



YpsiWrites

· Inspiration · Consultations · Workshops · Events ·

YpsiWrites believes everyone is a writer and everyone's writing matters.

We strive to make all people in our community feel welcome, empowered and supported at every stage of their writing journey.

Our mission is built upon four core pillars:



Community



Inclusion



Advocacy



Support



Facebook: @ypsiwrites

Instagram: @ypsiwrites

ypsiwrites.com

fresh • start



**A Member-Led Community
Empowering People with Mental Illness**

"We envision a world where all people living with mental illness lead healthy, productive lives and have equal opportunity."

Try our writing prompts!



**What do you do daily
to facilitate your
mental wellness?**



**How have those around
you helped you
understand mental
health and illness?**



**How do you support
yourself or loved ones
with mental
health/illness?**



**What communities
are you a part of?
What role do these
communities play in
shaping your mental
wellbeing?**



**Facebook:
@freshstartclubhouse**

Phone: 734-929-9992