. Fine blue squirrel hair and a flattened tip enables a, soft even dispersion of powder.

Price: ¥17,000. Available at Kumanofude Select Shop, 1-6-10 Ginza, Tokyo

#### Le Fond de Teint

Formulated with platinum golden silk essence and Japanese pearl, this ultra-decadent foundation from Japanese luxury beauty brand Clé de Peau Beauté is a work of cosmetic art. Working as both a foundation and hydrating cream, it provides exquisite coverage and all-day moisture at the same time.

Price: ¥30,000

Available online at cledepeau-beaute.com



# By REBECCA QUIN KEEPSAKES

It's self-care in souvenir form with these luxury Japanese beauty products.

日本の最新トレンドをスーツケースに



#### Maison Kitsuné x Shu Uemura Cosmetics Series

A new collaboration between the French music label and Japanese cosmetics powerhouse gives us 18 limited-edition products in the cutest pop art packaging.

Price from: ¥3,200 - ¥11,500

Available at Shu Uemura in Ginza Six, B1F, 6-10-1 Ginza, Tokyo

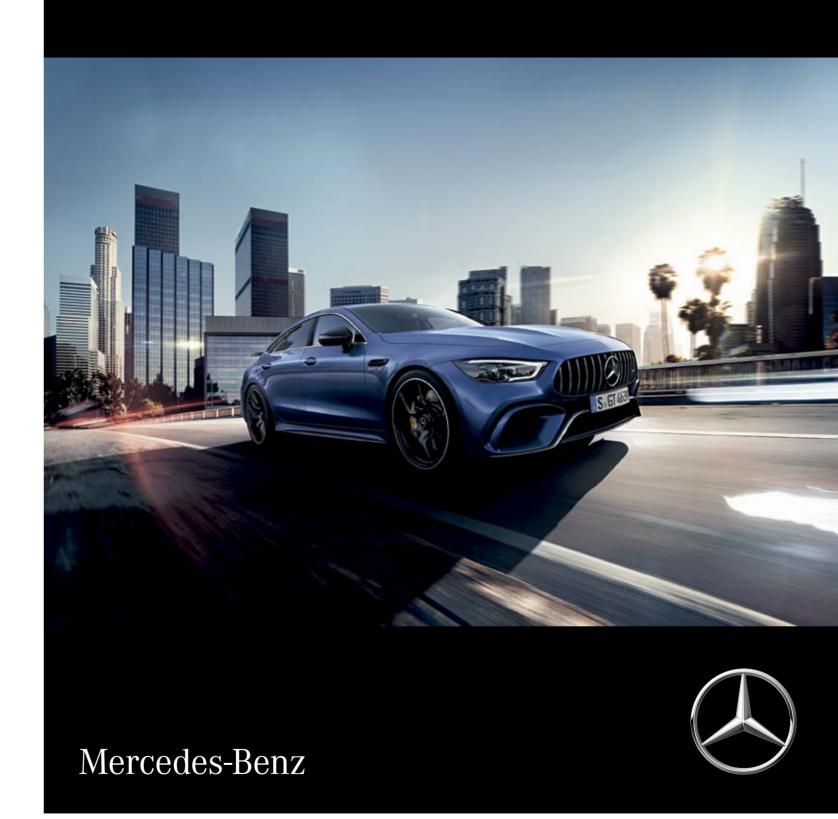


#### Shiseido Men Hydrating Lotion

A failsafe product for men with varying skin types, this lotion is a real all-rounder when it comes to combatting redness, dryness, shaving rash and environmental stresses. It's lightweight, fresh and fragrance-free. Plus, unlike most lotions, one 150 ml bottle will last you a couple of months.

Price: ¥3,000

Available at Shiseido The Store, 7–8–10, Ginza, Tokyo



#### YANASE

1-6-38 Shibaura, Minato-ku, Tokyo, Japan

