ACJournalism

Why Guts is album of the year.

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There is no denying that every member of Gen Z was on edge anticipating the release of GUTS by angst pop star Olivia Rodrigo. This is obviously due to the fact that her debut album SOUR was a massive hit, with 3 songs taking the top spot in the UK. We didn't know whether GUTS was going to be a flop or if it could even compare to SOUR.

I am here to tell you that it does take the spot of album of the year for me. It has a range of songs from ballads such as 'Making the bed' to her classic angsty hits like 'bad idea right?'. Each vocal is so raw and transcends me into a different world, at the first listen almost every song gave me chills! As a Gen Z myself it was also extremely relatable, especially 'pretty isn't pretty' which delves into the idea that social media today is changing our perspective on beauty and that young girls will never feel truly pretty 'enough'. It is important to send these messages to the younger generation and through a song is even more beautiful. Rodrigo also links multiple songs to the idea that she is deemed 'too young' by society and that is probably due to the fact she started off as a child actor, starring in High School Musical the series. Her outro song 'teenage dream' is all about this, whereas others songs such as logical only reference this idea. Teenage dream shows how

she has grown up and can no longer be these lovers 'teenage dream', she can no longer perform like she used to or be this innocent teenager as she is older.

The reason GUTS could be album of the year is because honestly, the other albums this year just did not compete ,whereas GUTS has no skips. Although, maybe I am bias because I'm in the same era as Olivia and can find relatability to each lyric, verse and song. I have also learnt each song off by heart which says a lot as its only been out 3 days – It is just too catchy! So, because GUTS has been on repeat, it is simply my favourite and therefore has to be album of the year.